

THE DOSE NEWS

18th year

Start Slowly and Taper Off

August 1985

357 FINISH DOUBLE DIPSEA

Great weather (cloud and fog cover) gave 357 runners the opportunity to finish the 16th annual Double Dipsea.

President Walt Stack racked up another personal triumph--the oldest finisher (77) and managing to stay under four hours.

Butch Alexander was the fastest (1:41:54) for the second straight year, although Roger Daniels was the handicap winner, since he is 19; Alexander, 32.

Els Tuinsing (63) broke the record for women 58 and older, finishing the 13.7 miles (but runs like about 30) in just over three hours.

Recognition of the efforts of a lot of people: John Seubier and Vicki and John Blankenship, who marked every turn and curve the night before.

The Blankenships also handle the red tape involving the cities, counties, highways, and Red Cross coverage.

Marsha Manit, Vicki Blankenship, Susan Cobb, Linda Strauser, and Darcy Kilshaw took care of registration, handicapping, and race results.

Water supply department: Carolyn Clark, Viv Rodrigues and family, Stu, Frank, Carol, and Dr. Wally in Muir Woods Parking lot.

Bill and Pauline Dake, Margaret Curtis, Larry and Jason Manit, and Keith Weaver manned the starting gate and handled checkered flag duties.

Mike Tsheny procured the Calistoga donations (transportation by Bill Dake and Ursula Bernhart.)

place	name	age	actual time
1	Roger Daniels	49	1:48:57
2	Butch Alexander	32	1:41:54
3	Christie Patterson	37	2:03:57
4	Craig Moore	32	1:44:06
5	Darryl Beardall	48	1:55:25
6	Heidi Quadri	24	2:05:45
7	Russ Kiernan	47	1:56:12
8	Robert Bunnell	34	1:46:26
9	Bert Johnson	42	1:55:26
10	M. V. Mackenzie	41	1:55:52
11	Richard Mowat	41	1:55:53
12	Lynn-Marie Zito	29	2:10:54

13	George Frazier	38	1:50:48
14	Cynthia Chilton	31	2:12:13
15	Ron Young	31	1:52:29
16	Fred Fravens	31	1:52:36
17	Kate Haeling	42	2:13:53
18	Richard Keene	47	2:03:58
19	Ralph Pilley	35	1:53:33
20	Richard Sextro	40	2:00:33
21	Larry McKendell	24	1:45:57
22	Tomas Pastalka	38	1:55:12
23	Leonard Iventosch	29	1:46:15
24	Milano Zeman	43	2:02:27
25	Bob Ward	45	2:07:33
26	George Lowe	40	2:02:56
27	Steve Hopkins	33	1:57:14
28	Vicki Johnson	42	2:18:30
29	Jeff Cowling	26	1:49:23
30	Bill Ranney	49	2:09:54
31	Abby Ebrahim	40	2:05:40
32	James Nicholson	54	2:15:41
33	Rosalie Pryor	34	2:20:45
34	Tom Vaughan	48	2:10:56
35	Chris Johnson	36	1:59:58
36	Robert Eichstaedt	38	2:00:07
37	James Maslach	37	2:00:14
38	Thomas Barthold	41	2:06:30
39	Paul Hohe	47	2:11:49
40	Ron Rahmer	48	2:11:57
41	Ken Grebenstein	32	2:01:01
42	Jim Myers	36	2:01:06
44	Jim Miller	47	2:12:21
45	Michael Lopez	27	1:52:58
46	Pat Whittingslow	45	2:23:05
47	John Blankenship	40	2:08:27
48	Floy Dawson	49	2:13:37
49	Daniel Gallagher	33	2:02:44
50	Karl Hammer	31	2:03:01
51	Paul DeLoria	40	2:09:03
52	Mary Tiscornia	40	2:24:43
53	Skip Hutchison	40	2:09:47
54	Dennis Doris	40	2:10:04
55	Bruce Denner	45	2:15:09
57	Mark Miller	33	2:04:31
58	Bill Green	41	2:10:32
59	George O'Gara	62	2:25:47
60	Chuck Ford	39	2:04:56
61	Keith Whittingslow	46	2:16:00
62	Tom Sloan	37	2:05:03
63	Ed Swan	54	2:21:11
64	Scott Torricelli	32	2:05:19
65	Marty Maricle	52	2:26:20
66	Keith Nowell	31	2:05:29
67	Thomas Koger	34	2:05:35

Double Dipsea (from p. 1)

68	George Johnstone	53	2:21:45	151	Bruce Johnson	28	2:11:55
69	Laurent Schallien	30	2:06:03	152	Thomas Bowers	33	2:21:08
70	Rick Bragdon	33	2:06:30	153	Peter Sprouse	42	2:27:52
71	Albert Garcia	39	2:06:30	154	Linda Vincent	38	2:42:53
72	Rick Shea	37	2:06:38	155	Michael Merril	43	2:27:56
73	Mike Grehorn	44	2:12:41	156	Dick Fuchs	41	2:28:03
74	Richard Mayers	44	2:13:33	157	Andrew Lawson	23	2:13:07
75	Dick Collins	51	2:24:43	158	Eileen McGovern	48	2:43:15
76	Joe Gallagher	38	2:09:03	159	Mike Fanelii	29	2:13:28
77	Dana Hooper	30	2:30:13	160	Herbert Lenbake	53	2:38:37
78	Cynthia Nesvig	30	2:30:20	161	Joe Balanda	38	2:22:55
79	Amy Belko	29	2:30:49	162	Frederick Flowers	50	2:39:01
80	Mary Ann Buxton	43	2:30:49	163	Peter Shraff	50	2:39:01
81	Richard L. Henke	42	2:15:56	164	John Ashton	40	2:29:02
82	Bill VanHorn	52	2:26:34	165	Alan Konecny	45	2:34:29
83	Bow Ades	25	2:01:40	166	Mariys Green	54	2:44:35
84	Sally Landis	38	2:31:43	167	Donald Baker	25	2:14:43
85	Roger Sobsey	34	2:11:06	168	Frank Rodriguez	60	2:44:44
86	Bonnie Giannone	42	2:32:14	169	Julia Wiley	48	2:45:03
87	Dennis Glass	32	2:11:15	170	Philip Spielemann	49	2:35:06
88	Tom Billmeier	35	2:11:25	171	Pat Magee	43	2:30:11
89	Jesse Conrad	30	2:11:26	173	Mark Lorenz	35	2:34:23
90	Jim Pommier	52	2:27:27	174	Colleen Fox	30	2:45:31
91	Sam Lawson	39	2:11:33	175	Robert Graham	53	2:41:32
92	Jackson Minick-Dodge	36	2:11:49	176	Patrick Walt	30	2:25:58
93	Patrick C. Hughes	32	2:11:51	177	Marilyn Brown	31	2:47:07
94	A. MacQuarrie	35	2:12:07	178	David Atchison	30	2:26:08
95	Ronald Brown	31	2:12:36	179	Valerie Jones	35	2:47:18
96	Charles V. Moran	41	2:18:37	180	Alan McColl	46	2:37:19
97	Hans Roenau	57	2:29:04	181	John Cover	54	2:42:37
98	Michael Stevens	31	2:13:04	182	Jerry Binnings	49	2:37:39
99	Joan Mork	31	2:34:06	183	Tony Capasso	33	2:26:41
100	Ian Watson	47	2:24:08	184	Chris Zook	39	2:26:43
101	Lee Burke	43	2:19:08	185	Don Madronich	40	2:33:04
102	James Hult	38	2:13:08	186	Buck Swannack	48	2:38:29
103	Myborn Mercer	37	2:13:31	187	Mary Cantini-Norkin	41	2:48:45
104	Craig Welch	23	2:04:32	188	Michael Donaho	42	2:33:55
105	Chris Batteate	33	2:13:33	189	Warren Long	31	2:28:14
106	Calvin Mehlert	57	2:29:42	190	Vladimir Dobroff	37	2:28:15
107	Jeanne Sherfey	38	2:34:46	191	Greg Brockbank	32	2:28:16
108	George Morrison	42	2:19:53	192	Dorothy Davidson	41	2:49:21
109	Kristin V. Gordon	42	2:34:57	193	Chris Sherwood	26	2:19:24
110	Pamela Neronha	26	2:35:25	194	Bobby Abbott	45	2:39:35
111	Mark Ricaud	55	2:30:28	195	Mark Mehlert	23	2:19:58
112	David Gleason	32	2:14:56	196	Nancy Stretch	45	2:50:00
113	Joan Henney	29	2:36:25	197	Michael Sockness	36	2:29:29
114	Joe Dorsey	53	2:31:31	198	Pamela Hinchcliffe	40	2:50:32
115	Kenneth Robin	39	2:15:34	199	Fred Kreitzberg	51	2:45:41
116	Judy Milgram	43	2:36:50	200	Gillian Clark	37	2:50:46
117	Arnold Schulz	48	2:27:18	201	John Soubier	54	2:45:57
118	Michael Quigley	33	2:16:26	202	Martin Reed	34	2:30:01
119	Nikos Mourtos	27	2:07:31	203	Raymond Pomerleau	52	2:46:09
120	Robert Collins	33	2:16:39	204	Bill Dickey	45	2:41:11
121	Preston Sitterly	37	2:16:46	205	Rachel Bates	23	2:51:16
122	Blair Stock	48	2:27:47	206	Susanne Haynes	36	2:51:21
123	Keith Weaver	53	2:33:17	207	Dale Daly	34	2:51:32
124	J. Walsham	43	2:23:22	208	Michael Daly	39	2:30:39
125	Peter M. dePetra	41	2:33:44	209	John Medinger	34	2:30:50
126	Tom McNicholas	46	2:28:44	210	Steven Tech	28	2:22:17
127	Patrick Wiegand	29	2:08:45	211	John Gallipeo	19	2:22:19
128	Jerry Bourne	38	2:18:12	212	Thomas Black	39	2:31:30
129	Kevin Kerr	26	2:09:18	213	Zoltan Kraynik	37	2:31:40
130	Mike Taheny	33	2:18:27	214	Dennis O'Connor	27	2:22:59
131	Rudolph Breland	37	2:18:29	217	Rick Norkin	42	2:38:39
132	David Zinchini	39	2:18:37	218	Ralph Henger	39	2:32:46
133	Otto Foyt	53	2:34:40	219	Richard Donahue	28	2:24:07
134	Mary Ann Magee	42	2:39:45	220	Ted Larson	54	2:49:34
135	Bill Lee	26	2:09:51	221	David Ress	26	2:25:17
136	Randy Miller	37	2:18:52	222	Valerie Stratta	25	2:55:37
137	Michael White	41	2:24:57	223	William Roser	37	2:34:47
138	John Lundberg	41	2:25:01	224	Dan L. Vierra	38	2:35:20
139	Maggie Emerson	23	2:40:04	225	Thomas Dresser	41	2:41:36
140	Corinne Grant	27	2:40:27	226	Peter Larson	28	2:26:53
141	Becky Rozewicz	31	2:40:33	227	Maj-Britt Mobrاند-Robinson	47	2:57:03
142	Mort Weisberg	48	2:30:41	228	Charles Martz	23	2:27:27
143	Frank Crabbe	56	2:35:42	229	Jim McGowan	50	2:52:43
144	Jack Mello	49	2:30:49	230	Gene Cohn	44	2:43:11
145	Alfred Dossa	46	2:30:51	231	Jim Kambur	52	2:53:13
146	Roger Hardy	41	2:26:00	232	Jack Winter	59	2:58:26
147	Kay Willoughby	49	2:41:34	233	K. Willem Tuinzing	64	2:58:33
148	Joan Szarfinski	46	2:41:47	234	Joe Armel	38	2:37:34
149	Guy Palmer	29	2:11:50	235	Steve Cole	71	2:58:34

Double Dipsea (from p. 2)

236	Charles Jensen	39	2:37:50
237	Jay Ryan	14	2:37:52
238	Jan Stevens	50	2:54:07
239	Ibrahim Clark	59	2:59:19
	Curt Ghan	42	2:44:40
	Ted Vincent	49	2:49:55
243	Charles Miller	44	2:45:22
244	Vern Springstead	40	2:45:23
245	Erin Oberly	38	2:00:30
246	Christopher Moore	36	2:39:31
247	Els Tuinzing	63	3:01:13
248	David Andrews	42	2:48:33
249	Marilyn Behorn	50	3:01:34
250a	Thomas Eckstrom	41	2:46:35
250b	Bill Howard	38	2:40:35
251	Frederick Haber	25	2:32:43
252	Stephen Bartula	29	2:33:11
253	James Weil	41	2:48:48
254	Peter McNally	24	2:35:50
255	Ann Kerwille	53	3:05:24
256	Michael McFeely	36	2:45:41
257	Hector Wong	20	2:36:44
258	Allen Hastings	50	3:02:43
259	Marka Wetts	32	2:47:30
260	Craig Vassel	36	2:47:30
261	Warren Levinson	51	3:03:41
264	Paula Spidel	35	3:08:01
265	Kim Peterman	33	3:08:53
266	Karen Johnston	33	3:08:53
267	Jack Howell	42	2:54:07
268	Jimmy Burke	49	2:59:09
269	John Greenhill	50	3:04:10
270	John Buenfil	38	2:48:53
272	Kathy Daly	34	3:09:55
273	Thomas Leahy	43	2:55:15
274	Bohny Throver	37	3:10:22
275	Carol Patterson	41	3:10:22
276	Michael Pence	45	3:00:30
277	Maggie Collett	34	3:10:42
278	Cedric Collett	38	2:49:43
279	John Kinch	54	3:08:09
	Doug Reich	28	2:49:28
	Jim Slatt	43	2:58:37
282	Bruce Krantzberg	16	2:41:50
283	Vincent Ricevuto	28	2:41:57
284	M. D. Gordon	34	2:51:27
285	Frank Martucci	27	2:42:42
286	W. Callahan	39	2:51:53
287	Susan Hoagland	36	3:13:43
288	Liz Norris	32	3:14:25
289	Dennis Kakkures	29	2:44:29
290	Larry Robe	40	3:00:14
291	Roy Silveira	56	3:11:14
292	Tom Throver	38	2:55:42
293	Tom Holloway	36	2:55:55
294	Lee Milovich	47	3:08:56
295	Phil Jacobson	26	2:47:14
296	Paul Ruiz	10	3:17:15
297	Alexandra Ruiz	34	3:17:16
298	Segundo Ruiz	36	2:56:17
299	Ed Anderson	43	3:02:28
300	Dave Olney	40	3:03:53
301	Gregory Potts	33	2:58:01
302	Tony Stratta	55	3:14:58
303	Conrad vonBlankenburg	44	3:04:59
304	Robert Brizuela	45	3:10:12
305	George Sacco	47	3:18:19
306	Jane Colman	42	3:20:20
307	Fran Crawford	34	3:20:30
308	Cedric Chinn	38	2:59:31
309	Jim Peters	47	3:10:38
310	Darren Colebaca	25	2:51:59
311	Richard Best	39	3:01:56
312	Paul Lanyi, Jr.	38	3:03:39
313	Walt Ingell	28	2:54:51
314	Lorenz Freudenberg	17	2:54:56
315	James O'Keefe	62	3:26:02
316	Edith Mourtos	25	3:26:28
	Mike O'Neil	61	3:26:32
318	Bill Newcomb	57	3:21:39
319	Michael Morris	40	3:11:48
320	Mike Rolleri	43	3:12:08

321	Shirley Cover	51	3:27:31
322	J. Moerschbaecher	40	3:13:32
323	James Stratta	23	3:01:12
324	Arthur Fischer	39	3:10:13
325	Joseph Campi	37	3:11:16
326	Jim Hentz	37	3:11:27
327	Jim Groves	57	3:27:32
328	Richard T. Smith	32	3:12:24
329	Kathy Waldron	36	3:34:34
330	Jeni Marx	33	3:34:34
331	Cheryl Weisker	39	3:34:34
332	Don Watson	56	3:29:41
333	Richard Sammut	32	3:15:06
334	Leonard Cascio	52	3:31:26
335	Phyllis Morgan	48	3:37:48
336	William Konrad	44	3:23:43
337	William Capasso	44	3:24:26
338	Peter Johnson	35	3:19:05
339	Richard Beaton	28	3:10:59
340	William Stockwell	37	3:23:12
341	Ford Wagner	44	3:30:42
342	Henry Johnson	52	3:40:49
343	Larry Smith	45	3:39:55
344a	Irwin Herlihy	53	3:45:11
344b	Richard Waldo (early start)	60	3:45:11
345	Mike Harris	35	3:39:35
346	Walter Stack	77	3:55:42
347	Sal Balistreri	49	3:45:43
348	Tony Gonzalez	41	3:47:03
349	Carl Strane	52	3:57:07
350	Jacques Fitch	58	4:02:48
351	Joan Ratner Buenfil	32	4:10:45
352	Bret Husted	28	3:42:11
353	Paul Alway	35	3:54:40
354	Gene Painchaud	42	4:14:00
355	Antoinette Painchaud	16	4:29:00
356	Paula Liss	38	sorry
357	Jim Toner	28	5:05:00