

Date	Race	Page
1/1/2003	Hangover Run (@Lake Merced)	2-3
1/5/2003	Single/Double Muni Pier	4-5
01/12/03	Windmill 6.5M	6-7
1/19/2003	Golden Gate Bridge Vista 5.04M	8-9
2/2/2003	Golden Gate Park Cure Loop 5K	10-11
2/9/2003	Fort Point 7.13M	12-13
02/16/03	Twin Peaks 3.63M	14
2/23/2003	Kennedy Drive 4.7M	15-16
3/2/2003	North Embarcadero 6.25M	17-18
3/9/2003	Legion of Honor 4.3M	19-20
3/16/2003	St. Patrick's Day 3M	21-22
3/30/2003	Stern Grove 4M	23-24
04/06/03	Waterfront 10M & 5K	25-26
4/13/2003	Big Rec 3.85M	27
4/20/2003	Easter Roller Coaster	28-29
4/27/2003	Ferry Building 3.83M	30-31
5/4/2003	Polo Field 5K	32-33
5/11/2003	Practice Bay to Breakers 12K	34
5/26/2003	Mission Rock 3.5M	35
6/1/2003	Practice Dipsea 6.8M	36-37
6/8/2003	Conservatory 5K	38-39
06/15/03	Walt Stack 10K	40
6/22/2003	Daly City Scenic	41
7/4/2003	Lake Merced Run 4.5M	42-43
07/13/03	Windmill 6.5M	44
7/20/2003	Presidio Gate 3.3M	45-46
08/03/03	Ballpark 7K	47
8/10/2003	DSE Memorial 4.5M	48
8/24/2003	San Bruno Mountain 5K	49
8/24/2003	San Bruno Mountain 1/2 Marathon	50-51
8/31/2003	Potrero Hill 4M	52
9/7/2003	South Embarcadero Run 6.25M	53
9/14/2003	Distance Classic	54
9/14/2003	Polo Field 5K	55
9/21/2003	Golden Gate Bridge Vista 5.04M	56
9/28/2003	Lands End 5K	57
10/12/03	Walt Stack 5K	58
10/19/03	Stern Grove 4M	59
10/26/2003	Rainbow Falls 3M	60
11/2/2003	Pacifica Terrifica 5M	61
11/16/2003	Monument-Baker Beach 4.01M	62-63
11/23/2003	Conservatory 5K	64-65
12/7/2003	Kennedy Drive 4.7M	66
12/14/2003	Ferry Building 3.83M	67
12/25/2003	Xmas Relays	68

Hangover Run 4.5 Miles - January 1, 2003

Pl	Name	G	Age	Time
1	Christopher Phipps	M	33	25:07
2	Erick Escarcia	M	33	25:10
3	Clara Horowitz ①	F	18	26:15
4	Stephen Boesch	M	35	26:43
5	David Moulton	M	35	27:14
6	John Spriggs	M	41	28:26
7	Tyler Abbott	M	41	28:49
8	Gary Bluth	M		29:46
9	Marc Forde	M	42	30:22
10	Paul Herreriaio	M		30:23
11	Christine Jegan ②	F	37	30:43
12	Brian Neece	M	35	30:53
13	Herman Escajadillo	M	51	31:01
14	James Eales	M	43	31:04
15	Larry Wuerstle	M	47	31:15
16	Keith Johnson	M	64	31:16
17	Phil Melman	M	37	31:31
18	Carmen McHugh ③	F	39	31:42
19	Tom Weismann	M	18	31:48
20	Jeremy Elsener	M	15	32:20
21	Danielle Herreriaio ④	F		32:28
22	Randy Cobb	M	47	32:36
23	Mike Taylor	M		32:42
24	Jeff Horowitz	M	50	32:44
25	Daryl Luppino	M	43	32:54
26	Lucy Wing ⑤	F	45	33:24
27	Tom McCarthy	M	56	33:27
28	Hermann Wackler	M	57	33:28
29	Gerald Flynn	M	52	33:31
30	Tom Roach	M	34	34:14
31	Fred Haber	M	43	34:15
32	Jerry Flanagan	M	37	34:17
33	Stan Yasuhara	M	52	34:20
34	Denise Leo	F	26	34:27
35	Carolyn Garriott	F	39	34:34
36	Michelle Smith	F		34:44
37	Michael Sweet	M	33	35:10
38	Sam Stevenson	M	68	35:27
39	Julius Schillinger	M	55	35:28
40	Ken Klein	M	48	35:41
41	Stuart Ruth	M	66	36:02
42	Peter Royce	M	68	36:22
43	Ron Dorey	M	42	36:46
44	Juan Arbulu	M	34	36:53

56	Hilary Fong	F	44	39:48	Marian Lyons
57	Ed Mooney	M	70	39:53	Sasha Vitomski - 60
58	Wendy Newman	F		40:07	Jack Bascom - 61
59	Katie Cabral	F	51	40:22	Doerte Murray - 62
60	Kenneth Fong	M		40:27	Carolyn Clark
61	Jim McBride	M	59	40:37	Jim Pommier - 70
62	Jeff Houston	M	44	41:06	Wanda Romero
63	John Lang	M	52	41:20	Ann Harrington
64	Bill Woolf	M	67	41:49	Bill Dake - 64
65	Barbara Galvin	F	33	42:21	Pauline Dake - 63
66	Erik Humber	M		43:27	Jim Burke - 64
67	William Galvin	M	33	44:18	Diane Okubo-Fong - 40
68	Chris Boone	M	55	44:19	Celeste Teters
69	Eric Shackelford	M	52	44:26	Leonard Cascio
70	Jessica Pechner	F	9	44:28	Tina Chan
71	Mike Pechner	M		45:01	The Geezer - 74
72	Susan Herder	F		45:15	Len Golstein
73	Bob Stanger	M	54	45:32	Walt Kohnert - 56 (37:24)
74	Denise Kalos	F	41	45:41	David Goldman
75	Steven Kalos	M	39	45:53	Sherry Avery-Goldman
76	John Blankenship	M	57	45:55	Steve Bradley
77	Katie Roach	F	59	45:59	Sandy Bradley
78	Elaine Koga	F	60	46:55	Jeanne Blonski - 58
79	Robert Gilheany	M	41	48:22	
80	Marcia Martin	F	50	48:54	
81	Dina Kovash	F	64	49:49	

Single/Double Muni Pier Runs - 1.25M/2.47M - January 5, 2003

Single Runners

PI	Name	G	Age	Time
1	Cedric Barre	M	24	6:07
2	Stephen Boesch	M	35	6:14
3	Jeremy Elsener	M	15	7:21
4	Wayne Plymale	M	51	7:30
5	Fred Haber	M	43	7:33
6	Stan Yasuhara	M	52	7:35
7	Patrick Lee	M	55	7:57
8	Laura Elsener ^①	F	12	8:04
9	Don Elsener	M	47	8:16
10	Michael Warren	M	12	9:05
11	Janet Nissenson ^②	F	43	9:10
12	Norman Ching	M	55	9:16
13	Jeff Houston	M	44	9:18
14	Calvin Chan	M	51	9:27
15	William Galvin	M	32	9:37
16	Doerte Murray ^③	F	62	10:15
17	Eddie Cheng ^④	F	34	10:42
18	Elaine Koga ^⑤	F	60	12:16
19	Jessica Warren	F	9	13:38
20	Dina Kovash	F	64	14:03
21	Kathryn vonBlankenburg	F	61	14:04

Double Runners

PI	Name	G	Age	Time
1	David Moulton	M	35	13:28
2	Bill Penvel	M	33	15:21
3	Kyle Drewes	M	13	15:34
4	Larry Wuerstle	M	47	15:42
5	Randy Cobb	M	47	15:54
6	Amy Sonstein ^①	F	33	16:01
7	Michael Sweet	M	33	16:45
8	Jeff Chiou	M	32	16:20
9	Jeremy Dudley Rock	M	41	16:30
10	Bob Besso	M	51	16:34
11	Matthew Schug	M	45	16:58
12	Steve Nissenson	M	54	17:09
13	David Klinetobe	M	42	17:11
14	Paul Griffiths	M	41	17:19
15	Todd Robinson	M	46	17:23
16	Kathleen Lail ^②	F	34	17:31
17	Rene Menjivar	M	46	17:46
18	Mark Magers	M	44	17:49
19	Peter Rovce	M	68	17:57

31	Bobby Marty	M	74	21:10
32	Jack Bascom	M	61	21:19
33	Bill Woolf	M	67	21:50
34	Don Watson	M	73	21:52
35	Tina Chan	F		21:54
36	Lorrie Kalos	F	42	22:35
37	Julius Schillinger	M	56	22:36
38	Barbara Robben	F	68	23:24
39	Joan Varney	F	57	23:58
40	Bruce Oliver	M	74	25:04
41	Pat O'Keefe	M	69	26:57
42	The Geezer	M	74	28:47
43	Jane Lee	F		31:58

SELF-TIMERS

Neil Mahoney
 Ada Thomas - 89
 Richard Hannon - 67
 Jane Colman - 59
 Brie Reybine - 62
 Leonard Cascio

Windmill Run, 6.5 miles - January 12, 2003

Pl	Name	G	Age	Time
1	Cedric Barre	M	24	39:14
2	Peter Badatscher	M	39	39:40
3	Stephen Boesch	M	35	40:30
4	David Parrish	M	29	42:29
5	Colin Heckman	M	17	42:37
6	Steve Stephens	M	59	43:42
7	Jim Buck	M	60	44:08
8	David Hoatson	M		44:43
9	Wayne Plymale	M	51	45:35
10	Jeffrey Jiminez	M	30	45:38
11	Larry Wuerstle	M	47	46:12
12	Keith Johnson	M	64	46:41
13	Phil Lindsay	M	35	47:50
14	Daryl Luppino	M	43	48:11
15	Mike Taylor	M		48:11
16	John Weidinger	M	61	48:50
17	Cammie Dingwall ^①	F		48:54
18	Doug Brown	M	52	48:59
19	Jeremy Dudley Rock	M	41	49:06
20	David Klinetobe	M	42	49:09
21	Hermann Wackler	M	57	49:31
22	Stan Yasuhara	M	52	49:34
23	Denise Leo ^②	F	27	49:38
24	Steven Noyes	M	32	49:51
25	Steve Nissenson	M	54	49:53
26	Rick Nippes	M	54	50:08
27	Bret Jacobson	M	33	50:12
28	Jeff Chiou	M	32	50:59
29	Pauline Dillon ^③	F	37	51:33
30	Steve Balentine	M	36	51:52
31	Phieu Phun	M	30	52:11
32	Allison Groves ^④	F	38	52:29
33	Mark Magers	M	44	52:30
34	Carolyn Garriott ^⑤	F	39	52:58
35	Paul Griffiths	M	41	54:04
36	Jeremy Elsener	M	15	54:34
37	Byron Rakitzis	M	34	54:48
38	Janet Nissenson	F	46	55:06
39	Tony Ruiz	M	47	55:06
40	Dave Toschik	M	35	55:08
41	Denis LeClerc	M	47	55:53
42	D Brown	M	37	56:02
43	John Wahl	M	34	57:55
44	Don Elsener	M	47	58:16

56	Joan Reinhardt Reiss	F	65	1:02:11
57	Bill Woolf	M	67	1:02:19
58	Bruce Schrader	M	56	1:03:08
59	Michael Sovik	M	37	1:03:26
60	Steven Kalos	M	39	1:03:39
61	Bob Cantwell	M	70	1:04:06
62	Bobby Marty	M	74	1:05:14
63	Dennis Hassler	M	69	1:05:23
64	Barbara Robben	F	68	1:05:46
65	Don Watson	M	73	1:05:51
66	Suzy Starke	F	31	1:07:06
67	Fred Haber	M	43	1:07:09
68	Susan Herder	F		1:08:47
69	Nancy Mosk	F	54	1:08:53
70	Lou Fields	M	80	0.04792
71	Joan Bennett	F		1:12:29
72	Pat O'Keefe	M	69	1:18:23
73	Bruce Oliver	M	74	1:22:30

SELF-TIMERS

Lucy Wing - 45
 Ada Thomas - 89
 Richard Hannon - 67
 Jane Colman - 59
 Brie Reybine - 62
 Calvin Chan - 52
 Bob Theis - 74
 Ted Vincent - 66
 Tony Stratta - 72
 Jerry McGowan - 64
 Ursula Bernhart - 62
 Ellen Breslauer - 55
 Robert Brizuela - 63 (1:38:00)
 Wally Rapozo - 74
 Liese Rapozo - 75
 Doerte Murray - 62
 Rene Menjivar - 46 (52:42)
 Ken Reed
 Barbara Bernhart - 64
 Fusako Reed - 60

Golden Gate Bridge Vista Run, 5.04 miles - January 19, 2003

Pl	Name	G	Age	Time
1	Cedric Barre	M	24	30:56
2	Ana L. Martinez ^①	F	22	31:40
3	David Parrish	M	29	33:10
4	Andy Chan	M	32	34:15
5	George Rehmet	M	36	35:23
6	Larry Wuerstle	M	47	36:37
7	Randy Cobb	M	47	36:42
8	Jerry McGowan	M	64	36:54
9	Hermann Wackler	M	57	37:44
10	Stan Yasuhara	M	52	38:01
11	Keith Johnson	M	64	38:42
12	Adam Mumford	M		38:45
13	Mark Janes	M	27	39:24
14	Bob McShaw	M	38	39:25
15	Paul Davies	M	39	39:33
16	Tony Ruiz	M	47	39:39
17	John Weidinger	M	61	39:50
18	Jim McCormick	M	29	39:51
19	Dick Parker	M	57	39:52
20	Jeremy Dudley Rock	M	41	39:57
21	Francisco Juarez	M	35	40:03
22	Rene Menjivar	M	46	40:09
23	Todd Robinson	M	46	40:29
24	Jeff Chiou	M	32	40:44
25	Malinda Walker ^②	F	33	41:07
26	Pauline Dillon ^③	F	37	41:37
27	Sam Roake	M	66	41:44
28	Hashim Bashiruddin	M	45	41:58
29	Peter Royce	M	68	42:35
30	Kathleen Lail ^④	F	34	42:57
31	Dale Wannan	M	26	43:23
32	Janet Nissenson ^⑤	F	43	43:53
33	Marvin Webb	M	53	44:04
34	Mark Magers	M	44	44:05
35	Mark Newman	M		44:43
36	Yong Cho	F	44	45:12
37	Fred Haber	M	43	45:13
38	Wendy Newman	F	52	45:16
39	Lillian Alfaro	F	20	45:17
40	Sulan Peebles	F	46	45:20
41	My Sung	M		45:22
42	Jim McBride	M	60	46:48
43	Hilary Fong	F	44	46:54
44	Mike Wallace	M	35	48:16

56	Brie Reybine	F	62	57:28
57	Tim Oliver	M	37	57:36
58	Susan Herder	F		57:38
59	Lou Fields	M	80	57:53
60	Elaine Koga	F	60	58:28
61	Jane Colman	F	59	58:52
62	Elaine Hecht	F	59	1:01:36
63	John Gregson	M	71	1:02:29
64	Bruce Oliver	M	74	1:02:57
65	Dina Kovash	F	64	1:09:31

SELF-TIMERS

William Galvin - 32
 Marian Lyons
 Doerte Murray - 62
 Jim Pommier - 70
 Stu Etzler
 Leonard Cascio
 Ballast Bob Theis - 74
 Ed Olkowski - 59
 Barbara Bernhart - 64

Golden Gate Park Cure 5K - February 2, 2003

PI	Name	G	Age	Time
1	Cedric Barre	M	24	18:57
2	Andy Sobozinsky	M	42	18:59
3	Tyler Abbott	M		19:05
4	Andy Chan	M	32	19:08
5	Reese Laughlin	M	40	19:25
6	Colin C. McNeilly	M	41	19:33
7	David Parrish	M	29	19:37
8	George Rehmet	M	36	19:59
9	Jim Misener	M	42	20:47
10	Marc Forde	M	42	21:00
11	Larry Wuerstle	M	47	21:08
12	Brian Neece	M	35	21:29
13	Fiona McCusker ¹	F	38	21:46
14	Phil Melman	M	37	22:02
15	Daryl Luppino	M	43	22:03
16	Stan Yasuhara	M	53	22:09
17	Gene French	M	56	22:19
18	Jeremy Dudley Rock	M	42	22:36
19	Joshua Lail	M	30	22:43
20	Steve Nissenson	M	54	22:47
21	Todd Robinson	M	46	23:00
22	Lucy Wing ²	F	46	23:08
23	Rick Nippes	M	54	23:13
24	Dean Hess	M	35	23:33
25	Sam Roake	M	66	23:36
26	Michael Sweet	M	33	23:40
27	Kathleen Lail ³	F	34	23:41
28	Carolyn Garriott ⁴	F	39	23:49
29	Pauline Dillon ⁵	F	37	23:54
30	Jim McBride	M	60	24:15
31	Theo Jones	M	64	24:28
32	Tresider Burns	M	27	24:46
33	Gary King Jr.	M	15	24:47
34	Jeremy Elsener	M	15	24:49
35	Fred Haber	M	43	24:50
36	Stuart Ruth	M	66	25:05
37	Paul Mosel	M	61	25:07
38	Tessa Burns	F	28	25:08
39	Paul Griffiths	M	41	25:13
40	Lee Blaine	M	60	25:19
41	Russell Breslauer	M	57	25:33
42	Janet Nissenson	F	43	25:47
43	Don Elsener	M	47	25:51
44	Julius Schillinger	M	56	25:53

56	Allison Groves	F	39	27:49
57	Barbara Galvin	F	33	28:07
58	Doerte Murray	F	62	28:26
59	Mark Umphress	M	48	28:30
60	Wendy Newman	F		28:30
61	Martha Abbene	F		28:36
62	Jamaya King	M	12	29:00
63	Calvin Chan	M		29:01
64	Gary Bengier	M		29:26
65	Bobby Marty	M	74	29:34
66	Don Watson	M	73	29:41
67	Bill Woolf	M	67	30:14
68	Jeff Houston	M	44	30:31
69	Tony Zaloom	M	59	31:08
70	Jane Krempel	F	27	31:23
71	Kristen Contieri	F		31:24
72	Stacey Carr	F		31:25
73	Katie Bond	F	25	31:26
74	George Sacco	M	65	32:11
75	Richard Finley	M		32:11
76	Bill McGowan	M	67	32:26
77	Jane Colman	F	59	32:33
78	John Gregson	M	71	33:06
79	Jim Gallagher	M		33:10
80	Ursula Bernhart	F	62	34:50
81	Bruce Oliver	M	74	35:09
82	Tara Nickerson	F	30	35:15
83	Robert Ross	M	39	35:16
84	Pat O'Keefe	M	69	36:19
85	Noel King	F	17	37:04
86	Bob Theis	M	74	37:50
87	Dina Kovash	F	64	38:11

SELF TIMERS

Patrick Lee - 55
Jane Lee
Tom Boyd
Neil Mahoney
Tony Stratta - 72
Annabelle Marsh - 79
Ada Thomas - 89
Richard Hannon - 67
Kathryn vonBlankenburg - 61
Jerry McGowan - 64
Phyllis Nabhan - 54
Robert Brizuela - 63 (46:00)
Ursula Bernhart - 62
Wally Rapozo - 74
Liese Rapozo - 75
Marian Lyons
Brie Reybine - 62
Sasha Vitomski - 60
Jim Pommier - 70
Barbara Bernhart - 64
Sheila Mullen
Bob Kovash

Fort Point Promenade Run, 7.13 miles - February 9, 2003

Pl	Name	G	Age	Time
1	Cedric Barre	M	24	37:50
2	Mike Lopez	M	45	38:49
3	Reese Laughlin	M	40	39:09
4	Tom Ziola	M	48	39:50
5	David Parrish	M	29	40:14
6	Don Spencer	M	51	41:03
7	Colin Heckman	M	17	42:16
8	James Eales	M	43	42:46
9	David Hoatson	M		43:08
10	Mike Taylor	M	37	43:10
11	Marc Forde	M	42	43:21
12	Jeremiah Lax	M		44:18
13	Jerry McGowan	M	64	44:32
14	Daryl Luppino	M	43	44:38
15	Oormie Meydan ^①	F	30	44:46
16	Amy Sonstein ^②	F	33	44:48
17	Phil Melman	M	37	45:38
18	Hermann Wackler	M	57	46:01
19	Eva Neumannoua ^③	F	22	46:05
20	Christine Clark ^④	F	40	46:16
21	Michael Sweet	M	33	46:33
22	Randy Cobb	M	47	46:36
23	Jeremy Dudley Rock	M	42	47:05
24	Steve Nissenson	M	54	47:34
25	Jeff Chiou	M	32	47:42
26	John Weidinger	M	61	47:56
27	Jim Buck	M	60	48:38
28	Sam Roake	M	66	49:33
29	Sam Stevenson	M	68	50:06
30	Hannah Tai ^⑤	F	42	50:11
31	Lee Blaine	M	60	50:53
32	Jennie L. Anderson	F	34	51:12
33	Kathleen Lail	F	34	51:15
34	Rene Menjivar	M	46	51:50
35	Paul Griffiths	M	41	52:14
36	Peter Royce	M	68	52:37
37	Janet Nissenson	F	43	52:51
38	Gary King Jr.	M	15	53:05
39	Lina Morris-Khatib	F		54:54
40	John Wahl	M	34	54:56
41	Norman Ching	M	55	55:29
42	Patrick Honley	M	37	55:46
43	Wendy Newman	F	52	55:50
44	Yona Cho	F	45	55:54

56	Don Watson	M	73	1:02:26
57	Bob Cantwell	M	70	1:02:28
58	Patty Hudson	F	30	1:02:39
59	Bruce Schrader	M	56	1:05:25
60	Gary Davis	M		1:03:44
61	Bill Woolf	M	67	1:04:41
62	Dennis Hassler	M	69	1:04:45
63	Bob Morris-Khatib	M		1:05:00
64	Susan Herder	F		1:05:25
65	George Sacco	M	65	1:07:36
66	John Gregson	M	71	1:12:20
67	Jane Colman	F	59	1:14:51
68	Bruce Oliver	M		1:17:39

SELF-TIMERS

Tom Boyd
Neil Mahoney
Tony Stratta - 72 (2:05:00)
Richard Hannon - 67
Kathryn vonBlankenburg - 61
Robert Brizuela - 63 (1:38:00)
April Lax - 47
Wally Rapozo - 74
Liese Rapozo - 75
Dina Kovash - 64
Brie Reybine - 62
Doerte Murray - 62
Leonard Cascio
Bob Theis
Bob Kovash

Twin Peaks Loop, 3.63 miles - February 16, 2003

Pl	Name	G	Age	Time
1	Stephen Boesch	M	35	22:34
2	Tyler Abbott	M	41	22:42
3	Tom Ziola	M		23:13
4	David Moulton	M	35	23:20
5	David Parrish	M	29	23:44
6	George Rehmet	M	36	25:12
7	Randy Cobb	M	47	25:44
8	Larry Wuerstle	M	47	26:08
9	Jerry McGowan	M	64	26:24
10	Devin Wolfe	M	35	26:51
11	Tom Kennedy	M	39	27:23
12	Hermann Wackler	M	57	27:32
13	Daryl Luppino	M	43	27:33
14	Todd Robinson	M	46	27:55
15	Phil Melman	M	37	27:57
16	Gary King Jr.	M	15	27:58
17	Leonard Mitchell	M	33	28:30
18	Fred Haber	M	43	28:31
19	Stan Yasuhara	M	53	28:33
20	Keith Johnson	M	64	28:38
21	David Klinetobe	M	42	28:56
22	Steve Nissenson	M	54	29:13
23	Mark Magers	M	44	29:24
24	John Weidinger	M	61	29:40
25	David Mackesey	M	47	29:47
26	Carolyn Garriott①	F	39	29:52
27	Sam Stevenson	M	68	30:49
28	Peter Royce	M	68	31:11
29	Paul Griffiths	M	41	31:24
30	Paul Mosel	M	61	31:35
31	Peking Duck	M		31:55
32	Mark Umphress	M	48	31:59
33	Dave Waco	M	70	32:23
34	James Stratta	M	40	33:20
35	Hashim Bashiruddin	M	45	33:35
36	Yong Cho②	F	45	33:39
37	Jack Bascom	M	61	34:15
38	Tim Oliver	M	37	42:29
39	Noel King③	F	17	42:48
40	John Gregson	M	71	44:33
41	Bob Theis	M		45:11
42	Bruce Oliver	M	74	45:28
43	Dina Kovash④	F	64	47:40
44	Susan Herder⑤	F		54:33
45	Jamaya King	M	12	56:03

SELF TIMERS

Bobby Marty - 74
 Ted Vincent - 66
 Tom Boyd - 57
 Neil Mahoney
 Tony Stratta - 72 (1:11:40)
 Ursula Bernhart - 62
 Kenneth Fong
 Gary Davis
 Brie Reybine - 62
 Doerte Murray - 62
 Stu Etzler
 George Anderson - 74 (60:02)
 Leonard Cascio
 Barbara Bernhart - 64
 Kevin Murphy
 Sabrina Young
 Louise Chu

Kennedy Drive Run, 4.7 miles - February 23, 2003

Pl	Name	G	Age	Time
1	Chris Kreutzer	M	21	28:09
2	Stephen Boesch	M	35	28:23
3	Juan Melendez	M	45	29:43
4	James Eales	M	42	31:04
5	Marc Forde	M	42	31:30
6	Larry Wuerstle	M	47	32:25
7	Phil Melman	M	37	33:00
8	Luis Vargas	M	45	34:13
9	Mike Taylor	M	37	34:43
10	Len Newton	M	40	34:48
11	Gary King Jr	M	15	34:50
12	Jeremy Elsener	M	15	34:57
13	Wayne Plymale	M	51	35:14
14	Rick Nippes	M	54	35:23
15	Jeremy Dudley Rock	M	42	25:29
16	Ed Kinchley	M		35:39
17	Nadine Jarousse①	F	33	36:12
18	Ben Pechner	M	16	36:18
19	David Klinetobe	M	42	36:21
20	Paul Mosel	M	61	36:46
21	Drego Salala	M	35	36:50
22	Pauline Dillon②	F	37	36:55
23	Sam Roake	M	66	37:11
24	Fred Haber	M	43	37:13
25	Mark Umphress	M	48	37:17
26	Theo Jones	M	64	37:42
27	Leonard Mitchell	M	33	37:44
28	Jim McBride	M	60	37:51
29	Kelly King③	F	36	37:56
30	Peter Royce	M	68	37:58
31	Doris Segner④	F	58	38:20
32	Lina Morris-Khatib⑤	F		39:34
33	Rene Menjivar	M	46	39:36
34	Jame Stratta	M	40	39:48
35	Brian Hartley	M	49	39:57
36	Robert Miller	M	61	40:25
37	Janine Firpo	F		40:34
38	Jim Dillingham	M	45	40:41
39	Don Elsener	M	47	41:00
40	Jay Dear	M	44	41:43
41	Mary Mendoza	F	34	41:49
42	Kara Werner	F	22	42:00
43	Martha Abbene	F	46	42:18
44	Bob Morris-Khatib	M		43:21

56	Barbara Robben	F	68	47:23
57	Steven Kalos	M	39	47:50
58	Cathy McHale	F	39	48:10
59	Noel King	F	17	48:33
60	Jessica Pechner	F	9	48:37
61	Lorrie Kalos	F	42	48:47
62	Ted Vincent	M	66	49:51
63	Jamaya King	M	12	51:13
64	Yong Cho	F	45	51:26
65	John Gregson	M	71	52:31
66	Jane Colman	F	59	55:35
67	Bruce Oliver	M	68	55:35
68	Kevin S. Miller	M	34	57:34
69	Susie Seaweed	F	54	58:31
70	Dina Kovash	F	64	1:02:10
71	George Anderson	M	74	1:16:00

SELF-TIMERS

Ada Thomas - 89
 Barbara Bernhart - 64
 Bob Theis - 74
 Debbie Sweet - 30
 Don Turner - 59
 Ellen Breslauer - 55
 Gregory Brown - 53
 Ken Reed - 57
 Liese Rapozo - 75
 Marian Lyons
 Michael Sweet - 33
 Neil Mahoney
 Richard Hannon - 67
 Robert Brizuela - 63
 Russell Breslauer - 57
 Tina Chan
 Tony Stratta - 72 (1:27:30)
 Wally Rapozo - 74

North Embarcadero Run, 6.25 miles - March 2, 2003

Pl	Name	G	Age	Time
1	Barry Phelan	M	31	38:04
2	Geoff Jones	M	39	39:55
3	Juan Melendez	M	45	40:57
4	Marc Forde	M	42	42:23
5	Michael Sweet	M	33	43:18
6	Milton Lorly	M		44:23
7	Jerry McGowan	M	64	44:33
8	Larry Wuerstle	M	47	45:17
9	Daryl Luppino	M	43	45:30
10	Hermann Wackler	M	57	45:39
11	Luis Vargas	M	45	45:44
12	Shawn Bovill	M	39	46:03
13	Fiona McCusker ¹	F	38	46:05
14	Lessley Anderson ²	F		46:07
15	Richard Wood	M	48	46:10
16	Aaron Smallwood	M		46:44
17	Matt Martin	M	43	48:01
18	Glen Sharp	M	33	48:07
19	Jeremy Dudley Rock	M	42	48:12
20	Steve Nissenson	M	54	48:18
21	Kevin Salyer	M		48:21
22	Fred Haber	M	43	48:26
23	Kristen Anderson ³	F	40	48:33
24	Stuart Allen	M		48:39
25	Caius Van Nouhuys	M	34	49:12
26	Ron Will	M		49:56
27	Gary King Jr	M	15	50:13
28	Wayne Plymale	M	51	50:21
29	Julius Schillinger	M	56	50:29
30	John Weidinger	M	62	50:40
31	Theo Jones	M	64	51:11
32	Paul Mosel	M	61	51:15
33	Mark Umphress	M	48	51:28
34	Drego Salala	M	35	51:46
35	Mick Lavelle	M	50	51:54
36	Carolyn Garriott ⁴	F	39	52:44
37	Allison Groves ⁵	F	39	53:04
38	Maria Bovill	F	36	53:11
39	Jim McBride	M	60	53:12
40	Michael Smith	M	54	53:16
41	Peter Royce	M	58	53:20
42	Judith Nitchie	F		54:44
43	Janet Nissenson	F	43	55:03
44	Lina Morris-Khatib	F		55:26

56	Bobby Marty	M	74	1:02:06
57	Jane Stollenmeyer	F	27	1:02:15
58	Greg Frates	M		1:02:22
59	Bill Woolf	M	67	1:03:51
60	Bruce Schrader	M	56	1:08:44
61	Barbara Robben	F	68	1:11:00
62	Tim Oliver	M	37	1:11:04
63	Elaine Koga	F	60	1:11:51
64	John Gregson	M	71	1:14:28

SELF-TIMERS

Hilary Fong - 44
 Bob Kovash - 64
 Elaine Gecht - 59
 Jamaya King - 12
 Louise Chu
 Jeannette Young
 Sabring Young - 34
 Neil Mahoney
 Richard Hannon - 67
 Robert Brizuela - 63 (1:45:00)
 Tony Stratta - 72 (2:01:30)
 Kevin Lee
 Lucy Wing - 45
 Ted Vincent - 67
 Ursula Bernhart - 62
 Dina Kovash - 64
 Doerte Murray - 62
 Yong Cho - 45
 Priscilla Black - 71
 Henry Black - 69
 Hashim Bashiruddin - 45 (60:00)
 Richard Finley - 54
 George Sacco - 65
 Jim Pommier - 70
 Judith Jarosz
 Leonard Cascio

Legion of Honor Run, 4.3 miles - March 9, 2003

Pl	Name	G	Age	Time
1	Chikara Omine	M	20	26:10
2	Stephen Boesch	M	35	27:30
3	Larry Wuerstle	M	47	31:28
4	Strada Morris ¹	F	20	31:54
5	Stuart Sofield	M	48	32:03
6	Hermann Wackler	M	57	32:23
7	Brian Neece	M	36	32:43
8	Daryl Luppino	M	43	32:51
9	Mary Whitlock ²	F	31	32:53
10	David Klinetobe	M	42	34:19
11	Keith Johnson	M	64	34:19
12	Thom Fox	M	49	34:34
13	Ed Kinchley	M	53	34:34
14	Rick Nippes	M	55	35:07
15	Paul Mosel	M	61	35:08
16	Lucy Wing ³	F	46	35:14
17	Pauline Dillon ⁴	F	37	36:16
18	Mark Umphress	M	48	36:46
19	Janet Nissenson ⁵	F	43	37:29
20	Kevin Lee	M		37:54
21	Peter Royce	M	68	38:09
22	Julius Schillinger	M	56	38:17
23	Paul Griffiths	M	41	39:11
24	Hannah Blumenstiel	F	35	39:13
25	Ivan Eland	M		40:23
26	Mary Mendoza	F	34	40:47
27	Yong Cho	F	45	41:03
28	Jamaya King	M	12	41:18
29	Fred Haber	M	43	42:30
30	Ken Zaloom	M		42:40
31	Stacey Lim	F		42:49
32	Tony Zaloom	M	59	44:24
33	Bobby Marty	M	74	44:54
34	Don Watson	M	73	45:51
35	Bill Woolf	M	67	46:23
36	Mike Wallace	M	36	47:20
37	Donald McGuire	M	46	47:21
38	Susan Herder	F		47:24
39	Wendy Newman	F		48:39
40	John M. Gregson	M		49:46
41	Barbara Robben	F	68	49:53
42	Patty Hudson	F	30	50:52
43	Nancy McGuire	F	34	50:53
44	Ursula Bernhart	F	62	51:40

Gregory Brown - 53
Ada Thomas - 89
Neil Mahoney
Jane Colman - 59
Brie Reybine - 62
Calvin Chan - 52
Bob Theis - 74
Annabelle Marsh - 79
Tony Stratta - 72 (1:26:40)
Marian Lyons
Gary Davis
Sasha Vitomski - 60
Robert Brizuela - 63 (1:38:00)
Jim Pommier - 70
Leonard Cascio
Marcia Martin - 50
Len Goldstein
Barbara Bernhart - 64

St. Patrick's Day Run - 3 miles, March 16, 2003
 (@Rainbow Falls)

Pl	Name	G	Age	Time
1	Cedric Barre	M	24	0.70625
2	Chikara Omine	M	20	0.73542
3	Stephen Boesch	M	35	0.74514
4	Colin Heckman	M	17	0.76042
5	George Rehmet	M	36	0.77014
6	Marc Forde	M	42	0.79306
7	Tyler Abbott	M	42	0.81944
8	James Eales	M	43	0.82639
9	Larry Wuerstle	M	47	0.83611
10	Phil Melman	M	37	0.85486
11	Michael Sweet	M	33	0.85972
12	Daryl Luppino	M	43	0.86389
13	Keith Johnson	M	64	0.88403
14	Paul Davies	M	39	0.89931
15	Randy Cobb	M	47	0.9
16	George Durgerian	M	36	0.90417
17	David Klinetobe	M	42	0.90486
18	Pauline Dillon ¹	F	37	0.9125
19	Rick Nippes	M	55	0.92917
20	Paul Griffiths	M	41	0.93472
21	Carolyn Garriott ²	F	39	0.94722
22	Paul Mosel	M	61	0.95347
23	Sam Roake	M	66	0.95417
24	Mark Magers	M	44	0.97639
25	Lars Dechau	M	34	0.98333
26	Doris Segner ³	F	58	0.99028
27	Jim Dillingham	M	45	0.99514
28	Janet Nissenson ⁴	F	43	24:01
29	Tom C	M		25:12
30	Jack Bascom	M	61	25:19
31	Paul Reiners	M	42	25:27
32	Lina Morris-Khatib ⁵	F		25:44
33	Jamaya King	M	12	25:50
34	Bob Morris-Khatib	M		25:58
35	Harry Cordellos	M	65	26:07
36	Fred Haber	M	43	27:13
37	Yong Cho	F	45	27:15
38	Bobby Marty	M	74	27:18
39	Steven Kalos	M	39	27:38
40	Barbara Galvin	F	33	27:44
41	Bill Woolf	M	67	27:45
42	Bob Cantwell	M	70	27:55
43	Joanne Desmond	F	36	28:31
44	Calvin Chan	M		28:39

56	Lisa Lavery	F	32	32:14
57	Robin McDonald	F		32:17
58	John Gregson	M	71	32:31
59	Gary King Jr	M	15	33:51
60	Ned King	M		34:00
61	Monica Rudden	F	49	34:10
62	Holly Pillsbury	F	47	34:15
63	Bruce Oliver	M	68	35:10
64	Dina Kovash	F	64	35:16
65	Bob Theis	M	74	37:25
66	Terri Strickland	F		37:40
67	Lynda Boesch	F	36	38:09
68	Robin Rhoades	F		38:46
69	Kathleen Ford	F	35	38:47
70	Karinee Figueroa	F	34	38:48
71	Dan Tuey	M	35	38:50

SELF-TIMERS

Elaine Gecht - 69
 Ellen Breslauer - 55
 Gregory Brown - 53
 Bob Kovash
 Brie Reybine - 62
 Henry Black - 66
 Leonard Cascio
 Marcia Martin - 50
 Kathryn vonBlankenburg - 61
 Liese Rapozo - 75
 Priscilla Black - 68
 Russell Breslauer - 57
 Wendy Newman - 52
 Richard Hannon - 67
 Tom Boyd
 Tony Stratta - 72 (56:23)
 Wally Rapozo - 74

Stern Grove Run, 4 miles - March 30, 2003

Pl	Name	G	Age	Time
1	Geoff Jones	M	38	24:06
2	Stephen Boesch	M	35	25:01
3	Tom Knaver	M		25:21
4	Andy Sobozinsky	M	42	26:04
5	Colin Heckman	M	17	26:53
6	Marc Forde	M	43	27:24
7	Jim Misener	M	42	28:41
8	Larry Wuerstle	M	47	29:03
9	Stuart Sofield	M	48	29:29
10	Gary King Jr	M	15	29:51
11	Devin Wolfe	M	35	30:24
12	Amy Sonstein①	F	33	30:40
13	Jeff Chiou	M	32	30:48
14	Matthew	M		30:54
15	David Klinetobe	M	42	31:57
16	Steve Nissenson	M	54	32:27
17	Pauline Dillon②	F	37	32:45
18	Todd Robinson	M	46	33:05
19	Kathleen Lail③	F	35	33:10
20	Paul Mosel	M	61	33:11
21	Michael Ahearn	M	41	33:20
22	Rene Menjivar	M	46	33:22
23	Dick Parker	M	57	33:31
24	Theo Jones	M	64	33:43
25	Marvin Webb	M	53	33:49
26	Mark Magers	M	44	33:52
27	Kevin Lee	M		34:00
28	Mike Taylor	M		34:06
29	Linda Fassig④	F		34:25
30	Janet Nissenson⑤	F	43	35:21
31	John Weidinger	M		35:29
32	Peter Royce	M	68	35:34
33	Gary Osborn	M	66	36:27
34	Tony Wasserman	M	58	36:31
35	Juliette Johnson	F	33	36:47
36	Janine Firpo	F		37:02
37	Jack Bascom	M	61	37:29
38	Lina Morris-Khatib	F		38:04
39	Barbara Galvin	F	33	38:30
40	Yong Cho	F	45	38:47
41	Fred Haber	M	43	38:48
42	Jamaya King	M	12	39:04
43	Bob Morris-Khatib	M		39:06
44	Hannah Rosenstein	F	13	39:30

56	Gary Davis	M	50	43:41
57	George Sacco	M	65	44:52
58	Richard Finley	M	54	45:23
59	John B. Gregson	M	71	47:33
60	Ursula Bernhart	F	62	48:58
61	Bruce Oliver	M		52:40

SELF-TIMERS

Patrick Lee - 55 (33:19)
 Bob Cantwell - 70 (44:52)
 Jane Lee - 52
 Tom Boyd - 57
 Gregory Brown - 53
 Neil Mahoney
 Tony Stratta - 72 (1:17:00)
 Richard Hannon - 67
 Jerry McGowan - 64
 Wayne Plymale - 51
 Marian Lyons
 Dina Kovash - 64
 Priscilla Black - 71
 Henry Black - 69
 Ken Reed - 57
 Jim Pommier - 70
 Leonard Cascio
 Bob Kovash - 64
 Noel King - 17
 Barbara Bernhart - 63

Waterfront 10M & 5K - April 6, 2003

5K Runners

Pl	Name	G	Age	Time
1	Andy Apfelbaum	M	39	18:44
2	David Rew	M	33	23:51
3	James Gallagher	M	36	23:52
4	John Weidinger	M	62	24:40
5	Russell Breslauer	M	57	26:48
6	Joanne Desmond ¹	F	35	27:06
7	Peter Flesser	M	62	27:14
8	William Galvin	M	32	27:27
9	Andy Daecher	M	38	27:40
10	George Sacco	M	65	31:58
11	Janine Schiess ²	F		32:15
12	Suzanne Starke ³	F	31	32:16
13	Sheldon DeFrank	M	10	39:25
14	Dan DeFrank	M	43	39:30
15	John Imrie	M		39:55
16	Jamie DeFrank ⁴	F	8	49:59
17	Penny Blanco ⁵	F	40	50:00

10M Runners

Pl	Name	G	Age	Time
1	Cedric Barre	M	24	1:01:02
2	Gregg Adam	M		1:01:29
3	Reese Laughlin	M	40	1:05:16
4	Andrew Bloch	M	40	1:06:22
5	David Parrish	M	29	1:07:54
6	Rodrigo Santos	M	44	1:09:51
7	Doug Bond	M	40	1:10:02
8	Bob Bowman	M	48	1:10:19
9	Anna Slattey ¹	F	43	1:11:02
10	Mike Slattey	M	47	1:11:27
11	Colin Heckman	M	17	1:13:17
12	Nathan Avery	M	18	1:13:50
13	Jerry McGowan	M	64	1:14:43
14	Larry Wuerstle	M	47	1:15:53
15	Michael Sweet	M	33	1:18:27
16	Paul Zager	M	45	1:18:54
17	Wayne Plymale	M	51	1:19:02
18	Thomas Svehiro	M		1:20:49
19	Sam Roake	M	67	1:21:13
20	Kathleen Lail ²	F	29	1:21:26
21	Marian Lyons ³	F		1:21:42
22	Lucy Wing ⁴	F	46	1:22:01
23	Andrew Flessel	M	39	1:22:18

35	Yong Cho	F	45	1:33:33
36	Fred Haber	M	43	1:33:34
37	K. Quinn		36	1:35:49
38	Katie Cabral	F	51	1:36:07
39	Nancy Allen	F		1:36:08
40	Bill Woolf	M	67	1:50:12
41	Joan Kramer	F		1:58:00

SELF-TIMERS

Brie Reybine
 Robert Brizuela - 63 (2:17:39)
 Gregory Brown
 Leonard Cascio

Big Rec Run, 3.85 miles - April 13, 2003

Pl	Name	G	Age	Time
1	Stephen Boesch	M	35	23:54
2	Marc Forde	M	42	24:47
3	Scott Talbot	M	46	26:38
4	Mark Janes	M	27	26:44
5	Larry Wuerstle	M	47	26:57
6	Devin Wolfe	M	35	27:08
7	Matthew	M	13	28:16
8	Michael Sweet	M	33	29:00
9	Keith Johnson	M	65	29:11
10	Pauline Dillon ①	F	37	29:34
11	Carolyn Garriott ②	F	40	30:00
12	Sam Roake	M	67	30:39
13	Lina Morris-Khatib ③	F		30:44
14	Theo Jones	M	64	30:49
15	Paul Mosel	M	61	30:51
16	John Weidinger	M	62	30:54
17	Trish West ④	F	38	31:22
18	Walt Kohnert	M	56	31:27
19	Steve Nissenson	M	54	31:29
20	Janet Nissenson ⑤	F	43	32:34
21	John B. Gregson	M	43	34:08
22	Shira Kogan	F	10	34:09
23	Jenny Anderson	F	34	37:11
24	Bob Morris-Khatib	M		35:40
25	Jennifer Wolfe	F	33	35:49
26	Marian B.	F	51	35:54
27	Olivia Horgan	F		36:30
28	Kevin Lee	M		37:46
29	Ken Reed	M	58	37:48
30	Bill Woolf	M	67	38:15
31	Fred Haber	M	43	38:17
32	Jamaya King	M	12	38:21
33	Jeff Houston	M	44	38:33
34	Scott Kogan	M	37	38:35
35	Gary Davis	M	50	38:35
36	Jane Colman	F	59	38:36
37	Richard Finley	M	54	39:27
38	John M. Gregson	M	71	42:03
39	Hashim Bashiruddin	M	45	42:09
40	Hilary Fong	F	44	43:03
41	Stu Etzler	M	56	49:46

SELF TIMERS

Bobby Marty - 74
Tom Boyd - 57
Gregory Brown - 53
Neil Mahoney
Tony Stratta - 72 (1:12:20)
Richard Hannon - 67
Kathryn vonBlankenburg - 61
Wally Rapozo - 74
Liese Rapozo - 75
Marian Lyons
Conrad vonBlankenburg - 61
Jack Bascom - 61 (38:45)
Mort Weisberg
Doerte Murray - 62
Jim Pommier - 70
Tina Chan
Marcia Martin - 50
Bob Theis - 74
Susan Plulan - 45

Easter Roller Coaster Run, 2.92 miles - April 20, 2003

Pl	Name	G	Age	Time
1	Simon Fisher	M	20	16:34
2	Stephen Boesch	M	35	17:33
3	Colin Heckman	M	17	18:13
4	Andy Sobozinsky	M	42	18:23
5	Alex McDiarmid	M	18	18:26
6	Marc Forde	M	43	18:30
7	Zachary McDiarmid	M	12	19:05
8	Mark Janes	M	27	19:56
9	Larry Wuerstle	M	47	20:15
10	Michael Sweet	M	33	20:44
11	Grace Neveu ❶	F	11	20:44
12	Yuta	M		21:25
13	Wayne Plymale	M	51	21:31
14	Lina Morris-Khatib ❷	F		21:59
15	Keith Johnson	M	65	22:07
16	Paul Mosel	M	61	22:10
17	George Durgerian	M	36	22:22
18	Pauline Dillon ❸	F	37	22:40
19	Steve Nissenson	M	54	22:45
20	Michael Edelstein	M	44	22:56
21	Kagan Turner	M	35	23:12
22	Gary King Jr	M	15	23:19
23	Rick Nippes	M	55	23:23
24	Francois Lariviere	M		23:25
25	Fred Haber	M	43	23:26
26	Julius Schillinger	M	56	23:28
27	Jamaya King	M	12	24:02
28	Mark Magers	M	45	24:06
29	Janet Nissenson ❹	F	43	24:39
30	Thomas Wendt	M	46	24:50
31	Kevin Lee	M		24:57
32	Kuniko ❺	F		25:25
33	John Weidinger	M	62	25:29
34	Yong Cho	F	45	26:15
35	Bob Morris-Khatib	M		26:46
36	Ken Reed	M	58	27:13
37	William Galvin	M	32	27:23
38	Mike Wallace	M	36	27:45
39	Nan Madden	F		27:52
40	Olivia Horgan	F	29	28:16
41	Jeff Houston	M	44	28:31
42	Bill Woolf	M	67	29:06
43	Kathryn Hyde	F	49	29:28
44	Elaine Owvana	F	48	29:48

Tom Boyd - 57
Gregory Brown - 53
Neil Mahoney
Richard Hannon - 67
Ursula Bernhart - 62
Barbara Bernhart - 64
Marcia Martin - 50
Bob Kovash - 64
Marcus Johnson - 9

Ferry Building Run, 3.83 miles - April 27, 2003

Pl	Name	G	Age	Time
1	Reese Laughlin	M	40	23:09
2	Adam Marchick	M		23:25
3	Andy Sobozinsky	M	42	23:48
4	Stephen Boesch	M	35	23:55
5	Mike Becker	M	44	25:06
6	Pete Nowicki	M		25:26
7	George Rehmet	M	36	25:40
8	Larry Wuerstle	M	47	26:35
9	Devin Wolfe	M	35	26:53
10	Shawn Bowill	M		27:03
11	Wayne Plymale	M	51	27:38
12	Jerry McGowan	M	65	28:14
13	Kathleen Lail ¹	F	35	29:11
14	Sam Roake	M	67	29:32
15	Joe Martin	M	32	29:44
16	Paul Davoes	M		29:55
17	John Weidinger	M	62	30:06
18	Matthew Butrimovitz	M	12	30:18
19	Dan Kim	M	28	30:22
20	David Klinetobe	M	42	30:33
21	Kimberly Persiani ²	F	32	30:40
22	Jamaya King	M	12	30:58
23	Jonathan Rath	M	31	31:19
24	Whitney Stephenson ³	F	42	31:24
25	Mark Umphress	M	48	31:28
26	Carol Morley ⁴	F	49	31:44
27	Russell Breslauer	M	58	32:10
28	Molly Mardone ⁵	F	29	32:30
29	Judith Nitchie	F		32:48
30	Maria Bovill	F	36	32:55
31	Stuart Ruth	M	66	32:59
32	Lucy Wing	F	46	33:28
33	Calvin Chan	M	52	33:33
34	Gary King Jr	M	15	34:14
35	Yong Cho	F	45	34:24
36	William Galvin	M	32	34:45
37	Horace Lee	M	24	35:00
38	Martha Abbene	F	47	35:22
39	Miriam Butromovitz	F	51	35:37
40	Nan Madden	F	60	36:18
41	Jessica Douglas	F	24	37:02
42	Courtney Littlefield	F		37:02
43	Harry Cordellos	M	65	37:33
44	Fred Haber	M	43	37:34

56 Susan Herder F 47:31
SELF-TIMERS

Bobby Marty - 74
Bob Theis - 74
Tony Stratta - 72
Neil Mahoney
Annabel Marsh - 79
Ada Thomas - 89
Ellen Breslauer - 55
Marian Lyons
Mort Weisberg - 66
Ken Reed - 58
Leonard Cascio
Ed Olkowski - 60 (73:05)
Louise Chu
Jeanette A. Young - 61

Polo Field 5K - May 4, 2003

Pl	Name	G	Age	Time
1	John Jones	M		15:59
2	Colin Heckman	M	17	16:24
3	Peter Jadelrad	M	16	20:28
4	Larry Wuerstle	M	47	20:51
5	James Eales	M	43	21:02
6	Michael Sweet	M	33	21:10
7	Paul Davies	M		21:23
8	Matthew Butrimovitz	M	13	21:26
9	Devin Wolfe	M	35	21:26
10	Jerry McGowan	M	65	21:32
11	Joe Martin	M		21:50
12	Pauline Dillon ^①	F	37	22:17
13	Lina Morris-Khatib ^②	F		22:35
14	Fred Haber	M	43	22:44
15	Paul Mosel	M	61	22:57
16	Carolyn Garriott ^③	F	40	22:59
17	Jane Bretthauer ^④	F	49	23:04
18	Rick Nippes	M	55	23:15
19	Steve Nissenson	M	54	23:23
20	Evelyn Seth ^⑤	F	53	23:25
21	Theo Jones	M	64	23:42
22	Harold Lynley	M	23	23:43
23	Sam Roake	M	67	24:09
24	David Klinetobe	M	42	24:54
25	Jim Dillingham	M	45	25:15
26	Mark Umphress	M	48	25:16
27	Russell Breslauer	M	58	25:47
28	Jamaya King	M	12	26:10
29	Carol Burnham	F	41	26:12
30	Janet Nissenson	F	43	26:16
31	Calvin Chan	M	52	26:21
32	Yong Cho	F	45	26:22
33	Bob Morris-Khatib	M		26:52
34	Gregory Brown	M	53	27:24
35	Randy Cobb	M	47	27:25
36	Kenneth Fong	M		27:37
37	Anthony Gilbert	M	43	27:55
38	Nan Madden	F	60	28:08
39	Mark Magers	M	44	28:42
40	Tina Chan	F		30:14
41	Bill Woolf	M	67	30:18
42	Gary Davis	M	51	30:23
43	George Sacco	M	65	31:02
44	Bob Cantwell	M	70	31:06

Neil Mahoney
Tony Stratta - 72 (58:10)
Ada Thomas - 89
Richard Hannon - 67
Ellen Breslauer - 55
Marian Lyons
Martha Abbene - 47
Ken Reed
Leonard Cascio
Barbara Bernhart - 64
Gary King Jr. - 15
Noel King - 17

Practice Bay to Breakers 12K - May 11, 2003

PI	Name	G	Age	Time
1	Colin Heckman	M	17	50:53
2	Juan Melendez	M	45	50:55
3	Wayne Plymale	M	51	52:47
4	Luis Vargas	M	45	56:05
5	Michael Sweet	M	33	56:44
6	Thomas Suehiro	M	30	57:26
7	Daryl Luppino	M	43	57:35
8	Marvin Webb	M	53	58:29
9	Kathleen Lail ¹	F	35	1:00:45
10	David Klinetobe	M	42	1:03:18
11	Lina Morris-Khatib ²	F		1:03:30
12	Danny Wooton	M	49	1:04:23
13	Jack Major	M	60	1:04:24
14	Jim Coe	M	53	1:07:29
15	David Rew	M	33	1:08:23
16	Dick Parker	M	57	1:08:29
17	Mick Lavelle	M	50	1:08:34
18	Paul Mosel	M	61	1:09:13
19	Angie Wooton ³	F	46	1:10:29
20	Gregory Brown	M	53	1:10:31
21	Yong Cho ⁴	F	45	1:10:52
22	Heather Yeowell ⁵	F		1:13:11
23	Margaret Seggerman	F	52	1:13:39
24	Bob Morris-Khatib	M		1:15:05
25	Bill Woolf	M	67	1:17:48
26	Joanne Desmond	F	36	1:18:21
27	Gary Davis	M	50	1:23:26

SELF-TIMERS

Bobby Marty - 74
 Tony Stratta - 72 (2:26:40)
 Kathryn vonBlankenburg - 61
 Robert Brizuela - 63 (1:42:00)
 Joe Oakes
 Mort Weisberg - 66
 Janice Rensch - 55

Mission Rock Run, 3.5 miles - May 26, 2003

PI	Name	G	Age	Time
1	Tyler Abbott	M	42	20:51
2	Marc Forde	M	43	21:24
3	Steve Stephens	M	59	21:40
4	David Parrish	M	29	21:57
5	James Eales	M	43	22:13
6	Keo Zaiger	M	42	22:32
7	Stephen Boesch	M	35	22:52
8	Chris Horton	M	33	22:55
9	Matthew Butrimovitz	M	13	23:01
10	Larry Wuerstle	M	47	23:17
11	Wayne Plymale	M	51	23:19
12	Russ Hauglid	M	14	23:22
13	Jerry McGowan	M	65	23:45
14	Michael Sweet	M	33	23:46
15	Stuart Sofield	M	49	23:49
16	Lina Morris-Khatib ^①	F		24:57
17	Keith Johnson	M	65	25:05
18	Paul Mosel	M	61	25:35
19	Steve Nissenon	M	55	25:40
20	Amy Sonstein ^②	F	33	25:53
21	Christian Ferrey ^③	F	13	26:14
22	Brian Harris	M	50	26:24
23	Brett Stevenson	M	28	26:31
24	Theo Jones	M	64	26:41
25	Todd Robinson	M	46	26:55
26	Rene Menjivar	M	46	28:16
27	Peter Royce	M	68	28:19
28	Michael T.	M	39	38:36
29	Aileen Rodriguez ^④	F		28:41
30	Payne Brown	M		28:42
31	Ron Casb	M	58	28:43
32	Calvin Chan	M	52	28:53
33	Bob Morris-Khatib	M		29:14
34	Yong Cho ^⑤	F	45	29:40
35	William Galvin	M	32	30:42
36	Miriam Butrimovitz	F	52	31:11
37	Doerte Murray	F	62	32:08
38	Susan Herder	F		32:10
39	Jeanie Jones	F	67	32:42
40	Gary Davis	M	51	33:07
41	Bobby Marty	M	74	33:51
42	Santiago Galban	M	50	34:28
43	Carlton A.	M	55	34:47
44	Jeff Houston	M	45	34:49
45	Kenneth Fong	M		34:51
46	George Sacco	M	65	37:23
47	John Gregson	M	71	38:11
48	Ted Vincent	M	67	38:35
49	Bob Kovash	M	64	43:44

SELF TIMERS

Leonard Cascio
 Bob Theis - 74
 Jane Colman - 59
 Ken Reed - 58
 Don Watson - 73
 Jim Pommier - 70
 Elaine Mah - 41
 Tony Stratta - 73 (1:13:00)

Practice Dipsea Run, 6.8 miles - June 1, 2003

PI	Name	G	Age	Time
1	Brian Purcell	M	46	53:17
2	Glen Redpath	M	37	54:47
3	Sissel Bernsten-Heber ^①	F	39	1:02:07
4	Ryan Lok	M	12	1:02:19
5	Judy Rabinowitz ^②	F	45	1:03:18
6	Andrew Peitsch	M	34	1:05:31
7	Goran Martinson	M		1:06:32
8	Kent G. Cartonatio	M	46	1:06:51
9	John McGrath	M	15	1:07:45
10	Bill Lee	M	45	1:07:55
11	Mike Missehiring	M	42	1:07:57
12	Mike Grismer	M	44	1:07:59
13	Shawn Nelson	M		1:08:49
14	Herb Bool	M		1:10:28
15	Mike Roberts	M	37	1:10:28
16	Fernando Rombeiro	M	38	1:11:46
17	Kloepfer	M	49	1:11:47
18	Andrew Flessel	M	40	1:11:48
19	Cliff Lentz	M	38	1:12:06
20	Allen Biggs	M		1:14:28
21	Gary King	M	15	1:14:33
22	Jim Phillips	M	42	1:14:37
23	Edric Kinsey	M	17	1:14:38
24	Fred Haber	M	43	1:14:50
25	Christopher S.	M	39	1:15:01
26	Nicole Palkosker ^③	F	30	1:15:07
27	Jerry Flanagan	M	37	1:15:09
28	Rene Menjivar	M	46	1:15:16
29	Michael Edelstein	M	47	1:15:47
30	Laurin Beckhusen	M	55	1:15:50
31	Barry Spitz	M	54	1:16:33
32	Tom Linthicum	M	45	1:17:01
33	Caryn Aulerbach ^④	F	28	1:17:06
34	Steve Black	M	58	1:17:18
35	Dan Pisenti	M		1:17:53
36	Mark Miller	M	51	1:18:10
37	Andrew Pittiros	M		1:18:10
38	Anthony Ducomb	M	53	1:18:19
39	Sarah Dillingham ^⑤	F	27	1:18:33
40	Melody Davila	F	22	1:19:34
41	Nathalie Bera	F	37	1:19:44
42	David Kane	M	53	1:20:15
43	Tom Pang	M	46	1:20:20
44	Peter Royce	M	68	1:20:23
45	Carroll Ashby	M	46	1:21:07
46	James McCormick	M	30	1:21:34
47	Tom Keller	M	30	1:22:40

59	John Stauffer	M	51	1:26:39
60	Judith Nitchie	F	45	1:27:02
61	Steve Nissenson	M	55	1:27:04
62	Karen Jaber	F	45	1:27:09
63	Yong Cho	F	45	1:27:38
64	Amy Chamberlain	F		1:27:59
65	Mark Goldrosen	M	47	1:28:28
66	Robert Hemstock	M	55	1:28:49
67	Yvette Johnson	F	40	1:29:32
68	Heidi Whalen	F	42	1:29:44
69	Mike Webb	M	54	1:30:04
70	Ben Courtney	M		1:31:05
71	Michelle Rowe	F	33	1:31:11
72	Edwardo Carranza	M		1:31:59
73	Kim Taylor	F	38	1:32:00
74	Paul Mosel	M	61	1:32:05
75	David Gouden	M		1:32:39
76	Max Nichols	M	11	1:32:43
77	Aza Ziegler	F	11	1:46:24
78	Hailey Hayman	F	11	1:46:28
79	April Lax	F		1:46:48
80	Jack Ziesing	M	11	1:46:50
81	Jenn Khois	F	42	1:46:51
82	Jeff Houston	M	45	1:36:08
83	Doug Akagi	M	59	1:37:12
84	Paul Berg	M	50	1:37:29
85	Patrick F. Cuneen	M	69	1:39:19
86	William Galvin	M	32	1:39:32
87	Elaine Owyang	F		1:42:41
88	Yvonne Kimball	F	24	1:43:40
89	Brenda Donato	F	32	1:43:41
90	Dawn Griffin	F	44	1:45:59
91	Keena Golden	F	31	1:46:18
92	Bob Toulter	M		1:46:49
93	Gregg Turner	M	46	1:47:22
94	Mike Pechner	M		1:48:07
95	Inga Madden	F	44	1:47:28
96	Steve Lawrence	M		1:49:48
97	Gary Davis	M	51	2:01:46
98	Ann Brower	F	32	2:11:00
99	Dennis Hassler	M	69	2:11:00

SELF TIMERS

Nick Oseda
Kelli Cuneen
Susan Herder
Bobby Marty

Conservatory 5K - June 8, 2003

PI	Name	G	Age	Time
1	Javier Alonso	M	33	17:33
2	Dan Martinelli	M	46	17:37
3	Geoff Jones	M		18:00
4	Reese Laughlin	M		18:10
5	Colin Heckman	M	17	18:39
6	Mike Boutilette	M		18:51
7	Marc Forde	M	43	19:23
8	Frank Bartyczak	M	55	19:42
9	Aaron Kohr	M	38	19:47
10	James Eales	M	43	19:54
11	Mark Janes	M		20:01
12	David Parrish	M		20:05
13	Matthew Butrimovitz	M	13	20:07
14	Helen Gruneisen ^①	F	18	20:18
15	Karin von Usklar ^②	F	22	20:32
16	Larry Wuerstle	M	47	20:48
17	Igor Ermilov	M	42	20:56
18	Stu Sofield	M		21:00
19	Matthew Stringer	M	27	21:05
20	Hermann Wackler	M	57	21:25
21	Jerry McGowan	M	65	21:33
22	Marie Appel ^③	F	38	21:41
23	Dan Shalom	M	51	22:06
24	Tina Sandidge ^④	F		22:24
25	Paul Mosel	M	61	22:30
26	Bernie Michael	M	50	22:36
27	Julius Schillinger	M	56	22:39
28	Steve Nissenson	M	55	22:49
29	Luis Rodriguez	M		23:01
30	Pauline Dillon ^⑤	F	37	23:11
31	Keith Johnson	M	65	23:25
32	Walt Kohnert	M	56	23:58
33	Ken Reed	M	58	24:07
34	Sam Stevenson	M	69	24:14
35	Lisa Griffin	F	38	24:26
36	Juliette Johnson	F	33	24:33
37	Paul Griffiths	M	41	24:37
38	Rene Menjivar	M	46	25:01
39	Norman Ching	M		25:15
40	Janet Nissenson	F	43	25:22
41	Lina Morris-Khatib	F		25:48
42	Michelle Smith	F		26:04
43	Yong Cho	F	45	26:07
44	William Hardle	M	48	26:42

56	Augie Perez	M		30:30
57	Kathryn Hyde	F		30:43
58	Bob Cantwell	M	70	30:48
59	George Sacco	M	65	31:00
60	Sarah Blaschko	F		31:04
61	Laurence Hurdle	M	14	31:07
62	Jeff Houston	M	45	31:30
63	Don Watson	M	74	32:53
64	Tim Oliver	M	37	34:27
65	Ursula Bernhart	F	62	34:45
66	Bruce Oliver	M		37:32
67	Bob Theis	M	74	39:06
68	Katherine Lewis	F		40:30
69	Kalyn S.	F	31	40:30
70	Ana K.	F		40:30
71	April Chun	F		40:54
72	William Bernick	M	13	40:54

SELF-TIMERS

Ed Olkowski (54:22)
 Ted Vincent
 Yolanda Kohnert
 Jane Colman
 Richard Hannon
 Leonard Cascio
 Gary Davis
 Dina Kovash
 James O'Donnell
 Louise Chu
 Sabrina Young

Walt Stack 10K - June 15, 2003

Pl	Name	G	Age	Time
1	Jan Flanigan	M	53	39:52
2	B. J. Siegel	M	33	40:56
3	Jim Tesar	M	42	41:08
4	Adolfo Lim	M	32	43:24
5	Aaron Kohr	M	38	43:25
6	Mark Peterson	M		44:25
7	Larry Wuerstle	M	47	44:47
8	Michael Sweet	M	33	45:26
9	Daryl Luppino	M	43	45:41
10	Ken Perry	M	55	46:05
11	Drina Broban ❶	F		46:39
12	David Steele	M		46:41
13	Jack Major	M	50	48:43
14	Ed Kinchley	M	54	48:50
15	Paul Mosel	M	61	49:26
16	Sam Roake	M	67	50:21
17	Steve Nissenson	M	55	50:28
18	David Klinetobe	M	42	50:36
19	Kathleen Lail ❷	F	35	51:08
20	Brian Kelly	M	60	51:17
21	Janet Kelly ❸	F	53	51:26
22	Joshua Lail	M	30	51:36
23	M. McCormick	M	40	51:48
24	Yong Cho ❹	F	45	52:23
25	Rene Menjivar	M	46	55:06
26	Venu Riggio	M	50	56:00
27	Paul Griffiths	M	41	56:28
28	Janet Nissenson ❺	F	43	57:11
29	Tony Wasserman	M	58	57:25
30	Michelle Smith	F		58:36
31	Raymond Lee	M		58:48
32	Lorena Wong	F	42	59:39
33	Lina Morris-Khatib	F		1:00:33
34	Elaine Mah	F	41	1:00:34
35	Felipe Rubalcava	M	11	1:03:03
36	Damian Rubalcava	M	9	1:03:10
37	Francisco Rubalcava	M	31	1:03:11
38	Bill Woolf	M	68	1:03:54
39	N. March		33	1:05:28
40	Dana Claycomb	F	41	1:09:03
41	Harry Cordellos	M	65	1:09:25
42	Gregory Brown	M	53	1:09:25
43	Ted Vincent	M	67	1:09:28
44	Jane Colman	F	60	1:10:32
45	Carol L. McCormick	F		1:12:58
46	Tim Oliver	M		
47	Bruce Oliver	M		

SELF TIMERS

Susan Herder
Henry Black - 69
Priscilla Black - 71
Tom Boyd - 57
Gregory Brown - 53
Neil Mahoney
Tony Stratta - 73 (1:59:50)
Richard Hannon - 67
Ursula Bernhart - 62
Bob Theis - 74
Robert Brizuela (1:26:45)
Bobby Marty - 74
Ken Reed - 57
Jim Pommier - 70
Wally Rapozo - 74
Liese Rapozo - 75
Don Watson - 74
Brie Reybine

Daly City Scenic Run, 6.8 miles - June 22, 2008

Pl	Name	G	Age	Time
1	Eradio Sanchez	M	24	43:17
2	Marc Forde	M	43	48:57
3	Michael Sweet	M	33	51:56
4	Larry Wuerstle	M	47	51:56
5	Mark Janes	M		53:00
6	Donna Hinshaw ¹	F	48	54:09
7	Herman Escajadillo	M	52	54:16
8	Marvin Webb	M	53	54:45
9	Daryl Luppino	M	43	55:53
10	Jerry McGowan	M	65	55:54
11	Rene Menjivar	M	46	58:28
12	Paul Mosel	M	61	58:37
13	Peter Royce	M	68	59:22
14	Pablo Sanchez	M	24	59:33
15	Rob Mark	M	27	1:00:13
16	Cammie Dingwall ²	F		1:00:15
17	David Klinetobe	M	42	1:00:21
18	Kevin Lee	M		1:01:37
19	Yong Cho ³	F	45	1:01:52
20	Sam Stevenson	M	69	1:03:16
21	Janet Nissenson ⁴	F	43	1:05:24
22	Paul Griffiths	M	42	1:09:25
23	Michelle Smith ⁵	F		1:11:10
24	Richard Parker	M	57	1:12:04
25	Jeff Houston	M	45	1:12:48
26	April Lax	F		1:13:25
27	Olivia Horgan	F	29	1:13:44
28	Felipe Rubalcava	M	11	1:15:02
29	Damian Rubalcava	M	9	1:15:10
30	Francisco Rubalcava	M		1:15:11
31	Susan Herder	F		1:15:14
32	Brie Reybine	F		1:15:30
33	Bill Woolf	M	68	1:17:03
34	Jim Kauffold	M	65	1:17:33
35	George Sacco	M	65	1:24:51
36	Dina Kovash	F	64	1:37:12

SELF TIMERS

Ken Reed - 58
 Lucy Wing
 Barbara Bernhart - 64
 Tony Stratta - 73 (2:26:30)
 Robert Brizuela
 Bill McGowan
 Don Watson - 74
 Jane Colman - 60
 Neil Mahoney
 Kenneth Fong
 Bobby Marty - 74
 Robert Rush
 Jim Pommier
 Richard Finley

Lake Merced Run, 4.5 miles - July 4, 2003

Pl	Name	G	Age	Time
1	John Gaudette	M	17	26:09
2	Andy Sobozinsky	M	42	27:01
3	Tyler Abbott	M	42	27:26
4	Maggie Visser ^①	F	34	27:33
5	Andrew Bloch	M		28:01
6	Michael Regan	M		28:13
7	Marc Forde	M	43	28:30
8	Jean-Claude Travers	M		28:39
9	Jennifer Major ^②	F	26	28:52
10	Thom Fox	M	49	28:55
11	James Eales	M	43	29:02
12	Wayne Plymale	M	51	29:04
13	Michael Becker	M	45	29:38
14	Michael Sweet	M	33	31:27
15	Gene French	M	56	31:39
16	Kyle Drewes	M	13	32:18
17	Amy Pearson ^③	F	28	32:20
18	Robert McPhail	M	38	32:57
19	Mark Magers	M	45	33:08
20	Amy Sonstein ^④	F	33	33:16
21	Tom McCarthy	M	57	33:19
22	Steve Nissenson	M	55	33:26
23	Julius Schillinger	M	56	33:53
24	Theo Jones	M	64	34:15
25	David Shackelford	M	15	34:22
26	Lina Morris-Khatib ^⑤	F		34:23
27	Rick Nippes	M	55	35:06
28	Byron Kuntz	M		35:07
29	Gregory Brown	M	54	35:32
30	Ben Pechner	M	16	35:45
31	Denise Leo	F	27	35:46
32	Robert L. Pardell	M	47	35:57
33	Yong Cho	F	45	36:01
34	Fred Haber	M	43	36:02
35	Ron Case	M	58	36:45
36	Michelle Smith	F		37:04
37	Jenny Alkema	F		37:12
38	Jim McBride	M	60	38:19
39	Judith Nitchie	F	45	38:23
40	Tony Wasserman	M	58	38:28
41	Kimberly Persiani	F	32	38:46
42	Randy Drewes	M	56	38:47
43	Janet Nissenson	F	43	39:20
44	Robert Archibald	M	46	39:32

56	Joan R. Reiss	F	65	43:57
57	Nadeem Makolla		32	44:10
58	Bobby Marty	M	74	44:13
59	Robert Bregan	M	60	44:15
60	George Sacco	M	65	44:48
61	Jane Colman	F	60	44:54
62	Augie Perez	M	72	45:10
63	Stephen Miller	M	33	45:36
64	Deborah Nielsen	F	48	47:28
65	Ursula Bernhart	F	62	47:46
66	April Lax	F	40	47:53
67	Sandy Cortez	F	59	48:14
68	Katie Shackelford	F	12	49:01
69	Don Watson	M	74	49:06
70	Ted Vincent	M	67	50:14

SELF-TIMERS

Patrick Lee - 55
Jane Lee
Tom Boyd
Neil Mahoney
Tony Stratta - 72
Lucky McGowan
Barbara Bernhart - 64
Henry Black - 69
Priscilla Black - 71
Carolyn Smith - 54
Charlene Schmitz - 70
Jim Jacobs - 46 (38:03)
Doerte Murray - 62
Wendy Newman
Gary Davis
Bob Theis - 74
Bill McGowan
Mort Weisberg
Leonard Cascio
Hilary Fong - 44
Hashim Bashiruddin

Windmill Run, 6.5 miles - July 13, 2003

Pl	Name	G	Age	Time
1	Kevin Fortkiewicz	M		40:13
2	Andy Chan	M	32	40:54
3	Jim Tesar	M		42:35
4	Pete Nowicki	M	45	43:14
5	Marc Forde	M	43	43:47
6	Scott Ure	M		44:13
7	Tom Bennett	M	44	45:03
8	Michael Sweet	M	33	46:01
9	Larry Wuerstle	M	47	46:28
10	Jerry McGowan	M	65	48:24
11	Lina Morris-Khatib ¹	F		49:25
12	Randy Cobb	M	43	49:40
13	Mark Magers	M	45	50:04
14	Joshua Lail	M	30	50:31
15	Paul Mosel	M	61	51:06
16	Brett Stevenson	M	28	52:08
17	Rhonda Provost ²	F		52:41
18	Sam Roake	M	67	52:54
19	Kathleen Lail ³	F	35	53:16
20	Michael Jerry	M	53	54:40
21	Michael Faunt	M	39	55:08
22	David Klinetobe	M	43	55:16
23	Gregory Brown	M	54	55:40
24	Sean McAviney	M		55:48
25	Yong Cho ⁴	F	45	55:57
26	Rene Menjivar	M		56:06
27	Pam Berry ⁵	F		59:31
28	Malinda Walker	F	33	59:53
29	Paul Griffiths	M	42	1:04:29
30	Bob Cantwell	M	71	1:05:59
31	Susan Herder	F		1:06:03
32	Bob Morris-Khatib	M		1:06:03
33	George Sacco	M	65	1:07:52
34	Bob McKinley	M		1:09:28
35	Sam Berry	M		1:15:00
36	Karen Roberts	F	50	1:30:00
37	John Gregson	M	72	1:31:00
38	Ted Vincent	M	67	1:31:01

SELF TIMERS

Kathryn vonBlankenburg - 62
 Bobby Marty - 74
 Richard Hannon - 67
 Neil Mahoney
 Brie Reybine - 62
 Leonard Cascio
 Bob Theis - 74
 Wendy Newman
 Tony Stratta - 1:58:20
 Mort Weisberg
 Ursula Bernhart - 62
 Wally Rapozo - 74
 Liese Rapozo - 75
 Doerte Murray - 62
 Ken Reed

Presidio Gate Run, 3.3 miles - July 20, 2003

Pl	Name	G	Age	Time
1	Andrew Bloch	M		21:29
2	Pete Nowicki	M	45	22:16
3	James Eales	M	43	22:24
4	Jim Flanigan	M		22:27
5	Paul Zager	M	40	23:19
6	Christopher Reisinger	M	26	23:34
7	Larry Wuerstle	M	47	23:55
8	Randy Cobb	M	48	24:13
9	Joshua Lail	M	30	24:17
10	Jerry McGowan	M	65	24:21
11	Amy Sonstein①	F	33	24:32
12	Kyle Drewes	M	13	25:08
13	Michael Sweet	M	33	25:09
14	Steve Nissenson	M	55	25:32
15	Lina Morris-Khatib②	F		26:23
16	David Mackesey	M	47	26:26
17	Theo Jones	M	64	26:48
18	Ken Reed	M	58	27:14
19	Gregory Brown	M	54	27:40
20	Kathleen Lail③	F	35	27:55
21	Michelle Smith④	F		28:24
22	Randy Drewes	M	56	28:38
23	Sean AcAviney	M		29:03
24	Paul Griffiths	M	42	29:10
25	Tom O'Brien	M		29:26
26	Kevin O'Flaherty	M	34	29:29
27	Jack Bascom	M	62	29:31
28	Jenny Aikema⑤	F	30	29:47
29	Janet Nissenson	F	43	30:08
30	Bob Morris-Khatib	M		30:13
31	Christie Trott	F	37	30:49
32	Kenneth Fong	M	41	31:30
33	Martha Abbene	F	47	31:45
34	Rene Menjivar	M	46	31:56
35	Celeste Teters	F	51	32:23
36	Jeanie Kayser-Jones	F	67	33:03
37	Kathryn Hyde	F	49	33:09
38	Barb Galvin	F	33	33:14
39	Doerte Murray	F	62	33:21
40	Bill Woolf	M	68	33:23
41	Cindy McHale	F	37	33:35
42	Bobby Marty	M	74	33:38
43	Bob Cantwell	M	71	33:59
44	Jeff Houston	M	45	34:31

Tony Stratta - 73
Leonard Cascio
Elaine Gecht - 52
Bob Theis - 74
Ted Vincent - 67
Kathryn vonBlankenburg
Len Goldstein
Sasha Vitomski
Neil Mahoney
Joe Oakes - 69
Calvin Chan
Wayne Plymale - 51
Richard Hannon - 67

Ballpark 7K - August 3, 2003

PI	Name	G	Age	Time
1	Eradio Sanchez	M	25	27:40
2	Victor Rodriguez	M	55	27:50
3	Mark Janes	M		28:11
4	Bill Marlow	M	59	28:20
5	David Dawson	M	47	29:26
6	Michael Sweet	M	33	29:49
7	Randy Cobb	M	48	30:00
8	Jerry McGowan	M	65	30:14
9	Hashim Bashiruddin	M		30:29
10	Randy Smith	M	44	31:17
11	Keith Johnson	M	65	31:24
12	Mark Magers	M	45	31:30
13	Steve Nissenson	M	55	31:54
14	Carlos Sanchez	M	30	32:01
15	Kyle Drewes	M	13	32:04
16	Cammie Dingwall ①	F		32:51
17	Lina Morris-Khatib ②	F		33:12
18	Rick Nippes	M	55	33:17
19	Rene Menjivar	M	46	33:27
20	Kathleen Lail ③	F	35	33:41
21	Don Robinson	M		34:03
22	Gregory Brown	M	53	34:12
23	Michelle Smith ④	F		34:21
24	Bryan Kuntz	M	28	35:12
25	Sean McAviney	M	56	35:15
26	Michael Sovik	M	37	35:36
27	Todd Robinson	M	46	35:50
28	Randy Drewes	M		35:58
29	Janet Nissenson ⑤	F	43	36:19
30	Allison Groves	F	39	36:25
31	Jack Bascom	M	62	36:35
32	Olivia Horgan	F	30	37:58
33	Bob Morris-Khatib	M		38:48
34	Russell Breslauer	M	58	38:59
35	Paul Griffiths	M	42	40:41
36	Doerte Murray	F	62	40:47
37	Jeff Houston	M	45	42:05
38	Bill Woolf	M	68	42:11
39	Don Watson	M	74	42:22
40	Jane Colman	F	60	42:33
41	Kay Teiber	F	63	42:39
42	Jeanie Jones	F		42:50
43	Jen Teas	F	29	44:09
44	Mimi Ting	F	29	44:10
45	John Gregson	M	72	49:55
46	Zachary Kopstein	M	5	51:40
47	Manny Kopstein	M	60	51:41
48	Cary Gatenby	F	37	51:42

SELF TIMERS

Bobby Marty - 74
 Theo Jones - 64
 Lucy Wing - 46
 Calvin Chan
 Neil Mahoney
 Ellen Breslauer - 55
 Ken Reed - 58
 Leonard Cascio
 Hilary Fong - 44 (45:00)
 Debra Sweet - 33
 Bob Theis - 74

DSE Memorial Run, 4.5 miles - August 10, 2003

Pl	Name	G	Age	Time
1	Eradio Sanchez	M	25	27:32
2	Marc Forde	M	43	29:34
3	Victor Rodriguez	M		29:39
4	Bill Marlow	M	59	30:01
5	Michael Sweet	M	33	30:08
6	Jesse R.	M	41	31:08
7	Larry Wuerstle	M	47	31:50
8	Jerry McGowan	M	65	31:57
9	Daryl Luppino	M		32:14
10	Luis Vargas	M	47	32:32
11	Lorenzo	M		32:59
12	Carlos Hernandez	M	30	33:36
13	Ed Kinchley	M	54	33:40
14	Paul Mosel	M	61	33:50
15	Steve Nissenson	M	55	33:57
16	Hashim Bashiruddin	M	46	34:32
17	Pablo Garcia	M	25	35:17
18	David Klinetobe	M	42	35:28
19	Cammie Dingwall ¹	F		35:36
20	Todd Robinson	M	46	36:09
21	Sean McAviney	M	56	36:45
22	Allison Groves ²	F	39	36:53
23	Michael Sovik	M	37	37:42
24	Peter Royce	M	68	37:44
25	Randy Drewes	M	56	37:54
26	Janet Nissenson ³	F	43	37:57
27	Jenny Alkema ⁴	F		38:09
28	Kathleen Lail ⁵	F	35	38:33
29	Norman Ching	M	56	40:11
30	Tony Wasserman	M	58	40:23
31	Kenneth Fong	M	41	43:07
32	Kevin Lee	M		43:08
33	Lynne Giere	F	36	43:11
34	Bill Woolf	M	68	44:02
35	Bob Cantwell	M	71	44:50
36	George Sacco	M	65	46:18
37	Kay Teiber	F	64	46:27
38	Tim Oliver	M	37	47:46
39	Thomas F.M.	M	33	48:02
40	Richard Finley	M	55	48:59
41	Bobby Marty	M	74	49:30
42	Ursula Bernhart	F	62	51:29
43	Judith Jarosz	F		53:08
44	Bruce Oliver	M		54:49

SELF TIMERS

Bob Theis - 74
 Calvin Chan
 Lucy Wing - 46
 Ken Reed - 58
 Don Robinson
 Alexandra Dixon - 42 (53:39)
 Gary Davis
 Wally Rapozo - 75
 Neil Mahoney
 Doerte Murray - 62
 Mort Weisberg
 Wendy Newman
 Richard Hannon - 67
 Len Goldstein
 Leonard Cascio
 Liese Rapozo

San Bruno Mountain 5K - August 24, 2003

Pl	Name	G	Age	Time
1	Stephen Boesch	M	35	20:32
2	Larry Wuerstle	M	47	23:11
3	Phil Melman	M		24:38
4	Keith Johnson	M		25:00
5	Ken Klein	M	50	25:25
6	Lina Morris-Khatib①	F		25:26
7	David Ohlson	M	28	25:36
8	Sam Roake	M	67	27:29
9	Elrose Connolly②	F	29	28:14
10	Julius Schillinger	M	56	28:18
11	Chris Kalos	M	26	29:10
12	David Bergum	M	42	29:30
13	Bob Morris-Khatib	M		30:24
14	Martha Abbene③	F	47	31:09
15	Steven Kalos	M	40	31:20
16	Molly Attell④	F	53	31:26
17	William Galvin	M	32	31:51
18	Richard Finley	M	55	34:58
19	Bobby Marty	M	74	35:22
20	Mike Miller	M	34	35:48
21	Marcia Martin⑤	F	51	35:55
22	Bruce Oliver	M	75	36:42
23	Tim Oliver	M	37	36:46
24	Ursula Bernhart	F	62	38:16
25	Souri Challa	F		38:32
26	Penny O'Conner	F	56	43:21
27	John Gregson	M	72	43:26

SELF-TIMERS

Neil Mahoney
Leonard Cascio
Priscilla Black
Henry Black

San Bruno Mountain Half-Marathon - August 24, 2003

Place	Name	Age	Gender	Time	Actual Time
1	Kiernan, Russ	65	m	1:16:16	1:15:16
2	Burns, Jack	60	m	1:21:29	1:56:29
3	Berns, Jamie	52	f	1:24:13	1:59:13
4	McGowan, Gerald	65	m	1:32:15	2:05:15
5	Hegley, Douglas	41	m	1:32:58	1:38:58
6	Hollander, Bernie	67	m	1:34:38	2:09:38
7	Pommier, Jean	39	m	1:38:06	1:38:06
8	Levenson, Maryann	43	f	1:42:18	2:10:18
9	Melendez, Juan	46	m	1:44:54	1:50:54
10	Song, Bea	42	f	1:46:35	2:14:35
11	Brown, Doreen	37	f	1:46:36	2:04:36
12	Eales, James	43	m	1:46:43	1:52:43
13	Peck, Ron	61	m	1:46:48	2:21:48
14	Rich, Ashley	25	f	1:47:11	2:15:11
15	Wajid, Yari	23	m	1:48:07	1:48:07
16	French, Gene	57	m	1:48:51	2:26:51
17	Reck-Peterson, Sam	32	f	1:51:23	2:09:23
18	Shapiro, Jeff	48	m	1:51:57	2:01:57
19	Karnazes, Dean	37	m	1:52:02	1:52:02
20	Parrish, David	29	m	1:53:43	1:53:43
21	Jegan, Christine	37	f	1:54:08	2:12:08
22	Spriggs, John	42	m	1:54:16	2:02:16
23	Bond, Doug	40	m	1:55:07	2:01:07
24	Reed, Ken	58	m	1:58:03	2:26:03
25	Acuna, Einar	41	m	1:58:30	2:26:03
26	Anderson, James	43	m	1:59:33	2:05:33
27	Schulze, Frances	49	f	2:01:19	2:29:19
28	Oreste, Phil	36	m	2:01:39	2:01:39
29	Parkinson, Frederick	38	m	2:02:30	2:02:30
30	Dingwall, Cammie	40	f	2:02:44	2:30:44
32	Brethauer, Jane	50	f	2:03:04	2:38:04
32	Troyna, Donna	49	f	2:03:39	2:21:39
33	Luppino, Daryl	43	m	2:03:49	2:09:49
34	McManus, Thomas	33	m	2:04:14	2:04:14
35	Storm, Roger	37	m	2:11:57	2:11:57
36	Bashiruddin, Hashim	46	m	2:12:55	2:22:55
37	Reybine, Brierly	64	f	2:13:12	2:58:12
38	Vargas, Luis	46	m	2:13:13	2:23:13
39	Lo, Cynthia	31	f	2:14:18	2:32:18
40	Feamster, Scott	59	m	2:15:51	2:43:51
41	Haber, Fred	43	m	2:16:29	2:22:29
42	Beck, Reinhard	38	m	2:16:34	2:16:34
43	Menjivar, Rene	46	m	2:18:15	2:28:15
44	Gould, Eric	45	m	2:18:42	2:28:42
45	Liu, David	31	m	2:19:53	2:19:53
46	How Yan, Gilberg	41	m	2:21:01	2:27:01
47	Sacman, Michelle	30	f	2:22:18	2:40:18

48	Holzman, Sarah	30 f	2:22:19	2:40:19
49	Nguyen, Megan	35 f	2:22:20	2:40:20
50	Wong, Pat	24 m	2:24:41	2:24:41
51	Magers, Mark	45 m	2:24:59	2:34:59
52	Woolf, Bill	68 m	2:27:02	3:02:02
53	Klinetobe, David	42 m	2:31:27	2:37:27
54	Mahoney, Nicole	32 f	2:31:38	2:49:38
55	Quy, Tom	29 m	2:37:00	2:37:00
56	Romero, Maria	38 f	2:38:46	3:13:46
57	Cherian, Joe	30 m	2:39:49	2:39:49
58	Wheatley, Jamie	22 f	2:40:58	2:58:58
59	Lee, Burton	31 m	2:41:14	2:41:14
60	Powers, Tanya	42 f	3:05:19	3:33:19
61	Bishop, Elizabeth	40 f	3:05:20	3:33:20
62	Jannson, Desiree	40 f	3:05:21	3:33:32
63	Lunsford, Kimberly	40 f	3:05:22	3:33:22
64	Renta, Mike	29 m	3:27:22	3:27:22
65	Koga, Elaine	61 f	3:27:33	4:12:23

Self-Timers

Mort Weisberg - 60
 George Sacco - 65
 Paul Mosel - 61
 Michael Sweet - 33
 Cheryl Ferrari - 36
 Yong Cho - 45
 Vanessa Hong - 25
 Raaj Gopal - 49
 Eloise Connolly - 29
 Liz Aquila - 42
 Peter Royce - 68
 Randy Cobb - 48
 Sarah Holzman - 30
 Leonard Whitney - 48
 David Ohlson - 28

Potrero Hill 4 miles - August 31, 2003

Pl	Name	G	Age	Time
1	David Moulton	M	36	25:19
2	Stephen Boesch	M	36	25:45
3	Juan Melendez	M	46	26:13
4	Steve Stephens	M	59	26:28
5	Mark Janes	M		26:40
6	Ben L. Gutman	M	29	26:46
7	Thom Fox	M	50	28:09
8	Luis Vargas	M	46	28:27
9	Randy Cobb	M	48	28:56
10	Tom Bennett Jr.	M		29:16
11	Jerry McGowan	M	65	29:17
12	Matthew Butrimovitz	M	13	30:08
13	Mark Magers	M	45	30:34
14	Ken Reed	M	58	31:00
15	Steve Nissenson	M	55	31:06
16	Kyle Drewes	M	13	31:41
17	Lina Morris-Khatib①	F		31:42
18	Theo Jones	M	64	31:52
19	Diego Salalo	M	35	31:55
20	Sean McAviney	M	56	32:30
21	Kate Hammerstein②	F		32:36
22	Rene Menjivar	M	46	33:10
23	Joshua Lail	M	30	33:18
24	Randy Drewes	M	56	33:22
25	Gregory Brown	M	54	33:34
26	Kathleen Lail③	F	35	33:37
27	Brice Hammerstein	M		34:12
28	Kenneth Fong	M	41	35:19
29	Jenny Alkema④	F	30	35:57
30	Jack Bascom	M	62	36:06
31	Olivia Horgan⑤	F		36:10
32	Paul Griffiths	M	42	36:42
33	Jeremy Rock	M	42	36:49
34	Miriam Butrimovitz	F	52	38:53
35	Martha Abbene	F	47	38:58
36	Bob Morris-Khatib	M		39:37
37	Jacky Devereux	M	48	40:13
38	Bobby Marty	M	74	41:41
39	Don Watson	M	74	44:32
40	Michael Szeto	M	16	45:03
41	Jane Colman	F	60	45:23
42	Susan Herder	F		45:40
43	Peter Royce	M	68	45:47
44	Brian Szeto	M	14	47:51
45	John Gregson	M	72	49:04
46	Elaine Koga	F	61	49:04
47	Tim Oliver	M	37	57:46

SELF TIMERS

Calvin Chan 52
Mort Weisberg
Thomas Boyd - 57
Bill Woolf - 68
Jim Pommier - 70
Doerte Murray - 62
Leonard Cascio
Tony Stratta - 73
Bruce Oliver - 75

South Embarcadero Run, 6.25 miles - September 7, 2003

Pl	Name	G	Age	Time
1	David Moulton	M	36	39:49
2	Juan Melendez	M	46	40:35
3	Jim Tesar	M	42	42:25
4	Mark Janes	M		42:57
5	Tom Bennett Jr.	M		43:43
6	Luis Vargas	M	46	43:54
7	Larry Wuerstle	M	47	44:53
8	Daryl Luppino	M	43	44:57
9	Stu Sofield	M	49	47:17
10	Steve Nissenson	M	55	47:41
11	Bob Akers	M	47	48:19
12	Joshua Lail	M	30	49:15
13	Lina Morris-Khatib①	F		49:28
14	Diego Salalo	M	35	50:09
15	Ken Reed	M	58	50:44
16	Trisha Martin②	F	26	51:07
17	David Klinetobe	M	42	51:14
18	Kathleen Lail③	F	35	51:32
19	Yong Cho④	F	45	53:31
20	Janet Nissenson⑤	F	43	53:36
21	Peter Royce	M	68	54:01
22	Jenny Alkema□	F	30	55:34
23	Toby Silver	M	36	55:55
24	Jason Wilk	M	29	55:55
25	Eric Sherman	M	30	55:58
26	Ruth Dineen	F	21	56:05
27	Norman Ching	M		56:08
28	Leah Weaver	F	29	57:19
29	Olivia Horgan□	F	30	59:52
30	Bob Morris-Khatib	M		59:54
31	Mike Bates	M	44	1:00:54
32	Bill Woolf	M	68	1:03:04
33	Cevie Toure	F	25	1:03:32
34	Marian Lyons	F		1:03:33
35	Kay Teiber	F	64	1:07:37
36	Ted Vincent	M	64	1:08:15
37	George Sacco	M	65	1:09:20
38	Kevin Lee	M		1:09:25
39	Richard Finley	M	55	1:09:37
40	Gary Davis	M		1:10:49
41	Shanna K.	F	30	1:16:29
42	Elaine Koga	F	61	1:18:59

SELF TIMERS

Jane Lee
 Patrick Lee - 55
 John Gregson - 72
 Robert Brizuela - 63 (1:19:50)
 Jim Pommier - 70
 Bob Theis - 74
 Bobby Marty - 74
 Wayne Plymale - 51
 Neil Mahoney

6-Hour Distance Classic - September 14, 2003

Pl	Name	G	Age	Laps	Miles
1	Colin Soloman	M	38	56	44.13
2	Ray Piva	M	77	42	32.68
3	Ron Vertrees	M	66	37	29.16
4	Mark Jackson	M	37	37	29.16
5	Nicole Mahoney	F	32	35	27.58
6	Jane Colman	F	60	30	23.64
7	Elaine Koga	F	61	30	23.64
8	Paul Zager	M	46	30	23.64
9	Bobby Marty	M	74	26	20.49
10	Usha Misha	F	31	26	20.49
11	Paul Mosel	M	61	26	20.49
12	Ted Vincent	M	67	25	19.7
13	Doug Bond	M	40	24	18.91
14	John Gregson	M	72	24	18.91
15	Yong Cho	F	45	22	17.34
16	Wally Rapozo	M	75	21	16.55
17	Liese Rapozo	F	76	21	16.55
18	Elaine Mah	F	41	21	16.55
19	Jean Pommier	M	39	20	15.76
20	Fred Haber	M	43	17	13.4
21	Malinda Walker	F	33	17	13.4
22	Gene French	M	57	17	13.4
23	Theo Jones	M	64	17	13.4
24	Patrick Mattimore	M	53	17	13.4
25	Kathryn vonBlankenburg	F	62	15 1/3	12.08
26	Robert Brizuela	M	63	15	11.82
27	Lina Morris-Khatib	F	42	10	7.88
28	Bob Morris	M	52	8	6.3
29	Doug Brown	M	52	6	4.73
30	Mark Magers	M	45	6	4.73
31	Robert Archibald	M	46	5	3.94
32	Kevin Lee	M	44	2	1.58
33	George Rehmet	M	36	2	1.58
34	Ken Reed	M	57	1	.79
35	Jim Pommier	M	70	1	.79
36	Lucy Wing	F	46	1	.79

Polo Field 5K - September 14, 2003

Pl	Name	G	Age	Time
1	Stephen Boesch	M	36	18:32
2	Mark Janes	M		19:54
3	Larry Wuerstle	M	47	21:01
4	Jerry McGowan	M	65	21:56
5	Mark Magers	M	45	22:09
6	Dan Shalom	M	51	22:25
7	Pauline Dillon①	F	37	22:38
8	Keith Johnson	M	65	22:40
9	Kyle Drewes	M	13	22:47
10	Julius Schillinger	M	56	23:18
11	Steve Nissenson	M	55	23:34
12	Toby Silver	M	36	24:25
13	Rene Menjivar	M		24:36
14	Carol Burnham②	F	42	25:54
15	Janet Nissenson③	F	43	26:00
16	Norman Ching	M		26:12
17	Jack Bascom	M	62	26:14
18	Maria Morales④	F		26:26
19	Gregory Brown	M		26:46
20	Randy Drewes	M	56	26:52
21	Doug Brown	M	52	28:11
22	Russell Breslauer	M	58	28:22
23	Bill Woolf	M	68	29:58
24	Kathryn Hyde⑤	F	49	30:24
25	Cevie Toure	F	25	30:28
26	Marian Lyons	F		30:30
27	Tim Oliver	M	37	32:08
28	Marcia Martin	F	51	32:57
29	Ursula Bernhart	F	63	33:34
30	Joan Reinhardt Reiss	F	66	33:35
31	Gary Davis	M		33:58
32	Don Watson	M	74	34:10
33	Joan Gelfano	F	48	34:24
34	Olivia Horgan	F		34:42
35	Bruce Oliver	M		35:53
36	Judith Jarosz	F		39:30

SELF-TIMERS

Elaine Gecht - 59
 Doerte Murray - 62
 Neil Mahoney
 Ellen Breslauer - 55
 Wendy Newman
 Lucky McGowan
 Bill McGowan
 Barbara Bernhart

Golden Gate Bridge Vista Run, 5.04 miles - January 19, 2003

Pl	Name	G	Age	Time
1	Cedric Barre	M	24	30:56
2	Ana L. Martinez ¹	F	22	31:40
3	David Parrish	M	29	33:10
4	Andy Chan	M	32	34:15
5	George Rehmet	M	36	35:23
6	Larry Wuerstle	M	47	36:37
7	Randy Cobb	M	47	36:42
8	Jerry McGowan	M	64	36:54
9	Hermann Wackler	M	57	37:44
10	Stan Yasuhara	M	52	38:01
11	Keith Johnson	M	64	38:42
12	Adam Mumford	M		38:45
13	Mark Janes	M	27	39:24
14	Bob McShaw	M	38	39:25
15	Paul Davies	M	39	39:33
16	Tony Ruiz	M	47	39:39
17	John Weidinger	M	61	39:50
18	Jim McCormick	M	29	39:51
19	Dick Parker	M	57	39:52
20	Jeremy Dudley Rock	M	41	39:57
21	Francisco Juarez	M	35	40:03
22	Rene Menjivar	M	46	40:09
23	Todd Robinson	M	46	40:29
24	Jeff Chiou	M	32	40:44
25	Malinda Walker ²	F	33	41:07
26	Pauline Dillon ³	F	37	41:37
27	Sam Roake	M	66	41:44
28	Hashim Bashiruddin	M	45	41:58
29	Peter Royce	M	68	42:35
30	Kathleen Lail ⁴	F	34	42:57
31	Dale Wannan	M	26	43:23
32	Janet Nissenson ⁵	F	43	43:53
33	Marvin Webb	M	53	44:04
34	Mark Magers	M	44	44:05
35	Mark Newman	M		44:43
36	Yong Cho	F	44	45:12
37	Fred Haber	M	43	45:13
38	Wendy Newman	F	52	45:16
39	Lillian Alfaro	F	20	45:17
40	Sulan Peebles	F	46	45:20
41	My Sung	M		45:22
42	Jim McBride	M	60	46:48
43	Hilary Fong	F	44	46:54
44	Mike Wallace	M	35	48:16

56	Brie Reybine	F	62	57:28
57	Tim Oliver	M	37	57:36
58	Susan Herder	F		57:38
59	Lou Fields	M	80	57:53
60	Elaine Koga	F	60	58:28
61	Jane Colman	F	59	58:52
62	Elaine Hecht	F	59	1:01:36
63	John Gregson	M	71	1:02:29
64	Bruce Oliver	M	74	1:02:57
65	Dina Kovash	F	64	1:09:31

SELF-TIMERS

William Galvin - 32
 Marian Lyons
 Doerte Murray - 62
 Jim Pommier - 70
 Stu Etzler
 Leonard Cascio
 Ballast Bob Theis - 74
 Ed Olkowski - 59
 Barbara Bernhart - 64

Lands End 5K - September 28, 2003*
 *course was long - appx. 3.5 miles

Pl	Name	G	Age	Time
1	Stephen Boesch	M	36	27:10
2	Thomas McManus	M	33	27:33
3	George Rehmet	M	36	28:50
4	Daryl Luppino	M	43	30:56
5	Phil Melman	M	38	31:31
6	Christopher Butera	M	25	31:55
7	Sara Jane Osbourne①	F	35	33:34
8	Pauline Dillon②	F		33:36
9	Paul Mosel	M	61	33:38
10	Rene Menjivar	M	46	33:58
11	Sam Roake	M	67	34:56
12	Lina Morris-Khatib③	F		35:32
13	David Klinetobe	M	42	35:38
14	Rick Nippes	M	55	35:51
15	Olivia Horgan④	F	30	36:31
16	Mark Janes	M		36:32
17	Mary Mendoza⑤	F		37:07
18	Norman Ching	M		37:16
19	Yong Cho□	F	45	38:08
20	Fred Haber	M	43	38:08
21	Stu Ruth	M	66	38:16
22	Peter Royce	M	68	38:47
23	Kevin Lee	M		38:59
24	Todd Robinson	M	47	40:01
25	Bob Morris-Khatib	M		41:26
26	Dennis Hassler	M	69	42:28
27	Jessica Shors	F	25	42:31
28	Bill Woolf	M	68	42:47
29	Richard Finley	M	55	43:41
30	Bobby Marty	M	75	44:19
31	Harry Cordellos	M		44:29
32	Theo Jones	M	64	44:29
33	Thomas Chuey	M		44:33
34	Jeff Houston	M	45	45:14
35	Susan Herder	F		45:20
36	Bruce Oliver	M		48:28
37	Calvin Chan	M	52	50:43
38	John Gregson	M	72	51:16
39	Barb Alder	F		53:12
40	Michelle Cataldo	F		53:13
41	Tim Oliver	M	37	54:12

SELF-TIMERS

Ping Tam
 Doerte Murray
 Neil Mahoney

Walt Stack 5K* - October 12, 3003
 *course was short by appx 1/2 mile

Pl	Name	G	Age	Time
1	Victor Rodriguez	M	55	15:59
2	Tom Bennett Jr.	M	44	16:47
3	Phil Melman	M	38	17:42
4	Marie Appel ¹	F	39	17:54
5	Pauline Dillon ²	F	37	18:18
6	Doug Brown	M		18:21
7	Patrick Lee	M	56	18:32
8	Sara Jane Osbourne ³	F		18:39
9	Sam Roake	M	67	19:48
10	Ken Reed	M	58	19:54
11	Peter Royce	M	68	20:07
12	Bob Morris-Khatib	M		21:57
13	Paul Mosel	M	61	22:12
14	Kay Teiber ⁴	F	64	24:13
15	Bill Woolf	M	68	24:28
16	Bobby Marty	M	75	25:25
17	Jeff Houston	M	45	27:26
18	George Sacco	M	65	27:30
19	Bruce Oliver	M		27:37
20	Tim Oliver	M	37	29:07
21	John Gregson	M	72	29:52
22	Judith Jarosz ⁵	F		30:08

SELF-TIMERS

Conrad vonBlankenburg - 63
 Kathryn vonBlankenburg - 62
 Rose Royce
 Brie Reybine
 Jane Lee - 55
 Ursula Bernhart - 63
 Doerte Murray - 63
 Richard Hannon - 68
 Wendy Newman
 Neil Mahoney
 Tony Stratta - 73 (56:20)

Stern Grove Run, 4 miles - October 19, 2003

Pl	Name	G	Age	Time
1	Cedric Barre	M		24:06
2	Ismail Jorio	M		24:41
3	Thomas McManus	M	33	26:02
4	Adam Lucas	M		26:36
5	David Hoatson	M	44	27:03
6	Mark Janes	M		27:12
7	Steve Stephens	M	57	27:19
8	Jim Buck	M	60	28:56
9	Michael Sweet	M	34	30:28
10	Stu Sofield	M		30:47
11	Bryan Kuntz	M	28	30:54
12	Pauline Dillon①	F	37	31:01
13	Hashim Bashiruddin	M	46	32:33
14	David Klinetobe	M	42	32:51
15	Lina Morris-Khatib②	F		33:56
16	Olivia Horgan③	F	30	35:04
17	Matt Holzer	M	29	35:08
18	Peter Royce	M	67	35:20
19	Gregory Brown	M	54	35:31
20	Amy Brewington④	F	31	35:36
21	Yong Cho⑤	F	45	35:59
22	Kevin Lee	M		36:01
23	Janet Nissenson	F	44	36:12
24	Tony Wasserman	M	58	36:14
25	Jenny Alkema	F		37:14
26	Bob Morris-Khatib	M		37:36
27	Camelo San Mamas	M	27	37:48
28	Jack Bascom	M	62	38:09
29	Jeff Houston	M	45	40:43
30	Bill Woolf	M	68	41:18
31	Bobby Marty	M	75	42:04
32	Coco	F	55	42:28
33	Brie Reybine	F		42:33
34	Tim Oliver	M	37	43:29
35	Don Watson	M	74	44:18
36	Bruce Oliver	M		46:23
37	John ?	M		49:45
38	Robert Ross	M	40	50:27
39	John Gregson	M	72	54:29

SELF TIMERS

John Lang - 64
 Tony Stratta - 73 (1:22:50)
 Tom Boyd
 Robert Brizuela 64 - (51:36)
 Bruce Schrader
 Jim Pommier - 70
 Doerte Murray - 63
 Neil Mahoney
 Conrad vonBlankenburg - 63
 Kathryn vonBlankenburg - 62
 Bob Theis
 Richard Hannon - 67

Rainbow Falls, 3 miles - October 26, 2003

Pl	Name	G	Age	Time
1	Bryan Bort	M		17:26
2	Cedric Barre	M	25	17:35
3	Adam Lucas	M		18:32
4	Thomas McManus	M	33	18:46
5	Pete Nowicki	M	45	19:17
6	Steve Stephens	M	55	19:32
7	Tom Bennett Jr	M	44	20:03
8	Matt Barger	M	46	20:21
9	Wayne Plymale	M	51	20:48
10	Larry Wuerstle	M	48	21:11
11	Phil Melman	M	38	21:24
12	Pauline Dillon ^①	F	37	22:03
13	Patrick Lee	M	56	22:20
14	Keith Johnson	M	65	22:21
15	Rick Nippes	M	55	22:48
16	Lina Morris-Khatib ^②	F		23:08
17	Jeremy Elsener	M	16	23:11
18	Allison Groves ^③	F	39	23:48
19	Sam Roake	M	67	23:49
20	Marian Lyons ^④	F		23:51
21	Scott Balentine	M	37	25:16
22	Don Elsener	M		25:27
23	Tony Wasserman	M	58	25:31
24	Janet Nissenson ^⑤	F	44	25:38
25	Michael Sovik	M	38	25:59
26	Jack Bascom	M	62	26:51
27	Russell Breslauer	M	58	26:59
28	Bob Morris-Khatib	M		27:16
29	Joe Minafo	M	46	27:26
30	Paul Griffiths	M	42	29:09
31	Bobby Marty	M	75	29:41
32	Bob Cantwell	M	71	31:10
33	Jane Colman	F	60	31:16
34	Kevin Lee	M		31:16
35	Richard Finley	M	55	33:03
36	Marcia Martin	F	51	33:31

SELF-TIMERS

Neil Mahoney
 Ellen Breslauer - 55
 Doerte Murray - 63
 Sasha Vitomski (35:00)
 Richard Hannon - 68
 Kathryn vonBlankenburg - 62
 Lucy Wing
 Tony Stratta - 73 (57:30)

Pacifica Terrifica, 5 miles - November 2, 2003

Pl	Name	G	Age	Time
1	Adam Lucas	M	36	30:44
2	Jim Buck	M		33:02
3	Thomas McManus	M	33	33:15
4	Gene French	M	57	34:29
5	Larry Wuerstle	M	48	34:53
6	Jerry McGowan	M	65	34:57
7	Pauline Dillon ¹	F	37	37:10
8	Lina Morris-Khatib ²	F		37:47
9	Ken Reed	M	58	37:54
10	Rene Menjivar	M	47	38:24
11	Keith Johnson	M	65	38:41
12	Sam Roake	M	67	38:58
13	David Klinetobe	M	42	39:55
14	Jeremy Elsener	M	16	40:05
15	Abby Shapiro ³	F	13	40:06
16	Anthony Delaney	M	29	40:30
17	Julius Schillinger	M	56	40:39
18	Kevin Lee	M		41:16
19	Michelle Smith ⁴	F		41:32
20	Gregory Brown	M	54	41:44
21	Don Elsener	M	48	42:02
22	Jack Bascom	M	62	42:56
23	Patrick Lee	M	56	45:24
24	Bob Morris-Khatib	M		45:30
25	Lou Shapiro	M	48	45:52
26	Bill Woolf	M	68	49:12
27	Kay Teiber ⁵	F	64	50:15
28	Jane Colman	F	60	50:41
29	Jeff Houston	M	45	51:32
30	Bob Cantwell	M	71	51:55
31	Calvin Chan	M	53	52:14
32	Don Watson	M	74	52:39
33	Bruce Oliver	M		55:29
34	John Gregson	M	72	56:00

SELF TIMERS

Marcia Martin - 51
 Ursula Bernhart - 63
 Thomas Boyd - 57
 Jane Lee - 54
 Bob Brizuela - 63 (1:08:00)
 Tony Stratta - 73 (1:46:00)
 Judith Nitchie - 46
 Brie Reybine
 Wally Rapozo - 75
 Liese Rapozo
 Doerte Murray - 63
 George Sacco - 65
 Richard Finley - 55
 Neil Mahoney
 Bobby Marty - 75
 Jean Balish

USS San Francisco Monument to Baker Beach, 4.01 miles
November 16, 2003

Pl	Name	G	Age	Time
1	Chikara Omine	M	21	23:44
2	Cedric Barre	M	25	24:06
3	Ralf Schmaeding	M	40	25:51
4	Adam Lucas	M	36	26:57
5	Thomas McManus	M	33	27:02
6	James Eales	M	44	28:37
7	Tom Bennett Jr	M	44	28:39
8	Larry Wuerstle	M	48	29:52
9	Jen Wilcox ¹	F	27	30:00
10	Robert Mosler	M	33	30:11
11	Jeremy Blum	M	27	31:44
12	Pauline Dillon ²	F	37	31:46
13	Phil Melman	M	39	31:54
14	Keith Johnson	M	65	32:11
15	Cammie Dingwall ³	F		32:13
16	John Stauffer		33:34:00	44:02
17	Theo Jones	M	65	33:43
18	Lina Morris-Khatib ⁴	F		34:12
19	Francois Lariviere	M	41	34:14
20	Kuniko Hayashi ⁵	F	45	34:31
21	Sam Roake	M	67	34:41
22	Janet Nissenson	F	44	35:38
23	Peter Royce	M	68	35:43
24	Olivia Horgan	F	30	35:48
25	Mark Janes	M		35:50
26	Don Elsener	M	48	37:37
27	Kevin Lee	M		38:20
28	Bob Morris-Khatib	M		39:30
29	Fred Haber	M	44	39:43
30	Claudia Biorcio-Milani	F	41	39:50
31	Kathleen Lail	F	35	40:21
32	Valerie Trenev	F	44	40:43
33	Eric Shackelford	M	53	40:45
34	Yong Cho	F	45	40:55
35	Wendy Newman	F		41:30
36	Cevie Toure	F	28	42:31
37	Joan Reinhart Reiss	F	66	42:33
38	Marian Lyons	F		42:37
39	Bill Woolf	M	68	42:43
40	Barbara Robben	F	69	44:16
41	Jane Colman	F	60	44:44
42	Lauren L. Barr	F	42	44:55
43	Kay Teiber	F	64	45:19
44	Don Watson	M		49:11

Liese Rapozo
Neil Mahoney
Bob Theis - 75
Jim Pommier - 70
Doerte Murray - 63
Gary Davis
Jean Barish - 59
Anne Gecht - 57
Brie Reybine
John Gregson - 72
James O'Donnell - 44
Sean McAviney - 56
Ursula Bernhart - 63
Bobby Marty - 75
Ken Reed
Patrick Lee - 56
Jane Lee

Conservatory 5K - November 23, 2003

Pl	Name	G	Age	Time
1	Stewart Harwell	M	19	15:59
2	Thomas McManus	M	33	19:06
3	Marc Forde	M	43	19:09
4	Mark Janes	M		19:17
5	David Moulton	M	36	19:21
6	Juan Melendez	M	47	19:45
7	Tom Bennett Jr	M	44	19:56
8	Wayne Plymale	M	51	20:02
9	Daryl Luppino	M	44	20:11
10	Pauline Dillon①	F	37	20:15
11	Larry Wuerstle	M	48	20:57
12	David Klinetobe	M	42	21:55
13	Kuniko Hayashi②	F	45	21:59
14	Jim Kauble	M	61	22:11
15	Rich Stiller	M	58	22:31
16	Lina Morris-Khatib③	F		22:33
17	Rene Menjivar	M	47	22:38
18	Keith Johnson	M	65	22:39
19	Jeremy Elsener	M	16	22:40
20	Francois Lariviere	M	41	22:44
21	Luis Vargas	M	46	22:52
22	Theo Jones	M	65	23:07
23	Ken Reed	M	58	23:08
24	Lee Blaine	M	61	23:37
25	Rick Nippes	M	55	24:02
26	Bret Luboyeski	M	24	24:04
27	Joshua Lail	M	30	24:04
28	Laura Elsener④	F	13	24:13
29	Katie Riggs⑤	F	27	24:18
30	Janet Nissenson	F	44	24:40
31	Steve Nissenson	M	55	24:41
32	Olivia Horgan	F	30	24:43
33	Don Elsener	M	48	24:44
34	Liz Kauble	F	50	25:07
35	Gregory Brown	M	54	25:11
36	Peter Royce	M	68	25:15
37	Kenneth Fong	M	41	25:19
38	Tony Wasserman	M	58	25:28
39	Sam Roake	M	67	25:40
40	Jack Bascom	M	62	25:49
41	Russell Breslauer	M	58	26:09
42	Joanne Desmond	F	36	26:19
43	Paul Griffiths	M	42	26:50
44	Kathleen Lail	F	35	26:57

56	Barbara Green	F	41	32:42
57	John Gregson	M	72	34:04

SELF-TIMERS

Tony Stratta - 73 (59:50)
Paul Mosel - 62
Ada Thomas - 90
Annabel Marsh
Bob Theis - 75
Patrick Lee - 56
Conrad vonBlankenburg
Kathryn vonBlankenburg
Marian Lyons
Richard Hannon - 68
Brie Reybine
Ellen Breslauer - 56
Gary Davis
Neil Mahoney
Doerte Murray - 63
Jim Pommier - 70
Ursula Bernhart - 63
Barbara Bernhart - 64

Kennedy Drive Run, 4.7 miles - December 7, 2003

Pl	Name	G	Age	Time
1	Lars Offenmaller	M	31	28:06
2	Adam Lucas	M	36	29:21
3	Thomas McManus	M	33	29:51
4	Pete Nowicki	M	45	30:19
5	Marc Forde	M	45	30:26
6	Tom Bennett Jr	M	44	30:59
7	Juan Melendez	M	47	31:10
8	Larry Wuerstle	M	48	32:37
9	Jerry McGowan	M	65	32:41
10	Daryl Luppino	M	44	32:56
11	John Sullivan	M	38	33:09
12	Theo Jones	M	65	33:34
13	Pauline Dillon ¹	F	37	33:35
14	Phil Melman	M	38	33:43
15	Luis Vargas	M	46	34:06
16	Jeff Bedolla	M		34:22
17	Keith Johnson	M	65	35:14
18	Lina Morris-Khatib ²	F		35:31
19	Rene Menjivar	M		35:59
20	Sam Roake	M	67	37:19
21	Grace Neveu ³	F	11	37:20
22	Jim McBride	M	60	37:45
23	Wayne Plymale	M	51	38:01
24	Rick Nippes	M	55	38:20
25	Paul Mosel	M	62	38:31
26	Janet Nissenson ⁴	F	44	38:46
27	Mark Magers	M	45	39:32
28	Tony Wasserman	M	58	40:02
29	Johanna Merriss ⁵	F	53	40:09
30	Stuart Ruth	M	61	40:12
31	Russell Breslauer	M	58	41:24
32	Kevin Lee	M		41:47
33	Kenneth Fong	M	42	41:48
34	Ken Reed	M	58	42:14
35	Jessica Shors	F	25	42:39
36	Eric Shackelford	M	53	43:36
37	Jim Gallagher	M		44:44
38	Bill Woolf	M	68	45:18
39	Corinne	F	55	48:33
40	Bobby Marty	M	75	48:54
41	Jane Colman	F	60	50:23
42	Bruce Oliver	M		56:03

SELF TIMERS

Gary Davis
Ellen Breslauer - 56
Tony Stratta - 73 (1:43:30)
Marcia Martin - 51
Yong Cho - 45
Barbara Bernhart - 64
John Gregson - 72
Sasha Vitomski (1:00:00)
Joshual Lail - 30
Kathleen Lail - 35
Richard Hannon - 68
Jane Lee - 53
Patrick Lee - 56
Doerte Murray - 63
Bob Theis - 75
Bob Brizuela - 64
Wally Rapozo - 75
Liese Rapozo - 76

Ferry Building Run, 3.83 miles - December 14, 2003

Pl	Name	G	Age	Time
1	David Moulton	M	36	23:16
2	Adam Lucas	M	36	24:24
3	Thomas McManus	M	33	24:42
4	Marc Forde	M	45	25:05
5	Tom Bennett Jr	M	44	25:17
6	John Sullivan	M	38	27:10
7	Larry Wuerstle	M	48	27:24
8	Daryl Luppino	M	44	27:32
9	Pauline Dillon ¹	F	37	28:07
10	Luis Vargas	M	46	28:38
11	Bob Akenas	M	47	28:52
12	Lina Morris-Khatib ²	F		29:15
13	Rene Menjivar	M		30:41
14	Jim McBride	M	60	31:08
15	Rick Nippes	M	55	31:12
16	Will Scharrenbarger	M	11	31:18
17	Peter Royce	M	69	31:50
18	Wayne Plymale	M	52	31:51
19	Gregory Brown	M	53	32:15
20	Kenneth Fong	M	42	32:18
21	Tom Hanley	M	43	32:19
22	Vanee Pho ³	F	30	32:30
23	Joanne Desmond ⁴	F	36	32:49
24	Dararath Kim	M	36	32:55
25	Amy Brewington ⁵	F	31	33:09
26	Russell Breslauer	M	58	33:11
27	Tony Wasserman	M	58	33:29
28	Olivia Horgan	F		33:31
29	Mark Janes	M		33:35
30	Jen Melman	F		35:10
31	Eric Shackelford	M	53	36:19
32	Paul Griffiths	M		37:12
33	Josh Lail	M	30	37:32
34	Jeff Houston	M	45	37:35
35	Steve Nissenson	M	55	37:37
36	Bill Woolf	M	68	37:46
37	Tom Kutrosky	M	68	39:03
38	Jim Kauffold	M		39:15
39	John Avalos	M		39:41
40	Wendy Newman	F	53	40:04
41	Bob Morris-Khatib	M		40:05
42	Phil Melman	M	38	40:19
43	Lorris Kalos-Gunn	F	43	42:17
44	Steven Kalos	M	40	42:18
45	Bruce Oliver	M		44:35
46	Tim Oliver	M	37	44:38
47	Kathleen Lail	F	35	45:51

SELF TIMERS

Kathryn vonBlankenburg
 George Sacco - 65
 Ted Vincent - 67
 Stu Etzler
 Jean Balish
 Ellen Breslauer - 56
 Leonard Cascio
 Richard Hannon
 Grace Neveu - 11
 Herman Wackler - 56

Christmas Blind Date Relays - 2x2 Miles - December 25, 2003

Team	Placement	Name	Age	Finish Time	Leg Time
Co-ed	1	David Moulton	36		12:04
		Marie Appel	39	26:34	14:30
Male	1	Stuart Ruth	67		16:38
		Chris Phipps		28:00	11:22
Co-ed	2	Michael Sweet	34		14:09
		Amy Sonstein	34	29:42	15:32
Co-ed	3	Joel Rizzo			15:30
		Pauline Dillon	37	30:00	
Male	2	Paul Mosel	62		
		Keith Johnson	65	30:15	
Co-ed	4	Ginsberg			15:59
		Yu-en Moulton	23	33:02	17:03
Co-ed	5	Eric Shackelford	53		17:15
		Yong Cho	46	34:24	17:09
Male	3	Herb Williams	42		21:08
		Hashim Bashiruddin	46	35:12	14:04
Co-ed	6	Bill Woolf	68		19:07
		Hilary Fong	45	37:36	
Co-ed	7	Peter Royce			
		Marcia Martin	51	38:34	
Male	4	Patrick Lee	56		
		John Gregson	72	39:40	

Self-timers

Doerte Murray - 63
 Jane Lee - 54
 Russell Breslauer - 58
 Ellen Breslauer - 56
 Betty Girdler - 89
 Bobby Marty - 75