

## DSE 2000 Race Results

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Date	Race
1/2/2000	Hangover Run 3.53M
1/9/2000	Single/Double Muni Pier Runs
1/16/2000	Golden Gate Bridge Vista 5.04M
1/23/2000	Windmill Run 6.5M
2/6/2000	Twin Peaks Loop 3.63M
2/13/2000	Kennedy Drive 4.7M
2/20/2000	Fort Point Promenade 7.13M
2/27/2000	Lake Merced Run 4.5M
3/5/2000	GG Park Cure Loop 5K
3/12/2000	St. Patrick's Day Run 4M
3/19/2000	South Embarcadero Run 6.25M
4/2/2000	Rainbow Falls 3M
4/9/2000	Stern Grove Run 4M
4/16/2000	Ferry Building Run 3.83M
4/23/2000	Easter Roller Coaster Run 2.92M
4/30/2000	Legion of Honor Run 4.3M
5/7/2000	Polo Field 5K
5/14/2000	Practice Bay to Breakers 12K
5/28/2000	Mission Rock Run 3.5M
6/4/2000	Practice Dipsea 6.8M
6/11/2000	Conservatory 5K
6/18/2000	Walt Stack 10K
7/4/2000	Lake Merced Run 4.5M
7/16/2000	Windmill Run 6.5M
7/23/2000	DSE Biathlon
7/30/2000	Lands End 5K
8/6/2000	DSE Memorial Run 4.5M
8/26/2000	Distance Classic (12-Hour)
8/30/2000	McLaren Park Relays
9/3/2000	Potrero Hill 4M
9/10/2000	South Embarcadero Run 6.25M
9/17/2000	Presidio Gate 3.3M
9/24/2000	San Bruno Mountain Runs
10/8/2000	Rainbow Falls 3M
10/15/2000	Pacifica Terrifica 5M
10/22/2000	Beach Esplanade 5.6M
10/29/2000	Kennedy Drive 4.7M
11/5/2000	Roller Coaster 2.92M
11/12/2000	Golden Gate Bridge Vista 5.04M
11/19/2000	Conservatory 5K
12/3/2000	Ferry Building Run 3.83M
12/10/2000	Monument to Baker Beach 5.6M
12/25/2000	Christmas Blind Date Relays

Hangover Run, 3.53 miles - January 2, 2000

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Place	Name	Age	Time
1	Eradio Sanchez	21	23:13
2	Chikara Omine	17	24:10
3	Jim Misener	39	24:16
4	Bob Sferra	47	25:04
5	Wayne Plymale	48	25:46
6	Mainframe Man	45	26:06
7	Adan Serrano	29	26:17
8	Tony Sanchez		26:17
9	Jim Buck	56	26:26
10	Luis Vargas	42	26:27
11	Ross Barclay	17	26:53
12	Larry Wuerstle	44	27:10
13	Tom Grey	33	27:18
14	Phil Melman	34	27:23
15	Jerry McGowan	61	27:30
16	Keith Johnson	61	27:37
17	Gerald Flynn	51	27:40
18	Fred Haber	40	27:46
19	Paul Solon	46	28:07
20	Roger Shane	50	28:12
21	Bob Stanger	51	28:16
22	Harold Heringhi	56	28:17
23	Denis & Zachery Bauke	41	28:23
24	Mitchell Sollod	60	28:33
25	Steve Nissenson	51	28:47
26	Gregory Brown	50	28:53
27	Paul Mosel	58	29:21
28	Doug Larkin	33	29:28
29	Jeremy Dudley Rock	38	29:31
30	Ron Dorey	38	29:59
31	Martha Abbene①	43	30:19
32	Susan Beck②	41	30:23
33	Tim Healow	45	30:38
34	Tom Haney	40	30:57
35	Penney Alldredge	24	30:58
36	Michael Smith	54	31:02
37	Meridee Moore③	41	31:03
38	Heather Price④	34	31:05
39	Norman Ching	52	31:11
40	Gina Tonegato⑤	26	31:11
41	James Nicolson		31:20
42	Yong Cho	41	31:26
43	Lazaro Sanchez	35	31:29
44	Lina Morris-Khatib	36	31:37
45	Theo Jones	61	31:54
46	Peter Royce	65	31:54
47	Ron Paige	63	31:59
48	Janet Nissenson	40	32:28

49 Lloyd Mayerson		32:29
50 Herve Boyer	34	32:30
51 Gordon Cutts	61	32:31
52 John Blankenship	55	32:33
53 Kenneth Fong	38	32:36
54 Kathleen Lail	31	32:37
55 Jeff Houston	41	32:46
56 Reid Walden	49	32:59
57 Kimberly Rodrigues	38	33:07
58 Mark Umphress	44	33:31
59 Wendy Newman	49	33:31
60 Jen Melman	28	33:39
61 Marian Lyons		33:47
62 John Simpson	47	33:57
63 Bobby Marty	71	34:19
64 Jane Colman	56	35:24
65 Bob Morris-Khatib	47	35:31
66 Jack Bascom	58	35:33
67 Bill Woolf	64	35:38
68 Bobby Absolute		35:43
69 Janice Rensch		35:58
70 Tony Wasserman	54	36:00
71 Susan Herder	43	36:03
72 John Elsbree	50	36:03
73 John Lang	60	36:27
74 Jeremy Elsener	12	37:13
75 Don Elsener	44	37:13
76 Nick Lederer	57	37:17
77 Robert Finley	51	37:18
78 Tiffani Cook	30	37:43
79 Ed Dunn	56	38:11
80 Don Watson	70	38:23
81 Jack Bettencourt	70	38:25
82 Thomas Chuey	54	38:30
83 Lynne Vogel	47	38:39
84 Gary Waller	65	38:48
85 Kristine Yaffe		38:48
86 Allen Hom		38:52
87 Elaine Koga	57	38:59
88 Susan Campbell		39:13
89 Jeanie Kayser-Jones	64	39:17
90 K. Tom	64	39:21
91 Theresa Downing	39	39:54
92 Phyllis Nabhan	52	40:10
93 Susan A.	55	40:38
94 Stu Etzler	53	40:42
95 Tom Ryan	47	40:44
96 James Gallagher	64	41:03
97 Pat Magee	57	41:08
98 John Gregson	68	41:24
99 Jerry Rosenstock	48	41:37

100	Linda Wanex		41:57
101	Alexandra Vitomski	10	42:23
102	Richard Finley	57	42:41
103	Jenny Gallafer	40	42:45
104	Neil Mahoney		43:02
105	Phil Gallagher	49	43:07
106	Kathryn vonBlankenburg	58	43:07
107	Wally Rapozo	71	44:09
108	Mary Magee	57	44:09
109	Ursula Bernhart	59	44:14
110	Bonnie Kates	39	44:14
111	Bruce Oliver	71	44:16
112	Tom Boyd	54	44:30
113	Riley Stockton		44:37
114	Peg Hunter		44:53
115	Tracy Silvey		45:12
116	Mary Ann Faris		45:13
117	Robert Brizuela	60	45:18
118	David Sabo	8	46:22
119	David Sabo	42	46:23
120	George Sacco	62	47:29
121	Bob Theis	71	48:28
122	Rose Royce	65	48:31
123	LeFloch Chantel	52	53:29

#### SELF-TIMERS

Bernice Brucker-Vincent - 72  
 Charlene Schmitz - 67 (57:00)  
 Conrad vonBlankenburg - 59  
 David Moulton - 32 (24:33)  
 Harriet Wong  
 Ivan Fujinaka Jr. - 51  
 John Mortell - 64  
 Leonard Cascio  
 Liese Rapozo  
 Reede Stockton - 49  
 Richard Hannon - 64  
 Sabra Jones - 42 (1:05:00)  
 Ted Vincent - 63  
 William Stockton - 10

Single/Double Muni Pier Run, 1.25/2.47 miles - January 9, 2000

SINGLE RUNNERS

Place	Name	Age	Time
1	Chikara Omine	17	6:25
2	George Rehmet	33	6:38
3	Denis Bauke	41	6:48
4	Rich Stiller	54	6:54
5	Fred Haber	40	7:08
6	Edmund Tran	16	7:11
7	Michael Murphy	33	7:25
8	James Stratta	37	7:35
9	Jeremy Dudley Rock	38	7:37
10	Wayne Plymale	48	7:57
11	Venu Riggio	46	8:12
12	Lazaro Sanchez	35	8:13
13	Sheldon Gersh	54	8:18
14	Herve Boyer	34	8:22
15	Gina Tonegato <sup>①</sup>		8:25
16	Jim Gallagher	64	8:26
17	Jeff Houston	41	8:37
18	Laura Elsener <sup>②</sup>	9	8:40
19	Marvin Webb	50	8:56
20	Jeremy Elsener	12	9:58
21	David Sabo		10:06
22	Glenn Downing	8	10:15
23	Thomas Chuey	54	10:20
24	John Gregson	68	10:59
25	Elaine Koga <sup>③</sup>	57	11:45
26	Bill McGowan	64	11:48
27	Eric Wong	9	12:18
28	Will Ryan	8	12:21
29	Rose Royce <sup>④</sup>	65	12:32
30	Kathryn vonBlankenburg <sup>⑤</sup>		12:35
31	Bob Bean		13:34
32	Gary Wong	12	13:44
33	Daniel Wong	36	13:47

DOUBLE RUNNERS

Place	Name	Age	Time
1	Eradio Sanchez	21	13:51
2	Steve Stephens	56	13:55
3	John Spriggs	38	14:00
4	Rob Rutland-Brown	21	14:03
5	Victor Rodriguez	51	14:04
6	James Eales	39	14:09
7	Thom Fox	46	14:34
8	Rick Jeffries	47	14:42
9	Michael Coren	20	14:48
10	Tony Sanchez		14:53
11	Luis Vargas	42	15:03
12	Larry Wuerstle	44	15:15

13	Hermann Wackler	54	15:48
14	Jerry McGowan	61	15:52
15	Dick Parker	54	16:17
16	Jack Darrow	53	16:21
17	Bob Besso	48	16:24
18	Lina Morris-Khatib ❶	36	17:06
19	David Sabo	42	17:17
20	Theo Jones	61	17:29
21	Peter Royce	65	17:30
22	Don Elsener	44	17:46
23	Susan Beck ❷	41	17:56
24	Sam Roake	63	18:34
25	Cis Chase ❸	49	18:40
26	Russell Breslauer	54	18:40
27	Whitney Stephenson ❹	39	18:45
28	Kim Dempsey ❺	27	19:02
29	Tony Wasserman	54	19:15
30	Reid Walden	49	19:18
31	Bob Morris-Khatib	47	19:23
32	Vicki Lopez		19:44
33	Bobby Marty	71	19:54
34	Ed Dunn	56	20:22
35	Brewster Wong	41	20:25
36	Jane Colman	56	20:36
37	Wendy Newman	48	20:55
38	Elyse Lopez	11	21:05
39	Bill Woolf	64	21:24
40	Don Watson	70	21:25
41	Jeanie Kayser-Jones	64	21:26
42	Penney Alldredge	24	22:01
43	Colleen Stark	27	22:44
44	Theresa Downing	39	22:59
45	Gregory Brown	50	23:02
46	Harry Cordellos	62	23:02
47	Melissa Driscoll	27	23:25
48	Tom Ryan	47	24:05
49	Bob McKinley	50	24:56
50	Bruce Oliver	70	25:00
51	Jim Pommier	66	26:31

#### SELF-TIMERS

Ada Thomas - 86  
 Charlene Schmitz - 67 (44:00)  
 Ellen Breslauer - 52  
 Harriet Wong  
 Leonard Cascio  
 Marian Lyons  
 Neil Mahoney  
 Richard Hannon - 64  
 Stu Etzler - 53  
 Tony Stratta - 69 (33:56)

Ursula Bernhart - 59

Tom Boyd - 54

Golden Gate Bridge Vista Run, 5.04 miles - January 16, 2000

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Place	Name	Age	Time
1	Eradio Sanchez	21	31:12
2	Marc Forde	39	32:48
3	Juan Melendez		32:55
4	Chikara Omine	17	33:49
5	Mike Stafford		34:20
6	Adan Serrano	29	35:23
7	Steven Lamola		35:24
8	Larry Wuerstle	44	36:04
9	Jerry McGowan	61	36:37
10	Luis Vargas	42	36:52
11	Dick Parker	54	37:00
12	Gerald Flynn	51	37:09
13	Keith Johnson	61	37:29
14	Harold Heringhi	56	38:24
15	Albert Tran	15	38:43
16	Bob Stanger	51	38:43
17	Phil Melman	34	38:48
18	Phoebe Trubowitz ①		38:54
19	Jeremy Dudley Rock	38	39:02
20	Steve Nissenson	51	39:14
21	Steve Sanders	29	40:22
22	Jack Darrow	53	40:55
23	Susan Beck ②	41	41:13
24	Venu Riggio	46	41:34
25	Lazaro Sanchez	35	42:00
26	Janet Nissenson ③	40	42:29
27	Adrian Wong	48	42:35
28	Michael Smith	54	43:07
29	Peter Royce	65	43:42
30	Marvin Webb	30	44:10
31	Brian Harwell	32	44:14
32	Jeff Walker	38	44:30
33	Norman Ching	52	44:48
34	Kathleen Lail ④	31	45:08
35	Herve Boyer	34	45:36
36	Tony McDonagh	61	45:39
37	Whitney Stephenson ⑤	39	45:51
38	Gerald Glendenning	63	46:02
39	Jack Bascom	58	47:09
40	Melissa Sellick	29	47:13
41	Tim Healow	45	47:14
42	Judith Powell		47:42
43	Bob Cantwell	67	48:10
44	Mike Mills	33	48:16
45	Kevin Lee	43	48:17
46	Cis Chase	49	48:27
47	Sam Stevenson	65	49:13
48	Don Elsener	44	49:45



49	Jeff Houston	41	49:46
50	Bobby Marty	71	49:47
51	Jeremy Elsener	12	49:49
52	Ed Dunn	56	50:43
53	Richard Hippard		50:57
54	Nick Lederer	57	52:12
55	Dora Lee		52:51
56	Penney Alldredge	24	53:20
57	Yong Cho	41	53:39
58	Fred Haber	40	53:45
59	Bob Nowell		58:42
60	Bob McKinley	50	58:55
61	Stu Etzler	53	60:55
62	Tom Boyd	54	60:56

#### SELF-TIMERS

Betty Garvey  
 Bob Theis 71  
 Jean Doyle  
 John Mortell 64  
 Leonard Cascio  
 Mike Taheny 48  
 Neil Mahoney  
 Robert Brizuela 60  
 Tony Stratta 69 1:22:23

Windmill Run, 6.5 miles - January 23, 2000

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Place	Name	Age	Time
1	Randy Guerrero	37	38:36
2	Jim Misener	39	40:37
3	Marc Forde	39	40:45
4	Chikara Omine	17	42:16
5	Bob Sferra	47	42:21
6	Adan Serrano	29	43:59
7	Jim Buck	56	44:05
8	Jerry McGowan	61	44:49
9	Michael Murphy	33	44:57
10	Gerald Flynn	51	45:38
11	Keith Johnson	61	45:53
12	Michael Edelstein	41	46:15
13	Matt Barger	41	46:35
14	Bob Stanger	52	47:39
15	Phil Melman	34	48:15
16	Harold Heringhi	56	48:18
17	Jack Darrow	53	50:15
18	Yong Cho <sup>①</sup>	42	50:47
19	Gregory Brown	50	51:11
20	Susan Beck <sup>②</sup>	41	51:31
21	Malinda Walker <sup>③</sup>		53:41
22	Peter Royce	65	53:51
23	Sam Roake	63	54:14
24	Whitney Stephenson <sup>④</sup>	39	56:08
25	Jen Melman <sup>⑤</sup>	28	57:26
26	Fred Haber		58:16
27	Harry Cordellos	62	58:16
28	Diana Wallach	62	58:54
29	Reid Walden	49	59:23
30	Bob Cantwell	67	1:00:21
31	Jeremy Elsener	12	1:00:23
32	Don Elsener	44	1:00:24
33	Ed Dunn	56	1:00:55
34	Bobby Marty	71	1:01:09
35	Tiffani Cook	30	1:01:35
36	Susan Lee	45	1:01:45
37	Bill Woolf	64	1:01:48
38	Jim Gallagher	64	1:02:14
39	Jeff Houston	41	1:02:54
40	Penney Alldredge	24	1:03:14
41	Jane Colman	56	1:04:19
42	Don Watson	70	1:05:20
43	Ted Vincent	63	1:13:36
44	Kathryn vonBlankenburg	58	1:59:59
45	Wally Rapozo	71	1:19:31
46	Bernice Brucker-Vincent	72	1:20:00

SELF-TIMERS

Ada Thomas - 86  
 Ceis Wildin - 61  
 Elaine Mah - 37  
 Leonard Cascio  
 Liese Rapozo  
 Marian Lyons  
 Neil Mahoney  
 Phyllis Nabhan - 53  
 Richard Hannon - 64  
 Robert Brizuela - 60  
 Sasha Vitomski - 60  
 Tony Stratta - 69 (1:43:10)

Twin Peaks Loop, 3.63. miles - February 6, 2000

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Place	Name	Time
1	Eradio Sanchez	22:17
2	Juan Melendez	22:48
3	Chikara Omine	23:01
4	Jim Misener	23:15
5	Steve Stephens	23:40
6	Mainframe Man	24:20
7	Tony Sanchez	24:47
8	Graham Hnopp	25:06
9	Christine Chapon <sup>①</sup>	25:16
10	Gerald Flynn	25:56
11	Dick Parker	26:19
12	Keith Johnson	26:52
13	Steve Nissenson	27:48
14	Liz Doyle <sup>②</sup>	28:04
15	Lazaro Sanchez	28:50
16	David Sabo	29:06
17	Gregory Brown	29:26
18	Jim McBride	29:47
19	Jack Darrow	29:49
20	Michael Smith	30:01
21	Lina Morris-Khatib <sup>③</sup>	30:13
22	Janet Nissenson <sup>④</sup>	30:52
23	Marvin Webb	30:55
24	Kevin Lee	30:58
25	Tom Christian	31:03
26	Jeff Houston	31:17
27	Sam Roake	32:06
28	Kenneth Fong	33:22
29	Tim Healow	33:32
30	Jack Bascom	34:02
31	Corinne Beuchet <sup>⑤</sup>	34:08
32	Bob Nowell	34:26
33	Bob Morris-Khatib	34:53
34	Ed Dunn	35:42
35	Penny Alldredge	36:30
36	Bobby Marty	36:37
37	Bill Woolf	36:38
38	Jack Darr	36:49
39	Tom Chuey	36:54
40	Nick Lederer	37:09
41	Susan Herder	37:50
42	Bruce Oliver	40:45
43	John Elsbree	41:45
44	Ted Vincent	46:18
45	Tom Boyd	51:24

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SELF-TIMERS

Ursula Bernhart  
Robert Brizuela  
Leonard Cascio  
Jean Doyle  
Betty Garvey  
Maryann Harvey  
Neil Mahoney  
John Mortell  
Ed Murray  
Tony Stratta (1:06:56)  
Bernice Brucker-Vincent

Kennedy Drive Run, 4.7 miles - February 13, 2000

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Place	Name	Time
1	Randy Guerrero	27:04
2	Eradio Sanchez	27:30
3	Marc Forde	28:54
4	Chikara Omine	29:04
5	Jeff Rabin	29:08
6	Jim Misener	29:27
7	Eulogio Sanchez	30:20
8	Bob Sferra	30:24
9	Phil Melman	32:19
10	Larry Wuerstle	32:44
11	Jerry McGowan	32:44
12	Hashim Bashiruddin	32:52
13	Theo Jones	33:19
14	Bob Besso	34:25
15	Gregory Brown	34:56
16	Jeremy Dudley Rock	35:06
17	Lazaro Sanchez	35:31
18	Jim McBride	35:59
19	Paul Mosel	36:11
20	Aaron Low	36:12
21	Michael Smith	36:32
22	Lina Morris-Khatib ①	36:35
23	David Sabo	37:18
24	Michelle Smith ②	38:02
25	Russell Breslauer	38:04
26	Peter Royce	38:04
27	Cammie Dingwall ③	38:23
28	Jen Melman ④	38:35
29	John Weidinger	38:43
30	Tom Haney	39:09
31	Rene Menjivar	40:05
32	Jeff Houston	40:18
33	Jim Gallagher	40:34
34	Bob Morris-Khatib	41:02
35	Harry Cordellos	41:36
36	Wayne Plymale	41:37
37	Ceis Wildin ⑤	42:09
38	Ed Dunn	42:18
39	Jim Rowland	42:25
40	Bob Cantwell	43:29
41	Bobby Marty	43:39
42	Bill Woolf	43:56
43	Jeanie Jones	44:06
44	Richard Finley	45:51
45	Bruce Dingwall	48:37
46	Kathryn vonBlankenburg	51:14
47	Tom Boyd	53:59

SELF-TIMERS

Ellen Breslauer

Robert Brizuela

Leonard Cascio

Alice Dingwall

Richard Hannon

Neil Mahoney

Bill McGowan

Bob Nowell

Tony Stratta (1:12:57)

Bob Theis

Fort Point Promenade Run, 7.13 miles - February 20, 2000

<u>Place</u>	<u>Name</u>	<u>Time</u>
1	Randy Guerrero	41:59
2	Mike Lopez	43:28
3	Brad O'Brien	44:32
4	Jim Misener	44:38
5	Chikara Omine	44:57
6	Andrew Bloch	46:11
7	Wayne Plymale	46:28
8	Eulogio Sanchez	47:12
9	Adan Serrano	47:32
10	Darrell Sofield	48:27
11	Jeff Truell	50:04
12	Jerry McGowan	50:23
13	Phil Melman	50:47
14	Larry Wuerstle	50:53
15	Daryl Luppino	51:08
16	Alan Smith	51:27
17	Ken Coren	51:28
18	Doug Larkin	52:31
19	Hermann Wackler	52:37
20	Lazaro Sanchez	52:39
21	Lawrence Buckley	52:45
22	Jeremy Dudley Rock	52:59
23	Steve Nissenon	53:50
24	Gregory Brown	54:03
25	Bob Besso	54:10
26	Collin Lee	54:27
27	Anthony Ducomb	54:41
28	Lina Morris-Khatib	54:50
29	George Roach	54:59
30	Paula Kindinger-Wileny	56:01
31	Tom Haney	56:43
32	Virginia Dudley-Rock	57:05
33	Susan Beck	57:10
34	Gina Tonegato	57:43
35	Paul Mosel	58:42
36	Norman Ching	58:55
37	Whitney Stephenson	58:58
38	Jim McBride	59:42
39	Sam Roake	1:00:45
40	Michelle Smith	1:02:23
41	Peggy Richards	1:02:29
42	Hashim Bashiruddin	1:02:55
43	Herve Boyer	1:04:45
44	Rene Menjivar	1:05:19
45	Martin Chee	1:05:27
46	Jim Gallagher	1:06:01
47	Peter Royce	1:06:05
48	Bob Morris-Khatib	1:06:11

49	Bob Nowell	1:06:28
50	Sandra Sigurdson	1:08:55
51	Jen Melman	1:11:47
52	Lorena Wong	1:11:57
53	Bobby Marty	1:12:40
54	Penny Alldredge	1:12:43
55	Jane Colman	1:12:46
56	Kevin Lee	1:14:21
57	Bill Woolf	1:14:46
58	Jack Darr	1:18:49
59	Wendy Newman	1:19:25
60	Bruce Oliver	1:19:25
61	Brie Reybine	1:20:04
62	Wally Rapozo	1:21:50

#### SELF-TIMERS

Bernice Brucker-Vincent  
 Leonard Cascio  
 Jean Doyle  
 Betty Garvey  
 Richard Hannon  
 Al Long  
 Joan Long  
 Neil Mahoney  
 Annabel Marsh  
 Bill McGowan  
 Liese Rapozo  
 Tony Stratta (2:06:03)  
 Bob Theis  
 Ada Thomas  
 Ted Vincent  
 Kathryn vonBlankenburg  
 Lucy Wing

Lake Merced Run, 4.5 miles - February 27, 2000

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Place	Name	Time
1	Marc Forde	26:40
2	Chikara Omine	26:56
3	Victor Rodriguez	27:45
4	Bob Sferra	27:47
5	Eulogio Sanchez	28:19
6	Adan Serrano	28:26
7	Wayne Plymale	28:31
8	Mainframe Man	29:09
9	Larry Bagznett	29:41
10	Phil Melman	30:01
11	Jerry McGowan	30:27
12	Thomas Grey	30:39
13	Larry Wuerstle	30:50
14	Dick Parker	31:28
15	Jeremy Dudley Rock	32:17
16	Graham Knopp	32:31
17	Julius Ng	32:31
18	Gregory Brown	32:36
19	Bob Besso	32:45
20	Paul Mosel	32:54
21	Jack Darrow	33:01
22	Theo Jones	33:19
23	Lazaro Sanchez	33:20
24	Yong Cho <sup>①</sup>	33:55
25	Russell Breslauer	34:03
26	Virginia Dudley-Rock <sup>②</sup>	34:25
27	Brewster Wong	34:30
28	Tom Haney	34:31
29	Gina Tonegato <sup>③</sup>	34:40
30	Marvin Webb	35:21
31	Elena Schneider <sup>④</sup>	35:25
32	Susan Beck <sup>⑤</sup>	35:32
33	Fred Haber	35:53
34	Jen Melman	36:19
35	Jeff Houston	36:47
36	Kenneth Fong	37:19
37	John Weidinger	37:34
38	Tessa Forbes	38:03
39	Frank Hunt	38:07
40	Jim Gallagher	38:17
41	Kathleen Lail	38:32
42	Michelle Smith	38:38
43	Cammie Dingwall	38:46
44	Ceis Wildin	38:47
45	Tony McDonagh	39:28
46	Matt Zibilich	39:37
47	Arian Zibilich	39:38
48	Tony Zollar	39:55



49	Bill Woolf	40:43
50	Bobby Marty	40:44
51	Bruce Dingwall	41:02
52	Marty Kerbleski	41:07
53	Jeanie Jones	42:35
54	Jenn Castelazo	42:57
55	Tom Chuey	43:16
56	Jeremy Elsener	43:43
57	Eileen Cheng	44:03
58	Wendy Newman	45:22
59	John Gregson	46:14
60	Brie Reybina	46:56
61	Bruce Oliver	47:47
62	Stu Etzler	48:50
63	Brandy Bolt	48:53
64	Tom Boyd	51:09

#### SELF-TIMERS

George Anderson  
Leonard Cascio  
Alice Dingwall  
Juan Garcia  
Richard Hannon  
Marian Lyons  
Neil Mahoney  
Bill McGowan  
Katie Pittenger  
Liese Rapozo  
Wally Rapozo  
Bob Theis  
Ada Thomas  
Tony Stratta (1:02:05)  
Don Turner  
Kathryn vonBlankenburg  
Corinne Beuchet

Golden Gate Park Cure 5K - March 5, 2000

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Place	Name	Time
1	Cliff Lentz	16:59
2	Randy Guerrero	17:40
3	Marc Forde	17:51
4	Jeffrey Hom	17:55
5	Dan Martinelli	17:57
6	Chikara Omine	18:43
7	Jim Misener	19:04
8	Juan Melendez	19:16
9	Eulogio Sanchez	19:17
10	Jerry Lee	19:27
11	Andrew Bloch	19:37
12	Cris Reifsteck	20:32
13	Jim Buck	20:37
14	Graham Knopp	20:50
15	Nick Vasquez	21:06
16	Jerry McGowan	21:07
17	Tom Bennett	21:21
18	Keith Johnson	21:22
19	Larry Wuerstle	21:32
20	Gerald Flynn	21:40
21	Fred Haber	21:51
22	Jeremy Dudley Rock	21:56
23	Bob Besso	21:57
24	Cheryl Somoano <sup>①</sup>	21:58
25	Steve Nissenson	22:01
26	William Galvin	22:20
27	Harold Heringhi	22:24
28	Lazaro Sanchez	22:25
29	Ken Klein	22:26
30	Susan Carter <sup>②</sup>	22:40
31	Lina Morris-Khatib <sup>③</sup>	22:43
32	Jack Darrow	23:04
33	Malinda Walker <sup>④</sup>	23:11
34	Irene Herman <sup>⑤</sup>	23:28
35	Paul Mosel	23:35
36	Dan Schirn	23:38
37	Russell Breslauer	23:39
38	Tom Haney	23:55
39	Theo Jones	24:05
40	Tony McDonagh	24:10
41	Sam Roake	24:11
42	Susan Beck	24:20
43	Martha Abbene	24:23
44	Whitney Stephenson	24:31
45	John Weidinger	24:38
46	Mark Scheuer	24:45
47	Janet Nissenson	25:11

48	Kenneth Fong	25:12
49	Norman Ching	25:17
50	Mark Newman	25:25
51	Gina Tonegato	25:34
52	Tiffani Cook	25:41
53	Jeff Houston	26:04
54	Jim Gallagher	27:05
55	Bob Morris-Khatib	27:11
56	Ed Dunn	27:11
57	Wendy Newman	27:16
58	Bobby Marty	27:47
59	Ceis Wildin	28:10
60	Bob Cantwell	28:38
61	Bill Woolf	29:04
62	Carolyn Teshima	29:11
63	Ed Mooney	29:32
64	Augie Perez	29:33
65	Eileen Chu	29:39
66	Nick Lederer	30:51
67	Ted Vincent	32:13
68	John Gregson	32:51
69	Alexandria Vitomski	33:14
70	Bill McGowan	34:10
71	Susan Herder	34:30
72	John Elsbree	34:31
73	Randy Rup	34:33
74	Bruce Oliver	35:07
75	George Sacco	35:20
76	Amy Testa	35:29
77	John Foley	35:30
78	Mario Sanchez	35:31

#### SELF-TIMERS

Ellen Breslauer  
Leonard Cascio  
Jean Doyle  
Betty Garvey  
Richard Hannon  
Al Long  
Joan Long  
Neil Mahoney  
Charlene Schmitz  
Tony Stratta (47:07)

St. Patrick's Day Run, 4 miles - March 12, 2000

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Place	Name	Time
1	Cliff Lentz	22:93
2	Randy Guerrero	23:26
3	Marc Forde	24:04
4	Chikara Omine	24:08
5	Pete Nowicki	24:28
6	Jim Misener	25:11
7	Eulogio Sanchez	25:33
8	Kathleen Krieger <sup>①</sup>	26:00
9	Cris Reifsteck	26:21
10	Tony Burks	27:33
11	Paul	27:35
12	Tom Roach	27:45
13	Dick Parker	27:57
14	Larry Wuerstle	28:09
15	Keith Johnson	28:29
16	Aaron Low	28:31
17	Adrian Bliss	28:38
18	Ken Coren	28:41
19	Hermann Wackler	28:53
20	Anthony Ducomb	28:56
21	Paul Mosel	28:58
22	Lazaro Sanchez	29:11
23	Tom Haney	29:19
24	Bob Besso	29:35
25	Neil West	29:41
26	William Galvin	29:51
27	Lina Morris-Khatib <sup>②</sup>	30:07
28	George Roach	30:09
29	Collin Lee	30:15
30	Fred Haber	30:25
31	Russell Breslauer	30:33
32	Tanya Khouri <sup>③</sup>	30:38
33	Jim McBride	30:49
34	John Weidinger	31:16
35	Michelle Smith <sup>④</sup>	31:34
36	Martha Abbene <sup>⑤</sup>	31:35
37	Brewster Wong	31:41
38	Dan Schirn	31:53
39	Jeremy Dudley Rock	31:54
40	Virginia Dudley Rock	31:54
41	Elena Schneider	32:12
42	Janet Nissenson	32:14
43	Marvin Webb	32:15
44	Steve Nissenson	32:16
45	David Sabo	32:25
46	Whitney Stephenson	32:52
47	Herve Boyer	33:09
48	Gina Tonegato	33:15

49	Jeff Houston	33:22
50	Rene Menjivar	34:10
51	Dinorah Alvarez-Bianchi	34:12
52	Marco Bianchi	34:34
53	Kathleen Lail	34:54
54	Janice Y.	34:58
55	James Koyal	35:00
56	Bob Morris-Khatib	35:01
57	Aimee D'Anna	35:18
58	Rosemary Math	35:19
59	Jack Bascom	35:48
60	Bobby Marty	35:58
61	Alison Rees	36:01
62	Jim Gallagher	36:31
63	Janine Firpo	36:39
64	Wendy Newman	36:39
65	Tom Chuey	36:40
66	Ken Reed	37:18
67	Daniel Wong	37:38
68	Bill Woolf	37:57
69	Bruce Dingwall	38:07
70	Bob McKinley	38:26
71	Ted Vincent	38:28
72	Christa Manalo	38:36
73	Jason Brookes	38:52
74	Augie Perez	39:04
75	Don Watson	39:24
76	Jack Bettencourt	39:26
77	John Wiedener	39:28
78	Jane Colman	39:57
79	Penny Alldredge	40:09
80	Amy Laughlin	40:34
81	Jill Sammons	40:43
82	Susan Herder	40:44
83	John Elsbree	40:55
84	John Gregson	42:12
85	Wally Rapozo	44:04
86	Jim Palmer	44:05
87	David Fong	45:15
88	Stu Etzler	46:18
89	Tom Boyd	46:19
90	Robert Brizuela	46:21
91	Bob Theis	46:49
92	Brie Reybine	46:57
93	Ed Olkowski	56:19
94	Bernice Brucker-Vincent	1:04:00

#### SELF-TIMERS

Betty Garvey  
Jean Doyle  
Leonard Cascio  
Annabel Marsh  
Ada Thomas  
Richard Hannon  
Kathryn vonBlankenburg  
Ursula Bernhart  
Ellen Breslauer  
Liese Rapozo  
Marian Lyons  
Joe Oakes  
Norma Etzler  
Yong Cho  
Elaine Mah  
Sylvia Oakes  
Carolyn Clark  
Alice Dingwall  
Mario Sanchez  
Janet Scheuer

South Embarcadero Run, 6.25 miles - March 19, 2000

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Place	Name	Time
1	Eradio Sanchez	37:03
2	Marc Forde	38:26
3	Paul Gonsalves	38:50
4	Chikara Omine	39:26
5	Scott Talbot	39:49
6	Alexander Winslow	40:06
7	Lion Caldwell	40:53
8	Tim Kirkner	43:03
9	Phil Melman	43:32
10	Michael S.	44:24
11	Doug Larkin	44:29
12	Matthew Piersol	44:53
13	Gerald Flynn	45:05
14	Andrew Ferguson	45:14
15	Dick Parker	45:17
16	Lazaro Sanchez	45:28
17	Gregory Brown	45:32
18	Paul Caturegli	45:39
19	William Galvin	45:44
20	Fred Haber	46:06
21	Bob Stanger	46:07
22	Cheryl Somoano ❶	46:27
23	Collin Lee	46:47
24	Bob Besso	46:59
25	Malinda Walker ❷	47:24
26	Larry Wuerstle	47:42
27	Tanya Khouri ❸	48:06
28	Lina Morris-Khatib ❹	48:29
29	Dave Swift	48:31
30	JY Coyard	48:36
31	Bill Lock	48:54
32	Dan Schirn	49:09
33	Christine Bloomer ❺	49:21
34	John Wiedener	49:23
35	Norman Ching	50:10
36	H. Mark Worley	51:03
37	Martha Apaza	51:09
38	Gina Tonegato	51:28
39	Herve Boyer	52:11
40	Peter Royce	52:16
41	Marvin Webb	52:17
42	Rene Menjivar	52:47
43	Ulrike Neubaues	53:35
44	Martine Chee	54:12
45	Jen Melman	54:17
46	Ed Mooney	54:35
47	Birdie Worley	55:27
48	Kenneth Fong	56:40

49 Wendy Newman	56:48
50 Bobby Marty	56:52
51 Reid Walden	56:54
52 Lorena Wong	57:18
53 Susan Lee	57:58
54 John Elsbree	58:01
55 Susan Herder	58:45
56 Tom Chuey	59:16
57 Bill Woolf	59:26
58 Ted Vincent	59:41
59 Rose Wong	1:00:29
60 Don Watson	1:00:53
61 Ed Dunn	1:02:15
62 Bob Morris-Khatib	1:02:17
63 Nick Lederer	1:03:32
64 Joe Oakes	1:03:57
65 Doug Bruun	1:05:34
66 Jane Colman	1:05:35
67 Dawn Lock	1:05:50
68 Jim Hentz	1:05:51
69 Tom Boyd	1:13:06

#### SELF-TIMERS

Leonard Cascio  
Bernice Brucker-Vincent  
Tony Stratta (1:36:07)  
Ada Thomas  
Richard Hannon  
Kathryn vonBlankenburg  
Robert Brizuela  
Al Long  
Joan Long  
Marian Lyons  
Jack Bettencourt  
Brie Reybine  
Randy Piona

Rainbow Falls Run, 3 miles - April 2, 2000

Place	Name	Age	Time
1	Christian Wagner	36	15:43
2	John Lundy	37	16:12
3	Randy Guerrero	38	16:27
4	Larry McDonnell	33	16:41
5	Marc Forde	40	17:20
6	Chikara Omine	17	17:39
7	Pete Nowicki	41	17:46
8	Jim Misener	39	18:21
9	George Rehmet	33	18:31
10	Andrew Bloch	37	18:53
11	Wayne Plymale	48	19:10
12	Doug Larkin	33	19:25
13	Larry Wuerstle	44	19:43
14	Jerry McGowan	62	19:55
15	Fred Haber	40	20:04
16	Dick Parker	54	20:11
17	Edmund Tran	16	20:14
18	Gerald Flynn	51	20:16
19	Graham Knopp	28	20:24
20	Daniel Wright	31	20:25
21	Albert Tran	15	20:25
22	David Minor	29	20:30
23	William Fraser		20:38
24	Steve Nissenson	51	20:40
25	Jennifer McGruther <sup>①</sup>	26	20:43
26	Jeremy Dudley Rock	39	20:49
27	Tanya Khouri <sup>②</sup>	27	20:58
28	Theo Jones	61	21:02
29	Dan Schirn	51	21:04
30	Lina Morris-Khatib <sup>③</sup>	36	21:10
31	Yvette McGowan <sup>④</sup>	39	21:24
32	Greg Shine	31	21:30
33	Harold Heringhi	56	21:37
34	Paul Mosel	58	21:39
35	Tom Haney	40	21:40
36	Malinda Walker <sup>⑤</sup>	30	21:45
37	Bob Besso	48	21:51
38	Laura Minor	26	22:10
39	William Galvin	29	22:39
40	Marco Bianchi	36	22:54
41	Robert Miller	58	22:57
42	Angela Kramer	21	23:10
43	Herve Boyer	35	23:11
44	Michelle Smith	40	23:18
45	Dinorah Alvarez-Bianchi	29	23:19
46	Norman Ching	52	23:23
47	Fiona McCusker		23:26
48	Sam Roake	64	23:27



49	Tiffani Cook	30	23:42
50	Janet Nissenson	40	23:46
51	Elaine Mah	37	23:49
52	Jeff Houston	41	23:54
53	John Elsbree	50	24:01
54	Marc Babrin	47	24:22
55	Josh Lail	27	24:27
56	Judy Ace	48	24:30
57	Kathleen Lail	32	24:40
58	Peter Royce	65	24:47
59	Jim Gallagher	64	24:55
60	Ami Hartley		24:56
61	Steve Holt	42	25:02
62	Jack Bascom	58	25:08
63	Bobby Marty	71	25:40
64	Ed Mooney	67	25:49
65	Colleen Blackle		25:54
66	Bill Woolf	64	25:57
67	Tony Wasserman	55	26:10
68	Bob McKinley	50	26:12
69	Kathryn Hyde		26:37
70	Sarah Bernstein		26:58
71	Ed Dunn	46	27:03
72	Jeanie Jones	64	27:10
73	Jack Darr	23	27:17
74	Nick Lederer	57	27:36
75	Jack Bettencourt	70	27:39
76	Bob Cantwell	67	27:47
77	Wendy Newman	49	28:32
78	Jane Colman	56	28:33
79	Michael Ajayi		28:37
80	John Gregson	68	28:56
81	Don Watson	70	29:07
82	Robert Oblon	53	29:08
83	Ted Vincent	63	29:10
84	Alexandria Vitomski	10	29:27
85	Virginia Ferrero		30:10
86	Diane Murphy		30:47
87	Jim Pommier	66	31:13
88	Bill McGowan	64	31:34
89	Phyllis Nabhan	53	32:03
90	Bobby Absolute		32:48
91	Stu Etzler	53	32:49
92	Bob Theis	71	33:41
93	Dave Sabo	42	33:42
94	David Sabo	8	39:04
95	Joan Long	65	39:06
96	Al Long	67	39:10
97	Bernice Brucker-Vincent	72	40:27

#### SELF-TIMERS

Neil Mahoney  
 Tony Stratta - 69 (58:30)  
 Richard Hannon - 64  
 Robert Brizuela - 60 (33:01)  
 Kenneth Fong - 38  
 Mike Taheny - 48 (48:29)  
 Martha Abbene - 43  
 Penney Alldredge - 24

Stern Grove Run, 4 miles - April 9, 2000

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Place	Name	Age	Time
1	Randy Guerrero	38	23:20
2	Marc Forde	40	24:09
3	Pete Nowicki	41	24:31
4	Lucio Perez	38	24:41
5	Greg Fernbacher	38	24:51
6	Jim Misener	39	26:48
7	Michael Sweet	30	27:31
8	Doug Larkin	33	27:52
9	Larry Wuerstle	44	28:47
10	Graham Knopp	28	29:02
11	Sean Sullivan	26	29:18
12	Keith Johnson	62	29:36
13	Dick Parker	54	29:52
14	Greg Shine	31	29:58
15	Gregory Brown	50	30:12
16	Dan Schirn	51	30:21
17	Paul Mosel	58	30:32
18	Malinda Walker ①	30	30:37
19	Tanya Khouri ②	27	30:49
20	Bob Besso	48	30:59
21	Aaron Low	39	31:05
22	Kevin Lee	44	32:17
23	Susan Beck ③	41	32:21
24	Herve Boyer	35	33:02
25	Gina Tonegato ④	26	33:14
26	Sam Roake	64	33:45
27	Marvin Webb	50	34:01
28	Josh Lail	27	34:13
29	Peter Royce	65	34:39
30	Rene Menjivar		34:41
31	Jeff Houston	41	35:02
32	Jim Gallagher	64	35:19
33	Lina Morris-Khatib ⑤	36	35:23
34	Elaine Mah	37	35:29
35	Michael Antonini	53	35:33
36	Gabrielle Zuk	24	35:51
37	Marc Babin	47	36:27
38	Ceis Wildin	61	36:31
39	Bob Morris-Khatib	47	36:42
40	John Elsbree	50	36:48
41	Colleen Blackler		37:15
42	Ken Loders	40	37:16
43	Bobby Marty	71	37:30
44	Kathryn Hyde	46	38:12
45	Jack Darrow	55	38:19
46	Ed Dunn	57	39:09
47	Jack Bascom	58	39:17
48	Kathleen Lail	32	39:24

49 Penney Alldredge	24	39:35
50 Bob Cantwell	67	39:53
51 Jane Colman	56	40:12
52 Don Watson	70	40:18
53 Sarah Bernstein	23	40:42
54 Susan Herder	43	41:03
55 John Gregson	68	45:06
56 Ursula Bernhart	59	45:45
57 Bob Theis	71	45:51
58 Wally Rapozo	71	46:29
59 Sonia Sankaren		47:54

#### SELF-TIMERS

Leonard Cascio  
Neil Mahoney  
Tony Stratta - 69 (59:10)  
Richard Hannon - 64  
Kathryn vonBlankenburg - 59  
Phyllis Nabhan - 53  
Al Long - 67  
Liese Rapozo  
Joan Long - 65

Ferry Building Run, 3.83 miles - April 16, 2000

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Place	Name	Age	Time
1	Randy Guerrero	38	22:07
2	Marc Forde	40	22:41
3	Chikara Omine	17	23:47
4	Andrew Bloch	37	24:22
5	Victor Rodriguez	51	25:07
6	Paul Tauber	33	26:32
7	Phil Melman	34	26:54
8	Larry Wuerstle	44	27:00
9	Greg Shine	32	27:30
10	Dan Schirn	51	27:39
11	Collin Lee	47	28:11
12	Russell Breslauer	54	28:52
13	Malinda Walker ①	30	29:02
14	Bob Besso	48	29:05
15	William Galvin	29	29:25
16	Herve Boyer	35	30:17
17	Fred Haber	40	30:42
18	Gina Tonegato ②	26	30:48
19	Keith Lewis	43	30:54
20	Brian Davis		30:57
21	Fiona McCusker ③		31:02
22	Whitney Stephenson ④	39	31:42
23	Jeff Houston	41	32:01
24	John Elsbree	51	32:21
25	Jen Melman ⑤	28	32:24
26	Ed Mooney	67	33:09
27	Michael Antonini	53	33:20
28	Lami Will		33:26
29	Colleen Blackler	33	33:40
30	Jack Bascom	58	33:44
31	Bobby Marty	71	34:02
32	Wendy Newman	50	34:04
33	Lou Fields	27	34:31
34	Bob Cantwell	67	35:13
35	Bob Nowell		35:54
36	Ed Dunn	57	35:56
37	Martin Brais	32	36:27
38	Bill Woolf	64	26:29
39	Sarah Bernstein	23	37:09
40	John Gregson	68	37:52
41	Don Watson	70	38:29
42	Brie Reybine	60	38:57
43	Jim Hentz	52	40:56
44	Chantal Mivlosi	29	40:56
45	Valerie Hearn	56	43:37
46	Tom Boyd	54	45:11
47	Priscilla Black	68	46:21
48	Henry Black	66	46:22

SELF-TIMERS

Ted Vincent - 43  
Leonard Cascio  
Tony Stratta - 69 (56:50)  
Kathryn vonBlankenburg - 59  
Ellen Breslauer - 52  
Robert Brizuela - 60  
Bernice Brucker-Vincent - 72  
Ed Olkowski - 57

49 Daniel Marshall

44

49:58

Easter Roller Coaster Run, 2.92 miles - April 23, 2000

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Place	Name	Age	Time
1	Marc Forde	40	17:33
2	Randy Guerrero	38	17:36
3	Chikara Omine	17	18:29
4	Cris Reifsteck	29	19:19
5	Wayne Plymale	48	19:30
6	Stephen Rhudy	32	20:32
7	Larry Wuerstle	44	20:49
8	Jim Buck	57	21:21
9	Dick Parker	54	21:26
10	Fred Haber	40	21:46
11	Andrew Borene	24	22:02
12	Dan Schirn	51	22:05
13	Steve Nissenson	51	22:09
14	Paul Mosel	58	22:14
15	Lazaro Sanchez	35	22:24
16	Russell Breslauer	55	22:36
17	Harry Oosterveer	36	22:43
18	Malinda Walker ❶	30	22:45
19	Gregory Brown	50	22:47
20	Brewster Wong	42	23:04
21	Tom Haney	40	23:29
22	William Galvin	29	23:32
23	Keith Nowell		23:40
24	Michael B.	42	23:42
25	Herve Boyer	35	24:00
26	Britta Lindvall ❷		24:10
27	Marvin Webb	50	24:11
28	Janet Nissenson ❸	40	24:24
29	John Elsbree	51	24:37
30	Jim Dillingham	42	24:50
31	Sam Roake	64	25:01
32	Lina Morris-Khatib ❹	36	25:11
33	Tony McDonagh	61	25:12
34	Jeff Houston	41	25:34
35	Jack Bascom	58	26:14
36	Michael Smith	54	26:24
37	Bob Nowell		26:26
38	Collen Blackler ❺	33	26:29
39	Ceis Wildin	61	26:40
40	Darryl Wong	45	26:47
41	Kevin Lee		26:54
42	Jim Rowland	43	27:16
43	Daniel Wong	36	27:32
44	Bobby Marty	71	27:42
45	Harry Cordellos	62	28:24
46	Bob Besso	48	28:25
47	Ed Dunn	57	28:25
48	Bob Morris-Khatib	47	28:30

49 Lou Fields	27	28:49
50 Bill Woolf	64	29:12
51 Kenneth Fong	38	29:43
52 Wendy Newman	50	29:51
53 John Gregson	68	30:31
54 Susan Allen	55	31:03
55 Jim Hentz	52	31:34
56 Stu Etzler	53	32:26
57 Maria Sanchez		32:27
58 Ralph Rivas		32:36
59 Robert Ross	36	33:12
60 Tom Boyd	54	35:22

#### SELF-TIMERS

Elaine Mah - 37

Neil Mahoney

Ada Thomas - 86

Richard Hannon - 64

Ellen Breslauer - 52

Marian Lyons

Don Turner - 56

Legion of Honor Run, 4.3 miles - April 30, 2000

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Place	Name	Age	Time
1	Eradio Sanchez	21	25:58
2	Chikara Omine	17	26:28
3	Lucio Perez	38	27:40
4	Damian Smiley		29:28
5	Mainframe Man	45	30:02
6	Graham Knopp	28	30:22
7	Michael Sweet	30	30:49
8	Larry Wuerstle	44	31:29
9	Fred Haber	40	31:58
10	David Minor	29	32:08
11	Stuart Sofield	46	32:43
12	Lazaro Sanchez	35	32:57
13	Mark Minor	22	33:44
14	Dick Parker	54	33:48
15	Paul Mosel	58	34:21
16	Tanya Khouri <sup>①</sup>	27	34:24
17	Theo Jones	61	35:05
18	Harry Oosterveer	36	35:09
19	Bob Besso	48	35:18
20	Lina Morris-Khatib <sup>②</sup>	36	35:28
21	George Roach	58	35:36
22	Phil Melman	34	36:09
23	Josh Lail	27	36:48
24	Gina Tonegato <sup>③</sup>	26	37:09
25	Marvin Webb	50	37:13
26	Herve Boyer	35	37:25
27	Michelle Smith <sup>④</sup>	40	38:02
28	Keith Nowell		38:11
29	Kevin Lee	44	38:48
30	John Elsbree	50	39:07
31	Peter Royce	65	39:20
32	Michael Smith	54	39:35
33	Daniel Shalom		39:51
34	Kathleen Lail <sup>⑤</sup>	32	40:11
35	Tony Zaloom	56	40:16
36	Corinne Beuchet	51	40:30
37	Tony McDonagh	61	40:35
38	Colleen Blackler	33	40:58
39	Jim Rowland	54	41:09
40	Jeff Houston	41	41:38
41	Elaine Mah	37	41:46
42	Bobby Marty	71	41:53
43	Paul Pierson	49	42:00
44	Janice Rensch	54	42:10
45	Bruce Dingwall	67	42:22
46	Harry Cordellos	62	42:23
47	Gregory Brown	50	42:35
48	John Lang	60	42:35



49	Sandra Sigurdson	43	42:44
50	Bob Cantwell	67	42:48
51	Kenneth Fong	38	43:22
52	Ed Dunn	57	43:39
53	Susan Herder	43	44:51
54	Ted Vincent	63	45:02
55	Lou Fields	77	45:28
56	John Gregson	68	46:39
57	Bob Nowell		46:41
58	Jim Hentz	52	46:41
59	Vivian Zaloom	55	50:15
60	Mario Sanchez		50:21
61	Jim Pommier	67	51:09

#### SELF-TIMERS

Leonard Cascio  
 Neil Mahoney  
 Tony Stratta - 69 (1:10:20)  
 Annabel Marsh - 76  
 Ada Thomas - 86  
 Jerry McGowan - 62  
 Phyllis Nabhan - 53  
 Robert Brizuela - 60 (1:00:00)  
 Bernice Brucker-Vincent - 72  
 Marie Utzig  
 Charlene Schmitz - 67  
 William Galvin - 29  
 Jen Melman - 28  
 Brie Reybine - 59  
 Priscilla Black - 68 (1:06:00)  
 Henry Black - 68 (1:06:00)  
 Bill McGowan - 64  
 Lucky McGowan (1:13:00)

Polo Field 5K - May 7, 2000

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Place	Name	Age
<b>No times posted for this race due to a malfunction with the timing machine</b>		
1	Dan Martinelli	42
2	Randy Guerrero	38
3	Marc Forde	40
4	Chikara Omine	17
5	Thom Fox	46
6	Jim Misener	39
7	Wayne Plymale	48
8	Jim Buck	57
9	Greg Shine	32
10	Larry Wuerstle	44
11	Graham Knopp	29
12	Phil Melman	34
13	Malinda Walker <sup>①</sup>	30
14	Lazaro Sanchez	35
15	Stuart Sofield	46
16	Fred Haber	40
17	William Galvin	29
18	Bob Stanger	52
19	Ingoli Mollat	30
20	Theo Jones	61
21	George Durgerian	33
22	Paul Mosel	58
23	Josh Lail	27
24	Herve Boyer	35
25	Gregory Brown	50
26	Gina Tonegato <sup>②</sup>	26
27	David Fong	38
28	Michelle Smith <sup>③</sup>	40
29	Jerry McGowan	62
30	Sam Roake	64
31	Kimberly Rodrigues <sup>④</sup>	38
32	Mark Umphress	45
33	Rene Menjivar	43
34	Jen Melman <sup>⑤</sup>	28
35	Lee Blaine	57
36	Peter Royce	65
37	Jeff Houston	41
38	Ed Dunn	57
39	Bobby Marty	71
40	Lou Fields	77
41	Mauricio Sanchez	
42	Jim Rowland	53
43	Sarah Bernstein	23
44	Bob Cantwell	67
45	Bobby Absolute	

46 Rhodora Javier	36
47 Ted Vincent	63
48 Eileen Chew	
49 Augie Perez	68
50 Melissa Graebner	
51 Lole Aguayo	
52 John Gregson	68
53 Kathleen Lail	32
54 Bob Theis	71
55 Mario Sanchez	
56 Jim Pommier	67
57 Robert Brizuela	60
58 Jane Colman	56
59 Reid Walden	49
60 Wally Rapozo	71

#### SELF-TIMERS

Leonard Cascio  
Neil Mahoney  
Tony Stratta - 69  
Richard Hannon - 64  
Bernice Brucker-Vincent - 72  
Liese Rapozo  
Don Turner - 56  
April Blaine - 45  
Kerry Tealdi - 15  
Kathleen Tealdi

Practice Bay to Breakers 12K - May 14, 2000

Place	Name	Age	Time
1	Eradio Sanchez	21	45:43
2	Kraig Beale		49:34
3	James Scarborough	24	49:52
4	Jonathan McCall	25	50:01
5	Wayne Plymale	48	50:10
6	Kathryn Kreiger①	31	51:27
7	Greg Shine	32	53:25
8	Mark Brown	37	53:39
9	Ben Schiller	25	53:52
10	Larry Wuerstle	44	54:23
11	Jeff		54:57
12	Iffandi Bermawan		55;16
13	Lazaro Sanchez	35	55:34
14	Steve Nissenson	51	55:42
15	Agent Orange	42	55:55
16	Daryl Luppino	40	56:47
17	Anthony Ducomb	50	56:49
18	Malinda Walker②	30	58:07
19	David Smith	37	58:12
20	Bob Stanger	52	58:24
21	Bob Besso	48	58:36
22	Fred Haber	40	58:54
23	Gregory Brown	50	58:58
24	Sara Vintiadis③	24	59:04
25	Paul Mosel	58	1:00:37
26	Brewster Wong	42	1:01:03
27	Gina Tonegato④	26	1:01:46
28	Jim Coe	49	1:02:16
29	Gregg Zywicke	36	1:02:52
30	Michelle Smith⑤	40	1:03:39
31	Marvin Webb	50	1:04:06
32	Janet Nissenson	40	1:04:09
33	William Galvin	29	1:04:15
34	Rene Menjivar	43	1:04:42
35	Susan Beck	41	1:04:54
36	Dick Parker	54	1:05:04
37	Jack Darrow	53	1:05:19
38	Joe Scarborough	62	1:05:43
39	Jack Bascom	58	1:05:46
40	Bob Cantwell	67	1:08:56
41	Bill Woolf	64	1:11:21
42	Wendy Newman	50	1:11:49
43	Ed Dunn	57	1:17:23
44	Don Watson	70	1:19:18
45	Aurora Aguilar	29	1;21:05
46	Mario Johnny Garza	26	1:21:06
47	Elaine Koga	57	1:39:54

SELF-TIMERS

Bobby Marty - 71  
 Sarah Bernstein  
 Tony Stratta - 69  
 Kathryn vonBlankenburg  
 Jane Colman - 56  
 Brie Reybine - 59  
 Paul Pierson  
 Bob Nowell  
 Jack Darr - 55

Mission Rock Run, 3.5 miles - May 28, 2000

Place	Name	Age	Time
1	Chikara Omine	17	19:54
2	Mike Lopez	42	20:02
3	Steve Stephens		21:28
4	Jim Misener	39	21:43
5	Mario Johnny Garza	26	22:38
6	Dan Schirn	51	23:16
7	William Galvin	29	23:33
8	Graham Knopp		23:35
9	Larry Wuerstle		23:47
10	Ken Coren		24:00
11	Phil Melman	34	24:17
12	Tyler Abbott	39	24:23
13	Paul Mosel		24:26
14	Lazaro Sanchez		24:36
15	Lina Morris-Khatib ❶		25:00
16	Gerardo Meza	29	25:02
17	Adrian Wong	79	25:03
18	Keith Nowell		25:13
19	Dick Parker	54	25:41
20	Jeremy Dudley Rock	38	25:51
21	Tom Haney	40	26:00
22	Michelle Smith ❷		26:20
23	Gerard Kerbleski	39	26:30
24	Marvin Webb		26:32
25	George Roach		26:58
26	John Bush	37	27:01
27	Michael Smith	54	27:05
28	Gina Tonegato ❸	26	27:16
29	Jen Melman ❹	28	27:29
30	Sam Roake	64	27:33
31	Jack Bascom	58	28:08
32	Bob Nowell		28:14
33	Victoria Reichenberg ❺	31	28:33
34	Bob Morris-Khatib	47	28:37
35	Tito Sanchez		29:05
36	Jeff Houston	42	29:08
37	Jim Gallagher	64	29:12
38	Bobby Absolute		29:13
39	John Elsbree	51	29:15
40	Kenneth Fong	38	29:34
41	Bobby Marty	71	29:47
42	Marty Kerbleski		29:57
43	Reid Walden	49	29:58
44	Colleen Blackler	33	30:09
45	Janice Rensch		30:16
46	Jerry Hill	54	30:18
47	Tony Wasserman	55	30:37
48	Bob Cantwell	67	31:07

49 Wendy Newman	50	31:12
50 Ted Vincent	64	31:42
51 John Lang	60	31:52
52 Ed Dunn	57	31:53
53 Jen Butts		32:08
54 Bill Woolf	64	32:33
55 Susan Herder		33:02
56 Augie Perez	69	33:11
57 Aurora Aguilar	26	33:15
58 Katie Roach	56	34:26
59 John Gregson	68	34:28
60 Mario Montoya	41	35:17
61 Mario Sanchez		36:10
62 Jerry Henche		36:17
63 Bob Theis	71	38:55
64 Bernice Brucker-Vincent		49:27

#### SELF-TIMERS

Wayne Plymale

Jean Doyle

Elaine Mah

Diane Okubo-Fong

Leonard Cascio

Betty Garvey

Neil Mahoney

Jim Pommier

Practice Dipsea Run, 6.8 miles - June 4, 2000

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Place	Name	Age	Time
1	Michael Broom	22	51:19
2	Brian Purcell	43	51:25
3	Cliff Lentz		53:45
4	Mason Flinn	32	57:04
5	James Scarborough	26	57:08
6	Randy Guerrero	38	58:14
7	Daniel Markowitz	36	58:33
8	Dan Pace	22	1:00:13
9	Keith Buckley		1:00:14
10	Brad Smith	47	1:00:23
11	Ryan Farrell	15	1:00:31
12	M. Merney	39	1:00:48
13	Liz Fagan <sup>1</sup>		1:00:49
14	Elizabeth Ottenheimer <sup>2</sup>	12	1:00:50
15	Andrew Garrett	14	1:00:51
16	Joe Rowley	46	1:01:04
17	Ken Reid	39	1:01:09
18	Bill Lee	42	1:02:44
19	Rachael Ritchey <sup>3</sup>	13	1:02:46
20	Rob Main	41	1:02:57
21	Mary Fagan <sup>4</sup>	24	1:02:58
22	Robert Schoff		1:03:14
23	Alex Avoleff	16	1:03:15
24	David McCormack	55	1:06:04
25	John Blackstone	51	1:06:06
26	Jim Phillips	44	1:06:11
27	Laurin Beckhusen	52	1:06:14
28	Dave George	41	1:06:17
29	Tyler Abbott		1:06:25
30	David Innes	52	1:06:35
31	Michael Regan	36	1:07:12
32	Geoffrey Spellberg	44	1:08:07
33	Richard Gentry	42	1:09:23
34	Adam Sachs	40	1:09:28
35	Jonathan Hensley	35	1:09:31
36	Bob Akers	44	1:09:33
37	Linda Lamson <sup>5</sup>	40	1:09:36
38	Agent Orange	42	1:09:40
39	Joel Weber	39	1:09:47
40	Mike Richards	48	1:10:29
41	Randy Cobb		1:10:30
42	John Stauffer	48	1;11;43
43	Herb Bool	37	1;12:02
44	Anthony Ducomb	50	1;12:28
45	Sarah Heckcher	21	1;12:30
46	Andrew Ferguson	30	1;13:01
47	Jill Cartwright	44	1;13:08
48	Tim Hsu	41	1;13:11

49	Mario Johnny Garza	26	1:13:20
50	J.C. Prenner	41	1;13:22
51	Chris Martindill	40	1:13:34
52	Alan Hunt	51	1;14:10
53	Mark Brown	37	1;14:13
54	Ben Schiller	26	1;14:14
55	George Forman	54	1;14:41
56	Barry Spitz	51	1;14:42
57	Mitchell Sollod	61	1;14:43
58	Brewster Wong	42	1;14:57
59	Susannah Boyle	35	1;15:51
60	Phil Melman		1;15:52
61	Tom Haney	40	1;15:56
62	Ken Klein	47	1;16:03
63	Keith Johnson	62	1;16:04
64	Bob Besso	47	1;16:17
65	Mike Kloepfer	46	1;16:41
66	Bob Cowdrey	55	1:16:44
67	Bob Agazzi	49	1:17:02
68	Dave Covey	39	1:17:32
69	Tom Trombadoze	39	1:17:37
70	Lynn Schankliess	33	1:17:38
71	Collin Lee	47	1:17:39
72	John Dugan	48	1:18:00
73	Kelly Ridaway	42	1;18:01
74	Susan Marcus	43	1:18:14
75	Jeremy Dudley Rock	39	1:18:16
76	Patricia Spilman	40	1:18:22
77	Keith Nowell		1:18:41
78	Malcolm Scotchler	54	1:18:51
79	Dean Dallman	51	1:19:42
80	Jen Melman		1:19:59
81	Fiona McCusker	35	1:20:03
82	Jim Ottenheimer	45	1:20:07
83	Ashe	48	1:20:22
84	Scott Ashe	46	1;20;25
85	Rene Menjivar	43	1:20:27
86	Jack Darrow	53	1:20:28
87	Lindsey Innes	16	1:20:45
88	Geoffrey Sears	39	1:20:51
89	Ron Dorey	39	1:20:52
90	Cammie Dingwall	37	1:21:55
91	Lois Fleming	55	1;21:55
92	Mike Webb	51	1:22:17
93	Lawrence Edelman	57	1:22:54
94	Bill Somoza	44	1;24:36
95	Gary Hesterberg	38	1;24:41
96	Alan Konecny	60	1;25:13
97	Curtis Nelson	29	1;25:14
98	Ali Crawford	31	1;25:15
99	Ron Knudsen	38	1;25:23



100	Jill Robinson	33	1:25:29
101	Ken Sharpe	50	1:25:30
102	Vern Avoleff	52	1:25:47
103	Sam Roake	64	1:26:51
104	Joe Scarborough		1:28:06
105	April Lax		1:28:37
106	Dennis Hassler	66	1:29:11
107	Gene White	65	1:29:20
108	Diane Davis	43	1:29:48
109	Monica Tessaro	29	1:29:53
110	A. Randolph	30	1:30:09
111	Jeff Houston	42	1:30:25
112	Ed Dunn	57	1:30:45
113	Jack Bettencourt		1:31:00
114	Mike Pechner		1:31:13
115	Bobby Marty	71	1:32:17
116	Jack Bascom	58	1:36:31
117	Sarah Elmas	30	1:37:03
118	J. Coates Conroy		1:37:09
119	Nick Lederer	58	1:37:15
120	Monica Costello	34	1:37:34
121	Jeanne Ciosetti	33	1:37:35
122	Jon Uto		1:40:1
123	Sarah Wasley-Smith	45	1:40:53
124	Brie Reybine	60	1:40:54
125	Aurora Aguilar	26	1:43:47
126	Susan Herder	43	1:44:00
127	John Elsbree	51	1:44:51
128	Betsy White	61	1:44:59
129	Brian Innes	14	1:45:25
130	Yong Cho		1:58:53
131	Fred Haber		1:58:54
132	John Gregson		1:59:38
133	Bruce Dingwall		1:59:39
134	Abbie Scianamblo	23	2:01:24
135	Robert Towler	60	2:01:25
136	Micah Black	25	2:05:00
137	Ronnie LaDaw	62	2:05:00
138	MaryLou Hirschfeld		2:14:00

SELF-TIMERS

Bernice Brucker-Vincent

Conservatory 5K - June 11, 2000

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Place	Name	Age	Time
1	Juan Torrealba		15:58
2	Jason Karp	27	16:40
3	Marc Forde	40	17:16
4	Pete Nowicki	41	17:41
5	Thom Fox	46	17:41
6	Yurie Riegel	30	17:55
7	Chikara Omine	17	18:08
8	Wayne Plymale	48	18:33
9	Eradio Sanchez	21	18:46
10	George Rehmet	33	18:56
11	John Taylor	43	19:31
12	Mario Johnny Garza	26	19:42
13	Christine Chapon <sup>①</sup>	42	19:56
14	Hermann Wackler	54	20:03
15	Daniel Wright	32	20:08
16	Dan Schirn	51	20:13
17	Donna Hinshaw <sup>②</sup>	45	20:27
18	Robert Shell	33	20:33
19	Dennis Killian	43	20:35
20	Phil Melman	34	20:39
21	Andrew Ferguson	35	20:42
22	Larry Wuerstle	44	20:44
23	Paul Mosel	58	20:47
24	William Galvin	29	20:48
25	Fernando Spadaro	31	20:49
26	Keith Johnson	62	20:50
27	Theo Jones	61	21:04
28	Gerardo Gaym	29	21:09
29	Brewster Wong	41	21:10
30	Russell Breslauer	54	21:15
31	Eric Kormondy	41	21:17
32	Jennifer McGruther <sup>③</sup>		21:19
33	Bill Bredice	37	21:21
34	Lazaro Sanchez	35	21:27
35	Fred Haber	40	21:35
36	Gary Harrison	40	21:42
37	John Weidinger	59	21:45
38	Gerry Heinz	65	22:08
39	Aaron Low	39	22:47
40	Michelle Smith <sup>④</sup>	40	23:00
41	Gina Tonegato <sup>⑤</sup>	26	23:17
42	Ryan Reisert	23	23:38
43	Jen Melman	28	23:46
44	Sam Roake	64	23:52
45	Rene Menjivar	43	23:53
46	Dave Rovat	45	24:29
47	Jack Bascom	58	24:35
48	Joni Leiva	44	24:39

49 Bobby Absolute		24:49
50 Jim Gallagher	64	25:02
51 Bill Leiva		25:09
52 Bobby Marty	71	25:27
53 Jeff Houston	41	25:36
54 Marc Babin	47	25:52
55 Jerry Hill	54	26:02
56 John Elsbree		26:05
57 Kenneth Fong	38	26:35
58 Bill Woolf	64	26:46
59 Jeanie Jones	64	27:00
60 Ed Dunn	57	27:02
61 Robert Oblon	54	27:20
62 Yong Cho	42	27:22
63 Gary Rilong	12	27:30
64 Melanie Shell	33	27:37
65 Jane Colman	56	27:44
66 Lou Fields	77	27:59
67 James Peterson	42	28:04
68 Ted Vincent	63	28:26
69 John Gregson	68	28:40
70 Aurora Aguilar	26	28:54
71 Susan Herder	43	29:29
72 Matthew Culligan		29:32
73 Meg Harlan		29:36
74 Don Watson	70	29:36
75 Jim Hentz	52	29:36
76 Eve Kuhlmann		29:40
77 George Sacco	62	31:13
78 Richard Finley	52	31:32
79 Pat O'Keefe	66	33:08
80 Bob Theis	71	33:09
81 Wally Rapozo	71	33:12
82 Kris Lee		33:12
83 Joy Banzon	23	35:24
84 Eric Wong	9	35:25
85 Darryl Wong		35:48
86 Bernice Brucker-Vincent	72	38:55

#### SELF TIMERS

Larry Borba  
 Jean Doyle  
 Richard Hannon  
 Marian Lyons  
 Bill McGowan  
 Liese Rapozo  
 Don Turner  
 Conrad vonBlankenburg  
 Kathryn vonBlankenburg  
 Ellen Breslauer  
 Carolyn Clark  
 Betty Garvey  
 Patrick Lee  
 Neil Mahoney  
 Jerry McGowan  
 Ada Thomas

Walt Stack 10K - June 18, 2000

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Place	Name	Age	Time
1	Pete Nowicki	41	37:52
2	Marc Forde	40	37:59
3	Chikara Omine	17	38:37
4	Thom Fox	46	39:54
5	Wayne Plymale	48	40:16
6	Mario Johnny Garza		43:23
7	Rich Stiller		43:28
8	Dan Schirn	51	43:49
9	Paul Tauber	33	44:08
10	Hermann Wackler	54	44:31
11	Larry Wuerstle	44	44:40
12	Steve Nissenson	51	44:55
13	Theo Jones	61	45:09
14	Andrew Ferguson	35	45:35
15	Jerry Long	48	45:55
16	Brewster Wong	41	46:53
17	John Weidinger	59	47:13
18	Russell Breslauer	54	48:08
19	Keith Nowell		48:19
20	Collin Lee	47	48:54
21	Lina Morris-Khatib <sup>1</sup>	36	49:33
22	Rene Menjivar	43	49:44
23	Marc Minor	29	49:50
24	Sam Roake	64	50:15
25	Gina Tonegato <sup>2</sup>	26	50:18
26	Jeff Paciero	36	50:19
27	Norman Ching	52	50:40
28	Janet Nissenson <sup>3</sup>	40	51:26
29	Laura Minor <sup>4</sup>	26	52:24
30	Bob Nowell		52:47
31	Bobby Absolute		53:13
32	Hallie McClave <sup>5</sup>	19	53:29
33	Gerald Glendenning	63	53:38
34	Mary Farrell	32	53:58
35	Sheldon Gersh	54	54:13
36	Paul Pierson	50	55:01
37	Jennifer Cozdoslarg	30	55:23
38	Peter Royce	65	55:24
39	Janine Firpo		55:35
40	Marc Babin	47	56:28
41	Sarah Lemas		56:36
42	Daniel Wong	36	58:06
43	Bobby Marty	71	58:12
44	Harry Cordellos	62	58:17
45	Bob Besso	48	58:17
46	Kenneth Fong	38	58:23
47	Arlenu M. Cachi		58:50
48	Joan R. Reiss	62	1:00:35

49 Ted Vincent	63	1:00:40
50 Jeanie Jones	64	1:00:57
51 Richard Hippard		1:01:24
52 Bob Morris-Khatib	47	1:01:29
53 Yong Cho	42	1:01:55
54 Fred Haber	40	1:01:55
55 Paul O'Conner	63	1:02:10
56 Lou Fields	77	1:02:17
57 Ed Dunn	57	1:03:00
58 Brie Reybine	59	1:07:13
59 Susan Herder	43	1:09:56
60 Jim Hentz	52	1:10:48
61 Jeremy Elsener	12	1;13:01
62 Stu Etzler	53	1:16:09
63 Tom Boyd	54	1:23:10

#### SELF-TIMERS

Leonard Cascio  
 Jean Doyle  
 Betty Garvey  
 Richard Hannon - 64  
 MaryAnn Harvey  
 Neil Mahoney  
 Jerry McGowan - 62  
 Phyllis Nabhan  
 Pat O'Keefe - 66  
 Tony Stratta - 70 (1:48:00)  
 Alexandria Vitomski - 61 (1:33:00)  
 Kathryn vonBlankenburg - 59

Lake Merced Run, 4.5 miles - July 4, 2000

Place	Name	Age	Time
1	Andy Chan	29	25:15
2	Randy Guerrero	38	25:16
3	Tony Fong	41	25:31
4	Pete Nowicki	41	25:41
5	Jonathan Combes	20	25:42
6	Thom Fox	46	26:49
7	Neil Edde	33	27:40
8	Chikara Omine	17	27:49
9	Jim Tesar	38	29:02
10	Jon Ekoniak	32	30:45
11	Kelly Byrne <sup>①</sup>	15	30:47
12	Andrew Ferguson	35	31:06
13	William Galvin	29	31:15
14	Steve Nissenson	52	31:35
15	John Weidinger	59	31:58
16	Cheryl Somoano <sup>②</sup>	31	32:03
17	Mike Dunn	45	32:47
18	Tom McCarthy	54	32:52
19	Theo Jones	61	33:02
20	Antonio Reyes	57	33:09
21	Shelly Taylor <sup>③</sup>		33:10
22	Tom Haney	40	33:10
23	George Roach	58	33:14
24	Susie Roach <sup>④</sup>	30	33:35
25	Aaron Low	39	33:38
26	Angela Kramer <sup>⑤</sup>	21	33:44
27	Jerry McGowan	62	34:00
28	Jesse Ramos		34:10
29	Rene Menjivar	43	34:17
30	Gina Tonegato	26	34:22
31	Michelle Smith	40	34:32
32	Susan Beck	42	35:02
33	Jim McBride	57	35:17
34	Kimberly Rodrigues	38	35:56
35	Bobby Absolute		36:03
36	John Elsbree	51	36:05
37	Janet Nissenson	40	36:17
38	Yong Cho	42	36:29
39	Fred Haber	40	36:29
40	Ron Dorey	39	36:47
41	Mort Weisberg		36:47
42	Denise Leo	24	36:48
43	Brewster Wong	42	37:02
44	Kelly		37:16
45	Fiona McCusker		37:23
46	Gabrielle Zuk	24	37:24
47	Paul Rubinfeld	55	37:32
48	Cindy Wu		37:37
49	Jack Bascom	58	37:41

50	Bob Nowell		37:45
51	Jim Gallagher	64	37:57
52	Ed Mooney	67	38:01
53	Kenneth Fong	38	38:08
54	Tiffani Cook	31	38:27
55	Sandra Sigurdson	43	37:36
56	Keith Nowell		38:36
57	Daniel Wong	37	38:41
58	Bobby Marty	71	38:46
59	Colleen Blackler	33	38:47
60	Rhodora Javier	36	38:50
61	Jerry Hill	54	39:10
62	Joan R. Reiss	62	39:20
63	Harry Cordellos	62	39:37
64	Dave George	41	39:37
65	Marc Babin	47	40:20
66	Lou Fields	77	40:25
67	Doerte Murray	59	40:29
68	Stephanie Ekoniak	31	41:12
69	Bill Woolf	65	41:17
70	Jeanie Jones	64	41:23
71	Susan Herder	43	41:26
72	Nick Lederer	58	41:56
73	Richard Hippard	64	42:33
74	Brie Reybine	61	43:23
75	Robert Oblon	54	43:30
76	Ed Dunn	57	43:49
77	Katie Roach	56	44:06
78	Tom Chuey	55	44:07
79	Kathleen Lail	32	44:16
80	Josh Lail	27	44:17
81	Sheryl Young		44:24
82	Frank Hunt	61	44:25
83	John Gregson	69	47:52
84	Jane Colman	57	48:18

#### SELF-TIMERS

Bob Theis - 71  
 Betty Garvey  
 Jean Doyle  
 Leonard Cascio  
 Neil Mahoney  
 Tony Stratta - 70 (1:05:30)  
 Richard Hannon - 64  
 Phyllis Nabhan - 54  
 Robert Brizuela - 60 (52:00)  
 Marian Lyons  
 Wendy Newman - 51  
 Ed Olkowski - 57 (1:18:30)  
 Charlene Schmitz - 67 (1:05:00)  
 Jing Li

Jim Pommier - 67 (1:13:15)

Carolyn Pankow - 61 (1:13:13)



Windmill Run, 6.5 miles - July 16, 2000

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Place	Name	Age	Time
1	Pete Nowicki	42	38:35
2	Marc Forde	40	38:41
3	Dan Martinelli	43	38:54
4	Randy Guerrero	38	39:12
5	Jim Misener	39	40:32
6	Thom Fox	46	40:38
7	Steve Stephens	56	41:07
8	Andrew Bloch	37	41:31
9	George Rehmet	33	42:10
10	Chikara Omine	17	42:53
11	Mike Altman	24	44:05
12	Brian Quan	17	44:26
13	David Long	36	44:32
14	William Galvin	29	44:50
15	Brian Cross	27	45:00
16	Doug Larkin	33	45:34
17	Dan Schirn	51	45:40
18	Andrew Ferguson	35	46:08
19	Graham Knopp	29	46:11
20	Larry Wuerstle	44	46:20
21	Hermann Wackler	54	47:10
22	John Weidinger	59	47:17
23	Phil Melman	34	47:48
24	Lina Morris-Khatib <sup>①</sup>	36	48:57
25	Dick Parker	54	49:05
26	Gregory Brown	51	49:12
27	Malinda Walker <sup>②</sup>	30	49:21
28	Russell Breslauer	55	50:20
29	Antonion Reyes	57	51:08
30	Rene Menjivar	43	51:12
31	Melinda Mead <sup>③</sup>	39	51:19
32	Sam Roake	64	51:23
33	Norman Ching	52	51:58
34	Gina Tonegato <sup>④</sup>	26	52:12
35	Kristine Gonzales <sup>⑤</sup>	32	52:37
36	Tom Haney	40	52:38
37	Herve Boyer	35	53:00
38	John Tursi	50	53:02
39	Glenn Tadokoro	29	53:10
40	Peter Royce	65	53:50
41	Marvin Webb	50	54:13
42	Coco	52	54:23
43	Maureen Forney	44	54:36
44	Larry Borba		55:15
45	Hillary Guttman	22	55:18
46	Jim Dillingham	42	55:35
47	Marc Babin	47	55:54
48	Rhodora Javier	36	56:23

49	Kenneth Fong	38	57:01
50	Tiffani Cook	31	57:19
51	Yong Cho	42	57:26
52	Fred Haber	40	57:27
53	Paul Mosel	58	57:39
54	Bobby Absolute		57:41
55	Wendy Newman	50	57:56
56	Eileen Francisco		58:13
57	Colleen Blackler	33	58:32
58	Gerard Ricci	51	58:34
59	Jerry Hill	54	59:20
60	Bob Morris-Khatib	47	59:21
61	Melissa Finder	39	59:22
62	Jack Aldridge	53	59:27
63	Bobby Marty	71	59:31
64	Jim Rowland	53	59:32
65	Tony Wasserman	55	59:49
66	Jen Melman	28	59:51
67	Jim Gallagher	64	59:53
68	Julia LeSage	31	1:00:14
69	Lou Fields	77	1:00:26
70	Ed Dunn	57	1:00:40
71	Bill Woolf	65	1:01:09
72	Ted Vincent	64	1:01:23
73	John Peterson	54	1:03:56
74	Don Watson	71	1:04:54
75	Michael Antonini	54	1:08:28
76	Jim Pommier	67	1:13:40

#### SELF-TIMERS

Bob Theis - 71  
 Neil Mahoney  
 Tony Stratta - 69 (1:38:50)  
 Richard Hannon - 64  
 Jerry McGowan - 62  
 Phyllis Nabhan - 53  
 Ellen Breslauer - 52  
 Jane Colman - 57  
 Bernice Brucker-Vincent - 72  
 Al Long - 67  
 Stu Etzler - 53  
 Joan Long - 65

DSE Biathlon, 2.5M run, 0.5M swim - July 23, 2000

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**BIATHLON**

Place	Name	Age	Time
1	Tom McCarthy	55	29:29
2	Tony Drohan	26	29:34
3	Venu Riggio	47	29:42
4	Ken Klein	47	30:05
5	Bob Besso	48	30:16
6	Brent Robbins	24	31:15
7	Greg Shine	32	32:31
8	Phil Melman	34	33:15
9	Stu Ruth	63	33:46
10	Jen Melman <sup>①</sup>	29	33:56
11	Russell Breslauer	55	36:11
12	Jack Bettencourt	70	36:30
13	Sarah Bernstein <sup>②</sup>	23	36:40
14	Peter Royce	65	37:09
15	Janine Firpo <sup>③</sup>	42	37:21
16	John Finnigan	46	37:57
17	Joan Varney <sup>④</sup>		38:01
18	Susan Herder <sup>⑤</sup>	43	38:52
19	John M. Gregson		40:54
20	Anne Marie O'Halloran	38	40:56
21	Sam Roake	64	42:21
22	Harry Cordellos	62	43:02
23	Barbara Robben	66	43:03
24	John Gregson	69	45:40
25	Sean Maher	10	54:05
26	Tom Maher	40	54:06

**RUN ONLY**

Place	Name	Age	Time
1	Marc Forde	40	13:14
2	Kraig Beale		13:25
3	Wayne Plymale	48	14:28
4	Paul Tauber	33	14:53
5	Hermann Wackler	54	15:52
6	Rob Berry	34	16:30
7	Norman Ching	52	17:21
8	Herve Boyer	35	17:38
9	Judy Ace <sup>①</sup>	48	17:41
10	Rene Menjivar	43	17:54
11	Yong Cho <sup>②</sup>	42	17:58
12	Jim Gallagher	64	18:21
13	Jeff Houston	42	19:22
14	Gerard Ricci	51	19:29
15	Bobby Marty	71	19:46
16	Ed Dunn	57	19:53

17 Wendy Newman ⑤	51	20:18
18 Patrick Lee	52	20:43
19 Bill Woolf	65	20:59
20 Fred Haber	40	21:13
21 Bobby Absolute		21:34
22 Ted Vincent	64	21:44
23 Shawna Liu ④	37	23:46
24 Rose Royce ⑤	65	26:00
25 John Elsbree	51	28:00

#### SELF-TIMERS

Neil Mahoney

Tony Stratta - 70 (36:20)

Richard Hannon - 64

Kathryn vonBlankenburg - 59

Barbara Douglas - 70

John Douglas - 62

Lands End 5K - July 30, 2000

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Place	Name	Age	Time
1	Wayne Cottrell	38	18:31
2	Randy Guerrero	38	18:46
3	Pete Nowicki	42	18:51
4	Lucio Perez	38	19:11
5	Steve Stephens	56	19:27
6	Victor Rodriguez	52	20:53
7	Mainframe Man	46	21:05
8	Brian Quan	17	21:20
9	Jim Buck	57	21:23
10	William Galvin	29	21:33
11	Greg Shine	32	21:36
12	Brian Cross	27	21:42
13	Hermann Wackler	54	22:10
14	Larry Wuerstle	44	22:18
15	Andrew Ferguson	35	22:22
16	Albert Tran	15	22:53
17	Paul Mosel	58	22:55
18	Bob Stanger	52	23:01
19	Terry Koelbl	38	23:12
20	Keith Nowell		23:36
21	Edmund Tran	16	23:45
22	Brent Robbins	24	23:47
23	Hannah Tai <sup>①</sup>	39	24:34
24	Norman Ching	52	24:36
25	Russell Breslauer	55	24:50
26	Herve Boyer	35	24:53
27	Lila French <sup>②</sup>	23	25:06
28	Brewster Wong	42	25:08
29	Angela Kramer <sup>③</sup>	21	25:14
30	Gregory Brown	51	25:37
31	Yong Cho <sup>④</sup>	42	25:44
32	K. Phillips	54	25:48
33	Sam Roake	64	25:54
34	Christy W. <sup>⑤</sup>	49	26:06
35	Svetlana Ledenieva	37	26:14
36	John Elsbree	51	26:17
37	Andrew Wesman	12	26:29
38	Ken Loders	41	26:37
39	Robert Wesman	51	26:38
40	Michael Smith	54	26:39
41	Jim Gallagher	64	27:02
42	Janine Firpo	42	27:42
43	Martyn Ray	51	27:50
44	Ed Dunn	57	27:53
45	Daniel Wong	37	28:23
46	Ceis Wildin	62	28:28
47	Amy Conroy		28:48
48	Bobby Absolute		29:07

49 Wendy Newman	50	29:08
50 Tom Chuey	55	29:09
51 Marceia Bin	47	29:32
52 Bobby Marty	71	29:48
53 Doerte Murray	59	29:57
54 Carla Robertson	27	30:11
55 Richard Graham		30:13
56 Joan R. Reiss	63	30:24
57 Bill Woolf	65	30:32
58 Nick Lederer	58	30:36
59 JoAnna Graham		30:38
60 Debbie Sweet	30	30:40
61 Michael Sweet	30	30:45
62 Harry Cordellos	62	31:44
63 Jack Bettencourt	70	31:44
64 Jenn Castelaro	33	32:00
65 Jane Colman	57	32:02
66 Don Watson	71	32:34
67 Sarah Bernstein	23	33:55
68 Brandy Bolt	35	35:21
69 Susan Herder	43	36:24
70 Bill Robbins	59	39:13
71 Sally Robbins	58	39:15
72 Pat O'Keefe	66	41:59
73 Jim Pommier	67	41:59

SELF-TIMERS

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- Elaine Mah - 38
  - Leonard Cascio
  - Neil Mahoney
  - Tony Stratta - 70 (56:30)
  - Richard Hannon - 64
  - Kathryn vonBlankenburg - 59
  - Jerry McGowan - 62
  - Al Long - 69
  - Charlene Schmitz - 67 (55:00)
  - Lila Jordan - 57
  - Joan Long - 65
  - Larry Borba

DSE Memorial Run, 4.5 miles - August 6, 2000

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Place	Name	Age	Time
1	Randy Guerrero	38	25:43
2	Marc Forde	40	25:56
3	Jim Misener	39	27:37
4	Chikara Omine	17	27:44
5	Jost Schmitt	53	28:07
6	Jim Tesar	38	28:45
7	Michael Sweet	30	28:46
8	Ben Pring	37	29:42
9	Bob Akers	44	29:46
10	Rich Stiller	54	29:50
11	Sal DeSalvo		30:43
12	Dick Parker	54	30:51
13	Dan Schirn	51	30:57
14	John Weidinger	59	31:05
15	Larry Wuerstle	44	31:16
16	Steve Nissenson	52	31:18
17	Paul Mosel	58	31:37
18	Phil Melman	34	32:10
19	Aaron Low	40	33:27
20	Tom Haney	40	33:31
21	Paul Resignato	49	33:34
22	Trish Vance <sup>①</sup>	27	33:36
23	Lina Morris-Khatib <sup>②</sup>	36	33:45
24	Harold Heringhi	56	33:49
25	Chuck Hoinbrook	32	33:50
26	Fiona McCusker <sup>③</sup>	36	33:59
27	Norman Ching	52	34:07
28	Marvin Webb	51	34:24
29	Graham Knopp	30	34:31
30	Peter Royce	65	34:38
31	Herve Boyer	35	34:54
32	Gina Tonegato <sup>④</sup>	26	35:04
33	Mary Zobell <sup>⑤</sup>	36	35:37
34	Yong Cho	42	35:41
35	Sam Roake	64	35:46
36	Tony McDonagh	61	35:53
37	Jerry McGowan	62	36:05
38	Ron Dorey	39	36:10
39	Reid Walden	49	36:14
40	Maureen Forney	44	36:30
41	Janet Nissenson	40	36:32
42	Larry Borba	57	36:47
43	Rene Menjivar	43	37:08
44	Jen Melman	29	37:14
45	Jason Wilson	15	37:15
46	Ralph Womack	51	37:33
47	Matt Wilson	17	38:18
48	Ed Mooney	68	38:38

49 Jerry Hill	54	38:49
50 Wendy Newman	50	39:17
51 Janine Firpo	42	39:17
52 John Rosellini		39:50
53 Dana Rosellini	31	39:51
54 Bobby Absolute		40:10
55 Jim Gallagher	64	40:14
56 Ed Dunn	57	40:34
57 Tiffani Cook	31	40:37
58 Andrew Ferguson	35	40:55
59 John Wilson	46	40:57
60 John Elsbree	51	41:05
61 Bobby Marty	71	41:09
62 Kathy Ray		41:24
63 Bob Morris-Khatib	47	41:31
64 Susan Herder	43	41:34
65 Jack Darr	55	41:43
66 Bill Woolf	65	42:20
67 Elaine Mah	38	43:20
68 Augie Perez	69	44:00
69 Debbie Sweet	30	44:45
70 Heidi Gorton	29	44:46
71 John Gregson	69	45:08
72 Fred Haber	40	45:12
73 Don Watson	71	45:14
74 Bruce Oliver	72	47:15
75 Ursula Bernhart	59	48:43
76 Jim Pommier	67	48:43
77 George Sacco	62	50:41
78 Wally Rapozo	72	50:59
79 Richard Finley	52	50:59
80 Rose Royce	65	52:09
81 Pat O'Keefe	66	57:32

#### SELF-TIMERS

Charlene Schmitz - 67 (1:11:00)

Bob Theis - 72

Tom Boyd - 54

Betty Garvey

Jean Doyle

Leonard Cascio

Neil Mahoney

Tony Stratta - 70 (1:18:20)

Ada Thomas - 86

Richard Hannon - 64

Phyllis Nabhan - 53

Liese Rapozo - 72

Marian Lyons

Ed Olkowski - 57

Kris Lee



Andrew Wesman - 12

12 Hour Distance Classic - August 26, 2000

Women's Results

Pl	Name	Age	Laps	Miles
1	Eldrith Gosney	59	71	55.96
2	Yong Cho	42	57	44.92
3	Janice Rensch	55	55	43.35
4	Anne Wilson	61	40	31.52
5	Michelle Jin	30	34	26.8
6	Susan Burnca	42	34	26.8
7	Kathryn vonBlankenburg	59	34	36.8
8	Lina Morris-Khatib	37	28	22.07
9	Tiffani Cook	31	15	11.82
10	Bernice Brucker-Vincent	73	9	7.09
11	Elaine Mah	38	7	5.52

Men's Results

Pl	Name	Age	Laps	Miles
1	David Kim	57	94	74.06
2	Ronald Rogowoski	28	88	69.35
3	Chikara Omine	18	85	66.99
4	Dieter Walz	65	81	63.84
5	Eric Paulsen	49	78	61.47
6	Bruce Orsan	50	70	55.17
7	Gerald Bretag	57	67	52.8
8	Bob Crowley	56	64	50.44
9	Frank Rodriguez	75	56	44.13
10	Martin Kerbleski	42	53	41.77
11	Bobby Marty	70	46	36.25
12	Stephen Gold	46	45	35.46
13	John Lang	61	44	34.68
14	Fred Haber	40	40	31.52
15	Michael Sweet	30	35	27.58
16	Robert Brizuela	60	34	26.8
17	Ted Vincent	64	34	26.8
18	Tony Stratta	70	34	26.8
19	Paul Mosel	58	26	20.49
20	Marlon Feiger	40	20	15.76
21	Marc Forde	40	17	13.4
22	Larry Borba	57	16	12.61
23	John Gregson	69	14	11.03
24	Giuseppe Farchione	40	6	4.73
25	Don Conkling	50	3	2.63
26	George Rehmet	33	1	.7881

McLaren Park Relays, 2 x 1.49 miles - August 30, 2000

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**TOP 5 CO-ED**

Place	Name	Age	Time
1	Andy Chan	29	
	Jessica Lau		21:11
2	Aaron Low	40	
	Malinda Walker	30	21:51
3	Keith Johnson	62	
	Susan Beck	42	22:47
4	Kevin Lee	45	
	Gina Tonegato	26	22:53
5	Rob Berry	34	
	Judy Ace	48	24:27
6	Fred Haber	40	
	Susan Herder		24:32
7	Jeff Houston	42	
	Doerte Murray	60	26:53
8	John Gregson	69	
	Lina Morris-Khatib	36	28:04

**TOP 5 MEN'S**

Place	Name	Age	Time
1	William Galvin	29	
	Peter Royce	65	22:08
2	Chikara Omine	17	
	Augie Perez	69	23:18
3	John Elsbree	51	
	Bobby Absolute		28:49

**SELF-TIMERS**

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Leonard Cascio  
Jean Doyle  
Betty Garvey  
Richard Hannon - 64  
Neil Mahoney  
Bobby Marty - 71

Potrero Hill Run, 4 miles - September 3, 2000

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Place	Name	Age	Time
1	Wayne Cottrell	38	23:28
2	Randy Guerrero	38	23:42
3	Andrew Sullivan	32	24:57
4	Andrew Bloch	37	25:10
5	Jim Misener	39	25:47
6	Chikara Omine	18	26:32
7	William Galvin	29	27:48
8	Brian Quan	17	27:58
9	Larry Wuerstle	44	28:16
10	Luis Vargas	43	29:21
11	Albert Tran	15	29:26
12	Dan Schirn	51	29:46
13	Edmund Tran	17	29:56
14	Dean Hess	33	30:02
15	Paul Mosel	58	30:10
16	Gregory Brown	51	30:25
17	Dick Parker	55	30:52
18	Jess Fernandez	24	30:55
19	Wendy Horne <sup>①</sup>	32	31:07
20	Jerry McGowan	62	31:15
21	Rene Menjivar	43	31:18
22	Theo Jones	61	31:43
23	Aaron Low	40	31:50
24	Tom Haney	40	32:09
25	Whitney Stephenson <sup>②</sup>	39	32:15
26	David Fong	40	32:26
27	Lina Morris-Khatib <sup>③</sup>	36	33:06
28	Peter Royce	65	33:12
29	Marvin Webb	51	33:24
30	Michelle Smith <sup>④</sup>	40	33:46
31	Herve Boyer	35	34:13
32	Mary Zobell <sup>⑤</sup>	36	35:30
33	Rhodora Javier	36	35:34
34	Jeff Houston	42	35:46
35	Jack Bascom	59	35:58
36	Ceis Wildin	62	36:12
37	Kenneth Fong	38	36:14
38	Fred Haber	40	36:32
39	Wesley Dunaway	24	36:38
40	Ed Dunn	57	36:51
41	Bill Woolf	65	37:27
42	April Lax	45	37:35
43	Christina Wong	21	37:42
44	Wendy Newman	50	37:58
45	Amy Conroy	39	38:05
46	Marc Babin	47	38:39
47	Eric Shackelford	50	39:27
48	Bobby Marty	71	39:28

49 Bobby Absolute		38:37
50 Don Watson	71	40:59
51 Jane Colman	57	44:03
52 Susan Herder	43	47:26
53 Jim Pommier	67	47:40
54 Bob Theis	72	49:31

#### SELF-TIMERS

Betty Garvey

Jean Doyle

Neil Mahoney

Tony Stratta - 70

Richard Hannon - 64

Yong Cho - 42

Stu Etzler

South Embarcadero Run, 6.25 miles - September 10, 2000

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Place	Name	Age	Time
1	Steve Moore	22	36:26
2	Marc Forde	40	38:49
3	Chikara Omine	18	39:03
4	Andrew Sullivan	32	39:32
5	Jim Misener	39	40:58
6	Bob Akers	44	41:55
7	Jim Buck	57	43:32
8	Dick Parker	55	48:39
9	Rene Menjivar	43	48:59
10	Stu Ruth	63	49:39
11	Paula Wilcox <sup>1</sup>	35	49:47
12	Lina Morris-Khatib <sup>2</sup>	36	50:31
13	Tara O'Neill <sup>3</sup>	36	50:45
14	Sam Roake	64	51:31
15	Peter Royce	65	51:59
16	Marvin Webb	51	52:29
17	Thom Fox	47	53:08
18	John Tursi	51	53:34
19	Marc Babin	47	53:52
20	Janine Firpo <sup>4</sup>	42	55:16
21	Lorena Wong <sup>5</sup>	39	56:12
22	Amanda Edmonds	22	56:16
23	Lena Nilsson	36	56:23
24	Mary Zobell	36	57:16
25	John Elsbree	51	58:10
26	Bobby Marty	71	1:03:06
27	Ted Vincent	64	1:04:38
28	JoAnna Graham		1:05:59
29	Robert Brizuela	60	1:19:59
30	Jim Pommier	67	1:20:05
31	Bruce Oliver	72	1:22:07
32	Tom Boyd	54	1:23:12

SELF-TIMERS

Leonard Cascio  
Neil Mahoney  
Tony Stratta - 70 (1:35:40)  
Kathryn vonBlankenburg - 59  
Bernice Brucker-Vincent - 72  
Al Long - 69  
Joan Long - 65

Presidio Gate Run, 3.3 miles - September 17, 2000

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Place	Name	Age	Time
1	Chikara Omine	18	19:42
2	Chad Carr	24	19:48
3	David Mackesey	44	21:00
4	Thom Fox	47	21:04
5	Ernie Rivas	50	21:15
6	Evelyn Ellis①	41	21:27
7	Michael O'Neil	31	21:38
8	Jiro Yamamoto	41	21:49
9	Jim Buck	57	21:52
10	Jen Major②	23	22:09
11	Paul Tauber	33	22:18
12	Cris Reifsteck	29	22:23
13	William Galvin	30	22:43
14	Larry Wuerstle	44	22:58
15	Carmel Murphy③	26	23:29
16	Graham Knopp	30	23:30
17	Rich Disgrazzi	35	23:39
18	Paul Mosel	58	23:42
19	Hermann Wackler	55	23:56
20	Bob Stanger	52	23:58
21	Wendy Horne④	32	24:23
22	Theo Jones	61	24:31
23	Malinda Walker⑤	30	25:00
24	Paula Wilcox	35	25:06
25	Jerry McGowan	62	25:08
26	Russell Breslauer	55	25:29
27	Tom Haney	40	29:47
28	Pete Nowicki	42	25:56
29	Rene Menjivar	43	26:11
30	Fred Haber	40	26:41
31	Herve Boyer	35	27:09
32	Michael Smith	54	27:09
33	Patrick Galvin	61	27:57
34	Kenneth Fong	38	28:19
35	Sam Roake	64	28:22
36	Jeff Houston	42	28:26
37	Marc Babin	47	28:36
38	Yong Cho	42	28:40
39	Jerry Hill	54	28:43
40	Janet Nissenson	40	28:48
41	Steve Nissenson	52	28:49
42	Peter Royce	65	28:52
43	Lena Nilsson	36	29:05
44	Lorena Wong	39	29:27
45	Bobby Absolute		29:52
46	Tony McDonagh	61	30:00
47	Patrick Lee	52	30:01
48	Bret Carthew	32	30:09

49	Jack Bascom	59	30:21
50	Jim Gallagher	64	30:44
51	Doerte Murray	60	30:56
52	Jeanie Jones	64	31:21
53	Bobby Marty	71	31:26
54	Nancy Larkin		32:17
55	Luis Vargas	43	32:45
56	Augie Perez	69	32:46
57	John Gregson	69	33:13
58	Ted Vincent	64	33:52
59	Don Watson	71	34:32
60	Bob Ukena	57	36:31
61	Shawna Liu	37	38:20
62	Jim Pommier	67	38:37
63	Bob Theis	72	39:45
64	Susan Herder	43	39:59
65	John Elsbree	51	40:05
66	Pat O'Keefe	66	48:52
67	Stu Etzler	53	49:11

#### SELF-TIMERS

Neil Mahoney  
 Annabel Marsh - 77  
 Ada Thomas - 86  
 Ellen Breslauer - 52  
 Bernice Brucker-Vincent - 73  
 Marie Utzig  
 Marian Lyons  
 Charlene Schmitz - 67  
 Alexandria Vitomski - 61 (44:08)  
 Kris Lee  
 Carolyn M.



San Bruno Mountain Runs - September 24, 2000

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Place	Name	Age	Time
<hr/>			
5K RUNNERS			
1	Marc Forde	40	17:22
2	Geoff Jones	36	17:53
3	Victor Rodriguez	52	18:38
4	Scott Witthoff	34	19:18
5	Paul Tauber	33	20:02
6	Victoria Farrell <sup>①</sup>	41	21:58
7	Patrick Lee	52	21:23
8	Marvin Webb	51	21:36
9	Susan Herder <sup>②</sup>	43	26:16
10	John Elsbree	51	26:24
11	Meghan Quinn <sup>③</sup>		26:49
12	Bob Jeronowitz		26:49
13	John Lister	25	26:58
14	Lena Nilsson <sup>④</sup>	36	27:32
15	Jack Bettencourt	70	29:46
16	Shawna Liu <sup>⑤</sup>	37	29:52
17	Don Watson	71	31:20
18	Henry Black	66	32:18
19	Wendy Mills	25	32:23
20	David Pon	10	32:46
21	Richard Pon	49	32:48
22	Pat O'Keefe	66	33:46
23	Priscilla Black	68	35:36
24	Kathlin Nagle	49	37:52
25	George Anderson	71	47:00

Place	Name	Age	Time
<hr/>			
10K RUNNERS			
1	Andy Chan	29	46:26
2	Scott Peterson	32	46:43
3	Herman Escajadillo	49	54:19
4	Chris William	29	54:24
5	Robert Bickham	35	56:38
6	Geoff Girard	40	58:36
7	Sid Stuart		1:01:09
8	Carlos Anna	29	1:01:11
9	John B.	40	1:02:46
10	Andrea Harding <sup>①</sup>		1:04:54
11	Dick Parker	55	1:05:00
12	David Parrish	26	1:08:55
13	Jeff Houston	42	1:10:45
14	Rhodora Javier <sup>②</sup>	36	1:11:50
15	Ken Loders	41	1:11:54
16	Jon Antoni	45	1:11:56
17	Kenneth Fong	38	1:14:18
18	April Lax <sup>③</sup>	45	1:14:42

19	David Logan		1:15:25
20	Augie Perez	69	1:15:27
21	Ed Dunn	57	1:16:52
22	Lorena Wong <sup>4</sup>	39	1:18:25
23	Bobby Marty	72	1:18:26
24	Monica Fernandez <sup>5</sup>	32	1:22:29
25	Andy West	24	1:23:42
26	Ted Vincent	64	1:26:15

SELF-TIMERS

Bernice Brucker-Vincent  
 Stu Etzler  
 Jack Bascom - 69  
 Robert Brizuela (10K) - 60 - (1:40:00)  
 Leonard Cascio  
 Jane Colman (10K) - 57  
 Buffy Dennis  
 Richard Hannon  
 Donna Louis (5K) - 16 - (33:04)  
 Jonathan Lui (5K) - 17 - (28:22)  
 Dana Mack (5K)  
 Tina Mack (5K)  
 Neil Mahoney  
 Kyle McRae  
 Alexander Sheynis (5K) - 17 - (25:24)  
 Bob Theis (10K) - 72  
 Daniel Yee (5K) - 14 - (22:27)  
 Mort Weisberg

Place	Name	Age	Handicap Time	Actual Time
<u>1/2 Marathon Runners</u>				
1	Russ Kiernan	62	1:12:17	1:43:17
2	Cliff Lentz	35	1:26:48	1:26:48
3	Jerad Crave	25	1:26:57	1:26:57
4	Kathryn Krieger	31	1:29:12	1:44:12
5	Christopher Phipps	30	1:32:20	1:32:20
6	Jean Pommier	36	1:33:08	1:33:08
7	Peter Hsia	40	1:33:47	1:38:47
8	Ryan Gallagher	23	1:34:01	1:34:01
9	Chikara Omine	18	1:37:43	1:37:43
10	Kevin Jones	52	1:38:21	1:51:21
11	Hermann Wackler	55	1:40:29	2:04:29
12	Randy Guerrero	38	1:40:36	1:40:36
13	Jim Misener	40	1:43:14	1:48:14
14	David Yeagar	21	1:44:02	1:44:02
15	Jiro Ysmamoto	41	1:44:34	1:49:34
16	Paul Mosel	58	1:44:40	2:08:40
17	Susan Beck	42	1:44:40	2:08:40
18	Neil Gottlieb	23	1:45:30	1:45:30

19 David Siddell	36	1:46:17	1:46:17
20 Jennifer Raab	23	1:46:41	2:01:41
21 Bob Cowdrey	56	1:46:46	2:10:46
22 Diana Morro	30	1:50:49	2:05:49
23 Bob Keefe	55	1:51:31	2:15:31
24 Robert Carr	47	1:53:34	2:01:34
25 Tory Weeks	26	1:53:41	2:08:41
26 Billy Farrer	46	1:54:00	2:02:00
27 Molly Attell	50	1:54:59	2:25:59
28 Antonio Reyes	57	1:55:04	2:19:04
29 Chantal Contrier-Buatois	40	1:55:31	2:19:31
30 Philip Montalbano	39	1:59:22	1:59:22
31 Rene Menjivar	43	2:00:20	2:05:20
32 Bill Mack	44	2:00:47	2:05:47
33 Sam Roake	64	2:02:50	2:33:50
34 Greg Shine	32	2:03:08	2:03:08
35 Salina Yeung	33	2:03:25	2:18:25
36 Sandra Sigurdson	44	2:04:20	2:28:20
37 Tone Mosley	30	2:04:36	2:04:36
38 Peter Royce	65	2:05:05	2:36:05
39 Phil Cussen	46	2:05:26	2:13:26
40 Linda Decke	50	2:05:39	2:36:39
41 Mary Farrell	32	2:05:55	2:20:55
42 Frances Schulze	46	2:06:45	2:30:45
43 Alan Bishop	41	2:08:31	2:13:31
44 Anne Wilson	61	2:11:57	2:51:57
45 Alex Montesano	27	2:13:28	2:13:28
46 Mary Zobell	36	2:17:20	2:32:20
47 Ed Patterson	57	2:17:36	2:41:36
48 Kino Hecko	37	2:17:48	2:32:48
49 Guy Estes	31	2:18:31	2:18:31
50 Mark Bender	29	2:18:33	2:18:33
51 Patrick Wall	28	2:19:11	2:19:11
52 Megan Nguyen	32	2:20:30	2:35:30
53 David Caio-Greene	20	2:22:21	2:22:21
54 Jenny Talavera	28	2:24:09	2:39:09
55 Fiona McCusker	36	2:24:19	2:39:19
56 George Durgerian	33	2:24:20	2:24:20
57 Herve Boyer	35	2:26:36	2:26:36
58 David Adock	40	2:27:18	2:32:18
59 Jack Aldridge	55	2:30:47	2:54:47
60 Heather Lawson	29	2:30:58	2:45:58
61 Eileen Francisco	28	2:30:59	2:30:59
62 Fred Haber	40	2:31:38	2:36:38
63 Erin Cohan	24	2:35:40	2:50:40
64 Wendy Kerr	24	2:35:42	2:50:42
65 Gerald Shenk	53	2:38:50	2:51:50
66 Stephen Gold	46	2:47:19	2:55:19
67 Po Adams	76	2:48:55	3:28:55
68 Pam Delapp	57	2:50:01	3:21:01
69 Tony Stratta	70	4:41:31	5:21:31

ST

Mark Bistricky

26 2:35:43

Rainbow Falls Run, 3 miles - October 8, 2000

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Place	Name	Age	Time
1	Marc Forde	40	16:55
2	Chikara Omine	18	17:02
3	Ben Fields		17:09
4	Geoff Jones	36	17:16
5	Bob Sferra	47	17:46
6	Michael Sweet	31	18:06
7	Thom Fox	47	18:08
8	Stephen Boesch	33	18:13
9	Scott Witthoff	34	18:28
10	Jim Buck	57	18:51
11	Jim Misener	40	19:08
12	Greg Shine	32	19:13
13	Larry Wuerstle	44	19:45
14	Luis Vargas	43	19:56
15	William Galvin	30	20:06
16	Ken Klein	47	20:21
17	Dan Schirn	52	20:25
18	Paul Mosel	58	20:49
19	Steve Nissenson	52	21:02
20	Jerry McGowan	62	21:05
21	Peter Lubbers	30	21:35
22	Graham Knopp	30	21:36
23	Theo Jones	61	21:40
24	Harold Heringhi	56	21:50
25	Robert Lindstrom	32	21:53
26	Fiona McCusker <sup>①</sup>	36	21:59
27	Herve Boyer	35	22:00
28	Fred Haber	40	22:18
29	Martyn Ray	51	22:25
30	Rene Menjivar	43	22:32
31	Josh Lail	27	22:41
32	Lina Morris-Khatib <sup>②</sup>	36	22:47
33	Haardt Gregay		22:58
34	Kathleen Lail <sup>③</sup>	32	22:59
35	Juliette Johnson <sup>④</sup>	30	23:02
36	Melissa Sellick <sup>⑤</sup>	30	23:05
37	Peter Royce	65	23:42
38	Ed Mooney	68	23:53
39	Yong Cho	42	23:55
40	Stu Ruth	63	24:07
41	Janet Nissenson	41	24:25
42	Jack Bascom	59	24:34
43	Johanna Merriss	50	24:38
44	Chris V.	45	24:54
45	Daniel Wong	37	24:57
46	Aaron Low	40	25:06
47	Kenneth Fong	38	25:08
48	Jeff Houston	42	25:14

49 Bobby Marty	72	25:35
50 Colleen Blackler	34	25:45
51 Lorena Wong	39	25:53
52 Ed Dunn	57	25:57
53 Doerte Murray	60	26:02
54 Augie Perez	69	26:13
55 Russell Breslauer	55	26:19
56 Jeanie Jones	64	26:55
57 Bobby Absolute		27:25
58 Ted Vincent	64	28:09
59 Calvin Chan	49	28:13
60 Bill Brook	38	28:52
61 Sarah Bernstein	23	29:26
62 Don Watson	71	29:33
63 Jane Colman	57	30:29
64 Bob Theis	72	31:40
65 Jim Pommier	67	31:41
66 David Pon	10	31:44
67 Richard Pon	49	31:44
68 Wally Rapozo	72	32:00
69 Mi Ja Song	42	32:02
70 Judith Jarosz		33:05
71 Barbara Knox	36	33:40
72 John Elsbree	51	34:35
73 Ursula Bernhart	60	35:09
74 Tom Boyd	54	36:18
75 Margo Banowicz	41	37:10
76 Bernice Brucker-Vincent	73	45:44
77 Ellen Breslauer	52	48:32

#### SELF-TIMERS

Jim Gallagher - 64  
 Gregory Brown - 51  
 Betty Garvey  
 Jean Doyle  
 Leonard Cascio  
 Neil Mahoney  
 Tony Stratta - 70 (50:10)  
 Kathryn vonBlankenburg - 59  
 Phyllis Nabhan - 53  
 Liese Rapozo - 72  
 Conrad vonBlankenburg - 59  
 Don Turner - 56  
 Richard Hannon - 64

Pacifica Terrifica, 5 miles - October 15, 2000

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Place	Name	Age	Time
1	Marc Forde	40	30:45
2	Jim Buck	57	33:02
3	Donna Hinshaw <sup>①</sup>	45	35:12
4	Gary Harrison	39	37:11
5	Herve Boyer	35	37:53
6	Graham Knopp	30	38:00
7	Dick Parker	55	38:15
8	Martyn Ray	51	38:20
9	Antonio Reyes	57	38:32
10	Gregory Brown	51	38:39
11	Brewster Wong	42	38:49
12	Fiona McCusker <sup>②</sup>	36	39:50
13	Marvin Webb	51	40:41
14	David Parrish	26	42:04
15	Chris Kilcoin	41	42:11
16	Elaine Engler <sup>③</sup>	48	42:15
17	Joni Leiva <sup>④</sup>	44	42:50
18	Sam Roake	64	43:07
19	Aaron Low	40	43:10
20	Kenneth Fong	38	43:23
21	Elaine Mah <sup>⑤</sup>	38	43:44
22	Johanna Merriss	50	44:14
23	Peter Royce	65	45:23
24	Jeff Houston	42	45:34
25	Jim Rowland	53	45:57
26	Celia Malheiros	41	46:09
27	Ed Dunn	57	46:33
28	Doerte Murray	60	47:08
29	Mary Tehaney	37	47:15
30	April Lax	45	48:01
31	Bobby Marty	72	48:29
32	Susan Herder	43	48:40
33	Joel Eberly	30	51:02
34	Eileen Chang		51:02
35	Bob Ukena	57	51:16
36	Don Watson	71	51:41
37	Michelle Eberly	28	54:27
38	Jane Colman	57	55:52
39	Bob Theis	72	56:17
40	John Elsbree	51	59:19

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SELF-TIMERS

Betty Garvey  
Jean Doyle  
Leonard Cascio  
Neil Mahoney  
Spike Head - 39  
Richard Hannon - 64  
Robert Brizuela - 60  
Sarah Bernstein - 23  
Tony Stratta - 70 (1:16:10)

Beach Esplanade Run, 5.6 miles - October 22, 2000

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Place	Name	Age	Time
1	Chikara Omine	18	35:15
2	Jim Misener	40	36:58
3	Stephen Boesch	33	38:01
4	Herman Escajdillo	49	40:03
5	Larry Wuerstle	44	40:33
6	Paul Mosel	59	40:38
7	Bob Stanger	52	40:53
8	Jerry McGowan	62	41:28
9	William Galvin	30	42:38
10	Herve Boyer	35	43:23
11	Theo Jones	61	43:41
12	Fred Haber	41	43:51
13	Paula Wilcox <sup>①</sup>	35	44:00
14	Russell Breslauer	55	44:06
15	Phil Melman	35	44:19
16	Rene Menjivar	43	44:45
17	Michael Smith	54	47:38
18	Sam Roake	64	47:42
19	Yong Cho <sup>②</sup>	42	47:51
20	David Parrish	26	47:58
21	Michelle Smith <sup>③</sup>	40	50:07
22	Ron Dorey	39	50:08
23	Kenneth Fong	38	50:37
24	Peter Royce	65	50:57
25	Stephen Hurley	39	52:23
26	Lorena Wong <sup>④</sup>	39	52:58
27	Lena Nilsson <sup>⑤</sup>	36	53:16
28	Jeanie Jones	64	55:02
29	Celia Malheiros	41	55:24
30	Ed Dunn	57	55:25
31	Fred Dunn	71	56:34
32	Amy Conroy	39	58:03
33	Susan Herder	43	58:18
34	Gary Benjamin	45	58:42
35	Ted Vincent	64	59:43
36	Nick Lederer	58	1:01:01
37	Bob Ukena	57	1:01:22
38	John Gregson	69	1:04:34

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SELF-TIMERS

Bob Theis - 72  
Bob Cantwell - 67  
Leonard Cascio  
Neil Mahoney  
Tony Stratta - 70 (1:26:50)  
Richard Hannon - 64  
Kathryn vonBlankenburg - 59  
Robert Brizuela - 60 (47:00)  
Bernice Brucker-Vincent - 73  
Marie Utzig  
Conrad vonBlankenburg - 59  
Jesse Edmond - 62



Kennedy Drive Run, 4.7 miles - October 29, 2000

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Place	Name	Age	Time
1	Marc Forde	40	27:38
2	Pete Nowicki	42	27:53
3	Brian Herf		28:54
4	Jim Misener	40	29:29
5	Jim Buck	57	30:44
6	Chikara Omine	18	32:11
7	Theo Jones	61	32:39
8	Phil Melman	35	32:44
9	Jerry McGowan	62	33:01
10	Dean Hess	33	33:27
11	Russell Breslauer	55	35:20
12	Harold Heringhi	56	35:48
13	Martyn Ray	51	36:23
14	David Parrish	26	36:41
15	Sam Roake	64	37:03
16	Lina Morris-Khatib ①	36	38:01
17	Michelle Smith ②	40	38:18
18	Elaine Mah ③	38	38:27
19	Ed Mooney	68	39:03
20	Joseph Collins	56	39:22
21	Jen Melman ④	28	39:30
22	Jeff Houston	42	40:05
23	Frank Hunt	61	40:07
24	Tom Haney	40	40:24
25	Joan R. Reiss ⑤	62	40:37
26	Jack Darrow	55	40:48
27	Ceis Wildin	62	40:54
28	Joe Oakes	65	41:07
29	Lorena Wong	39	41:10
30	Jack Bascom	59	41:21
31	Jeanie Jones	64	41:51
32	Bobby Marty	72	41:56
33	Aaron Low	40	42:04
34	Kenneth Fong	38	42:12
35	Jim Gallagher	64	42:33
36	Doerte Murray	60	42:48
37	Augie Perez	69	42:52
38	Gary Benjamin		43:39
39	Allan Finley	52	44:05
40	Susan Herder	43	44:17
41	Nick Lederer	58	44:43
42	Bob Morris-Khatib	47	44:45
43	Ted Vincent	64	45:10
44	John Gregson	69	45:49
45	Don Watson	71	47:06
46	Jane Colman	57	47:47
47	Chris Oakes		48:31
48	Bob Ukena	57	48:42

49 Agnes Pommier	34	51:54
50 Richard Finley	52	51:55
51 George Sacco	62	51:58
52 Bob Theis	72	54:27
53 John Elsbree	51	1:01:26

#### SELF-TIMERS

Leonard Cascio

Neil Mahoney

Richard Hannon - 64

Kathryn vonBlankenburg - 59

Bernice Brucker-Vincent - 73

Conrad vonBlankenburg - 59

Roller Coaster Run, 2.92 miles - November 5, 2000

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Place	Name	Age	Time
1	Marc Forde	40	17:23
2	Chikara Omine	18	17:41
3	Pete Nowicki	42	18:13
4	George Rehmet	33	18:29
5	Steve Stephens	56	18:40
6	Stephen Boesch	33	19:21
7	Jim Buck	57	20:13
8	William Galvin	30	20:23
9	Larry Wuerstle	45	20:58
10	Wayne Plymale	48	21:01
11	Phil Melman	35	21:47
12	Dick Parker	55	22:07
13	Herve Boyer	35	22:15
14	Fred Haber	41	22:20
15	Hashim Bashiruddin	43	22:45
16	Jesse Ramos	38	22:47
17	Norman Ching	53	23:17
18	Russell Breslauer	55	23:23
19	Harold Heringhi	56	23:35
20	Rene Menjivar	44	23:46
21	Robert Archibald	41	24:00
22	Martyn Ray	51	24:25
23	Sam Roake	64	24:28
24	Jen Melman <sup>①</sup>	28	24:40
25	Peter Royce	65	24:47
26	Diane Tawbs <sup>②</sup>	42	24:51
27	Marvin Webb	51	25:00
28	Johanna Merriss <sup>③</sup>	50	25:13
29	Jim Gallagher	64	25:20
30	Yong Cho <sup>④</sup>	42	25:23
31	Jeff Houston	42	25:28
32	Dennis Wong		25:40
33	Ballint Kokas	52	26:10
34	Patrick Lee	53	26:14
35	Jack Darrow	55	26:59
36	Bobby Marty	72	27:34
37	Harry Cordellos	62	27:40
38	Gregory Brown	51	28:49
39	Ed Dunn	57	28:50
40	Joan R. Reiss <sup>⑤</sup>	63	28:51
41	Don Watson	71	29:37
42	Jane Colman	57	30:03
43	John Gregson	69	30:23
44	David Pon	10	30:42
45	Richard Pon	49	31:29
46	John Elsbree	51	31:30
47	Jane Lee	48	33:17
48	Lisa Troeger		33:46

49	Judith Jarosz		35:11
50	Bruce Oliver	72	35:19
51	Lina Morris-Khatib		35:20
52	Bob Morris-Khatib	48	40:44
53	Kevin Lee	44	40:45
54	Tim Oliver	34	40:48

#### SELF-TIMERS

Leonard Cascio  
Tony Stratta - 70 (47:10)  
Richard Hannon - 64  
Brie Reybina - 61  
Joan Long - 65

Golden Gate Bridge Vista Run, 5.04 miles - November 12, 2000

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Place	Name	Age	Time
1	Ronald Exley	15	30:17
2	Chikara Omine	18	31:29
3	Thom Fox	47	32:32
4	Jim Tesar	39	34:19
5	Wayne Plymale	48	35:25
6	Larry Wuerstle	44	35:58
7	Luis Vargas	43	36:43
8	Daryl Luppino	41	36:49
9	David Kanamine	42	36:54
10	Rosario Lopez ①	21	36:56
11	Paul Mosel	59	37:04
12	Dick Parker	55	38:05
13	Chris Kilcoin	41	38:26
14	Dean Hess	33	38:34
15	Jerry McGowan	62	38:35
16	Herve Boyer	35	38:50
17	Malinda Walker ②	31	38:59
18	Theo Jones	62	39:04
19	Phil Melman	35	39:06
20	Shannon Gleeson ③	19	39:14
21	Rick Matcovich		39:15
22	Fred Haber	41	40:13
23	Rene Menjivar	44	40:55
24	Aaron Low	40	41:33
25	Lina Morris-Khatib ④		41:34
26	David Parrish	26	42:16
27	Jerry Flanagan	35	42:16
28	Sharon Melmon ⑤	36	42:32
29	Cammie Dingwall		42:42
30	Gary Osborn	63	43:19
31	Yong Cho	42	43:31
32	Marvin Webb	51	43:43
33	Peter Royce	65	43:45
34	Bill Hogan	51	43:53
35	Tom Hogan	12	44:04
36	Jeff Houston	42	44:05
37	Joseph Collins	56	44:06
38	Bob	57	44:22
39	Jen Melman	28	44:36
40	Annie Palmore	23	45:14
41	Betsy Witt	23	45:17
42	Yasmin Eichmann	22	46:10
43	Mark Haesloop	50	46:51
44	Bob Morris-Khatib	47	47:13
45	Bobby Absolute		47:34
46	Lorena Wong	39	48:31
47	Jack Darrow	55	48:52
48	Patty Troppe	31	48:59

49 Bobby Marty	72	49:22
50 Wendy Newman	50	49:58
51 Kevin Lee	44	50:01
52 Kenneth Fong	38	50:04
53 Bill Woolf	65	50:05
54 Augie Perez	69	50:33
55 Celia Malheiros	41	50:35
56 Ed Dunn	57	50:41
57 April Lax	45	51:53
58 Susan Herder	43	52:07
59 Juliana Bush	22	53:28
60 Bob Ukena	57	55:34
61 Jane Colman	57	56:09
62 Jack Bettencourt	70	57:00
63 Bruce Dingwall	67	57:12
64 Lisa Troeger		57:13
65 Bruce Oliver	72	1:00:00
66 Tom Boyd	54	1:02:53

#### SELF-TIMERS

Calvin Chan - 49  
 Bob Theis - 72  
 John Mortell - 64  
 Ted Vincent - 64  
 Leonard Cascio  
 Neil Mahoney  
 Tony Stratta - 70 (1:25:40)  
 Richard Hannon - 64  
 Kathryn vonBlankenburg - 59  
 Bernice Brucker-Vincent - 73  
 Brie Reybine - 61  
 Jim Pommier - 67

Conservatory 5K - November 19, 2000

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Place	Name	Age	Time
1	Andy Chan	29	17:12
2	Chikara Omine	18	17:14
3	Ronald Exley	15	17:22
4	Pete Nowicki	42	17:56
5	David Moulton	33	18:03
6	Thom Fox	47	18:22
7	William Galvin	30	19:45
8	John Gieng	21	19:57
9	Carlton Oler	43	20:11
10	Rich Stiller	55	20:24
11	Greg Shine	32	20:27
12	Luis Vargas	43	20:38
13	Phil Melman	35	21:05
14	Larry Wuerstle	45	21:15
15	Paul Mosel	59	21:17
16	Aileen Mcaleer <sup>①</sup>	17	21:21
17	Matt Sterling	16	21:22
18	Ken Klein	47	21:24
19	Herve Boyer	35	21:25
20	Malinda Walker <sup>②</sup>	31	21:27
21	Fiona McCusker <sup>③</sup>	36	21:54
22	Jerry McGowan	62	22:05
23	Bill Peregoy	38	22:13
24	Aaron Low	40	22:15
25	Lazaro Sanchez	35	22:20
26	Lina Morris-Khatib <sup>④</sup>		22:22
27	Russell Breslauer	55	22:24
28	Rene Menjivar	44	22:25
29	Sarah Rozner <sup>⑤</sup>	30	22:42
30	Josh Lail	27	22:59
31	David Parrish	26	23:04
32	Harold Heringhi	56	23:17
33	Whitney Stephenson	40	23:30
34	David Coro	21	23:32
35	Kathleen Lail	32	23:38
36	Keiko Rosentheil	16	23:58
37	Fred Haber	41	23:59
38	Laura Brasfield		24:01
39	Yong Cho	42	24:10
40	Danielle Beck		34:28
41	Peter Royce	65	24:29
42	Elaine Mah	38	24:52
43	Jeff Houston	42	24:52
44	Jack Bascom	59	25:15
45	Maurice Sanchez		25:22
46	Ed Mooney	68	25:37
47	Stu Ruth	63	25:40
48	Bob Morris-Khatib	48	25:51

49 Bobby Absolute		25:56
50 Colleen Blackler	33	26:15
51 Arthur Resnicoff	58	26:31
52 Bobby Marty	72	26:46
53 David Pon	10	27:20
54 Richard Pon	49	27:25
55 Kenneth Fong	38	27:26
56 Kevin Lee	44	27:34
57 Wendy Newman	50	27:35
58 Tony Wasserman	55	27:37
59 Doerte Murray	60	27:46
60 Ed Dunn	57	27:47
61 Bill Woolf	65	27:47
62 Sue Shallow	53	27:58
63 Augie Perez	69	27:59
64 Robert Oblon	54	28:05
65 Sheldon Gersh	55	28:18
66 Jackie Bassett	27	28:34
67 Ted Vincent	64	28:42
68 Bob Cantwell	68	29:10
69 Bob Ukena	57	29:27
70 Mi Ja Song	42	30:08
71 Susan Herder	43	30:37
72 Don Watson	71	30:49
73 Jane Colman	57	31:27
74 Margaret Clark		31:54
75 Bob Theis	72	31:59
76 Pat O'Keefe	67	32:52
77 Tim Oliver	34	33:54
78 Bruce Oliver	72	34:06
79 Jim Pommier	67	34:13
80 Tom Boyd	55	35:40

#### SELF-TIMERS

Betty Garvey  
 Jean Doyle  
 Leonard Cascio  
 Neil Mahoney  
 Tony Stratta - 70 (42:40)  
 Richard Hannon - 64  
 Kathryn vonBlankenburg - 59  
 Phyllis Nabhan - 53  
 Ellen Breslauer - 53  
 Robert Brizuela - 60 (56:00)  
 Wayne Plymale - 48  
 Conrad vonBlankenburg - 59  
 Connie Artinger  
 Susan Ryan - 43



Ferry Building Run, 3.83 miles - December 3, 2000

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Place	Name	Age	Time
1	Marc Forde	40	21:49
2	Chikara Omine	18	22:12
3	Steve Pacatte	16	23:01
4	Andrew Bloch	37	23:08
5	Jim Misener	40	23:17
6	Victor Rodriguez	52	23:22
7	Pete Nowicki	42	23:58
8	Jim Tesar	39	24:18
9	Harry Carr		24:44
10	Paul Tauber	33	25:01
11	Peter Lulie	39	25:05
12	William Galvin	30	25:20
13	Luis Vargas	43	25:34
14	Brian Cross	27	25:44
15	Larry Wuerstle	45	25:51
16	Tom Roach	32	25:54
17	Brian Quan	17	26:30
18	Herve Boyer	35	36:31
19	Collin Lee	47	26:36
20	Mainframe Man	46	26:40
21	Phil Melman	35	26:50
22	Michael Shambeiger	26	26:58
23	Malinda Walker ❶	31	27:08
24	The Fat Man	41	27:11
25	Fiona McCusker ❷	36	27:49
26	D.C. Greene	21	27:51
27	Jerry McGowan	62	27:51
28	Theo Jones	62	27:51
29	Gregory Brown	51	27:58
30	Fred Haber	41	27:58
31	Matt Sterling	16	27:59
32	Lina Morris-Khatib ❸		28:02
33	Russell Breslauer	55	28:06
34	Aileen McAteer ❹	17	28:13
35	Jim McBride	57	28:16
36	Daryl Luppino	41	28:22
37	Howell Chan		28:38
38	Jack Major	58	28:53
39	Keiko Rosenthal ❺	16	28:55
40	Sarah Rozner	30	28:57
41	George Roach	58	29:17
42	Kathleen Lail	32	29:35
43	Hannah Tai	39	29:37
44	Sam Roake	64	29:38
45	Elaine Mah	38	29:45
46	Yong Cho	42	30:14
47	David Parrish	26	30:22
48	Ballint Kokas	52	30:29

49	Rene Menjivar	44	30:50
50	Diane Jacobs	42	30:55
51	Mike Guigona	38	31:05
52	Jen Melman	29	31:18
53	Bevin Daniels	24	32:08
54	Glen Weirick	45	32:30
55	Sarah Gilson	26	32:32
56	Jack Darr	55	32:37
57	Jeff Houston	42	33:07
58	Cynthia Major	39	33:08
59	Bob Morris-Khatib	48	33:20
60	Lorena Wong	39	33:45
61	Josh Lail	27	33:55
62	JoAnna Graham	27	34:04
63	Susan Herder	43	34:07
64	Wendy Newman	50	34:12
65	Jeanie Jones	64	34:22
66	Theresa Burger	66	34:37
67	Curt Jacobs		34:39
68	P.J.B.	34	35:11
69	Ed Dunn	57	35:16
70	Bobby Marty	72	35:17
71	Bill Woolf	65	35:21
72	Peter Royce	65	35:22
73	P. C. Boy		35:50
74	Jim Gallagher	64	36:08
75	Gary Benjamin	46	36:15
76	Larry Haverkamp	54	36:45
77	Leslie Mulligan	40	37:16
78	Katie Roach	57	38:07
79	Don Watson	71	38:16
80	Robert Burger	69	38:24
81	Bob Ukena	57	38:25
82	Kevin Lee	44	39:47
83	Jane Colman	57	39:49
84	Bobby Absolute		40:04
85	John Gregson	69	41:12
86	John Kelly		41:40
87	David Pon	10	41:41
88	Richard Pon	49	43:03
89	Ted Vincent	64	48:41
90	Tom Boyd	55	48:41

#### SELF-TIMERS

Leonard Cascio  
 Tony Stratta - 70 (57:10)  
 Annabel Marsh - 77  
 Ada Thomas - 86  
 Richard Hannon - 64  
 Kathryn vonBlankenburg - 59  
 Pat O'Keefe - 67  
 Kenneth Fong - 38  
 Wayne Plymale - 48 (23:58)  
 Marie Utzig  
 Jim Pommier - 67

USSSF Monument to Baker Beach, 5.6 miles - December 10, 2000

Place	Name	Age	Time	
1	Chikara Omine	18	34:51	
2	Steve Stephens	56	37:14	
3	Paul Tauber	33	40:02	
4	Craig Smith	40	40:18	
5	Scott McBride	50	40:51	
6	Thomas Huggins	36	41:05	
7	Luis Vargas	43	41:09	
8	Carlton Oler	43	41:50	
9	Larry Wuerstle	45	41:56	
10	Eamon Cooke	58	42:00	
11	Dick Parker	55	42:51	
12	Chris Kilcoin	41	43:02	
13	Phil Melman	35	43:46	
14	Paul Mosel	59	44:09	
15	Rene Menjivar	44	45:03	
16	Scott Gibb	24	46:36	
17	Lina Morris-Khatib ①		47:13	
18	Jerry Flanagan	35	47:28	
19	Aaron Low	40	47:31	
20	David Parrish	26	47:45	
21	Cammie Dingwall ②	36	47:47	
22	Tom Haney	40	48:52	
23	Joseph Collins	56	50:24	
24	Johanna Merriss ③	50	51:27	
25	Jeff Houston	42	51:30	
26	Larry Edelman		51:58	
27	Kathleen Lail ④	32	52:50	
28	Dennis Klein		54:06	
29	Elaine Mah ⑤	38	55:28	
30	Bob Morris-Khatib	48	55:39	<u>SELF-TIMERS</u>
31	Kevin Lee	44	55:49	Bob Theis - 72
32	Kenneth Fong	39	55:51	John Mortell - 64
33	Ed Dunn	57	56:33	Betty Garvey
34	Jack Darr	55	59:23	Jean Doyle
35	Jane Colman	57	59:31	Richard Hannon - 64
36	Don Watson	71	59:56	Phyllis Nabhan - 53
37	Bruce Dingwall	67	59:58	Robert Brizuela - 60
38	Shawna Liu	37	1:00:07	Wayne Plymale - 49
39	Ashlei Jordan		1:00:21	Wally Rapozo - 72
40	Lisa Weber	27	1:00:22	Liese Rapozo - 72
41	Bevin Daniels	24	1:00:27	Bob Ukena - 57
42	Thea Marston	24	1:00:28	
43	Bruce Oliver	72	1:11:14	
44	Tom Boyd	55	1:18:05	

Christmas Blind Date Relays, 2x2 miles - December 25, 2000

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Place	Name	Age	Time
1	Kevin Lee		23:32
	Bill Woolf	65	26:41
2	Whitney Stephenson	40	
	Keo Zaiger	39	27:30
3	Milli Ondras	25	
	Keith Johnson	61	27:59
4	Susan Herder		
	Chikara Omine	18	29:11
5	Malinda Walker	31	
	Robert Archibald		29:17
6	Bobby Marty	72	
	David Moulton	33	29:25
7	Denise Leo	25	
	Ron Dorey	40	30:38
8	Ceci Walker	29	
	Ronald Exley	15	30:39
9	Cis Chase	50	
	Gregory Brown	51	31:21
10	Wendy Newman		
	Wayne Plymale	49	31:27
11	Kathryn Krieger		
	John Gregson	69	31:34
12	Ronald Gill	64	
	Kraig Beale		31:47
13	Brian Quan	18	
	Don Watson	71	32:12
14	Jane Colman	57	
	Victor Rodriguez	52	32:13
15	Bevin Daniels	24	
	Bobby Absolute		33:50
16	Ursula Bernhart	60	
	Andy Chan	30	34:27
17	Doerte Murray	60	
	Jim Gallagher	65	34:57
18	Paul Mosel	59	35:26
19	Asa Smith	27	37:22
20	Mija Song	42	
21	Viovi Gergerih	36	39:07

SELF-TIMERS

Phyllis Nabhan  
Stu Etzler  
Robert Brizuela  
John Elsbree