

(Natl. AAU Women's X-C, Cont'd...) 4-Jonassen/ETC-WA 11:23, 5-Pratt/SCRR 11:26. /MIDGET/ Teams: SJC 54, SCRR 99, DC Catholic 108...5-Roseville Gaz. 161. 1-Garcia/SJC 8:25.0, 2-Fisher/SCRR 8:34, 3-Morgan/Un 8:38, 4-Miller/SJC 8:43, 5-Carter/ReddingTC 8:48...7-Vasquez/SJC 8:50, 13-McDowell/RG 8:58, 18-McAfee/RG 9:03, 20-Brogan/SJC 9:10, 22-Weisberg/SJC 9:11, 27-Rogers/SJC 9:14, 33-Cervante/RG 9:18, 45-Barley/RG 9:35, 52-McCarthy/RG 9:43, 65-Lee/RG 10:40. /BANTAM/ Teams: Kirkwood 69...4-Cupertino Yearlings 144, 5-Roseville Gaz. 160. 1-Hanlon/OlneyTC 5:51, 2-Rakestraw/Kirk 6:00, 3-Preusser/Kirk 6:02...6-Bratton/CY 6:07, 12-Fong/RG 6:20, 18-Berg/RG 6:26, 31-Carsiglia/CY 6:42, 34-Ryan/CY 6:48, 35-Nila/RG 6:48, 37-Lee/RG 6:51, 38-Mahoney/CY 6:52, 43-Maki/RG 6:59, 45-Carsiglia/CY 7:04, 50-Nolen/RG 7:24, 54-Fong/RG 7:52, 55-Duran/RG 7:58. /Phyllis Ulrich; Pete Cava/



Lance Packer upset defending champ, Rod Berry, at PA-AAU Jr. 10K X-C. /Coming/

PA-AAU JR. MEN'S 10K X-C (Dec. 3, Belmont): Teams: WVTC 2:46:52, CW 2:56:06, Marin Racers 3:00:59. 1-Lance Packer/CSN 32:28, 2-Berry/WVTC 32:48, 3-T.Downs/WVTC 32:55 (1st H.S.), 4-Plasso/LVTC 33:22, 5-Gruber/WVTC 33:25, 6-John Marden/WVTC 33:31, 7-Gulli/Sky 33:51, 8-O'Neil/Un-Stanford 33:56, 9-Walters/FP 33:56, 10-Zentner/MR 33:58, 11-Trimble/Un 34:01, 12-Strangio/WVTC 34:14, 13-Graves/WVC 34:20, 14-Conover/WVTC 34:29, 15-Otis/OPHIR 34:33, 16-Baffert/PMK 34:38, 17-Gonzalez/CW 34:43, 18-Huff/AH 34:45, 19-Mann/CSN 34:47, 20-Gonzalez/CW 34:48, 21-Coulman/FSU 34:51, 22-Mitchell/AHC 34:53, 23-Munoz/Un 34:58, 24-Lindeman/BC 35:10, 25-Apperson/CW 35:20...58 finishers. /Jack Leydig/

NATL. AAU JR. OLYMPIC X-C (Dec. 9, Shawnee Mission Park, KS): /Winners and NorCal placers only/ /BOYS/ 9&U: 1-Wall/Susanville 8:20.9...8-Reed/Piedmont 8:56, 29-Cole/Fairfield 9:15, 62-Odehl/Sac'to 9:47, 72-Chuon/Fairfield 9:59. 10-11: 1-Kingsley/Mo 8:02.9, 48-Reed/Albany 9:01. 12-13: 1-Willis/Va 10:18, 20-Hansen/Placerville 10:40, 40-Gilstrap/Porterville 11:02, 87-Harris/Fairfield 11:31. 14-15: 1-Smith/Colo 12:01, 4-Scott/Sac'to 12:20, 18-Knowles/Vacaville 12:35, 40-Whaler/Auburn 12:49, 61-Grubbs/Elk Grove 13:10, 95-O'Leary/Colfax 13:29, 104-Immoos/Elk Grove 13:35, 122-LaBrado/Elk Grove 13:51, 154-Lawlor/Elk Grove 14:42. 16-17: 1-Sheely/Md 14:04, 23-Williams/Chico 14:42, 56-Powell/Sac'to 15:08, 79-Jones/SantaRosa 15:23, 117-Hoyt/SantaRosa 15:58, 125-Johnson/Cloverdale 16:09, 139-Wilson/SantaRosa 16:17. /GIRLS/ 9&U: 1-Jones/Nebr 9:15, 100-Fong/Sac'to 11:53. 10-11: 1-Russell/Penna 8:26, 60-Orman/Antioch 9:41. 12-13: 1-Jonassen/Wash 11:02, 16-MacSwain/SanRafael 11:46, 34-Hollingsworth/SantaRosa 12:04, 36-McCarthy/SantaRosa 12:05. 14-15: 1-McLain/Penna 13:55 (no NorCal runners). 16-17: 1-Crystal/Colo 16:59, 8-Claiborne/Chico 17:29, 18-Rudolph/Sac'to 17:53, 65-Quintana/San Leandro 20:39. (Course snow-covered; 20° with wind-chill factor of -12°.) /Duncan MacSwain; Verlyn Schmidt/

LATE FLASH AS WE GO TO PRESS--WVTC 2ND AT JR. NATL. X-C--(Feb. 3, Gainesville, FL): - Complete results in next issue...Teams: Central Florida TC 2:02:04, WVTC 2:05:38, Bay TC 2:09:56. 1-Wills/CFTC 23:27, 2-Hill/Un 23:33, 3-Gregorik/Un 23:36, 4-Nelson/Burbank 23:43, 5-Sharsu/Un 23:39...13-Tim Gruber/WVTC-SJS 24:31, 18-Rod Berry/WVTC-Stanford 24:54, 20-Mark Conover/WVTC-HSU 24:54, 23-Jay Marden/WVTC-MSJ 25:34, 25-Pete Downs/WVTC-SkylineHS 25:48, 28-Steve Strangio/WVTC-MSJ 26:06...DNF-Tom Downs/WVTC-SkylineHS. /Dave Shrook/

LONG DISTANCE RESULTS

JOG IN THE FOG (Sept. 10, Half Moon Bay): /5.75 Mi./ 1-Ken McBride 31:32, 2-Bostrom 35:36, 3-Mendiola 36:19, 4-Kiernan 37:36, 5-Albers 37:41...16-Theis(50+) 43:32, 17-Prucha(40+) 43:42, 19-Elise Bortin 43:53, 24-Judy Peterson 45:37...68 finishers. /Bill Hurja/

MARIN SYMPHONY DEMI-MARATHON (Sept. 10, Mill Valley): /Distance?/ 1-Tim Swezey 68:28, 2-Mason 69:49, 3-Millar 70:51, 4-Gonzales 70:54, 5-Samson 71:32, 6-Bales 71:45, 7-Malain/BC(50+) 71:52, 8-Harrison 72:14, 9-Wilson/KJ(40+) 72:15, 10-MacKenzie 73:16, 11-Bennett 73:58, 12-Milewski 74:52...28-Cindy Farmer 80:12, 32-Sowersby/PMK 82:32, 40-Blankenship 84:46...more...

42-Magid 84:50, 43-Hooper 85:06, 51-Houston 87:43...127 finishers. /MariLyn Smith/

DSE DALY CITY HILL RUN (Oct. 8, Daly City): /6.2 Miles/ 1-Dave Dunbar 39:55, 2-Robertson/WVTC 41:47, 3-Carleton 41:53, 4-Anderson 42:11, 5-Jerome/TRAC 42:37, 6-Basinger 43:07, 7-Camisa 43:14, 8-Navarro 44:38...35-Ruth Anderson/NCS(40+) 49:03, 60-Daphne Dunn 52:48, 67-Colleen Fox 53:38. /Louise Butchart/

HEART OF SAN DIEGO MARATHON (Oct. 14, San Diego): 1-Ed Mendoza 2:21:28, 2-Galloway/ATC 2:22:02, 3-Saldiriz 2:25:02, 4-Kelly 2:25:21, 5-Wilson 2:25:29, 6-Barton 2:27:18, 7-Ellis 2:29:10, 8-Villanueva 2:30:12, 9-Heaton 2:30:26, 10-Goettelmann/WVTC 2:33:29...14-Bonner/LVRC 2:37:08, Berkouf(40+) 2:44:35, 42-Walker/LVRC 2:47:45, 45-Moore/LVRC 2:48:22, 47-Scellato 2:49:30, 50-Rowley/SUND 2:49:51, 72-Gustafson 2:53:20, 76-Sue Krenn/SDTC 2:53:52, 86-Doran/WVJS 2:55:11, 108-Kuykendall/WVTC 2:57:06, 120-Byrd/PMK(40+) 2:58:35, 130-Elaine Campo 2:59:25, 141-Ellen Turkel 2:59:25...Note: Saldiriz (3rd) is a master (from Mexico we think!)...2000 finishers. /San Diego TC Newsletter/

JOURNAL JOG (Oct. 15, Reno, NV): /5 Miles/ 1-Tom Wysocki/Reno 23:20.5, 2-M.Tibaduiza/UNR 24:59, 3-Hernandez 25:25, 4-Endestad 25:39, 5-Hintermister 25:43, 6-Houk 25:53, 7-Killeen 26:03, 8-Kerby 26:23, 9-Freeman 26:39, 10-Iredale 26:40, 11-Lincicome 26:45, 12-DelaGarza 27:09, 13-Sinnott 27:19, 14-Finney 27:21, 15-Nelson 27:21...Kristi Rapp 31:27, Debbie Thomas 31:40, Tracy Mimmo 32:45...900+ finishers. /Grae Van Hooser/

PIEDMONT MUSIC FOUNDATION FOOT RACES (Oct. 21, Piedmont): /5K/ 1-Dennis Tracy/WVTC 15:42, 2-Green/PMK 15:55, 3-Cross/WVTC 16:00, 4-Ferguson 16:50, 5-Walker 17:05, 6-Weidinger/ETC 17:35, 7-Dean 17:39, 8-Gayden 17:44, 9-Holmes/WVJS(40+) 17:46, 10-Zentner/MR 17:46, 11-Saylor(40+) 17:59, 12-Hicks 18:00...Mimi Hepler 21:15, Jenny Ray 22:05, Martie Comarell 22:09. /10K/ 1-Jan Sershen/ETC 29:23 (short course?), 2-Elletson 30:45, 3-Beardall/DIRT(40+) 33:07, 4-Keck 35:20, 5-Greub(40+) 35:55, 6-Coleman 36:00, 7-Orwig/WVTC 36:37, 8-Whittingslow 37:05, 9-Turrentine 37:13, 10-Kroll 37:20...Marcia White 38:33, Patricia Whittingslow 41:10, Denise Bigelow 43:04, Gail Gustafson/WVTC 43:15. /Peter Butler/

DSE PRESIDIO ROLLER COASTER RUN (Oct. 22, San Francisco): /4 Miles/ 1-Phil Kay 20:38, 2-Woodliff/AGRC 20:48, 3-Gwisc 20:56, 4-Sheleketinsky 24:15, 5-Staley 26:31, 6-Cindy Farmer 26:37, 7-Carlson 26:37, 8-Dickson 26:37, 9-McDonnagh 26:37, 10-Williamot 26:37, 11-Laufer 26:37...16-Kathy Prickett 27:04, 23-Pat Whittingslow/PMK 27:44...257 finishers. /Louise Butchart/

SANTA BARBARA MARATHON (Oct. 22, Santa Barbara): 1-Joe Carlson /CCAC 2:24:02, 2-Hollister/SBAA 2:40:05, 3-Hartley 2:43:19, 4-Kleindienst 2:44:40, 5-Hallanan/TIT 2:45:27, 6-Frans 2:45:28, 7-Seeger 2:45:39, 8-Bush/GMW 2:47:02, 9-Burns 2:47:29, 10-Shirley 2:47:30, 11-Salz(40+) 2:48:52...17-Sawyer/JRC(40+) 2:53:51, 21-Helgerson 2:54:38, 33-Stein 2:59:54, 34-Tamez 3:00:11, 49-Zavortink/PMK 3:06:41...75-Mary Jane Rense 3:15:39, 101-Erica Forbes 3:22:53...369 finishers. /John Brennan/

NEW YORK CITY MARATHON (Oct. 22, N.Y.C.): - We listed some results in last issue, many of which were unofficial times, so we're listing all the NorCal people that we could find in the official results...we may have missed "unattached" runners, as results only lists club and state. There are too many California finishers to list them all. 32-Tim Nikcevic/Berkeley 2:23:33, 80-Daryl Zapata/WVTC 2:30:35, 121-Mike Duncan/WVTC 2:34:00, 187-Frank Nolan/WVTC 2:40:04, 199-Angel Martinez/AGRC 2:41:21, 350-Ray Bonner/TSRC 2:47:37, 495-Carol Young/BASC 2:52:28, 500-Victor Mora/Colombia 2:52:32, 532-Bennett/PMK 2:53:40, 698-Judy Leydig/WVTC 2:57:37, 711-Irene Rudolf/WVTC 2:57:57, 855-Sue Stricklin/MPPR(40+) 3:01:15, 865-Miller/DSE 3:01:31, 906-Joan Ulyot/WVTC 3:02:41, 988-Elaine Miller/Un 3:04:47, 1161-Vicki Blankenship/PMK 3:08:26, 1317-Jane Sowersby/PMK 3:11:36, 1327-Jeff Vines 3:11:47, 1435-Wood/NCS(40+) 3:13:38, 1501-Adorno/WVTC 3:14:40, 1642-Fisher/DSE 3:16:57, 1681-Lenihan/RWRC 3:17:29, 1763-Brown/BC 3:18:46, 1846-Rosenthal/DSE 3:20:05, 1874-Paffenbarger/NCS 3:20:32, 2175-Spitz/DSE 3:24:38, 2464-Donnelly/DRR 3:28:16, 2616-Anderson/RWRC 3:30:00, 2618-Benyo/RWRC 3:30:00, 2690-Blankenship/PMK 3:31:03, 3081-Hatfield/SanJose 3:36:01, 3226-Spiegel/TSRC 3:37:49, 3278-Smoke/DSE 3:38:37, 3409-Shuman 3:40:11, 3480-Hoffmann 3:40:51, 3528-Martin/LVRC 3:41:28, 3629-Katharine Brieger/NCS 3:42:28, 4542-Brent/DSE 3:53:35, 4564-Mason 3:53:48, 4705-Brieger/NCS 3:55:14, 4949-Burger/BASC 3:58:01, 5102-Kennelly/DSE 3:59:42, 5112-O'Neil, Mike/BC 3:59:48, 5294-Schopman/DSE 4:02:45, 5309-Benjamin/DSE 4:02:53, 5439-Buchner 4:04:55...cont'd on pg. 35

(NYC Marathon, Cont'd...) 5459-Sundari Michaelian 4:05:16, 5843-Urmila Santana 4:11:04, 5912-Coverley/DSE 4:12:31, 6390-Weber 4:20:29, 6457-Deborah St. James 4:21:43, 6606-Hill/DSE 4:24:04, 6923-Clark/DSE 4:29:47, 7310-Pineiro/FCRJ 4:38:18, 7440-Marjorie Lawson/BC 4:41:18, 7527-Marlene Wickenheiser/DSE 4:43:08, 7593-Weissman/DSE 4:45:42, 7674-Bahr 4:48:46, 7677-Howard/RWRC 4:48:55, 7990-Kaiser/DSE 5:00:12, 8062-Peggy Murphy 5:03:11, 8116-Wong 5:05:32, 8131-Reid/DSE 5:05:59, 8153-Coleman 5:06:56, 8296-Stack/DSE 5:16:38, 8312-Christine Hunt 5:18:06, 8338-Hudgins 5:20:14, 8418-Ila Coleman 5:29:55...8588 finishers. /Fred Lebow/

WRECK RUN (Oct. 28, San Mateo): /5KM?/ 1-Michael Ntemec/WVTC 15:41, 2-Harris/WVTC 16:17, 3-Nelson 16:49, 4-Main/WVTC 17:16, 5-Holloszy(40+) 17:47, 6-Barr 18:59, 7-Kauffold 19:01, 8-Gatzert 19:09...18-Carroll O'Conner 21:25...51 finished. /Main/

CITY TO PORT FUN RUN (Oct. 29, San Luis Obispo): 1-Schanke/CP 60:19, 2-Tokar 61:47, 3-Hiserman/AGRC 62:37, 4-Nanninga/WVTC 62:59, 5-Lowrie 64:01, 6-Boatright 64:13, 7-Areola 64:52, 8-Aranas 65:05, 9-Casper 65:14, 10-Root 66:17...65-Lynn Bautista 84:24, 72-Martha Miller 86:39, 74-Carolyn Proctor 86:42. /California Track News/

OLD TOWN HALF-MARATHON (Oct. 29, Eureka): 1-Scott Peters 1:09:20, 2-Morales 1:09:38, 3-Labrie/SRRC 1:09:49, 4-Munoz 1:10:42, 5-Becker 1:10:42, 6-Cottrell/SRRC 1:11:33, 7-Arrison 1:12:44, 8-Davy 1:13:03, 9-Heistum 1:13:13, 10-Little 1:13:32, 11-Zygaczanko 1:13:48, 12-O'Rourke 1:15:52...27-Gilchrist/SRRC(40+) 1:21:11, 28-Egenes(40+) 1:21:16, 52-Sheila Maskovich 1:26:21, 86-Peggy Jacob 1:31:01. /Siw Rivers R.C. Newsletter/

NATL. AAU MASTERS 15-KILO X-C (Oct. 29, Pittsburgh, PA): 1-Six/PVS 57:43, 2-Bradley/PVS 58:03, 3-De Morris/BAA 58:28, 4-Menzie/WVTC 60:43, 5-Packard/BAA 60:51, 6-Diamond/PVS 61:35, 7-Fleming/PVS 62:03...only 21 finishers and not a soul from Pennsylvania!). /Ray Menzie/

OREGON AAU 50-MILER (Oct. 29, Sauvie Island): 1-Jim Bearson 5:47:42, 2-Bozanich 5:48:00(?), 3-Bob Bunnell 5:52:19...Frans Pauwels(60+) 6:24:18 (new American 60+ record). /Romer's Gazette/

FAMILY SERVICE GUILD TURKEY RUN (Nov. 4, Lafayette Reservoir): /10K/ 1-Darryl Beardall(40+) 34:01, 2-Mills 34:39, 3-Kearns 35:04, 4-Bettencourt 35:12, 5-Barbour 35:41, 6-Pawlak 36:05, 7-Armstrong 36:16, 8-Spangler/WVTC(40+) 37:12, 9-Williams 37:45, 10-Eiriksson 37:54, 11-Arata 38:11, 12-H.DeMoss/WVTC(40+) 38:31, 13-Caldwell 38:40, 14-Rubard 38:50, 15-Bradley 38:54...65-Patricia Whittingslow/PMK 44:11, 80-Daphne Dunn 45:59, 87-Marcia White/ORR 46:56...158 finished. /C.Whitman/

CENTRAL CALIFORNIA MARATHON (Nov. 11, Fresno): 1-Dave Bronzan/HSTC 2:38:40, 2-Lomeli/FPTC 2:41:39, 3-Penner/FPTC 2:42:01, 4-Meyer/FPTC 2:42:38, 5-Stephenson/HSTC 2:44:23, 6-Peck/BTC 2:46:41, 7-Fernbach/ORR 2:47:35, 8-Dewell/Fresno 2:47:49, 9-Keller/FPTC 2:47:58, 10-Lambe/FPTC 2:48:08, 11-Malain/BC(50+) 2:51:50, 12-Delgado/BC(40+) 2:51:58, 13-Suarez/Fresno 2:52:45, 14-Delgado/FPTC(40+) 2:53:19, 15-Hernandez 2:53:53, 16-Mathews/Sac'to 2:54:25, 17-Ortega/FJ 2:54:50, 18-Arata 2:55:16, 19-Betschart/BC(50+) 2:55:27, 20-Weber/Sac'to 2:55:34...31-Sheila Maskovich/Arcata 3:05:05, 45-Carolyn Tiernan/WVTC 3:10:57, 60-Daphne Dunn/PMK 3:20:17...191 finishers. /Gordon Keller/

SPA-AAU 10K X-C CHAMPIONSHIPS (Nov. 11, Corona): 1-Stan Vernon/SMTC 30:24, 2-Blue/JT 30:26, 3-Lawson/SMTC 30:39, 4-Barbieracki/SFV 30:41, 5-Jones/SMTC 30:42, 6-Daniels/SFV 30:56, 7-Colley/SCRR 30:59, 8-Sutherland/BB 31:03, 9-Harper/JT 31:05, 10-Whalen/SMTC 31:12, 11-Martinez/AIA 31:17, 12-Varley/JT 31:32, 13-Thornsberry/JT 31:32, 14-Buckingham/JT 31:36, 15-D.Waltire/AIA 31:37, 16-Mosher/SDTC 31:41. /Cal Track News/

CONSERVATORY "RUN FOR THE MUSIC"/BAY BRIDGE RUN (Nov. 12, Oakland to S.F.): - Results (times) were taken from the car of the

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race director and inadvertently destroyed before any copies had been made...therefore, we're listing only a few of the top individuals...not sure of the distance. 1-Mike Pinocci/WVTC 34:50, 2-Seaver/WVTC, 3-Thomas/WVTC, 4-Jenkins/ER, 5-Speer/CW, 6-Dearaujo, 7-Fanelli/PMK...40-Russ Kiernan(40+)/DIRT, 134-Vivian Soderholm-Difatte 41:36, 146-Penny Goldthorpe...7000+ finishers so we've been told! /Judy Lipsett/

EL CAMINO REAL STAKES 10 KILO (Nov. 12, Bay Meadows--San Mateo) 1-Dave Robertson/WVTC 31:27, 2-Dunbar/PMK 31:31, 3-Skiff/SkyJC 31:44, 4-Harris/WVTC 32:05, 5-O'Brien 33:20, 6-Leydig/WVTC 33:20, 7-Benz/WVTC 33:30, 8-Lindsell 33:36, 9-Meegan 33:58, 10-Clay 34:03, 11-Reyes 34:44, 12-Stevenson(50+) 34:45, 13-Clemo 35:15, 14-Sheehan 35:23, 15-Gouveia 35:32, 16-Ken 35:37, 17-Mendiola 35:39, 18-Duncan 35:40, 19-Rolston/WVTC(40+) 35:47, 20-Lucas 36:02, 21-Taylor/WVTC(40+) 36:07...72-Denise Bigelow 40:10, 76-Terry Forshell 40:19...186 finishers (Note: Course was 6.06 miles...short of advertised length by 264 Yds.). /Michon/

KING CITY "RUN THROUGH THE VALLEY" (Nov. 18, King City): /6.0 Mi./ 1-Haywood Norton 32:56, 2-Richina 33:22, 3-Gourley 33:26, 4-Gevara 34:02, 5-Root 34:11, 6-Clinton 34:20...Cont'd Pg. 36.



Darryl Beardall ran his best marathon since turning 40 with a 2:30:52 at the National AAU Masters Championships, good for a fifth place. /Elliott/

(40+) 31:31, 36-Mary Johnson 34:54, 37-Enid Marcus 34:57... 54 finishers.

SANTA CLARA VALLEY AUTUMN RIDGE RUN (Nov. 19, Milpitas): /6.07 Mi/ 1-Gary Blume/Cal 31:42(Rcd), 2-Chain/PTC 33:17, 3-Bush 34:23, 4-Stahl 34:40, 5-Gama 36:02, 6-Dorst 36:21, 7-Rowley/SUN 36:29, 8-Gilbert 36:36, 9-Mahon 37:17, 10-Hidalgo 37:53, 11-Saldivar(40+) 38:36, 12-Casey 38:42, 13-Flather(40+) 39:06, 14-Crowder/WVJS 39:20, 15-Kovacs/TRAC(40+) 39:22, 16-Moon 39:22, 17-Piquette 39:23, 18-Williams(40+) 39:43, 19-Corvin 39:45, 20-Bouldt 39:46...66-Linda Carroll 46:54. /10.76 Mi/ 1-Steve Brooks/WVTC 62:56, 2-Salazar/CW 63:29, 3-Duncan/WVTC 66:55, 4-James 68:12, 5-Carrier/WVTC 68:18, 6-Dierken 68:47, 7-Castillo 70:09, 8-Eichstaedt 70:35, 9-Carey/WVTC 71:24, 10-Clark 71:33, 11-Pfister 71:58, 12-Trocha 72:25, 13-Rowley 72:26, 14-Hardy 73:20, 15-Thomas 73:22, 16-Rostege/WVTC 75:04...25-Sandvoss (40+) 79:18, 27-Baumgartner(40+) 79:53, 30-Skip Swannack/WDS 80:38, 47-Clare Hunter/WVTC 87:58. /Ron Landrum/

NATIONAL AAU MASTERS MARATHON (Nov. 26, Orange): 1-Fritz Mueller/CPTC 2:25:26, 2-Brennan/SBAA 2:29:25, 3-Rouiller 2:29:34, 4-Tymn/Hawaii 2:29:52, 5-Beardall/DIRT 2:30:52, 6-Shaffer 2:32:45, 7-Burgasser 2:33:28, 8-Gallup 2:34:42, 9-Pratt 2:35:07, 10-Smith/WVJS(50+) 2:38:05, 11-Guthrie/WVJS 2:40:23, 12-Pitkethly 2:40:46, 13-Dirkin 2:41:22, 14-Bowles/WVJS 2:43:26, 15-Underwood/BC 2:43:32, 16-Blair 2:44:35, 17-Almeida/SDTC(55+) 2:45:15, 18-O'Neil/BC(50+) 2:45:40...22-Bugler 2:47:45, 26-Healy/DIRT 2:48:14, 28-Malain/BC(50+) 2:50:39, 31-Jacobs/PMK 2:52:16, 32-Cushen 2:52:30, 36-Brusstar/WVTC 2:54:09, 37-Nicholson/PMK 2:54:37, 38-Sawyer 2:54:54, 39-Byrd/PMK 2:55:07, 40-Treacy 2:55:22, 58-Betschart/BC(50+) 3:02:32, 74-Dunn 3:08:48. /WOMEN/ 1-Sandra Kiddy 2:56:45, 2-Sue Hutchinson 3:06:42, 3-Nicki Hobson/SDTC 3:10:35, 4-Ruth Anderson/NCS 3:11:55, 5-Helen Dick(50+) 3:21:01...163 finishers. /Janet Ledder/

DOMINICAN HOSPITAL HEALTH RUN (Nov. 26, Santa Cruz area): 1-Fritz Watson/WVTC 23:20, 2-Thylin 24:10, 3-Eck 24:18, 4-Hellman/UCSC 24:41, 5-Dicks/SogHS 25:13, 6-Pearson 25:19, 7-Vedder 25:37, 8-Silva/Aptos 25:47, 9-McConnell 25:47, 10-Driscoll/WVJ 25:50, 11-Manson 26:14, 12-Jenkins/SALZ 26:14, 13-Blonder/RC (40+) 26:31...26-Ruiz(40+) 27:59, 52-Kressenberg/WVTC 29:54, 70-Sears 31:19, 71-Wilson 31:22, 72-Baer 31:27, 73-Miller/RC 31:29...288 finished (distance not known).

REDWOOD SHORES RUN & BIKE (Nov. 26, Redwood City): /3 Mi. Run & 5.7 Mi. Bike/ 1-Breuer/Hammond 28:56; 2-Dietler/Domingez 29:39, 3-Grimes/Nicklin 29:51, 4-Marcus/Knochenhauer 30:06, 5-Apperson/Prosceno 30:06, 6-Lewis/Sammans 30:36, 7-Garcia/Voss 30:38, 8-Mayles/Mendoza 30:38, 9-Trocha/Pfister 30:43, 10-Ripplinger/Steindorf 30:49; /FEMALE/ 1-Novak/Stangland 40:00, 2-Feigenbaum/Franklin 40:55...156 teams finished. /Pete Michon/

(King City Run, Cont'd...) 7-Clement 34:55, 8-Zavala 34:55, 9-Handley 35:05, 10-Colofer 35:19, 11-Gonzalez 35:25...17-Marchi(40+) 36:55, 26-Foley(50+) 38:26, 27-Tiffany Choy 38:38, 74-Mimi Ballengee 44:03...123 finished. /T. Tellers/

LASSE VIREN 20-KM RUN (Nov. 19, Pt. Magu): 1-Gary Tuttle/TIT 61:45, 2-Stewart/GB 62:32, 3-Viren/Finland 63:18, 4-Pinocci/WVTC 63:43, 5-Keranan 65:06, 6-Ellis 66:16, 7-Engel 66:28, 8-Arquilla 66:52, 9-Spik/Finland 67:11, 10-McDermott 67:41, 11-Weeks 67:58, 12-Close 68:11, 13-Blum 68:17, 14-Stromberg 68:25, 15-Mahler 68:31...28-Burgasser(40+) 72:06, 51-Marty Cooksey 75:35, 52-Holte1(40+) 75:42. /Eino/

LAKE MERCED RUN (Nov. 19, San Francisco): /4.492 Mi./ 1-Bob Darling/ETC 23:15, 2-Green/PMK 23:36, 3-Skiff 23:50, 4-Torres 23:57, 5-Wall/ETC 24:06, 6-Niemiec/WVTC 24:29, 7-McMillan 24:45, 8-Cruikshank/WVTC 25:06, 9-Gibbons 25:11, 10-Reager 25:36, 11-Sanchez 25:44, 12-Meeagan 26:00, 13-Robertson/WVTC 26:59, 14-Cano/ETC 27:14, 15-Higgins 27:20...18-Gene White(40+) 28:01, 19-Nor-gard(40+) 28:11, 29-Betsy White/WV

DSE KENNEDY DRIVE RUN (Nov. 26, S.F.): /4.7 Mi./ 1-Phil Kay 23:05, 2-Muela/ETC 23:10, 3-Conroy/ETC 24:08, 4-Swezey 24:34, 5-Kearcher 24:46, 6-Thorpe 24:49, 7-Ferguson 24:52, 8-Gilbert 24:57...16-Bill Jensen/PMK(40+) 25:41, 59-Skip Swannack/WDS 27:40, 116-Mary Coburn 29:45...578 finishers. /L. Butchart/

SEATTLE MARATHON (Nov. 26, Seattle, WA): 1-Peter Moore/Edmonton 2:20:27, 2-Porter/WVTC 2:20:40, 3-Seaver/WVTC 2:23:11, 4-Holloway 2:24:54, 5-Lermusik 2:26:00...25-Parsons(40+) 2:31:58, 39-Churney/WVTC 2:35:28, 60-Zapata/WVTC 2:39:09, 113-Cindy Dalrymple 2:48:55...Unofficially running in first place was Mike Pinocci/WVTC in 2:15:40. /Club Northwest/

FIESTA BOWL MARATHON (Dec. 2, Tucson, AZ): 1-Blair Johnson/AZ 2:16:05, 2-Stanforth/AZ 2:17:14, 3-Zetterlund 2:17:30, 4-Becker 2:19:25, 5-Nabers/WVTC 2:19:39, 6-Waugh 2:22:48, 7-Castena-da 2:22:52...Marjorie Kaput 2:47:14, Kathy Gibbons-Jackson 2:48:55, Ruth Hamilton 2:52:40...additional local finishers: Bill Catanese(40+)/DIRT 2:45:37, Claudia Shenefield(40+), 1st women's master, 3:26:52. /Run Magazine/

SPRING LAKE WOMEN'S 10-KILO (Dec. 2, Santa Rosa): 1-Sue Brush-er/LMJS 40:42, 2-Simmie/VMRC 40:59, 3-Andrews 41:07, 4-Tweedle 41:08, 5-Houston/AGRC 42:32, 6-Anderson/NCS(40+) 42:46, 7-Page 42:58, 8-Dunn/PMK 43:06, 9-Marben/DRR(40+) 43:27, 10-Vincent 43:41, 11-Crans/WVTC 43:54, 12-Harte 44:29, 13-Oakes 44:41, 14-Wayman 44:51, 15-Prebish/NVTC 44:58...83 finished. /Jenkins/

"IT'S NOT MY FAULT" LAKE MERCED FUN RUN (Dec. 3, S.F.): 1-Brian Bonner/UCB 23:59, 2-Leydig/WVTC 24:39, 3-Billing/MS 25:03, 4-Freeman/NU 25:22, 5-Butler/UA 26:11, 6-Levander/Stan 26:40, 7-Epp/MPRR 27:16...10-Crosson/UW(40+) 27:52, 11-Beck/WA(40+) 28:00, 28-Susan Karl/Stan 31:44...65 finishers.

WESTERN HEMISPHERE MARATHON (Dec. 3, Culver City): 1-Barrera/Mex 2:20:45, 2-Romesser/FPTC 2:21:59.5, 3-Ocana/CCAC 2:25:12, 4-Curran/CSN 2:26:20, 5-Chaidez/CSN 2:26:47, 6-Botke/SBAA 2:28:51, 7-Ramirez/FPTC 2:29:09, 8-Garcia/Mex 2:30:12, 9-Coventry/STC 2:30:18, 10-Burgasser/STC(40+) 2:33:24...ages and women not indicated in results!! Sorry. /Carl Porter/

AMNESTY INTERNATIONAL HUMAN RIGHTS RUN (Dec. 9, S.F.): /5-Km./ 1-Greg Zentner/MR 15:25.5, 2-Pohl 15:33, 3-Timmerman/MR 15:41, 4-Mickle 15:58, 5-Mihailoff 15:59, 6-Coots 16:01, 7-Soule 16:15, 8-Hager(40+) 16:29, 9-Brendel 16:33, 10-Carey 16:34, 11-Miller 16:40, 12-Rostege/WVTC 16:40, 13-Kiernan/DIRT(40+) 16:50, 14-Lawrence 16:58, 15-Dean 17:05...31-Liz Strangio/WVTC 18:59, 35-Londa Larson/WVTC 19:29...189 finished. /Byron Park/

BARRIO RUN (Dec. 9, San Diego): /5K/ 1-Sandoval 15:32, 2-Caberrillo 15:35, 3-Campbell 15:49, 4-Ceja 15:50, 5-Avila 15:51...66-Nicki Hobson/SDTC(40+) 19:04. /10K/ 1-Rigdon 30:49, 2-Coul-son 31:05, 3-Mosher 31:08, 4-Aquero 31:18, 5-Sadler 31:21, 6-Grunhon 31:49, 7-Hamklin 31:51, 8-Buckingham 31:55, 9-Hendrick 31:59, 10-Archibald 32:09...61-Sue Krenn/SDTC 36:56, 75-Kay Harpol 37:44. /Jeff Rigdon/

PA-AAU 60-KILO (Dec. 10, Sacramento): 1-Darryl Beardall/DIRT (40+) 3:54:07, 2-Bowles/WVTC 4:02:37, 3-Underwood/BC(40+) 4:07:20, 4-Scellato 4:08:38, 5-Schieffer 4:09:30, 6-Hicks 4:27:32, 7-Woodliff 4:30:02, 8-Byrd/PMK(40+) 4:38:51, 9-Zumwalt 4:39:58, 10-Bevins 4:40:27, 11-D.Peck 4:50:01, 12-R. Davis(40+) 4:55:38, 13-D. Davis(40+) 4:57:00, 14-Letl(40+) 4:59:07...22-Marcy Schwam 5:43:55, 30-Jackie Stack 6:28:08. Teams: Pamakids 14:14:27; (Masters) Buffalo Chips 14:03:27. /Abe Underwood/

LAKE MERRITT TUNNEL RUN (Dec. 10, Oakland): /3.3 Mi./ 1-Vic Cary/WVTC 16:35, 2-Schneider 17:41, 3-Jensen 17:57, 4-Larson 18:00, 5-Greco 18:03, 6-Guinee 18:32, 7-Coleman 18:43, 8-Green 18:49...Gene White(40+) 20:21, Denise Bigelow 21:23, Laury Bel-zer/LMJS 21:33, Terry Gellner 21:51. /6.2 Mi./ 1-Carson 33:16, 2-Franklin 34:19, 3-Berg 34:48, 4-Sevald/ETC 35:12, 5-Ennis 36:37, 6-Hamilton 36:37, 7-Sallaz 37:03, 8-Stockard 37:14... Isabel DelSanto 45:25, Mary Perry 45:43. /John Balioki/

SCHLITZ LIGHT NATIONAL MARATHON (Dec. 16, Tampa, FL): 1-Brian Maxwe11/BASC 2:27:53, 2-McDermott 2:31:48. /Runner's World/

HOLIDAY HALF-MARATHON (Dec. 30, Vista): 1-Ben Wilson 66:41, 2-Moser 69:07, 3-Day 69:33, 4-D.Wilson 69:41, 5-Roy 69:58...Deb-bie Lewis 1:22:18. /Jeff Rigdon/

NATL. AAU MARATHON (Jan. 20, Houston): - WVTC took 2nd to the Greater Boston TC & Bill Seaver was 5th (2:19:50); 11-Zapata 2:26:10, 12-Hamer 2:27:58, 29-Nabers 2:35:38. More next time!

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WARNING!!

We've had it! We hope that the running community has had their fill of poor race results too. Our staff spends a lot of needless hours trying to decipher many of the long distance results we receive, and quite frankly, we don't have the time. A good portion of the results we receive are almost useless to anyone who's interested in figuring out how he or she did relative to others in the race. It is amazing how many results do not list age, or sex, or even full names of the participants! We get a lot of results that list only a runner's place within his/her division...to find out how you did relative to anyone not in your division, you must go back and forth through the results, looking at the various divisional listings. In some instances, it's not even possible at first glance to see who won the race!

Well, we think it's time that meet directors did a little better job of reporting their race results to the participants (and the NCRR). Beginning with next issue, NCRR will not print results which we feel are non-standard. We feel this is not asking very much. *Following are the minimum requirements if you wish your results published:*

1. Results must list overall finish place, and the place within division is encouraged...do not list finishers in groups (by division); list in order of overall finish.
2. Results must indicate (differentiate) male and female finishers (with a code for one or both sexes).
3. Results must list full name and finishing time.
4. Age (preferably) or division (with explanation of age spread) must be indicated. Note over-40 runners.
5. Club affiliation and/or hometown are desirable.

HALL AND KING ANNEX GREAT GRAPE RACE TITLES (Sept. 17, San Jose): - Jerry Hall of Stanford beat a field of 207 with a time of 36:35 on a rugged 10-kilometer course in San Jose's Parma Park to win the first annual affair after being pressed most of the way by WVTC's Mike Duncan, who wound up a bit less than 100 yards back in 36:51. Duncan's teammate, Harold DeMoss, last year's PA-AAU LDR Chairman, took an easy win in the over-40 division with his 41:24, good enough for a quarter-mile victory over Mike Paradis. Maria King likewise had an easy time sewing up the women's division with her fine 42:46, nearly a minute ahead of Cinderella teammate Cathy Demmelmaier. Paul Marquez of SJTC took the high school division in 38:20, good enough for fourth overall. The race was sponsored by the Almaden Valley Women's Club with the help of the Tax Reducers A.C., and proceeds went to support community projects and non-profit organizations. /Dianna Copeland/

1-Jerry Hall/Un	36:35	18-Scott Johnson/Un	41:40	35-Robert Stenger/Un	44:43
2-Michael Duncan/WVTC	36:51	19-Roberto Gomez/Un	41:49	36-Ed Tico/WVJS	44:43*
3-Ted Pawlak/Un	37:41	20-Michael Allison/HHC	42:01	37-Dean Hunt/Un	44:51
4-Paul Marquez/SJTC	38:20	21-Doc Meyer/NCS	42:08	38-Jerry Yaffee/Un	44:56
5-David Gowen/Un	38:43	22-Michael Hicks/Un	42:22	***MASTERS***	
6-Dete Kraus/Un	39:14	23-Maria King/SJC	42:46F	39-Paul Bush/Un	45:01*
7-Manny Mahon/WVJS	39:14	24-Mike Paradis/Un	43:00*	41-Ron Niedrauer/WVJS	45:09*
8-Robert Cummings/WVTC	40:15	25-Gus Albers/RAGE	43:05	42-Andrew Scaduto/WVJS	45:19*
9-Robert Plant/Un	40:16	26-Pete Stefanisko/STHS	43:30	46-E.R. Silver/Un	46:01*
10-Martin Robinson/Un	40:43	27-Kathy Demmelmaier/SJC	43:39F	47-Glenn Unsicker/Un	46:05*
11-Bill Hotchkiss/Un	40:52	28-Rodney Sellard/RSC	43:40	51-Gilbert LaTorre/NCS	46:37*
12-Scott Dalke/AQS	40:54	29-Gary Smith/Xerox	43:44	***WOMEN***	
13-Frank Ruona/Un	41:16	30-Werner Sandvoss/TRAC	44:01*	45-Linda Van Housen/WDS	45:47
14-Harold DeMoss/WVTC	41:24*	31-Andrea Heimbecker/SJC	44:03F	56-Sharon Yaninek/SJC	46:43
15-Ron Kovacs/TRAC	41:30	32-Peter Leal/Un	44:04*	64-Christine Carriers/Un	47:18
16-Ron Toneka/Un	41:37	33-Michael Manda/Un	44:19	76-Kelly Brogan/SJC	48:35
17-Ron Briscoe/Bernal	41:39	34-Dennis Facchino/Un	44:24*	99-Melanie Malick/SJC	51:07



Mike Duncan, runnerup at the Great Grape Race. /Tom Elliott/

RINDE AND GUTHRIE WIN BIG AT SACRAMENTO MARATHON; ELAINE MILLER DIPS UNDER 3 HOURS (Oct. 1, Sacramento): - Despite warm temperatures, several outstanding performances were turned in at the 2nd Annual Sacramento Marathon. A record 1600 toed the line for the longer run and its companion half-marathon, but only slightly over 1200 finished both races. Ophir Prison TC's Dennis Rinde ran to a comfortable 4-minute margin of victory over Rick Brown of the Aggies in a swift 2:28:45. Pat Miller was third in 2:36:45. Kent Guthrie's 2:41:54 led the masters competitors and was good enough for tenth place overall; three more broke 2:50 in that division, led by Walt Howard's 2:44:24 and Paul Holmes' 2:45:14, both local favorites. Elaine Ivaldi-Miller managed a PR performance despite the withering heat, clocking a superb 2:58:35...her first time under the magic three-hour barrier. Her nearest competition, Rita Scalise, was two miles behind in 3:12:46. An amazing 40 percent of the runners in the half-marathon were women! Pete Flores' 69:50 led all runners, with 38-year-old Tim Jordan's 73:13 taking the runnerup spot. Bob Bourbeau came down from Reno and did a superb 76:25 to best Dave Waco's 79:48 (he was third in the 1969 AAU Marathon and is now 46). Candy Hearn led the women with a fine 89:09, nearly a minute in front of Jane Sowersby's 90:04. Margaret Livingston was a close third, just three seconds back. While two competitors required hospitalization for heat exhaustion, others seemed to fare well under the rather adverse conditions. Bob Malain, a seasoned veteran at age 50, trotted through the 26 miles in a remarkable 2:53:59 (5th place in the over-40 division). Next year's race will be limited to 1,500 (and 500 in the half-marathon). /John McIntosh/ ...results on next page...



Elaine Miller broke three hours for the first time at the Sacramento Marathon with a time of 2:58:35. /Jan Serphen/

6-Jim Bowles/WVTC	2:38:00	40-Jim Baribay	2:53:34	74-James Haynes	3:01:45
7-Daniel Betker	2:40:46	41-Robert Malain/BC	2:53:59*	75-Mark Bullock	3:01:46
8-Bruce LaBelle	2:41:17	42-Lewis Bair	2:54:13	76-Andy Littman	3:02:??
9-Joseph Schieffer	2:41:21	43-George Savatgy	2:54:17	77-Dennis Gulgransen	3:02:40
10-Kent Guthrie/WVJS	2:41:54*	44-Walt Betschart	2:54:20*	78-Art Waggoner/BC	3:02:41*
11-Dan Williams	2:43:26	45-Dean Barrett	2:54:27	79-Rob Ardesi	3:02:56
12-William Clifford	2:43:51	46-Michael Levy	2:55:14	80-Joseph Camisa	3:04:00
13-Ed Stromberg	2:44:23	47-Joe Kattenhorn	2:55:32	81-Richard Mayers, Jr.	3:04:10
14-Walt Howard	2:44:24*	48-George Ziblich, Jr.	2:55:34	82-John Shaw	3:04:31
15-Paul Holmes/BC	2:45:14*	49-Joe Sloan	2:55:53*	83-Don Barber	3:04:35
16-Gordy Vredenburg	2:45:44	50-Gene Schaumberg/ER	2:55:58	84-Don Ramirez	3:05:04
17-Douglas Young	2:45:51	51-Vince Mathews	2:56:56	85-Pete Johnson	3:05:24
18-Rick Edson	2:46:18	52-Dick Johnston	2:57:08	***MASTERS***	
19-John Rupp	2:46:19	53-Floyd Clendenen	2:57:22	97-F.G. Russell	3:06:41*
20-Larry Sumner	2:47:02	54-Michael Hicks	2:57:24	98-Fred Dunn	3:07:08*
21-Michael Reinhart	2:47:10	55-Landon Carter	2:57:29	105-Arnold Knepper	3:09:19*
22-Dean Harper	2:47:16	56-Hans Roenau/DIRT	2:57:39*	112-Bruce Johnson	3:10:34*
23-Lance Koll/WVTC	2:47:29	57-Herman Salazar	2:58:07	116-Walter Schorno	3:11:09*
24-Lee MacGregor	2:48:05	58-Larry Arata	2:58:16?	122-Don MacIntosh	3:11:56*
25-Richard Hanna	2:48:28	59-Gordon Collett	2:58:29	123-Ray Nicholl	3:12:11*
26-James Hamlin	2:48:34	60-Elaine Miller	2:58:35F	131-Herb Hoover	3:13:37*
27-Daniel Scribner	2:49:16	61-Rodney Cornelius	2:58:38	133-Werner Sandvoss	3:13:57*
28-Michael Garrett	2:49:17	62-William Kershaw	2:58:42	***WOMEN***	
29-Myron Nevraumont/WVJ2	2:49:27*	63-Bill McGuire	2:59:02	127-Rita Scalise	3:12:46
30-Chuck Nichols	2:49:42	64-Ronald Ruiz	2:59:04*	139-Kathryn Lundquist	3:14:35
31-Dennis Gustafson	2:51:31	65-James Finnegan	2:59:07	151-Barbara Magid/TAM	3:16:17
32-Tony Buccelli	2:51:40	66-Andy Harris	2:59:22	158-Consuelo Underwood	3:16:32
33-Abraham Sword	2:52:01	67-Rusty Selix	2:59:24	193-Marilynn Harbin	3:21:49*
34-Ross Rowley	2:52:40	68-Douglas Frost, Jr.	2:59:56	199-Caron Schaumberg/ER	3:22:14
35-Michael Deatherage	2:52:41	69-Leonard Gilliana	2:59:57	209-Jeanie Hoover	3:23:40
36-Michael Brown	2:53:14	70-Larry Pugh	3:00:19	221-Deborah Bispo	3:24:53
37-James Mickle	2:53:21*	71-Samuel Mason	3:00:24	233-Suzanne Kalmar	3:26:54
38-Glenn Bailey	2:53:25	72-Tom Drew	3:00:25	244-Pat Dahlstrom	3:28:14
39-Frank Krebs/BC	2:53:29	73-Chris Delgado	3:01:25*	261-Martha Maricle	3:30:38*

1-Pete Flores/AGRC	69:50	16-Randy Hansen	78:56	31-Richard Keene	83:15*	46-Robert Seldner	87:05
2-Tim Jordan/BC	73:13	17-Reginald Beddell	79:33	32-Peter Werbel	83:39	47-Jeff Hazard	87:21
3-Paul Alvarez	74:18	18-Sammy Trujillo	79:35	33-Thomas Bateman	83:42	48-Tom Giuliano	87:29
4-Jeff Scott	75:36	19-Brian Immoos	79:39	34-Steven Mishler	84:00	49-Mike Immoos	87:57
5-Dan Lentz	76:14	20-Bill Nelson	79:46	35-Abe Underwood/BC	84:08*	50-Brett Ferguson	88:17
6-Steve Salandez	76:20	21-Dave Waco	79:48*	36-Roy Stone/WVTC	84:09	***MASTERS***	
7-Robert Bourbeau/WVJS	76:25*	22-Ray Menzie/WVTC	80:17*	37-David Williams	84:18	53-Ron O'Glvie	89:04*
8-Rudy Dressendorfer	77:05	23-Lance Kuykendall/WVTC	80:25	38-Dennis Waterhouse	84:53	61-Dave Davis	89:58*
9-Walt Schafer/CRC	77:25	24-William Harrison	80:37	39-Christopher Hadley	85:33	70-Joe Dana	90:54*
10-Richard Patterson	77:27	25-Drew Record	80:52	40-Dan Burrell	85:34	***WOMEN***	
11-Tom Bennett	77:55	26-Gary Smith	81:07	41-Mark Bunnell	85:35	56-Candy Hearn	89:09
12-Bob Cooper	78:12	27-Roger White	81:37	42-David Wade	85:38	63-Jane Sowersby/PMK	90:04
13-Steve Boutin	78:14?	28-Dick Look	81:47	43-Vernon Browne	85:48	64-Margaret Livingston/WV90:07	
14-Jeff Grubbs	78:21?	29-Mark Cardin	82:31	44-Albrecht Kaupp	86:59	85-Kathleen Kaiser	92:35
15-Edwin Jerome	78:46	30-Topper Hagerman	83:13	45-Robert Edson	87:03	94-Sandy Fitzwater	93:33

CLARK TOPS AT STANFORD RUN; LEWIS NABS MASTERS TITLE (Oct. 21, Stanford): - Thirty-four year old Bill Clark, ex-American record-holder in the hour run, pulled away from Mike Chambliss midway through this ten-kilometer race on an uphill portion and won going away, 31:18 to 31:52. Bill Seaver was a distant third in 32:37. Meanwhile, a bit further back in the pack (but not much), Jerry Lewis was waging a close battle with Ulrich Kaempf for the masters win. Lewis pulled ahead with about a half-mile to go to win easily by 12 seconds. Jim O'Neil came close to catching Kaempf (34:13 to 34:15) in winning the 50-and-over trophy. Terry Forsell had a close battle with Nicki Weicker, winning by a scant 9 seconds, 41:41 to 41:50, in claiming the fastest women's time. Marty Maricle clipped Lilian Woodward in the women's masters division, 43:48 to 44:16. Nearly 600 finished this first annual event which followed a course in and around Stanford University. /Don Spradlin/

1-Bill Clark/WVTC	31:18	25-Don Swanson	35:25	49-Richard Stovel	37:33	73-Jay Bartz	38:50
2-Mike Chambliss	31:52	26-Chuck Stagliano	35:38	50-P.M. Humphreys	37:34	74-Roy Crawford	38:55
3-Bill Seaver/WVTC	32:37	27-Bob Whitman	35:43	51-Kirby Wilcox	37:40	75-R. Wilson	38:56
4-Tom O'Neil/BC	32:45	28-Bill Suits	35:49	52-Don Carpenter/WVTC	37:43*	***MASTERS***	
5-Patrick Miller	33:18	29-Lloyd Sampson	36:02	53-Keith Brown	37:44	77-Ken O'Neil/WVTC	39:04*
6-Stacy Geiken	33:23	30-B. Ramsay	36:06	54-Saul Silver	37:46*	84-Arnold Schulz	39:14*
7-Frank Boutin	33:29	31-John Jurczynski	36:09	55-Lim	37:47	85-Peter Woodward	39:14*
8-Tom Jordan/WVTC	33:35	32-A. Branham	36:14	56-Whitis	37:51*	87-O.R. Peterson	39:17*
9-Lane Mason	33:42	33-F. Martin	36:21	57-Jon Baumgartner	37:54*	88-W. Yeend	39:17*
10-Lyle Freeman	33:46	34-Douglas Fischer	36:26	58-J. Maresca	37:56	91-B. Brown	39:25*
11-Nick Winter	33:52	35-John Hawkes/WVTC	36:34	59-J. Lock	37:57	96-R.E. DeLozier	39:45*
12-Michael Lisowski	33:56	36-Guy Pelham	36:48	60-Dole	38:00	***WOMEN***	
13-Dick Schupbach	33:57	37-Dave Riffle	36:50	61-Werner Sandvoss	38:10*	129-Terry Forsell	41:41
14-Jerome Lewis/TRAC	34:01*	38-G. Kaufman	36:51	62-Jack Williams	38:15	130-Nicki Weicker	41:50
15-Ulrich Kaempf/TRAC	34:13*	39-G. McIntosh	36:52	63-Unofficial Runner	----	144-Diane Strade	42:19
16-R. Cunningham	34:15	40-D. Korb	36:54	64-K. Gillette	38:22	157-Connie Lizza	42:43
17-Jim O'Neil/BC	34:15*	41-B. Sobsey	36:57	65-J. Wheeler	38:26	169-Tish Eaton	43:05
18-J. Pohjolainen	34:31	42-J. Owen	36:58	66-De Moe	38:30	182-Heide Hansen	43:36
19-L. Roston	34:33	43-Don Pickett/DIRT	37:43*	67-Patrick Kennedy	38:34	183-Liz Murphy	43:36
20-Ross Smith/WVJS	34:36*	44-L. Landess	37:07	68-David Gould	38:36	192-Marty Maricle	43:48*
21-Hans Giesecke	35:01	45-Norman Gould	37:24	69-John Warren	38:37*	195-Cindy Kiemen	43:52
22-Bill Miles	35:03	46-Unofficial Runner	----	70-David Black	38:38	211-Lilian Woodward	44:16*
23-Unofficial Runner	----	47-William Swenson, Sr.	37:27	71-Richard Collins	38:38	220-Daphne Dunn	44:27
24-David Garcia	35:23	48-W. Bortz	37:30	72-John Davis	38:45	234-Ellen Clark/WVTC	44:47

O'HALLORAN WINS WELL-ATTENDED PUMPKIN FESTIVAL RUN (Oct. 22, Half Moon Bay): - The Half Moon Bay Coasters did a bangup job of staging their first major road run, as nearly 750 distance runners competed in the 1½-mile fun-run and 5-mile Pumpkin Run. Not only was the race well-administered on the day of the competition, but an excellent set of results, complete with photos, was provided...and results were recorded in an easy-to-understand manner, as discussed under "WARNING" on page 37 of this issue. Using photo-reduction, they were able to cram 300 finishers per page with all necessary information (and they were still easy to read...about the size of the type-face you're reading. Denis O'Halloran ran away with the race, winning by nearly a full minute over CSM's (and Half Moon Bay native) Ken McBride in 25:23. Bob Cushen likewise blitzed the over-40 field with a good 28:30, well ahead of Bill Bugler's 29:40. Sue Brown's 32:35 provided her with a whopping 1:07 margin of victory over Maryann Truitt in winning the women's division. Each race had 7 divisions (both male and female) in various age-groups! In the shorter race, Ron Depp of El Granada edged Steve Nelson of Pacifica, 7:49 to 7:50. Amazing Ruben Navarro, 55, of Montara, placed 11th overall in 10:03 to win the masters division, while Jean Lee's 10:48 captured the women's title. Top 5-mile finishers below. /Bill Hurja/

1-Denis O'Halloran/AGRC	25:23
2-Ken McBride/CSM	26:22
3-Don Paul	26:36
4-Ron Genschmer	26:57
5-Dave Robertson/WVTC	27:19
6-Richard Stiller/WVJS	27:35
7-Joe Becerra/ETC	27:40
8-J. McFadden	27:43
9-Mike Baucher	28:02
10-Lester Mina/AGRC	28:06
11-Tom Weir	28:10
12-Bob Cushen	28:30*
13-William Jenkins	28:37
14-Martin Wright	28:48
15-William Soo Hoi	28:54
16-Bruce Mendiola	29:03
17-Bill Bugler	29:40*
18-Paul Sanchez	29:50
19-John Davis	29:53
20-Izzy Vigil	29:53
21-Clint Miller	30:17
22-Mark Center	30:25
23-David John	30:29
24-David Kornek	30:31
25-James Whitfield	30:32
26-Max Perez	30:33
27-Chris Rafferty	30:36
28-Tom Foolery	31:05
29-Warren Yeend	31:08*
30-Jack Williams	31:13
31-Ken Raap	31:14
32-Donald Lane	31:34
33-David Shevelove	31:35
34-John Sheehan/AGRC	31:43
35-Neil Bell	31:46
36-Alan Reisdorf	31:49
37-Phil Peake	31:58
38-John Harbuck	31:59
39-Glen Kelley	32:01
40-Don Chaffee	32:02
41-Doug Alexander	32:03
42-Gene Villagran	32:10
MASTERS	
60-Victor Smith	33:26*
62-Max Forbert	33:28*



Denis O'Halloran, winner of the Half Moon Bay Pumpkin Festival Run. /John Marconi/

64-Richard Towne	33:30*
72-William Prucha	34:07*
74-Martin Russell	34:10*
WOMEN	
56-Sue Brown/WVTC	32:35
66-Maryann Truitt	33:42
67-Barbara Meihaus/WVTC	33:43
77-Lorraine Xuereb	34:17
93-Mary Perry	34:55
108-Elise Bortin	35:34
111-Barbara Tarr	35:37
119-Peggy Ramsay	35:59

MAXWELL IN QUICK HALF-MARATHON; CATHCART BLITZES MASTERS FIELD (Oct. 22, Hayward): - Brian Maxwell opened up a big lead on the rest of the field in the Hayward Half Marathon by the midpoint of the race and went on to record a 2-minute-plus victory margin over Vic Cary and Jan Sershen in a very quick 65:50. Ted Quintana in fourth place also had a quick time of 68:37. One of the more amazing performances of the day came from 40-year-old Tom Cathcart who crushed the masters field with a superb 72:55, coming in eighth overall. Myron Nevraumont's 77:48 and Bill Catanese's 77:56 were still great times, but they were nearly 5 minutes behind Cathcart. Sue Brusher's 87:32 was the class of the women's field, while Ruth Anderson (89:31) easily won the masters women's title and was second overall. A total of 726 finished this well-organized first year run. /P. Shandera/

...results on next page...

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The Second Annual Wine Country relays

DATE: Saturday, April 7, 1979. Registration closes 9:30 am. Race starts 10:00 am.

LOCATION: Spring Lake Park, Santa Rosa. Take the Channel Dr. entrance.

ELIGIBILITY: Open to all interested runners.

COURSE: A well-marked, beautiful and scenic course which includes the following legs:

- First leg (3 mi) - along a paved bike path around a lake
- Second leg (7 mi) - partial uphill climb, around lake (dirt fire trails)
- Third leg (5 mi) - over rolling hills along dirt hiking trails

DIVISIONS: Each three-person team will be in one of the following seven divisions:

- Men - Open (29 & under) Sub-Masters (30-39) Masters (40+)
- Women - Open (29 & under) Sub-Masters (30+)
- Mixed - No regard to age
- Mixed Men (2 men - 1 woman)
- Mixed Women (2 women - 1 man)

ENTRY: \$7.00 per team. To receive an entry blank or further information, mail a self-addressed and stamped envelope to Dennis Crandall or Herhall Jenkins, 865 Colleen Drive, Windsor, CA 95492.

SPECIAL FEATURES: All legs meet at one central location, giving all team members a chance to cheer on each leg of the race. This central focus eliminates the "spreading out" effect seen in some relays. Each leg offers a different challenge, not only in length, but in difficulty also. The location of the race is excellent; Spring Lake Park offers picnic facilities and a running environment very popular to runners who live in the area. Quality t-shirts will be on sale at the race. Refreshments will be made available to all participants.

AWARDS: All competitors will receive finisher ribbons at the finish line (given to anchor runner). There will be special individual awards for team members on top divisional teams (first place) - 21 awards. Wine awards will be given to individual members of the teams in each division through at least third place (& possibly more) -- at least 63 awards.

RACE HISTORY: Second annual running of the race. First race attracted 186 runners (62 teams). Men - 153. Women - 33.

Records include:

Open-Men

- 3 mi - Stan Hockerson (24) Petaluma 15:08
- 7 mi - Mike McGrath (23) Davis 36:35
- 4.8 mi - Roy Hogleund (21) Davis 25:10

Team: Grape Expectations 77:11

Sub-Masters-Men

- 3 mi - Gary Grangle (32) Oakland 16:41
- 7 mi - Doug Rustad (37) Santa Rosa 36:45
- 4.8 mi - John Lodin (34) Monte Rio 26:01

Team: Sonoma State No. 1 79:46

Masters-Men

- 3 mi - Bruce Carradine (44) Mill Valley 16:43
- 7 mi - Darryl Beardall (41) Santa Rosa 37:03
- 4.8 mi - Jerry Haslam (41) Petaluma 27:32

Team: Tamalpa Dipsea Indians 81:18

Open-Women

- 3 mi - Linnea Vonahn (23), San Rafael 24:37
- 7 mi - Colleen Fox (23) San Rafael 54:59
- 4.8 mi - Anne Goodwin (32) Santa Rosa 46:12

Team: Y Women 2:16:19

Sub-Masters-Women

- 3 mi - Donna Crowley (33) Santa Rosa 22:10
- 7 mi - Caron Schaumberg (36) Santa Rosa 49:02
- 4.8 mi - Teresa Breazeale (33) Santa Rosa 37:47

Team: Chardonnay 1:48:59

(Hayward Half-Marathon, cont'd)

1-Brian Maxwell/BASC	65:50	19-Bill Catanese/DIRT	77:56*	38-Bob Martin	81:03	57-Mike Kessler	82:58
2-Victor Cary/WVTC	67:59	20-Michael Deatherage	78:08	39-Andrew Bruce	81:07	58-David Cunnins	83:01
3-Jan Sershen/ETC	68:03	21-Paul Farren	78:09	40-Charlie Eiriksson	81:12	59-Richard Stovel	83:14
4-Ted Quintana/WVTC	68:37	22-Dennis Reager	78:37	41-George Sandoval	81:15	60-Chuck Askin	83:33
5-Michael Wheeler/LMJS	71:42	23-Ron Felzer	78:45	42-Dave Carlson	81:16	61-Ron Treabess	83:34
6-Rick Brown/AGRC	72:02	24-Ted Wilson/KJ	78:45*	43-Allan Koslofsky	81:19	62-E.F. Tico/WVJS	83:48*
7-Greg Jewett/ETC	72:43	25-Ray Menzie/WVTC	78:54*	44-William Dunn	81:23	63-Joseph Grady	83:51
8-Tom Cathcart/WVTC	72:55*	26-Bill Brusher	79:01	45-Albert Garcia	81:24	***WOMEN***	
9-Nick Winter/LVRC	74:04	27-Waights Taylor/WVTC	79:22*	46-Theo Jones	81:32	103-Sue Vinella-Brusher	87:32
10-William Jenney	74:13	28-David Bartholomew	79:49	47-Bill Bachrach	81:40	134-Ruth Anderson/NCS	89:31*
11-Keith Kruse/PTC	74:41	29-Robert Cummings/WVTC	79:53	48-Gene Gilligan	81:44	140-Anne Neely	90:08
12-Dennis Uriaga	74:53	30-Bart Simmons	80:20	49-Jim Hoffer	81:48	173-Laury Belzer/LMJS	82:42
13-Dan Williams	75:30	31-Ed Tico	80:21	50-Siegfried Mattern	81:57*	199-Daphne Dunn	84:25
14-Santos Reynaga/WVTC	75:43	32-David Higgins	80:21	51-Glenn James	81:57	207-Sue Schnell/SUND	84:40
15-Vikray Gosain	77:17	33-Dennis Lanterman	80:23	52-Marvin Winer/WVTC	82:04*	214-Jolie Houston/AGRC	95:08
16-Brian Hollins	77:40	34-Martin Bennett	80:25	53-Ron Grabowski	82:07*	220-Judy Wiseman	95:19
17-Ed Wehan	77:41	35-Mike Kimberling	80:28	54-Bob Stubbe	82:07*	231-Denise Bigelow	95:52
18-Myron Nevraumont/WVJS	77:48*	36-Mike Reinhart	80:37	55-John Jamieson	82:17*	236-Martha Maricle	96:25*
		37-Walter McAdams-Trice	81:01	56-Mike Doud	82:40	239-Christine Carriere	96:42

RENO DUO RUN OFF WITH FIRST ANNUAL CONCORD CLASSIC (Oct. 22, Concord): - Two University of Nevada (Reno) students journeyed down from altitude to compete in the 10-Kilometer Concord Classic and easily ran off with the top two spots over a field of some 625 finishers. James Hannons' 33:52.6 sets an automatic course standard. Jacques Fleming came in second at 34:05. Top masters runner for 1978 (NCCR Point Rating winner), Ralph Bowles, ran an excellent race to finish sixth place overall in 35:04, only about 50 yards behind top open runners Mike Emry and Michael Niemiec. His nearest competition came from teammate Kent Guthrie, who finished a badly beaten second in 36:17 for 24th place overall. Jim O'Neil's 36:54 got him the third masters spot and first in the 50-and-over division. Twelve-year-old Sharon Yaninek of the San Jose Cindergals clocked 43:29.6 to take top honors among the distaffers. Karen Kwong, her nearest competition, was some 48 seconds behind. Marilyn Harbin, 41, was the leader in the women's masters class with 46:29, and that was good enough for third spot overall among the ladies. The festivities also consisted of a two-mile fun run, won by K. Harris in 11:53.6, with B. Mullen next at 11:58.2...first names anyone? There were twelve divisions in both men's and women's races, making for some exciting age-group races and lots of awards for everyone. /Gary Santos/

1-James Hannons/UNR	33:53	9-Scott Molina/DM	35:29	17-David Zumwalt/PMK	35:59	25-D. Rubio/Un	36:24
2-Jacques Fleming/UNR	34:05	10-Dan Anderson/WVTC	35:36	18-Jess Apperson/Un	36:02	26-J. Ashton/UNR	36:36
3-Mike Fanelli/PMK	34:30	11-Peter FASTER/Un	35:37	19-Gary Alderman/DRR	36:05	27-Jim O'Neil/BC	36:54*
4-Mike Emry/AGRC	34:56	12-Harvey Franklin/Un	35:40	20-Craig Vansteke1/UNR	36:06	28-R. Mellor/Un	36:59
5-Michael Niemiec/WVTC	34:56	13-Bert Johnson/LVRC	35:43	21-M. Warr/Un	36:13	29-Paul Alvarez/CSUS	37:00
6-Ralph Bowles/WVJS	35:04*	14-Mike Sapp/Un	35:49	22-D. Williams/Un	36:15	30-N. Elliott/Un	37:06
7-Dave Levitsky/WVTC	35:21	15-Doug Butt/WVTC	35:57	23-Bob Cooper/WDS	36:16	31-Terry Hughes/Un	37:10
8-Michael Graf/Un	35:25	16-Jeffrey Wall/ETC	35:57	24-Kent Guthrie/WVJS	36:17*		

(Continued on next page...)

(Concord Classic, cont'd.)

32-D. Larsen/PMK	37:14	67-S. Cowell/Un	39:24
33-R. Knowles/UnR	37:25	68-W. Johnston/Un	39:30
34-B. Conradt/UNR	37:35	69-W. Tweedie/Un	39:31
35-J. Ogden/Un	37:37	70-John Weidinger/ETC	39:32
36-Dave Barni/SierraCrst	37:38	71-J. Latting/DVTFC	39:35
37-Tim Rostege/WVTC	37:42	72-Bob Lualhati/NCS	39:37*
38-B. Brady/PMK	37:46	73-Larry Arata/Un	39:40
39-T. Berry/Un	37:48	74-Jack Byrd/PMK	39:42*
40-C. Freckman/Un	37:51	75-R. Talanera/Un	39:46
41-Ross Rowley/SUND	37:51	76-W. Hurlburt/Un	39:47
42-H. Reed/Un	37:56	77-A. Lozano/Un	39:54
43-T. Barlow/Un	37:57	78-W. Turrentino/DRR	39:55
44-Ken Apperson/Un	38:00	79-D. Klein/Un	39:57
45-Ron Peck/NCS	38:14	80-T. Chavez/Un	39:57
46-J. Doran/WVJS	38:16	81-T. Masterson/DSE	39:57
47-R. Vorse/Un	38:18	82-G. Bluta/DSE	39:59
48-R. Vega/Solano	38:20	***MASTERS***	
49-Kurt Schroers/SUND	38:21	85-Ron Kovacs/TRAC	40:04*
50-Phil Sanfilippo/WVJS	38:24	107-Doug Basham/SierraCrst	41:09*
51-E. Carey/Un	38:30	111-G. McMahon/DRR	41:18*
52-W. Poff/Un	38:33	128-Mike Paradis/Un	41:58*
53-E. Lanzarin/Un	38:36	***WOMEN***	
54-T. Apperson/Un	38:36	163-Sharon Yaninek/SJC	43:30
55-Bob Malain/BC	38:40*	181-Karen Kwong/Un	44:18
56-Dennis Gustafson/SFPD	38:46	237-Marilyn Harbin/DRR	46:29*
57-P. Bragstad/PMK	38:50	247-Barbara Pike/Un	47:04
58-T. Feeley/Un	38:52	266-Susan Quesberry/Un	47:40
59-J. Harmon/Un	38:54	269-Diana Rossman/Arrow	47:48
60-Bryan Holmes/WVJS	38:57*	273-Mary Ann Morse/Orinda	47:59
61-J. Moore/Un	39:04*	277-Debbie Santa Maria/Un	48:08
62-K. Wayne/Un	39:05	290-Wendy Parrott/Un	48:28
63-G. Foster/Cupertino	39:07	291-Chris Hashimoto/Un	48:31
64-P. Bradley/Un	39:08	293-Rachael Bray/Arrow	48:33
65-Larry Pugh/Solano	39:18	302-Heather Ryan/Un	48:53
66-R. Evans/Un	39:19	313-Judy Mellor/Un	49:11
		314-Carol Hewitt/Un	49:17

JOHN CLARY WINS HALLOWEEN RUN; AMY HARPER WINS AT 5:45 PER MILE!
 (Oct. 29, Saratoga): - John Clary waged a close three-way battle with David Boyet and Gilbert Munoz in running to an unexpected victory over a 300+ field. His 26:50 was just four seconds better than Boyet, and another second in front of Munoz. Ken Napier annexed the masters title in 29:24 over Harold DeMoss' 30:53, but the big story was the swiftness of the women's winner, Amy Harper. Her 29:56 works out to a 5:45 per mile average over the 5.2-mile circuit and was good enough to take 15th spot overall! Penny DeMoss was a distant second in 32:25, only a week after running the New York City Marathon. Lilian Woodward's 36:00 paced the women's over-40 finishers, with Ruth Waters' 36:49 in second. Results from this race are an example of how not to list finishers...no age or division or sex was noted. All we have to go by is name and time (and overall finishing place), so we're guessing at masters and women finishers...let us know if we missed anyone please. /John Clary/

1-John Clary/WVJS	26:50
2-David Boyet/AGRC	26:54
3-Gilbert Munoz	26:55
4-Jake White/WVJS	27:20
5-Bill Meinhart/WVJS	27:23
6-Jesse Calvin	27:53
7-John Hellman/UCSC	28:01
8-George Minarik/WVTC	28:09
9-Tom Jordan/WVTC	28:13
10-Jim Thylin	28:30
11-Ken Napier/WVJS	29:24*
12-Manny Mahon	29:41
13-Andy Takaha/CW	29:51
14-Martin Robinson	29:53
15-Amy Harper	29:56F
16-Don Swanson	29:56
17-Philip Martin	30:17
18-Rich Riordan	30:26
19-Marc Lund/WVTC	30:30
20-Ryan Levy	30:42
21-Richard Collins	30:52
22-Harold DeMoss/WVTC	30:53*
23-Walter Radloff	30:54
24-Jim Wholly	30:55
25-Bill Comport	30:56
26-John Bouldt	30:56
27-Ken Nickel	31:01
28-Scott Duggan	31:16

(Continued on page 45...)



John Clary on his way to victory at Halloween Run.



Photo: Jan Sershen

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(Halloween Run, Cont'd.)

29-Art Portocarrero	31:17	40-Craig Windham	31:49	52-Michael McChesney	32:52	64-William Currie	33:52
30-Robert Rea	31:21	41-Warren Yeend	31:58	53-Dick Gear	32:57	65-Dallas Denery	33:58
31-Terrance Sullivan	31:26	42-Javier Naranjo	32:01	54-Doug Aghjayou	32:59	66-Tom Lowman	34:00
32-David Polnaszek	31:28	43-Warren Moorman/PMK	32:03*	55-Mark Hirikawa	33:02	***WOMEN***	
33-Rick Sinedberg	31:29	44-Randy Sowers	32:05	56-Vaughn Rhodes	33:11	77-Jean Williams	34:33
34-David Fishback	31:31	45-Ed Pearce	32:08	57-Gregg Harvey	33:18	90-Carol Stroud	35:12
35-Daniel Garcia	31:34	46-Joseph Higes	32:18	58-Emory Chow	33:21	101-Barbara Meihaus/WVTC	35:41
36-Gus Albers	31:35	47-Penny DeMoss/WVTC	32:25F	59-Keith Campbell/WVJS	33:21*	102-Carol Yates	35:44
37-Carl Martin/WVJS	31:36*	48-Lawrence Ochoa	32:30	60-Andrew Scaduto	33:22	107-Lillian Woodward	36:00*
38-John McCrillis/TRAC	31:43*	49-David Warady	32:32	61-Dennis Facchino	33:24	113-Sharon Elliott	36:09
39-Norman Gould	31:44	50-Richard Cooper	32:39	62-Frank Butera	33:32	116-Loretta Gutierrez	36:16
		51-Ed Preston	32:47*	63-Link Lindquist	33:44	125-Ruth Waters/NCS	36:49*

NABERS ANNEXES FIRST ANNUAL MAYOR'S CUP MARATHON (Oct. 29, San Francisco): - San Francisco Ron Nabers, a transplant from Florida this past summer, took an easy win over 35-year-old Gary Goettelmann with a slowish 2:30:47 over a very hilly but beautiful course that started at Treasure Island and finished in the Polo Fields at Golden Gate Park after wandering around the northern and western edges of The City. Myron Nevraumont led from start to finish in capturing the masters division by over nine minutes. Second-placer Jerry Lewis put on a big kick at the end to pass Ted Wilson for a one-second margin. Amazing Ruth Anderson showed why she's one of the top masters women in the U.S. by winning the overall women's title in 3:15:33, over six minutes ahead of second-placer Lori Brusati, who is less than half the winner's age! Debbie Sierra was a close third, another 13 seconds back. Slightly over 600 finished this very well managed race. The sponsoring Guardsmen did a great job, perhaps too great, as they reported a loss of nearly \$2,000...aid-stations and police protection were outstanding along the entire length of the course. /Dave Remington/



(Above) Mayor's Cup Marathon winner, Ron Nabers, is congratulated by the late Mayor George Moscone; second-placer Gary Goettelmann is at far right, and sponsoring Guardsmen president, Bruce Scolin, is seated. (Right) Ruth Anderson, 49 years young, won the women's division at 3:15:33 over a very hilly course. /Orie Damewood/

1-Ron Nabers/Un	2:30:47	34-Jerry Lewis/TRAC	2:59:30*	67-Mark Brown	3:11:17
2-Gary Goettelmann/WV	2:34:09	35-Ted Wilson/KJ	2:59:31*	68-John Naylor	3:11:17*
3-John Skeels	2:36:29	36-Rus Given	2:59:43*	69-Bobby Yee	3:11:36
4-Robert Page	2:37:02	37-Kurt Lancaster	3:00:53	***MASTERS***	
5-Ben Tucker	2:38:41	38-Michael Percy	3:00:56	73-Mike Paradis	3:12:20*
6-Dave Muela/ETC	2:39:38	39-Rudy Escobedo	3:01:27	90-Brian O'Neill	3:15:16*
7-Joseph Hurd	2:43:43	40-Orin Dahl	3:01:30*	92-Richard Malkin	3:15:28*
8-Tomaso Kearcher	2:44:10	41-Thomas Barthold	3:01:45	93-Blair Stock	3:15:32*
9-David Dunbar	2:45:47	42-Dave Collins	3:01:53	95-Don Barber	3:15:52*
10-Michael Lisowski	2:45:54	43-Dewey Mar	3:02:35	96-David Velasquez	3:16:02*
11-Jay Cook/WVTC	2:46:16	44-Bryan Holmes/WVJS	3:02:50*	100-Jess Chavez	3:18:43*
12-Dennis Gustafson	2:49:53	45-Tommy Greer	3:03:04	***WOMEN***	
13-Myron Nevraumont/WVJ2	2:50:15*	46-A.F. McDonagh	3:03:05*	94-Ruth Anderson/NCS	3:15:33*
14-Richard Leutzinger	2:51:36	47-Donald Hill	3:03:36	120-Lori Brusati	3:21:45
15-Steven Stark	2:51:38	48-Edward Dux	3:04:02	123-Debbie Sierra	3:21:58
16-Keith McNab	2:51:42	49-John Ulate	3:04:35	125-Diane Young	3:22:15
17-Paul Farren	2:51:46	50-Terrence Miller	3:05:32	154-Daphne Dunn	3:25:33
18-Bill Elliot	2:52:59	51-Robert Sobsey	3:05:37	191-Consuelo Underwood	3:28:48
19-Ed Jerome	2:53:13	52-Tom Sheehan	3:05:42	206-Nicki Weicker	3:29:56
20-Rodolfo Vege	2:53:39	53-David Sullivan	3:06:37	208-Paula Ferrill/SUND	3:30:09*
21-Santos Reynaga/WVTC	2:53:40	54-Alan Winkely	3:07:00	210-Lisa Capaldini	3:30:28
22-Samuel Rosas	2:54:12	55-Robert Cox	3:07:18*		
23-Paige Youngman	2:55:29	56-Brett Ferguson	3:07:50		
24-Clent Mericle	2:56:47	57-Jose Cortez	3:08:29		
25-Rae Clark	2:56:55	58-Joe Mercado	3:09:13		
26-Steve Flynn	2:57:38	59-Joe Gallagher	3:09:20		
27-Richard Herzog	2:57:45	60-Eugene Moffett	3:09:41		
28-Jim Doran	2:57:59	61-Walter Calcagno	3:09:48		
29-Jim Moyles	2:58:28	62-Thomas Zavortink	3:10:22		
30-Michael Hicks	2:58:54	63-Joe Morelli	3:10:37		
31-Rick Sylvester	2:58:59	64-Austin Angell	3:10:49		
32-Albert Garcia	2:59:08	65-Dave Stevenson	3:10:53*		
33-Dwight Hendrix	2:59:10	66-Gary Landman	3:11:12		



WYSOCKI, ANEX AND AGGIES RUN TO PA-AAU CROSS-COUNTRY TITLES (Nov. 4, Davis): - Tina Anex of the host Aggie Running Club had the poorly-attended women's 5K race all to herself, winning by over a minute in 18:24, as the Davis squad also won the team title, 21 to 38 over the Fresno Pacific T.C. Tom Wysocki took command of the men's 10K race about midway through the competition and won handily by a 22-second margin over Gary Romesser (29:39), Jim Van Dine (29:40) and Mike Porter (29:43) in a close battle for the next three spots. This was probably the best-attended Championships that we can remember, and the presence of Fresno Pacific gave a little more credence to the "California Club Championships", which were held concurrently with the PA-AAU's. The team title was up for grabs throughout the race, and the host Aggies barely edged Fresno and West Valley, the defending champs, 44-46-53. The total team times (the correct method of scoring now) showed the race to be even closer, as only 14 seconds separated all three squads!! The Aggies still came out on top (2:31:40.5), with FPTC next (2:31:48.3) and WVTC third (2:31:54.8). An amazing 22 finishers dipped under 31 minutes, with 53 going under 32 minutes...134 finished. /Aggie R.C./

1-Tom Wysocki/Un	29:17	7-Jim Hartig/FPTC	30:14	13-Tony Ramirez/FPTC	30:27	19-Juan Garcia/FPTC	30:47
2-Gary Romesser/FPTC	29:39	8-Pete Sweeney/AGRC	30:16	14-Mike Pinocci/WVTC	30:29	20-Bill Clark/WVTC	30:50
3-Jim Van Dine/AGRC	29:40	9-John Sheehan/Un	30:17	15-Bill Britten/AGRC	30:40	21-Wayne Hurst/Un	30:54
4-Mike Porter/WVTC	29:43	10-Athol Barton/Un	30:18	16-Bryan Foley/FPTC	30:41	22-Bill Seaver/WVTC	30:57
5-Duncan Macdonald/WVTC	29:56	11-Steve Palladino/CW	30:22	17-Peanut Harms/AGRC	30:41	23-Dave Cords/FPTC	31:02
6-John Moreno/CWTC	30:09	12-Ed Schelegle/AGRC	30:24	18-Lou Patterson/AGRC	30:46	24-Steve Holl/AGRC	31:04

(Continued on page 46...)



(Left) Tina Anex won PA-AAU Women's 5K X-C. /*Ralph Gowen*/
 (Right) Tom Wysocki, winner of the 10K race, shown trailing
 Ron Zarate in a race several years back. /*Keith Conning*/

25-Jeff Clark/AGRC	31:07	52-Kim Schaurer/MR	31:57
26-Mark Sisson/WVTC	31:09	53-Dave Boyet/AGRC	31:59
27-Benton Hart/WVTC	31:11	54-Mike Miller/CWTC	32:02
28-Roy Høglund/CWTC	31:12	55-Stein Rafto/MR	32:06
29-Burt McIntosh/HH	31:15	56-Perry Linn/CCRC	32:08
30-Angel Martinez/AGRC	31:15	57-Mike Fanelli/PMK	32:09
31-Mike Cassidy/Un	31:16	58-Rob Anex/AGRC	32:10
32-Greg Hall/FPTC	31:17	59-Mark Sanchez/SJS	32:11
33-Pete Flores/AGRC	31:19	60-Mike Emry/AGRC	32:19
34-Skyler Jones/WVTC	31:20	61-Dave Haake/FPTC	32:22
35-Vic Cary/WVTC	31:22	62-Scott Ruffing/SJS	32:24
36-Denis O'Halloran/AGRC	31:23	63-Mike Killeen/AGRC	32:25
37-Tim Chain/Un	31:26	64-Bernie Heinrich/MR	32:26
38-Chavez/SJS	31:30	65-Bruce Degen/MR	32:27
39-Eric Williams/MR	31:33	66-Jim Warrick/AGRC	32:28
40-Dan Harvey/CWTC	31:34	67-Greg Zentner/MR	32:28
41-Dirk Feenstra/CCRC	31:34	68-Adam Ferreira/HH	32:29
42-Daryl Zapata/WVTC	31:36	69-George Green/ETC	32:29
43-Bill Vasquez/GRC	31:37	70-Gene Fitzgerald/PMK	32:30
44-Darrell Cox/FPTC	31:39	***WOMEN*** (5 Km.)	
45-Joe Salazar/CWTC	31:44	1-Tina Anex/AGRC	18:24
46-Brian Tracy/AGRC	31:46	2-Kathy Way/AGRC	19:31
47-Rich Langford/FPTC	31:47	3-Jolie Houston/AGRC	19:34
48-Steve Dean/HH	31:49	4-Tone O'Halloran/FPTC	19:57
49-Al Hernandez/WVTC	31:51	5-Paula Bell/FPTC	20:04
50-Tim Gruber/SJS	31:52	6-Karen Rosenblatt/AGRC	20:28
51-Mark Proteau/AGRC	31:55	7-Maria Ng/WVTC	20:36

MOLINA AND WHITE WIN YMCA-ZOO RUN TITLES (Nov. 5, Oakland): - Scott Molina ran to victory at the first annual YMCA-Zoo Run, clocking 18:54 on a supposedly 5-Kilometer course (apparently very long or very tough, or a little of both) to edge out Cal-State Hayward's Mike Chastaine, who did 19:02. Ron Niedrauer's 23:36 was likewise an 8-second margin over Ed Baker in the masters division. Surprising Ed Preston, who's in the 60-and-over class, took a close fourth in 23:55. Perhaps the best performance came from Marcia White, who clocked 22:54 in winning the women's overall title and placing her very high in the men's standings (the results are listed by division so we didn't compute her actual finish place...another example of 'non-standard' results). Remember that in future issues, race directors (or someone) must submit results that include certain basic minimums (see page 37 for details). Otherwise, the NorCal will not print the results! If this bothers you, don't complain to us--complain to the various meet directors and see that they put out more meaningful results. Over 500 finished. /*Yvette Nance*/ (Marcia finished 26th).

1-Scott Molina	18:54	15-John Springs	21:57	29-Paul Markham	23:08	***MASTERS***	
2-Mike Chastaine/CSH	19:02	16-Gary Miller	22:04	30-Don Krenke	23:08	4-Ed Preston	23:55*
3-Dennis Tracy/WVTC	19:42	17-Gus Albers	22:09	31-Mark Bigelow	23:08	5-Jess Chavez	24:18*
4-Mike Niemiec/WVTC	19:50	18-Gene Knauer	22:09	32-Phillip Choisser	23:12	6-Bob Matulac	25:03*
5-Sidney Ennis	20:29	19-Michael Solorio	22:14	33-Larry Feigenbaum	23:17	7-Bob Garner	25:09*
6-Tim Rostege/WVTC	21:09	20-Michael Hicks	22:27	34-William C. Lee	23:20	8-Howard Schopman	25:15*
7-Henry Walker	21:09	21-Bill Siordia	22:27	35-Neil Fleishon	23:26	9-Ray Nicholl	25:30*
8-Steve Armstrong	21:14	22-Ron Tanaka	22:36	36-Ron Niedrauer/WVJS	23:36*	***WOMEN***	
9-Rich de Glymes	21:16	23-Dewey Mar	22:44	37-J.T. Halley	23:38	2-Leslie McMullin	24:41
10-Edward Carey	21:17	24-Bill La Fontaine	22:50	38-Anthony Green	23:42	3-Denise Bigelow	24:54
11-Edward Lee	21:24	25-David Klein	22:54	39-Scott Thompson	23:42	4-Ruth Anderson/NCS	25:19*
12-Donald Diola	21:25	26-Marcia White	22:54F	40-Ed Baker	23:44*	5-Consuelo Underwood	25:25
13-Ira Moch	21:33	27-Barnie Eredia	23:02	41-Steve Nichols	23:48*	6-Julie Harcos, Terrie Martin & S. Calandra	26:26
14-Chris Thomas	21:35	28-Rinaldo Caminada	23:04	42-Frank Castro	23:54		

WYSOCKI SHATTERS ALMOND BOWL 6-MILE RECORD; SYMONS GETS WOMEN'S RECORD (Nov. 11, Chico): - Reno's Tom Wysocki, fresh from his victory at the PA-AAU 10K X-C the week before, ran a solo effort in shattering runnerup David Wood's 1977 standard of 29:21 with a superlative 28:48 over the flat, accurate course. This year Wood could only manage a 30:30, and Tom Olson's 30:37 was close behind. Jill Symons warmed up for her Pepsi 20-mile victory with a course-record 34:59, clipping Tina Anex's 35:10 from 1976. Merrill Cray was a distant second in 36:44. Lee Bunnell grabbed the masters title in 36:34 over Norm Lumian (36:51) in the closest battle for major divisional awards. Pat McGuire of Reno set a 14-17 age-group record in 30:50, finishing sixth overall. In the companion 3-miler, Kent Mulkey bested Jack West, 15:07 to 15:16. Soon-to-be-40, Walt Schafer, showed he'll be tough with a fine 15:32 in fourth (Walt's 39). Everett Riggle (17:31) and Cathy Odone of Chico State (17:49) were the masters and women's winners in that race, with Riggle picking up a course record (Don Fridshal's 17:43 from last year was old mark). There were a total of 650 finishers in both races combined! /*Walt Schafer*/

1-Kent Mulkey/Chico	15:07	14-Steven Miller/Chico	16:26	27-Jesus Garcia/Chico	17:06	45-Robert Ross/SWEAT	18:23*
2-Jack West/Chico	15:16	15-Bill Blackburn/RanCor	16:29	28-Mac Forbes/SWEAT	17:08	49-Ron Richey/Chico	18:42*
3-Al Masterson/Redding	15:26	16-Bob Gordon/SWEAT	16:33	29-Mike Gregg	17:14	59-Dick Symons/Chico	19:04*
4-Walt Schafer/CRC	15:32	17-Randy Lamb/Chico	16:37	30-Chris Lambert/Chico	17:19	75-Stuart Kincaid/Chico	19:49*
5-Steve Growdon/Chico	15:35	18-Paul Cross/Chico	16:42	31-Everett Riggle/Chico	17:31*	***WOMEN***	
6-Danny La Moureaux	15:38	19-Guerdon Ely/Chico	16:46	32-Jack McKenna/Paradise	17:32	56-ETana Schroeder	18:57
7-Paul Resignato/Chico	15:41	20-Gene Meyers/Chico	16:46	33-Gary La Pado/Chico	17:34	64-Debbie Girimonte/Redd	19:29
8-Mark Kirchmeyer	15:45	21-Doug Riggle/Chico	16:49	34-Doug Cobb/Chico	17:38	67-Kathy Sullivan/Chico	19:37
9-Steve Haxby/Paradise	15:55	22-David Nyquist/Chico	16:52	35-Blaine Spence/Redding	17:43	70-Gina Mandy/Chico	19:42
10-Nelson Cobb/Chico	16:17	23-Bruce Lodge/Chico	16:57	36-Rob Brannon/Chico	17:49	78-Carol Stanley/Chico	20:03
11-Greg Durbin/Chico	16:18	24-Mike Weidlein	16:59	37-Cathy Odone/Chico St.	17:49F	83-Barbara Davis/Chico	20:16
12-Mike Patrick/Chico	16:19	25-Robert Ross/Chico	17:01	***MASTERS***		91-Susan Condon	20:54
13-Sean Wiedenhoef	16:25	26-Roberto Chavez/Chico	17:02	38-Len Edholm/SWEAT	17:57*	96-Theresa Henneman/Ch	20:58*
				42-Larry Dion/Chico	18:11*	103-Judy Kelly/Chico	21:11
1-Tom Wysocki/Un	28:48	7-Mark Shuman/Chico	30:50	13-Miguel Tibaduiza/UNR	31:59	19-David Luckengill/Chico	32:38
2-David Wood/Chico	30:30	8-John Frank/Summit	30:59	14-Frank Krebs/BC	32:04	20-Pat Buzbee/Blairsdan	32:46
3-Tom Olson/Chico	30:37	9-Jim Price/Anderson	30:59	15-David Mills/Orinda	32:10	21-Mike Jordan/Redding	32:55
4-Perry Linn/BC	30:41	10-Pat Finn/Chico	31:32	16-Craig Van Sickle/UNR	32:15	22-Richard Cental/Liv.	32:56
5-Hans Menet/UNR	30:43	11-Glenn McCarthy/ER	31:46	17-Britt Brewer/CRC	32:33	23-Bob Conradt/UNR	32:58
6-Pat McGuire/UNR	30:50	12-Mike Buzbee/Chico	31:56	18-Bill Gregg/Davis	32:35		

(Continued on page 48...)

(Almond Bowl Run, cont'd.)

24-Mark Cyr/Chico	33:11	34-Dave Cargill/Suisun	34:43	45-Erik Ferry/Chico	36:01	88-Don Hughes/SRRC	38:02*
25-Tom Phillips/Oroville	33:17	35-Sam Simmons/Chico	34:47	46-Jeff Keller/SWEAT	36:07	93-Cliff Hepburn/Redding	38:20*
26-Tom Hayes/Redding	33:21	36-Buckley Hulsemann/RB1f	34:58	47-Buster Dyer/Chico	36:07	98-Dennis Hampton/Chico	38:31*
27-Jose Solorio/Reno	33:39	37-Jill Symons/Chico	34:59F	48-Jon Lumian/Un	36:15	107-W.G. Poore/Novato	38:58*
28-Lee Young/CenValley	34:03	38-Glenn Reed/SWEAT	35:00	49-Lefty Chell/Chico	36:17	***WOMEN***	
29-Jack Frost/SWEAT	34:14	39-Ken Garber/Redding	35:07	50-Michael Powell/Corning	36:20	65-Meritt Cray/CRC	36:44
30-Scott Brazil/PaloCedro	34:23	40-Mark Bunne11	35:13	51-James Brosbears/Parad	36:21	75-Darcy Bruyleson/Chico	37:16
31-Larry Pugh/Suisun	34:30	41-Greg Schutz/Chico	35:18	***MASTERS***		90-Sally Edwards/CRC	38:09
32-Mike Andrews/Chico	34:35	42-Jim Fisher/SWEAT	35:21	59-Lee Bunne11/SWEAT	36:34*	95-Colleen Connors/Chico	38:31
33-Henry Tushar/Chico	34:41	43-A.J. Ferguson/Chico	35:49	66-Norm Lumian/SeniorSTC	36:51*	104-Juli Mastain/Chico	38:56
		44-Kent Casto/Chico	36:01	78-Harry Danie11/SWEAT	37:32*	126-Vivian West/PaloCedro	39:51

EMPIRE 15-KILO: ALEXANDER WINS EASILY BUT MISSES COURSE RECORD (Nov. 18, Santa Rosa): - Valley of the Moon R.C.'s Butch Alexander was a 37-second victor over Hersh Jenkins in the 2nd Annual Heart of the Empire 15-Kilo, but his 49:33 was ten seconds shy of Chris Hamer's mark from the previous year. Kim Schauer of the Marin Racers was third at 50:22. Craig Roland likewise had an easy go of it in the masters division, running to a 55:06 victory over Roger Price's 56:49. Darryl Beardall's superlative 50:36 record from 1977 will stay around for awhile it looks like. Maria Regalado's 65:58 proved no match for the rest of the women in the field, as Garima Hoffman's 69:04 was a very distant runnerup. Kathryn Rankin's 61:52 standard remained intact. A total of 174 finished this very well organized event, hosted by the Empire Runners at Springlake Park. /Glenn McCarthy/

1-Butch Alexander/VMRC	49:33	13-Dan Preston/VMRC	53:45	25-Gerald Werner/Un	57:25	37-Ron Kinney/ER	60:00*
2-Hersh Jenkins/R.Park	50:10	14-Phil Mitchell/MR	53:53	26-Colin Hermans/ER	57:40*	38-Martin Jones/VMRC	60:16
3-Kim Schauer/MR	50:22	15-Dennis Doris/VMRC	54:17	27-Rich Mathiew/Un	58:05	39-Arthur Webb/Un	60:22
4-Mike McGrath/AGRC	50:30	16-Dave Sjostedt/VMRC	54:31	28-Tom Hillard/PCAC	58:11	***MASTERS***	
5-Jerry Drew/MR	51:15	17-Craig Roland/ER	55:06*	29-Don Madronich/Un	58:21	45-Don Kiernan/VMRC	61:36*
6-Mike Timmerman/MR	51:35	18-Bob Lawrence/TAM	55:10	30-Tom McCarthy/MR	58:46	48-Tom Walsh/SSS-Reno	61:52*
7-Ron Kesecker/VMRC	51:52	19-Bob Doh1stet/Un	55:17	31-Jeff Ceremony/SD	58:52	52-Dan Thomas/Un	62:36*
8-Dennis Bollman/VMRC	52:46	20-Hugh McWilliams/VMRC	55:25	32-John Oliver/Un	58:55	***WOMEN***	
9-Clark Rosen/PMK	53:05	21-Lou Dougherty/NVRC	56:17	33-George Nichols/HA	59:15	83-Maria Regalado/Un	65:58
10-Jack Hackmann/VMRC	53:20	22-George Ridout/MR	56:24	34-Arnold Schulz/ER	59:29*	107-Garima Hoffman/Un	69:04
11-George Bratsburg/CCC	53:29	23-Roger Price/Un	56:49*	35-Bruce Denner/Un	59:36	108-Bonny Lawrence/TAM	69:19
12-Emery Mitchell/MR	53:42	24-Dean Mitchell/Un	57:07	36-Stan Dittman/Un	59:45	110-Michelle Felton/SD	69:32



Pepsi winner, Bill Clark, in the lead here during a cross-country race several years ago in Belmont. /D. O'Rourke/

1-Bill Clark/WVTC	1:48:24
2-Mike Wheeler/LMJS	1:48:57
3-Curtis Miyaji	1:49:09
4-Perry Linn/BC	1:49:37
5-Gary Goettelmann/WV	1:49:53
6-Howard Labrie/SRRC	1:49:53
7-Mark Proteau/AGRC	1:50:05
8-John Laird	1:51:02
9-Mike Plummer/WVTC	1:51:10
10-Greg Jewett/ETC	1:51:58
11-Jim Howard	1:52:36
12-Jim Cook	1:52:58
13-Michael Buzbee	1:54:03
14-Fred Forsberg	1:54:09
15-Chris Hamer/WVTC	1:54:16
16-Tom Kennedy	1:54:21
17-Bert Johnson	1:54:30
18-Kevin Kirby/AGRC	1:54:48
19-Gary Alderman	1:54:48
20-William Jenney	1:55:24
21-Jeff Cowling	1:55:26
22-Erik Winje	1:55:48

CLARK SPLASHES TO VICTORY AT PEPSI-20; SYMONS NIPS ULLYOT TO CAPTURE WOMEN'S TITLE (Nov. 19, Clarksburg): - Bill Clark, on the verge of turning 35 a few weeks down the road, showed that he is still to be feared in local road-running circles. Running strongly over the closing half of the race, the ex-American Hour Run record-holder from Los Altos won by 33 seconds over surprising Michael Wheeler of the Lake Merritt Joggers and Striders. His winning time of 1:48:24 was not especially quick, but under the cold and wet conditions, it was a strong performance. Steve Dean's 1:43:44 from 1975 easily withstood all challengers. Rich Langford, who had failed to enter by the deadline, received special permission to run unofficially anyway and actually was the first to cross the finishline in 1:47+, but his time will not count in the recordbooks. Bob Bourbeau's 1:56:52 was also way off the record for masters (1:51:07 by Kent Guthrie), but it was fast enough to soundly thrash Tom Cathcart's 1:58:25. Jill Symons, who had won a quick six-mile race the week before in Chico, steadily closed the gap on leaders Joan Ulyot and Penny DeMoss and kicked in hard over the last few hundred yards to record an excellent 2:09:14, some 11 seconds in front of Ulyot. DeMoss was 2:10:44 in third place. In what was probably the closest battle of the day, John Perkins nipped Richard Houston, 2:10:18 to 2:10:22, to capture the 50-and-over division, while Lucy Shapiro's 2:23:16 bested Marilynn Harbin's 2:24:53 in the women's masters race. Mike Warr's 1:55:52 took the high school division title. Lot's of other divisions and winners too, but not enough room to list 'em all here...1150 finished. /Paul & Elaine Reese/

23-Mike Warr	1:55:52	55-Bruce VonBorstel	1:59:09	87-Russell Cohen	2:03:20
24-Terry Hughes	1:55:59	56-Brian Bonner	1:59:13	88-Mike Deatherage	2:03:26
25-Doug Rennie	1:56:11	57-Steven Dean	1:59:19	89-Ken Kitz	2:03:38
26-Ricky Denesik	1:56:13	58-John Finney	1:59:19	90-Michael Deis	2:04:09
27-Mike Ercolini	1:56:23	59-Mark Lonczak	1:59:19	91-Harvey Ferrill/SUND	2:04:13*
28-Mark Kirchmeyer	1:56:23	60-Dan Smolich	1:59:25	92-Bryan Haupt	2:04:19
29-Frank Hutchinson	1:56:34	61-Michael Garrett	1:59:41	93-Mike McKay	2:04:26
30-Gregory Nelson	1:56:35	62-Ken Mattson	1:59:42	94-Ed Jerome	2:04:26
31-Gary Sutherland	1:56:42	63-Dete Kraus/WVJS	1:59:46	95-Roy Stone/WVTC	2:04:32
32-Frank Boutin/Stfrd	1:56:44	64-Jay Cook/WVTC	1:59:46	96-Jack Zarkarian	2:04:38
33-Bruce Dewsberry	1:56:46	65-Larry Pugh	1:59:48	97-Joe Sloan/OPHIR	2:04:49*
34-Bob Bourbeau/WVJS	1:56:52*	66-Frank Krebs/BC	1:59:53	98-Allan Berrin	2:04:56
35-Ron Mellor	1:56:53	67-Myron Nevraumont/WVJ2	2:00:19*	99-Mike Davis	2:05:02
36-Dan Williams	1:56:57	68-Wes Lucas	2:00:20	100-Randall Fairchild	2:05:06
37-Pat Buzbee	1:57:28	69-Noel Lincicome	2:00:22	101-Sal Citarella	2:05:11
38-Mike Wright	1:57:40	70-Mike Conroy/ETC	2:00:23	102-Ed Stromberg	2:05:14
39-Michael Brown	1:57:56	71-Tom Arnez	2:00:59	103-Jim Casper	2:05:16
40-David Dunbar	1:57:59	72-Jim Coughlin	2:01:01	104-John Hawkes/WVTC	2:05:21
41-Tom Hayes/SWEAT	1:58:01	73-Dennis Dillie	2:01:02	105-Glenn Pruitt	2:05:22
42-Kees Tuinzing/TAM	1:58:02	74-Bob Myers/PMK	2:01:34	106-Jim Worden	2:05:28
43-Mike Gulli	1:58:07	75-Mark Brooks	2:01:39	107-Albert Garcia	2:05:36
44-Karl Machscheffes	1:58:24	76-Doug Latimer	2:01:47*	108-Robert Sobsey	2:05:38
45-Thomas Cathcart/WV	1:58:25*	77-Bill Catanese/TAM	2:01:52*	109-Jim Rice	2:05:43
46-David Stevenson	1:58:38	78-Robert Smith	2:01:56	110-Bill Keller	2:06:06
47-Chris Nowak	1:58:39	79-Frank Nolan/WVTC	2:02:12	111-Martin Bennett	2:06:08
48-William May	1:58:39	80-Roger Daniels/TAM	2:02:26*	112-Alan Honma	2:06:10
49-Santos Reynaga/WVTC	1:58:43	81-Jack Frost	2:02:31	113-Clifford Clarke	2:06:12
50-Tim Morse	1:58:41	82-Mike Kimberling	2:02:32	114-David Pendley	2:06:19
51-Bill Tippets	1:58:54	83-Bill Peck	2:02:38	115-Michael Hicks	2:06:26
52-Dennis Gustafson	1:58:56	84-William Boggs	2:02:43	116-Mario Espinoza	2:06:27
53-Nick Breuer	1:58:59	85-Glenn Sutor	2:02:46	117-Ted Wilson/KJ	2:06:28*
54-Richard Hanna	1:59:06	86-Kevin Reynolds	2:03:11		

(Continued on page 51...)

(Pepsi 20-Miler, Cont'd.)

MASTERS

120-Glen Krawiec	2:06:51*	170-Orin Dahl	2:09:25*	259-Colleen Conners	2:14:56
121-Jack Byrd/PMK	2:06:56*	179-Bob Blonder	2:10:09*	290-Vicki Randall	2:16:32
132-Bryan Holmes/WVJS	2:07:39*	181-John Perkins	2:10:18*	349-Connie Giannini	2:20:19
138-Juneus Kendall	2:08:13*	182-Richard Houston/NCS	2:10:22*	355-Candy Hearn/OPHIR	2:20:33
143-Waights Taylor/WV	2:08:20*	***WOMEN***		366-Kathryn Blinn	2:21:03
147-Chris Delgado	2:08:40*	162-Jill Symons/Chico	2:09:14	384-Laury Belzer/LMJS	2:22:01
150-Jim Liedtke	2:08:48*	169-Joan Ulyot/WVTC	2:09:25	394-Karen Kressenberg/WV2	2:22:30

2:10:44	408-Lucy Shapiro/WVTC	2:23:16*
2:13:29	421-Sue Brusher/BASC	2:24:19
2:14:56	432-Marlynn Harbin/TAM	2:24:53*
2:16:32	436-Deborah Bispo	2:24:59
2:20:19	448-Mari Kolb/WVTC	2:25:37
2:20:33	449-Paula Ferrill/SUND	2:25:38*
2:21:03	471-Anne Neeley	2:27:02
2:22:01	481-Debbie Foryniary	2:27:42
2:22:30	492-Melissa Duffy	2:28:04

SUB-MASTERS SWEEP 30-KILOMETER FRIENDSHIP RACE (Dec. 3, San Mateo): - Whoever said you're 'over the hill' at 30 evidently wasn't a runner. In the second, and much more successful (organization-wise) running of the United Friendship Run, 34-year-old Wayne Badgley clipped year-younger Daryl Zapata, 1:43:13 to 1:44:02, and third-placer Bill Sevald, 32, did 1:45:46, thus completing a sub-masters sweep of the medals. In fact, six of the top eight finishers were over 30! Myron Nevraumont came back well from the Pepsi 20-Miler two weeks earlier to record a 36-second victory over local Bill Bugler, 1:54:26 to 1:55:02, to win the over-40 trophy. Vicky Bray's 2:11:09 led the women, with Lucy Shapiro winning the women's over-40 title in 2:13:44, good enough for second place overall among the fair sex. A total of 221 finished the dead-flat course which followed the San Mateo and Burlingame shoreline of San Francisco Bay from Coyote Point Yacht Harbor. /Al Bangert/

1-Wayne Badgley/SUND	1:43:13	13-Myron Nevraumont/WVJ1	1:54:26*	25-Dennis Reager	2:00:24	***MASTERS***	
2-Daryl Zapata/WVTC	1:44:02	14-Dennis Gustafson/SFP1	1:54:50	26-Glen MacDougall	2:01:00	41-Fred Dunn	2:06:51*
3-Bill Sevald/ETC	1:45:46	15-Bill Bugler	1:55:02*	27-Robert Duncan	2:01:03	45-Ron Niedrauer/WVJS	2:09:01*
4-Don Paul	1:46:30	16-Santos Reynaga/WVTC	1:56:20	28-Steven Twesten	2:01:33	48-Walter Williams	2:11:03*
5-Greg Jewett/ETC	1:46:34	17-Bryan Holmes/WVJS	1:57:36*	29-Frank Ruona	2:01:45	***WOMEN***	
6-Neil Berg	1:47:22	18-Waights Taylor/WVTC	1:58:07*	30-Dan Speed	2:02:00	49-Vicky Bray/SJC	2:11:09
7-Jesus A. Garza	1:48:29	19-Larry Feigenbaum	1:58:44	31-James Steward	2:02:32	62-Lucy Shapiro/WVTC	2:13:44*
8-Jeffrey Wall/ETC	1:49:01	20-Glen Krawiec	1:59:10*	32-Gary Chilton	2:02:38*	81-Diane Young	2:18:25
9-Ted Pawlak	1:49:24	21-Dewey Mar	1:59:36	33-Rip Talavera	2:03:10	88-Bev Hendrighsman	2:20:13
10-James Gorman/WVTC	1:52:38	22-Leonard Gilliana	1:59:47	34-Monroe Rosenthal	2:03:29	92-Frances Sackerman/NC2	2:22:00*
11-Sam Rojas	1:52:51	23-Sargon Nona	1:59:47	35-Tom Sheehan	2:03:39	103-Nora Crans/WVTC	2:25:37
12-Jack Dixon	1:53:07	24-John Lilygren	2:00:11	36-Peter Laskier	2:04:00	111-Daphne Dunn	2:27:35

BLUME WHIPS STRONG FIELD AT CAMPBELL DECEMBERFEST (Dec. 3, Campbell): - Cal's Gary Blume came out on top in a talent-laden six-miler sponsored by the Campbell Rotary Club. His 29:15 winning time was 18 seconds ahead of WVTC's Benton Hart, making a comeback after an injury-plagued cross-country season. Third-placer Bill Clark was only a bit more than 2 seconds back after celebrating his 35th birthday the night before! Bob Blonder was tops over-40, but because of a strange breakdown in age-groups (35 to 49), he finished only eighth in that division. His 33:48 was over a minute ahead of Gil Tarin's 34:52. Because the results did not indicate age, we're not sure who is a master and who isn't, so if we've missed noting anyone with an asterisk below, please let us know. Come on meet directors, let's put out some useful results! Roxanne Bier had to kick hard to pass 38-year-old Judy Fox in the last hundred yards, barely hanging on to win in a quick 33:44.3 (Judy was only 5/10ths of a second back). That works out to 5:37 a mile folks! Nobody else was even close to the top two women. We don't know how many finishers because the results didn't even list places within divisions so we could add them up! Sorry for no first names in many cases (that's the way they were in the results). /Robert Culp/

1-Gary Blume/Cal	29:15	24-G. Aguilar	33:03	47-Gil Tarin/WVJS	34:52*
2-Benton Hart/WVTC	29:33	25-D. Greco	33:03	48-Dave Stevenson/Un	34:58*
3-Bill Clark/WVTC	29:35	26-J. Rubio	33:04	49-R. Anderson	34:59
4-Steve Brooks/WVTC	29:41	27-A. Welch	33:09	50-F. Rios	35:01
5-Bill Hurst/WVTC	30:14	28-G. Vonderwerth	33:10	51-John Ulate	35:02
6-Gary Goettelmann	30:35	29-Glenn Pruitt	33:12	52-Don Carpenter/WVTC	35:03*
7-D. Wells	30:40	30-D. Garcia	33:14	53-Ken Napier/WVJS	35:04*
8-Dan Cruz/PTC	30:44	31-T. Pfister	33:19	54-B. Comport	35:14
9-John Clary/WVJS	30:48	32-Don Barber	33:27	55-W. Radloff	35:18
10-K. Henter	31:18	33-Tim Rostege/WVTC	33:29	56-R. Collins	35:19
11-G. Szante	31:19	34-B. Brummel	33:44	57-A. Portocarrero	35:20
12-Jake White/WVJS	31:21	35-K. Takao	33:47	58-F. Copeland	35:23
13-Dave Levitsky/WVTC	31:26	36-D. Stevens	33:47	59-S. Mosier	35:24
14-Ramsay Thomas/WVTC	31:34	37-Bob Blonder	33:48*	60-R. White	35:25
15-C. Karbowski	31:39	38-B. Ramsey	34:04	***WOMEN***	
16-Rich Stiller/WVJS	32:01	39-J. Wurm	34:16	1-Roxanne Bier/SJC	33:44
17-Jesus Garza	32:06	40-P. Miller	34:28	2-Judy Fox/WVTC	33:45
18-J. Ahnberg	32:11	41-T. Dorst	34:30	3-T. Matavage	36:14
19-R. Castro	32:17	42-K. Nichol	34:33	4-K. DenmeImaier/SJC	36:23
20-M. McQueeney	32:17	43-M. Hicks	34:43	5-Maria King/SJC	36:26
21-D. Bush	32:27	44-R. Smedberg	34:44	6-Karen Kressenberg/WVTC	38:41
22-W. Dunn	32:33	45-Walt Van Zant/WVJS	34:47	7-Denise Bigelow	39:32
23-Dave Parish/WVTC	32:36	46-T. Higgins	34:47	8-C. Carriere	40:23
				9-B. Hawk	40:45



Gary Blume, winner of the Decemberfest at Campbell with a 29:15 6-mile. /Tom Elliott/

NABERS WHIPS RECORD-HOLDER AT LIVERMORE MARATHON (Dec. 9, Livermore): - Ron Nabers, who had just set a PR the week before at the Fiesta Bowl Marathon in 2:19:39, held off a strong bid by defending champ Fritz Watson to record another quick time of 2:23:40, still well off Watson's 2:21:00 standard from the previous year. Watson finished in 2:26:47 with Nevada-Reno's Rudy Munoz getting third at 2:30:57. A record number of starters (1400+) turned out for the full and half-marathon this year. The woman's winner was Lynn Harris of Sunnyvale in 3:13:10, well off Vicky Bray's 2:53:14 standard. Gordon Gane set a new masters record of 2:44:20 in dominating that division. Art Clausing of Illinois was next in 2:47:16. Hans Roenau nipped John Armstrong by 8 seconds in a swift 2:50:48 to capture the 50-and-over class. Top point scorer (based on comparing times with US age records) was once again Ruth Anderson with 1007 points, although she was beaten by Paula Ferrill for top woman over 40. Lyle Freeman's 1:11:10 led the half-marathon crowd, with Lester Mina coming in a scant 9 seconds back. Tom Cathcart sped to another swift clocking in 1:13:41 to garner the masters title, while Joan Ulyot nipped Kathryn Prickett by 16 seconds in 1:27:57 for the women's crown. /D. Jones/

1-Ron Nabers/WVTC	2:23:40	6-David Muela/ETC	2:33:50	11-Gary Galloway	2:36:52	16-Mark Hines/S.F.	2:39:32
2-Fritz Watson/WVTC	2:26:47	7-Jeff Wall/ETC	2:34:19	12-Bill Sevald/ETC	2:37:55	17-Ron Barker/Idaho	2:39:38
3-Rudy Munoz/UNR	2:30:57	8-Miguel Tibaduiza/UNR	2:34:54	13-Dave Levitsky/WVTC	2:38:02	18-Bert Johnson/Snyvle	2:39:54
4-Chris Hamer/WVTC	2:31:56	9-Pat Buzbee	2:35:45	14-David Swezey/SBarb	2:38:08	19-Dete Kraus/WVJS	2:40:02
5-Dennis Rinde/OPHIR	2:33:38	10-Fred Forsberg	2:36:45	15-Brian Bonner/LVRC	2:38:12		

(Continued on next page...)

(Livermore Marathon, Cont'd.)

20-William May	2:40:16	41-Kim Schaurer/MR	2:50:47	63-John Hellman/UCSC	2:57:07	105-Tom McManus	3:05:25*
21-Gordon Rasmussen	2:41:21	42-Hans Roenau/DIRT	2:50:48*	64-Siegfried Mattern	2:57:14*	106-John Naylor	3:05:36*
22-Michael Graf	2:41:40	43-John Armstrong	2:50:56*	65-John Stevens	2:57:23	108-Joe Wakabayashi	3:06:11*
23-Dan Moore/LVRC	2:44:00	44-Jim Liendtke	2:51:32*	66-Dan Dierken	2:58:25	111-Bill Brace	3:06:52*
24-Gordon Gane	2:44:20*	45-Bret Hutchinson	2:52:28	67-Gary Kaufman	2:58:33	112-Art Boettcher	3:06:53*
25-Ricky Denesik	2:44:32	46-Kenneth Adams	2:52:43	68-Ed Dally/WVTC	2:58:38*	113-Jon Baumgartner	3:07:10*
26-Curtis Karboski	2:44:40	47-Theo de Lusignan	2:52:47*	69-John Davis	2:58:39	115-Gerald McMahon	3:07:16*
27-Conrad Will	2:45:39	48-Server Sadik	2:53:56	70-Vince Fischer	2:58:51	116-Philip Spiekerman	3:07:32*
28-Steve Flynn	2:46:07	49-Robert Clay	2:54:36	71-Michael Buzler	2:59:10	126-Paul Sulinski	3:08:42*
29-Gary Alderman	2:46:40	50-Mike Bradley	2:54:38	72-Jack Simonton	2:59:11*	127-Fred Dunn	3:08:46*
30-James Willmot	2:46:41	51-Tommy Greer	2:55:10	73-Emery Mitchell	2:59:16	145-Marvin Brooks	3:11:50*
31-Karl Bacon	2:46:58	52-Mike Thompson	2:55:13	74-Phil Bellan	2:59:17	***WOMEN***	
32-Art Clausing/III.	2:47:16*	53-Dwight Hendrix	2:55:17	75-Bob Brasesco	2:59:18	156-Lynn Harris	3:13:10
33-Hoyt Walker/LVRC	2:48:24	54-Thomas Wuliger	2:55:25	76-Steve Lyons	2:59:25	203-Paula Ferrill/SUND	3:19:50*
34-Bob McLennan	2:48:31	55-James Nicholson/PMK	2:55:58*	77-Bill Devine	2:59:51	255-Jennifer Bidulph	3:25:55
35-Kurt Grave	2:49:27	56-Keith Wayne	2:56:10	78-Gerry Kramer	3:00:06*	265-Ruth Anderson/NCS	3:26:53*
36-Mike Milton	2:49:30	57-Timothy Treacy	2:56:16*	79-Charles Lachenbruch	3:00:07	267-Judy Wiseman	3:27:02
37-Brian Hollins	2:49:38	58-Dennis Burkett	2:56:22	***MASTERS***		292-Sherry Pollock	3:29:24
38-Charles Key	2:49:42	59-Dan Richards	2:56:31	84-Ronald Ruiz	3:01:00*	294-Judith Harte	3:29:33
39-William Dunlop	2:49:45	60-Orin Dahl	2:56:35*	85-Ron Kovacs	3:01:04*	298-Margo Elson	3:29:39
40-Mike Wright	2:50:22	61-Larry Martin	2:56:39	95-Richard Houston/NCS	3:02:00*	299-Terri Durbin	3:29:40
		62-Bryan March	2:57:00	103-Bernard Feldman	3:04:47*	323-Ann Grove	3:32:48

1-Lyle Freeman	1:11:10	16-Daryl Williams	1:17:13	31-George Frazier	1:23:29	57-Gerald Zeilenba	1:26:53*
2-Lester Mina/AGRC	1:11:19	17-Jeff Farmer	1:17:18	32-Arnold Knepper	1:23:36*	60-Don Savant	1:27:08*
3-Tom Weir	1:12:29	18-Guy Pelham	1:17:23	33-Stan Dittman	1:23:39	62-Tokihiko Suyehiro	1:27:10*
4-Tom Downs/WVTC	1:12:37	19-Jim Carr	1:19:13	34-Joseph Choy	1:23:55	65-Ron Hakola	1:27:26*
5-Pat Miller	1:12:39	20-Tom Aldana	1:20:22	35-Tim Graney	1:23:59	66-Fred Linch	1:27:29*
6-Tom Cathcart/WVTC	1:13:41*	21-Craig Van Otten	1:20:50	36-Mike Orr	1:24:05	68-Leigh Ortenburger	1:27:42*
7-Jeff Cowling	1:15:15	22-Chuck Ragen	1:20:57	37-Jeff Houston	1:24:09	***WOMEN***	
8-Ken Takao	1:15:29	23-Michael Coke	1:21:23*	38-Jonathon Coleman	1:24:17	72-Joan Ulyot/WVTC	1:27:57
9-Peter Downs/WVTC	1:15:58	24-David Powell	1:21:54	39-Larry Landess	1:24:18	74-Kathryn Prickett	1:28:13
10-Tim Morse	1:16:16	25-Jim Cross/WVTC	1:22:00	40-Richard Craig	1:24:21	101-Susan Craig	1:32:10
11-Steve Stark	1:16:23	26-Sherman Lamb	1:22:13	41-Mike Weiss	1:24:23	111-Kim Baer	1:33:15
12-Bill Meinhardt/WVJS	1:16:28	27-Richard Vincent	1:22:41*	42-Glen Campagna	1:24:41	125-Tracey Thayer/WVTC	1:34:41
13-Samuel Rojas	1:16:35	28-Sтивен Sokol	1:23:12	43-Tom Martz	1:25:12	128-Julie Hayes	1:34:54
14-Michael Dyer	1:16:40	29-George Sandova	1:23:13	***MASTERS***		145-Sue Schnell/SUND	1:37:31
15-James Hoover	1:16:50	30-Harry Wyeth	1:23:27	53-Don Mittelstaedt	1:26:22*	152-Judy Peterson	1:38:27



VAN DINE IN QUICK TEN-MILER (Dec. 10, San Francisco): - The Aggies' Jim Van Dine dominated a small but talented field at the first running of the San Francisco 10-Mile Classic, sponsored by the Marin Racers. The course wound through Golden Gate Park and covered much of the S.F. Marathon route. Van Dine held 5-minute pace or better through the first eight miles, but the runners were hampered somewhat by wind over the last few miles. Jim's 50:07 was nearly a minute ahead of come-backing Brad Duffey, who did 51-flat. Denis O'Halloran also ran a quick time of 51:19 in third. Bill Bugler's 58:26 led the masters, and Jim Simpson did 59:48 as runnerup, while Vicky Bray clocked a slowish 67:03 for the women's title, with Karen Scannell next at 69:10 (she also was first over 40). One of the better races of the day was turned in by 38-year-old Doug Rustad who came in fifth place at 53:36...139 finishers; cool & sunny. /D. Capron/

(Left) Start of the S.F. 10-Mile Classic. (Center) Winner Jim Van Dine clocked 50:07. (Right) Karen Scannell was top masters woman and second woman overall. /John Sheretz Photos/

1-Jim Van Dine/AGRC	50:07	9-Mike Warr	55:23	17-Todd Watkins	59:20	36-Harlan Baray	64:20*
2-Brad Duffey/Un	51:00	10-Jon Enscoe	55:55	18-Adrian Wong	59:33	51-Joe Castillo	66:58*
3-Denis O'Halloran/AGRC	51:19	11-J.P. Day	56:24	19-Mike Kimberling	59:43	***WOMEN***	
4-Benton Hart/WVTC	53:33	12-R.C. Lincoln	56:52	20-Jim Simpson	59:48*	53-Vicky Bray/SJC	67:03
5-Doug Rustad/Un	53:36	13-Harry Aspinall	57:16	21-Art Portocarrero	60:33	66-Karen Scannell/PMK	69:10*
6-John Clary/WVJS	54:24	14-John Hawkes/WVTC	58:00	22-Derek Ratcliffe	60:35	91-Joanne Connally	74:01
7-Tom Castro	54:41	15-Bill Bugler	58:26*	***MASTERS***		94-Cheryl Thomas	75:16
8-Jim Howell/WVTC	55:02	16-Raoul Kennedy/MR	58:45	27-Richard Watson	61:35*	103-Elise Bortin	77:04

CHRISTMAS RELAYS--248 TEAMS FINISH IN DRIVING RAINSTORM (Dec. 17, Half Moon Bay to Santa Cruz): - The fifth running of the popular Christmas Relays proved to be the smoothest yet with very few traffic tie-ups, despite heavy winds the entire route and a cloud-burst every now and then...we'll go north to south again in 1979! Despite being almost a mile shorter than the traditional 50-mile course (because of some changes in the anchor leg), the strong winds held the winning team from the Aggie R.C. to a slowish 4:28:06, more than 20 minutes behind WVTC's 4:07:45 in 1975 (with a tailwind). The host West Valley TC (continued on page 54...)

(Christmas Relays, Cont'd.)...led for most of the distance until a foulup at the 30-mile exchange point. They finally came in third, just ahead of a determined Camino West squad, 4:31:09 to 4:31:27. First 'pickup' team was Redwood Coast #1 in 4:39:02, an all-star team from the Santa Cruz area. WVTC's sub-masters picked up tenth overall to win their division in 4:43:10. Mission San Jose's team defended their high school title with a 4:57:40 in 25th, and the WVJS masters continued their streak with a good 5:02:05. WVTC's women turned the tables on the Cindergals this year, winning by a huge margin, 5:26:10 to 5:51:33. For those that didn't get full results, send a SASE to NCR. Top legs were by: (1) Eric Williams/Marin Racers 21:31.2; (2) John Moreno/CW 58:53.0; (3) Lou Patterson/AGRC 27:29.8; (4) Jim Van Dine/AGRC 51:02.5; (5) Pete Sweeney/AGRC 29:28.7; (6) Rod Berry/WVTC 25:13.7; (7) Tony Ramirez/FPCT 49:25.7. T-Shirts still available (see ad on previous page). Two runners soloed the entire distance, running 7:42:12...Jay Helgerson and Tom Zavortink. /Jack Leydig/

1-Aggie Losers	4:28:06	21-Angell Fld Ancients	4:55:56	41-Pamakid Masters	5:11:58*
2-West Valley TC "A"	4:31:09	22-Pamakid "A"	4:56:20	42-Santa Teresa H.S.	5:13:11
3-Camino West "A"	4:31:27	23-Livermore Dry Heaves	4:56:34	43-Whiz Kids	5:13:47
4-Aggie Oozers	4:32:22	24-The Time Zoners	4:57:35	44-Camino West Jrs.	5:15:40
5-Fresno Pacific TC	4:33:10	25-Mission San Jose HS	4:57:40	45-Orinda R.R. Masters	5:15:57*
6-Redwood Coast #1	4:39:02	26-Jonestown Joggers	4:59:57	46-Tamalpa Masters	5:16:14*
7-Marin Racers	4:40:35	27-West Valley J&S 40	5:02:05*	47-Los Gatos Pacers	5:18:43
8-The Bear Downs	4:41:17	28-Marin Racers	5:02:06	48-Marin Racers	5:18:57
9-The Nandi Tribe	4:42:41	29-Yellow Tomatoes	5:02:25	49-Redwood Coast RC #2	5:19:01
10-WVTC Sub-Masters	4:43:10	30-Foot Don't Fail Me	5:02:32	50-Lancers	5:19:33
11-Excelsior TC "A"	4:45:15	31-Tamalpa "A"	5:03:31	51-On Drugs	5:20:13
12-Aggie Boozers	4:45:51	32-Excelsior "B"	5:03:52	52-S.F. Fire Dept.	5:20:51
13-Pubic Harriers	4:46:13	33-Marin Racers Jrs.	5:04:30	***WOMEN***	
14-Camino West Pickups	4:49:04	34-Double Perimeters	5:05:12	58-West Valley TC "A"	5:26:10
15-Ophir Prison Inmates	4:51:39	35-WVJS-30 "A"	5:05:49	115-San Jose Cindergals	5:51:33
16-Hayward Gazelles TC	4:52:07	36-Cliff Stewart Team	5:07:08	127-Aggie Snoozers	5:56:31
17-West Valley TC "B"	4:52:44	37-Solar Air of Calif.	5:09:05	129-Lake Merritt J&S	5:57:37
18-Lake Merritt J&S	4:53:33	38-Orinda Roadrunners	5:09:56	139-Sports Afood R.R.	6:04:20
19-Aggie Dingle Bells	4:54:45	39-Kurt's Perverts	5:10:07	147-West Valley TC "B"	6:08:30
20-Puma TC Pickups	4:55:34	40-SWEAT Sub-masters	5:11:02	157-Fresno Pacific TC	6:16:54
				159-Pamakid Women	6:17:20

BENTON HART LEADS ASSAULT ON RECORDBOOK AT COYOTE HILLS RUN (Dec. 23, Fremont): - Records were broken in all divisions at the 3rd Annual running of the Coyote Hills 6.8-Miler, as WVTC's Benton Hart led the blitz with a fine 35:17 as the top 6 finishers broke the old mark, held by Ted Quintana at 36:07. West Valley TC made it an intrasquad meet as all top ten slots went to them, including the fastest woman, Liz Strangio, who ran to a record 44:16. Mike Smith's 35:22 pushed the winner, and Gary Goettelmann's 4th place 35:24 won the sub-masters race. Third place is unknown (official?). Roger Bryan's 39:21 was a new record in the masters division as he beat teammate Myron Nevraumont's 40:04 quite handily. Steve Strangio, in fifth, set a new record in the 13-18 age-group at 35:26, obliterating Scott Molina's 36:46 standard. A good field of 230 completed this run, sponsored by the Newark Recreation Division. /Darryl Reina/

1-Benton Hart/WVTC	35:17	16-Rick Moraida	37:55	31-Gil Tarin/WVJS	40:31*
2-Mike Smith/WVTC	35:22	17-Ken Apperson	38:13	32-Ronald Alonzo	40:36
3-Unknown	-----	18-David Pappas	38:25	33-Bryan Holmes/WVJS	40:37
4-Gary Goettelmann/WVTC	35:24	19-Jeff Farmer	38:27	34-Dean Harper	40:45
5-Steve Strangio/WVTC	35:26	20-Ted Pawlak	38:28	35-James Simpson	40:52*
6-Steve Brooks/WVTC	36:02	21-Scott Cooper	38:42	36-Daniel Rubio	40:53
7-John Marden/WVTC	36:14	22-Tom Gleason	38:46	37-Tony Moore/Georgia	40:55
8-Jay Marden/WVTC	36:23	23-Rick Piquette	38:49	38-Marc Torres	41:01
9-Peter Downs/WVTC	36:35	24-Evencio Hurtado, Jr.	39:06	39-Norman Shaskey/WVTC	41:03
10-Tom Downs/WVTC	37:05	25-Roger Bryan/WVJS	39:21*	40-Ken Takao	41:08
11-Boyd Tarin/WVTC-UNR	37:09	26-Bill Bachrach	39:37	***MASTERS***	
12-Bill Spence	37:16	27-Myron Nevraumont/WVJS	40:04*	41-Jim Nicholson/PMK	41:11*
13-Nick Winter	37:17	28-Robert Goralka	40:10	47-James Jacobs/PMK	41:44*
14-Gregg Szanto	37:38	29-William Perego	40:12	63-John McCrillis/TRAC	43:23*
15-Patrick Miller	37:39	30-Art Aurand	40:21	64-Roderick McKenzie	43:24*

SALAZAR NIPS VIRGIN AT MIDNIGHT RUN; WAITZ OUTCLASSES WOMEN'S FIELD (Dec. 31, Los Altos): - A super field that included most of the top invited speakers from National Running Week destroyed the old course record set by Duncan Macdonald last year...the top 10 finishers were under the old standard, with Alberto Salazar just nipping Craig Virgin, as both were caught in 22:13 over the accurate 5-mile loop course (3 times around). Top local finisher was Benton Hart in a quick 22:59 for seventh place, with John Moreno two spots and three seconds back. A total of 46 runners dipped under 25 minutes. Norway's Grete Waitz, world-record holder in the marathon, broke away early from Julie Brown and set an unofficial world best of 25:28, leaving Brown far back in an American best of 26:19. Top local finisher was Roxanne Bier in a quick 27:58, while Miki Gorman was top masters runner in 28:02 for fifth overall. Fritz Mueller's 25:35 was top men's over-40 finisher; Ralph Bowles had a 26:34. The invitational race was followed by the traditional "Fun Run", with several thousand taking part...no results are known. /Dave Shrook/

1-Alberto Salazar/GBTC	22:13	17-Wayne Badgley/SUND	23:39	33-Bill Clark/WVTC	24:09	***WOMEN***	
2-Craig Virgin/Un	22:13	18-Dan Aldridge/CPSLO	23:39	34-George Mason	24:15	1-Grete Waitz/Norway	25:28
3-Rudy Chapa/Oregon TC	22:30	19-Gary Romesser/FPCT	23:41	35-Bill Seaver/WVTC	24:18	2-Julie Brown/LAN	26:19
4-Brendan Foster/England	22:42	20-Les Myers/St.Louis TC	23:43	36-Bill Britten/AGRC	24:23	3-Marty Cooksey	27:23
5-Matt Centrowitz	22:51	21-Pete Sweeney/AGRC	23:43	37-Michael Smith/WVTC	24:26	4-Roxanne Bier/SJC	27:58
6-Jim Schankel/CPSLO	22:58	22-Lou Patterson/AGRC	23:44	38-Bryan Foley	24:27	5-Miki Gorman/SFVTC	28:02
7-Benton Hart/WVTC	22:59	23-Jon Sutherland	23:46	39-Chris Hamer/WVTC	24:30	6-Sue Munday/CWTC	28:05
8-Gary Tuttle/IT	22:59	24-Mike Pinocci/WVTC	23:50	40-Graydon Pihlaja	24:35	7-Vicki Cook	28:10
9-John Moreno/CWTC	23:02	25-Lionel Ortega/NMTC	23:55	41-Jeff Clark/AGRC	24:43	8-Cheri Williams/Oregon	28:27
10-John Walker/NZ	23:04	26-Manny Bautista/CPSLO	24:01	42-Malcolm Maxwell	24:44	9-Cyndy Poor/AIA	28:27
11-Gary Blume/UCB	23:19	27-Steve Holl/AGRC	24:02	43-Bob Lange/CWTC	24:49	10-Gail Volk	28:27
12-Paul Geis	23:25	28-Rudy Munoz/Nevada-R	24:04	44-Mike Gulli/CWTC	24:50	11-Kerry Brogan/SJC	28:45
13-Tom Bryant/SMTC	23:29	29-Marcus Clark/Australia	24:05	45-Bob Cowell	24:58	12-Phyllis Olrich/SJC	28:46
14-Guy Arbogast/ColTC	23:29	30-Amby Burfoot	24:06	46-Dave White	24:59	13-Irene Griffith/Wash.	29:33
15-Dave Babiracki/SFVTC	23:31	31-Denis O'Halloran/AGRC	24:06	47-Yair Karni	25:00	14-Sue Petersen/STC	30:02
16-Tom Wysocki/Reno	23:37	32-Darren George/AIA	24:07	48-Duncan Macdonald/WVTC	25:05	15-Judy Leydig/WVTC	30:07



Walt Stack and friend hamming it up at the Christmas Relays. /Len Walloch/

65-Walter Williams/DSE	43:49*
WOMEN	
73-Liz Strangio/WVTC	44:16
106-Denise Bigelow	47:34
108-Daphne Dunn	47:38
119-Marilynn Harbin	48:04*
122-Ellen Clark/WVTC	48:46
132-Vicki Bigelow	50:23*
155-Karolyn Coleman/WDS	52:26

BLACK HISTORY 10K (Feb. 25, Carson): 1-Gerardo Canchola/SFVTC 31:18, 2-Whalen/SMTC 31:31, 3-Aguilla/AIA 31:32, 4-Hooper/GWAA 31:41, 5-Polhill/Un 31:54, 6-Rodriguez/Un 31:54, 7-Ryan/GWAA 32:25, 8-Tribole/PM 32:39, 9-T.Babiracki/SFVTC 32:40, 10-Ursulo/Un 33:19...Joe Burgasser/STC 34:04, Truman Clark/SFC 34:25, ...Linda Heinmiller/SMTC 35:18, Jacqueline Hansen/SFVTC 37:45, Diana Kara/HC 38:12, Pam Canchola/SFVTC 40:53. /E. Blankenship/

DSE TWIN PEAKS RUN (Feb. 25, San Francisco): /3.6 Mi./ 1-Spencer Ferguson/WVTC 18:32, 2-Haight 18:49, 3-Hohm 18:55, 4-Machschefes/ETC 19:02, 5-Homeyer 19:02, 6-Reveilli 19:02, 7-Ramirez 19:12, 8-Martinez 19:33, 9-Kew 19:39, 10-Cohen 19:50...64-Elizabeth Brown 22:55, 77-Kathy Goodwin 23:26, 104-Laura Sullivan 24:13...374 finishers. /DSE Newsletter/



Norwegian Sissel Grottenberg, shown leading Susan Meek and Cyndy Poor in a recent track race, finished sixth place in the Sri Chinmoy 7-miler in a good 40:40. /Don Gosney/

SRI CHINMOY 7-MILER (Feb. 25, San Francisco): 1-Joseph Hurd 38:05, 2-T.R. Morse 38:41, 3-Dennis MacDougall 39:52, 4-Dennis Lanterman(40+) 40:24, 5-Tinloy 40:29, 6-Sissel Grottenberg/Norway 40:40, 7-Gustafson 40:51, 8-F.Smith/PMK(40+) 41:00, 9-Carradine/TAM(40+) 41:32, 10-Knapfer(40+) 42:01...47-Judy Peterson 49:11, 50-Toni Jenkins 49:49, 51-Elizabeth King 50:00...138 finishers. /Sundari Michaelian/

NATIONAL AAU 20K (Mar. 4, Holliston, Mass.): 1-Thomas/GBTC 59:47, 2-Hodge/GBTC 60:44, 3-Flora/NETC 61:04, 4-Sayre/SLAC 61:45, 5-Doyle/JWAC 61:54, 6-Arbogast/ColTC 62:01, 7-Phelan/BAA 62:15, 8-Mahoney/GBTC 62:35, 9-Roach/GBTC 63:00, 10-Gillen/GBTC 63:26, 11-Neil/GBTC 63:32, 12-Oparowski/GBTC 63:43 ...Patti Lyons/BAA 76:28, Jane Welzel/LAC 78:21, Susan Hughes/LAC, Alda Cossi/LAC 1:19:55. /Ronald Kramer/

ROAD-RUNNER MARATHON (Mar. 3, Yuma, Ariz.): 1-Knapp 2:31:27, 2-Sayward 2:33:30, 3-Branson 2:37:20, 4-McKeown 2:39:00, 5-Fry 2:46:23...masters & women not indicated! /B.G. Butcher/

EEL RIVER VALLEY BOTTOMS RACE (Mar. 4, Humboldt area): /8.2 Miles/ 1-Stu Scholl 43:00, 2-Knudsen 43:49, 3-Arrison 43:46, 4-Heistuman 44:25, 5-Davy 45:13, 6-Walker 45:29, 7-Bates 46:10, 8-Van Duzer 46:16, 9-Cottrell 46:33, 10-Flenner 46:55...19-Gil-Christ(40+) 50:00, 24-Crandell(40+) 50:53...25-Sheila Maskovich 50:54, 28-Jane Wooton 51:35...157 finished. /SRRC Newsletter/

GREAT MILPITAS FOOT RACE (Mar. 4, Milpitas): /5Km./ 1-Paul Marquez(H.S.) 16:55, 2-Kimball/WVTC 16:55, 3-Rostege/WVTC 17:21, 4-Carvey 17:41, 5-Christian 18:25, 6-Judy Graham/AGRC 18:34, 7-Kerry Brogan/SJC 19:03, 8-Aurit 19:10, 9-Maria King 19:24, 10-Edwards 19:28. /10Km./ 1-Bill Clark/WVTC 34:20, 2-Carrol 35:01, 3-Levitsky/WVTC 35:11, 4-Shaughnessy 36:05, 5-Gomes 36:29, 6-Dierkes 37:00, 7-Vorse 37:18, 8-Mahon 37:33, 9-Gould 39:15, 10-Soto 39:30, 11-McCrillis/TRAC(40+) 39:48...Kathleen Bonnett 45:13, Teresa Rementeer 45:30, Janet Hollenbeck 45:44, Diane Wayman 45:58, Ellen Clark 46:18. /Rancho Milpitas Jr. H.S./

PA-AAU WOMEN'S 10K ROAD CHAMPIONSHIPS (Mar. 11, Arcata): 1-Marilyn Taylor/WVTC 39:17, 2-Maskovich 39:25, 3-Leydig/WVTC 40:05, 4-Rudolf/WVTC 40:28, 5-Anex/AGRC 40:41, 6-VanHusen 42:05, 7-Warner 42:27, 8-Masters 42:35, 9-Rosenblatt/AGRC 42:42, 10-Wooton 42:49, 11-Anderson/NCS(40+) 43:13, 12-Benson 43:22, 13-P.Stok/WDS 44:45, 14-K.Stok/WDS 45:03, 15-Waters/NCS(40+) 45:58...49 finishers. Teams: WVTC; Jr. Teams: Woodside Str.; Masters Teams: NorCal Srs. /Gayle Kerstetter/

GREAT VALLEY 20K (Mar. 11, Riverbank): 1-Arroyo 68:55, 2-Cook 69:20, 3-Hanney 72:59, 4-Rowley/SUND 74:52, 5-Rupp 75:51, 6-Eredia 76:03, 7-K.Hurst 77:59, 8-Ortega 81:22, 9-Rayer 83:10, 10-Leitner 83:16, 11-Russell(40+) 83:50, 12-Alexander 84:39, 13-Laurie Crisp/Downey HS 84:44...15-Nicholl(40+) 89:39, 17-Holtz(40+) 94:00, 20-Maureen King 98:23, 21-Fix(40+) 98:33...38 finishers. /Jim Rude/

THE GREAT FOOTRACE (Mar. 17, nr. Anchorage, AK): /50 Miles/... heavy snowfall. 1-Eric Skidmore 7:07:21, 2-Smith 7:37:29, 3-Brown 7:55:08, 4-Marcie Trent(60+) 8:22:00, 5-Nauman 8:46:19 ...8 finishers. /John Trent/

NATL. AAU 30-KILOMETER CHAMPIONSHIPS (Mar. 17, Albany, N.Y.): 1-Barry Brown/FTC 1:31:28, 2-Fleming/NYAC 1:31:35, 3-Varsha/AtITC 1:32:36, 4-Cherubino/Albany 1:34:15, 5-Robinson/DCRR 1:34:16, 6-Phelan/BAA 1:35:10, 7-Eden/AtITC 1:35:39, 8-Durden/AtITC 1:35:44, 9-Sonnenfeldt/AtITC 1:36:27, 10-Nye/DCRR 1:36:45...21-Fritz Mueller/CPTC(40+) 1:39:54...Patty Lyons/BAA 1:52:29, Carolyn Bravakis/Conn. 1:55:09...Nina Kuscsik/40+ 2:03:39. Teams: Atlanta TC 4:43:59, Boston AA 4:49:48, NYAC 4:57:30. /Bill Schrader/

SHAMROCK 10K (Mar. 17, Pacifica): 1-George Green 33:30, 2-Morse 33:32, 3-Berwick 33:45, 4-McCormick 33:53, 5-Petersen 35:10, 6-Thompson 35:59, 7-Wilder 36:21, 8-Lanterman(40+) 36:46, 9-Jones 37:38, 10-Dawson(40+) 37:47, 11-Marsh(40+) 38:12...28-Karen Lanterman 45:12...59 finishers.

ST. PATRICK'S DAY 20K GREAT RACE (Mar. 17, Arroyo Grande): 1-Boatright 66:29, 2-Cole 67:08, 3-Trimble 67:47, 4-Arreola 68:35, 5-Garcia 70:36, 6-Brisbin 71:35, 7-Root 73:02, 8-Pyt-linski(40+) 73:12, 9-Beaton 73:32, 10-Perkins(50+) 73:37, 11-Lynch(40+) 73:38...63-Sue Hamilton 92:40, 70-Jennifer Simmons 95:42, 77-Diane Siebert 99:44...127 finished. /S. Rosenfield/

OLD BALE MILL BENEFIT RUNS (Mar. 18, Napa): /15Km./ 1-John Sheehan/AGRC 49:01, 2-Stawson/BASC 49:19, 3-Proteau/AGRC 49:38, 4-Brown/AGRC 50:53, 5-Bryan/WVJ(40+) 52:40, 6-Bollman /BHS 52:59, 7-Tierrafria/SH 53:43, 8-McDonald/PMK(40+) 55:47, 9-Barber 56:04, 10-Golding 57:13...33-M. Dempsey/Pet 71:19, 41-S. Smith/SH 79:32. /Roger Bryan/



Roger Bryan, PA-AAU LDRC Chairman, finished fifth overall (1st master) in a 15K race in Napa (Old Bale Mill Benefit). /Jim Engle/

FEET MEET (Mar. 24, Piedmont): /5Km./ 1-Bruce Wolfe/WVTC 16:02, 2-Green/PMK 16:02, 3-Rostege/WVTC 17:07, 4-Leahy 17:15, 5-Torres 17:47, 6-Klein 17:56, 7-Sunitsch 18:30, 8-Jensen/PMK(40+) 18:30, 9-Harrison 18:44, 10-Williams/WVJ(40+) 18:47...15-Suzanne Blevins 18:58...367 finishers. /10Km./ 1-Lloyd Sampson 35:02, 2-Wilson 35:35, 3-Robertson 35:47, 4-Kennedy 35:49, 5-McGue 36:00, 6-Bottano 36:20, 7-Lonzarin 36:24, 8-Holmes/WVJ(40+) 36:51, 9-Ragan 36:58, 10-Greer 37:05...18-Marcia White 38:15, 19-Stone (40+) 38:25, 44-Denise Bigelow 41:17...194 finished. /S. Smith/

DSE SOUTH EMBARCADERO RUN (Mar. 24, San Francisco): /7.6 Mi.(?) / 1-Don Paul 31:42, 2-Goss 34:13, 3-Robinson/PMK 34:41, 4-Cruikshank 34:48, 5-Karse 34:54, 6-Bennet 35:21, 7-Basinger 35:46, 8-Jerome 36:01, 9-Sevald/ETC 36:16, 10-Reager 36:21...14-Bob Gehl(50+) 37:23, 33-Jane Sowers-by/Un 39:49, 70-Julie Harcos 46:03, 73-Terry Forsell 46:53...169 finishers. /DSE Newsletter/

HANG-TEN/YMCA 10-MILER (Mar. 24, San Diego): 1-Gary Close/JT 50:04, 2-Trupp/JT 50:38, 3-Buckingham/JT 51:27, 4-Barton/NZ 51:56...Laurie Binder/SDTC 59:10...2500 finished. /J. Rigdon/

IAAF CROSS COUNTRY CHAMPIONSHIPS (Mar. 25, Limerick, Ireland): /SR. MEN/ 1-Treacy/Eire 37:20, 2-Malinowski/Pol 37:29, 3-Antipov/USSR 37:30, 4-Simmons/Wales 37:38, 5-Schots/Belg 37:42...13-Virgin/SLTC 38:05, 44-Dillon/GBTC 38:59, 49-Hunter/ClevSt 39:05, 64-Donakowski/NYAC 39:22, 81-Perkins/NYAC 39:39, 90-Meyer/GBTC 39:48, 101-Flanagan/ColTC 40:01, 137-Thomas/GBTC 40:45. Teams: England 119, Eire 198, USSR 210...8-U.S. 341. /JR. MEN/ 1-DePauw/Belg 23:02, 2-Binns/GB 23:09, 3-Denikeyev/USSR 23:20, 4-Nelson/BurbHS 23:22, 5-Clarke/Can 23:29...12-Hill/US 23:37, 24-Willis/US 23:49, 66-Gregorek/US 24:54, 71-Sheely/US 25:02, 79-Scharsu/US 25:21. Teams: Spain 57, England 74, USSR 75...7-U.S. 106. /WOMEN/ 1-Waitz/Nor 16:48, 2-Smekhnova/USSR 17:14, 3-Goodall/Duke 17:18...continued pg. 40.

(IAAF X-C, cont'd from pg. 38)...4-Wessinghage/WG 17:23, 5-Ulmasova/USSR 17:25, 6-Purcell/Eire 17:26, 7-Merrill/AGAA 17:33, 8-J.Shea/Godiva 17:41...11-Groos/US 17:47, 19-White/US 18:02. Teams: US 29, USSR 48, England 68, W. Germany 101. /Pete Cava/

AVON HALF-MARATHON (Mar. 31, L.A. Area): 1-Sue Me Li 1:20:10, 2-Sue Petersen/STC 1:20:20, 3-Krenn/SDTC 1:20:43, 4-Lewis/TCH 1:21:28, 5-Heinmiller 1:22+, 6-Simmons 1:22+, 7-Martin 1:23:15, 8-Fisher 1:23:30, 9-Hom 1:23:45, 10-Karp 1:25+, 11-Lopez 1:26:20, 12-Solomon 1:26:48, 13-Vickers 1:27+, 14-Gonzalez 1:27:10, 15-Halel 1:27:48. Teams: SMTC 4:12:55, SCRR 4:18:59, SFVTC 4:20:17, STC 4:26:33. /A. Bensch/

BONNE BELL 10K (Mar. 31, San Diego): 1-Roxanne Bier/SJC 35:57, 2-Binder/SDTC 36:08, 3-Gelley 37:32, 4-Rankin 37:44, 5-Neils 37:58...2333 finished. /Jeff Rigdon/

NIKE U.S. CLUB CHAMPIONSHIP (Apr. 1, Atlanta, GA): /20Km. - warm, humid & hilly/ - /SR. MEN/ 1-Rick Rojas/CoITC 61:37, 2-Rose/WVTC 61:40, 3-Meyer/GBTC 62:17, 4-Tuttle/TIT 62:30, 5-Hodge/GBTC 62:54, 6-Arbogast/CoITC 62:59, 7-Mahoney/GBTC 63:10, 8-Macdonald/WVTC 63:25, 9-Sayre/Summit 63:29, 10-Vigil/CoITC 63:44...12-Sandova/AW 63:50, 17-Yeo/AGRC 65:04, 18-Schelegle/AGRC 65:12, 19-Sweeney/AGRC 65:49, 20-Kardong/CNW 65:53, 21-Porter/WVTC 65:58, 25-Sheehan/AGRC 66:43, 26-Smead/TIT 67:01...Teams: CoITC 3:08:20.0, GBTC 3:08:20.6, WVTC 3:11:01.8, Summit 3:13:40.7, Athletics West 3:14:35.5, CNW 3:15:09.7, AggieRC 3:16:04.1, Team Inside Track 3:18:24.1. /WOMEN/ 1-Julie Shea/CG 74:09, 2-M. Shea/CG 74:55, 3-Fox/WVTC 77:22, 4-Elliman/LAC 77:46, 5-Charey/PennSt 78:20, 6-Volk/Comet 78:42, 7-Hangy/Hawaii 78:59, 8-Berry/PennSt 79:27, 9-Welzel/LAC 80:07, 10-Kelley/Chat 80:51...Judy Leydig 83:39, Irene Rudolf 85:59 (both WVTC)...Teams: Carolina Godiva 3:50:04, Liberty AC 3:58:54, Penn State 3:59:02, Mid-Pacific RR 4:06:07, WVTC 4:07:00. /MASTERS/ 1-Winn/ATC 71:47, 2-Ross/Natl. 73:10, 3-Koch/Hunts 74:31, 4-Burgasser/STC 74:46, 5-Dirkin/STC 75:03, 6-Robbins/Natl 75:19, 7-Rudberg/STC 75:27, 8-Jamborsky/Natl 76:51, 9-Sturak/SCS 77:04, 10-Hughes/SCS 77:05...Teams: Seniors TC(LA) 3:45:16.5, Natl. Capital TC 3:45:20.6, So.Calif.Striders 3:51:21.8, Huntsville TC 3:52:06, Atlanta TC 3:53:30. /Gary Freer/



West Valley TC's women's team took fifth in the Nike U.S. Club Championships in Atlanta with a team of: (l-r) Judy Leydig, Irene Rudolf, Pat English & Judy Fox, who placed third individually.

NATL. AAU WOMEN'S 10K CHAMPIONSHIP (Apr. 8, Albany, N.Y.): 1-Karen Von Berg 34:26, 2-Jane Welzel 34:50, 3-Elenora Mendoca/Brazil 35:47, 4-Marilyn Taylor/WVTC 35:55, 5-Liz Levy 35:59, 6-Robinson 36:25, 7-Hay 36:28, 8-Graim 36:43, 9-Bessel 37:17, 10-Myers 37:18...13-Nina Kuscsik(40+) 37:42. /Katy Williams/

BOSTON MARATHON (Apr. 16, Hopkinton, Mass.): - Bill Rodgers set a new American record of 2:09:27 in besting Japan's Toshiko Seko's 2:10:12. Joan Benoit likewise broke the American record with a 2:35:15, as three others broke 2:40. Rather than repeat the top runners, who were listed in most local papers, we will use the space below to list the NorCal finishers that we dug out of the results instead. We may have missed you...if so, let us know, as we'll continue the list next issue. Thanks to Frank Smith for taking the time to compile this listing for us. Some of those listed may not be NorCal runners. /MEN/ 16-Duncan Macdonald/WVTC 2:15:28, 23-Palladino/CW 2:16:41, 28-Wayne/BASC 2:16:50, 33-Nikcevic/BASC 2:17:38, 69-Paul/PMK 2:21:32, 72-Maxwell/BASC 2:21:41, 88-Barton/NZ 2:22:49, 94-Goettelmann/WVTC 2:23:19, 102-Nabers/WVTC 2:23:53, 118-Badgley/SUND 2:24:37, 191-Bowers/Un 2:27:31, 235-Clark/WVTC 2:28:58, 248-Swezey/PMK 2:29:21, 274-Hamer/WVTC 2:29:50, 275-Pawlak 2:29:51, 304-Kruse/PTC 2:30:28, 337-Kirby/AGRC 2:31:41, 364-Hines/DSE 2:32:54, 398-McDevitt/WVTC 2:33:39, 420-Huff/MPAC 2:34:08, 456-Lawson 2:34:54, 457-Mittleman 2:34:55, 491-Reynaga/WVTC 2:35:42, 505-Brown 2:35:59, 515-Bacelli 2:36:08, 604-Dugdale/MPAC 2:37:54, 606-Morse 2:37:56, 612-Iredale/Reno 2:38:00, 624-Coke(40+) 2:38:09, 650-Nona 2:38:42, 733-Locksey 2:40:00, 761-Dobson 2:40:36, 816-Hughes/CoyStr 2:41:30, 818-Williams/WR 2:41:32, 834-Belzer/SYN 2:41:53, 843-Stevens 2:41:59, 853-Seaver/WVTC 2:42:10, 878-Giesecke/PMK 2:42:23, 921-Helfet 2:42:45, 923-Carr 2:42:46, 950-Stromberg 2:43:22, 977-Aldana/DSE 2:43:43, 1026-Hawkes/WVTC 2:44:16, 1033-Clark/WVTC 2:44:21, 1040-Hager/WVTC(40+) 2:44:25, 1070-Jeffery

2:44:43, 1083-Honma 2:44:52...those above 2:45 will be listed in next issue. /WOMEN/ 14-Judy Leydig/WVTC 2:48:44, 22-Skip Swannack/WDS 2:53:58, 39-Brusher/BASC 2:59:47, 41-Stricklin/WVTC(40+) 3:00:23, 91-Livingston/WVTC 3:10:42, 123-Soderholm-Difatte/WVTC 3:15:25, 132-Burns/DSE 3:17:04, 151-Kolb/WVTC 3:19:41, 155-Neeley/TAM(40+) 3:20:13, 157-Sierra/WVTC 3:20:41, 173-Voss/Un 3:22:37, 184-Fischer 3:23:54, 195-Maricle/NCS(40+) 3:25:08, 198-Thayer/WVTC 3:25:17, 207-Clark/WVTC 3:26:34, 211-Lane/WVTC 3:26:48, 216-Savitz/PMK 3:26:54, 217-Pike 3:26:54, 224-Brusati 3:27:38, 230-Perkins 3:27:54, 236-Goettelmann/WVTC 3:28:08, 243-Harp 3:28:38, 261-Arnault 3:30:45, 274-Hill 3:31:32, 284-Weicker 3:32:13. /Frank Smith/

APRIL FOOLS DAY RUN (Apr. 1, Berkeley): /8 Miles/ 1-Greg Jewett/ETC 45:45, 2-Tierrafria 45:57, 3-Gowen 47:33, 4-Gehl/DSE (50+) 48:44, 5-Moon 50:18, 6-Jones 51:22...22-Mary Sausser 66:00, 23-Linda Skinner 66:40...32 finished. /Steve Shelton/

SKYLINE BOOSTERS RUN (Apr. 1, Oakland): /6.5 Mi./ 1-Ed Preston 44:07 (handicap times...actual running times listed), 2-McManus 41:03, 3-Shoemaker 36:37, 4-Sharon Yaninek 47:00, 5-Kading 37:05, 6-Wurm 48:47, 7-Brown 39:03, 8-Jeani Fuller 44:27, 9-P. Downs/Sky 34:41, 10-Tracy/WVTC 34:58, 11-Lawler 40:26, 12-Cottrell 40:31, 13-Huff 40:38, 14-de la Torre 42:10, 15-Barry/WVTC 37:38...76 finishers. /Joe Panella/

APRIL FOOTS' DAY RUN (Apr. 1, Treasure Island): /Approx. 5 Mi. - listed as 10Km/ 1-Bill Trigger 27:43.7, 2-Alberto Dressing 27:43.8, 3-Cherry 27:58, 4-Sugar 28:00, 5-Droughts 28:03, 6-Hamburger 28:10, 7-Doubting 28:12, 8-Longer 28:15, 9-Wise 28:18, 10-Skina 28:21...Julie Sugar 33:15, Peg Breast 33:15, Mary Carder 33:17, Debbie Released 33:19, Joan Santmor 33:23, Martha Black 33:32...after looking at the names of the finishers, I'm not sure if this race (or runners) existed. /Cooper/

SAN LUIS OBISPO RED CROSS MARATHON (Apr. 1, San Luis Obispo): 1-Charlie Boatright/Un 2:38:32, 2-Wendler/CPSLO 2:44:50, 3-Lowrie/SLO 2:46:04, 4-Seeger/Un 2:49:25, 5-Grieco/FPTC 2:50:10, 6-Clarke/CPSLO 2:50:40, 7-Casper/SLDC 2:50:44, 8-Cochran/Un 2:52:11, 9-Brisbin/Un 2:53:42, 10-Thompson/Un 2:54:26...12-Stewart/STC(40+), 13-Pytliński/STC(40+) 2:56:02, 48-Debbie Dobbs/CPSLO 3:22:33...196 finishers. /American Red Cross/

LATE GNUS



Just as we are going to press, we've received word from good sources that the qualifying time for next year's Boston Marathon will be lowered in all divisions. For men under 40, you will have to run under 2:50, while the mark will be 3:10 for men 40 and over, and 3:20 for women...no marks were given for masters women, but we suspect that it might be 3:30-3:40 (if any), or perhaps each case will be taken on its own. Marks must have been set on an AAU certified course between this year's Boston Marathon and next year's closing deadline. -- Women's Teams: This year Boston was supposed to have women's team awards if there were 10 or more teams entered...evidently not that many teams declared entries. Now the word has it that 25 teams will be required before team awards can be given. Bay Area men's clubs did well this year at Boston, with Body Ammo S.C. taking what appeared to be the runnerup spot behind Greater Boston, and West Valley T.C. grabbing fourth (these are unofficial results). □

BLUME BEATS COACH AT EXCELSIOR WEST END RUN; BOWLES SETS MASTERS MARK (Nov. 5, San Francisco): - Cal's Gary Blume missed his own course record (shared by Jim Nuccio & Wolfgang Schmalewicz at 31:02 in 1976) in winning this popular run in Golden Gate Park, but his 31:29.6 was good enough to easily upend his coach, Canadian Brian Maxwell, by some 23 seconds over the 10K circuit. Meanwhile back in eleventh spot, Ralph Bowles knocked 16 seconds off his 1976 masters standard with a fine 34:06, more than three minutes ahead of teammate Myron Nevraumont. Louise Aaron squeaked to a 9-second victory over Cindy "Baby Cakes" Farmer, but her 40:55 was far short of Sharon Furtado's 38:46 record from two years ago. Karen Scannell upended Martha Maricle, 44:26 to 44:55, to capture the masters women's title. Despite having to contend with the PA-AAU X-C Championships the day before in Davis, the race drew a good-sized field that saw 380 finish. **Note:** There is a possibility that this course was slightly altered from previous years and so the times this year may be 'automatic' course records. /Mike Conroy, Excelsior T.C./

1-Gary Blume/Cal/22	31:30	20-Robert Conradt/UNR/18	35:16	39-Doug Latimer/Un/40	37:33*	58-Kirby Wilcox/Un/30	39:07
2-Brian Maxwell/BASC/25	31:53	21-C. Van Sickle/UNR/20	35:24	40-Bryan Holmes/WVJ/44	37:41*	59-Jon Mohr/PMK/30	39:08
3-Pete Elletson/EHH/19	32:02	22-Tom Tift/Cal/21	35:30	41-Al Stanbridge/PMK/31	37:47	60-Geoff Farrell/DSE/31	39:13
4-Ray Castro/Un/19	33:30	23-Mike Stanfield/Cal/2	35:36	42-Olin Boschker/Un/39	37:49	***MASTERS***	
5-Philip Kay/ETC/25	33:50	24-Chris Steer/PMK/35	35:37	43-Ray Bonner/TSRC/36	38:00	74-Augustus Prince/54	39:50*
6-Pat McGuire/UNR/18	33:52	25-James Willmet/Un/26	35:42	44-Todd Watkins/Un/15	38:03	79-A.F. McDonagh/DSE/40	39:58*
7-Brian Brady/Cal/18	33:53	26-Mike Messenger/Un/22	35:44	45-Russ Cohen/Un/31	38:05	80-Walt Williams/DSE/41	40:03*
8-Jeff Zimmerman/Cal/21	34:01	27-Dennis Gustafson/35	36:32	46-Wayne Cottrell/Cal/16	38:06	94-Warren Moorman/PMK/42	41:03*
9-Mike Fanelli/PMK/22	34:02	28-Mike White/Cal/18	36:34	47-Ted Wilson/KJ/41	38:07	***WOMEN***	
10-Rich Fishbaugh/Cal/22	34:03	29-Joe Schieffer/BASF/27	36:35	48-Wesley Hurlburt/Un/39	38:18	93-Louise Aaron/Un/30	40:55
11-Ralph Bowles/WVJS/42	34:06*	30-Gordy Haskett/CCA/18	36:37	49-Steve Dean/Un/22	38:23	95-Cindy Farmer/Un/28	41:04
12-Jergen Eireme/UNR/26	34:17	31-Bill Benz/Un/36	36:41	50-Royce Sayer/KnoxTC/37	38:29	106-Maria Regalado/Un/23	41:52
13-Jim Ashton/UNR/18	34:19	32-Andy Takaha/CW/22	36:45	51-Scott Phillips/Un/22	38:31	115-Dana Hooper/TAM/??	42:22
14-Don Paul/PMK/28	34:22	33-Lloyd Sampson/Un/35	37:12	52-John Ruppe/Un/35	38:32	128-Kathy Prickett/Un/26	43:01
15-Iain Mickle/Cal/18	34:26	34-Brad Meeger/Un/35	37:12	53-Stiegfried Mattern/42	38:36*	148-Chris Momeswitsch/16	44:16
16-Mike Plummer/WVTC/20	34:48	35-Myron Nevraumont/44	37:13*	54-Waights Taylor/WV/41	38:37*	152-Karen Scannell/PMK/40	44:26*
17-Jeff Marciniuk/UNR/18	34:52	36-John Danner/PMK/21	37:15	55-Ralph Worthington/31	38:41	158-Martha Maricle/NCS/45	44:55*
18-Scott Anderson/Cal/18	34:56	37-Geoff Kurcand/Un/32	37:17	56-Bruce Sobsey/DSE/27	38:50	161-Terry Forshell/Un/17	45:02
19-Wolf Goubau/Un/34	35:03	38-Al Sheleketinsky/33	37:31	57-Robert Gehl/DSE/50	39:03*	165-Mari Kolb/WVTC/31	45:14

MIKE PORTER BESTS RON NABERS IN MARATHON DEBUT (Nov. 12, San Francisco): - Teammates Mike Porter and Ron Nabers ran together for most of this first annual YMCA Marathon. Nabers was trying to duplicate his winning performance from the Mayor's Cup Marathon two weeks before, while Porter, running his first 26-miler, was just seeing if he could cover the distance in a reasonable time. Feeling strong about three-fourths of the way thru the race, Porter decided to step up the pace a bit and succeeded in opening up a gap. Slowly lengthening his lead, he finished in a 2:25:37, some 49 seconds in front. Greatly improving Dave Muela of the Excelsior TC was all alone in third spot with a 2:28:30 PR; his first effort below 2:30. Stewart Fall led the masters crowd with a fine 2:42:31, besting Ed Greub's 2:47:59 PR by 5½ minutes. We don't know where Fall is from, but we suspect he's not a local (does anyone know?). Mike Coke also dipped under 2:50 with his 2:49:07. Sue Krenn came all the way up from San Diego to record a fine 2:54:04, nearly ten full minutes in front of WVTC's Joan Ulyot, who notched a 3:03:59. Betsy White led the masters women with her 3:34:54. A total of 647 completed the race that went from the S.F. Embarcadero to Marin County. /Ralph Love/

1-Mike Porter/WVTC	2:25:37	32-Allan Stanbridge	2:52:57	64-Jack Knebel/WVTC	2:58:47
2-Ron Nabers/WVTC	2:26:26	33-Thomas Tift	2:53:27	65-Charles Ragan	2:58:51
3-David Muela/ETC	2:28:30	34-Michael Perry	2:53:34	66-Dewey Mar	2:58:57
4-Dave Collins	2:34:11	35-Steve Lyons	2:53:56	67-Ronald Peck	2:59:12
5-David James	2:38:45	36-Sue Krenn/SDTC	2:54:04F	68-Ron Treabess	2:59:17
6-Jesus Garza	2:38:59	37-Robert Adelson	2:54:21	69-Doug Schrock	2:59:18
7-Harold Yamauchi	2:41:14	38-Bill Brusher	2:54:22	70-Stephan Totten	2:59:25
8-Stewart Fall	2:42:31*	39-Rod McBride	2:54:28	71-Jack Stowell	2:59:30
9-Joseph Schieffer	2:43:18	40-Roy Scellato	2:54:34	72-Harry Skandera	2:59:36
10-Michael Stanfield	2:45:00	41-D.L. Lapham	2:54:49	73-John Myers	2:59:38
11-Robert Muller	2:46:07	42-Hans Roenau/TAM	2:54:53*	74-Gary George Kaufman	2:59:47
12-Philip Sanfilippo	2:46:26	43-John Murphy	2:54:55	75-Stephan Bozylinski	2:59:49
13-Bob Shannon	2:46:42	44-Dave Wills	2:54:56	76-Graeme Bell	3:00:06
14-Richard Levtzinger	2:46:49	45-Richard Mayers	2:54:57	77-Theodore Hellman	3:00:25
15-Dennis Tracy/WVTC	2:47:12	46-Michael Palmino	2:55:02	78-David Edgar	3:00:27*
16-Edward Greub/WVTC	2:47:59*	47-Pablo Stewart	2:55:03	79-Laurence Crabb	3:00:39
17-Reginald Bedell	2:48:40	48-David C. Smith	2:55:26	80-Peter Saccone	3:00:39
18-Glenn Rodriguez	2:48:52	49-Edward Lujain, Sr.	2:55:36*	81-Ralph Dickson	3:00:46
19-Mike Larsen	2:48:58	50-Steve Cowell	2:55:59	82-Bruce Worthington	3:00:49
20-Michael Coke	2:49:07*	51-Steve Hoots	2:56:12	83-Kurt Hegglin	3:00:58
21-Vikram Gosain	2:49:12	52-Raymond Stair	2:57:01	84-Joseph Hurd	3:01:35
22-Bart Simmons	2:49:58	53-Scott Molina	2:57:10	85-T.J. Key	3:01:39
23-Stephen Armstrong	2:50:55	54-Ivan Rarick	2:57:21*	***MASTERS***	
24-Gerald McIntosh	2:50:57	55-Charles Jackson	2:57:25	88-Herb Hoover	3:02:43*
25-Rich Henderson	2:51:02	56-Scott MacTavish	2:57:29	89-Kenneth Laufer	3:03:31*
26-Mark Hines	2:51:12	57-Dave Markstrom	2:57:43	93-Jack Simonton	3:03:56*
27-John Ruppe/WVTC	2:51:13	58-Patrick Doyle	2:57:46	95-Jon Baumgartner	3:03:59*
28-Jack Eva	2:51:27	59-Stephen Lazarus	2:57:47	100-Donald German	3:04:27*
29-Tommy Greer	2:51:51	60-Ray Lafleur	2:57:50	102-Mike Paradis	3:05:05*
30-Thomas Barthold	2:52:04	61-Keith Handley	2:57:57	112-John McComish	3:07:18*
31-Theo de Lusignan	2:52:06*	62-Sherman Lamb	2:58:05	113-Joe Wakabayashi	3:07:23*
		63-David R. Klein	2:58:22	114-Richard Miller	3:07:30*
				WOMEN	
				94-Joan Ulyot/WVTC	3:03:59
				170-Louise Burns	3:16:28
				190-Gail Gustafson/WVTC	3:19:12
				224-Sally Dorbritz	3:23:15
				240-Renee Yuen	3:25:08
				262-Mary Pat Kroyer	3:27:27
				291-Colleen Fox	3:30:23
				330-Betsy White/WVTC	3:34:54*



David Muela leads Bill Spence at the Paul Masson Marathon. He finished third in a personal best of 2:28:30 at the YMCA Golden Gate Marathon. /Sheretz/

BLUME AND WELCK STAR AT GARLAND RANCH RUN (Nov. 26, Carmel Valley): - Cal's Gary Blume continued to wrack up victories as he led 222 finishers over this tough 10K course in the hills of Carmel Valley. His 33:40 blitzed Emil Magallanes' old mark of 34:30, and Bob Welck's 36:28 was good enough for second spot overall in crushing Ulrich Kaempf's 37:27 standard for the masters title. Jody Conley won the women's race in 45:33 over Pam Burkes (47:03), but Martha Maricle's 45:51 was second female overall, winning the masters title in a new course record, lowering her own 49:25 mark. Jeff Magallanes of Seaside High, brother of the old course record holder, won the 14-18 division over teammate James Myrick, 37:11 to 38:10, while Vicki Adams (62:09) and Greg Fox (55:58) took the girls' and boys' 13-and-under titles, respectively. Results on next page. /Skip Marquard/



Gary Blume chopped 50 seconds from Emil Magallanes' Garland Ranch record with a 33:40 over the hilly 10K. /Jim Engle/

1-Gary Blume/22/Unat	33:40	19-Keith Handley/37	40:43	37-Bill Murphy/32	43:41
2-Bob Wellck/41/WVJS	36:28*	20-Thomas Morrison/25/OC	40:59	38-Ward Bushee/29	43:46
3-Mark Jensen/23/Un	36:35	21-Richard Bawcom/49	41:05*	39-Steve Goettelmann/15	43:47
4-Anthony Bettencourt	36:39	22-Jim Hart/38/WVTC	41:09	***MASTERS***	
5-Gregg Szanto/21	36:52	23-Richard Watson/40	41:27*	43-Bill Flodberg/45	44:09*
6-Jeff Magallanes/16/SHS	37:11	24-Werner Sandvoss/47/TR	41:38*	49-Link Linquist/51/WVJS	44:37*
7-Jon Brendel/22	37:26	25-Pat Saylor/20	41:40	50-Rod Paschall/43	44:55*
8-Dale Fletcher/28	38:04	26-Ed Dally/47/WVTC	41:45*	51-Joe Bryan/41/WVTC	44:57*
9-James Myrick/17/SHS	38:10	27-David Polnaszek/33	41:55	52-Joseph Russell/45	44:58*
10-Don Dugdale/33/MPAC	38:47	28-James Thane/23	42:10	57-Tom Gutierrez/49/RRC	45:19*
11-Jon Brazinsky/40/MPAC	39:19*	29-Glen Douglas/40	42:25*	***WOMEN***	
12-R. Leutzinger/39	39:25	30-Bill Lamb/33	42:52	59-Jody Conley/30	45:33
13-Michael Higgins/16/SHS	39:31	31-John Burwasser/28	42:58	63-Martha Maricle/45/NCS	45:51*
14-Ed Bredthauer/29/MPAC	39:41	32-Charles Lynch/30	43:01	78-Pam Burkes/29/WVTC	47:03
15-Marc Lund/29/WVTC	40:22	33-Steve Sokol/22/IBMS	43:07	79-Nora Crans/27/WVTC	47:09
16-Robert Terczak/28	40:26	34-F. Marsequera/30	43:25	120-Elaine Schumacher/25	50:14
17-Fred Coleman/37	40:37	35-Mark Steelman/40	43:34*	135-Linda Vincent/31	52:40
18-Ed Kolofer/29	40:41	36-Nelson Deroy/30	43:37	136-Alberta Codd/41/STC	52:45*

MALAIN, PAGE AND ULRICH STAR AT MISTY REDWOOD RUN (Dec. 10, Oakland): - Fifty-One year old Robert Malain of Sacramento used his 10-minute head start to capture the Misty Redwood Run, held over a 7.6-mile course in the Oakland hills. In this handicap race, it appears that those men over 60 and women over 50 got the maximum of 15 minutes, along with boys and girls who were very young (no listing of handicaps in the results so we can't say for sure). Then, those men over 50 and women over 40 got 10-minute head starts; open women received a 5-minute jump...others were likewise given handicaps. Malain's 47:57 'running time' equated to a 52:57 'watch time'. Paul Reese (also from Sacramento), who is Malain's teammate, was runnerup in a 53:41 'running time', taking good advantage of a 15-minute jump on the scratch runners. Fastest time of the day went to Robert Page, 27, who did 42:47 from scratch. Phyllis Olrich placed 11th overall in clocking 48:30, to easily win the women's title. Some other top times of the day were by 13-year-old Jim Chaney, whose 49:25 (actual time) was good enough for third place in the handicap placings but was also well up among the top 10% of the finishers in terms of actual time. Nine-year-old Art Heredia did 58:08 & Bill Mertens (11) clocked 48:52...203 finishers. Actual times listed. /Joe Rubini/

1-Bob Malain/51/BC	47:57*	16-Debbie Ann Bitz/17	54:24F	31-Ed Jerome/35/TRAC	48:56	46-Thomas Palmer/36	51:17
2-Paul Reese/61/BC	53:41*	17-Wolf Goudau/34	45:43	32-Patrick Nelson/17	54:16	47-Micah Swart/10	61:35
3-Jim Chaney/13	49:25	18-Lloyd Sampson/35	46:03	33-Jim McRea/49	54:19*	48-Peter Cooney/26	51:48
4-Ralph Bowles/42/WVJS	44:43*	19-Mike Mertens/14	51:04	34-Terrie Martin/13	64:36F	49-Tina Martin/16	61:57F
5-James Pena/16	46:43	20-Mark Reese/29	46:10	35-Tom Deneau/16	54:43	50-Joan Martin/40	62:08F*
6-Robert Page/27	42:47	21-Sandy Lawrence/28	46:19	36-Billy Smith/15	54:44	51-Barney Rosas/15	57:13
7-Pat Carroll/17	48:00	22-Oliver Twigg/69	61:40*	37-Joel Hassen/64	64:59*	52-Jim Whitford/22	52:17
8-Steve Callahan/12	53:04	23-Frank Cuzzillo/63/NCS	61:47*	38-Joan Kring/25/WVTC	55:00F	53-Mike Upshaw/11	62:43
9-Art Heredia/9	58:08	24-Mike Boucher/26	47:33	39-Joe Dicken/15	55:04	54-Daphne Dunn/32	57:44F
10-Mike Wheeler/30	43:25	25-Mark Reese/36	48:00	40-Rip Talavera/36	50:09	55-Fred Dunn/49	57:44*
11-Phyllis Olrich/29/SJC	48:30F	26-Art Falter/45	53:11*	41-Robert Dennis/43	55:22*	56-Victor Smith/41	57:44*
12-Ted Wilson/41/KJ	48:35*	27-Jim Harper/25	48:20	42-George Cantrell/53	60:53*	57-Kevan Shetter/29	53:25
13-Billy Mertens/11	48:52	28-Paul Thiel/52	58:20*	43-Andy Bruce/36	51:05	58-Paul Baker/41	58:30*
14-Rick Morraida/18	44:52	29-Martha Maricle/45/NCS	58:38F*	44-Joe Scarborough/41	56:10*	59-Robert Jolly/52	63:32*
15-Mike Mertens/10	55:02	30-John Monteverdi/32	48:40	45-Bill Morris/14	56:14	60-David Jennings/40	58:41*

FAST TIMES AT CALIFORNIA "10"--HART NIPS VAN HORN IN 48:52 (Jan. 7, Stockton): - Although no major records fell in this year's running of the ever-popular California "10" (mile), the overall depth was probably the best ever, as twelve broke 52 minutes, fourteen masters were under an hour and eight women were under 68 minutes. Benton Hart squeezed to a close victory over much-improved Mike Van Horn, 48:52 to 48:54, with Gary Romesser (49:06) and Wayne Badgley (49:23) not so far behind. Jim Nuccio's 48:37 mark from 1976 remained intact. Jim O'Neil just missed Ross Smith's mark with a fine 55:05, but likewise had to hustle for the win, just clipping Robert Bourbeau of Reno by a second to annex the over-40 honors (Jim is 53 by the way). Tom Cathcart (56:08) and Harvey Ferrill (56:17), no slouches themselves, were over a minute back. Diane Williams' 61:25 didn't have the competition the men did and won handily by well over three minutes from Merrill Cray of Chico, just missing Laurie Crisp's 61:01 standard from last year. Paula Ferrill led the masters women with a 69:06, clipping Ruth Anderson (69:27) and Heidi Skaden (69:28), with Frances Sackerman a close fourth (69:37). We're not sure it that was a record. There were a total of 689 finishers in this year's running! /Frank & Teri Hagerty/

1-Benton Hart/WVTC	48:52	20-Rob Laxson/Un	52:33	39-Jim Cook/Un	54:06
2-Mike Van Horn/HH	48:54	21-Atkins Chun/Un	52:39	40-Frank Krebs/BC	54:23
3-Gary Romesser/FPTC	49:06	22-Tad Woliczko/RCRC	52:46	41-Jose Garza, Jr./Un	54:25
4-Wayne Badgley/SUND	49:23	23-John Clary/WVJS	52:49	42-Ron Mellor/Un	54:26
5-Rich Langford/FPTC	50:02	24-Jim Bowles/WVTC	52:57	43-Mat Galeazzi/Un	54:27
6-Bill Seaver/WVTC	50:13	25-Tim Holmes/WVTC	53:00	44-Neil Berg/LMJS	54:34
7-Ron Nabers/WVTC	50:17	26-Chris Little/BC	53:01	45-Nick Winter/LVRC	54:41
8-Fritz Watson/WVTC	50:52	27-Ed Nicholson/Un	53:10	46-Tim Swezey/PMK	54:51
9-Chris Hamer/WVTC	51:08	28-Bob Loux/Un	53:20	47-Doug Rennie/BC	55:03
10-Bill Britten/AGRC	51:16	29-Mike Wheeler/LVRC	53:21	48-Jim O'Neil/BC	55:05*
11-Bradley Brown/SUND	51:48	30-Perry Linn/BC	53:25	49-Bob Bourbeau/WVJS	55:06*
12-Bill Clark/WVTC	51:49	31-Al Sandretti/RCRC	53:41	50-Robert Miller/SUND	55:07
13-David Dunbar/PMK	52:03	32-Bob Woodliff/AGRC	54:42	51-Chris Steer/PMK	55:09
14-Tom O'Neil/BC	52:06	33-Arturo Rodriguez/WVTC	53:43	52-Mike Warr/Solano	55:11
15-Don Paul/PMK	52:08	34-Jon Enloe/Un	53:46	53-Robert McDaniel/PMK	55:11
16-Greg Zentner/MR	52:21	35-Brian Bonner/LVRC	53:48	54-Timothy Morse/HH	55:12
17-Mark Proteau/AGRC	52:22	36-Ken Apperson/CW	53:50	55-Rich Piquette/Un	55:28
18-Gregg Szanto/Un	52:23	37-Jeff Wall/ETC	53:59	56-Greg Jewett/ETC	55:29
19-Daryl Zapata/WVTC	52:28	38-Mike Fanelli/PMK	54:05	57-Britt Brewer/Un	55:41



Mike Van Horn--2nd place at California "10". /J. Sheretz/

(California 10, Cont'd)	80-Glenn Pruitt/ETC	56:48	103-Harold Crangle/Coyote	58:10	154-Eugene Lynch/FPTC	60:03*	
58-Don Dugdale/MPAC	55:48	81-Doug Latimer/Un	56:55*	104-Paul Alvarez/Un	58:11	165-Richard Vincent/Un	60:33*
59-Patrick Buzbee/Un	55:54	82-Scott Thomason/PMK	56:56	105-Terry Miller/Un	58:21	***WOMEN***	
60-Greg McKinstry/Merced	56:00	83-Tim Rostege/WVTC	56:57	106-Mike Deatherage/Solano	58:22	189-Diane Williams/PBP	61:25
61-Clifford Stewart/PMK	56:02	84-Kenneth Kitz/Un	56:58	107-Bob Blonder/RCRC	58:22*	259-Merill Cray/CRC	64:49
62-Eric Sargeson/DLS	56:03	85-Hoyt Walker/LVRC	56:59	108-Sergio Aguilar/Manteca	58:25	279-Susan Manasewitsch/Un	65:32
63-David Zumwalt/PMK	56:05	86-Dave Roerber/Un	57:01	109-Ross Rowley/SUND	58:27	281-Karey Robinson/SUND	65:35
64-Tom Robinson/PMK	56:06	87-Roger Bryan/WVJS	57:02*	110-Dennis Gustafson/SFPD	58:28	291-Jane Sowersby/PMK	65:56
65-David Larson/MR	56:07	88-Ed Jerome/TRAC	57:03	111-James Mickle/TAM	58:32*	311-Denise Bigelow/AGRC	67:27
66-Tom Cathcart/WVTC	56:08*	89-Steve Hurst/Un	57:12	112-Bart Hutchinson/Un	58:37	315-Cheryl Griffen/Spik	67:51
67-Patrick Miller/Un	56:09	90-Ed Stromberg/BC	57:16	113-Jack Byrd/PMK	58:50*	316-Ann Neeley/TAM	67:58
68-Jeff Cowling/TFBL	56:09	91-Ted Franse/Un	57:19	114-Jim Myers/PMK	58:50	339-Paula Ferrill/SUND	69:06*
69-Harold Huff/Un	56:11	92-Daniel Rubio/Solano	57:30	115-Michael McCarthy/Un	58:51	347-Ruth Anderson/NCS	69:27*
70-Andy Takaha/CW	56:13	93-Dave Swan/SUND	57:40	116-Garth McCune/MR	58:54	348-Heidi Skaden/BC	69:28*
71-Harvey Ferrill/SUND	56:17*	94-Mike Davis/Un	57:44	117-Bill Brusher/LMJS	58:55	349-Consuelo Underwood/PMK	69:30
72-William Boggs/OC	56:19	95-Bob Myers/PMK	57:52	118-Ian Ross/MR	58:56	352-Frances Sackerman/NCS	69:37*
73-Rick Batha/AGRC	56:29	96-Robert Adleson/Un	58:03	119-Tom Bennett/PMK	58:56	355-Kim Baer/RCRC	69:41
74-Dan Williams/LMJS	56:31	97-Thad Orzechowski/LVRC	58:04	***MASTERS***		363-Karen Scannell/PMK	69:59*
75-Rich Patterson/BC	56:32	98-Daryl Williams/Un	58:04	124-Dieter Diekmeyer/SUND	59:03*	365-Chris Manasewitsch/Un	70:04
76-John Coots/SDTC	56:41	99-Michael Buzbee/CRC	58:05	130-Glen Kawiec/Clorox	59:16*	375-Nora Crans/WVTC	70:28
77-Dan Moore/LVRC	56:45	100-Dave Cargill/Solano	58:06	143-Ted Wilson/KJ	59:43*	385-Karen Klopsch/OPHIR	70:53
78-Myron Nevraumont/WVJS	56:45*	101-Rob Trumbull/Stein	58:08	145-Chris Delgado/BC	59:44*	390-Patty Kuphaldt/OPHIR	71:07
79-Richard Watson/Un	56:47	102-James Harper/SRRC	58:09	153-Frank Delgado/FPTC	60:01*	391-Ellen Clark/WVTC	71:21

SCHILLING AGAIN AT GREAT RACE (Jan. 7, Saratoga & Los Gatos): - This year's two races (one from Saratoga to Los Gatos and the other vice versa) again drew large crowds with mile ace Mark Schilling defending his Saratoga-Los Gatos title in a slowish (compared to his 18:12 last year) 19:04, good enough for a six-second victory over West Valley College's Mike Dyer. Hank Lawson took the other race (over a slightly harder route) without being pushed in a 19:48. Robert Rupprecht was runnerup at 20:30, as most of the better runners opted for the quicker course. Jerome Lewis tried the reverse direction this year and still came out with the fastest time--21:25 over the harder Los Gatos to Saratoga course. That was 11 seconds better than his winning time last year. Next masters runner in his race was Siegfried Mattern in 22:18. Charles Ruskosz took the companion race in the same division with a 21:32, which was also under Lewis' old standard. Cathy Demmelmaier led the women with her 23:10 (Saratoga to Los Gatos), just a second in front of Cinder-gal teammate Nanette Garcia. Cinder-gal Pauline Vasquez made it a clean sweep by annexing the other race in 23:39. Distance of both races was 3.7 miles (we don't know how many finished as only times for top 150 were supplied). /Pete Michon/



(Left) Mark Schilling defended his "Great Race" title, running from Saratoga to Los Gatos in 19:04. /Dennis O'Rourke/ (Right) Jerry Lewis likewise defended his title in the masters division with a record-breaking 21:25.

SARATOGA TO LOS GATOS---		24-Charles Ruskosz	21:32*	48-Glen Campagna	22:24	63-George Wightman	22:49*
1-Mark Schilling/AGRC	19:04	25-Mark Lindquist	21:34	49-Martin Robinson	22:25	65-David Tovar	22:54*
2-Mike Dyer/WVC	19:10	26-Tom Arno/Saratoga HS	21:38	50-Richard Fletcher	22:26	67-John Nora	22:56*
3-Joe Salazar/CW	19:11	27-Ron Palermo	21:43	51-Al Garrahan	22:28	68-Bernard LaCasse	22:57*
4-Paul Gyorey	19:16	28-Rick Riordan	21:49	52-Richard Watson	22:29*	70-Bob Rolston/WVTC	22:59*
5-Darren Lambeth	19:19	29-Ralph Van Praag	21:50	53-Ron Batie	22:34	96-Kirby Miller	23:36*
6-Jesse Colvin	20:15	30-Joe Rust	21:51	54-Michael Hicks	22:37	111-William Siebold	23:50*
7-James Tracy	20:23	31-Ken Napier/WVJS	21:53*	55-William Young	22:38*	***WOMEN***	
8-Manny Mahon	20:31	32-Jeff Young	21:54	56-Doug Smith	22:38	79-Cathy Demmelmaier/SJC	23:10
9-Don Barber	20:31	33-Martin Bennett	22:03	57-Husek Jiri	22:39	80-Nanette Garcia/SJC	23:11
10-Mark Gyorey/SarahS	20:33	34-Ted Trovard	22:04	58-Doug Gear	22:40	100-Amy Harper	23:40
11-Masafumi Mori	20:37	35-Scott Duggan	22:05	***MASTERS***		130-Diane Young	24:06
12-Bob Sigl	20:58	36-Todd Fitchen	22:09	60-John McCrillis/TRAC	22:41*	231-Retta Albers(1st 40+)	26:05*
13-Santos Reynaga/WVTC	21:05	37-Keith Super	22:09				
14-Douglas Ascher	21:12	38-Martin Staszak	22:10	26-Ron Briscoe	22:54	***MASTERS***	
15-Jeff Salazar	21:14	39-Gary Schare	22:11	27-Matt Wolfinger	22:54	41-Mike Paradis	23:38*
16-Ray Clemo	21:20	40-John Flather	22:12*	28-Peter Thelin	22:55	60-Tom Gutierrez	24:08*
17-Bill Hotchkiss	21:21	41-Ken Crowe	22:13	29-Dee Baltzer	23:00*	63-Hubie Girard	24:12*
18-John Hursh	21:23	42-David Polmaszek	22:16	30-Carl Gillette/WVJS	23:08*	64-Dennis Fachino	24:16*
19-Frank Donahue/ETC	21:23	43-Mark Rokovich	22:18	31-Frank Ruona	23:10	66-John Tripp	24:17*
20-Tim Pfister	21:24	44-Ed Pearce	22:21	32-Steve Graham	23:14	77-Roger Jackman	24:49*
21-Donald Delay	21:25	45-Scott Boughton	22:22	33-Garrett James	23:16	***WOMEN***	
22-Walt Van Zant/WVJS	21:30	46-Bobby Yee	22:22	34-John Jordan	23:18	42-Pauline Vasquez/SJC	23:39
23-Blair Goodrow	21:31	47-Michael Eiscser	22:23	35-Steve Pischel	23:19	90-Maria King/SJC	25:17
				36-Mike Allison	23:30	107-Lori Benevento	25:42
				37-Ed Fuller	23:31	123-Barbara Hawke	26:03
				38-Jeff Perrone	23:32	301-Roberta Woods(1st 40+)	31:30*
LOS GATOS TO SARATOGA---		13-Siegfried Mattern	22:18*				
1-Hank Lawson	19:48	14-Rudy Rodriguez	22:20				
2-Robert Rupprecht	20:30	15-Craig Tempey	22:20				
3-William Dunn	20:34	16-Mike Lucas	22:21				
4-Dave Bush	20:49	17-Tom Dorst	22:26				
5-Bill Meinhardt/WVJS	20:57	18-Robert Pauley	22:31				
6-R. Driscoll	21:17	19-Todd Capurso	22:35				
7-Jerome Lewis/TRAC	21:25*	20-Norman Gould	22:45				
8-Dan Dierken	21:26	21-John Stevens	22:47				
9-Tom Prosceno	21:29	22-Isaac Miller	22:50				
10-Terry Higgins	21:50	23-Carl Martin/WVJS	22:52*				
11-Brian Hollins	21:58	24-Wayne Meyer	22:53				
12-Ken Nickel	22:12	25-Rod MacKenzie	22:54*				

SEVALD, AUBUCHON & HAGER EARN "RUN FOR THE COOKIES" TITLES (Jan. 20, Oakland): - A total of 241 finishers were led by sub-master Bill Sevald, who recorded a 33:24 on the 6.4-mile two-loop tour of Lake Merritt. Mike Fanelli was runnerup at 33:33, with Harvey Franklin, another sub-master, third in 33:38, just one second in front of Scott Faulkner. Phil Hager's 35:46 led the masters division, besting Bill Bugler by over a minute, while Michelle Aubuchon copped the women's crown in 39:17, easily defeating Sue Brusher's 41:15. Marilyn Harbin topped the women over 40 with her 44:05. The Manasewitsch family of Walnut Creek won six of the fifteen places awarded in the junior divisions! In a companion 1.5-mile cross-country run through Lakeside Park, Val Hoag edged Peter Jensen by an eyelash although both finished in 7:16. Doug Bell (7:40) and Jill Miller (9:22) won masters & women's titles respectively. That run drew 117 finishers. The top finishers in the longer run are listed below. /W. Gaffield/

1-Bill Sevald/ETC	33:24	35-Michelle Aubuchon	39:17F
2-Mike Fanelli/PMK	33:33	36-David Coyne	39:40
3-Harvey Franklin/WVTC	33:38	37-Evan MacBride	39:42
4-Scott Faulkner	33:39	38-Fred Dunn	39:45*
5-David Waluch	33:44	39-Tom Deneau	39:59
6-Rey Corona	34:33	40-Roderick McKenzie	40:03*
7-Hans Giesecke	34:41	41-Dan Farkas	40:15*
8-Rick Moraida	34:42	42-Paul Markham	40:21
9-Allan Smith	34:49	43-Arnold Spanjers	40:24
10-Doug Butt/WVTC	35:15	44-Gene White	40:26
11-Bruce Wolfe/WVTC	35:21	45-Al Degen	40:30
12-Mike Wright	35:31	46-John Swyers	40:33
13-K.A. Vineyard	35:31	47-Peter Castellanos	40:34
14-Phil Hager/WVTC	35:46*	48-Larry Cooper	40:35
15-Anthony Bettencourt	35:50	49-Ralph Waller	40:36
16-Derrick Hamilton	36:04	50-Charles Dasey	40:37
17-Robert Eichstaedt	36:30	***MASTERS***	
18-Joe Schieffer	36:34	54-Jess Chavez	40:58*
19-Pat Carroll	36:38	56-Joe Dana	41:08*
20-David Gowen	36:40	58-Bill Mertens	41:20*
21-Bill Bugler/PMK	36:48*	65-Hank Fragoza	41:51*
22-Tom Barlow	36:53	66-Harry Frumkin	41:58*
23-John Leeming	37:03	***WOMEN***	
24-Marc Torres	37:09	57-Sue Vinella-Brusher	41:15
25-David Cummins	37:25	69-Denise Bigelow	42:18
26-Chuck Putnam	37:35	84-Christine Manasewitsch	43:20
27-Bill Brusher/LMJS	37:38	89-Susan Manasewitsch	43:35
28-Albert de la Roche	38:05	90-Michelle Manasewitsch	43:42
29-Norm McAbee/PMK	38:38*	93-Daphne Dunn	43:47
30-Richard Keene	38:40*	95-Marilyn Harbin	44:05*
31-Jim Engle	39:01*	100-Sally Savitz	44:38
32-Ricardo Fernandez	39:07	109-Lilian Woodward	45:29*
33-Robert Solorio	39:08	117-Vicki Bigelow	45:54*
34-Harry Wyeth	39:09	126-Karen Diekmeyer/SUND	46:45



(Left) Runnerup in the 6.4-Mile "Run for the Cookies", Mike Fanelli. /John Sheretz/ (Right) Harvey Franklin, 3rd. /McLandry/

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DUFFEY NIPS MORENO AT EXCITING ZOO RUN (Jan. 21, San Francisco): - Ex-Cal runner, Brad Duffey waged an exciting duel with Camino West's John Moreno in the Third Annual S.F. Zoo Run, coming up with a narrow one-second victory margin, 16:52 to 16:53. This year the course was changed slightly, shortening the distance to 3.68 miles, thus Duffey's mark is an automatic record, as were the other divisional bests. Harvey Ferrill destroyed the masters competition with his fine 18:58 (5:09 per mile), with Bill Bugler over a minute back at 20:03. Amy Haberman took the women's division in 22:01, averaging just under six minutes per mile. Tam Siverston's 22:35 was good enough for runnerup. Anne Neeley's 23:30 led the masters women, with Paula Ferrill next in 24:00. We have no idea how many actually finished, as we received results for only the top 250 finishers. /Nozm Gershenz/

1-Brad Duffey/Un	16:52	26-Phil Bragstad/PMK	19:07	51-Rick Sanchez/WstmrHS	20:09	76-Ray L. O'Campo, Jr/Un	20:48
2-John Moreno/CW	16:53	27-Steve Schwinder/Un	19:11	52-Dean Williams/ETC	20:10	77-Ron Treabess/NCS	20:53
3-Michael Arago/MR	17:36	28-Tim Rostege/WVTC	19:11	53-Steve Flathead/MR	20:11	78-Rich Henderson/Un	20:55
4-Christopher Jackson/Un	17:50	29-Dave Perlman/Un	19:15	54-Stephen Hoots/Un	20:12	79-Rinaldo Caminada/Un	20:57
5-David Fuller/HR	17:52	30-Richard Hornstra/CW	19:15	55-Bruce Williams/ETC	20:13	***MASTERS***	
6-Don Paul/PMK	17:59	31-Robert Eichstaedt/Un	19:18	56-Gus Cano/ETC	20:13	83-Walter Williams/WVJS	20:03*
7-Michael Duncan/WVTC	18:01	32-Steve Clark/Un	19:18	57-Paul C. Jones/SFZ	20:15	94-Ronald Rahmer/TAM	21:14*
8-Len Beard/JamestwnCol	18:13	33-Frank Donahue/ETC	19:21	58-Val Hoag/Un	20:20	122-Ben Brown/Un	21:42*
9-John Reep	18:15	34-John Brendal/PTC	19:30	59-Jim Crumpler/Un	20:22	143-Joe Basile/DSE	22:11*
10-Jeff Farmer	18:16	35-Ralph Walde/HrtfrdTC	19:34	60-Paul Loughridge/Un	20:23	148-Robert Esquire/DSE	22:16*
11-Michael Skiff/Skyline	18:17	36-Joe Casey/Un	19:40	61-Keith Super/IBS	20:20	151-Joseph Castillo/Un	22:19*
12-Jerry Edelbrock/CAS	18:19	37-Thomas Yeadaker/Un	19:45	62-Michael Mahoney/SFPAC	20:32	157-William L. Young/Un	22:29*
13-Ken Apperson/CW	18:21	38-Kirk Gluckman/NwrkHS	19:50	63-Joe el Gallagher/Un	20:34	170-Dennis Facchino/WVJS	22:52*
14-John Hoch/CW	18:26	39-Brad Carpenter/SFS	19:55	64-Leo Ruiz/Un	20:34	***WOMEN***	
15-Jesse Colvin/CW	18:27	40-Paul Sanchez/Un	20:00	65-Frank Castro/Un	20:35	136-Amy Haberman/Un	22:01
16-Rich Piquette/Un	18:33	41-Ken Freschauf/Un	20:02	66-Patrick McMahan/Un	20:35	163-Tam Siverston/DSE	22:35
17-Steven Brubakken/JC	18:38	42-Bill Bugler/PMK	20:03*	67-Todd Fitchen/CW	20:36	166-Joan Levi-Kring/WVTC	22:39
18-Joe Becerra/ETC	18:43	43-Michael Hicks/WVJS	20:04	68-Gary Chan/WVTC	20:36	174-Karen Kressenberg/WVTC	22:56
19-James Tracy/ETC	18:43	44-Michael Gruber/WVJS	20:04	69-Walter Basinger/PMK	20:37	176-Isabel Moreno/Un	22:58
20-Don Hickman/Un	18:44	45-Tom Martz, Jr./Un	20:07*	70-Jon Mohr/PMK	20:37	209-Anne Neeley/TAM	23:30*
21-Michael Messenger/Pr	18:46	46-Siegfried Mattern/DSE	20:07*	71-David John/Un	20:38	220-Gay Hunter/Un	23:44
22-Jeff Coinling/Un	18:48	47-Henry Walker/MR	20:08	72-Hoyt Walker/LVRC	20:39	224-Bev Hendrighsman/Un	23:51
23-Tom Jordan/WVTC	18:55	48-John Loomis/RdwdHS	20:08	73-Gerald McMahan/DRR	20:40*	229-Paula Ferrill/SUND	24:00*
24-Harvey Ferrill/SUND	18:58*	49-Ed Coyne/DLS	20:09	74-Louis Perlman/Un	20:42	238-Dorothy Rohnstock/Un	24:14
25-Mike Gama/AA	19:03	50-Tim Wallen/FPTC	20:09	75-Daniel Shalom/Un	20:44	248-Sandra Bohner/DRR	24:31



Gary Tuttle, shown here winning the Pleasant Hill 10K, also won the Trinidad Beach Run in a record-equalling 40:28, which tied Chuck Smead's 1974 mark. /Don McLandry/

1-Gary Tuttle/TIT	40:28	11-Dwayne Little	44:22	38-Anthony Bettencourt	47:08	65-Lynn Purdue	49:30
2-Vince Engle	42:47	12-David Wells	44:30	39-Fred Leoni	47:21	66-Mike Sankisian	49:31
3-Tim Becker	42:58	13-Brian Millar	44:35	40-James Rocha	47:34	67-David Simas	49:37
4-Scott Peters	43:10	14-Tony Munoz	44:40	41-Steve Hensen	47:42	68-Don Ross	49:39
5-Chris Speere	43:15	15-Glen Borland	44:45	42-Lyn Walker	47:46	69-Richard Gilchrist	49:40*
6-Frank Dauncey	43:31	16-Chuck Cathey	44:53	43-Harry Cottrell	47:50	70-William Daniel	49:48
7-Roger Innes	43:52	17-Bill Scobey	44:58	44-Karl Maxon	47:53	***MASTERS***	
8-Frank Ebner	44:06	18-Mark Reeder	44:59	45-Bert Van Duzer	48:02	87-George Crandall	51:20*
9-Lawrence Jordan	44:13	19-Mark Elias	44:59	46-Larry Guinee	48:08	93-Hal Jackson	51:36*
10-Kevin Searls	44:18	20-Wayne Arrison	45:05	47-Tom Hayes/SWEAT	48:08	117-Jerome Lengyel	52:47*
		21-Mike Williams	45:09	48-Rick Dewey	48:12	127-Bill Rogers	53:15*
		22-Lee Ferrero/SWEAT	45:13	49-Keith Feldon	48:18	135-Bruce Friend	53:44*
		23-Hersh Jenkins	45:21	50-Richard Welch	48:24	157-Richard Houston	54:49*
		24-Bert Proust	45:27	51-Kevin O'Hara	48:31	158-Michael Glimpse	54:51*
		25-Steve Kretsinger	45:28	52-Jim Michaels	48:34	166-Jerry Emmons	55:11*
		26-Terry Pintane	45:30	53-Tim Brownlow	48:35	173-Mark Alpert	55:24*
		27-Ken Datz	45:31	54-Greg Balbierz	48:35	***WOMEN***	
		28-Greg Heist	45:55	55-Ian Waters	48:38	113-Sheila Maskovich	52:40
		29-Russ Knudsen	46:02	56-George Zibilich	48:45	126-Marilyn Taylor/WVTC	53:07
		30-Greg Daug	46:07	57-Dan Ralston	48:45	142-Sue Grigsby	54:19
		31-Lance Podolski	46:21	58-Clarence Nason	48:45	149-Flossie Horgan	54:27
		32-Rudy Snyders	46:24	59-Carl Persson	48:46	152-Jane Wooten	54:35
		33-Stuart Schell	46:25	60-Andy Carlson	49:00	170-Jeani Fuller	55:16
		34-Bob Bates	46:35	61-Alan Sanborn	49:02	177-Wendy Branch	55:36
		35-Greg Jacob	46:38	62-Rod Smith	49:08	230-Peggy Masters	57:49
		36-Steven McMahan	46:42	63-Christopher Cote	49:22	240-Berit Meyer	58:27
		37-Bob Bunell	46:57	64-Ron Flenner	49:26	246-Nancy Pannel	58:53

OEHM LEADS GOLDEN BEARS TO VICTORY AT BONNE BELL 10K (Feb. 4, San Francisco): - University of California frosh, Janice Oehm, only 19, sped to a convincing 34:24 victory over teammate Suzanne Richter in the 2nd Annual Bonne Bell Women's 10K. Richter finished some 14 seconds back as defending champ, Roxanne Bier, was a distant third in 35:39, although 41 seconds under her winning time of last year. Susie Meek, Cal's third runner, finished in 35:41, with amazing 38-year-old Judy Fox fifth in a swift 35:42. The top 7 runners were under last year's winning time! Ruth Anderson successfully defended her masters title with a 41:33, well off her 40:57 record from 1978. Runnerup Karen Scannell was well back in 42:06. There were 1108 finishers this year...up from the 738 that made it last year. Judy & Joan Fox repeated as winning mother/daughter combo, with Judy in fifth and Joan in 35th. See the next page for a list of the top finishers. /Penny DeMoss/

(Bonne Bell 10Km, cont'd)

1-Janice Oehm/19/GB	34:24	32-Frances Negri/16	39:10	64-Sandy Kutalas/17	41:33
2-Suzanne Richter/18/GB	34:38	33-Joan Fox/18/SJC	39:16	65-Ruth Anderson/49/NCS	41:33*
3-Roxanne Bier/17/SJC	35:39	34-Tracey Wong/17	39:21	66-Sharol Beals/33	41:34
4-Susie Meek/18/GB	35:41	35-Sheila O'Donnell/??	39:28	67-Diane Strada/29	41:41
5-Judy Fox/38/WVTC	35:42	36-Sandy McPherson/18	39:38	68-Kathleen Bonnet/13	41:45
6-Kerry Brogan/16/SJC	35:43	37-Marg Livingston/30/WV	39:49	69-Sandi Bohner/32	41:52
7-Alice Trumbly/19/GB	36:02	38-Shane Felix/17	39:51	70-Rosalie Pryor/28	41:59
8-Michele Aubuchon/19	36:25	39-Gail Gustafson/36/WVTC	39:52	71-Karen Scannel/40/PMK	42:06*
9-Lynne Hjetta/19/GB	36:37	40-Linda Robinson/19	40:01	72-Nicki Welker/35	42:07
10-Sally Metteer/20/GB	36:51	41-Elaine I-Miller/32/WV	40:04	73-Karen Devine/14	42:09
11-Judy Leydig/27/WVTC	37:00	42-Kim Carter/13	40:15	74-Barbara Hawke/40	42:14*
12-Maria King/14/SJC	37:07	43-Pat Whittingslow/38/WV	40:16	75-Stacey Montano/13	42:16
13-Skip Swannack/37/WDS	37:10	44-Diane Gong/16	40:18	76-Liza King/15	42:17
14-Sissel Grottenberg/22	37:11	45-Wendy Behrbaum/18	40:21	77-Daphne Dunn/32	42:18
15-Jill Symons/18/Chico	37:14	46-Pam Purcell/34	40:24	78-Linda Plexico/12	42:20
16-Chris Manning/15	37:21	47-Terry Schneider/17	40:28	79-Maria Ng/18/WVTC	42:21
17-Pamela Cox/20/GB	37:31	48-Sabrina Schreder/12	40:37	80-Elana Schreder/13	42:24
18-Pat English/26/WVTC	37:53	49-Melanie Walker/17	40:39	81-Elizabeth Schultz/21	42:24
19-Dana Flint/15	37:59	50-Robyn MacSwain/14	40:42	82-Annemarie Paddock/17	42:25
20-Anne Hamilton/17/MLTC	38:00	51-Diana Davis/18	40:44	83-Liz King/16	42:26
21-Penny Goldthorpe/15	38:02	52-Denise Bigelow/17	40:45	84-Ellen Clark/31/WVTC	42:28
22-Liz Strangio/16/WVTC	38:05	53-Tiffany Choy/15	40:50	85-Toni Yale/31	42:30
23-Cindy Crow/16	38:06	54-Pamela Burkes/29/WVTC	40:56	86-Lori Benevento/16	42:31
24-Vicky Bray/17/SJC	38:07	55-Sarah Channess/15	40:57	87-Tammy Crow/14	42:31
25-Pauline Vasquez/13/SJC	38:07	56-Londa Larson/17/WVTC	40:59	***MASTERS***	
26-Andrea Heimbecker/14	38:09	57-Pamela Proval/29	41:13	91-Vicki Bigelow/43	42:46*
27-Eugenia Zorich/18	38:27	58-Donna Andrews/38	41:17	97-Lilian Woodward/42	42:53*
28-Mary Gaffield/15	38:45	59-Pam Dietler/16	41:18	101-Jean Ann Wise/40	43:01*
29-Irene Rudolf/37/WVTC	38:53	60-Laura VanHorn/27	41:23	116-Marigrace Boyer/42	43:25*
30-Sue Brusher/24/BASC	38:58	61-Connie Underwood/30	41:26	118-Betsy White/40/WVTC	43:27*
31-Suzu Martinez/14	39:03	62-Barbara Pike/37	41:27	149-Ruth Waters/45/NCS	44:39*
		63-Louise Burns/38/NCS	41:28	150-Marlys Hayden/46	44:41*



Jan Oehm of the Golden Bears chopped nearly two minutes off Roxanne Bier's Bonne Bell record with a blazing 34:24 over 10km. /Don Gosney/

VAN DINE WINS BIG AT DALY CITY WEST SIDE RUN (Feb. 4, Daly City): - Running pretty much as he pleased, Aggie ace Jim Van Dine won the first annual event by a 52-second margin over Cal's Gary Blume, who is certainly no slouch. Bill Sevald was a surprisingly close third at 27:39. The margin of victory for the masters division was even greater as Bill Bugler clocked a quick 30:04 over the rolling 5-mile course. Runnerup Don Huff, his Pamakid teammate, was over three minutes back. Kathy Goodwin likewise had little trouble in winning the women's division at 39:29, with Mary Teeters next in 41:09. A small turnout (92 finishers) made for an enjoyable state of affairs. Top finishers are listed below. /Ralph Gowen/

1-Jim Van Dine/24/AGRC	26:38	11-Ray Castro/19/Un	29:01	21-Jeff Thompson/18/Un	32:26
2-Gary Blume/22/Cal	27:30	12-Rich Piquette/31/Un	29:31	22-Glenn MacDougall/23/Un	32:28
3-Bill Sevald/32/ETC	27:39	13-David Dunbar/23/PMK	29:39	23-James Dean/22/CW	32:37
4-Brian Turner/23/Un	27:48	14-Terry Casey/28/ETC	29:49	24-Tony Savermann/25/UCT	33:08
5-Jeff Farmer/20/Chabot	27:51	15-Bill Bugler/43/PMK	30:04*	25-Don Huff/42/PMK	33:09*
6-John Laird/20/CSUF	28:15	16-Tom Barlow/15/LL	30:29	26-Michael Impastato/26	33:22
7-Mike Duncan/29/WVTC	28:32	17-Ed Jerome/35/TRAC	31:01	27-Steve McCaine/39/PMK	33:24
8-Mike Plummer/20/WVTC	28:43	18-Greg Tinloy/22/AGRC	31:30	28-Terence Clark/35/PMK	33:48
9-Keith James/19/CD	28:52	19-Jeff Maxwell/19/SKYL	31:51	29-Ricky Cairo/15/JHS	33:54
10-Ken Phelps/26/WVTC	28:59	20-Rick Sanchez/17/WHS	31:59	30-George Provot/34/ETC	34:01

*****MASTERS*****

48-Charles Loveless/42/Un	38:22*
50-Don Michaeli/43/Un	38:39*
54-Ed Loutchek/41/Un	39:20*
57-Ramon Anchondo/42/DSE	39:41*
58-David Strain/43/Un	39:53*
60-Robert Theis/50/DSE	40:42*

*****WOMEN*****

56-Kathy Goodwin/17/Un	39:29
62-Mary Teeters/15/Un	41:09
81-D. Biondi/26/Un	50:07

NABERS CHALKS UP ANOTHER MARATHON VICTORY--"AVENUE OF THE OLIVES" (Feb. 4, Davis): - Running his umpteenth marathon in the past year, WVTC's Ron Nabers took another victory in stride with a slow (for him) 2:32:00, a good quarter-mile ahead of the Aggie's Kevin Kirby. Lester Mina, also running for the host Aggies, clocked a 2:35:44, while Jay Cook, about ready to turn 40 later this year, clobbered many minutes off his PR with a 2:36:11 in fourth. Top masters runner was James Liedtke (2:49:37), with Bob Malain next in 2:53:29 (Bob is over 50). High schooler Susy Beugen copped the women's title with a 3:15:35, well ahead of Sandy Fitzwater's 3:19:42, which was tops in the women's submasters group. The Aggies grabbed 2nd, 3rd and 9th to easily defeat the Buffalo Chips for the team title. A nice manageable turnout of 192 (finishers) made for a fun day. This well-managed event should grow in the future. /Gary Mack/

1-Ron Nabers/WVTC	2:32:00	23-Scott Molina/MDM	2:54:26	45-Evan MacBride/BC	3:07:32
2-Kevin Kirby/AGRC	2:33:31	24-Mike Emry/CW	2:54:30	46-Thomas Zavortink/PMK	3:07:59
3-Lester Mina/AGRC	2:35:44	25-Dave Parker/Un	2:55:08*	47-Santos Cervantes/Un	3:08:08
4-Jay Cook/WVTC	2:36:11	26-Tom Jacobs/UCD	2:55:42	48-Ted Parker/Un	3:08:19
5-Dan Williams/LMJS	2:36:17	27-Ken Gaal/Un	2:55:48	49-Jack Jamieson/Un	3:09:22*
6-Stephen Cotton/Un	2:43:27	28-Mark Reese/BC	2:57:27	50-Richard Doty/SUND	3:09:49
7-Perry Linn/BC	2:44:42	29-Bob Woodliff/Un	2:58:04	51-Bob Parker/Un	3:10:24
8-Mark Hoschler/BC	2:44:52	30-Robert Superko/AGRC	2:58:19	52-Rick Sylvester/HS	3:10:54
9-Jeff Simons/AGRC	2:45:43	31-Jay Helgerson/Un	2:58:24	***MASTERS***	
10-Ron Mellor/Un	2:46:35	32-Barry Vial/Un	2:58:44	55-Bernard Feldman/Un	3:12:40*
11-Michael Buzbee/CRC	2:47:28	33-Jim Howard/Un	2:58:59	59-Ron Ogilvie/Un	3:14:11*
12-Bob Cooper/WDS	2:49:08	34-Dennis Rinde/OPHIR	2:58:59	62-George Billingsley	3:15:06*
13-James Liedtke/WVJS	2:49:37*	35-Neal Johnson/Un	2:59:41	71-Larry Bion/Un	3:19:42*
14-Thomas Bowen/CSUF	2:50:24	36-Bruce LaBelle/AGRC	3:00:15	73-Link Lindquist/Un	3:20:07*
15-Rudy Dressendorfer	2:51:05	37-Mike Doud/Un	3:02:17	74-Paul Reese/Un	3:20:16*
16-Tom Sheehan/AGRC	2:51:24	38-Bruce Johnson/Un	3:02:57*	***WOMEN***	
17-Walt Schafer/CRC	2:51:51	39-Peter Hanson/OPHIR	3:02:59	63-Susy Beugen/Un	3:15:35
18-Robert Strazzo/Un	2:51:52	40-Curtis Imrie/OC	3:03:35	70-Sandy Fitzwater/Un	3:19:42
19-Cory Bedell/ATOTC	2:52:00	41-Charles McNeil/AGRC	3:03:47	89-Krista Roberts/SSpk	3:26:18
20-Robert Malain/Un	2:53:29*	42-Michael Killen/AGRC	3:03:56	102-Kay Johnson/BC	3:30:03
21-Doug Peck/AGRC	2:53:49	43-Richard Malkia/Un	3:04:24	113-Bjory A-Smith/Un	3:39:18
22-David Zumwalt/PMK	2:54:26	44-David Ragsdale/AGRC	3:07:19*	116-Jody Kaufman/Un	3:40:04
				120-Joanne Parent/AGRC	3:43:59



Lester Mina placed third in a PR 2:35:44. /Gary Mack/

(Chinatown Run, Cont'd)

6 MILES

1-Denis O'Halloran/AGRC	32:45
2-Bill Sevald/ETC	32:53
3-Jeff Rawlings	34:15
4-Doug Butt/WVTC	35:03
5-Jim Moyles	35:26
6-Jon Brendel	36:00
7-Lloyd Samson	36:01
8-Aisrian Wong	36:03
9-Ross Rowley/SUND	36:21

10-Ray Bonner	36:49
11-Danny Lee	36:56
12-Joe Gallagher	37:40
13-Bobby Yee	37:46
14-Tim Howe	38:05
15-Gary Chan/WVTC	38:08
16-Jim Crumpler	38:59
17-Curtis Kellogg	38:59
18-Roo McKenzie	39:30*
19-Terry Clarke	39:31
20-Warren Yennis	39:36*

21-Darrell Jeong	39:42
22-David Pursley	39:43
23-Jack Sattler	39:50
24-Tracey Wong	39:55*
25-David Ramstad	40:00
26-Bruce Kneebone	40:15
27-Charles Rose	40:19
28-Scott Walters	40:38
29-Eric Park	40:41
30-S. Horn	40:54
31-Rich Jones	41:00

MASTERS

33-J.W. Fowler	41:13*
47-Wallace Rothbart	43:41*
48-Kenneth Wong	43:44*
52-Al King	44:01*
WOMEN	
32-Sharon Beals	41:03
39-Tena Anex/AGRC	42:17
55-Tiffany Choy	44:20
63-Martha Maricle/NCS	45:20*
66-Tracy Pritikin	45:27

O'HALLORAN REPEATS AT EXCELSIOR EAST END RUN (Feb. 18, San Francisco): - Duplicating his performance from the previous weekend, 27-year-old Dennis O'Halloran again defeated Bill Sevald, this time over an 8.2-mile course in a time of 42:43, about a minute off Jan Serhsen's 1976 standard. Sevald was some 20 seconds back and moved up steadily throughout the race, closing on even the winner. Bill Clark was another ten seconds back. In a tighter four-way battle for the masters title, Roger Bryan, the PA-AAU Long Distance Chairman, held off visiting Charles Dyson of the Hartford T.C. (Conn.), 47:00 to 47:05, with Ulrich Kaempf (47:13) and Philip Hager (47:17) in close attendance. Anne Hamilton easily defeated Jane Sowersby, in a course record time of 50:16 (we don't have Jane's time due to a temporary malfunction of the race's timing device, but she was in the mid-54 minute range). Vicky Bray of the Cindergals followed in 54:46. Karen Scannell upset Ruth Anderson to win the masters women's title, 56:20 to 56:38. Despite the occasional rain, there were 326 finishers (including many T.U.R.D.'s--"The Unofficial Running Deviate"). We won't list them of course...nor are their times listed in the official results. /Mike Conroy/

1-Denis O'Halloran/27/AG42:43	25-Myron Nevraumont/44/WV48:11*	49-Evan MacBride/32/BC	51:30		
2-Bill Sevald/32/ETC	43:03	50-Don Huff/42/PMK	51:36*		
3-Bill Clark/35/WVTC	43:13	51-Frank Smith/40/PMK	51:46*		
4-Jan Serhsen/31/ETC	43:27	52-Jon Baumgartner/44/TR	51:54*		
5-Mike Fanelli/22/PMK	43:50	53-Evan Custer/38/ORR	52:07		
6-Ed Schelegle/25/AGRC	44:23	54-Richard Watson/40/Un	52:08*		
7-Don Paul/28/PMK	44:28	55-Walt Basinger/20/RATC	52:12		
8-Arturo Rodriguez/29/WV45:49	31-Stan Anderson/30/ETC	56-Joe Gallagher/31/Un	52:13		
9-James Willmot/26/Un	46:06	57-Rob Miller/37/DSE	52:14		
10-Doug Butt/33/WVTC	46:07	58-Dan Fragoza/25/DSE	nt		
11-William May/28/PMK	46:22	59-Steve McCain/39/PMK	nt		
12-Sandy Lawrence/28/DSE	46:33	60-Chris Sullivan/28/NVRC	nt		
13-A. Bettencourt/26/Un	46:34	***MASTERS***			
14-Sheldon Larson/18/CW	46:36	65-Fred Dunn/50/PMK	nt		
15-Dennis Reager/35/SFRC	46:39	66-Pat Cunneen/45/PMK	nt		
16-John Hohm/29/RATC	46:49	67-Charles Marut/40/Un	nt		
17-Roger Bryan/43/WVJS	47:00*	69-Tony McDonagh/40/DSE	nt		
18-Charles Dyson/45/HTC	47:05*	71-Peter Woodward/49/NCS	nt		
19-Ulrich Kaempf/48/TRAC	47:13*	***WOMEN***			
20-Philip Hager/42/WVTC	47:17*	79-Jane Sowersby/28/Un	nt		
21-Tom Robinson/30/RATC	47:24	84-Vicky Bray/18/SJC	54:46		
22-Lloyd Sampson/35/Un	47:29	90-Joan Ulyot/38/WVTC	55:15		
23-Kevin Kirby/22/AGRC	47:41	97-Gail Gustafson/36/WVTC55:55	131-Bev Hendrighsman/32/Un	57:48	
24-Dennis Gustafson/35	48:07	48-Arthur Portocarrero	51:30	103-Karen Scannell/40/PMK	56:20*
				104-Denise Bigelow/17/AGRC56:23	
				109-Ruth Anderson/49/NCS	56:38*
				118-Tena Anex/22/AGRC	57:11
				123-Nora Crans/27/WVTC	57:30
				131-Bev Hendrighsman/32/Un	57:48
				132-Connie Underwood/30/PK57:50	



Anne Hamilton set a course record 50:16 at the Excelsior East End Run. /Jim Engle/

BADGLEY SCARES COURSE RECORD AT MARTINEZ TO PORT COSTA RUN (Feb. 24, Martinez): - Apparently fully recovered from his West Valley Marathon stint two weeks before, Sundance TC's Wayne Badgley stepped off a quick 40:34.5 for the 8.4-mile Martinez to Port Costa Brickyard Run, just 27 seconds outside Rich Kimball's 1974 standard. Completely dominating the field, he left 2:18 marathoner, Ed Schelegle, over a minute behind in 41:40, with Bill Sevald running his third good race in as many weekends, another four seconds back. Kent Guthrie was 1:10 outside his own course record, but won the over-40 trophy with little trouble, besting Ralph Bowles by just over a half-minute, 44:42 to 45:14. Jim O'Neil showed good form in grabbing third place, another two seconds back. Mary Gaffield's 52:22 was easily the superior performance among the women, as Leslie McMullin (55:16) finished almost three minutes behind. Marilyn Harbin won the women's masters laurels in 56:32. No major records were broken. A good-sized crowd showed up for this 11th annual event, with 267 finishing. Excelsior TC proved the class of the team competition, placing their five scorers in the top ten. This is probably one of the more enjoyable, though challenging, courses in Northern California. /Luka Sekulich/

1-Wayne Badgley/34/SUND	40:35	23-Bob Alexander/26	46:14	45-J. Moore/43	48:25*	67-Fred Dunn/50	50:48*
2-Ed Schelegle/25/AGRC	41:40	24-Ron Souther/17	46:18	46-Randy Wilson/26	48:39	68-J.K. Cline/33	50:52
3-Bill Sevald/32/ETC	41:44	25-Don Hickman/26	46:25	47-Craig Van Otten/28	49:04	***MASTERS***	
4-Jan Serhsen/31/ETC	42:32	26-Adrian Wong/27	46:32	48-Jim Rader/39	49:14	77-Joe Dana/42/SolStr.	51:43*
5-David Muela/26/ETC	43:20	27-Russ Kiernan/41/TAM	47:47*	49-Bill Davis/27/WVTC	49:16	81-Richard Houston/57/NCS52:18*	
6-Lester Mina/25/AGRC	43:42	28-Karl Romano/32	47:08	50-Byron Richardson/28/WV49:18	49:18	82-Don Mittelstaedt/43	52:21*
7-Doug Butt/34/WVTC	44:01	29-Larry Pugh/31	47:21	51-Don Huff/42/PMK	49:20*	85-Peter Woodward/49/NCS	52:27*
8-Jeffrey Wall/36/ETC	44:12	30-Lance Kuykendall/30/WV47:28	47:28	52-Rip Talavera/36	49:26	89-Jess Chavez/47	52:47*
9-Michael Duncan/29/WVTC44:36	31-Robert Malain/51/BC	31-Robert Malain/51/BC	47:29*	53-Tommy Greer/31	49:30	91-George Grimes/55	52:56*
10-Michael Conroy/34/ETC	44:38	32-Clyde Helms/32	47:36	54-Michael Mackenzie/35	49:35	96-John Fowler/43	53:28*
11-Kent Guthrie/42/WVJS	44:42*	33-Michael Coke/40	47:43*	55-Allan Scott/26	49:40	97-Fred Linch/41	53:39*
12-Joe Taxiera/25/AGRC	45:02	34-D. Moore/15	47:51	56-Larry Arata/34	49:44	***WOMEN***	
13-A.C. Argue/28	45:08	35-Brian March/19	47:56	57-Mike Impastato/26	49:51	83-Mary Gaffield/15	52:22
14-Ralph Bowles/42/Un	45:14*	36-Aller Robertson/36	47:58	58-Tom Martz/17	49:57	116-Leslie McMullin/28	55:16
15-Jim O'Neil/53/BC	45:16*	37-Jim Nicholson/48/NCS	48:00*	59-Rich Navarro/39	50:03	123-Shawn Kelley/20	56:01
16-Gary Alderman/35	45:20	38-Peter Cartwright/32	48:03	60-Grady Wright/34	50:07	126-Jennifer Searls/18	56:20
17-Terry Hughes/35	45:40	39-Ted Wilson/41/KJ	48:09*	61-Glen James/23	50:16	128-Marilynn Harbin/41	56:32*
18-Anthony Bettencourt	45:46	40-Gerald Werner/32	48:11	62-Jeff Houston/20	50:18	130-Nora Crans/28/WVTC	56:36
19-Ross Rowley/30/SUND	45:53	41-Michael Delisi/20	48:11	63-Phil Stone/42	50:28*	136-Paula Walker/17	57:19
20-Dave Cargill/30	45:58	42-Sherman Lamb/28	48:21	64-Nelson Togerson/32	50:30	141-Martha Maricle/45/NCS	58:02*
21-Lloyd Sampson/35	45:59	43-Robert Felsch/29	48:22	65-John Jamieson/45	50:32*	159-Lilian Woodward/42	59:51*
22-Thomas Aldana/27	46:05	44-Ron Peck/37/NCS	48:24	66-Nagi Saied/37	50:43	162-Karen Diekmeyer/38/SUN60:09	

(Bidwell Marathon, Cont'd)

19-Dale Magnin/Reno	2:53:28
20-Manuel Hernandez	2:53:29
21-Monroe Rosenthal	2:53:35
22-Edward Forand, Jr.	2:55:45
23-Skip Seebeck/C'brg	2:55:56
24-Charles Knuth/SF	2:56:04
25-Jay Helgerson	2:56:12
26-Bryan Holmes/WVJS	2:56:26*
27-Bruce Delfante/Chico	2:56:48
28-Chad Hill/Palo Alto	2:56:57
29-Elliot Eisenbud	2:56:59
30-Clarence Hall/NVRC	2:56:59*
31-Brian Knight	2:57:31
32-A.F. McDonagh	2:58:18*
33-John Lumain/Chico	2:58:24
34-Juli Mastain/Chico	2:58:31F
35-Martin Fricke/Brkly	2:58:40
36-Dan Sullivan/R.C.	2:58:54
37-Tom Worman/Oroville	2:59:03
38-Jim Wholey/Saratoga	2:59:15

HALF-MARATHON

1-Gary Blume/Berkeley	65:38
2-Lynn Mentzer/Reno,NV	69:34
3-Steve Prader/Nevada	70:00
4-Lee Ferrero/SWEAT	70:05
5-Lyle Freeman/Reno,NV	70:10
6-Pat Miller/Berkeley	70:15
7-Bob Martin/Davis	71:44
8-Ken Alberg/Lodi	72:05
9-Frank Krebs/Orgvle	72:06
10-Joe Becerra/ETC	73:15
11-Erik Winnie/Sacto	73:26
12-Doug Rennie/BC	73:33
13-Richard Stiller/WVJS	73:34
14-Steve Daniels/Rdng	74:36
15-Dave Sophie/Chico	75:01
16-Mike Jordan/Rdng	75:11
17-Curtis Boehm/Orvle	75:10
18-Ed Stromberg/Sacto	75:37
19-Steve Growdin/Chico	76:36
20-Todd Martin/Nevada	76:40
21-William Davis/WVTC	76:47

39-Bill Gardner/Chico	2:59:32
40-Kent Castro/Chico	3:01:34
41-Pete Hanson/Colfax	3:01:53
42-Sam Simmons/Chico	3:01:53
43-Roberto Chavez/Chico	3:02:29
44-Michael Doud/Sacto	3:03:13
45-Sue Stricklin/WVTC	3:03:31F*
46-Brian Oldham/Fullrtn	3:03:31
47-Donald Samson/RohPk	3:04:15
48-Terence Clark/SF	3:04:59
49-Vic Martin/Sacto	3:05:37
50-Robert Ross/Chico	3:06:56
51-Tim Twietmeyer/Chico	3:07:16
52-Rich Mueller/LAltos	3:07:36*
53-David Hanley/Chico	3:07:45
54-Brian Moore/Modesto	3:08:11
55-Robert Johnson/Dnvle	3:08:19
56-Gus Hannickel/Loomis	3:09:17
57-Jim Sanders/Nevada	3:09:29
58-John Clark/CitHgts	3:10:04
59-Kevin Cimini/Sacto	3:10:07

22-John Frank/SummitCty	76:59
23-Ken Takao/Lodi	77:43
24-Gary Smith/Sacto	78:11
25-Lance Kuykendall/WVTC	78:13
26-Dan Alarid/Sacto	78:14
27-Kevin Grady/S.F.	78:20
28-Philip Storms/Wvrvle	78:28
29-Ken Garber/Redding	78:44
30-Steven Boutin/Davis	78:48
31-John Marchuk/Redding	78:58
32-Robert Williams/YC	79:02
33-Sammy Trujillo/Sacto	79:30
34-Jack Frost/Redding	79:35
35-Rick Edson/Davis	79:53
36-Paul Resignato/Chico	79:59
37-Robert Utley/Chico	80:01
38-Andy Park/Chico	80:40
39-Mark Bauman/Auburn	80:41
40-Mike Rowerdink/Stktn	80:57
41-David Klein/WalnutCrk	81:01
42-Buckley Hulsemann/RdBlf	81:02
43-Lamont Cranston/Wvrvle	81:03

MASTERS

60-Scott Hepburn/Rdng	3:10:54*
61-Woody Wooden/Linc	3:11:10*
64-Al White/Carmichael	3:12:38*
65-Ron Ogilvie/Nevada	3:12:55*
67-Sherman Welpton/Pmt3	3:12:59*
69-Geo. Billingsley	3:14:28*
74-Milton Schultze/Rdng	3:16:46*
75-Paul Favero/Sacto	3:16:59*
76-Larry Dion/Chico	3:17:27*
77-Richard Sands/Sonra	3:17:33*

95-Tracey Thayer/WVTC	3:24:17
96-Anna Arnault/S.F.	3:24:17
98-Kim Carter/Shasta	3:24:29
108-Molly Leabo/LGatos	3:27:58
109-Regina Silva/Rdng	3:28:12
110-Nora Crans/WVTC	3:28:29
111-Kay Johnson/Sacto	3:28:42
121-Cheryl White/Sacto	3:31:30
129-Wendy Taylor/Crmchl3	3:32:44
44-Glenn Reed/Redding	81:05*
45-Dan Harvey/Oroville	81:08
46-Michael Hicks/SanJose	81:12
47-Joe Sloan/Auburn/Abrn	81:13*
48-Ken Pulver/Reno,NV	81:26*
49-Robert Seals/Chico	81:28
50-Walt Betschart/BC	81:32*
51-Jeff Thompson/SCarlos	81:34
52-Marshall Gordon/Rdng	81:35
53-Michael McGie/Chico	81:39
54-Jill Symons/Chico	81:42F
55-Greg Williams/Chico	81:45
56-Charles Griffin/Chico	81:45
57-Mark Burch/Monterey	81:46

MASTERS

67-Bruce Johnson/CitHgts	82:47*
83-Gregory Ryan/Pdmt	84:40*
86-Lee Bunell/Redding	84:52*
97-Len Edholm/Redding	86:38*
102-Robert Hanna/Sacto	86:48*
108-Chan Griswold/Reno	87:23*
119-John Hood/Chico	88:50*



Doug Latimer led the masters at the Bidwell Classis Marathon with a fine 2:38:32, good enough for ninth place overall. /David Madison/

139-Tom Jennie/PaloCedro	90:10*
101-Cathy Oddone/Chico	86:48
116-Cindy Claiborne/Chico	88:22
124-Mary Ann Morse/WalCrk	89:08
168-Sandi Bohner/Plnston	92:25
179-Heidi Skaden/Sacto	93:29*
186-Rhonda Kinslow/Rdng	94:57
203-Joan Perkins/Sacto	97:04
211-Garima Hoffmann/SRosa	97:50
212-Heather Ryan/Piedmont	97:51

MAXWELL & BEARDALL STAR IN VALLEJO CHANNEL-TO-LAKE RUN (Mar. 4, Vallejo): - Canadian Brian Maxwell had little competition but still recorded a quick 51:02 for this traditional 10-mile run from downtown Vallejo. Second-placer Jan Sershen was a well-beaten second in 53:29. Darryl Beardall bested Kent Guthrie's winning time from 1978 (56:15) by running a very strong fifth place effort of 54:31. Note--The PA-AAU Handbook lists all records as set in 1978...we're not sure if the course has been changed or not, but there were some pretty swift records way before 1978, including a time of just under 48 minutes by Jon Anderson in the early 70's. Does anyone know if this is the same course as in the past? If so, the recordbook needs to be updated. Ralph Bowles just missed Guthrie's 1978 winning time with a 56:23, but was nearly two minutes behind Beardall! Elaine Miller's 66:31 was tops among the distaffers, and while her time bested Mary Gaffield's 74:08 time from 1978, we're not sure if it was a course record or not. At any rate, she easily defeated her competition, with Kathy Berggren's 72:33 being second. Barbara Carlson of the NorCal Seniors led the masters women with her 79:15. A total of 318 finished the race, which features at least one tough hill. /Ron Petriello/

1-Brian Maxwell/BASC	51:02
2-Jan Sershen/ETC	53:29
3-Mike McGrath/AGRC	54:17
4-Jeff Wall/ETC	54:30
5-Darryl Beardall/DIRT	54:31*
6-Mark Proteau/AGRC	54:50
7-Tom Kennedy/WVTC	55:03
8-Mike Conroy/ETC	55:08
9-Gary Alderman/DRR	55:16
10-Doug Butt/WVTC	55:44
11-David Muela/ETC	56:19
12-Mike Wright/KP	56:23
13-Ralph Bowles/Un	56:23*
14-Terry Hughes/CoyStr	56:49
15-Louis Grieco/Un	56:55
16-Ron Mellor/Auburn	57:06
17-Ted Pawlak/Un	57:10
18-Greg Chapman/Un	57:18
19-Andy Takaha/CW	57:23

20-Kurt Vineyard/KP	57:25
21-Joe Taxiera/AGRC	57:29
22-Mike Boucher/StanSchl	57:33
23-Ronald Souther/SolStr	57:35
24-Mike Warr/KP	57:42
25-Dave Cargill/KP	57:59
26-Anthony Bettencourt	58:14
27-Steve Sidney/DSE	58:14
28-Lloyd Sampson/Un	58:16
29-Tom Cathcart/WVTC	58:18*
30-Dean Harper/AGRC	59:12
31-Ross Smith/WVJS	59:13*
32-Karl Bacon/Un	59:28
33-Michael Deatherage/KP	59:44
34-Larry Pugh/KP	59:56
35-Dave Smith/Un	60:09
36-Thomas Lucas/WDS	60:22
37-C.S. Welty, Jr./Un	60:55
38-Hoyt Walker/LVRC	61:01

39-Tom Morrison/OCTC	61:02
40-Dave Houston/Un	61:19
41-Rip Talavera/Un	61:23
42-Kirk Hudson/Un	61:26
43-Robert Felsch/SolStr	61:32
44-Joe Burzynski/Un	61:45
45-Mike Levin/DRR	61:49
46-Grady Wright/DSE	61:50
47-Wes Hurlburt	62:17
48-Don Huff/PMK	62:18*
49-Rich Roadcap/SolStr	62:18
50-John O'Neill/Un	62:31
51-Art Portocarrero/Un	62:43
52-Nelson Togerson/Un	63:12
53-Harry Wyeth/LMJS	63:13
54-Max Hufferd/Un	63:19
55-Dan Fragoza/Un	63:21
56-Casey Casebolt/Un	63:30
57-Terry Chavez/MVS	63:38

58-Tim Burris/Un	63:41
59-Rich Hutchinson/SolStr	63:50
60-Marvin Winer/WVTC	64:21*
61-Walter Williams/WVJS	64:30*
62-Jim Fico/Un	64:33
MASTERS	
66-Dr. Bollinger/DWC	65:19*
72-Joe Dana/SolStr	65:24*
80-Bob Currie/Un	66:27*
87-Hank Fragoza/SolStr	66:52*
108-Gary O'Dell/Un	69:10*
110-Carl Howard/Un	69:28*
111-John Dougherty/DSE	69:36*
WOMEN	
82-Etaine Miller/WVTC	66:31
138-Kathy Berggren/Un	72:33
176-Ann Grove	76:57
182-Jody Mellor/Auburn	77:30
200-Barbara Carlson/NCS	79:15*

NABERS GRABS ANOTHER MARATHON WIN--NAPA VALLEY (Mar. 11, Napa): - Ron Nabers, running his umpteenth marathon over the past several months, added yet another title to his growing list with a 2:25:43 victory over teammate Daryl Zapata, who recorded a good 2:27:19 as the first two finishers were the only two under 2:30. Jim Liedtke's 2:49:08 PR led the masters competitors, with Napan Jim Engle next in 2:53:31. Joan Ulliot had the women's division to herself with a 3:02:32, and Gail Gustafson's PR 3:13:19 was good enough for the runnerup slot. Martha Maricle also recorded a PR (3:19:42) in leading the masters women across the line, finishing 144th place overall in a field of 444 finishers. The marathon was very well organized according to all reports we received, and it's apparent that this one will rapidly become one of the more popular local events at that distance. See next page for a listing of the top finishers in each division. /Chuck & Kaye Hall/



Ron Nabers ran 2:25:43 to win the Napa Valley Marathon...he is shown here winning the Avenue of the Olives Marathon in February. /Gary Mack/

(Napa Valley Marathon, Cont'd)

1-Ron Nabers/30/WVTC	2:25:43	32-Bob Malain/51/BC	2:54:43*	64-Joan Ulyot/38/WVTC	3:02:32F
2-Daryl Zapata/33/WVTC2	2:27:19	33-K. Yamauchi/30/Un	2:54:47	65-D. Malkin/38/Un	3:03:03
3-Mike McGrath/24/AGRC2	31:15	34-Tim Buscheck/24/Un	2:54:58	66-L. Wong/17/Un	3:03:28
4-Mark Proteau/27/AGRC2	31:43	35-B. Kuefner/28/Un	2:55:18	67-Tom Zavortink/39/PMK	3:03:57
5-Jim Barker/32/WVTC	2:34:20	36-J. Gibbons/34/ER	2:55:19	68-A. Webb/37/Un	3:04:04
6-D. Roeber/32/USAF	2:35:44	37-E. Bredthauer/29/MP2	2:55:21	69-K. Grady/26/Un	3:04:26
7-Pat Miller/28/Un	2:36:03	38-Pete Stein/33/TRAC	2:55:21	70-B. Denner/40/Un	3:04:27*
8-Joe McDevitt/33/WVTC2	36:12	39-M. Jones/35/VMRC	2:55:21	71-B. Wright/56/MPAC	3:05:13*
9-R. Lawrence/39/TAM	2:36:45	40-Ken Benjamin/34/DDS2	2:56:07	72-C. Moran/35/TAM	3:05:31
10-Terry Hughes/35/CS	2:37:45	41-T. Holliday/27/BTC	2:56:07	73-M. Thompson/40/Un	3:06:22*
11-Dan Williams/30/WR	2:38:08	42-Leo Ruiz/39/Un	2:57:05	74-David Williams/36/NVR3	3:07:17
12-M. Warr/17/SS	2:38:29	43-Walt Van Zant/39/Un2	2:57:08	75-S. Kahn/30/CN	3:07:29
13-Michael Brown/27/ETC2	40:44	44-B. Stainbrook/25/BC2	2:57:16	76-K. Bollinger/52/OC	3:07:41*
14-D. James/29/Un	2:42:04	45-D. Schrock/26/Un	2:57:54	***MASTERS***	
15-H. Perez/28/Un	2:43:40	46-M. Robinson/26/Un	2:57:56	77-Stuart Ruth/42/PMK	3:07:48*
16-Frank Ruona/33/Un	2:43:47	47-R. McKenzie/44/Un	2:58:10*	78-Ron Kovacs/40/TRAC	3:09:10*
17-D. Doris/33/VMRC	2:43:47	48-John Naylor/54/WVJ	2:58:12*	94-Tom Pinkard/41/Un	3:10:30*
18-D. Nieman/28/NVRC	2:47:43	49-M. Quinnine/35/Un	2:58:14	97-Don Lucero/51/WVTC	3:11:25*
19-T. Masterson/32/DSE	2:48:12	50-E. Jones/29/Un	2:58:16	98-Mike Paradis/40/Un	3:11:50*
20-Tim Lee/20/NVRC	2:48:14	51-M. Jacobs/28/Un	2:58:25	103-Jess Chavez/47/DSE	3:13:08*
21-Jim Liedtke/41/Un	2:49:08*	52-T. Clancy/32/ER	2:58:34	107-N. Kawasaki/40/DMTC	3:13:50*
22-Ed Jerome/35/TRAC	2:49:41	53-M. Doud/30/Un	2:58:48	***WOMEN***	
23-B. March/19/CS	2:51:02	54-H. Wald/26/Un	2:58:56	104-Gail Gustafson/36/WV	3:13:19
24-Jay Helgerson/24/Un	2:52:31	55-D. Keeley/36/Un	2:59:33	126-Ann Neeley/40/TAM	3:16:29*
25-K. Gaa/39/Un	2:53:19	56-D. Edgar/40/Un	2:59:41*	139-Sally Savitz/36/PMK	3:18:49
26-Jim Engle/42/NVRC	2:53:31*	57-Fred Dunn/57/PMK	3:00:11*	144-Martha Maricle/45/NCS3	3:19:42*
27-R. Herold/30/ER	2:53:34	58-J. Ceremony/16/Un	3:00:27	161-B. Kleveland/29/CPTC	3:22:07
28-B. Suits/20/Un	2:53:39	59-S. Radigan/27/Un	3:00:34	170-Nancy Lane/24/WVTC	3:23:47
29-D. Bollman/27/VMRC	2:53:39	60-D. Hill/35/Un	3:01:19	182-Daphne Dunn/32/PMK	3:25:32
30-D. Chairez/19/Un	2:54:00	61-J. Rader/39/CN	3:01:29	189-Ann Bower/21/PMK	3:26:42
31-R. Sylvester/36/HR	2:54:39	62-D. Ketelsen/19/NVRC3	3:01:43	190-F. Harp/30/Un	3:27:11
		63-D. John/24/Un	3:02:01	203-L. Bernardin/24/Un	3:30:30

TUTTLE DOMINATES PLEASANT HILL 10K (Mar. 11, Pleasant Hill): - Ex-Humboldt Stater Gary Tuttle, now running for Team Inside Track, came up from Ventura to run away with the individual title in a good 30:38. Camino West standout John Moreno was a distant second at 31:31, with Bill Seaver third at 33:11. Kent Guthrie ran his usual consistent race to down Ulrich Kaempf in the masters division, 35:05 to 35:32, with Myron Nevraumont a distant third in 37:10. Vivian Soderholm-Difatte, ex-Stanford runner, ran an excellent 38:20 to easily outdistance Cinderella standout Kerry Brogan, who clocked 39:03. High schooler Chris Manning of Orinda Track Club was next in 39:13. Karen Scannell picked up yet another win in the masters women's division with her 43:30, over one minute in front of Vicki Bigelow's 44:47. A great turnout of 1100 (finishers) made for a very successful first-time race. /Gary Santos/

1-Gary Tuttle/31/TIT	30:38	34-Dave Perlman/17/Un	35:55	67-Johnny Lopez/14/Un	37:25
2-John Moreno/23/CW	31:31	35-Mark Spencer/15/Un	35:56	68-Brian Immoos/15/Un	37:27
3-Bill Seaver/29/WVTC	33:11	36-Scott Wilson/16/Un	35:56	69-Edward Agius/25/Navy	37:28
4-Steve Slawson/26/CMA	33:17	37-Anthony Robinson/17/Un	35:57	70-Ron Peck/37/NCS	37:29
5-Harvey Franklin/35/WV	33:24	38-Paul Hill/15/Un	36:00	71-Tom Guerin/24/SFOC	37:30
6-Jeff Farmer/20/Chabot	33:32	39-Thomas Lambie/29/Un	36:01	72-Jim Moore/43/Un	37:34*
7-Chris Otis/19/Un	33:41	40-Andy Wolfe/16/Un	36:04	73-Robert Dobson/31/Un	37:35
8-Michael Immoos/18/Un	33:42	41-Dave Zumwalt/27/PMK	36:08	74-Leonard Gilliana/26	37:37
9-Bret Baffert/18/WVTC	33:43	42-Tim Rostege/38/WVTC	36:10	75-Jon Harmon/15/Un	37:37
10-Jay Marden/15/WVTC	34:05	43-Sargon Nona/27/Un	36:15	76-Tom Barlow/15/Un	37:38
11-Michael Duncan/29/WVTC	34:08	44-Greg Nelson/32/SSS	36:17	77-Robert Anderson/15/SS37	37:42
12-Mike Emry/22/CW	34:21	45-P. Stefaniski/15/SSS	36:18	78-Bobby Yee/29/Un	37:44
13-Roy Hoglund/22/CW	34:21	46-Ken Takao/18/Un	36:18	79-Rick Piper/24/Un	37:46
14-Scott MacDonald/19/Un	34:30	47-Dennis Reager/35/SFRC	36:21	80-Mike Delisi/20/Un	37:49
15-Gary Singer/24/Un	34:38	48-A. Bettencourt/26/Un	36:22	81-Robert Vorse/17/Un	37:50
16-Bryan Carroll/14/Un	34:44	49-Michael Boucher/26	36:23	82-Mark Samuelson/25/RC	37:52
17-R. Tierraflia/25/Un	34:50	50-Karl Romano/32/DRR	36:30	83-Sammy Trujillo/32/Un	37:56
18-Gary Alderman/35/DRR	34:52	51-Tom Castro/32/Un	36:34	84-Jeff Thompson/18/Un	38:00
19-Dan Anderson/26/WVTC	34:53	52-Rae Clark/27/Un	36:39	85-Bryan Holmes/44/WVJS	38:01*
20-Jeff Grubbs/16/Un	34:56	53-Howard Machek/16/Un	36:41	***MASTERS***	
21-Daniel Rubio/18/Un	34:57	54-Olin Boschker/39/Un	36:41	115-Richard Keene/41/NCS	38:55*
22-Nick Winter/36/LVRC	35:00	55-Frank Matull/15/Un	36:41	121-Siegfried Mattern/42	39:01*
23-Kent Guthrie/42/WVJS	35:05*	56-David Gowen/32/Un	36:50	125-Dan Halvorson/45/BC	39:07*
24-Ken Alberg/18/SUND	35:09	57-Dennis Kilian/20/Un	37:02	131-Ron Grabowski/42/Un	39:14*
25-Jesse Colvin/16/Un	35:10	58-Myron Nevraumont/44/WV37	10*	132-Robert Gehl/50/DSE	39:16*
26-Ronald Souther/17/SS	35:15	59-John Monteverdi/32/LMJ37	13	137-Philip Stone/42/DRR	39:22*
27-Ulrich Kaempf/48/TRAC	35:32*	60-Marc Lund/29/WVTC	37:16	138-Warren Moorman/43/PMK39	22*
28-W. Thibodeaux/22/WPTC	35:36	61-Allen Robertson/23/Un	37:17	140-Richard Vincent/47/Un39	27*
29-Ken Apperson/15/CW	35:39	62-Ted Franse/16/Un	37:18	141-Gerald McMahon/41/DRR39	29*
30-Bill Murphy/28/DSE	35:45	63-Paul Alvarez/17/Un	37:18	151-Marvin Winer/41/WVTC	39:39*
31-Scott Molina/19/DM	35:48	64-Jonathan Coleman/18/Un37	18	156-Jack Jamieson/45/ORR	39:46*
32-Tim Jordan/39/BC	35:50	65-John Carey/16/Un	37:23	169-Lee Sorenson/51/ORR	40:20*
33-Ted Pawlak/22/Un	35:54	66-Dave Fishback/18/Un	37:25	***WOMEN***	
				99-Vivian Soderholm/22	38:20



Vivian Soderholm-Difatte upset Kerry Brogan in winning the 1st Annual Pleasant Hill 10K in a time of 38:20. /Don Melandry/

122-Kerry Brogan/16/SJC	39:03
130-Chris Manning/15/OTC	39:13
161-Marcia White/15/Un	39:51
176-Maria King/14/Un	40:33
199-Sue Brusher/24/LMJS	40:58
200-Nanette Garcia/11/SJC	40:58
251-Mary Pat Kroyer/23/Un	42:16
263-Denise Bigelow/17/Un	42:27
275-Pat Whittingslow/39/WV	42:47
303-Karen Scannell/40/PMK	43:30*
305-Sandy Kutulas/17/Un	43:33
319-Carol Hewitt/30/Un	43:46
327-Laury Belzer/33/LMJS	43:54
332-Kathy Way/18/Un	44:00

MACDONALD AND BIER REPEAT AS WINNERS AT SAN JOSE MERCURY NEWS RUN (Mar. 18, San Jose): - Running on a corrected (10Km) course this year, WVTC's Duncan Macdonald and Club Northwest's Don Kardong waged a nip-and-tuck battle most of the way, with local favorite Macdonald pulling ahead in the latter stages with a 29:14.7 victory to defend his 1978 title and win a trip to either Boston or Hawaii. Ben Wilson, who pressed the pace for the first four miles, finally dropped back to finish third in 29:45. Bob Welck had a good battle with Oregonian (& former Athens AC star), Ray Hatton, in pulling out the masters title, 32:41 to 32:47. He also repeated as divisional champion. Roxanne Bier's 35:17 easily won over Kathy Perkins (36:53) as she defended her title too (more).

(San Jose Mercury/News Run...)

--Note: No age or sex designations in results so we won't list masters & hope we didn't miss any women in top 500.--

1-Duncan Macdonald/WVTC	29:15	49-Keith Kruse/Puma TC	33:24
2-Don Kardong/CNW	29:19	50-Kevin Hunter	33:28
3-Ben Wilson	29:45	51-Joe Salazar	33:30
4-Tony Ramirez/FPTC	30:06	52-Dan Stefanisko	33:32
5-Michael Cassaday/WVTC	30:29	53-Bill Meinhardt/WVJS	33:34
6-Jim Hartig/FPTC	30:31	54-Gerald Slibsager	33:36
7-Wayne Badgley/SUND	30:34	55-Alan Swenson	33:37
8-Mike Porter/WVTC	30:40	56-Craig Chore	33:39
9-Brad Duffey/Un	30:41	57-Dave Levitsky/WVTC	33:43
10-Brian Maxwell/BASC	30:42	58-Robert Rupprecht	33:47
11-Scot Walter	30:43	59-John Igel	33:50
12-Dan Predmore	30:43	60-Danny Ramirez	33:52
13-Bill Seaver/WVTC	30:53	61-Layne Rolston	33:52
14-Ted Quintana/WVTC	30:55	62-Raymond Miller	33:53
15-Bill Clark/WVTC	30:58	63-Paul Hopkins	33:59
16-Wayne Hurst	31:28	64-Scott Kinzy	33:59
17-Bart Petracca	31:28	65-Andrew Hyde	34:01
18-Tom Laris	31:32	66-Don Dugdale/MPAC	34:02
19-Ramsay Thomas/WVTC	31:39	67-Alex Gonzalez	34:10
20-Hank Lawson	31:48	68-Pete Kraus	34:12
21-Michael Gulli/Skyline	31:50	69-Mike Lucas	34:13
22-Dennis O'Halloran/AGRC	31:53	70-Tim Rostege/WVTC	34:14
23-Dale Fletcher	31:57	71-Santos Reynaga/WVTC	34:16
24-Gregg Szanto	31:58	72-Ken Apperson/CW	34:19
25-Tad Woliczko	32:03	73-Steve Lorenz	34:20
26-Paul Sechrist	32:07	74-Dennis McMaster	34:25
27-Timothy Chain	32:18	75-Felix Soto/Mt.Pleasant	34:26
28-Jeff Parietti/WVTC	32:23	76-Lewis Grieco	34:27
29-Curtis Karbowski	32:30	77-Sargon Nona	34:29
30-Gary Singer	32:32	78-David Hunt	34:29
31-Scott Cooper	32:33	79-Jerry Taylor	34:31
32-Lester Mina/AGRC	32:34	80-William Dunn	34:38
33-Jerry Hall	32:34	81-Nelson Bernal	34:41
34-Harold Huff	32:37	82-Bruce Williams	34:41
35-Robert Welck/WVJS	32:41*	83-Joe Rubio	34:45
36-Jeff Farmer	32:43	84-Glen Pruitt	34:45
37-Jay Marden/WVTC	32:44	85-Robert Nunes	34:46
38-Dean Clark	32:44	86-Jessie Colvin	34:47
39-Ray Hatton/Oregon	32:47*	87-Dan Dierken	34:47
40-Bob Martin	32:52	88-Jerome Lewis/TRAC	34:48*
41-Paul Gyorey	33:02	89-Andy Takaha/CW	34:49
42-Daniel Gonzalez	33:05	90-Hoyt Walker/LVRC	34:52
43-David Parish/WVTC	33:08	91-Larry Eder	34:52
44-Bruce Wolfe/WVTC	33:08	92-Roger Morton	34:57
45-Murray Demo	33:09	93-Rae Clark	34:58
46-Dave Vellequette	33:13	94-Manny Mahon	35:07
47-Nick Winter/LVRC	33:14	95-Dave Stock/AGRC	35:08
48-Rich Bega	33:17	96-Jerry McFadden/WVTC	35:08
		97-Roxanne Bier/SJC	35:17
		98-Phil Sanfilippo/WVJS	35:17
		99-Gerhardt Behrens	35:20
		100-Jerry Sandoval	35:26
		101-Jim Moore	35:36
		102-Keith McNad	35:37



(Left) Don Kardong and (right) Duncan Macdonald, ponder the outcome of the 2nd Annual San Jose Mercury News Run, won by "Dunc" in a swift 29:15. Both won trips to Hawaii or Boston...Macdonald by virtue of winning and Kardong by a draw. /Mercury News/

103-Dee Baltzer	35:37*	131-Fred Rios	36:11
104-Lawrence Crider	35:38	132-Jim Moyles	36:13
105-Andrew Martinez	35:41	133-Steven Specker	36:14
106-Joe Mercado, Jr.	35:42	134-Michael Gourley	36:17
107-Dan Currier	35:43	135-Don DeLay	36:18
108-James Owen	35:48	136-Robert Anderson	36:20
109-Michael L'African	35:48	137-Phil Darnall	36:20
110-Ed Jerome/TRAC	35:50	138-Thomas Morrison	36:21
111-Dave Moore	35:50	139-Jim Tran	36:22
112-Robert Torres	35:54	140-Fred Eubank	36:23
113-Ray Clemo	35:54	***WOMEN***	
114-Leonard Gilliana	35:55	159-Kathy Perkins/SJC	36:53
115-Mohammed Musvee/WVTC	35:56	164-Pat English/WVTC	36:58
116-Rick Riordan	35:57	202-Nanette Garcia/SJC	37:40
117-Dale Londre	35:57	217-Penny Goldthorpe/HMBHS	37:51
118-Carl Dobbins	35:59	235-Irene Rudolf/WVTC	38:13
119-Vincent Mocini	36:00	257-Tena Anex/AGRC	38:34
120-Steve Radigan	36:00	265-Cathy Demmelmaier/SJC	38:43
121-Robert Pauley	36:00	284-Mary Wilson	38:55
122-Ron Palero	36:01	314-Pauline Vasquez/SJC	39:21
123-Jose Llamas	36:01	345-Becky Schmidt/HMBHS	39:38
124-Martin Robinson	36:01	358-Sharlene Rogers	39:43
125-Babe Ramirez	36:03	423-Diana Davis	40:01
126-John Barrauca	36:04	424-Lindy Hayes	40:01
127-John Hidalgo	36:05	458-Erika Wiemann	40:11
128-Charles Freeman	36:06	472-Diane Young	40:15
129-Robert Gehl/DSE	36:08*	493-Lynn Lockhart	40:22*
130-Harvey Sandoval	36:09	499-Carmen Ochoa	40:25*

RECORDS TUMBLE AT NOR-CAL 10-MILER (Mar. 24, Redding): - Despite moving the date back several months to take advantage of cooler weather, temperatures proved unseasonably warm (70's)...tolerable but not ideal. That didn't seem to matter much to Lee Ferrero, however, as he ran to a course record by some 17 seconds, breaking Jim Price's two-year-old mark of 55:32. Second-placer Rick Martinez was also under 56 minutes with a fine 55:51. Records also fell to Glenn Reed (61:25) in the masters division and to Kim Carter (women), who notched a good 66:58. Old marks were held by Bob Malain (62:58 in 1977) and Merrill Cray (73:07 in 1977). A total of 157 finished. In the companion 3-miler, results were marred by a wrong turn near the finish by the top five runners...resulting in them running 2.758 miles (everyone else ran 2.864 miles...different from previous years since a last-minute change in the course had to be made). Times below are listed as ran, but in italics, thus designating a shorter course for the top five. John Frank's 14:00 led Bill Joseph (14:06) in a tight finish. New master Walt Schafer did 15:44 to dominate that division, with Robert Ross (17:30) nearly two minutes back. Elona Schreder's 18:34 topped the women, with Rhonda Kinslow next in 18:46. In the shorter race, there were 161 finishers. /Tom Hayes/

2.864 MILES			
1-John Frank	14:00	7-Walt Schafer/CRC	15:44*
2-Bill Joseph/Sac'to	14:06	8-Wayne Riddle/Wvrvle	15:45
3-Tom Klousner/Redding	14:15	9-John Marchuk/Redding	15:47
4-Dan Ralston/Redding	14:28	10-Mark Little/Shngletwn	15:47
5-Robert Mazzei/Weed	14:42	11-Marty Wilder/Redding	16:13
6-Steve Daniels/Redding	15:37	12-Mac Forbes/Redding	16:21
		13-Paul Husten/Redding	16:23
10 MILES			
1-Lee Ferrero/SWEAT	55:15	9-Al Masterson/SWEAT	59:01
2-Rick Martinez/Eugene	55:51	10-Rodney Smith/SRRRC	60:37
3-Mike Ercolini/Sacto	56:18	11-Philip Storms/Wvrvle	60:43
4-Jack West/ChicoRC	56:58	12-Glenn Reed/SWEAT	61:25*
5-Bob Woodliff/DSE	57:18	13-Larry Pugh/SS	61:38
6-Ted Pawlak/SanJose	57:21	14-Ron Medel/Redding	62:25
7-Greg Nelson/SSS	58:10	15-Brian Knight/RnchoCord	62:26
8-Bill Parr/SWEAT	58:44	16-Dick Look/SWEAT	62:48
		17-Dan Hartland/Redding	63:07
		18-Jim Fischer/Redding	63:20
		19-Dan Villegas/Redding	63:35
		20-Michael Powell/CRC	63:38
		21-Glenn Walbridge/Shsta	63:47
		22-Fred Bailey/Chico	63:50
		23-Bill Gardner/CRC	63:53
		MASTERS	
		32-Lee Bunnell/SWEAT	66:45*
		39-Milt Schultz/SWEAT	67:39*
		41-Dave Martinez/Concord	68:18*
		42-Len Edholm/SWEAT	68:29*
		43-Scott Hepburn/SWEAT	68:31*
		WOMEN	
		34-Rim Carter/RTC	66:58
		49-Leann Knedler/RedBluff	69:49
		57-Sabrina Schreder/RTC	71:04
		66-Merrill Cray/CRC	71:44
		74-Regina Silva/SWEAT	73:35

LONG DISTANCE RESULTS

(Masters Western Regionals, Cont'd...) 110mH: /40-44/ Thomas/Una 15.46, Fuller/NCS 16.06; /45-49/ 2-Parish/NCS 16.40; 400mH: /40-44/ Thomas/Un 60.44; 5000mWalk: /50-54/ 2-Siitonen 29:44; 400mR: /30-39/ 3-WVTC 43.80, /40-49/ 2-NCS 45.42, /W40-49/ NCS 54.06; 1600mR: /30-39/ 2-WVTC 3:28.5; LJ: /W40-44/ 2-Ligon/NCS 14.1, /W45-49/ Obera/NCS 14-0½; SP: /65-69/ York/NCS 41-10, /W40-44/ Sherrard/NCS 37-7½; HT: /65-69/ York/NCS 97-2; JT: /40-44/ Stuart/Macc 235-0, Conley/Un 204-8; HJ: /35-39/ Brown/NCS 6-4½, /40-44/ Walker/WDS 5-4, Conley/Un 5-2, /W40-44/ Sherrard/NCS 4-6; DT: /W40-44/ Sherrard/NCS 91-11. /R.E. Ferguson/

ALL-COMERS MEET (Jun. 28, Los Gatos): /OPEN/ 440R: SJCC 42.0; 880: Webster/PCC 1:56.4; 70HH: Phillips/SJCC 8.45; 100: Lofton/Stan 9.45; 440: Phillips 48.4; Mile: Hurst/WVTC 4:25.6; 220: Krullee/PW 21.5; 330LH: Malcum 37.8; 2 Mi: Hurst 9:23.1; TJ: Bates/Un 47-5; PV: Bockmiller/BAS 16-6; HJ: Gibbs/SJS 7-0; LJ: Bates 22-11½; SP: Marks/WVTC 59-2; DT: Plucknett/WVTC 205-10; /HIGH SCHOOL/ 70HH: Sanders 8.5; 440: Green/Cubb 50.2; PV: Jenke 13-6; /GIRLS/ 880: Orlrich/SJC 2:26.1; 100: Rockwell /PA 11.3; 440: Upshaw 60.8; HJ: Nicholas 5-2; LJ: Bell 17-0½; /MASTERS/ 100: Springbett 10.7. /Glenn Harmatz/

ALL-COMERS MEET (Jul. 5, Los Gatos): /OPEN/ 440R: Pacific West 43.3; 880: Nicklin/DA 1:53.6; 70HH: Dixon/Un 8.3; 100: Krullee /PW 9.6; 440: Dorosen/SJCC 48.8; Mile: Hurst/WVTC 4:19.8; 220: Phillips/SJCC 21.5; 2 Mi: Sayre/Un 9:07.1; PV: Bockmiller/BAS 16-6; DT: Plucknett/WVTC 212-1; LJ: Bond/WVTC 22-10½; HJ: Gibbs/SJCC & Embree/GBT 6-11; SP: (Exhib) Oldfield 65-10½; /HIGH SCHOOL/ 70HH: Sanders/Scz 9.0; 330LH: Daley/LGHS 39.8; SP: Krueger/LA 58-6; HJ: Washington/Ind 6-2; PV: Ellis/M-A 13-6; /GIRLS/ 60LH: Upshaw/Berk 8.2; 100: Rockwell 11.2; Mile: Orlrich/SJC 4:54.2; 330LH: Upshaw 46.8; DT: Zaphiropoulos/Un 145-4; HJ: Nicholas/Wsmt 5-4; SP: Zaphiropoulos 42-10; 220: Douglas/Un 26.8. /Glenn Harmatz/

PAN AMERICAN GAMES (Jul. 7-14, San Juan, PR): /MEN/ 800m: 1-Robinson/ICAC 1:46.3, 2-Juantorena/Cuba 1:46.4; 20Kwalk: 1-Bautista/Mex 1:28:15, 2-Pyke/SSC 1:30:17; PV: 1-Simpson/Canada 16-10 3/4, 2-Woepse/SJS 16-6 3/4; SP: Laut/UCLA 66-4, 4-A. Feuerbach/AW 61-10½; DT: Wilkins/AW 207-8; /WOMEN/ HJ: Ritter/US 6-4(AR), 2-Spencer/Cal 6-1 3/4; LJ: McMillan/US 21-2½, 5-Frederick/LAN 20-0½; SP: 1-Sarris/Cuba 61-8½, 2-Seidler/Stars 60-11½; JT: 1-Colon/Cuba 204-5, 2-Cannon/ML 185-4, 3-Sulinski/ML 185-2; Pent: Konihowski/Can 4605, dnf-Frederick/LAN. /Cava/

ALLCOMERS MEET (Jul. 12, Los Gatos): /OPEN/ PV: Hintnaus/Un 16-6; HJ: Gibbs/SJCC 7-0; LJ: Bond/WVTC 23-2 3/4; SP: (Exhib) Oldfield 64-5; SP: Feuerbach/Un 63-6; DT: Burns/Un 211-5; 2 Mi: Blume/Cal 8:41.6; 880: Nicklin/DA 1:55.0; 70HH: Crows-Tey/SFCC 8.5; 100: Krullee/PW 9.5; 440: Trask/PW 48.1, DeRosans /SJCC 48.1; Mile: Berry/WVTC 4:19.0; 220: Krullee/PW 21.6; /HIGH SCHOOL/ HJ: Bergbauer 6-2; SP: Kreuger/LA 55-11½; DT: Johnson 148-10; 70HH: Sanders/Scz 8.65; 100: Bostic/Gunn 10.0; Mile: Hoch/CW 4:29.2; 220: Bostic/Gunn 22.8; /GIRLS/ HJ: Nicholas/UCLA 5-4; DT: York/Un 137-6; 60LH: Horn/Un 8.6; 100: Rockwell/Un 11.3; Mile: Regan/Camden 5:00.0; /MASTERS/ 100: Latorre 11.6; Mile: Lewis/TRAC 4:46. /Glenn Harmatz/

ALL-COMERS MEET (Jul. 19, Los Gatos): /OPEN/ 880: Nicklin/DA 1:57.0; 70HH: Phillips/SJCC 8.7; 100: Phillips 9.6; 440: Phillips 48.1; Mile: Cassaday/WVTC 4:19.0; 220: Krullee/PW 21.4; 2 Mi: Goettelmann/WVTC 9:26.3; DT: Burns/Un 202-9; HJ: Embree, Haber & Reinhart 6-10; SP: (Exhib) Oldfield 63-6; LJ: Bond/WVTC 21-10½; PV: Lynn 15-6; /HIGH SCHOOL/ 880: Hoch/CW 2:01.0; Mile: Spicer 4:33.2; 2 Mi: Hoch/CW 9:47.8; DT: Johnson/SJ 151-10; HJ: Morgan/SJ 6-5; LJ: Harris/Leland 23-3 3/4; /GIRLS/ 60LH: Upshaw/Berk 8.4; Mile: Fox/Homstd 5:04.0; 220: Chewing/Sara 26.1; HJ: Nicholas/Wsmt 5-4; LJ: Campbell/DM 17-2½; /MASTERS/ 100: Hansen 11.2...Koppel/NCS(66) 12.1(WR); Mile: Van Zant/WVJS 4:51.8. /Glenn Harmatz/

ALL-COMERS MEET (Jul. 26, Los Gatos): /OPEN/ 100: Phillips/SJCC 9.6; 220: Krullee/PW 21.7; 400m: Phillips 48.8; 800m: Nicklin /DA 1:53.4; 1500m: Cruz/PW 3:58.5; 5000m: Blume/Cal 14:06.1; 70HH: Phillips 8.67; 330IH: H. Smith/Un 39.8; HJ: Gibbs/SJCC 6-8; PV: Bockmiller/BAS 16-0; DT: Burns/Un 211-5; TJ: Waldo/DA 46-4½; SP: (Exhib.): Oldfield 65-5; LJ: Turner/Un 24-0; /HIGH SCHOOL/ 100: Harris 9.9; 1500m: Bergstrom/LG 4:16.1; 70HH: Durand/Fre 8.9; 800m: Johnson/Pet 1:59.5; 200m: Jones 22.0; PV: Mahoney/M-A 14-0; DT: Johnson/Pet 160-11½; SP: Kreuger/LA 56-4; /GIRLS/ 100: Rockwell/Un 11.4; 220: Chewing /Sara 26.9; 400m: Cardinas/Un 59.8; 60LH: Upshaw/Berk 8.5; 800m: Yaninek/SJC 2:22.2; HJ: Nicholas/Wsmt 5-4; LJ: Rockwell /Gunn 17-8; Mas-100: Springbett 10.8; Mas-Mile: VanZant 4:53.0

SPA-AAU 25-KILO (Mar. 3, Ventura): 1-Babiracki/SFV 1:17:15, 2-McMullen/SMTC 1:17:41, 3-Smead/TIT 1:17:46, 4-Tuttle/TIT 1:18:56, 5-Mason/AIA 1:19:39, 6-D. Waltmire/AIA 1:20:00, 7-Arquilla/AIA 1:22:15, 8-Brown/SFV 1:22:54, 9-Dettmer/Un 1:24:06, 10-Engel/TIT 1:24:10...15-Brennand/SBAA(40+) 1:25:16, 24-Burgasser/STC 1:28:42, 33-Clark/SCS 1:30:26, 96-Jacqueline Hansen /SFV 1:40:14, 102-Therese Kozlowski/PCP 1:41:47...290 finished. Winning Team: AIA (1:22:38 Aver.). /John Brennand/

INDIAN VALLEY X-C (Mar. 10, Novato): /5 Mi./ 1-Beardall(40+) 28:04, 2-Coburn 28:21, 3-Helfet 29:27, 4-Kiernan(40+) 29:29, 5-Watkins 29:32, 6-Griffin 29:45, 7-Ridout 29:48, 8-Wilson 30:00, 9-Belzer 30:04, 10-O'Reilly 30:20...44-Donna Andrews 33:52, 51-Leslie Brown 35:09, 54-Susan Mitchell(40+) 35:33... 262 finishers. /Dr. James Platt, Jr./

PAMAKID LAKE MERCED RELAYS (Mar. 11, San Francisco): /23.5 Mi. - 5 persons/ 1-Running Nutz(Aggies) 1:54:18, 2-Excelsior TC 1:55:47, 3-Pamakid 1:56:14, 4-Excelsior "B" 1:56:15, 5-Tamalpa Marauders 2:03:13, 6-Marin Racers 2:03:44, 7-Fox's Bunch 2:03:58 (3 men over 33 & 2 women), 8-Solano Striders 2:03:59, 9-Los Fantasticos 2:05:04, 10-Excelsior Denotes 2:05:20...12-Pamakid Masters 2:10:20, 15-Tamalpa Masters 2:12:19...57-Excelsior Women 2:35:41...103 teams. /Pat Cummeen/

PA-AAU 50-KILO (Mar. 18, Davis): 1-Mike Fanelli/PMK 3:05:13, 2-Hamer/WVTC 3:07:51, 3-Bunnell/TAM 3:09:36, 4-Cooper/WDS 3:11:14, 5-Bowles/WVTC 3:13:55, 6-Beardall/MR(40+) 3:25:13, 7-Maher/MR 3:25:47, 8-Nieman/NVRC 3:26:17, 9-Choi/WDS 3:28:09, 10-Williams/SoqRC 3:29:24, 11-Miller/RCRC 3:29:24, 12-Zumwalt/PMK 3:33:56, 13-Lucas/WDS 3:37:40, 14-Larsen/PMK 3:44:28, 15-Catlin/AGRC 3:45:55, 16-Catanese/MR(40+) 3:49:20...24-Branham/WVTC(40+) 3:59:09, 32-Marcy Schwam/Un 4:06:32, 40-Peggy Stok/WDS 4:20:17...69 finished. Teams: (Sr. Men) WDS 10:17:03, WVTC 10:20:55, PMK 10:23:37; (Masters) PMK 12:40:41, BC 12:55:43; (Sr. Women) WDS 13:32:40, BC 14:25:10. /Underwood/

NIKE-CATALINA MARATHON & 10-KILO (Mar. 24-25, Santa Catalina Is.): /Marathon/ 1-McDermott/Whittier 2:45:12, 2-Bozanich/SDTC 2:46:54, 3-Hurley 2:58:04, 4-Hallanan 2:58:41, 5-Wayne/BASC 3:04:12...15-Tocco(40+) 3:15:42, 28-Jacqueline Hansen 3:26:51. /10 Kilo/ 1-Babiracki 30:12, 2-Smead/TIT 30:33, 3-Wayne/BASC 31:23, 4-Arquilla/AIA 31:27, 5-Guaderrama 31:55, 6-Day/SDTC 32:20, 7-O'Boyle 32:43, 8-Opperman 32:47, 9-Luiken 32:53, 10-Botke 32:57...23-Crum(40+) 35:16, 44-Sue Krenn/SDTC 37:06, 49-Terrie Brown 37:35...819 finished. /John Brennand/

HANG TEN/YMCA 10-MILE (Mar. 24, San Diego): 1-Clouse/JT 50:05.6, 2-Trup 50:40, 3-Barton/NZ 51:29, 4-Buckingham/JT 51:58, 5-Burch 52:56, 6-Wayne Buckingham 53:09, 7-Peters 53:19, 8-Campbell 53:38, 9-Snyder 54:07, 10-Fountain 54:45...26-Collins(40+) 58:35, 37-Laurie Binder 59:07...611 finishers. /George Green/

AMERICAN RED CROSS--RUN FOR YOUR LIFE (Mar. 25, Novato): /3 Mi./ 1-Timmerman/MR 15:12, 2-CoTombet 15:49, 3-Turrini 16:51, 4-Ryan 16:54, 5-Singer 17:13, 6-Hughes 17:27, 7-Ramstad 17:32...24-Sally Savitz 20:23...110 finished. /10 Km/ 1-Quintana/WVTC 31:47, 2-Knudson 33:33, 3-Degen 33:35, 4-Rustad 33:48, 5-Morse 34:38, 6-Moyles 35:17, 7-Stanbridge 35:32...9-Kiernan(40+) 36:11, 55-D. Strada 40:52F...209 finishers. /Lee Strauss/

RUN FOR LIFE MARATHON (Mar. 25, Davis): 1-Schelegle/AGRC 2:32:52, 2-Wall/ETC 2:34:54, 3-Hoschler 2:40:48, 4-Bowles/WVTC 2:42:21, 5-Underwood/BC (40+) 2:50:19...see next pg.



Ted Pawlak, winner of Pinole Marathon in 2:38:19 (see next page for results. /Paul Mack/

(Run For Life Marathon, Cont'd...) 6-Hedges 2:50:50, 7-Alvarez 2:51:38, 8-Helgerson 2:57:50, 9-Eisenbud 2:58:50, 10-Sylvester 2:59:04, 11-Yamauchi 2:59:07, 12-Sloan(40+) 3:02:33...4-Joan Reiss 3:28:56...115 finishers. /HALF-MARATHON/ 1-Serphen/ETC 68:56, 2-Sevald/ETC 70:04, 3-Flores/AGRC 70:21, 4-Wilson 74:55, 5-Sidney 76:10, 6-Hamer/WVTC 76:19, 7-Kuykendall/WVTC 76:22, 8-Basinger 77:32, 9-Coke(40+) 78:39, 10-Lyons 79:08...22-Elaine Ivaldi-Miller/WVTC 1:26:05, 42-Karen Rosenblatt/AGRC 1:31:18... 295 finishers. /Suicide Prevention Service of Sao'to/

PINOLE MARATHON (Apr. 1, Pinole): /Tough, hilly course/ 1-Ted Pawlak 2:38:19, 2-Nieman/NVRC 2:46:43, 3-Molina 2:51:24, 4-Kearns 2:52:52, 5-Helgerson 2:55:56, 6-Simmons 3:01:42, 7-Eva 3:01:42, 8-Durbin/Nev 3:01:55, 9-Edmonds 3:03:16, 10-Impastato 3:03:24, 11-Hendrix/PMK 3:04:40, 12-Dale 3:05:10, 13-Butt/WVTC 3:06:02, 14-Jones 3:07:40, 15-Fletcher 3:08:40...21-Schaleger (40+)/LMJS 3:10:22, 25-Miller(40+) 3:14:01, 45-Valerie Doyle 3:38:37, 47-Colleen Fox 3:43:36...99 finishers. /Steve Justice/

ORANGE COUNTY MARATHON (Apr. 7, Huntington Beach): 1-Amundson 2:30:16, 2-Coventry 2:33:13, 3-Willis 2:38:42, 4-Aurand 2:38:45, 5-Quick 2:39:03, 6-Crawford 2:39:06, 7-Sanchez 2:39:44, 8-Schmitz 2:41:37, 9-Kendall 2:43:25, 10-Emerson 2:43:44, 11-Shaffer(40+) 2:44:12...18-Schmidt(40+) 2:49:01...40-Sandra Kiddy(40+) 2:58:47, 111-Christine Grundy 3:14:46...557 finished. /Downey/

WINE COUNTRY RELAYS (Apr. 7, Santa Rosa): /3-Person Teams; 14.8 Mi. total/ 1-Rustad & Assoc. 1:20:34, 2-Grape Expectations (Aggies) 1:21:46, 3-Kurt's Pervert's 1:22:15, 4-FFS3 1:22:46, 5-VMRC 1:23:25...38-Oakes' Ladies 1:51:06...51 teams finished. /Dennis Crandall/

PEAR BLOSSOM RUN (Apr. 14, Medford, Ore.): /13 Mi./ 1-Leonard Hill 66:50.8, 2-Ferrero/SWEAT 68:21, 3-Yeoman 68:46, 4-Elias 70:23, 5-Ellison 70:37, 6-School 70:48, 7-Becker 71:07, 8-Pinder 71:38, 9-Showerman 71:45, 10-Mina/AGRC 72:11... (other top Calif. finishers) 19-Brantigan 75:20, 22-Downing 76:14, 28-Beckwith(1st 40+)/Reno 77:20, 51-Grabowski(40+,2nd) 80:57, 77-Teresa Barios 83:46, 87-Marilyn Belwood 84:39...710 finishers. /Jerry Swartzley; Medford Chamber of Comm./

LAKE IL SAN JO 10-MILER (Apr. 14, Santa Rosa): 1-Govi 58:00, 2-Beardall/DIRT(40+) 59:03, 3-Pintane 59:53, 4-Alexander 60:26, 5-Bollman 60:40, 6-Leoni 60:47, 7-Lambie 60:59, 8-Pruitt 61:28, 9-Souther 61:42, 10-Doris 61:53...14-Kiernan/DIRT 63:57, 16-Roland 64:45...46-Derry Elijah 75:44, 52-Maria Regalado 77:13... 90 finishers. /Fred Kenyon/

U.S.S. WICHITA 10-KILO (Apr. 14, San Francisco): /G.G. Park 5K Polo Field loop/ 1-Mark Sisson/WVTC 32:13.3, 2-Franklin/WVTC 32:27, 3-Fee/Wichita 33:02, 4-Cruikshank 34:31, 5-Aguis/Wichita 34:50, 6-Serrano/WVTC 35:15, 7-Durbin 35:17, 8-Holmes/WVJS(40+) 35:43...42-Denise Bigelow/AGRC 41:47...139 finished. /Fields/

BOSTON MARATHON (Apr. 16, Hopkinton, Mass.): - We still don't have a complete set of results over 2:45, but Frank Smith compiled a list of masters over 2:45 (from NorCal). See last issue for those under 2:45 and all NorCal women finishers that we know about. --- 1525-Roger Price 2:49:20, 2271-Vocke 2:55:13, 2309-McMahon 2:55:27, 2417-Moorman/PMK 2:56:07, 2577-Schorno/ETC, 2654-German 2:57:50, 2818-Ragsdale 2:58:54, 2832-Ricaud 2:58:58, 2877-Adamson 2:59:17, 2924-Taylor/WVTC 2:59:36, 2928-Byrd/PMK 2:59:38, 3006-Gillette 3:00:07, 3125-O. Dahl 3:01:23, 3149-LaCasse 3:01:38, 3222-Buxton 3:02:27, 3399-McComish 3:04:24, 3539-Hughes 3:05:52, Holley/WVJS 3:07:29, 3722-Larson 3:08:23, 3927-Antonides 3:10:54, 3976-Smith/PMK 3:11:20, 3944-Dunn/PMK 3:11:01, 3992-Lisenbee 3:11:33, 4086-Farrington 3:12:49, 4105-Shastany 3:13:04, 4147-Moran 3:13:42, 4189-Thompson 3:14:21, 4200-Lindquist 3:14:31, 4213-Young 3:14:44, 4222-Reznik 3:14:48, 4226-Wilson/WVTC 3:14:51, 4230-Feldman 3:14:55, 4233-Niedrauer/WVJS 3:14:58...that's all we're listing! Remember, the qualifying times for next year's Boston Marathon have been changed to 2:50 (open men), 3:10 (masters men) and 3:20 (open women)...we haven't heard of a standard for masters women (other than 3:20, but if we hear of one, we'll let you know). /Frank Smith/

NATIONAL LIBRARY OF SPORTS EASTER EGG SCRAMBLE (Apr. 21, Cupertino): /5 Mi./ 1-Peanut Harms/AGRC & Stacy Geiken 27:29, 3-Rohloff/AGRC 28:00, 4-Rostege/WVTC 28:05, 5-Pruitt 28:13, 6-Mahon/WVJS 29:39, 7-Ruona 30:17, 8-Stubbe 30:36, 9-Obot 30:43, 10-Familia 30:50, 11-McCrillis/TRAC(40+) 30:51, 12-Hunt 31:19, 13-Baca 31:41, 14-Hicks 31:48, 15-Radloff 32:08...21-Mooneyham(40+) 33:01, 34-Colleen Rogan 36:41, 39-Kathryne Carlton 37:27, 40-Kathy Rogan 37:41...123 finishers. /Carl Laucher/

SILVER STATE STRIDERS FRANKTOWN LOOP RUN (Apr. 22, Reno area): 1-Rudy Munoz/SSS 49:19, 2-Menet/UNRTC 49:25, 3-Houk/SSS 50:56, 4-Freeman/Un 51:59, 5-Lincicome/SSS 53:16...Bourbeau/WVJS(40+) 55:12, Beckwith/SSS(40+) 57:17...Ross Smith/WVJS (50+) 55:58...Barbara Mack/SSS 64:17, Betsy Giannini/SSS 66:40, Claudia Wish/CarRC 68:35.../15 Km./ /Mary Crawford/

HELLYER PARK 6.5-MILER (Apr. 28, San Jose): 1-Gil Munoz 32:52, 2-Sisson/WVTC 33:41, 3-Tengelsen 35:04, 4-Devoe/WVTC 35:25, 5-Stock/AGRC 36:02, 6-Suits 36:12, 7-Pruitt 36:25, 8-DeLaRoche 36:51, 9-Sanfilippo/WVJS 37:01, 10-Londre 37:08...307 finishers. Note: Results listed neither age nor sex so we can't list top finishers in the masters and women's divisions without guessing (there wasn't even a separate listing of awards winners by division!). /Don McCoy/

TREVIRA 10-MILE TWOSOME (Apr. 28, New York City): 1-Virgin/SLTC 46:32.7(AR), 2-Rodgers 47:37, 3-Shorter 48:34, 4-Fleming 48:35, 5-C.Stewart 48:36... (women) 1-Ellison Goodall 55:37.9 (AR), 2-M. Shea 56:19, 3-Benoit/LAC 56:26, 4-Cooksey 56:57, 5-Sullivan 57:24. Both Virgin and Goodall set American records (bests) for 10 miles on the roads. /Marty Post/

MIAMI 24-HOUR RUN (Apr. 28-29, Miami, FL): 1-Don Choi/WDS 117 Mi., 134 Yds., 2-Kuvin (100M-880Y in 21:37:03), 3-Barraco (100M-440Y in 18:48:49), 4-Loveless (100M-440Y in 23:52:06), 5-Lydi Pallares 87M (24 Hrs)...only 3 lasted full 24 hours. /From Rumer's Gazette/

SANTA CLARA VALLEY SPRING RIDGE RUNS (Apr. 29, Milpitas): - /6.07 Mi./ 1-Paul Gyorey 34:49, 2-Levitsky/WVTC 35:25, 3-M. Green/WVTC 35:41, 4-Bush 36:05, 5-Dorst 36:35, 6-Mahon/WVJS 36:37, 7-Castillo 37:24, 8-Jenkins 37:39, 9-Alonzo 37:42, 10-Allen 38:22, 11-Brock 38:27, 12-Ulate 39:04, 13-Piper 39:04, 14-Alexander 39:31, 15-McCrillis/TRAC(40+) 39:33...23-Stubbe (40+) 40:33, 29-Jackman(40+) 41:58...28-Nanette Garcia/SJC 41:45, 33-Melissa Duffy 42:58, 61-Andrea Lopley 47:39...136 finishers. /10.76 Mi./ 1-Nick Nickols/CPSLO 68:13, 2-Kadoch 68:25, 3-Jewett/ETC 68:33, 4-Dierken 70:12, 5-Day 72:20, 6-Ruona 72:49, 7-Carrier 72:59, 8-Jerome/TRAC 73:43, 9-Talavera 74:06, 10-Westwood 74:35, 11-Reynaga/WVTC 75:15, 12-B. Smith 75:52...15-Skip Swannack/WDS 78:05, 28-Maley(40+) 87:19, 31-Sorg 89:16, 32-Claire Hunter/WVTC 89:29...67 finishers. /Cupertino Yearlings; Landrum/

AMERICAN CANYON X-COUNTRY RUN

(Apr. 29, American Canyon): /7 Mi./ 1-Keith Golding 41:15, 2-Pugh 41:26, 3-Carsill 41:27, 4-Davidson 42:12, 5-Barber 42:42, 6-Espinoza 43:13, 7-Southard 43:14, 8-Wagner 44:10, 9-Schulz(40+) 44:36, 10-Hall/ NVRC(40+) 44:56...37-Kimi Babb 62:12...48 finished. /C. Hall/

SANTA ROSA 16-MILER (Apr. 29, So. Calif.): /16.07 Mi./ 1-Norton 1:31:15, 2-Houcheil 1:34:16, 3-Polhill 1:35:49, 4-Sayward 1:36:38, 5-Ruiz 1:37:08...12-Fonseca(40+) 1:43:57, 28-Paulette Halel 1:52:45...113 finishers. /Connie Rodewald/

RICHMOND-SAN RAFAEL BRIDGE RUN

(Apr. 29, Marin County): - Only the top 450 runners got a set of results (times), and several thousand participated. Also, no indication of age or sex, so we're listing these results in our "minor" results section, as we have warned previously. Hope we got the top few masters/women correct...if not, let us know.../6.4 Miles/ 1-John Moreno/CW 31:03.2, 2-Flores/AGRC 33:49.5, 3-Williams/MR 33:50, 4-McKendell 33:54, 5-Berg 34:04, 6-Alderman 34:06, 7-Skeels 34:09, 8-Castro 34:12, 9-Brynes 34:15, 10-Smith 34:26, 11-Faulkner 34:32, 12-Jordan/BC 34:38, 13-Grubbs 34:45, 14-Hockerson/AGRC 35:24, 15-Rice/WVTC 35:31...19-Jacobs/PMK(40+) 35:54, 21-Nevraumont/WVJS 36:05, 24-Coke(40+) 36:18, 31-Michele Aubuchon 36:43. /Dabel/



Keith Golding, winner of the American Canyon X-Country 7-Miler. /Jim Engle/



(Left) Start of the Strawberry Canyon Run in Berkeley. /Jim Engle/

SPA-AAU 50-KILO CHAMPS (Apr. 29, Las Posas Hills): 1-McDermott 2:58:35 (2:30:02 at marathon), 2-Coventry 3:08:26, 3-Pittinger 3:09:28, 4-Weyand 3:13:32, 5-P. Ryan 3:16:01, 6-Rudberg(40+) 3:19:32, 7-Cooper/WDS 3:19:42, 8-Parrish 3:22:02, 9-Cook 3:22:16, 10-Hall 3:25:00...15-Eroen(50+) 3:29:47, 18-Parker(40+) 3:36:37, 19-Sandra Kiddy(40+) 3:37:08 (3:02:20 at marathon), 42-Barbara Paterson 4:03:12...86 finishers. /Connie Rodewald/

MOONSTONE BEACH DRIVE 4-MILER (May 5, Cambria County Pk.): 1-Tom Becker/SLO 19:26, 2-Trimble/CPSLO 19:31, 3-Reyes/CuestaCol 20:31, 4-Boatwright/SLO 20:36, 5-Mandanis/CW 20:41, 6-Brisbin/SLDC 20:49, 7-O'Brien/AWBTC 21:12, 8-Stevens/CPSLO 21:13, 9-Lavelle/CPSLO 21:24, 10-Wright/LVDC 22:30...12-Coffey(40+)/SLDC 22:47, 19-Sue Munday/CW 23:28, 21-Gross/SLDC(40+) 23:54, 34-Terri Clark/SDC 26:37...121 finishers. /Stan Rosenfield/

STRAWBERRY CANYON RUN (May 5, Berkeley): /5.5 Mi./ 1-Luis Arreola 34:49, 2-Williams/MR 35:00, 3-Slawson/BASC 35:14, 4-Jackson 35:30, 5-Miller 36:15, 6-Page 36:18, 7-Wolfe/WVTC 36:32, 8-Skeels 36:54, 9-Giesecke 36:58, 10-Goubau 38:00, 11-Gowen 38:09, 12-Nelson 38:21, 13-Tift 38:27, 14-Clark 38:34, 15-Colborn 39:04, 16-Tucker 39:23, 17-Sampson 39:25, 18-Hendrix 39:40, 19-Messenger 39:49, 20-Revelli 39:52...29-O.Dahl(40+) 41:20, 50-Sorenson(40+) 42:40, 61-White(40+) 43:12...54-Vivian Soderholm-Difatte/WVTC 42:52, 86-Ann Duvencak 44:34, 90-Louise Aaron 45:10...198-Betsy White/WVTC(40+) 48:33...673 finished. /Diane Carlson/

MUSCULAR DYSTROPHY 20-KM. SUN RUN (May 6, Santa Barbara): 1-Ramon Estrada 67:52, 2-Brennand/SBAA(40+) 68:12, 3-Furbee 68:35, 4-Bergkamp 71:59, 5-Woelk 72:19, 6-Pierson 73:08, 7-Wendler 73:36, 8-McComb 74:14, 9-Taliaferro 74:33, 10-Reeves 75:50...12-Hoffman(40+) 76:46...32-Diane Killeen/AGRC 84:10 (whoops!!-31-Elaine Campo 83:33), 40-Tara Hobbs 86:27, 57-Fay Hobbs(40+) 91:16...148 finishers. /John Brennand/

POOR MAN'S BAY TO BREAKERS WARMUP (May 6, Foster City): /5.4 Miles/ 1-McDougall 30:00, 2-Bryan(40+) 30:05, 3-Takaha/CW 31:01, 4-Bitzer/WVTC 31:36, 5-Chavez 31:51, 6-Carvey 32:03, 7-Torres/WVTC 32:05, 8-Mattern(40+) 32:15, 9-Callahan 32:19, 10-Spadare 32:39, 11-Schug 32:52...18-Lucero/WVTC(50+) 35:40, 31-Linda Fields 37:07, 42-Patty Richmond/ETC 38:33, 44-Candy Carlson 38:59, 47-Ruth Waters/NCS(40+) 39:18...156 finished. /R. Bryan/

DSE COIT TOWER RUN (May 6, S.F.): /2.5 Mi/?/ 1-Phil Kay/WVTC 13:14, 2-Osong 13:24, 3-Gwisc(?) 13:49, 4-Chaffee/ETC(40+) 14:36, 5-Carleton 15:07...53-Pam Chappelle 17:46, 67-Daphne Dunn 18:15...186 finishers. /DSE Newsletter/

NATIONAL AAU WOMEN'S 30 KILO CHAMPS (May 6, Springdale, Ohio): 1-Marty Cooksey/Cal 1:53:07, 2-Banks/Pa 1:54:16, 3-Rochefort/Canada 1:55:16, 4-Doppes/OHIO 1:57:29, 5-Krenn/SDTC 1:58:16, 6-Gerin/Pa 1:58:34, 7-Consolo/NC 1:59:15, 8-Petersen/Cal 1:59:52, 9-File/NZ 2:00:19, 10-Olinek/Fla 2:01:03, 11-Vajdos/Tex 2:02:20, 12-Gorman/Cal(40+) 2:03:17, 13-Mendoca/Mass 2:03:20, 14-McKeachie/Mich 2:03:37, 15-Arenz/Minn 2:03:55. /Pete Cava/

DEAF AWARENESS RUN (May 13, Napa): /6.4 Mi./ 1-Steve Slawson/BASC 34:23, 2-Ceja 36:45, 3-Golding 38:14, 4-Cogan 38:40, 5-Espinoza 39:53, 6-Healy 40:11, 7-Dickinson 40:26, 8-Sweeney/AGRC 41:09, 9-McClaine 41:40, 10-Hall/NVRC(40+) 41:49...20-Kramer(40+) 44:48, 29-Beckie Simmie 46:59, 33-Jane Baxter 47:16, 36-Patty Brace 48:20, 38-Nina Beatie 48:46...137 finished. /Flo Butin/



(Right) Part of the NCR Boston Marathon tour. /Wayne Meyer/

SALINAS VALLEY MARATHON (May 13, Oak Park): - The hottest weekend of the year greeted 265 starters (203 finished), but the heat did not seem to bother winner Norwegian cross-country skier, Audun Endestad, too much. His 2:35:43 was almost four minutes up on Dave Levitsky. Times were significantly slower than expected because of the high temperatures and only 15 runners broke three hours. 1-Endestad/Nor 2:35:43, 2-Levitsky/WVTC 2:39:24, 3-Maher/MR 2:42:16, 4-Argue 2:45:13, 5-Barker/WVTC 2:46:35, 6-Hamlin 2:48:29, 7-Grieco 2:50:14, 8-Cook/WVTC 2:50:19, 9-Hansen 2:51:15, 10-P. Gyorey 2:53:16, 11-Williams 2:55:51, 12-P. Ryan 2:57:48, 13-Henry 2:58:47, 14-Morelli 2:59:02, 15-O'Rourke/SD 2:59:26, 16-Flynn 3:00:00, 17-Hart/WVTC 3:01:06, 18-Miller 3:02:50, 19-Bone 3:03:43, 20-Tagg 3:05:13...29-Ruiz(40+) 3:09:36, 38-Chase/Nev.(40+) 3:19:13, 40-Cook/FI(40+) 3:20:28...93-Ninon Argoud(1st woman) 3:48:35, 102-Yvonne Reid 3:50:57. /Don Dugdale/



Audun Endestad, a Norwegian X-C skier, won the Salinas Valley Marathon in 2:35:43 in hot conditions. /Salinas Californian/

DSE PRACTICE BAY TO BREAKERS RUN (May 13, S.F.): /7.6 Mi./ 1-Kay/Fanelli/Machscheffs 42:38, 4-Horning 43:37, 5-Bashiruden 44:00, 6-Reager 44:20, 7-May 44:38, 8-Timko 44:45...13-Ardell(40+) 45:30, 107-A. Edmondson(1st woman) 51:50...755 finishers!! /DSE Newsletter/

TILDEN PARK 15-KILOMETER (May 13, Berkeley): 1-Pat Miller/Berk 50:24, 2-Jackson 51:00, 3-Page 52:49, 4-Goubau 53:53, 5-Nevraumont/WVJS(40+) 55:50, 6-Gowen 56:17, 7-Sampson 57:25, 8-Whitfield 59:32, 9-Miller 59:40, 10-Schroch 60:01...16-Eugenia Zorich 62:33...67 finishers. /Dan Williams/

ALUM ROCK PARK 4.5-MILER (May 19, San Jose): 1-Arturo Rodriguez/WVTC 25:23, 2-Kadoch 25:32, 3-Castillo 25:36, 4-M. Miller 25:53, 5-Dierkin 26:45, 6-Croteau 27:16, 7-Mosier 28:19, 8-Suits 28:32, 9-Martin 28:37, 10-Reynaga/WVTC 28:59...13-Carpenter(50+)/WVTC 29:23, 15-Mooneyham(40+) 30:16, 17-Gail Campbell/WVJS 30:58, 26-Marti Menz 34:18...92 finished. /Don McCoy/

WINDSOR WHALE RUN (May 20, Windsor): /15 Km./ 1-Steve Slawson/BASC 48:58, 2-Kirkland 51:06, 3-Goss 51:40, 4-Lawrence/VMRC 51:55, 5-Alexander/VMRC 53:08, 6-Bollman/VMRC 53:42, 7-Deatherage/SS 54:20, 8-Warr/SS 54:23, 9-Doris/VMRC 54:40, 10-Sjostedt/VMRC 55:15...13-Roland/ER(40+) 55:51, 14-Taylor/WVTC(40+) 57:04, 17-Schultz/ER(40+) 59:24, 40-Beckie Simmie/VMRC 67:09, 44-Bonny Lawrence/VMRC 67:54, 71-Susan Kane 76:17, 72-Melody Revenaugh 76:19...121 finishers. Chuck Harris won the predicted time division, missing his guess by only 21 seconds (he ran 80:21 vs. his 'guessed' 80:00). /Fred Kenyon/

GONZALES GRAPE STAMPEDE (May 26, Gonzales): /10 Km./ 1-Tamagni 31:37, 2-Wellck(40+) 31:44, 3-Tierrafria 32:06, 4-Moss 32:25, 5-Gaches 33:19, 6-Dugdale/MPAC 33:39, 7-Wild 34:18, 8-Garcia 34:27, 9-Kolofer 34:28, 10-Hart/WVTC 34:29, 11-Brazinsky 34:37 ...Brazil(40+) 36:07, Yvonne Reid 42:44, Deanne Gwinn 43:18 ...Cynthia Bieber(40+) 47:03...# of finishers unknown.

DAVID COPPERFIELD 48-HOUR TRACK ULTRAMARATHONS (May 26, Woodside): 100-Km: 1-Bill May 9:16:37, 2-Bob Cooper/WDS 9:16:43, 3-Zumwalt 9:50:00, 4-Choi 10:35:37, 5-Eisenbud 11:48, 6-Hill 12:17:30, 7-Fauss 12:54, 8-Buenfil 13:25:04, 9-Collins 13:25:04, 10-Loveless 17:34:20, 11-Stratta 30 Hrs.../women/ 1-Helene Eisenbud 13:56:30, 2-Marcie Schwam 14:11:52; 200-Km: 1-Choi/WDS 25:13:37, 2-Collins 44:38:25, 3-Loveless 45:23:08, 4-Stratta/WVTC 47:37:40.../women/ 1-Schwam 45:40:29; 300-Km: Choi 42:39:03; 48-Hr: 1-Choi 204M-942Y, 2-Collins 137M-1581Y, 3-125M-880Y, 4-Stratta 124M-482Y, 5-Askew 112M-223Y.../women/ 1-Schwam 137M-512Y. /Don Choi/

HANG TEN MARATHON (May 26, Los Angeles): 1-Tikkanen/Fin 2:17:47, 2-Smead/TIT 2:20:06, 3-Maxwell/BASC-Canada 2:20:52, 4-Allen/GB-CoTC 2:21:11, 5-Menson/CoTC 2:21:37, 6-Wyatt 2:22:36, 7-Dettmer 2:24:11, 8-Arquilla/AIA 2:26:38, 9-Bingham/CoTC 2:27:07, 10-Clark 2:29:27...F. Kiddy(40+) 2:43:31, Marty Cooksey 2:43:33, Sue Petersen 2:49:49, Sandra Kiddy(40+) 3:01:09...800 runners. /Al Franken/

MEMORIAL DAY 10-KILOMETER (May 27, Grass Valley): 1-Langford 32:56, 2-C.Hamer/WVTC 34:09, 3-Krebs/BC 34:40, 4-Bowles/WVTC 34:41, 5-Woodliff 34:57, 6-Mellor 34:58, 7-Vogt 35:08, 8-Jordan/BC 35:15, 9-Kelley 35:23, 10-Baccelli 35:50...12-Underwood/BC (40+) 36:54, 27-Onion(40+) 40:47, 46-Judi Mellor 44:06, 53-Paula Walker 45:44, 57-Cathy Quinn 46:44...121 finished...warm temperatures! /Gary Loucks/

NATL. AAU 20-KILO MASTERS CHAMPS (May 28, Washington, D.C.): -1-Lorenz/MR 65:54, 2-Ross/NCTC 68:03, 3-Veronsky/PVSTC 70:11, 4-Tuttle/PVSTC 70:44, 5-Clark/NCTC 71:24, 6-R.Bowles/Un 71:39, 7-Williamson/PVSTC 71:45, 8-Best/SAC 72:15, 9-Wood/PVSTC 72:25, 10-Bradley/PVSTC 72:46...15-Diamond/PVSTC(50+) 74:02, 17-Anspach/Ohio(50+) 74:30, 42-Andberg/TCTC(60+) 84:42.../Women/ 31-Trudy Rapp 80:09, 51-Nicki Hobson/SDTC 86:23...89 finishers. /George Veronsky/

CALIFORNIA INVIT. 24-HOUR TRACK RUN (Jun. 1, Huntington Beach): 1-Park Barner(35) 162M-537Y(World Rcd.), 2-King 116M-905Y, 3-Pycior(40) 109M-724Y, 4-Love 107M-1168Y, 5-Nagelschmidt(55) 104M-139Y, 6-Nathanson 101M-440Y, 7-Choi/WDS 101M-0Y, 8-Bozanich 86M-0Y, 9-Benyo/RWRC 80M-0Y, 10-Jacqueline Stack 59M-0Y...13 participants (18 miles minimum distance covered). /Pat Downey/

BENICIA HISTORICAL RUN (Jun. 2, Benicia): /5 Mi./ 1-Rodriguez/WVTC 27:41, 2-Guthrie/WVJS(40+) 27:46, 3-Corona 27:54, 4-Alderman 27:58, 5-Perlman 28:44, 6-Cargill 28:52, 7-Aldana 29:47, 8-Myers 29:48, 9-Warr 30:08, 10-B.Myers 30:12, 11-Crangle 30:16, 12-Wright 30:18, 13-James 30:34, 14-Souther 30:51, 15-Schaaf 31:16...20-Martinez(40+) 31:42, 22-Hackley(40+) 31:49, 63-Martie Comarell 35:23, 74-Paula Walker 36:22, 88-Carol Nixon 37:20, 90-Ann Grove 37:25...242 finished. /Terry Hughes/

DIPSEA (Jun. 3, Mill Valley): /6.8 Mi. - 69th Annual/ 1-Don Chaffee/ETC(40) 51:40 (actual times listed...handicap race), 2-Kiernan/TAM(41) 51:43, 3-Pickett/TAM(51) 57:22, 4-Margaret Livingston/WVTC(30) 61:25, 5-Malain/BC(52) 57:28, 6-Donovan/Un(14) 51:34, 7-Ryan/TAM(33) 49:34(fast time), 8-Nicholson/PMK(48) 55:36, 9-Pam Purcell(34) 64:43, 10-Johnson(36) 52:58, 11-Degen/TAM(36) nt, 12-Betsy White/WVTC(40) 65:51, 13-Daniels/TAM(43) 55:58, 14-Barbara Magid/TAM(35) 66:09, 15-Demerais/MR(22) 50:12, 16-Arago/MR(24) 50:21, 17-Stagliano/Un(39) 54:22, 18-Lawrence/TAM(39) 54:24, 19-Paffenbarger/NCS(56) 62:36, 20-Roenau/TAM(51) 60:50, 21-Botta/TAM(40) 57:00, 22-Brace(52) 61:04, 23-Ottaway/England(26) 51:08, 24-Vanek/PMK(50) 61:15, 25-Dahl(43) 57:16, 26-Carradine/DIRT(46) 59:21, 27-Dana Hooper(24) 63:26, 28-Larsen/PMK(27) 52:29, 29-Susan Mitchell/TAM(41) 67:31, 30-Beardall/DRT(42) 57:45, 31-Cleaver/PMK(43) 57:55, 32-Cobourn(32) 54:03, 33-Louise Burns/NCS(39) 68:09, 34-Sampson/Un 56:12. /Frank Smith, Don Pickett, Jeff Biddulph/

LAKE MERCED BALLET RUN (Jun. 3, S.F.): /4.45 Mi./ 1-Conroy/ETC 22:56, 2-Darling/ETC 23:01, 3-Hurd 23:25, 4-Gama 23:47, 5-McDougal 23:51, 6-Machsches/ETC 24:53, 7-Pohjolainen(40+) 25:04, 8-Eshia 25:08, 9-Simon 25:13, 10-McDonald/PMK(40+) 25:18...22-Hughes/KJ(40+) 27:52, 30-Gallagher/PMK(40+) 28:54, 35-Sue Stricklin/WVTC(40+) 29:04, 43-Eva Casey/ETC 30:09. /Frank Donahue/

GOLD COUNTRY MARATHON (Jun. 3, Grass Valley): 1-Baudendistel/GW 2:43:30, 2-Hoschler/BC 2:49:21, 3-Linn/BC 2:50:38, 4-Mellor/Aubrc 2:52:58, 5-Underwood/BC(40+) 2:54:54, 6-Hedges/BC 2:58:05...9-Sloan/Aub-49er(40+) 3:11:17, 26-Joan Perkins/Un 3:32:39, 29-B. Austrheim-Smith 3:36:06, 30-Leann Kindler 3:36:14...72 finishers. /Half-Marathon/ 1-Pincombe/GW 76:58, 2-Vogt/YFC 78:03, 3-Lindsay/PRCT 81:23, 4-Sanchez 81:44, 5-Masterson/SWEAT 84:01...16-Hannickel/OPHIR(40+) 93:06, 32-Donna Shaw 1:42:58...80 finishers. /10 Km./ 1-Hintermister/HS 36:29, 2-Nixon 37:18, 3-Price 38:50...13-Baker/AmRC(40+) 42:29, 30-Mary Keim 49:30...123 finishers. /G.C. Lions/

STATUTO RACES (Jun. 3, S.F.): /4.2 Mi./ 1-Green/ETC 22:53, 2-Morse/ETC 24:00, 3-Pruitt/ETC 24:17, 4-Huffman/Esalen 24:48, 5-Danner/Un 25:18, 6-Cohen/BASC 25:20, 7-Piua/SFAC 25:51...17-Joann Rascon 28:58, 20-Mary Fortana 31:46. /8.4 Mi./ 1-Sevald/ETC 47:44, 2-Muela/ETC 47:45, 3-Torres/WVTC 52:26, 4-Sobsey/DSE 53:08, 5-Kell 53:44, 6-Gogas 54:07, 7-Bugler/PMK 54:17...30-Patty Cutler/TSRC 68:56...37 finishers. /S.F.A.C./

L'EGGS MINI-MARATHON (Jun. 3, N.Y.C.): /10 Km./ 1-Grete Waitz /Nor 31:15.4 (World Road Best), 2-J. Shea/GTC 33:53, 3-M. Shea/GTC 33:59, 4-Banks/RAA 34:08, 5-Bridges/Okla 34:47...8-C. Craven/Ohio 35:03, 12-Binder/SD 35:43, 26-Gorman(40+) 36:44...4118 finishers!! (all women) /Robert Campbell/

ROBERT DECELLE, JR. (LAKE TAHOE) RELAYS (Jun. 9, So.Lake Tahoe): /7 person, 72 miles/...new legs this year for safety reasons. 1-Stereoscope Sports (Nevada-Reno) 6:30:50, 2-Camino West 6:38:40, 3-AGRC 6:38:41, 4-Marin Racers 6:56:22, 5-Pacific West TC 6:57:40, 6-Truckee Meadows AC 7:03:50, 7-Silver State Str. 7:18:40, 8-LMJ&S 7:23:40, 9-Hideside Runners 7:24:20, 10-Marin Racers "B" 7:28:35...30-TRAC/D.O.M. (Masters) 8:32:24, 34-Coralia(Women) 8:52:09, 38-Aggie Women 9:02:21...49 teams. /Bob DeCelle, Sr.; Austin Angell/

MT. MISERY 10-KILO (Jun. 9, Placerville): 1-Mark Reese/Sac'to 34:02, 2-Booth 37:15, 3-Arrous 37:57, 4-Staples 38:06, 5-Baker 38:15...16-Hidie Baker(girl) 43:33, 19-Perpall(40+) 44:20, 21-Helm(50+) 44:34...40 finished. /Ernie Marinoni/

GOLDEN GATE FIELDS RACE TRACK 10-KILO (Jun. 10, Albany): 1-Bachand 32:51, 2-Jackson 33:34, 3-Mina/AGRC 35:21, 4-Gowen 35:32, 5-Hickman 36:02, 6-Stein 36:12, 7-Coughlin 36:33, 8-MacDonald/PMK(40+) 36:38, 9-Sherburne 37:02, 10-Brusher/LMJS 37:28...18-Peterson(40+) 39:14, 32-Sue Brusher/LMJS 42:34, 38-Sue Stricklin/WVTC(40+) 44:04, 41-Rosalie Pryor 45:09...96 finishers. /Bob Hoyle/

RUSSIAN RIVER RUNS (Jun. 10, Ukiah): /Marathon/ 1-Kevin Jones/VMRC 2:34:45, 2-McWilliams 2:56:40, 3-Fletcher 2:59:27, 4-Giglio 3:06:57...Doolittle (40+) 3:25:35, Helene Eisenbud 3:40:49. /1/2-Mara/ 1-Vanderlinden 1:16:24, 2-Clay 1:16:28, 3-Gibbons 1:18:01, 4-Bradley 1:18:40, 5-Jansen 1:19:59...Bellon(50+) 1:24:09, Kathy Blinn 1:35:28. /4.9 Mi/ 1-Murray 36:36, 2-Robinson 37:50, 3-Doolittle 39:24. /Volunteer Bureau/

LIONS LOOP (Jun. 10, Burlingame): - /4 Mi./ 1-George Green/ETC 20:22.6, 2-Joe Green/WVTC 20:22.9, 3-Harris/WVTC 20:37, 4-Becerra/ETC 21:11, 5-McFadden/WVTC 21:16, 6-Bryan/Un 21:30, 7-Landess 21:50, 8-Dunn 21:54, 9-Stanbridge 22:23, 10-Stein 22:24...divisional codes were listed with no explanation and many names had only first initials, therefore we can't list top masters/women! Roger Bryan (6th) was first master...201 finishers. /Richard Quadri/

GOLDEN GATE 10-KILOMETER (Jun. 10, S.F.): 1-Craig Virgin/SLTC 30:34, 2-Blume/Cat 30:43, 3-Quintana/WVTC 31:37, 4-Porter/WV 32:23, 5-Garza 32:50, 6-Kavish 33:48, 7-Black 34:10, 8-Deetz 34:23, 9-Edelbrook 34:38, 10-Sims 34:48, 11-LaBrada 34:54, 12-Coborn 34:56, 13-Moyles 34:58...Ardell(40+) 34:59, Williams(40+) 35:46, Epanchin(40+) 37:35, Michele Aubuchon/CSH 37:04, S. Hurlbut(woman) 37:06...4000 finished. /L. Paakman/



Greg Bachand was an easy winner at the Golden Gate Fields Race Track 10-Kilometer. /Jim Engle/

SEVENTY-NINER GOAL RUSH (Jun. 16, San Mateo): /Distance unknown/
1-Bautista 30:55, 2-O'Connor/CW 31:31, 3-Milan 31:49, 4-Aurand
32:56, 5-Haight 33:00, 6-Lachenbruch 33:04, 7-McFadden/WVTC
33:16, 8-Ruona 33:40, 9-Hulse 33:59, 10-Torres/WVTC 34:12, 11-
Miller 34:38, 12-Taylor/WVTC(40+) 35:07...14-Gehl(50+) 35:27,
15-Shastany(40+) 35:39, 51-Barbara Pike 39:53, 53-Kathy Rankin
40:07, 88-Laura Cisneros 42:54...188 finished. /Mitch Postel/

V&T X-C HALF-MARATHON (Jun. 16, Carson City, Nev.): 1-Correa/
Nev-R/Col 67:35, 2-J. Leano/Nev-R/Col 67:38, 3-E. Leano/Nev-R/
Col 69:05, 4-Mentzer/SSS 69:47, 5-M. Tbaduiza/Nev-R/Col 70:03,
6-Maguire/SSS 71:48, 7-Williams 72:20, 8-Munoz 73:05, 9-Bour-
beau/WVJS(40+) 77:37, 10-Miers 79:16, 11-Carlson 79:37, 12-
Adams/SSS 81:18...Barbara Mack/SSS 1:29:49, Colleen Cnners
1:34:42...approx. 125 finishers. /Mary Crawford/

DONNER LAKE 7-MILER (Jun. 17, Donner Lake, CA): /7.2 Mi./ 1-
J. Leano/Nev 36:00, 2-Correa/Nev 36:21, 3-E. Leano/Nev 36:24,
4-Kingery/CW 36:49, 5-Devine/SSS 39:13, 6-Hintermister/HRC
39:28, 7-Albright 41:03, 8-Swezey/PMK 41:43, 9-Carroll 42:13,
10-Lindsay/AGRC 42:31, 11-Turner/WVTC 42:36, 12-Takaha/CW
42:53, 13-Parker/SSS 42:57...Smith/SSS(40+) 48:12, O'Brien(40+)
48:13, Merry Reynolds 54:06, Marianne Lenard 55:05, Linda Sine
56:33, Sue Griswold/SSS(40+). /Mary Crawford/

FATHER'S DAY 5-KILO (Jun. 17, St. Helena): 1-Engle 15:24, 2-
McGrath/AGRC 15:35, 3-Proteau/AGRC 15:42, 4-Goss 15:59, 5-Smith
16:03, 6-Ceja 16:18, 7-Leoni 16:20, 8-Durbin 16:33, 9-Bollman
16:38, 10-Noonan 16:42, 11-P. Sweeney 16:49, 12-Wright 16:54,
13-Golding 16:55, 14-Deatherage 17:01, 15-Cottrell 17:07, 16-
Haslam(40+) 17:09...25-Kramar(40+) 18:48, 38-Mary Frommelt
20:18, 57-Greta Jaeger 23:14...105 finished. /Silverado TC/

LAKE TAHOE MARATHON (Jun. 23, Incline Village, Nev.): 1-John
Gailson/Nev. 2:43:24, 2-Sane/Nev-R 2:44:22, 3-Lincicome/SSS
2:47:35, 4-Durbin/SSS 2:52:02, 5-Graf 2:56:50, 6-Hedges/BC
2:57:04, 7-Ange11/STTC 2:57:59, 8-Cheuvront/Nebr(40+) 3:01:33,
9-Miers/Nev. 3:05:49, 10-Stromberg/BC 3:07:00...14-Holmes/WVJS
3:10:20, 16-Jamborsky/Wirg. 3:10:59...31-Pamela Schmidt/SSS
3:24:16, 37-Kim Pier 3:30:33...106 finished. /Skip Youngdahl/

RIVER DAZE RUN (Jun. 23, Dunsmuir): /4 Mi./ 1-Ferrero/SWEAT
21:04, 2-Frank 21:49, 3-Dawson 23:19, 4-Mazzei 23:31, 5-Parr
23:38, 6-Hartland 23:52, 7-Reed(40+) 23:55...9-Bunnell(40+)
24:20...28-Regina Silva/Redding 27:59, 42-Jeanie Minuth 30:52
...109 finishers. /Lee Ferrero/

CASCADE RUN OFF (Jun. 24, Portland, Ore.): /15 Km./ 1-Lindsay
44:17, 2-Yuge/Japan 44:28, 3-Pfeffer/CoTC 44:44, 4-Barrett/Aus
44:46, 5-Durden/At1C 45:22, 6-Barbiracki 45:28, 7-Vigil/CoTC
45:37, 8-Atkins/CNW 45:40, 9-Staynings/WKU 45:51, 10-Wells/AW
46:06, 11-McCarey/AW 46:07, 12-Bickford/Mass 46:19, 13-Pinkow-
ski/AW 46:39, 14-Devery 47:00, 15-Moore/OTC 47:08...18-Kardong/
CNW 47:22, 47-Hatton(40+) 50:10...women/ 1-Benoit/LAC 51:27.5
(World Road Best), 2-Twomey/Minn 53:25, 3-Parker/Ore 53:36, 4-
Schmidt/Ore 53:54, 5-Volk/Wash 55:07...7-Gorman(40+) 57:15,
Sue Stricklin/WVTC(40+) 64:04...4892 finished. /Chas. Galford/

MORRO BAY TO CAYUCOS FUN RUN (Jun. 30, Morro Bay): /Distance
not noted on results/ 1-Huff/SLDC 31:47, 2-Hutchinson/SLDC
33:14, 3-Roeckert/SLO 33:31, 4-Cadena/SLO 33:38, 5-Rotte/NPHS
33:46, 6-Campbell/FPTC 33:56, 7-Baldwin/SLDC 34:05, 8-Adams/BB
34:09, 9-Mineau 34:12, 10-White/SLO 34:13...19-Burgasser/STC
(40+) 34:53, 33-Efron/CCAC 36:13, 45-Renee Ortiz/FPTC 37:32,
139-Marina Rosa/SLDC 42:56...515 finishers. /Brian Waterbury/

NATL. AAU 15-KILO (Jul. 4, Santa Barbara): /SR. MEN/ Teams: 1-
WVTC, 2-Camino West, 3-Team Inside Track; /JR. MEN/ Teams: 1-
WVTC, 2-Team Inside Track, 3-SBAA (Note: Jr. finishers noted
by an "*) 1-Benton Hart/WVTC 45:32, 2-Tuttle/TIT 45:35, 3-
Moreno/CW 46:18, 4-Smead/TIT 46:30, 5-Sayre 46:33, 6-Koningh
46:54, 7-Serna 46:55, 8-Lundberg 47:03, 9-Sutherland 47:14,
10-Schankel/CPSSLO 47:33, 11-Quintana/WVTC 47:40, 12-Britten/
AGRC 47:44, 13-Kingery/CW 47:53, 14-Smith/WVTC 47:55, 15-Can-
chola 47:58, 16-Albers 48:09, 17-Curran 48:17, 18-Fritzke/CW
48:26, 19-Moses 48:35, 20-Small/CPSSLO 48:46, 21-Seaver/WVTC
48:54, 22-Brooks/CW 48:55, 23-Chaidez 48:56, 24-Paul/PMK 48:59,
25-Hamer/WVTC 49:11, 26-Conover*/WVTC 49:20...29-Spilman* 49:29,
30-O'Halloran/AGRC 49:30, 32-Goettelmann/WVTC 49:34, 35-Zapata/
WVTC 49:38, 39-Read/WVTC* 49:56, 40-Hernandez/WVTC 50:00, 43-
Gruber/WVTC* 50:10, 44-Jay Marden/WVTC* 50:15, 45-Emry/CW 50:18,
46-Brennand/SBAA(40+) 50:26, 53-Valdez/WVTC* 50:53, 65-John Mar-
den/WVTC* 51:44, 72-Burgasser(40+) 52:07, 76-Serrano/WVTC*
52:30, 80-Green/WVTC* 52:40...Suzanne Richter/Ca1 56:34 (more)-

(Nat'l. 15K, Cont'd) Linda Heinmiller 57:29, Pam Cox/Cal 58:03.
/John Brennan/

FOURTH OF JULY 5-MILER (Jul. 4, Corte Madera/Larkspur): /5.26
Mi./ 1-P. Sweeney/AGRC 25:57, 2-Timmerman/MR 27:33, 3-Demaris
/MR 27:39, 4-Mandanis/CW 28:06, 5-M. Sweeney/AGRC 28:22, 6-
Bond/LHS 28:32, 7-Freeman 29:20...10-Ardel(40+) 29:56, 13-Cat-
anese(40+) 30:26, 14-Menzie(40+) 30:55, 30-Diane Killeen/AGRC
32:24, 49-Pam Purcell 34:45, 56-Jolie Houston/AGRC 35:08...235
finishers. /Diane Killeen/

NIKE/EARTHQUAKES 6-MILER (Jul. 7, San Jose): 1-Hurst/WVTC
30:49.7, 2-Cruz/PW 31:26, 3-Rude/Un 31:40, 4-Howe 32:28, 5-Mor-
aida 32:46, 6-Geiken 33:30, 7-Rone7 33:49, 8-Rostege/WVTC
33:53, 9-Apperson/CW 34:02, 10-Co1vin 34:06, 11-Singer 34:27,
12-Anderson 34:46, 13-Stockton 34:59, 14-Parades 35:02, 15-
Globerson 35:21...23-Unsicker(40+) 36:50, 25-Flather(40+)
37:05, 26-Sue Munday/CW 37:10, 53-Vicki Bigelow(40+) 39:21, 59-
Karen Scannell/PMK(40+) 39:36...412 finished. /Ron Wayne/

WESTERN STATES ENDURANCE RUN (Jul. 7, Squaw Valley): /100 Mi./
1-Mike Catlin/AGRC 16:11, 2-Doug Latimer(40+) 16:34, 3-Elling-
son 17:36, 4-Ranck/Penna. 17:57, 5-Collins/NM 18:32, 6-Bozanich
18:37, 7-Wehan 18:49, 8-Coleman 18:58, 9-Monohan/Md(40+) 18:59,
10-Christy/Ore 19:05, 11-Kovacs/TRAC(40+) 19:31, 12-Gaal 19:37,
13-Zavortink(40+) 19:42, 14-Clinkenbeard 20:15, 15-Williams
20:30, 16-Underwood/BC(40+) 20:42...23-Lindquist(50+) 21:50,
28-Skip Swannack/WDS(1st woman) 21:56, 44-Candy Hearn 22:53,
74-Sally Edwards/FF 26:00, 75-Lynn Harris 26:17...96 finishers
at 30 hours or better (67 under 24 hours). /Phil Lenthao/

CALISTOGA FOOTRACE (Jul. 7, Calistoga): /5 Mi./ 1-McGrath/AGRC
25:25, 2-Corey/WVTC 25:41, 3-Proteau/AGRC 26:06, 4-Goss 26:14,
5-Howard 26:37, 6-Lodin 26:44, 7-Alexander/VMRC 26:53, 8-Law-
rence 26:54, 9-Lindsell 26:57, 10-Leoni 27:00...16-Bearda11/
DIRT(40+) 27:53, 17-Haslam(40+) 28:19, 73-Linda Brown-Kittell
34:46, 83-Lilian Woodward(40+) 35:55...200 finished. /Silv.TC/

PIONEER STAMPEDE (Jul. 15, Pioneer): /7 Km./ 1-B. Tarin/WVTC
23:10, 2-Alber 23:23, 3-Franse 24:37, 4-Agnew 24:49, 5-Lambie
24:59, 6-Clark 25:12, 7-Butt/WVTC 25:32, 8-Custino 25:43, 9-
Ferrill/SUND(40+) 25:53, 10-Coulter 26:19, 11-Malain/BC(50+)
26:40, 28-Paula Ferrill/SUND(40+) 31:21, 34-Leslie Cowan 33:16,
37-Mary Graham 33:37...68 finishers. /Tom Lambie/

EPPIE'S GREAT RACE (Jul. 21, Sacramento): /Run, Bicycle, Kayak/
/OPEN/ 1-Cyakrun III (Brunn, Buer, Harms) 1:18:28, 2-Still Lazy
(Weed, Weed, Romesser) 1:20:06, 3-Heiniken Harriers (Shadown,
Burlingame, Ferreira) 1:20:40; /WOMEN/ 1-Willow Crk Rqt Club
(Polakoff, Harris, Perkins) 1:35:27, 2-Newcomers III (Finch,
Buer, Anex) 1:36:35, 3-Sassy Sausoligans (Wolfe, Nelson, An-
drews) 1:39:42; /18 & UNDER/ 1-The Return of Lowdown (Deluc-
chi, Hummel, Rembao) 1:23:19(Rcd), 2-Bohos of Barbosa (Jonge-
ward, Healy, Guinee) 1:24:05, 3-The Competitors (Deurloo,
Hansen, Doi) 1:26:39; /MASTERS/ 1-B.R.C. Conspiracy (Sweet,
Gade, Bowles) 1:22:01(Rcd), 2-Aerobic Adventurers (Delano, Hea-
ly, Beardall) 1:24:12, 3-Different Folks (Norgard, Ruth, Kier-
nan) 1:26:26...478 teams!...441 finished. /Ralph Bowles/

SYNANON AIR STRIP MOUNTAIN RUN (Jul. 21, near Badger): /6.2
Mi., rugged! 1-Lara/Clovis 35:38, 2-Garza 36:58, 3-Gomez
41:29, 4-Renfro 41:48, 5-Ramirez/Syn 43:29...15-Soto/SYN(50+)
53:49.../Women/ 1-Rojas 47:47, 2-Gauthier/SYN(40+) 53:58...42
finishers. /Michele Gauthier/

WATERMELON RUN (Jul. 28, Oakland): /8.4 Mi./ 1-Schulz/WVTC
43:09(Rcd), 2-Romesser/Un 43:30, 3-Berry/WVTC 43:56, 4-Kindle/
PMK 45:47, 5-Franklin/WVTC 45:56, 6-Brooks/CW 46:49, 7-Winters
46:53, 8-Mina/AGRC 47:09, 9-Urtiga 47:37, 10-Plummer/WVTC
47:40, 11-Bowles/Un(40+) 47:58(Rcd), 12-Singer 48:01, 13-Gowen
48:44...18-Holmes/WVJS 50:36, 21-Coke(40+) 51:43, 42-Denise
Bigelow/AGRC 58:07, 45-Vicki Bigelow(40+) 58:33, 52-Sharon
Calandra 60:44...127 finished. /Bob DeCelle/□

LATE GNUS



gnu (1 1/2 ft. high at shoulder)

Nothing like a little
space to fill! -- SCHEDUL-
ING: On Oct. 13, the Na-
val Support Activity on

Treasure Island is hosting the SEAGULL RUN,
starting at 9:30 a.m....two courses (3 miles
flat and 6 miles flat & hilly around Treasure
and Yerba Buena Island). For further infor-
mation, contact: 415/765-5771 or 765-5088.□

VAN HORN TOPS PAUL MASSON FIELD (Jan. 28, Saratoga): - Sacramento State's Mike Van Horn, whose previous marathon best was 2:39, was certainly not the favorite in the 7th Annual edition of this popular marathon, but his narrow loss to Benton Hart a few weeks earlier in a quick ten-mile (48:54) certainly placed him as a strong contender. As it turned out, Mike overhauled early leader John Moreno at about 16 miles after running fifth (some two minutes back) at the halfway point, and Moreno subsequently dropped out with bad cramps. From then on he simply lengthened his lead, finishing in a good 2:20:55.2, more than 4½ minutes ahead of West Valley College soph, Greg Szanto, who clocked a good 2:25:28. Sunnyvale's Hank Lawson grabbed third (2:26:47), and Mike Gulli clobbered his PR by some ten minutes with a fine 2:28:59 to round out the sub-2:30 field on the rather hilly course. Newly turned master, James Bowers of Santa Rosa, surprised the over-40 field with a solid 2:36:33 for 15th overall, well ahead of challengers Doug Latimer (2:39:40-PR) and Tom Mota (2:40:20). Seventeen-year-old Kathy Koudela of Monte Vista High handled her first marathon in grand style, defeating a fine women's field with a 2:52:52.



(L-R) Greg Szanto and Hank Lawson placed 2-3 at the Paul Masson Champagne Marathon, while Kathy Koudela, a high school student running her first marathon, dominated a fine women's field in a quick 2:52:52, placing 113th overall. /John Sherez Photos/

Second-placer Skip Swannack took fifteen minutes from her personal best with a great 2:56:42 effort. Third-placer Patricia Doran took more than an hour and a half from her previous best with a 3:01:11 for third, and Sue Stricklin, 41, led the masters women in a fine 3:04:53 for fourth place overall. Paula Ferrill was runnerup in 3:16:27, just ahead of Marilyn Harbin's 3:16:42, both PR's. Tom Dooley race-walked 3:55:45. There was a total of 1,403 finishers in the largest turnout ever. /Dan O'Keefe/

1-Mike Van Horn/20/SS	2:20:55	37-Paul Bragstad/31	2:42:50	73-Alan Swenson/27	2:49:42	141-Gerald McMahon/41	2:55:13*
2-Gregg Szanto/22/WVC	2:25:28	38-Edward Dux/31	2:43:02	74-Mike Warr/17	2:49:42	145-Bill Phillips/49	2:55:24*
3-Hank Lawson/23/CW	2:26:47	39-Bruce Hiler/21	2:43:51	75-Dennis Reager/35	2:49:52	158-Sieg. Mattern/42/DSE	2:56:16*
4-Mike Gulli/19	2:28:59	40-Bill Meinhardt/38	2:44:17	76-Raymond Clemo/29	2:50:01	159-Ronald Ruiz/42	2:56:20*
5-Jeff Wall/36/ETC	2:31:30	41-Edwin Jerome/35/TRAC	2:44:21	77-Gary Kaufman/28	2:50:10	172-Theo Jones/40/PMK	2:57:26*
6-Gary Goettelmann/35	2:32:27	42-David James/29	2:44:29	78-Leonard Gilliana/26	2:50:24	173-David Edgar/40	2:57:27*
7-Mike Fanelli/22/PMK	2:32:27	43-Bob Stephenson/31	2:44:31	79-Robert Sobsey/27	2:50:37	175-William Young/40	2:57:32*
8-Tim Swezey/29/PMK	2:33:05	44-Myron Nevraumont/44	2:45:00*	80-Nick Winter/35/LVRC	2:50:37	187-David Roos/41	2:58:05*
9-Russell Knudsen/24	2:33:19	45-Tim Pfister/21	2:45:24	81-Thad Orzechowski/29	2:50:39	189-Herb Hoover/50	2:58:12*
10-David Muela/26/ETC	2:33:21	46-Rich Leutzinger/40	2:45:35*	82-Dennis Anderson/37	2:50:45	200-Joe Maddux/43	2:58:51*
11-Santos Reynaga/29/WV	2:35:02	47-Sal Citarella/36	2:45:36	83-Dan Alarid/36	2:50:50	202-Jon Baumgartner/43	2:59:00*
12-Lynn Mentzer/19/UNR	2:35:10	48-Rick Moraida/18	2:45:40	84-James Liedtke/40	2:50:53*	205-Carl Gillette/43	2:59:19*
13-Bob Woodliff/31	2:35:47	49-Charles Jackson/36	2:45:43	85-Graeme Bell/30	2:50:55	208-Ken Pulver/40	2:59:29*
14-Jim Barker/32/WVTC	2:36:25	50-Paul Gyorey/20	2:45:49	86-Mark Reese/29	2:51:01	211-Ernie Young/45	2:59:31*
15-Jim Bowers/40	2:36:33*	51-Rudi Schmidt/26	2:45:55	87-Larry Arata/34	2:51:02	***WOMEN***	
16-Tom Robinson/30/PMK	2:37:18	52-Eugene Gilligan/37	2:45:55	88-Thomas Kennedy/23	2:51:02	113-Kathy Koudela/17/MVH	2:52:52
17-Jim Bowles/29/WVTC	2:37:20	53-Walt Van Zant/39/WVJ	2:46:41	89-Ed Stromberg/35	2:51:07	165-Skip Swannack/37/WDS	2:56:42
18-Ken Apperson/15/CW	2:37:39	54-Bryan Holmes/44/WVJ	2:47:04*	90-Jerry Hall/32	2:51:07	263-Sue Stricklin/41/WV	3:04:53*
19-Jim Howell/35/WVTC	2:37:43	55-John Graham/45	2:47:06*	91-Michael Longwich/30	2:51:14	325-Diane Young/36	3:09:28
20-Don Dugdale/33/MPAC	2:39:22	56-D.D. Larsen/28	2:47:34	92-Lu Haas/35	2:51:30	345-Kathryn Blinn/24	3:11:23
21-Doug Latimer/41/Un	2:39:40*	57-Karl Machsches/19	2:48:17	93-Doug Fischer/27	2:51:34	366-Laury Belzer/33/LMJ	3:12:29
22-Rich Patterson/35	2:40:00	58-Russ Kiernan/41/DIRT	2:48:23*	94-Al Stanbridge/32	2:51:40	365-Lynn Harris/28	3:13:23
23-Tom Mota/40	2:40:20*	59-Robert Dobson/31	2:48:31	95-William Keller/34	2:51:46	393-Consuelo Underwood	3:14:03
24-Jim Carr/32	2:40:34	60-Michael Milton/32	2:48:34	96-John Ulate/37	2:51:46	405-Diane Evans/26	3:14:44
25-Tom Arnez/17	2:40:46	61-Frank Ruona/33	2:48:41	97-Robert la Rogue/33	2:51:50	423-Judy Irving/32	3:16:06
26-Kenneth Adams/36	2:40:54	62-Steve Daniels/20	2:48:47	98-William Dunn/31	2:51:55	430-Paula Ferrill/42/SUN	3:16:27*
27-Ted Pawlak/22	2:41:01	63-Glenn Pruitt/36	2:48:57	99-Mike Gourley/22	2:52:04	435-Marilynn Harbin/41	3:16:42*
28-Steven Stark/31	2:41:05	64-Sid Christie/33	2:49:01	100-Phil Sanfilippo/28	2:52:11	441-Barbara Davis/29	3:17:01
29-Dan Houchell/22	2:41:21	65-Terry Hughes/35	2:49:08	101-William Soo Hoo/26	2:52:19	481-Grace Voss/35	3:19:46
30-Gary Alderman/35	2:41:24	66-Dennis Early/22	2:49:14	102-Donald Barber/31	2:52:36	493-Pamela Provol/29	3:20:21
31-Bob Cooper/24/WDS	2:41:39	67-Rae Clark/26	2:49:16	***MASTERS***		518-Anne Neeley/40	3:22:07*
32-Harold Yamauchi/21	2:41:40	68-Jack Frost/36	2:49:18	111-Ted Wilson/41/KJ	2:52:46*	519-Judy Wiseman	3:22:??
33-Phil Hager/42/WVTC	2:42:04*	69-Dan Moore/37/LVRC	2:49:29	125-Ed Dally/47/WVTC	2:54:06*	524-Bev Hendrighsman/32	3:22:21
34-Stephen Lorenz/34	2:42:06	70-Hriar Cabayan/34	2:49:30	129-Warren Mooman/42	2:54:16*	539-Julie Thompson/26	3:23:12
35-Silly Sillivan/22	2:42:34	71-Frank Delgado/42	2:49:30*	135-Carl M. Fry/49	2:54:40*	567-Susan Martin/27	3:24:57
36-Charles Hoover/30	2:42:47	72-Albert Garcia/33	2:49:39	140-Hans Roenau/50/DIRT	2:55:01*	575-Marlys Hayden/46	3:25:15*

RODGERS & SCHAUER DOMINATE VALENTINE DAY RUNS (Feb. 17, Oakland): - The Alameda County Heart Ass'n went to the trouble of flying in Bill Rodgers for their annual 5 and 10K runs around Lake Merritt, and nobody appeared disappointed as over 3000 completed the popular runs. Local Canadian, Brian Maxwell, held onto Rodgers for about one lap (5K) and then it became obvious what the outcome was going to be as the Boston Marathon champ easily pulled away to a 53-second victory, 29:15 to 30:08. Mike Cassaday ran a good 30:28 for third. Doug Bell's 33:36 led the over-40's, ahead of Juhani Pohjolainen's 33:58, and Don Pickett was a distant third in 36:11. Dana Flint's speedy 37:52 bested Sue Brusher (38:15), who seemed to have recovered from her PR marathon of the week before (2:57:57). Ruth Anderson (41:16) led the masters women. Kim Schauer was a 16-second victor in the 5K event (both were held concurrently) with a fine 14:57 effort, with Scott Molina in the runnerup spot. Rey Corona (15:27) nipped Bob Martin (15:28) for third. Masters newcomer, Tom Mota, showed he'll be a force to contend with in that division by placing 12th overall in a quick 15:54, besting Vince Spangler's 16:33 and Paul Weggenmann's 16:40. One of the best performances of the day was turned in by Norway's Sissel Grottenberg, whose 16:47 was 31st overall and more than a minute ahead of runnerup Marilyn Taylor's 17:51. Improving Mary Gaffield was third in 18:05, and Liz Ray was best woman over 40 at 20:15. Results on next page. /Cliff Lura, Heart Ass'n./

(Valentine Day Run - 5K)...

1-Kim Schaurer/MR	14:57
2-Scott Molina	15:13
3-Rey Corona	15:27
4-Bob Martin	15:28
5-Bruce Wolfe/WVTC	15:30
6-Frank Leeds	15:37
7-Michael Skiff	15:42
8-Layne Rolston	15:45
9-Peter Jensen	15:47
10-Mike Green/17/WVTC	15:50
11-Iain Mickle	15:54
12-Tom Mota/40	15:54*
13-Tim Rostege/38/WVTC	15:55
14-Rich Moraida	15:56
15-John Carey/16/WVTC	16:02
16-Timothy Morse	16:05
17-Jim Pena	16:12
18-John Leeming	16:14
19-Joseph Domek	16:18
20-Lee Evans	16:18
21-Jonathan Coleman	16:21
22-Henry Walker	16:29

23-Larry Guinee/CVHS	16:30
24-Pat Carroll	16:30
25-Vincent Spangler/41/WV	16:33*
26-Carl Gayden	16:35
27-Kurt Mayne	16:38
28-Paul Weggenmann/PMK	16:40*
29-Allen Mahaney	16:42
30-Bryan Holmes/WVJS	16:47*
31-Sissel Grottenberg/NOR	16:47F
32-Arnold Ramos	16:49
33-Pete Savitz	16:50*
34-Kevin Kennedy	16:54
35-Mike Gama	16:54
36-Joe Casey	16:57
37-Kyle Kessler	16:57
38-Ira Mach	16:58
39-Searcy Barnett	17:00
40-Don MacDonald/PMK	17:01*
41-Richard Doty	17:01
42-Chuck Cox	17:02
43-Michael Hicks	17:06
44-Dennis Coulter	17:06
45-John Cline	17:07

46-Tom Dorst	17:07
47-Russell Cohen	17:09
48-Ron Battano	17:10
49-Michael Gonnella	17:12
50-Charles Putnam	17:14
51-Jack Browne	17:18
52-Roger Manriquez	17:18*
53-Billy Shyvers/WVTC	17:18
54-James Mickle	17:19
55-Bo Johansen	17:20
56-Sam Garcia	17:20
57-Anthony Green	17:24
58-Mark Levinson	17:24
59-Yusof Ghanaat	17:25
60-Bill Arbitman	17:26*
61-Richard Hire	17:26
62-Gary Chan/21/WVTC	17:27
63-Larry Nolan	17:28
64-Larry Moser	17:31
65-Chris Amaral	17:31
66-Steve Flatland	17:34
67-Frank Castro	17:36
68-Jesus Puente	17:36

69-Dave Larson	17:36
70-Rick Gilmore	17:37
71-Robert Harrison	17:37
MASTERS	
79-Arnold Knepper	17:45*
82-Marvin Winer/WVTC	17:50*
98-Joe King	18:12*
100-Jess Chavez	18:15*
101-Ed Baker	18:15*
112-Richard Miller	18:30*
115-Walter Williams	18:33*
WOMEN	
83-Marilyn Taylor/WVTC	17:51
93-Mary Gaffield/PMK	18:05
116-Suzanne Blevins	18:34
138-Frances Mason	19:03
144-Jenny Ray	19:16
151-Denise Bigelow	19:22
158-Jill Miller	19:34
168-Laury Belzer/LMJS	19:41
177-Bridget Flynn	19:50
190-Sharon Calandra	20:05
198-Liz Ray	20:15*

75-Hugh Globerson	36:56
MASTERS	
100-Fred Linch	37:23*
108-W.R. Watkins	37:33*
109-Gary Meurer	37:33*
122-Gough Reinhardt	37:56*
126-Dick White	38:04*
128-Glenn Unsicker	38:11*
153-Gene White	38:41*
158-Bruce Carter	38:50*
162-James Aynesworth	38:56*
164-R. Blair Stock	38:57*
WOMEN	
119-Dana Flint/TAM	37:52
133-Sue Vinella-Brusher	38:15
146-Pauline Vasquez/SJC	38:31
154-Vicki Blankenship/PMK	38:42
220-Audrey Kemp	40:15
240-Consuelo Underwood/PMK	40:39
263-Ruth Anderson/NCS	41:16*
266-Toni Yale	41:20
284-Leslie McMullin	41:46
292-Vicki Bigelow	41:52*
324-Martha Maricle	42:31*
336-Betsy White/WVTC	42:41*

(Valentine Day Run - 10K)...

1-Bill Rodgers/30/GBTC	29:15
2-Brian Maxwell/BASC	30:08
3-Michael Cassaday/27	30:28
4-Bill Seaver/WVTC	30:42
5-Bill Britten/AGRC	30:58
6-Don Paul/PMK	31:13
7-Peter Downs/17/WVTC	31:25
8-Gregg Szanto/WVC	31:34
9-Harvey Franklin/35/WV	31:47
10-Mike Timmerman	32:13
11-Jeff Farmer	32:25
12-Larry Lincoln	32:27
13-Gary Singer	32:36
14-Jim Cook	32:55
15-Tim Swezey/29/PMK	33:09
16-Ted Pawlak	33:14
17-Mike Warr	33:15
18-Matthew O'Brien	33:30
19-Douglas Bell/PMK	33:36*
20-Stephen Rader	33:42
21-Hoyt Walker	33:52
22-Joseph Schieffer	33:56
23-Roger McDaniels	33:58
24-Juhani Pohjolainen	33:58*

25-Rafael Tierrafria	34:00
26-Neil Berg	34:17
27-Rae Clark	34:26
28-Ross Rowley/SUND	34:27
29-Michael Boucher	34:29
30-Tom McCarthy	34:32
31-Ed Jerome/TRAC	34:43
32-David Gowen	34:44
33-Derrick Hamilton	34:45
34-Harold Knutson	34:47
35-Keith Gleason	34:48
36-Ryan Tate	35:03
37-Michael Banks	35:19
38-Laurence Sims	35:23
39-Mike Stover	35:32
40-Phil Duncan	35:36
41-Allan Stanbridge	35:39
42-Richard Locksley	35:40
43-Michael Reynolds	35:41
44-Bernardino Briones	35:42
45-Allen Robertson	35:43
46-Sal Diaz	35:45
47-Bob Brascesco	35:47
48-Jack Eva	35:48
49-Dan Alarid	35:52

50-John Davis, Jr.	35:53
51-Ron Peck	35:57
52-Don Diola	36:02
53-Alan French	36:03
54-Brian Knight	36:04
55-Joe Gallagher	36:05
56-John Carleton	36:06
57-Mark W. Graves	36:09
58-Don Pickett/DIRT	36:11*
59-Richard Piper	36:16
60-John Armstrong	36:19*
61-Michael Coke	36:20*
62-Gerald McMahon	36:25*
63-Warren Mooman/PMK	36:26*
64-Richard Kell	36:27
65-Robert Solorio	36:28
66-Andrew Bruce	36:32
67-Bart Simmons	36:35
68-Bill Stainbrook	36:36
69-Andy Homan	36:37
70-Wayne Schwartz	36:42
71-Terry Higgins	36:46
72-Patrick Todd	36:48
73-Martin Hillyer	36:52*
74-Tommy Lee Greer	36:54

75-Hugh Globerson	36:56
MASTERS	
100-Fred Linch	37:23*
108-W.R. Watkins	37:33*
109-Gary Meurer	37:33*
122-Gough Reinhardt	37:56*
126-Dick White	38:04*
128-Glenn Unsicker	38:11*
153-Gene White	38:41*
158-Bruce Carter	38:50*
162-James Aynesworth	38:56*
164-R. Blair Stock	38:57*
WOMEN	
119-Dana Flint/TAM	37:52
133-Sue Vinella-Brusher	38:15
146-Pauline Vasquez/SJC	38:31
154-Vicki Blankenship/PMK	38:42
220-Audrey Kemp	40:15
240-Consuelo Underwood/PMK	40:39
263-Ruth Anderson/NCS	41:16*
266-Toni Yale	41:20
284-Leslie McMullin	41:46
292-Vicki Bigelow	41:52*
324-Martha Maricle	42:31*
336-Betsy White/WVTC	42:41*

LANGFORD NIPS WAYNE AT BUFFALO STAMPEDE (Mar. 18, Davis): - Fresno Pacific TC's Richard Langford nipped ace marathoner Ron Wayne by 5 seconds, 50:30 to 50:35, just missing Wayne Badgley's 50:09 from last year. Ed Schelegle was a strong third in 50:47 over the flat 10-mile course, held in conjunction with the PA-AAU 50K...results of that event in miscellaneous LDR section, just before these results. Kent Guthrie easily won the masters race in a quick 55:31, far off his own 53:51 meet record, held on a different but equally flat circuit in Sacramento. Abe Underwood was runnerup in 58:00. Sue Brusher posted a solid win over Elaine Miller to annex the women's title with a 63:54 (to Elaine's 64:31), well off Candy Lillian's 63:19 from last year. Heidi Skaden's 70:53 led the women's masters finishers, besting Lieran Woodward by 2:13. Local merchants donated lots of awards to make this a truly enjoyable event...489 finishers. /Abe Underwood/



Sue Vinella-Brusher came away with a big 63:54 win at the Buffalo Stampede. /Marconi/

1-Richard Langford/26/FP	50:30
2-Ron Wayne/29/BASC	50:35
3-Ed Schelegle/25/AGRC	50:47
4-Jan Sershen/31/ETC	52:14
5-Steve Brooks/25/WVTC	52:56
6-Brock Hinzmann/25/ETC	53:19
7-Perry Linn/27/BC	53:32
8-Erik Winje/25/Un	53:32
9-Pete Flores/26/AGRC	53:47
10-Chris Little/17/KAOS	53:50
11-Frank Boutin/23/Un	53:58
12-Dan Smolich/24/COORS	54:40
13-Fred Forsberg/31/Un	55:05
14-Tony Baccelli/30/Un	55:20
15-Doug Butt/34/WVTC	55:21
16-Kent Guthrie/42/WVJS	55:31*
17-Pedro Reyes/16/KAOS	55:38
18-Frank Krebs/36/BC	55:53
19-Win Thibodeaux/22/WPTC	55:58
20-John Lindeman/17/Un	56:06
21-Adam Ferreira/28/HH	56:08
22-Ron Mellor/26/ABC	56:26
23-Mike Wright/21/SStr	56:30

24-Ted Pawlak/22/Un	56:43
25-Dave Cargill/30/SStr	56:53
26-Rudy Dressendorfer/36	56:57
27-William Tippets/27/Un	57:01
28-Bruce LaBelle/23/AGRC	57:12
29-Michael Garrett/23/Un	57:15
30-Dave Muela/26/ETC	57:17
31-Chris Hadley/27/BSR	57:25
32-Mike Warr/17/SStr	57:27
33-Roger Vorse/17/Un	57:47
34-Rich Patterson/35/BC	57:49
35-Abe Underwood/40/BC	58:00*
36-Fraser Rasmussen/35/BC	58:15
37-Peter McCarry/17/Un	58:25
38-Ross Rowley/30/SUND	58:27
39-Myron Nevraumont/44	58:30*
40-Don Spickelmeier/38/BC	58:32
41-Doug Latimer/41/Un	58:32
42-Kurt Vineyard/20/SStr	58:36
43-Jon Hillegeist/17/Un	58:45
44-Rick Edson/32/BC	58:51
45-Mike Deatherage/24/SS	58:57
46-Jim Rice/16/AGRC	58:58

47-Bob Strazzo/16/Un	59:02
48-Dan Alarid/36/BC	59:13
49-Dean Harper/25/AGRC	59:22
50-Ed Stromberg/35/BC	59:22
51-Vince Spangler/41/WVTC	59:30*
52-Pat O'Leary/16/BC	59:45
53-Ron Souther/17/SStr	59:45
54-Bryan Holmes/44/WVJS	59:51*
MASTERS	
77-Tom Adamson/40/Un	62:07*
85-David Ragsdale/40/AGRC	62:51*
88-Bruce Johnson/41/BC	63:10*
89-Dan Halvorson/45/BC	63:17*
91-Fred Dunn/50/PMK	63:24*
WOMEN	
102-Sue Brusher/24/Un	63:54
117-Elaine Miller/32/WVTC	64:31
165-Sally Edwards/31/FF	67:42
170-Karen Rosenblatt/24/AG	68:01
183-Derry Elijah/25/Un	68:48
194-Denise Bigelow/17/Un	69:13
200-Judy Walker/26/Un	69:41
202-Daphne Dunn/32/PMK	69:52

LAKE MERCED MASTERS RUN--WELCK BESTS CATHCART FOR NEW RECORD; STRICKLIN TOPS WOMEN (Mar. 25, San Francisco): - Salinas' Bob Wellck successfully defended his title with a new masters record for the 4.95 mile circuit with a 25:47, five seconds better than his winning time last year. Runnerup Tom Cathcart was a solid 26:04, with Ulrich Kaempff, 48, third in 26:24. The race this year was the best masters field ever, with six runners breaking 27 minutes, twelve under 28 minutes, and thirty-four under 30 minutes! Ross Smith took the over-50 honors, besting Jim O'Neil by almost a half-minute, 26:57 to 27:25. Ageless Ed Preston was all alone in winning the over-60 title in a swift 31:30, some two minutes ahead of Frank Cuzzillo (33:28). Sue Stricklin's 32:38 won the women's title but was well off her own 31:37 record, while Ruth Anderson had all she could do to hold off Marty Maricle for the runnerup position, 33:01 to 33:02. Angie Girven (38:06) bested Ruth Dettering (38:24) in the 50-and-over race, while Kay Atkinson was tops at 60-and-over with a fine 40:53. Oh, almost forgot...Paul Spangler's 38:27 took the 70-plus competition, with Walt Stack in second at 43:31. There were a total of 227 finishers, the best ever for this event we think. /Ralph Bowles/ Note: If we missed any women in the top finishers, please accept our apologies and let us know who you are...the official results did not differentiate between men and women!!! Many names listed only first initials...come on folks, let's print meaningful results!

1-Robert Wellck/41/WVJS 25:47	19-Bruce Carradine/45 28:53	37-A. McDonagh/40 30:21	55-D. Baugh/41 31:35
2-Tom Cathcart/40/WVTC 26:04	20-Theo Jones/42 28:59	38-John Soubier/48 30:29	56-James Thomas/40 31:50
3-Ulrich Kaempff/48/TRAC 26:24	21-Earl Norgard/42 29:01	39-Marv Gross/42 30:31	57-Onomattapeia/57 31:55
4-Kent Guthrie/42/WVJS 26:33	22-Jim Brusstar/43/WVTC 29:03	40-Hanle Shastany/42 30:32	58-S. Nichols/44 31:58
5-Ralph Bowles/42/Un 26:49	23-Waights Taylor/41/WVTC 29:10	41-Rich Mueller/53 30:34	59-Herb Vanek/50 32:03
6-Ross Smith/51/WVJS 26:57	24-M. Murphy/48 29:11	42-Ken Evans/41 30:36	60-Stu Ruth/42 32:04
7-Jim O'Neil/53/BC 27:25	25-Floy Dawson/42 29:12	43-Tokihilo Sychino/43 30:41	61-G. Eubank/44 32:05
8-Roger Daniels/43 27:26	26-R. Watson/40 29:17	44-Paul Spangler/41/TRAC 30:47	***WOMEN***
9-Don Chaffee/40/ETC 27:38	27-Don Huff/42 29:30	45-Joe Dana/42/SStr 30:47	69-Sue Stricklin/41/WVTC 32:38
10-Phil Hager/42/WVTC 27:54	28-Hans Roenau/50/DIRT 29:35	46-J. Landon/42 31:05	78-Ruth Anderson/49/NCS 33:01
11-Jim Moore/43 27:55	29-R. Rahmer/42 29:36	47-Jerry McGowan/40 31:10	79-Marty Maricle/45/NCS 33:02
12-Bob Blonder/40 27:57	30-Fred Dunn/50/PMK 29:38	48-A. Bosman/45 31:17	84-Ann Neeley/40 33:07
13-Bob Malain/51/BC 28:01	31-D. Halvorson/45 29:47	49-Walter Williams/42 31:18	89-Marilyn Harbin/41 33:25
14-Don MacDonald/43/PMK 28:10	32-Phil Paulson/52 29:48	50-Rocco Fazio/45 31:21	99-Lilian Woodward/42 34:01
15-Dennis Lanterman/40 28:18	33-Arnold Knepper/48 29:49	51-Karl Bollinger/53 31:22	100-Ruth Waters/45/NCS 34:07
16-Bill Cantanese/40/DIRT 28:24	34-Warren Yeend/42 29:50	52-L. Lindquist/51 31:23	121-Marlys Hayden/46 35:23
17-Jim Nicholson/48/PMK 28:27	35-Frank Smith/40/PMK 30:13	53-Ed Preston/62 31:30	128-Kathy Brieger/46/NCS 35:38
18-James Jacobs/45 28:50	36-Peter Woodward/49 30:15	54-J. Dougherty/49 31:33	133-Carroll O'Conner/48 36:29

HARMS HOT AT ARROW 10K--SETS COURSE RECORD IN 30:19 (Apr. 1, Sunnyvale): - Peanut Harms had little trouble in winning the popular (376 finishers) Arrow 10K, leading from start to finish in a swift 30:19, besting Aggie teammate Angel Martinez' course standard of 30:47 set last year. The next three places were only 10 seconds apart as 35-year-old teammates Bill Clark and Gary Goettelmann took the next two spots, 31:24 and 31:30, with Steve Brooks next in 31:34. Tom Cathcart continued his fine running by winning the masters division in a swift 33:06, good enough for sixteenth overall, and although he was well off Bob Wellck's 32:27 record, he had little trouble with the competition today, as Roger Bryan was a distant second in a still-good time of 34:03. Kerry Brogan's 37:07 likewise dominated the women's field, as Skip Swannack, 37, bested Pauline Vasquez, 13, for second, 37:35 to 38:19. Penny DeMoss' 1978 record of 36:37 was not approached. Frances Sackerman's 44:39 topped Carroll O'Conner (45:42) in the women's 40-and-over competition. But perhaps the best race of the day was in the 14-16 division, where Danny Gonzales, 16, set a new record of 32:24 in defeating Bryan Carroll (32:31), who unofficially set a new national freshman high school record for 10K. Ray Sharp race-walked 45:26 to defeat Bill Ranney's 46:16 (Bill is more than twice Ray's age at 43...Ray is 19). /Derek Bray/



Tom Cathcart (leading here) was top master at the Arrow TC 10K in 33:06. /John Sheretz/

1-Peanut Harms/27/AGRC 30:19	37-Joe Mercado/24/Un 35:02	73-Williams Jenkins/29/RC 36:44
2-Bill Clark/35/WVTC 31:24	38-Jerome Lewis/43/TRAC 35:05*	74-Dick Croteau/36/WVJS 36:45
3-Gary Goettelmann/35/WV 31:30	39-Sargon Nona/27/Un 35:06	75-Norman Gould/29/Un 36:46
4-Steve Brooks/25/WVTC 31:34	40-Myron Nevraumont/44 35:10*	76-Siegfried Mattern/42 36:46*
5-Jan Seršen/31/ETC 31:37	41-Manny Mahon/29/WVJS 35:11	77-Robert Rea/25/WVJS 36:47
6-Brock Hinzmann/25/ETC 31:46	42-Santos Reynaga/29/WVTC 35:12	78-Garrett Grant/29/RC 36:50
7-Bill Sevald/33/ETC 31:53	43-George Ridout/36/MR 35:12	79-Walt Van Zant/39/WVJS 36:51
8-Denis O'Halloran/27/AG 31:59	44-Nick Winter/36/LVRC 35:15	80-Richard Watson/40/Un 36:57*
9-Rick Brown/24/AGRC 32:00	45-Robert Clay/31/Un 35:24	81-Harold DeMoss/43/WVTC 36:59*
10-Mark Sisson/25/WVTC 32:16	46-Tom Bennett/31/PMK 35:29	82-Martin Robinson/26/Un 37:04
11-Jeff Parietti/24/WVTC 32:19	47-James Owen/31/Un 35:30	83-Kerry Brogan/16/Un 37:07F
12-Dan Gonzalez/16/Un 32:24	48-Keith McNab/37/Un 35:34	84-Bill Davis/27/WVTC 37:15
13-Bryan Carroll/14/Un 32:31	49-Bryan Holmes/44/WVJS 35:35*	85-Rich Collins/39/WVJS 37:18
14-Tad Woliczko/28/Un 32:32	50-Edward Agius/25/Navy 35:43	86-Richard Craig/39/MVS 37:23
15-Tim Chain/22/Un 32:58	51-Phil Sanfilippo/28/WVJ 35:45	87-Mike Alexander/27/Un 37:23
16-Tom Cathcart/40/WVTC 33:06*	52-Andy Takaha/22/CW 35:47	88-David Polnaszer/33/CRR 37:25
17-Mike Duncan/29/WVTC 33:08	53-Ed Jerome/35/TRAC 35:50	89-Frank Smith/40/PMK 37:26*
18-Brian Bonner/31/LVRC 33:19	54-Gary Grellman/30/RC 35:52	90-Mark Everson/24/Un 37:26
19-Fritz Watson/33/WVTC 33:27	55-Andy Zarella/26/Un 35:52	91-Gary Nielsen/42/Un 37:31*
20-Dave Levitsky/26/WVTC 33:31	56-Philip Hager/42/WVTC 35:53*	***MASTERS***
21-Jake White/37/WVJS 33:43	57-Doug Latimer/41/Un 35:56*	98-John Flather/46/TRAC 37:49*
22-Jon Encor/29/Un 33:45	58-Dan Dierken/29/TRAC 35:58	99-Gary Gibson/44/WVJS 37:51*
23-Allen Sandretti/23/RC 33:46	59-David Cummins/37/Un 35:59	101-Warren Yeend/42/Un 38:04*
24-Tom Kennedy/24/WVTC 33:47	60-Jim Turner/39/Un 36:11	105-Bob DeLozier/46/TRAC 38:22*
25-Hugh Stahl/26/PTC 33:48	61-John Ulate/37/TRAC 36:12	107-Allen Bury/43/Un 38:28*
26-Tom Robinson/30/PMK 33:54	62-Bobby Yee/24/Un 36:22	111-Fred Dunn/50/PMK 38:42*
27-Keith Kruse/26/Un 34:00	63-Peter Stein/33/TRAC 36:23	115-Ronald Hakola/45/Un 38:55*
28-Roger Bryan/43/WVJS 34:03*	64-R.B. Sobsey/28/DSE 36:24	116-Walter Williams/42/WVJ 39:00*
29-Bert Johnson/36/LVRC 34:09	65-Patrick Gray/27/Un 36:29	117-David Edgar/40/Un 39:03*
30-Haywood Norton/32/Un 34:14	66-Bob Blonder/41/RC 36:30*	118-Gerald Zeilenga/44/Un 39:07*
31-Roy Scellato/32/TRAC 34:23	67-James Allen/27/Un 36:32	125-Ken O'Neil/41/WVTC 39:22*
32-Hoyt Walker/27/LVRC 34:40	68-Lance Koll/33/WVTC 36:33	144-Paul Spangler/41/TRAC 40:21*
33-David Garcia/28/Un 34:42	69-Van Whitis/41/Un 36:34*	145-Ken Evans/41/CRR 40:22*
34-Martin Bennett/29/Un 34:44	70-John Barbour/24/Un 36:35	146-Tom Gutierrez/49/CRR 40:25*
35-John Hawkes/30/WVTC 34:48	71-Robert Jeffery/33/Un 36:40	149-Ben Brown/43/Un 40:31*
36-Jim Doran/30/WVJS 34:55	72-Waights Taylor/41/WVTC 36:42*	168-Gary Eubank/44/Un 41:26*
		92-Skip Swannack/37/WDS 37:35
		104-Pauline Vasquez/13/SJC 38:19
		109-Phyllis Olrich/29/SJC 38:32
		131-Jane Sowersby/28/Un 39:39
		148-Gail Gustafson/36/WVTC 40:30
		154-Gail Campbell/29/WVJS 40:52
		164-Barbara Pike/37/Un 41:13
		175-Carol Hewitt/30/Un 41:36
		183-Kim Baer/24/Un 41:57
		184-Karen Kressenberg/24 41:57
		206-Mari Kolb/31/WVTC 43:10
		209-Daphne Dunn/32/PMK 43:14
		210-Ellen Clark/32/WVTC 43:19
		225-Gail Goettelmann/34/WV 44:26
		229-Frances Sackerman/49 44:39*
		239-Rachael Bray/12/SJC 45:18

LANGFORD WINS PA-AAU MARATHON; WAYNE GRABS 20-KILO TITLE (Apr. 7, Clear Lake): - Carmichael's Rich Langford had little trouble in annexing the Pacific AAU's District Marathon Championships in a good-for-the-conditions 2:28:33.5. His nearest competitor, Dave Muela, was a distant 2:32:16, and John Skeels duplicated his Mayor's Cup Marathon finish from last fall with a time of 2:33:12. Ulrich Kaempff's 2:43:57 led the masters, as he soundly defeated favored Kent Guthrie, who had stiff competition for the runnerup spot from Doug Latimer...2:48:09 to 2:48:58. Elaine Miller's 3:07:01 led the women, with Ruth Anderson, winner of the over-40 division, a distant second in 3:13:57. No others were under 3:30. In the companion, non-championship 20Km race, Ron Wayne had little trouble in disposing of Fresno Pacific's Gary Romesser, 63:28 to 64:48 over the rolling course. Roger Daniels' 74:03 was good enough for a fairly comfortable win over Craig Rosenblatt's 75:11 in the masters race. Irene Rudolf raced to a quick 81:15 to defeat Karen Rosenblatt (85:55) for the women's title. Martha Maricle, 45, clocked 91:48 to win the masters women's division, good enough for fourth place overall among the distaffers. A large turnout saw 322 complete the 20K and 213 the marathon. All division records in the marathon were broken by large margins (open men, masters men & open women). /Bill Jones/

---MARATHON---

1-Rich Langford/26/FP	2:28:34	17-K. Adams/SSS-Nev.	2:49:25	34-Pete Hanson/36	3:06:18
2-Dave Muela/26/ETC	2:32:16	18-Mike Palomino/26	2:50:18	35-G. MacDougall/23	3:06:28
3-John Skeels/24/Un	2:33:12	19-P. Stewart/27	2:50:18	36-E. Eisenbud/36/BC	3:06:37
4-Brock Hinzmann/25/E	2:37:56	20-Myron Nevraumont/44	2:54:22*	37-Elaine Miller/32/WV	3:07:01F
5-Jim Barker/32/WVTC	2:37:58	21-N. Epanchin/39	2:56:09	38-G. Parrott/35/BC	3:07:35
6-Mike Conroy/34/ETC	2:38:22	22-James Jacobs/45/PMK	2:56:47*	39-S. Higgins/29/DSE	3:08:27
7-Tom Robinson/30/PMK	2:38:54	23-R. McBride/28/NWS	2:57:32	40-Richard Kell/35	3:08:57
8-F. Forsberg/31/Sac	2:42:42	24-Jim Liedtke/41	2:58:05*	41-Tom Zavortink/39/PMK3	3:10:36
9-Ulrich Kaempff/48/TR	2:43:57*	25-Jay Helgerson/24	2:58:18	***MASTERS***	
10-Tom Hayes/33/SWEAT	2:46:55	26-Bill Catanese/40	2:59:00*	45-Chuck Hall/44/NVR	3:11:27*
11-Bill Parr/36/SWEAT	2:47:38	27-D. Potter/41	2:59:08*	46-Bryan Holmes/44/WVJ	3:12:10*
12-Kent Guthrie/42/WVJ	2:48:09*	28-Theo Jones/40/PMK	2:59:09*	54-Gene White/44	3:15:52*
13-Bob Bunell/28	2:48:28	29-Tim Treacy/46/PMK	3:01:39*	59-R. Jamieson/45	3:20:47*
14-Joe Maher/32/MR	2:48:28	30-Jim Nicholson/40/PMK3	3:02:28*	62-Jess Chavez/47/PMK	3:21:39
15-M. Williams/26/ScZ	2:48:52	31-D. Lindsay/26	3:02:29	***WOMEN***	
16-Doug Latimer/41/Un	2:48:58*	32-Keith Whittingslow	3:03:04	50-Ruth Anderson/49/NCS3	3:13:57*
		33-D. Koeberlein/32	3:05:01	107-Betsy White/40/WVTC	3:37:10*
				109-Bev Hendrigan/32	3:37:57

---20 KILOMETER---

1-Ron Wayne/29/BASC	63:28	14-G. Mack/25	74:46	28-B. Madewell/33	79:48
2-Gary Romesser/28/FPTC	64:48	15-B. Barber/21/AGRC	74:47	29-J. Marchuk/21/SWEAT	79:58
3-Kim Schaurer/28/MR	69:41	16-S. Daniels/20/SWEAT	75:02	***MASTERS***	
4-Tim Swezey/29/PMK	70:16	17-Craig Roland/44/ER	75:11*	31-J. McComish/41/TAM	80:19*
5-Mike Buzbee/27/CRC	71:09	18-B. Collins/36	75:18	32-Fred Dunn/50/PMK	80:47*
6-Kees Tuizing/31/TAM	71:19	19-J. Turner/39	75:20	43-R. Miller/41/NCS	83:17*
7-Lance Kuykendall/30/WV72:55	72:55	20-L. Jansen/30	77:16	44-Don Pickett/51/TAM	83:22*
8-R. Locksley/30	72:56	21-R. Williams/29/AGRC	77:22	45-Earl Norgard/42	84:09*
9-G. Nelson/32/SSS-Nev.	73:21	22-C. Freeman/28	77:40	46-D. Goodwin/40	84:15*
10-Tom Aldana/27/ETC	73:38	23-R. Vincent/49/ER	78:14*	48-P. Bush/40/WVJS	84:25*
11-J. Gibbons/34/ER	73:58	24-R. Fletcher/28/PWBC	78:18	49-Werner Sandvoss/47/TR	84:47
12-Roger Daniels/43/TAM	74:03*	25-R. Henn/36	78:23	***WOMEN***	
13-P. Miller/25	74:34	26-M. Lima/25	78:47	33-Irene Rudolf/37/WVTC	81:15
		27-Frank Smith/40/PMK	78:55*	55-Karen Rosenblatt/24/AG85:55	85:55

SCHEGLE IS PA-AAU 20K VICTOR (Apr. 14, Stockton): - Aggie teammates Ed Scheogle and Denis O'Halloran grabbed the top two spots at the district 20-kilometer championships, with times of 64:01 and 64:58 respectively, but Excelsior TC won the coveted team title over West Valley as the Davis team failed to bring enough runners to score (5). Led by Jan Sershen's third place 65:20, the San Francisco club put all five finishers in the top 15 to outdistance WVTC by over 13 minutes teamtime. Ralph Bowles' 71:43 led the masters, as Abe Underwood was a distant runnerup in 73:55. Harvey Ferrill of the host Sundance TC was third in 75:07. In the best race of the day, Karen Rosenblatt edged Linda Van Housen, 85:25 to 85:28, with Karen Scannell a very competitive third (winning the masters title) at 85:39. Karen easily outdistanced Ruth Anderson's 88:54 to win her division. Sundance's women's team bested the Woodside Striders by some 5 minutes for the team title, while the NorCal Seniors took the women's over-40 team title. Many top runners who would have ordinarily run this race were at Boston (Marathon) and thus the depth was not as good as usual. Only 111 finished. /Teri & Frank Hagerty/

1-Ed Scheogle/AGRC	64:01	13-George Green/ETC	68:59	25-Terry Casey/ETC	75:47	***MASTERS***	
2-Denis O'Halloran/AGRC	64:58	14-David Muela/ETC	69:24	26-Bob Hedges/BC	76:08	45-Timothy Treacy/PMK	83:03*
3-Jan Sershen/ETC	65:20	15-Jim Tracy/ETC	70:29	27-Tom Lucas/WDS	76:38	47-Walter Williams/Un	83:53*
4-Steve Brooks/WVTC	65:58	16-Marc Hoschler/BC	70:33	28-Andy Takaha/CW	76:51	48-Mike Kinter/Un	83:58*
5-Bill Sevald/ETC	66:23	17-Ralph Bowles/Un	71:43*	29-David Hamer/WVTC	77:34	59-Steve Gaal/SUND	89:58*
6-Adam Ferreira/Un	67:19	18-Ross Rowley/SUND	72:26	30-Karl Macheschefes/ETC	78:19	***WOMEN***	
7-Daryl Zapata/WVTC	67:49	19-Abe Underwood/BC	73:55*	31-Walt Van Zant/WVJS	78:32	50-Karen Rosenblatt/AGRC	85:25
8-Perry Linn/BC	68:12	20-Bob Cooper/WDS	74:09	32-Jay Lathrop/Un	78:47	51-Linda Van Housen/WDS	85:28
9-John Mansoor/AGRC	68:20	21-Frank Ruona/Un	74:32	33-Luis Sandoval/WDS	79:01	52-Karen Scannell/PMK	85:39*
10-Jim Bowles/WVTC	68:28	22-Gordon Collet/Un	74:42	34-Rich Doty/SUND	79:05	57-Ruth Anderson/NCS	88:54*
11-Frank Krebs/BC	68:51	23-Harvey Ferrill/SUND	75:07*	35-Mike Rowerdink/SUND	79:15	63-Paula Ferrill/SUND	91:26*
12-Bruce Wolfe/WVTC	68:53	24-Hoyt Walker/LVRC	75:33	36-Richard Utting/Un	80:05	64-Sue Schnell/SUND	91:33
				37-Tom Mann/ETC	80:09	65-Sharon Miller/SUND	94:09

ERIC WILLIAMS DOMINATES KPFA "CIRCLE BERKELEY" RUN (Apr. 15, Berkeley): - Fittingly enough, a Berkeley resident won this one, besting a field of 245 starters. Eric Williams led the pack up Ashby Avenue's mile long hill. Only Virginio de Aravjo (from San Francisco) was with him at the summit. Eric gradually pulled away for a decisive win in 29:52 over the 5.6 mile circuit, with Virginio next at 30:46. Don McDonald finished 14th overall in winning the over-40 title at 34:04, while Robert Gehl's 34:37 captured the runnerup spot and won the 50-and-up division. Another Berkeley resident, Louise Aaron, was the overall women's winner in a good 36:45 for 37th overall...note that these placings don't match with the list on the following page since unofficial or unknown runners were dropped from the printed results by NCCR. Alice Fischer's 38:41 was a distant runnerup. Birthe Kirsch topped the women's masters field, finishing 109th in 44:18. The sponsoring group, Radio Station KPFA of Berkeley, features a regular program entitled "The Running Journal" and was naturally on hand to capture the highlights of the race, which they included in their live follow-up show on April 24th. For more information on their programming times and content, call them up... they provide a good service to the running community. /Mark Jaqua/



PA-AAU Marathon winner, Rich Langford, shown here during the early stages of the San Jose Invit. 10,000. /D. Stock/

73-Daphne Dunn/32/PMK 89:48
 85-Marty Maricle/45/NCS 91:48*
 104-Melita Peppin/28 94:09
 114-Gail Gustafson/37/WVTC95:54
 128-Marlys Hayden/46/TAM 98:26*

...results on following page...

(KPEA "Circulo Berkeley" Run...)	12-Douglas Bamford	33:27	24-Mike Hofmayer	35:55	57-Alan Portis	39:26*	
1-Eric Williams/MR	29:52	13-Scott Anderson	33:27	25-Doug Schrock	36:00	63-Chris Kiefer	40:24*
2-Virginio DeAravjo	30:46	14-Don McDonald/PMK	34:04*	26-Chester Valdes	36:14	66-Frank Cuzzillo(60+)	40:26*
3-Stacy Geiken	31:19	15-Skip Jones	34:35	27-Dan Wentworth	36:19	72-Eugene Legend	40:39*
4-Robert Page	31:27	16-Robert Gehl	34:37*	28-Mark Levinson	36:24	***WOMEN***	
5-Wolf Goubau	31:41	17-Kurt Mayne	35:00	29-John Sensenbaugh	36:30	35-Louise Aaron	36:45
6-Pat Shaughnessy/WVTC	32:23	18-Hugh Globerson	35:15	30-Steven Hui	36:36	49-Alice Fischer	38:41
7-Jim Moyles	32:52	19-Don Huff	35:21*	31-Tim Thulin	36:42	71-Cornelia Brown	40:37
8-Tim Rostege/WVTC	32:56	20-Jim Dyer	35:27	32-Lawrence Brown	36:42	82-Lynanne Jacob	41:47
9-David Horning	33:12	21-Dave Larson	35:37	33-David Ripp	36:43	87-Carol Schnake	42:03
10-Paul Cronin	33:13	22-Greg Yamanaka	35:42	***MASTERS***		94-Susan Prebish	42:40
11-David Zumwalt	33:16	23-Dick Malkin	35:46	46-Charles Marut	38:10*	96-Nancy Frost	43:15

SCHULZ, GUTHRIE AND GUSTAFSON DOMINATE LIVERMORE 8.5-MILER (Apr. 21, Livermore): - Despite warm temperatures, WVTC's (and UC Berkeley's) Hal Schulz averaged 5:05 per mile in dominating the 8th Annual Livermore 8.5-Miler in 43:14, just 46 seconds over Jim Nuccio's 1975 course standard. His margin of victory was most impressive, as Steve Brooks clocked 45:07 in second, edging out Brock Hinzmann by 7 seconds. In the masters division, Kent Guthrie missed his own 1977 record by a mere 9 seconds, clocking a good 47:57 in a runaway victory over Roger Bryan, who was the only other master under 50 minutes in 49:17. Gail Gustafson topped the women's field with a good time of 57:40. Second female runner to finish was 49-year-old Ruth Anderson in 58:51 (she missed her masters women's record of 57:44). Maryetta Boitano's 55:11 from 1973 still stands as the women's overall best on this course. A smaller-than-normal turnout of 238 (finishers) was attributed to the 'competition' from several other large races that weekend. /Nick Winter/

1-Hal Schulz/20/WVTC	43:14	25-Mark Scheuer/33/PMK	52:32	49-Michael Gray/26/Un	54:51
2-Steve Brooks/25/WVTC	45:07	26-Dan Hersh/19/WVTC	52:54	50-Don Mittelstaedt/43/CN54:58*	
3-Brock Hinzmann/25/ETC	45:14	27-Larry Pugh/32/SS	52:59	***MASTERS***	
4-Dan Anderson/27/WVTC	46:45	28-Doug Schrock/26/Un	53:02	52-Dieter Diekmeyer/47	55:09*
5-Brian Bonner/31/LVRC	46:58	29-Mike Weiss/17/Un	53:05	53-Gough Reinhardt/50/LVR55:41*	
6-Bert Johnson/36/LVRC	47:45	30-Server Sadik/34/LVRC	53:12	59-David Edgar/40/Un	56:39*
7-Kent Guthrie/42/WVJS	47:57*	31-David Anderson/15/Un	53:14	72-Joe Davis/44/Un	58:17*
8-Dave Levitsky/26/WVTC	48:19	32-Art Portocarrero/36/Un53:16		73-Cliff Warner/40/Un	58:24*
9-Greg Jewitt/32/ETC	49:13	33-Walt Van Zant/40/WVJS	53:20*	81-Bob Kennedy/42/Un	59:19*
10-Roger Bryan/43/Un	49:17*	34-Rip Talavera/36/Un	53:22	82-David Wallace/41/Un	59:22*
11-Dennis Uriaga/30/CTC	49:49	35-Hoyt Walker/27/LVRC	53:37	91-Flory Rodd/55/DSE	59:54*
12-William Dunlop/35/LVRC49:51		36-Sherman Lamb/29/CS	53:43	***WOMEN***	
13-Dan Moore/37/LVRC	50:18	37-Jim West/18/Un	53:49	66-Gail Gustafson/36/WVTC57:40	
14-Dan Dierken/29/TRAC	50:41	38-Wesley Hurlburt/39/Un	53:49	78-Ruth Anderson/49/NCS	58:51*
15-Gordy Vredenburg/35/BC50:54		39-Gino Abad/29/Un	54:03	86-Jeanne Shuler/37/LVRC	59:47
16-Bryan Holmes/44/WVJS	50:57*	40-Joe Choy/27/LVRC	54:05	106-Diane Wayman/24/Un	61:22
17-Dave Cargill/30/SS	51:02	41-Walter Williams/42/WVJS4:07*		111-Karen Diekmeyer/38/SUN62:18	
18-Peter Cartwright/32/Un51:27		42-Peter Galloni/44/Un	54:09*	123-Carol Hewitt/30/LVRC	63:28
19-Frank Nolan/39/WVTC	51:29	43-Jack Byrd/43/PMK	54:11*	125-Marilynn Harbin/40/DRR63:38*	
20-Doug Latimer/41/Un	51:34*	44-Doug Riggle/23/Un	54:25	129-Mari Kolb/31/WVTC	64:13
21-Steve Scarich/31/Un	51:40	45-Earl Fuller/27/Un	54:33	130-Colleen Fox/24/PMK	64:49
22-Hriar Cabayan/34/LVRC	51:43	46-Marco Martin/38/PMK	54:35	137-Patricia Miler/24/Un	65:17
23-Craig Van Otten/28/Un	51:57	47-James Murray/36/Un	54:37	160-Carol Morley/25/Un	67:54
24-Larry Arata/34/Un	52:27	48-Keith Brown/24/Un	54:44	161-Frances Foy/28/Un	68:09



Gail Gustafson's 57:40 topped all women at the Livermore 8.5 Miler. /Dennis O'Rourke/



(Above) Start of the Golden Gate Park 8-Miler. (Right) Winner Mike Emry at 3 miles. /Jim Engle/

EMRY TOPS AT GOLDEN GATE PARK 8-MILER (Apr. 22, San Francisco): - Under ideal drizzly conditions, Camino West's Mike Emry opened up a big lead early in the race and held on for a 42-second victory in a quick 41:08, but was well off the 39:50 course record set by Jim Nuccio and Wayne Badgley in 1975. Denis O'Halloran pulled away from Mark Sisson in the last few miles to win second place, 41:50 to 42:04. Russ Kiernan's 47:37 bested fast-improving Robert Gehl's 48:20 for the masters title. Jane Sowers by easily outdistanced Vicki Blankenship, 53:15 to 56:11, to best all female opposition. Sue Hutchinson's 58:08 won the masters women's category by over 4½ minutes but fell short of Ruth Anderson's 55:08 meet standard. A total of 348 finished this always popular run. Host West Valley TC bested Excelsior TC for the team title. /Ray Mensie/ ...continued.



(Golden Gate 8-Miler, Cont'd...)	19-Glenn MacDougall/23/Un	46:25	38-R.B. Sobsey/28/DSE	50:05	68-Charles Marut/41/Un	52:45*
1-Mike Emry/22/CW	20-Doug Butt/34/WVTC	46:55	39-Tom Mann/36/ETC	50:07	74-Walter Scharno/41/ETC	52:58*
2-Denis O'Halloran/27/AG	21-Spencer Ferguson/16/WV	47:00	40-Theo Jones/40/PMK	50:18*	79-Stu Ruth/42/Un	53:01*
3-Mark Sisson/25/WVTC	22-Ray Bonner/37/TSRC	47:30	41-Tim Burris/34/Un	50:23	80-Karl Bollinger/53/OC	53:06*
4-Pete Flores/26/AGRC	23-Russ Kiernan/41/TAM	47:37*	42-Vic Kaprielian/30/Un	50:31	92-Frank Evans/41/NCS	54:18*
5-Don Paul/28/PMK	24-Adrian Wong/27/Un	47:47	43-Walter Williams/42/WVJ	50:33*	93-Tony McDonagh/40/DSE	54:19*
6-Fritz Watson/33/WVTC	25-Gary Nathanson/17/TSRC	48:13	44-Richard Mayers/37/Un	50:37	***WOMEN***	
7-Tad Woliczko/28/Un	26-Tom Martz, Jr./17/DSE	48:13	45-Brandt Anderson/29/SAC	50:57	82-Jane Sowersby/28/WVTC	53:15
8-Ron Nabers/30/WVTC	27-Robert Gehl/50/DSE	48:20*	46-Jim Brusstar/43/WVTC	50:58*	117-Vicki Blankenship/34/P56	56:11
9-Daryl Zapata/33/WVTC	28-Steve Hackel/16/PiedHS	48:21	47-Jon Rosenberg/30/Un	51:01	120-Dana Hooper/24/TAM	56:22
10-Bill Sevald/33/ETC	29-Jim Nicholson/47/PMK	48:38*	48-Rich Navarro/39/DSE	51:07	125-Valerie Doyle/36/DSE	56:35
11-Bob Darling/29/ETC	30-Siegfried Mattern/42	49:19*	49-Tim Treacy/46/PMK	51:08*	153-Sue Hutchinson/42/Un	58:08*
12-Russ Knudsen/24/Un	31-Joe Gallagher/32/Un	49:33	50-John Harland/27/Un	51:12	178-Marti Menz/23/BASC	59:34
13-Arturo Rodriguez/29/WV	32-William Farrier/24/HR	49:44	51-Willie Roy, Jr./25/Un	51:12	182-Diane Major/34/DSE	59:44
14-Mike Conroy/34/ETC	33-Bryant Garth/29/Un	49:45	52-Rich Siciliano/34/Un	51:18	190-Beth Sibley/33/Un	60:04
15-James Tracy/28/ETC	34-Steve Hoots/35/Un	49:47	***MASTERS***		198-Nancy Frost/24/Un	60:50
16-Jeff Rawlings/33/Un	35-David Tepper/29/Un	49:49	60-Mike Korbholz/42/DSE	52:06*	200-Monique Parrish/26/RRC	60:59
17-Nat Goodhue/38/Alaska	36-Michael Brown/27/ETC	50:00	64-Ron Hakola/45/Un	52:23*	201-Joyce Martin/30/DSE	61:12
18-James Willmot/26/RaRC	37-Ralph Worthington/31	50:02	65-Don Pickett/51/TAM	52:26*	203-Melita Peppin/28/Un	61:18

COLORADOAN WINS RUN FOR DAYLIGHT; DENISE BIGELOW WINS CLOSE WOMEN'S RACE (Apr. 22, Lafayette)

- Nineteen-year-old Chuck DeGarmo of Colorado was the surprise winner in the first annual 6-miler (short course), which had originally been advertised as 10Km. DeGarmo had a comfortable 25-second lead (30:31 to 30:56) over Oakland's Harvey Franklin at the finish-line, while Dan Anderson, making a comeback after several years of "laying low", grabbed the bronze in 31:14. The fourth placer, Larry McKendell, won the junior division. Myron Nevraumont's 33:37 was fast enough for a comfortable 42-second win over Ted Wilson in the masters division, while Denise Bigelow of the Aggie Running Club had her work cut out for her as teammate Karen Rosenblatt pushed her hard to a win in the women's race. Her 37:39 was only 8 seconds in front. Sandra Caldwell's 43:34 was good for 394th place out of 1232 finishers and captured the masters women's division. There were lots of merchandise awards, T-Shirts, and all proceeds went to the American Cancer Society. A great first-time effort by the promoters and a race worth putting on your schedule for 1980. /Marijo Froines; John Hagedorn/



Start of the 1st Annual "Run for Daylight", held in Lafayette. /Bill Anderson/

1-Chuck DeGarmo/19/Colo	30:31	27-Ted Wilson/KJ	34:19*	53-John Mercurio	35:20	79-Weiferd Watts	36:13
2-Harvey Franklin/36/WV	30:56	28-Jeff Mihm	34:23	54-Glenn Yajko	35:27	80-David Sale	36:14
3-Dan Anderson/27/WVTC	31:14	29-Tom Guerin	34:23	55-Bart Oxley	35:31	81-Steve Callahan	36:15
4-Larry McKendell/17	31:27	30-Chris Sherwood	34:24	56-Nelson Togerson	35:32	82-Chris Jens	36:15
5-Gary Alderman	31:30	31-Joe Cavanaugh	34:24	57-David Ripp	35:33	83-Dan Lucas	36:22
6-Pat Shaughnessy/WVTC	31:32	32-Glenn Vencill	34:34	58-Jose Raygosa	35:33	84-Brian Kilian	36:23
7-Frank Goss	31:48	33-Glenn Parker	34:35	59-David Klein	35:34	***MASTERS***	
8-Joe Maher/MR	31:58	34-Thomas Webb	34:37	60-Robert Algieri	35:41	107-Darrell Gee	37:16*
9-Philip Bush	32:07	35-Chris Avalos	34:39	61-Lee Sorenson	35:51*	113-Bruce Carter	37:23*
10-Eric Sargeson	32:16	36-Dennis Burkett	34:41	62-Ray Quintanilla	35:52	127-John Barr	37:43*
11-Bob Shannon	32:16	37-James Batz	34:41	63-John Morse	35:53	133-Fritz Schwarz	37:54*
12-Dennis Coulter	32:51	38-Jim Dyer	34:46	64-Eb Luckel	35:54	134-Jess Chavez	37:54*
13-Howard Macher	33:01	39-Edward Baker	34:47	65-Jack Jamieson	35:56*	148-Steve Nichols	38:21*
14-Eddie Lanzarin	33:03	40-Marty Watkins	34:49	66-Brian Williams	35:57	***WOMEN***	
15-Rich Berne	33:25	41-Floy Dawson	34:50*	67-Karl Uebel	35:58	120-Denise Bigelow/17/AGRC	37:39
16-Anthony Bettencourt	33:29	42-Philip Bradley	34:53	68-Larry Lynch	36:02	130-Karen Rosenblatt/AGRC	37:47
17-Dennis Durbin	33:31	43-Bobby Yee	34:55	69-John Kluge	36:02	142-Kim Carter	38:04
18-Brad Kearns	33:33	44-John Shanahan	34:58	70-Steven Wight	36:03	192-Jolie Houston/AGRC	39:22
19-Mark Samuelson	33:36	45-Alan Winkley	35:08	71-William Rider	36:06	212-Sabrina Schreder	39:57
20-Myron Nevraumont/WVJS	33:37*	46-Michael Levin	35:12	72-Doug Schrock	36:06	263-Martie Comarill	41:13
21-John Bitzer	33:38	47-Roger Smith	35:12	73-Craig Johnson	36:08	292-Colleen Fox	41:49
22-Jim MacDougall	33:47	48-Jack Byrd/PMK	35:12*	74-Tom Grenslitt	36:08	316-Paula Jorde	42:22
23-Kenneth Stein	33:49	49-Steven Cowell	35:14	75-Elliot Wolf	36:09	328-Pat Jennings	42:34
24-Ron Peck	33:51	50-Glenn James	35:15	76-Steven Hui	36:11	362-Cindy Wright	42:59
25-Jim Moore	33:53	51-Evan MacBride	35:16	77-Dan McComb	36:11	365-Myra Troske	43:01
26-Steve Hyland	33:58	52-Keith Wallace	35:18	78-Bob Ward	36:12	394-Sandra Caldwell	43:34*

JUDY FOX RUNS QUICK 10K AT MAY DAY RUNS (Apr. 29, San Francisco): - Over 1200 runners made this year's fund-raiser for the Heart Association a great success, and the three-race (5, 10 and 15K) format provided something for everyone. Times as a rule were not spectacular, but Judy Fox provided what was probably the most outstanding performance of the day with her 35:45 in the 10K event, good enough for 8th place(!) overall. This was only a few seconds off the PR she set on the same course at the Bonne Bell 10K in February. Taking her 38 years into consideration, she is certainly in a class by herself. Chris Jackson and Doug Black came in together at 15:37 in the one-lap (5K) run, comfortably ahead of Rich Stiller's 15:46. Waights Taylor had a good battle with Floy Dawson in head-to-head masters competition, coming out on top, 17:44 to 17:49. Irene Rudolf had an easy time in winning the women's title with her good 18:38, good for 30th place overall. In the two-loop 10K race, Rick Brown cruised in at 31:56, well ahead of Harvey Franklin, who did 32:37 in winning the sub-masters division. Fidel Serrano, only 17, placed third at 33:27, just ahead of another 17-year-old, M. Sapp, who did 33:33. As mentioned, Judy Fox ran away with the women's title, while Jolie Houston placed second at 41:44, just ahead of women's masters victor, Vicki Bigelow, who did 41:55. In the longest race of the day, Don Paul, running his second good race only a few weeks after a 2:21 performance at the Boston Marathon, clocked in at 49:51 to best Bill Sevald's 50:06. Joan Ulyot's 60:13 bested Vicki Blankenship (60:35) for the women's title, with Ruth Anderson grabbing 3rd (and top masters woman) in 63:44. Bob Gehl, who at 50 continues to improve, led the masters men in 55:13, just ahead of R. Richter's 55:22, as they placed 12th and 13th overall. On the next page we're listing the top finishers in each race. Since the results were listed by place within division (not overall finish), we cannot avoid (at least not without a lot of trouble) listing unofficial runners (don't ask why). Also, mostly first initials were listed so that's how we list 'em. /S.F. Heart Ass'n/ more--

(May Day Runs, Cont'd...)

5 KILOMETERS

1-Chris Jackson/19	15:37
2-Doug Black/26	15:37
3-Richard Stiller/34/TR	15:46
4-R. Miller/17	15:57
5-Saul Marquez/16	16:01
6-Tom Robinson/34/PMK	16:13
7-Tim Rostege/38/WVTC	16:29
8-Thomas Bennett/31	16:38
9-Al Lopez/29	16:42
10-John Leeming/22	16:53
11-R. Iseri/17	16:57

12-B. Ward/39	17:31
13-Unofficial Runner	-----
14-Jeff Price/18	17:37
15-Waights Taylor/41/WVTC	17:44*
16-B. Wade/37	17:46
17-Floy Dawson/42	17:49*
18-Joe Turrini/14	17:51
19-Gary Chan/20/WVTC	17:52
20-R. Harrison/15	17:56
21-R. Townsend/36	18:05
22-M. Cummings/30	18:12
23-F. Holloszy/40	18:14*
24-Eric Park/33	18:18

25-D. Martinez/24	18:22
26-T. Blamey/18	18:25
27-H. Iseri/19	18:27
28-J. Ferry/20	18:34
29-Inaki O'Kelly/16	18:37
30-Irene Rudolf/37/WVTC	18:38F
31-Mark Docto/16	18:49
32-Steve Hogg/26	18:52
33-Mike Sandsmark/22	18:55
34-I. Moreno/31	18:57
35-Kevin Gallagher/31	18:58
MASTERS	
38-J. Kauffould/41	19:11*

44-James Gallagher/43	19:23*
67-Howard Schopman/41	20:51*
71-K. Brophy/40	21:06*
89-D. Vidal/50	22:09*
WOMEN	
52-K. Bonnett/14	20:14
68-S. Prebish/32	21:01
77-S. Miller/36	21:24
81-A. Ko/20	21:40
83-Duerksen/26	21:48
94-Renee Hicks/22	22:26
97-L. Forsberg/15	22:38
99-Nancy Malgesini/22	22:44

10 KILOMETERS

1-Rick Brown/24/AGRC	31:56
2-Harvey Franklin/36/WV	32:37
3-Fidel Serrano/17/WVTC	33:27
4-M. Sapp/17	33:33
5-Iain Mickle/18	34:34
6-Young/32-Jim Moore/43	35:36*
7-E. Stanton/15	35:45
8-Judy Fox/38/WVTC	35:45F
9-T. Beeman/26	35:56

10-Allen Robertson/23	36:39
11-G. Farrell/32	36:41
12-R. Nunez/27	36:43
13-H. Wald/26	36:48
14-G.C. Tinloy/22	36:56
15-Raymond Gin/37	37:00
16-J. Hillard/26	37:06
17-Slobod/24	37:16
18-G. Unsicker/46	37:33*
19-D. Cox/31	37:54

20-B. Meegan/18	37:58
21-Robert Kaye/27	37:59
22-Crawford/22	38:00
23-R. Keene/41	38:06*
24-J.J. Raygosa/23	38:07
25-D. McCallough/27	38:21
26-M. Hicks/36	38:38
27-Neil Fielshon/27	38:45
28-M. Bilbert/32	38:53
29-B. Marks/30	38:54

MASTERS	
38-J. Smart/40	40:11*
39-R. Biegel/42	40:12*
41-Ed Burke/61	40:22*
47-B. Garner/45	41:20*
WOMEN	
51-Jolte Houston/22/AGRC	41:44
53-Vicki Bigelow/43	41:55*
81-C. Bergstrom/16	44:41
96-C. Barnett/15	45:48

15 KILOMETERS

1-Don Paul/28/PMK	49:51
2-Bill Sevald/33/ETC	50:06
3-George Green/28/ETC	52:59?
4-Unofficial Runner	-----
5-Joe Becerra/36/ETC	53:01
6-Mike Palomino/26	53:26
7-J. Schmitt/34	53:58
8-P. Stewart	54:10
9-R. Eichstace/32	54:11
10-Dennis Reager/35	54:44
11-Steve Schwalter/32	54:57
12-Robert Gehl/50/DSE	55:13*
13-R. Richter/45	55:22*
14-R. Fletcher/28	55:31
15-Siegfried Mattern/42	55:55*

16-R. Mason/30+	56:01
17-Unofficial Runner	-----
18-Joe Gallagher/32	56:26
19-R.B. Sobsey/28	56:30
20-J. Crabb/25	56:39
21-D.A. Gustafson/35	56:41
22-Ron Peck/37	56:46
23-L. Fiegenbaum/30+	56:47
24-Marco Martin/38/PMK	56:57
25-D. Fragoza/25	57:33
26-R. Solorio/31	57:38
27-Ed Ferrari/19	57:46
28-B. Schmitt/18	57:59
29-B. Frisbie/30+	58:01
30-Rick Alvarez/31	58:02
31-J. Dyer/32	58:05

32-S. Ryan/14	58:09
33-Al Portocarrero/30+	58:22
34-W.G. Basinger/29	58:28
35-Rich Henderson/34	58:34
36-David John/25	59:03
37-C. Jens/28	59:07
38-R. Rattray/29	59:16
39-Dennis Lanterman/43	59:16*
40-Bob Arce/28	59:22
41-Al Koslofsky/34	59:25
42-Stan Dittman/27	59:34
43-A.F. McDonagh/40	59:35*
44-Tod Gamler/27	59:42
45-Unofficial Runner	-----
46-D. Barrett/30+	59:52
47-D. Pursley/26	59:54

MASTERS	
50-C.P. Larson/46	60:12*
58-P. Thomson/43	61:19*
60-Jess Chavez/47	61:34*
68-Paul Spangler/41/TRAC	62:32*
73-R. Feldman/40	63:31*
85-Gerald McGowan/41	64:35*
WOMEN	
51-Joan Ulyot/38/WVTC	60:13
57-Vicki Blankenship/38/P60	60:35
77-Ruth Anderson/49/NCS	63:44*
88-Denise Bigelow/17	64:44
96-Alice Fischer/25	65:57
98-Betsy White/40/WVTC	66:00*
106-Marge Elson/28	67:41
116-N. Frost/24	67:49

AVENUE OF THE GIANTS--FORMAN & CASSADAY QUALIFY FOR TRIALS; WIPF SETS RECORD

(May 6, Weott): - Under cold and rainy conditions, Keith Forman, 38, a former sub-4:00 miler at the Univ. of Oregon in the early sixties, held off a determined Mike Cassaday, who was running his first marathon, to win by 17 seconds in an Olympic Trials qualifying time of 2:21:28. Cassaday also slipped under the 2:21:54 standard with his 2:21:45. Third-placer Bill Sevald was a bit more than a half-mile back in 2:25:02. Proving that you're not "over the hill" when you're past 30, four of the top five finishers were 33 and over! A total of six out of the top eight were sub-masters, as that number broke 2:30. Tom Mota, who had just turned 40 a few months earlier, served notice to the area that he'll be a top contender for masters competitions for years to come with a quick 2:35:03, good enough for a 3:44 margin over Roger Daniels, 43, who cracked the 2:40 for the first time. Mota missed Stuart Fall's 2:33:54 course standard from 1977, but not by much. In the women's competition, Jane Wipf, 21, of Logan, Utah, set a blistering pace and was never headed, finishing in a record 2:47:50, breaking Jackie Hansen's 2:50:18 mark and recording the fastest marathon ever on NorCal soil. Second-placer Irene Rudolf, 37, also set a PR, clocking 2:56:10 and breaking the only other record. Jane Wooton (3:01:40) and Jane Sowersby (3:02:13) also set PR's in third and fourth place. Maria Johnston, 41, of Dallas, Texas, won the women's masters race with a 3:16:46, making her the third out-of-state divisional winner of the day. Forman, the winner, is from Tacoma, Washington. This year's event, held to 2000 entrants, came up with 1663 finishers and meet promoters say they'll limit the field again next spring, as well as at the "Son of Avenue", to be held this October. Some other interesting facts on Keith Forman...his 3:58.3 mile, set in 1962, made him the sixth or seventh fastest miler up until that time, and he was also a member of Univ. of Oregon's world-record setting 4-mile relay team that year. After a 4-year stint with the Marines, he had done low-key racing since the late 60's. He ran his first marathon in 1974 (2:57) and has steadily improved (his previous best was a 2:25+ at the Nike Marathon in the fall of 1977).

His making the Olympic Trials is especially significant since he failed to do so in 1964 because of an injury. At this point in time, Keith and Albie Thomas (Australia) share the 147th best mile time in history (they've slipped several notches since this listing in the May 1979 issue of *Runner*). At Honolulu last December, the two of them just happened to run together for several miles of the Marathon...Keith did a 2:41 only 2 weeks after a 2:27 at Seattle. /Don Hughes; Diak Meyer/



Keith Forman - 2:21:28

1-Keith Forman/38/Wa	2:21:28	10-Russell Knudsen/24	2:32:30	19-Dennis Fridly/33/NV	2:35:26	28-Wayne Hallam/32	2:38:18
2-Mike Cassaday/28/WV	2:21:45	11-Bob Woodliff/31	2:32:41	20-Arturo Rodriguez/29	2:35:28	29-Doug Brown/27/Ore	2:38:36
3-Bill Sevald/33/ETC	2:25:02	12-Greg Jewett/32/ETC	2:32:55	21-Mark Hines/28	2:35:43	30-Boyd Hartley/34	2:38:44
4-Daryl Zapata/33/WV	2:27:00	13-Tony Gerardi/32/Nev	2:33:33	22-Bob Lawrence/39	2:36:36	31-Roger Daniels/43/TAM2	2:38:47*
5-John Botke/35/SBarb	2:28:13	14-Glen Walder/28	2:34:58	23-Mark Judge/24	2:36:41	32-William Jenney/38	2:39:05
6-Rudy Munoz/21/Reno	2:28:56	15-Perry Linn/28/BC	2:35:02	24-Peter Demarais/22	2:37:14	33-Gary Green/26	2:39:12
7-Stuart Scholl/26	2:29:03	16-Tom Mota/40/LMJS	2:35:03*	25-Steve Ottaway/26/GB	2:37:42	34-Joe Schieffer/27	2:39:29
8-Don Shanahan/36/SDTC2	2:29:21	17-James Rocha/28/SRRC	2:35:08	26-Pat Buzbee/27	2:37:57	35-Phil Sanfilippo/28	2:39:30
9-Gordon Hullinger/23	2:30:08	18-Mike Buzbee/27	2:35:16	27-Gary Goettelmann/35	2:38:13		

(Cont'd on next page...)

(Avenue of Giants, Cont'd...)	74-Robert Dahlstet/31	2:47:08	113-Thomas Barthold/35	2:52:13	183-Jim Gaughran/46	2:57:08*
36-Ed Stromberg/35	75-Michael Boucher/26	2:47:09	114-Roy Scellato/31	2:52:15	190-Hal Jackson/45	2:57:20*
37-Dick Look/31	76-Jim Washington/24	2:47:36	115-George Parrott/35	2:52:15	195-Pate Thomson/43	2:57:35*
38-Larry Martin/26	77-Rodney Smith/28	2:47:46	116-Gordon Burns/28	2:52:16	200-Keith Jaeger/42/TX	2:57:46*
39-Bart Simmons/29	78-Bob Bunell/28	2:47:47	117-Andy Coe/30	2:52:17	205-Van Whitis/41	2:57:59*
40-Tom Rothhaar/36	79-Glenn Pruitt/36	2:47:49	118-Ken Danz/21	2:52:20	206-Glenn Reed/40	2:57:59*
41-Bert Johnson/36	80-Jane Wiff/21/Utah	2:47:50F	119-Dennis Burkett/25	2:52:29	208-Jerem Russell/43	2:58:26*
42-Reuben Jeffery/25/DE	81-Walter Bortz/19	2:47:59	120-Jeffrey Frome/27	2:52:31	211-Donald German/43	2:58:41*
43-Alex Green/23/CT	82-Steve Hoots/35	2:48:08	121-Geoff Kurland/33	2:52:31	214-Bill Heffernan/41	2:58:45*
44-Frank Nolan/39/WVTC	83-James Owen/32	2:48:14	122-William Daniel/34	2:52:42	222-Ronald Rahmer/42	2:59:03*
45-Mike Brown/27	84-Ted Wilson/41/KJ	2:48:19*	123-Walt Schorno/41/ETC	2:52:53*	228-Dan Halvorson/45	2:59:10*
46-Haywood Norton/32	85-Terry Hughes/35	2:48:21	124-David Nieman/28/PUC	2:52:57	232-William Vogt/40/HI	2:59:13*
47-Mark Samuelson/25	86-Rick Plume/31	2:48:40	125-George Savatgy/32	2:53:01	233-Pete Buckner/40/OR	2:59:14*
48-Kees Tunzing/31/TAM	87-John Andrew/22	2:48:49	126-Malcolm Singer/38	2:53:04	***WOMEN***	
49-Rob Bates/22	88-Ronald Ryel/24/Utah	2:48:58	127-Peter Cartwright/32	2:53:11	165-Trene Rudolf/37/WVTC	2:56:10
50-Marc Hoshler/28	89-Bert Van Duzer/22	2:48:59	128-Don Lenkeit/35	2:53:13	271-Jane Wooton/20/HSU	3:01:40
51-Dane Larsen/28	90-Juhani Pohjolainen	2:49:00*	129-Eric Beck/36	2:53:25	279-Jane Sowersby/28/WV	3:02:13
52-Robert Clay/32	91-Charles Freeman/28	2:49:00	130-Dan Alarid/36	2:53:33	342-Joan Ulyot/38/WVTC	3:07:04
53-Dave Stevenson/26	92-Richard Russell/34	2:49:01	131-Russell Givin/42	2:53:40*	392-Chris O'Kelly/28	3:09:15
54-Jay B. Ford/33	93-Henry Skade/35	2:49:11	132-Hoyt Walker/27/LVRC	2:53:52	423-Karen Kressenberger/WV3	3:11:16
55-Kenneth Howe/39	94-Robert Superko/30	2:49:22	133-Brian Nelson/21	2:53:52	458-Nancy Rehner/23/NC	3:12:42
56-Ross Rowley/30/SUND	95-David Moon/37	2:49:36	134-Mike Deatherage/25	2:54:06	464-Linda Skinner/31	3:12:54
57-Ron Lund/23/Colo	96-Tom Barlow/16	2:49:37	135-Peter Laskier/34	2:54:08	479-Cheryl Jorgenson/27	3:14:13
58-Peter Stein/33	97-Monroe Rosenthal/31	2:50:02	136-Dennis E. Wong/25	2:54:14	518-Karen McEvoy/20/Utah	3:16:32
59-Robert Sobsey/28/NV	98-Rober Sobsey/28	2:50:06	137-Tim Treacy/47/PMK	2:54:16*	524-Maria Johnston/41/TX3	3:16:46*
60-Bob Myers/39/PMK	99-Bill Bugler/43/PMK	2:50:20*	138-Dennis Dillon/34	2:54:20	539-Karen Diekmeyer/38	3:17:15
61-Rich Leutzinger/40	100-Jim Turner/39	2:50:21	139-Ron Ross/37	2:54:23	544-Berit Meyer/22	3:17:19
62-Bob Hedges/33	101-Bill Murphy/28	2:50:34	140-Neil C. Finn/30	2:54:45	557-Debbie Sierra/27/WV	3:17:45
63-Bill Catanese/40/TAM	102-Moore Huffman/23	2:50:48	141-Mike Rowerdink/27	2:54:48	585-Carol Hewitt/30	3:19:54
64-Dave Lapham/39	103-Frank Ruona/33	2:51:08	***MASTERS***		587-Marlys Hayden/41/TAM3	20:01*
65-Brian Collins/36	104-Gordon Collet/39	2:51:16	147-D.A. Fergusson/42/CN2	2:55:23*	602-Bjorg Smith/36	3:20:49
66-Dan Moore/37/LVRC	105-Ronnie Harries/29	2:51:22	152-Hans Roenau/50/TAM	2:55:32*	604-Nancy Berndt/35/NV	3:20:54
67-Thad Orfechowski/29	106-Terry Hanger/23	2:51:23	155-Russ Kiernan/41/TAM	2:55:40*	613-Joan Perkins/33	3:21:39
68-George Ziblich/30	107-James Rader/39	2:51:44	161-Jim Liedtke/41	2:56:00*	616-Beverly Marx/25	3:21:49
69-Roger Price/41	108-Peter Werbel/32	2:51:54	163-Ken Corbin/40	2:56:03*	621-Elaine Schumacher	3:21:59
70-Tom Warren/35	109-Steven Jeffries/29	2:51:56	168-Bob Lopez/43	2:56:23*	630-Sandy Gadwood/31	3:22:21
71-Richard Berne/30	110-Jim Carr/32	2:52:06	171-John C. Mare/44/AZ	2:56:35*	660-Kathryn Singer/38	3:23:05
72-Alex Nedleman/16	111-Gregg Sindici/33	2:52:07	176-George Crandall/46	2:56:48*	679-Jytte Fruchtman/40	3:23:49*
73-David Zumwalt/27	112-Bill Johnson/27	2:52:13	178-Len Escarda/47/SRR	2:56:53*	694-Helene Lavelle/30	3:24:47



Mike Pinocci successfully defended his Devil Mountain 10K title. /John Shereta/

1-Mike Pinocci/WVTC	30:54
2-Bill Seaver/WVTC	31:20
3-Dan Anderson/WVTC	32:04
4-Harvey Franklin/36/WV	32:28
5-Bernd Heinrich	32:35
6-Kevin Ostenberg	32:37
7-Virginio Dearavjo	32:53
8-Tom Cathcart/40/WVTC	33:00*
9-David Perlman	33:01
10-Pat Shaughnessy/WVTC	33:03
11-Gary Alderman	33:07
12-Kent Guthrie/WVJS	33:12*
13-Darryl Beardall/TAM	33:14*

PINOCCHI DEFENDS DEVIL MOUNTAIN TITLE AS RECORD 2000 PARTICIPATE (May 6, Danville): - Mike Pinocci, seemingly recovered from a case of mononucleosis that prevented him from competing in this year's Boston Marathon, forged his way to a comfortable 26-second victory over teammate Bill Seaver, but his 30:54 fell far short of the 30:18 standard he set the year before. Seaver was only a second short of his 1978 time, a mark that would have netted him only seventh, as the quality of this year's field seemed to be sharply down, despite twice the number of entries. Dan Anderson took third in 32:04, reversing the tables on teammate Harvey Franklin, who had beaten him two weeks previously over the same distance. The masters division was a lot closer, as Tom Cathcart took a hard-earned victory over current NCR "Point Leader", Kent Guthrie (33:12) and always dangerous Darryl Beardall (33:14), although his 33:00 was 5 seconds shy of Ulrich Kaempff's record for the 10K circuit. Linda Robinson's 37:54 took the women's title from an admittedly 'still stale from Boston' Judy Leydig, whose 38:32 was almost two minutes off her 1978 mark, which also netted her the runnerup spot. Mary Rieboldt's 38:53 placed third. Ruth Anderson placed seventh overall among the women in taking the masters crown at 41:32, well off the 40:28 record she set last year. Other division winners were Howard Macheck (Jr. Boys) in 34:40 and Michelle Miller (Jr. Girls) in 44:37. The organizers did another superb job in a benefit for Children's Hospital. /Nancy Lewis/

14-Wolf Goubau	33:18	41-Mike Milton	36:20	68-Mark Vandenberghe	37:15
15-Mike Sapp	33:33	42-Keith Whittingslow/OC	36:21*	69-Harold DeMoss/WVTC	37:16*
16-Ralph Bowles/Un	33:46*	43-John Harmon	36:24	70-Glenn Yajho	37:17
17-Bob Alexander	33:55	44-Gerald McMahon	36:24*	71-Brian Williams	37:22
18-Robert Brasco	33:57	45-Gene Dangel	36:25	72-George Slater	37:25
19-Scott Faulkner	34:02	46-M.L. Dayton	36:25	73-Mike Impastato	37:26
20-David Powell	34:28	47-Steve Cowell	36:25	74-Phil Lenihan	37:27*
21-Jim O'Neil/53/BC	34:32*	48-Ken Stein	36:26	75-Thomas Webb	37:27
22-Jim Moore	34:33*	49-Philip Bradley	36:27	76-Erick Peterson	37:28
23-Howard Macheck	34:40	50-Lloyd George	36:27	***MASTERS***	
24-Sargon Nona	34:44	51-Miguel Solorio	36:29	84-Roger Manriquez	37:46*
25-George Sandoval	34:51	52-Tim Duffy	36:31	95-Darrell Gee	38:14*
26-Charles Keck	34:57	53-Martin Watkins	36:33	102-Walter Williams/WVJS	38:24*
27-Gerd Willebrand	35:20	54-Skip Jones	36:33	108-Pat Meeks	38:48*
28-Dennis Durbin	35:21	55-Tom Cole	36:37	117-Bruce Carter	39:03*
29-Steve Hyland	35:26	56-Bill Raventos	36:37	127-Joe Sibley	39:22*
30-Michael Coke/40	35:30*	57-David Cummins	36:39	129-Roland Hardy	39:27*
31-Leonard Gilliana	35:32	58-Keith Wallace	36:44	***WOMEN***	
32-Brent Battey	35:35	59-James Dyer	36:45	88-Linda Robinson	37:54
33-Paul Tjogas	35:35	60-Norm McAbee/PMK	36:47*	105-Judy Leydig/28/WVTC	38:32
34-Craig Van Otten	35:38	61-Steve Hayes	36:49	112-Mary Rieboldt	38:53
35-Knut Frostad	35:41	62-Karl Gerdes	36:52	153-Melissa Duffy	40:08
36-James Allen, Jr.	35:41	63-Nelson Togerson	36:53	207-Pat Whittingslow/WVTC	41:09
37-Robert Vizaz	35:52	64-James Perego	36:55*	234-Laura Fennelly	41:31
38-Rip Talavera	36:06	65-Michael Morrison	37:04	236-Ruth Anderson/49/NCS	41:32*
39-James Ryan, Jr.	36:07	66-Roger E. Smith	37:05	254-Vicki Bigelow	41:47*
40-Steve Schneider	36:12	67-Glenn James	37:05	262-Marilynn Harbin	41:51*

AGGIES RETAIN WORLD CENTIPEDE TITLE (May 20, San Francisco): - Seven teams entered this year's 1st National Club Centipede Championships, held in conjunction with the Bay to Breakers, as the Aggie Running Club once again demonstrated their high "space coefficient" (defined as the ability of an individual or group to occupy a given physical space and yet another mental space simultaneously; the distance between these two spaces is measurable and expressed as *Coefficients of Space*), by easily outdistancing WVTC and capturing their second win in as many years (they ran along in 1978). Although no official times were kept (teams began several blocks and about a minute ahead of the main start), the Aggies set a record at about 40:30, and WVTC was about a half-minute back, also under the old mark. Teams were required to demonstrate team precision by executing two "Lenichi" turns during the race (basically a full 360° turn). The Aggies, not to be slighted, executed *three* Lenichi turns, no less! According to Aggie spokesman and Centipede Director, Angel Martinez, the undefeated Aggies will make an attempt at under 40 minutes (from a scratch start!) next year. Martinez says Club Centipede Racing is the next phase in our sport's development(?). Calling it the "crew of running", he says inquiries have been pouring in from all over the world, perhaps inspiring an International Championship in Loch Ness, Scotland, in 1981. Loch Ness, says Martinez, seems to be the only place the Aggies will be able to get any competition. The finishing teams, in order (no official times were recorded): (1) Aggie RC, (2) WVTC, (3) Monte Vista H.S., (4) Lawrence Livermore Slinky Pede, (5) Lawrence Livermore #2, (6) Clorox Bleachy Pede, (7) Lawrence Livermore Nuclear Pede (melted down at 6 miles). /Angel Martinez/



(Above) One of the highlights of the 1979 Bay to Breakers was the "National Club Centipede Championships". Shown waging war here are the Aggies and West Valley TC at the foot of the Hayes Street hill. (Right) Laurie Binder won the women's title in a record 43:07.6. /Jim Engle Photos/



HODGE & BINDER RACE TO RECORD TIMES AT BAY TO BREAKERS (May 20, San Francisco): - This year's edition of the race was as crazy as ever. Many top runners opted either not to run or be a part of the centipede race (above paragraph), simply not wanting to risk "life and limb" in the hectic start. However, this year, thanks to Len Wallach, some changes were made that allowed the top runners a seeded position (something that should have been done long ago), but the "cheaters" made a shambles of that, pouring from the first few side streets by the hundreds as the leaders came by. Greater Boston TC's Bob Hodge held a 50-yard lead at the top of Hayes hill and hung on through the downhill closing miles, lengthening his lead slightly to win in a course record time of 36:50.9, bettering Paul Geis' 1977 standard of 37:03. Colombian Joaquin Leano of Nevada-Reno was runnerup in 37:11.5, with John Moreno a close third at 37:14.1. A large New Zealand contingent finished strongly, placing five in the top eleven and easily winning the team title. Laurie Binder of San Diego ran a strong 43:07.6 to set an all-time record, besting the listed mark set by Maryetta Boitano in 1974 at 43:22 (though it's not known if she ran the entire distance). Amazing Judy Fox ran a strong 43:36.5 for second place...at 38 years of age. We think Jim O'Neil was the top masters runner at 43:41, however, ages were not noted in the results. Jeff Julian (42:19.7) from New Zealand may be over 40 (does anyone know?). We're only listing the top 100 or so finishers and the top women (listed in the paper) because that's all we know about. Some of the times for the women (and places) may be mixed up, as there were some foulups at the finishline and time/places may have gotten interchanged. We don't know how many 'official' finishers were recorded, but an estimated 20,000 started (official and otherwise). /S.F. Examiner/

1-Bob Hodge/GBTC	36:51	33-George Hernandez/Reno	40:49	65-Jon Brendel	42:40	97-Chris Lucas	43:59
2-Joaquin Leano/UNR-Co1	37:12	34-Mike Conroy/ETC	40:51	66-Rae Clark/WVTC	42:45	98-Don Arde11	44:00
3-John Moreno/CW	37:14	35-Mike Batha/AGRC	40:55	67-Bill Merryfield	42:47	99-Steve Hyland	44:02
4-Benton Hart/WVTC	37:51	36-Steve Palladino/CW	41:10	68-Gregg Hubbard	42:53	100-Ed Jerome/TRAC	44:04
5-Alan Gibson/NZ	37:52	37-Web Loudat/NMTC	41:14	69-Chuck Stagliano	42:53	101-Ty Rousseau	44:06
6-Bruce Palmer/NZ	37:57	38-Dennis Tracy/WVTC	41:17	70-Gary Alderman	42:54	102-Walt Basinger	44:10
7-Graham Struthers/NZ	38:09	39-Bill Marty/DallasCCC	41:23	71-Bob Braseseo	42:56	103-Bill Jensen/PMK	44:11*
8-Mike Emry/CW	38:15	40-Ivan Keats/NZ	41:32	72-Marshall Spalding	43:01	104-Todd Watkins	44:17
9-John Gibson/NZ	38:18	41-Greg McKinstry/MerTC	41:37	73-Karl Machscheffes/ETC	43:03	105-Michael Root	44:19
10-John Sheehan/AGRC	38:34	42-Mike Lenemann/FPTC	41:38	74-Steve Clark	43:06	106-Masafuma Mori	44:20
11-Fred Smith/NZ	38:35	43-Ed Kelley/Sacto TC	41:40	75-Laurie Binder/SDTC	43:08F	107-Russell Cohen	44:23
12-Wayne Buckingham/JT	38:37	44-Jerry Hall/Un-Stanford	41:41	76-Chris Speere	43:08	108-Stephen Sidney	44:25
13-Jim Mosher/SDTC	38:37	45-Joseph Hurd/Unat	41:53	77-Dan Harvey	43:12	109-Ray Bonner	44:29
14-Roy Hoglund/CW	38:43	46-Andrew Eskin/LVTC	41:54	78-Andy Takaha/CW	43:19	110-Steve Subotnick/WVTC	44:30
15-Paul Sumpter/NZ	38:47	47-Jeff Merrow/FresnoTC	41:55	79-Darnel Cop	43:27	111-John Leeming	44:30
16-Steve Brent/NZ	38:48	48-Gary Porteous/MercTC	41:58	80-Raoul Kennedy	43:30	112-David Hildebell	44:30
17-Pete Flores/AGRC	38:50	49-Hank Lawson/CW	42:06	81-Mike Gaven	43:31	113-Dan Rusk	44:33
18-Keith Pearce/NZ	38:54	50-Steve Ottaway/GrBrit	42:08	82-Chris Johnson	43:31	114-Steve Lyons	44:38
19-Miguel Tibaduiza/UNR	38:59	51-Ned Elliott	42:09	83-John Ortega	43:32	115-Ken Ganezer	44:42
20-Denis O'Halloran/AGRC	39:02	52-Don Chapin	42:17	84-Tom Bennett	43:33	116-Laurence Sims	44:42
21-Edgar Leano/UNR-Co1	39:11	53-C. Hans	42:18	85-Harrison Gunther	43:35	117-Gregory Peechia	44:42
22-Gerald Crane/Michigan	39:11	54-Jeff Julian/NZ	42:20	86-Judy Fox/WVTC	43:37F	118-Stephen Penner	44:44
23-Gary Elliott/NZ	39:19	55-Andy Sawyer	42:21	87-I. Mallowes	43:38	119-Joe Gallagher	44:45
24-Randal Diamond/NZ	39:29	56-Timothy Morse	42:21	88-Francis Byrnes	43:39	120-Russ Kiernan/TAM	44:46*
25-Virginio Dearaugo/Brz1	39:42	57-Dennis Reager	42:22	89-Bennett Gershman	43:40	***WOMEN***	
26-Dick Weeks/BB	39:52	58-Jerry Emory	42:23	90-Jim O'Neil/BC	43:41*	134-Carol Urish/Texas	45:00
27-Reg House/NZ	39:55	59-Steve Lorenz	42:24	91-David Amster	43:43	154-Skip Swannack/WDS	45:33
28-Scott Thomson/MCZ	40:13	60-Greg Hodson	42:25	92-Bob Nanninga/SLDC	43:45	165-Diane Riley	45:59
29-Fred Villeas/MercedTC	40:15	61-Kim Osborne	42:29	93-Tommy Zamot	43:50	171-Marilyn Taylor/WVTC	46:09
30-Ruben Ruiz/AZTLAN	40:21	62-Keith Gleason	42:32	94-Steve Ferraz	43:53	182-Ann Forshee-Crane	46:22
31-Jim Howell/WVTC	40:25	63-Rick Timko	42:36	95-Ray Hosler	43:53	202-Judy Leydig/WVTC	46:46
32-Lester Mina/AGRC	40:45	64-Mike Brisbin	42:37	96-James Simcox	43:54	265-Diane Killeen	48:04

WELLC SETS MASTERS MARK AT TRAC 10-KILO (May 27, San Jose): - Steve Brooks led teammates Mark Sisson and Bill Clark to a three-way sweep of the popular TRAC 10K at San Jose's Hellyer Park with a time of 31:35, but it was Bob Wellck who pulled in the only major record of the day, dipping under Kent Guthrie's 1977 masters record of 32:52 with a fine 32:45 clocking, good for 9th overall, as Guthrie was runnerup at 33:07. Ulrich Kaempf rounded out a strong masters showing with his 33:43. Beth Schultz edged out Kristine Morrella for the women's title as no big names showed up for some reason, and Lilian Woodward's 45:17 was the best of the masters women. Beth's winning time of 42:34 was only six seconds ahead of Kristine. There were only 321 official finishers, compared to 170 more than that last year. Seems as if the less expensive, well-managed races are drawing fewer people... doesn't make too much sense to us...for only \$1.50, all finishers got ribbons, with patches going to the top 50% in each division. Results were good, showing full name, age and club, but females were not noted, so hope we didn't miss anyone. /Brian Hollins/

1-Steve Brooks/25/WVTC	31:35	22-Mike Plummer/21/WVTC	34:05	43-William Dunn/31/Un	35:29	64-Richard Piper/25/Un	37:22
2-Mark Sisson/25/WVTC	31:55	23-Manny Mahon/29/WVJS	34:10	44-Frank Ruona/33/Un	35:35	65-John Bitzer/17/WVTC	37:23
3-Bill Clark/35/WVTC	32:06	24-Jerry Tailor/23/Un	34:11	45-Gary Grellmann/RCM	35:44	66-Richard Collin/36/WVJS37:28	
4-Tad Woliczko/28/Un	32:09	25-Steve Stark/32/GER	34:22	46-Martin Robinson/26/Un	35:56	67-Jack Wheeler/36/Un	37:31
5-Harvey Franklin/36/WV	32:21	26-David Garcia/28/WVJS	34:22	47-Ray Clemo/30/Un	36:00	68-Tony Familia/27/Un	37:33
6-Chris Jackson/19/BRC	32:25	27-Greg Jewett/32/ETC	34:31	48-Santos Reynaga/29/WVTC36:00		***MASTERS***	
7-Tom Kennedy/24/WVTC	32:29	28-Tim Rostege/38/WVTC	34:33	49-Luis Torres/31/WVTC	36:07	70-Walter Williams/42/WVJ37:40*	
8-Bill Wagstaffe/17/BTC	32:39	29-Masafumi Mori/33/SRI	34:35	50-Cal Perry/17/JLHS	36:10	73-Dieter Diekmeyer/47/SD37:44*	
9-Bob Wellck/41/Un	32:45*	30-Steven Specker/33/Un	34:36	51-Walter Van Zant/40/WVJ36:10*		75-Ronald Hakola/46/Un	37:52*
10-Jake White/37/WVJS	32:55	31-Tim Lavelle/30/Un	34:38	52-Robert Gehl/50/DSE	36:28*	84-Bob Farrington/47/Un	38:16*
11-Lyle Freeman/29/Un	32:59	32-Glenn Pruitt/37/ETC	34:41	53-Paul Armstrong/26/WVTC36:32		87-Glenn Unsicker/46/Un	38:25*
12-Bert Johnson/36/LVRC	33:03	33-Gerald Slisager/38/Un	39:49	54-Bob Smith/18/LOHS	36:45	91-Rod McKenzie/44/Un	38:47*
13-Kent Guthrie/42/WVJS	33:07*	34-Don Dugdale/33/MPAC	34:55	55-Wayne Hooper/36/Un	36:50	93-E. Silver/48/Un	38:49*
14-Rich Stilller/34/WVJS	33:10	35-Lance Kuykendall/30/WV34:58		56-Rudy Escobedo/39/Un	36:50	***WOMEN***	
15-Pat Shaughnessy/19/WV	33:11	36-Paul Marquez/17/Un	35:00	57-Bob Cummings/29/WVTC	36:54	150-Beth Schultz/21/Un	42:34
16-Mike Miller/23/CW	33:29	37-Paul Hopkins/17/FP	35:03	58-Ron Nelson/36/WVJS	37:04	152-Kristine Morrella/34	42:40
17-Joe Mercade/24/Un	33:39	38-John Hawkes/30/WVTC	35:04	59-Mark Paul/19/SilJS	37:05	160-Martie Comarell/30/Un	43:13
18-Ulrich Kaempf/48/Un	33:43*	39-Myron Nevraumont/45/WJ35:13*		60-Michael Hicks/37/WVJS	37:11	174-Karen Diekmeyer/38/SUN44:11	
19-Bill Meinhardt/38/WVJS33:46		40-Albert Garcia/33/Un	35:15	61-Glen Campagna/26/Un	37:13	182-Lynn Harris/28/WVJS	44:34
20-Sammy Castillo/33/Un	33:54	41-Bryan Holmes/44/WVJS	35:24*	62-Steve Mosier/16/FP	37:18	194-Lilian Woodward/43/NCS45:17*	
21-Dete Kraus/36/Un	34:01	42-Marc Torres/16/WVTC	35:26	63-Matt Wolfing/15/Un	37:20	212-Diane Bromstead/42/Un	46:38*

JENKINS WINS ASS TO ASS RUN (May 27, Santa Rosa): - Hersh Jenkins of Rohnert Park ran away with the First Annual "Ass" Runs, sponsored by the Brass Ass Saloons as a benefit to create scholarships for underprivileged kids to go to summer camp. His time of 71:06 in the longer "Ass to Ass" Run (13.2 miles) was uncontested, as the runnerup, 40-year-old Jim Bowers of Santa Rosa, finished more than 3½ minutes back. Next masters runner was Roland Craig (also of Santa Rosa) in 1:21:29. Kaye Hall of Napa not only won the masters women's title in 1:34:18, but also ran away with the overall women's race, leaving her nearest competitor, Jan Adams, over five minutes behind. In the shorter companion, "Half-Ass" Run (7.7 miles), Dennis Wade was also a runaway winner in 43:56, besting Lawrence McKendall by nearly two minutes (45:48). William Mentzer of Mill Valley won the masters division (53:18), while Sue Pool's 59:25 led all women. A tremendous turnout (the largest that we know of in Sonoma County) of 816 runners made this run a financial success. Following are the top finishers in the longer race only. /Julie Shidler/ Note: Sex not noted in results!

1-Hersh Jenkins	71:06	11-Rick Mathieu	82:18	21-Dick Ogg	87:55	65-Clarence Hall/NVRC	95:11*
2-Jim Bowers/40	74:39*	12-Roger Price	82:19*	22-Gregor Weiss	88:03	***WOMEN***	
3-Russell Black	75:56	13-Jeff Ceremony	85:08	23-Joe Barich	88:06	48-Kaye Hall/NVRC	94:18*
4-Fred Leoni	78:18	14-Ken Cox	85:29	24-Paul Zager	88:19	107-Jan Adams	99:33
5-Mike Deatherage	78:44	15-Jim Barich	86:09	25-Lucky Wong	88:27	115-Candy Brehmer	100:51
6-Ken Howe	78:56	16-Malcolm Jacobs	86:10	26-Dan Magnuson	88:46	131-Carol Morley	102:58
7-Roger Scott	79:01	17-Robert Herold	86:18	27-Dan Goodwin	89:41*	133-Peggy Smyth	103:12
8-Jim Noonan	80:55	18-Jerold Drew	86:35	28-Jim Hiss	90:08	135-Maria Regalado	103:16
9-Roland Craig	81:29*	19-Malcolm Singer	87:49	***MASTERS***		139-Jerry Bernstein	103:25
10-Ray Bonner	82:09	20-Arnold Schulz	87:54*	43-Michael Korbholz	93:40*	142-Harriette Carey	103:34

NABERS DEFENDS PACIFIC SUN MARATHON TITLE IN NEW COURSE RECORD (May 28, Kentfield): - "Marathon-man" Ron Nabers, completing his umpteenth full marathon for 1979, edged Peter DeMarais by 32 seconds in establishing a new course standard of 2:30:43 over the rolling terrain of the Tiburon Peninsula. His 2:34:41 winning time of last year was set under much warmer conditions, however. Richard Leutzinger was also well under the old masters course record with a fine 2:42:07, annihilating the old mark of 2:54:39. Nik Epanchin (2:52:11) and Don Ardell (2:52:34) were also under the old standard. This second annual event also produced a new women's record, as Jennifer Daniell of Redding did 3:04:32 to best Morijo Connelly's 3:07:54. Elaine Miller's 1978 winning time was 3:06:40. Nancy Nelson's 4:08:23 led the masters women, as only two finished in that division (460 completed the run). In a companion 10K run, 863 finished, with Michael Arago's 31:54 leading the pack. Ex-Stanford runner from the early 60's, Weymouth Kirkland, was runnerup in 33:06 (listed as 3rd in the results, but we couldn't find 2nd place as only final placings by division were listed). Dana Hooper's 39:31 edged Beverly Larsen's 39:41 for the women's title, and masters newcomer, Bert Botta, grabbed victory in his division, 35:37 to 35:56 over Bill Catanese. Susan Mitchell's 40:41 won the women's over-40 crown, and that was good enough to place her sixth overall. Below are the marathon results, with the 10K finishers on the next page. /Lorna Cunkle/

1-Ron Nabers/30/WVTC	2:30:43	19-Fred Frauens/25	2:52:29	37-Bruce Madewell/33	3:00:22	55-Marshall Gordon/20	3:07:19
2-Peter DeMarais/22/MR2:31:15		20-Donald Ardell/40	2:52:34*	38-David Wagner/32	3:00:48	56-Neil Robinson/20	3:07:49
3-Tim Swezey/29/PMK	2:35:55	21-Vince Fischer/30	2:54:09	39-Martin Hillyer/41	3:01:14*	57-Ralph Hoffmann/35	3:07:51
4-Steve Ottaway/26	2:38:49	22-Henry Tushar/23	2:54:43	40-David Innes/31	3:02:01	58-Morijo Connelly/22	3:07:54F
5-Dick Leutzinger/20	2:42:07*	23-Errol Jones/29	2:55:06	41-Byron Richardson/28	3:02:08	59-Dennis Nigro/31	3:08:46
6-Kerry Kilgore/32	2:43:42	24-Mark Paye/32	2:55:27	42-Tony Teteira/26	3:02:53	***MASTERS***	
7-Michael Brown/27	2:47:09	25-Anthony Gray/20	2:56:09	43-John Gilbert/26	3:03:13	60-Richard Miller/49	3:08:49*
8-Tom Lambie/29	2:48:16	26-Steve Daniels/21	2:57:05	44-Not Listed	-----	61-Roy Daisley/46	3:09:03*
9-David Hansen/25	2:48:26	27-Jeff Pecsar/28	2:57:22	45-Not Listed	-----	81-Jerry Reznik/40	3:13:45
10-Ed Dux/31	2:49:45	28-M. Fischer/28	2:57:26	46-Richard Mayers/37	3:03:47	88-Charles Wilson/49/WV3:15:59*	
11-Phillip Gonzales/31	2:50:17	29-Eric Ivory/32	2:57:45	47-Bobby Yee/29	3:04:01	98-Robert Potter/42	3:20:14*
12-Walt Basinger/29	2:50:20	30-Grady Wright/34	2:57:55	48-Jeffrey Hunter/29	3:04:11	***WOMEN***	
13-Dave Wills/28	2:51:36	31-David Curtis/31	2:58:58	49-Jennifer Danie11/21	3:04:32F	63-Carol Young/27	3:09:36
14-Jeff Jones/33	2:51:54	32-Not Listed	-----	50-Al Iparadis/40	3:05:07*	186-Dem. Terrien/26	3:33:52
15-Greg Heistuman/23	2:51:54	33-Roger Bryan/43	2:59:32*	51-Richard Watson/40	3:05:14*	190-Marcia Kai-Kee/29	3:34:44
16-Nik Epanchin/40	2:52:11*	34-Bryant Garth/29	2:59:37	52-Richard Malkin/39	3:05:53	193-Jody Kaufman/30	3:34:58
17-Edwin Jerome/35/TRAC2:52:20		35-Frank Varela/32	2:59:43	53-Peter Ricicas/31	3:06:57	201-Susan Martin/28	3:35:37
18-Bob Bertani/28	2:52:26	36-Peter Manak/24	3:00:19	54-Not Listed	-----	245-Carol Walker/28	3:43:09

(Pacific Sun 10Km, Cont'd...)

1-Michael Arago/24/MR	31:54
2-Not Listed	-----
3-Weymouth Kirkland/35	33:06
4-Steve Bond/24	33:15
5-Bob Lawrence/39	33:25
6-Bill Harriff/35	34:26
7-Brian Collins/36	34:32
8-Brian Stewart/18	34:39
9-Dave Cargill/30	34:45
10-Tom Bennett/31	34:49
11-Dan Williams/30	34:49
12-Not Listed	-----
13-Not Listed	-----
14-Laurence Sims/18	35:22
15-John Colomet/20	35:28
16-Bert Botta/40	35:37*

17-Emerly Mitchell/16	35:40
18-Bill Catanese/40/DIRT	35:56*
19-Greg Johnson/16	36:02
20-Stephen Hoots/35	36:08
21-Phil Hager/42/WVTC	36:19*
22-George Ridout/36/MR	36:38
23-Not Listed	-----
24-Bruce Carradine/46/DRT	36:49*
25-Jim Hess/17	36:55
26-Dan Fragoza/25	36:58
27-Stephen Peart/30	37:00
28-Peter Hein/20	37:00
29-Roy Alexander/34	37:06
30-James Clever/42	37:17*
31-Peter Laskier/34	37:22
32-Bill Harrison/35	37:34
33-Raoul Kennedy/16	37:40

34-Donald Klink/25	37:43
35-John Loomis/16	37:47
36-Jack Sattler/35	37:48
37-Jose Raygosa/23	37:49
38-Howard Jacobson/35	37:49
39-Theodore Hellman/32	37:52
40-Not Listed	-----
41-Not Listed	-----
42-Warren Yeend/43	37:52*
43-Not Listed	-----
44-David Watts/34	38:11
45-Harlan Barry/40	38:12*
46-George Olive/31	38:14
47-George Frazier/32	38:15
48-Richard Dillon/16	38:17
49-Bill Jones/17	38:20
50-David Klein/31	38:21

MASTERS

52-Ronald Rahmer/42	38:22*
56-Frank Smith/40/PMK	38:42*
78-Robert Stephens/40	39:40*
81-Bob Siegel/42	39:42*
82-Gary High/42	39:43*
84-Jess Chavez/47	39:49*
85-John Cohan/48	39:52*
92-Paul Hohe/41	40:08*
WOMEN	
72-Dana Hooper/24/TAM	39:31
80-Beverly Larsen/36	39:41
91-Pamela Purcell	40:07
103-Michelle Crncich/18	40:32
105-Donna Andrews/38	40:36
106-Susan Mitchell/41	40:41*
133-Florianne Harp/31	41:57



Mike Cassaday dominated "Round the Runway" Race; shown here leading Benton Hart at the San Jose Invit, 10K. /Dave Stook/

STAHL AND CASSADAY TAKE "ROUND THE RUNWAY" VICTORIES (Jun. 3, Moffett Field): - The 2nd Annual "Round the Runway" footraces turned out to be a huge success with 700 attending the companion 3 and 7.6-mile races. Hugh Stahl posted a solid victory over Gregg Szanto, 14:53 to 15:04, in the shorter event, while 2:21 marathoner, Mike Cassaday ran a 'solo' victory of 38:51.7 in the long run. Second-placer Ulrich Kaempf broke Bryan Holmes' 43:18 masters record in posting an easy division win of 42:33. Myron Nevraumont's 43:36 was runnerup, and good enough for sixth place overall. In the 7.6-miler, Denise Bigelow's 50:43 was tops among the women, and her mother Vicki was second in 52:17, taking the women's masters title in the process. Teammates Walt Williams and Walt Van Zant battled it out for the masters win in the shorter race, with Williams coming up a 9-second victor at 16:40. Marilyn Taylor's quick 17:12 topped her nearest competition, Martie Comarell, by a wide margin (18:50). Julie Kyle annexed the masters trophy with a 21:28 clocking. /Dorsey White/

3 MILES

1-Hugh Stahl	14:53
2-Gregg Szanto/WVC	15:04
3-Joe Green/WVTC	15:26
4-Jim Gorman/WVTC	15:30
5-Paul Marquez	15:35
6-Richard Stillier/WVJS	15:38
7-William Dunn	15:57
8-Jan Brendel	16:01
9-Ron Palermo	16:07
10-Leonard Gilliana	16:14
11-Vincent Mocini	16:20
12-A.H. Saenz	16:33
13-Larry Eder	16:39
14-Walter Williams/WVJS	16:40*
15-Steve Honey	16:46
16-Walt Van Zant/40/WVJS	16:49*
17-Larry Crane	16:50

18-Ron Tanaka	16:51
19-Michael Hicks	17:01
20-Rick Riordan	17:02
21-Richard Collins	17:08
22-Marilyn Taylor/WVTC	17:12F
23-Stuart Campbell	17:20
24-Ken Israel	17:31
25-Rick Pearson	17:34
26-Malcolm Stewart	17:34*
27-Carlton Parks	17:35
28-Gerald Zeilenga	17:36*
29-Tom Jones	17:39
30-Ron Heise	17:43
31-Phil Henrikson	18:01
32-David Berger	18:05
33-Don Wettlaufer	18:09
34-Patrick Wong	18:13
35-Emory/WVJS	18:18

36-Mark Bigelow	18:20
37-Louis Stojanovich	18:24
38-Ken Shick	18:30
39-Michael Silva	18:33
40-Larry Marshall	18:36
41-Mark Williams	18:39
MASTERS	
53-Dave Baker	19:28*
59-Anthony Chavez	19:51*
??-Ruty Hereida	20:07*
??-Glenn Sievert	20:33*
WOMEN	
46-Martie Comarell	18:50
??-Deanna Pearson	20:47
??-Julie Kyle	21:28*
??-Sandra Looper	22:04
??-Lynn Hendrickson	22:48
??-Margaret Delane	22:48

7.6 MILES

1-Mike Cassaday/28/WVTC	38:52
2-Ulrich Kaempf/48/Un	42:33*
3-Sargon Nona	42:36
4-Joe Mercado	42:37
5-Ray Hosler	42:38
6-Myron Nevraumont/WVJS	43:36*
7-Doug Schmenk	43:44
8-Dan Dierken	43:53
9-Ed Jerome/TRAC	44:37
10-Charles Scogins	44:48
11-Daniel Sullivan	45:33
12-Robert Cummings/WVTC	45:34
13-Rudy Rodriguez	45:43
14-Andrew Jacobson	45:45

15-Ernst Stever	45:45
16-Donald Lotz	46:04
17-Walter Radloff	46:06
18-Eric Petersen	46:12
19-Waights Taylor/WVTC	46:16*
20-Don Carpenter/WVTC	46:19*
21-Dan Speed	46:26
22-Terry Hanger	46:48
23-Max Crabde	47:01*
24-Harold DeMoss/WVTC	47:10*
25-Wayne Meyer	47:21
26-Sheldon Larson	47:36
27-Jeffrey Hunter	47:49
28-Stan Benkowski	47:52
29-John McCrillis/TRAC	47:53*

30-Bob Dalton	48:04
31-Vic Andrews	48:05
32-John Bulash	48:06
33-Robert Esquire	48:10
34-Ed Hart	48:20
35-Gordon DeMoe	48:26
36-Raymond Kemp	48:33
37-Paul Spangler/TRAC	48:46*
38-Bill Bower	48:46*
MASTERS	
41-Roy Crawford	49:16*
44-Jim Wink	49:26*
50-Bill Rodman	50:06*
53-Roger Jackman	50:22*
60-Gene Antonies	51:04*

63-Gary Eubank	51:17*
71-William Prucha, Jr.	52:11*
WOMEN	
56-Denise Bigelow	50:43
74-Vicki Bigelow	52:17*
??-Barbara Pike	53:22
??-Daphne Dunn/PMK	54:04
??-Joyce Rankin	54:12
??-Ellen Clark/WVTC	54:31
??-Christine Carriere	55:15
??-Beverly Clark	55:24
??-Kay Walker	55:52
??-Lilian Woodward/NCS	56:10*
??-Andrea Crespo	56:54
??-Mary Papale	58:58

SRI CHINMOY MARATHON: A SUCCESSFUL NEW TRADITION (Jun. 3, Menlo Park/Atherton): - This first annual affair, sponsored by the San Francisco chapter of the Sri Chinmoy Centre Running Club, included a vegetarian banquet for the runners followed by the awards ceremony...so the runners had something to do while waiting for the presentation! Conditions were nearly ideal, with a high fog through most of the run, which was thru flat tree-lined residential streets. Overall winner was Steve Slawson of Kensington, who led from start to finish, in a fine 2:25:03. Closing well over the latter stages of the run was Phil Kay, completing his first marathon in an excellent 2:25:58, while Dave Collins also dipped under 2:30 with a 2:29:07 clocking. In the women's division, Karen Scannell ran a most impressive 3:05:30 PR (Karen is 40 and won the masters division as well as overall). Penny DeMoss, who was to undergo foot surgery the following week, ran an easy 3:13:40 for second place, and Pat Kirkpatrick was third at 3:20:18. In the masters division, John Spurr, who was 'persuaded' into running the race after running a long workout (20 miles or thereabouts) the previous day, had an excellent 2:45:39 to dominate that division, with Bob Blonder (2:51:02) and Ben Sawyer (2:51:49) battling it out for the runnerup spot. With splits and aid-stations at most every mile, this was one of the best organized runs around. When the word gets out, there'll be much more than the 133 that finished this year. /Noel Poole/

1-Steve Slawson/26/BA	2:25:03
2-Phil Kay/26/Un	2:25:58
3-Dave Collins/27	2:29:07
4-Tom Robinson/31	2:35:20
5-Dennis Tracy/32/WVTC	2:37:29

6-Dennis Urtiaga/30	2:39:44
7-Frank Ruona/33	2:41:41
8-Dennis Gustafson/35	2:44:26
9-John Spurr/40	2:45:39*
10-Jay Helgeson/24	2:45:54

11-Dave Nieman/28	2:46:07
12-Mike Palomino/26	2:47:10
13-Pablo Stewart/27	2:47:10
14-Bob Blonder/41/RC	2:51:02*
15-Ben Sawyer/42	2:51:49*

16-Michael Brown/25	2:52:53
17-Masafumi Mori/33	2:52:56
18-Bob Duncan/29	2:54:58
19-David John/25	2:55:49

(Continued on next page...)

(Sri Chinmoy Marathon, Cont'd)	28-Joseph Grady/38	3:01:40	37-Lorenzo Chambliss/37	3:08:07	51-Ron Kovacs/40/TRAC	3:14:58*
20-Milton Quinnine/34	29-Jim Stephens/37	3:01:56	38-Dave Ketelsen/19	3:08:30	52-Don Peterson/46	3:15:40*
21-Peter Stein/33	30-John Wedgewood/38	3:03:52	39-Don Schriber/29	3:09:19	53-Ed Burke/63	3:18:47*
22-Steve Higgins/29	31-Frank Patterson/41	3:04:43*	40-Pete Pulis/29	3:09:24	57-Richard Baugh/41	3:21:12*
23-Fred Tileston/32	32-Karen Scannell/40/PK3	3:05:30F*	41-Don Lucero/51/WVTC	3:09:26*	***WOMEN***	
24-Gerald Pierce/27	33-Doug Perez/31	3:06:30	42-Ed Syrett/37/WVTC	3:11:07	47-Penny DeMoss/29/WVTC	3:13:40
25-Jack Wheeler/36	34-Robert Gehl/50	3:07:27*	***MASTERS***		55-Pat Kirkpatrick/25	3:20:18
26-Tommy Lee Greer/31	35-Robert Solorio/32	3:07:44	49-Ken Laverty/50+	3:14:17*	82-Leslie Haas/23	3:35:54
27-Joe Gallagher/32	36-Dan Fragoza/25	3:07:58	50-John Flather/47	3:14:58*	88-Gayle Momono/29	3:40:38

KATHY PERKINS SMASHES WOMEN'S RECORD AT HOLY CITY RUN (June 17, Holy City): - Steve Brooks won the overall title at the 18th Annual Holy City Run over 313 other finishers in a good 48:25, which was more than a minute off Angel Martinez' course mark, but still quick enough to defend his 1978 title by some 18 seconds over teammate Mike Smith. However, it was Kathy Perkins who stole the show, as she clobbered her own 1978 course mark by more than 1½ minutes, coming in at a swift 55:09, which was good enough for 30th place overall. Runner-up Sue Munday was way back at 57:43, but that was still good enough for the third fastest time ever run here (9.08 Miles). Ulrich Kaempf dominated the masters field with his 52:50, with Jerry Lewis and Myron Nevraumont in the next two slots--53:52 and 54:08, but he missed the 50:46 course standard set by Kent Guthrie in 1977. John Marden's 49:30 easily bested the high school field, with his nearest competitor, Mike Lucas, a full 3½ minutes behind. Virginia Collins' 69:20 led the masters women. Incidentally, there were 4 repeat winners: Brooks, Perkins & Kaempf, along with Louis Stojanovich, who won the 12 & under division in 68:25. /Ken Napier/

1-Steve Brooks/WVTC	48:25	25-Rae Clark/WVTC	54:20	49-Jonathan Kanter	57:41
2-Mike Smith/WVTC	48:43	26-Bob Smith	54:34	50-Allan Welch	57:42
3-Gilbert Munoz	48:53	27-John Brendel	54:42	51-Sue Munday	57:43F
4-Matt Yeo/AGRC	49:24	28-Don Dugdale/MPAC	54:43	52-Mike Hicks/WVJS	57:45
5-John Marden/WVTC	49:30	29-Ed Jerome/TRAC	55:04	53-Conrad Goeri	58:09
6-Peanut Harms/AGRC	49:39	30-Kathy Perkins/SJC	55:09F	54-Norman Goulp	58:11
7-Gregg Szanto/WVC	49:56	31-Martin Robinson	55:41	55-Stefan Ruiz	58:37
8-Mike Plummer/WVTC	51:10	32-Rick Riordan/PacW	55:58	56-Manny Mahon/WVJS	58:50
9-Keith Kruse/PuTC	51:21	33-Santos Reynaga/WVTC	55:58	57-Wayne Meyer	58:54
10-David Parish/WVTC	51:46	34-John Mercurio	55:59	58-Peter Fessenden	59:14*
11-Dan Martinez	51:48	35-Walt Van Zant/WVJS	56:03*	59-Pat Gilbert	59:16
12-Nick Nichols	51:53	36-Ray Clemo	56:06	60-Robert Johnson	59:23
13-Paul Sechrist	52:23	37-Walter Radloff	56:11	61-Bill Hotchkiss	59:29
14-Ulrich Kaempf	52:50*	38-Javier Naranjo	56:17	62-Ron Ruiz	59:31*
15-Dan Dierkan	52:55	39-Rick Piper	56:25	63-D.H. Curtis	59:33
16-Joe Mercado	52:56	40-Dennis McGibben	56:35	64-Ed Hart	59:38
17-Mike Lucas	53:00	41-Williams Jenkins/RCRC	56:45	65-Mike Paradis	59:41*
18-John Gardner	53:34	42-Steve Mosier	56:48	66-Dave Branning/WVJS	59:42
19-Tim Rostege/WVTC	53:37	43-Mark Harlan	56:54	67-Craig Windham/WVJS	59:59
20-David James	53:45	44-Bill Comport	57:03	***MASTERS***	
21-Jerry Lewis/TRAC	53:52*	45-Robert Cowdrey	57:07	70-Harold DeMoss/WVTC	60:08*
22-Masafumi Mori	53:56	46-Wayne Hooper	57:18	77-Mike Mister	60:31*
23-Glenn Pruitt/ETC	53:57	47-Joe Rubio	57:30	78-John McCrillis/TRAC	60:33*
24-Myron Nevraumont/WVJS	54:08*	48-Phil Sanfilippo/WVJS	57:39	79-John Warren/TRAC	60:39*
					62:08*
					62:08*
					62:12*
					WOMEN
					60:06
					62:28
					63:09
					64:09
					64:12
					67:02
					67:54
					69:17



Masters runner Karen Scannell was the first woman finisher at the Sri Chinmoy Marathon in a PR 3:05:30. /Don McLanary/

MAXWELL & MEYER TOP SKYLINE RIDGE RUN (June 17, Oakland): - The 329 finishers found the Oakland hills tough in the first REI Cup Skyline Ridge Run, as Brian Maxwell won the 10K race in a slowish 32:42, pulling away from runner-up Harvey Franklin (33:19) strongly over the last half of the race. Women's times also reflected the difficulty of the course, but the competition in that division was much closer, with Berit Meyer's 41:23 just edging out Denise Bigelow, the first junior woman, by a mere second. And third-placer Leslie McMullin was another 5 seconds back. The masters division was captured by Ray Menzie, who had a 16-second margin of victory over Bryan Holmes. And Greg Johnson's 35:57 led the junior men, only 6 seconds in front of Bob Brasesco. Vicki Bigelow (Denise's mom) was the masters women's top finisher in a good 42:26, only a minute behind the top open division runners. Top finishers in the various divisions received both medals and merchandise from REI, and some 40 additional merchandise awards were given at random. This plethora of goodies, along with a free post-race picnic, provided a good time for all. /LJM&S/

1-Brian Maxwell/BASC	32:42	16-Lou Dougherty	37:55	31-D. Duncan	39:33	61-Walt Schorno/ETC	41:47*
2-Harvey Franklin/36/WV	33:19	17-Mike Coke	37:58*	32-Richard Craig	39:51	65-Jack Hodges	41:57*
3-Lester Mina/AGRC	34:42	18-Eric Ivary	38:04	33-Jim Hipkiss	40:02	66-Ray Miller	41:59*
4-Vernon Sallaz	35:33	19-Bill Brusher/LMJS	38:07	34-Sheldon Clark	40:09	68-Bob Garner	42:05*
5-Greg Johnson	35:57	20-Hugh Globerson	38:12	35-Tim McClintick	40:19	69-Vince Alcantar	42:12*
6-Robert Brasesco	36:03	21-Brian William	38:39	36-L. Lynch	40:20	***WOMEN***	
7-Bob Colborn	36:19	22-Todd Thyberg	38:47	37-Dean Schorno	40:25	55-Bert Meyer	41:23
8-Jim Rodrigues	36:38	23-D.E. Terraman	38:48	38-Emmet Keeffe	40:29	56-Denise Bigelow/AGRC	41:24
9-Billy Shyvers/WVTC	36:47	24-Bruce Madewell	38:52	39-David Sharp	40:31*	58-Leslie McMullin	41:28
10-Rip Talavera	36:51	25-V.P. Fischer	38:55	40-Don Rooks	40:38	72-Sue Brusher/LMJS	42:18
11-Ray Menzie	37:01*	26-Glen McCrea	39:06	41-L.M. Kief	40:42	73-Vicki Bigelow	42:26*
12-Bryan Holmes/WVJS	37:17*	27-Nick Rosa	39:11	42-Dave Edlund	40:44	92-Marti Comarell	43:43
13-Bob Adelson	37:21	28-Mick Mitrovich	39:18	43-Bill Rider	40:46	96-Laury Belzer/LMJS	43:53
14-Robert Smith	37:30	29-Jim Norsworthy	39:29	***MASTERS***		105-Vicki Randall	44:40
15-Greg Thyberg	37:41	30-David Brown	39:32	59-Leigh Forsberg	41:32*	107-Martha Maricle/NCS	44:48*

HART AND FOX SET RECORDS AT PA-AAU 15K (June 24, Los Altos Hills): - Under slightly overcast cool (mid-60's) conditions, one could have guessed that there were going to be some fast times, but this year's District 15K Championships turned into a real mass assault on records, as over half the field broke an hour (127 out of 239 finishers), and 32 dipped under 50 minutes. Leading the assault was Benton Hart, whose 45:18 broke Jim Nuccio's 1977 standard of 45:40 (set on a very warm day), and he pulled along a very game John Moreno, outkicking him in the last part of the race by only 5 seconds. Third-placer Mike Ruffatto's 45:43 was only three seconds off Nuccio's old mark. In perhaps the most spectacular performance of the day, Judy Fox crushed an excellent women's field to take the overall title in a fantastic 52:57 (Judy is 38 and also won the sub-masters division), breaking the record of 57:34 set last year by Judy Leydig, as well as Vicky Bray's "short course" record of 56:35 set in 1976. The world best for the distance is 51:37 by Marty Cooksey. Kathy Perkins' 56:12 was also under the old record. (Continued on next page...)

(PA-AAU 15K, Cont'd...) - And Marilyn Taylor, who was third, just missed the old mark with a fine 57:43. Ralph Bowles took an early lead in the masters division and never let up, but Bob Wellck closed strongly over the final few miles to move within 11 seconds at the tape as Ralph clocked 51:11 for the win. Had Bob not been forced to take a brief pitstop midway thru the race, the results might have been reversed. Jerry Lewis' 52:28 captured third in that division. Karen Scannell continued her fine running in winning the women's over-40 race, defeating Anne Neeley, 62:28 to 63:45. The team competition in the open division couldn't have been much closer, as WVTC took the title for the fourth year in a row, clocking a record 3:53:33 (46:43 per man) to runnerup Camino West, who had 3:54:24. The third place Aggies were only another minute back at 3:55:25. If the meet had been scored by points, Camino West would have come out on top over WVTC and the Aggies, 42-43-45! The Pamakids (4:44:43) won the masters title over TRAC (4:48:10) and WVTC (4:54:51), and WVTC won the women's race (3 per team) in a record 2:49:50 (56:37 per runner) over the Aggies (3:04:07) and Woodside (3:08:27). /The Clark's/



(Clockwise) Lead pack early in the PA-AAU 15K consists of (l-r): Mitch Kingery, Benton Hart, Pete Sweeney, Mike Pinocci, John Moreno and Mike Emry. /John Shezets/ Judy Fox is congratulated by Bill Catanese, 4th masters finisher, who finished 8 seconds behind her. Top masters finisher, Ralph Bowles, did a 51:11, beating Bob Wellck. /Jim Engle/



1-Benton Hart/23/WVTC	45:18	37-James Tracy/29/ETC	50:15	73-Ray Menzie/44/Un	54:56*
2-John Moreno/24/CW	45:23	38-Steve Tamagni/26/Un	50:39	74-John Danner/22/PMK	55:06
3-Mike Ruffatto/24/WVTC	45:43	39-Bruce Wolfe/24/WVTC	50:42	75-Paul Armstrong/26/WVTC	55:08
4-Pete Sweeney/23/AGRC	45:50	40-Jim Howell/35/WVTC	50:49	76-Terry Casey/29/ETC	55:11
5-Mitch Kingery/22/CW	46:22	41-Tomasso Kearcher/29/PK	50:54	77-Mark Graves/29/Un	55:15
6-Mike Pinocci/24/WVTC	46:25	42-Ralph Bowles/42/DIRT	51:11*	78-Rick Berne/30/Un	55:23
7-Ron Fritzsche/22/CW	47:03	43-T. Baccellin/30/Un	51:13	79-Bob Cowdrey/35/Un	55:25
8-Tony Reynoso/25/AGRC	47:11	44-Jake White/37/WVJS	51:15	80-Jim Gorman/30/WVTC	55:26
9-Mike Emry/23/CW	47:14	45-Greg Hubbard/23/MR	51:15	81-Bob Cushen/48/PMK	55:32*
10-Bill Britten/24/AGRC	47:20	46-Gary Singer/24/Un	51:20	82-George Ridout/36/MR	55:34
11-John Sheehan/25/AGRC	47:29	47-Pete Churney/23/WVTC	51:22	83-Rick Riordan/19/PW	55:43
12-Steve Holl/26/AGRC	47:35	48-Bob Wellck/41/Un	51:22*	84-Don Diola/17/Un	55:53
13-Bill Sevald/33/ETC	47:42	49-Timothy Morse/30/AGRC	51:24	85-David Cummins/37/Un	55:55
14-Matt Yeo/24/AGRC	47:48	50-Art Aurand/34/Un	51:48	86-Ed Jerome/35/TRAC	55:56
15-Mike Cassaday/28/WVTC	47:52	51-Jack Leydig/35/WVTC	52:00	***MASTERS***	
16-Bryan Gieser/26/AGRC	48:02	52-Ernie Rivas/29/ETC	52:08	87-Stegfried Mattern/42	56:10*
17-Denis O'Halloran/27/AG	48:08	53-Mike Fanelli/23/PMK	52:21	91-James Jacobs/45/PMK	56:34*
18-Steve Brooks/25/WVTC	48:15	54-Jerry Lewis/44/TRAC	52:28*	93-Don Carpenter/51/WVTC	56:45*
19-Roy Hognlund/22/CW	48:22	55-Al Stanbridge/32/PMK	52:31	94-Walter Williams/42/WVJ	56:49*
20-Gary Goettelmann/35/WV	48:32	56-Andy Takaha/23/CW	52:33	96-Jim Nicholson/48/PMK	56:53*
21-John Mansoor/23/AGRC	48:37	57-Dan Barry/23/WVTC	52:40	102-Peter Fessenden/41/Un	57:41*
22-Brock Hinzmman/26/ETC	48:42	58-Tim Rostege/39/WVTC	52:43	105-John McCrillis/41/TRAC	57:43*
23-Ed Schelegle/25/AGRC	48:47	59-David Hamer/15/WVTC	52:45	106-Bruce Carradine/46/DRT	57:51*
24-Stan Winkley/20/Un	48:48	60-Phil Sanfilippo/28/WVJ	52:50	112-Van Whitis/41/Un	58:16*
25-Al Hernandez/33/WVTC	48:49	61-Ray Orwig/25/WVTC	52:50	113-Ken Paul/46/WVTC	58:16*
26-George Howe/23/Un	48:50	62-John Hawkes/30/WVTC	52:53	114-John Flather/47/TRAC	58:18*
27-Gil Brooks/24/CW	49:04	63-Ray Hosler/26/CTC	52:26	115-Harold DeMoss/43/WVTC	58:21*
28-Robert Anex/20/AGRC	49:17	64-Judy Fox/38/WVTC	52:57F	121-Paul Spangler/41/TRAC	58:58*
29-Bill Seaver/29/WVTC	49:27	65-Bill Catanese/40/DIRT	53:05*	122-Ronald Harold/46/Un	59:08*
30-Tom Weir/26/AGRC	49:29	66-Dan Dierken/30/TRAC	53:06	126-Frank Smith/40/PMK	59:34*
31-George Green/28/ETC	49:30	67-Ron Richardson/22/Un	53:30	***WOMEN***	
32-Lester Mina/26/AGRC	49:54	68-Myron Nevraumont/44/WV	53:43*	89-Kathy Perkins/21/SJC	56:12
33-Dave Collins/28/PMK	50:06	69-Bert Botta/40/TAM	54:19*	104-Marilyn Taylor/26/WVTC	57:43
34-Dan Harvey/20/CW	50:12	70-Phil Hager/42/WVTC	54:30*	123-Judy Leydig/28/WVTC	59:10
35-Jim Bowles/29/WVTC	50:13	71-David Dunbar/23/PMK	54:33	130-Diane Killen/22/AGRC	60:06
36-Bryan Tracy/23/AGRC	50:15	72-Keith Larsen/23/PMK	54:39	133-Linda Van Housen/15/WS	60:14
				149-Tena Anex/22/AGRC	61:47
				155-Karen Rosenblatt/24/AG	62:14
				159-Karen Scannell/40/PMK	62:28*
				164-Anne Neeley/40/TAM	63:45*
				166-Karen Himenes/12/WS	63:57
				168-Peggy Stok/19/WS	64:16
				174-Joyce Rankin/31/Un	65:30



SCHMULEWICZ VICTOR AT EXCELSIOR BEACH RUN (Jun. 30, San Francisco): - Ex-Cal runner, Wolfgang Schmulewicz, led from start to finish on this tough 10K run which featured some soft sandy areas this year. His winning 35:52 effort was way off John Halberstadt's 32:25 record of 1975, but good enough to whip runnerup Bruce Degan by some 46 seconds. This year's turnout of 133 (finishers) was the smallest ever...I guess nobody wants to pay \$1.50 for a race anymore? On top of that there were three T.U.R.D.'s that managed to slip across the finishline (unofficial runners)...how cheap can you get? Don Chaffee's 39:38 led the over-40 crowd by a wide margin, as Michael Coke edged Bob Gehl (tops in the 50+ field) for runnerup, 40:55 to 40:57. Tena Anex's 44:46 proved to be more than enough to whip teammate Denise Bigelow, who notched a 45:19 as runnerup, just ahead of her mom, Vicki, who won the over-40 title in 45:35. Good weather and a well-organized race! Let's see more here next year. /Mike Conroy/

1-Wolf Schmulewicz/25	35:52	12-Calvin Schulz/28/Un	39:54	23-Ted Hudson/32	42:35	33-Thurman Cheatham/42	44:10*
2-Bruce Degan/36/MR	36:38	13-Dave Robertson/27/WVTC	40:10	24-Evan MacBride/32/FR	42:42	50-Dodie Gaines/50	47:24*
3-Ray Kindle/21/PMK	37:03	14-S. Erickson/21/Un	40:43	25-Tim Chalmers/28/Un	42:48	***WOMEN***	
4-Joe Schieffer/28/LMJS	37:18	15-Marco Martin/38/PMK	40:51	26-Pete Schoener/38/BC	42:59	38-Tena Anex/22/	
5-Neil Berg/30/LMJS	37:27	16-Michael Coke/41/CS	40:55*	27-Gary Chan/20/WVTC	43:29	46-Denise Bigel	
6-Hashim Bashiruddin/22	38:12	17-Robert Gehl/51/DSE	40:57*	28-Gene Thibault/33	43:34	47-Vicki Bigel	
7-Jay Gehrig/28/Un	38:14	18-Walt Basinger/29/PMK	41:06	29-John Reavis/29/Un	43:38	50-Martha Mar	
8-Phil Serra/17/SUND	38:30	19-Chris Lizarraga/16/SUN	41:38	30-Mike Korbholz/42/DSE	43:48*	57-Pamela CF	
9-Russell Seyfried/18/SD	39:02	20-Jerry Bourne/32/DSE	42:04	31-Jeff Houston/21/DSE	43:56	66-Daphne	
10-John Monteverdi/33/LMJ	39:37	21-Alan Levander/26/Un	42:27	***MASTERS***		75-Collee	
11-Don Chaffee/40/ETC	39:38*	22-Gary Nathanson/29/TSRC	42:28	32-Fred Dunn/50/PMK	43:57*	101-Paule	

70
13-Ann
14-Bill
15-...

VAN HORN TOPS FIELD AT FOLSOM 10K (Jul. 1, Folsom): - Sacramento State's Mike Van Horn, competing for the Davis-based Aggie Running Club, ran off with the overall win at the Sixth Annual Folsom Run, besting Art Baudendistel by some 13 seconds in a time of 31:10, some 40 seconds off Dan Gruber's record from last year. Kent Guthrie had a fairly comfortable victory margin, 33:42 to 34:18 over Bob Bourbeau, but was well off Harvey Ferrill's 1978 best in the masters division (33:06), which was set under very cool conditions (60° and overcast). Kathy Adams successfully defended her title for the third year in a row, clocking 37:59.6, which was over a minute off her own course standard (also set in 1978). She was followed by surprising Suzy Martinez of the Roseville Gazelles in 38:29. Bob Malain was the only record-setter of the day, clocking a good 35:23 to demolish Art Waggoner's 50-and-over mark of 36:07, set last year, and his time was good enough for fourth place overall in the masters race. Carolyn Wolsey's 46:30 led the masters women. In a very tightly contested team battle, West Valley TC edged the local Buffalo Chips by 5 points, 92-97, with the Aggies third at 122. A total of 376 finishers in this popular Sacramento area run. /Frank Krebs/

1-Mike Van Horn/AGRC	31:10	26-Ed Russell/FF	34:41	51-Jeff Pearman/BC	36:28	76-Rex Hall/Un	37:56
2-Art Baudendistel/GW	31:23	27-Jesse Smith/FA	34:41	52-Mike Peldszus/DC	36:30	77-Kevin Sage/SUND	37:58
3-Adam Ferreira/HH	31:40	28-Bruce LaBelle/AGRC	34:46	53-Andy Harris/Un	36:31	78-Rick Anderson/Un	37:59
4-Chris Hamer/WVTC	31:54	29-Abe Underwood/BC	34:57*	54-Dan Davidson/Un	36:34	***MASTERS***	
5-Steve Brooks/WVTC	31:56	30-Mike Deatherage/SS	34:59	55-Karl Yamauchi/Un	36:38	89-Herb Adams/Un	38:35*
6-Perry Linn/BC	32:12	31-Gordy Vredenburg/BC	35:03	56-Howard Jacobson/BC	36:47	90-Mike Tarlton	38:37*
7-John Mansoor/AGRC	32:26	32-Rich Mounkes/Un	35:05	57-Roger Hite/Un	36:50	92-Ralph Moran/SUND	38:43*
8-Frank Goss/ARC	32:30	33-David Price/DC	35:08	58-John Riddle/Osamaui	36:39	108-Bob Potter/BC	39:31*
9-Rob Laxson/Un	32:49	34-Tellus Calhoun/Un	35:10	59-Brian Peterson/Un	37:06	111-Al White/OPHIR	39:36*
10-Erik Winje/Un	32:55	35-Doug Doi/FF	35:13	60-Austin Angell/STTC	37:07	112-Gus Hannickel/OPHIR	39:47*
11-Kenneth Alberg/SUND	33:06	36-Chuck Nichols/BC	35:14	61-Dan Halverson/BC	37:07*	119-Ben Smith/Un	40:13*
12-Frank Krebs/BC	33:11	37-Ken Takao/SUND	35:22	62-Larry Bass/BC	37:08	125-Herb Hoover/SoStr	40:33*
13-Dan Smolich/Un	33:25	38-Bob Malain/BC	35:23*	63-Steve Strong/Un	37:10	***WOMEN***	
14-Dave Maldonado/SaxStr	33:28	39-Richard Patterson/BC	35:33	64-Art Waggoner/BC	37:14*	80-Kathy Adams/SpWest	38:00
15-Mike Catlin/AGRC	33:33	40-Jeff Grubbs/BC	35:49	65-George Paddeck/Un	37:18	86-Suzy Martinez/RG	38:29
16-Boyd Tarin/WVTC	33:39	41-Kent Hikida/FF	35:50	66-Mike Doud/Un	37:19	101-Marilyn Brandt/AGRC	39:11
17-Kent Guthrie/WVJS	33:42*	42-Mark Murray/WVTC	35:53	67-Steven Schwartz/Un	37:19	114-Karen Rosenblatt/AGRC	39:52
18-Doug Rennie/BC	33:47	43-David Reinecker/Lag	35:57	68-Perry Francis	37:24*	115-Anne Barrett/Un	39:53
19-Mike Warr/MR	34:00	44-Erik Klusman/AE	36:04	69-Memo Campos/SaxStr	37:27	147-Debbie Faryniarz/Un	41:31
20-Ron Mellor/AubRC	34:04	45-Randy Fairchild/Un	36:07	70-David Ragsdale/AGRC	37:32*	157-Leslie Wilson/RG	42:10
21-Bob Bourbeau/WVJS	34:18*	46-Bruce Johnson/BC	36:08*	71-Steven Storelli/Un	37:34	159-Judy Mellor/AubRC	42:15
22-Kurt Reisig/Un	34:21	47-Tracey Booth/Un	36:18	72-Richard Doty/SUND	37:38	174-Karen Klupsch/OPHIR	43:06
23-Earl Hardy/HH	34:22	48-Harold Kuphaldt/RG	36:24	73-Robert Seldner/Un	37:39	176-Debbie Bispo/AGRC	43:08
24-Chris Clarke/Un	34:23	49-Randy Anderson/Un	36:25	74-Dean Rinde/Un	37:46	183-Kim Keaton	43:26
25-Jim Bowles/WVTC	34:24	50-Tim Jordan/BC	36:27	75-Victor Reeve/Un	37:54	184-Carolyn Tucker/BC	43:27

MACDONALD RETAINS WHARF TO WHARF TITLE AND TIES RECORD; MONDAY ALSO REPEAT WINNER--BREAKS RECORD

(Jul. 22, Santa Cruz): - Defending champ Duncan Macdonald went out quick and established an early lead in defending his win from the previous year, and his time of 27:38 tied the course record that he and teammate Mike Pinocci set last year. Runnerup Mike Ruffatto clocked 27:53.7 in a tight battle with teammate Ted Quintana, with Mike Cassaday another couple of strides back, as West Valley's powerhouse pinned down the top four spots in this very competitive field. A record number of runners (35) dipped under 30 minutes on the 5.813 mile stretch from the Santa Cruz to Capitola wharfs. Kent Guthrie nipped defending champ Bob Welck in a tight finish; 30:58 to 31:01, but Ralph Bowles' 1976 masters best (30:34) remained intact. Fast improving LDR Chairman Roger Bryan was in contention for the win throughout much of the race but faded a bit toward the end, taking a strong third in 31:21. Sue Munday creamed Teri Anderson's 1974 women's record of 33:45 with her ultra-quick 33:09, and Michelle Aubuchon was also under 34 minutes with 33:59.7. Kathy Perkins' 34:01.8 was a close third. B. Hawke (only first initials were listed in results for the most part) was top masters woman at 39:24 (24th overall). Several thousand competed but we don't know the exact count, but 725 were women! /Mark McConnell/



Mike Ruffatto, runnerup at the popular Wharf-to-Wharf Run in 27:53.7. /Jim Engle/

15-Jay Marden/WVTC	29:07	46-R. Miller	30:18	***MASTERS***	
16-T. Munoz	29:09	47-Gil Munoz	30:20	77-Roger Bryan/Un	31:21*
17-Gary Goettelmann/WVTC	29:10	48-Mark Gyorey/WVTC	30:22	113-Len Thornton/HSTC	32:27*
18-Rick Brown/AGRC	29:11	49-G. Morton	30:29	144-Bill Bugler/PMK	33:22*
19-Arturo Rodriguez/WVTC	29:13	50-Dave Parish/WVTC	30:31	156-V. Whitis	33:48*
20-Dan Harvey	29:14	51-Joe Mercado, Jr.	30:33	158-Bob Blonder/RCRC	33:57*
21-B. Joseph	29:15	52-Gary Alderman	30:34	161-John McCrillis/TRAC	33:59*
22-Craig Corey/WVTC	29:16	53-B. Marty	30:37	178-M. Stewart	34:20*
23-Paul Gyorey	29:16	54-Stan Ross/SJS	30:38	183-Ron Kovacs/TRAC	34:24*
24-Tim Gruber/WVTC	29:17	55-H. Worton	30:39	195-Mike Paradis	34:52*
25-P. McGuire	29:20	56-J. Christensen	30:42	206-B. Young	35:05*
26-Charles Boatright	29:21	57-D. James	30:44	208-Paul Spangler/TRAC	35:07*
27-John Marden/WVTC	29:28	58-R. Ifland	30:45	214-M. Carl	35:16*
28-Bret Baffert/WVTC	29:39	59-Joe Salazar/CW	30:47	215-R. McKenzie	35:16*
29-Tad Woliczko	29:39	60-Stan Hockerson/AGRC	30:52	223-Lee Holley/WVJS	35:25*
30-Steve Watkins	29:40	61-Jim Hiserman	30:55	***WOMEN***	
31-Paul Sechrist	29:45	62-Bill Meinhardt/WVJS	30:56	1-Sue Munday	33:09
32-Joe Green/WVTC	29:49	63-Kent Guthrie/WVJS	30:58*	2-Michelle Aubuchon/CSH	34:00
33-Rich Read/WVTC	29:56	64-M. Lotter	31:00	3-Kathy Perkins/SJC	34:02
34-H. Stuhu	29:59	65-Bob Welck/Un	31:01*	4-Diane Killeen/AGRC	34:41
35-Scott Thornton/HSTC	30:00	66-R. Hess	31:02	5-Maria King/SJC	36:00
36-Al Sandretti	30:01	67-John Carey/WVTC	31:03	6-Tena Anex/AGRC	36:03
37-S. Berumen	30:02	68-D. Hines	31:06	7-K. Robinson	36:34
38-Dirk Feenstra	30:07	69-Greg Brock/WVTC	31:07	8-Denise Bigelow/AGRC	36:39
39-Greg Mandanis	30:09	70-S. Stark	31:10	9-Jolie Houston/AGRC	36:44
40-John Hoch/CW	30:10	71-P. Dolan	31:10	10-Barbara Meihaus/WVTC	36:47
41-Stacy Geiken	30:11	72-D. Hunt	31:12	11-B. Storm	36:48
42-G. Galbway	30:15	73-J. Hilbrink	31:13	12-Amy Harper	36:52
43-A. Bettencourt	30:15	74-D. Stevens	31:14	13-Karen Rosenblatt/AGRC	36:52
44-A. Gonzales	30:16	75-P. Grabowsky	31:19	14-S. Baffert	36:52
45-Kevin O'Connor/CW	30:17	76-Manny Mahon/WVJS	31:20	15-Diane Young	36:56

BILL RANNEY WALKS AMOK IN EUROPE (Aug. 9-12): - Ranney wasn't satisfied with his showing at Hannover (see previous page), so he did the following just afterwards.../Milano, Italy - Aug. 9/ 5K in 21:58 (2nd)...road?; /Zug, Switz. - Aug. 11/ 10K in 46:12 (1st); /Lugano, Switz. - Aug. 12/ 7K in 34+ minutes (all uphill course!). Not too shabby! /Bill Ranney/

PYKE TOPS IN AAU NATL. 20K (Aug. 11, Niagara Falls): - (1) Neal Pyke/SSC 1:27:59, (2) Jobin/Canada 1:28:41, (3) Hansen 1:29:07, (4) Heiring 1:30:45, (5) O'Connor 1:31:33... (10) Reilly 1:34:40, (33) Jacobs 1:47+... /Harry Siitonen/

RANNEY SETS NATIONAL MASTERS RECORD AT AAU 50K (Aug. 26, Cupertino): - Marco Evoniuk won handily in 4:15:07 and New York AC took the team title, but Bill Ranney (who also served as Race Director) grabbed the "big one" with a victory in the masters division over Ron Laird and a new national mark of 4:48:53 and 12th overall. Wayne Glusker led the locals with his 7th place and 4:31:16 PR. Other locals who completed the grueling 31 mile+ trek: 13-Brad Jacobs/WDS 4:49:18, 23-Manny Adriano/SSC 5:16:54, 27-Harry Siitonen/GGW 7:05:39. /Harry Siitonen/

BAUTISTA SETS WORLD 20K MARK (Sep. 30, Frankfurt, W.G.): - Dan Bautista of Mexico bettered the world record for the 20K walk and became the first man to ever dip under 1:20 by racing to a fantastic 1:18:49! We just got this bit of information as we were going to press. No other details on the race. /AP/□

TRACK AND FIELD RESULTS



TFA/USA MASTERS CHAMPIONSHIPS (Jun. 9-10, Slippery Rock, PA): 6 MI: (40-44) 1-Ralph Bowles/Un 34:12.0. /Nat'l. Masters News/

NATL. AAU MASTERS CHAMPIONSHIPS (Jul. 6-8, Gresham, Ore.): - We may have missed a few because clubs weren't listed in the results (only home state)...let us know if we missed you so we can put you into next issue. /MEN/ 100m: /S1/ 5-Marshall/WVTC 11.26, /S2/ 4-Fitzsimmons/WV 11.56, 5-Simpson/WV 11.58, /1B/ 2-Parish/NCS 11.69, 4-Springbett 11.79, /2A/ 3-Roemer/NCS 12.54, /3B/ Koppel/NCS 13.26, Satti/NCS 13.72, /4A/ Carnine/NCS 14.98, 3-Puglizevich/NCS 15.99; 200m: /S2/ 2-Romain/WV 22.78, /1B/ 3-Springbett 24.12, 4-Parish 24.19, /3B/ Koppel 27.48, Satti 29.13, /4A/ Carnine 31.36; 400m: /S1/ 2-Pruitt/WV 48.41, /S2/ Romain/WV 49.66, Fitzsimmons/WV 52.25, /1A/ 5-Blanchard 60.22, /1B/ 3-Bruhner/NCS 55.26, /3B/ Koppel 63.88, Satti 65.67; 800m: /S2/ 2-Romain 1:54.8, /1A/ 2-Knebel/WV 2:00.2, 4-Richardson/WV 2:01.7, /3A/ 3-Koppel 2:44.8; 1500m: /1A/ 2-Knebel 4:14.1, 3-Cathcart/WV 4:23.2, /3A/ 3-Waterman 5:21.8; 5000m: /S2/ Franklin/WV 15:20.5, /1A/ 2-Wellck/WV 16:04.3, 6-Schafer/CRC 16:39.3, /2A/ O'Neil/BC 16:41.6, Stevenson 16:58.0, 4-Pickett/TAM 17:51.9; 10,000m: /1A/ 7-Hager/WV 35:33.9, /2A/ O'Neil 34:03.6, 4-Pickett 37:38.4; 110mHH: /1B/ Parish 17.08, /4A/ Puglizevich 29.12; 400mIH: /S1/ Pruitt/WV 55.85, /1B/ Parish 63.82, /2A/ 3-Dowell/NCS 64.88, /3A/ Waterman 76.06, /3B/ Satti 76.99; 5000mW: /S1/ Himmelberger/SSC 22:26.9; 20KMW: /S1/ Himmelberger 1:39:59; 3000mSC: /1A/ 2-Guthrie/WVJS 10:38.1, /1B/ 2-Stevenson 10:53.7, /3A/ Waterman 12:53.6; 400mR: /S1-2/ 3-WVTC 43.73; 1600mR: /S1-2/ 2-WVTC 3:24.9, /1B/ NCS 3:46.3; JT: /1A/ 2-Conley 192-0, /1B/ Letcher/NCS 181-0; HT: /3B/ York/NCS 123-6; SP: /1B/ 3-Letcher 33-11½, /3B/ York 43-4, /4A/ 2-Puglizevich 35-9½; DT: /1B/ 3-Letcher 112-1½, /3B/ York 34.57m, /4A/ Carnine 38.27m; PV: /4A/ Puglizevich 6-0 (3rd); LJ: /1A/ 4-Conley 17-10½, /3B/ Satti 15-8 3/4; TJ: /3B/ Satti 29-5½; Pent: /S1/ 2-Marshall/WV 2728½, /1A/ 5-Conley 2520½, /2A/ 2-Roemer/NCS 3127½, /4A/ Carnine 3761-3/4. /WOMEN/ 100m: /S2/ Gerard 13.7, /1A/ Sherrard 13.2, Parish 13.65, /1B/ Obera 12.63, /3A-B/ 2-Kolda 17.08; 200m: /1A/ Parish 28.71, /1B/ Obera 26.57, /3A/ Kolda 38.08; 400m: /S2/ Gerard 64.79 (2nd), /1A/ Parish 64.48, /1B/ Obera 67.73, /3A/ Kolda 92.25; 800m: /1B/ Anderson/NCS 2:45.9; 1500m: /S2/ 2-Gerard 5:44.4; 10,000m: /1B/ Anderson 40:57.9; Pent: /1A/ Sherrard 2834.84; SP: /1A/ Sherrard 36-7, 3-Parish 25-10; HJ: /1A/ Sherrard 4-6; DT: /1A/ Sherrard 27.68m. /Jim Puokett/

PAN-AM MASTERS CHAMPIONSHIPS (July 21-22, Pomona): /MEN/ 100m: /S2/ 3-Simpson/WVTC 11.37, /3B/ Koppel/NCS 13.28, Satti/NCS

(Pan-Am Masters, Con't'd) 13:70; 200m: /3B/ Koppel 27.94, Satti 29.23; 800m: /3A/ 2-Waterman/Stan 2:32.1, /S1/ 2-Browne/WVTC 1:59.4; 5000m: /2A/ O'Neil/BC 16:39.6; 10,000m: /2A/ O'Neil 34:50.3; 3000mSC: /2A/ Stevenson/Un 11:02.8, /3A/ Waterman 13:32.4; 5000mW: /S1/ Glusker/WV 22:50, /2A/ 2-Siitonen/NCS 29:39, /2B/ Smith/Un 29:12; 20KMW: /S1/ Dooley/WV 1:37:52, Glusker 1:38:25, /2A/ 2-Siitonen 2:11:25; 400mH: /2A/ Stevenson 68.0, /3A/ Waterman 74.6, /3B/ Satti 75.5; DT: /2B/ 3-Henderson/NCS 125-7, /3B/ York/NCS 116-0; PV: /2B/ 2-Johnson/NCS 9-6; LJ: /1A/ 3-Fuller/NCS 17-11½, /1B/ 3-Presber/Un 19-7, /2B/ 2-Johnson/NCS 17-3, /3B/ Satti 16-2½; SP: /S1/ Henderson/NCS 36-0½, /3B/ York 43-0½; HT: /3B/ 2-York 119-2; JT: Conley /Un 208-8; HJ: /S2/ Brown/NCS 6-2, /1A/ 2-Conley 5-2; TJ: /2B/ 2-Johnson 33-1½, /3B/ Satti 27-10 3/4. /WOMEN/ 200m: /SM/ 3-Henderson/NCS 31.98; 5000mW: /50+ 2-Carola/GGW 41:17; SP: /SM/ Henderson 23-10½; JT: /SM/ Henderson 77-2. /H. Summer/

WORLD MASTERS CHAMPIONSHIPS (July 27-Aug. 2, Hannover, W.G.): Medal winners (1-2-3) were listed in the Nat'l. Masters Newsletter, without affiliations, so I'm taking a stab at those I recognize...please let me know if I've missed anyone. FIRST: /MEN/ zilch! /WOMEN/ (1A) 100m: Sherrard/NCS 12.78; (1B) Obera /NCS 12.62AR; (2A) Anderson/NCS (X-C) 44:32.1 (also on winning US team); Mara: Anderson 3:15:32. SECOND: /MEN/ zilch! /WOMEN/ (1A) 5000mW: Maynard/WDS 26:10.2AR; (1B) 200m: Obera 26.41; 400m: Obera 61.69AR; (2A) 5000m: Anderson 20:15.9AR; (3A) 100m: Kolda/NCS 17.11; 200m: Kolda 35.74. THIRD: /MEN/ (1V) 3000mSC: Carmichael/OC 18:40.3; /WOMEN/ (1A) SP: Sherrard 35-8½; 200m: Sherrard 27.01; X-C: Stricklin/WVTC 49:28.5; (2B) X-C: Tuinzing/TAM 58:38.8. /National Masters Newsletter/

NATIONAL A.A.U. JR. OLYMPICS (Aug. 9-12, Lincoln, Nebr.): /Only NorCal placers listed/ (GIRLS) 100y: 4-Ware/Okld 11.0; 100mH: 6-Young/Richmond 14.22; 440R: 1-Region 13 (Ware, Sanders, Johnson, Spence) 47.6; (BOYS) 220: 2-Threath/Pittsburg 21.5; 440R: 4-Region 13 42.36; LJ: 2-Jackson/Okld 23-10 3/4, 4-Miller/Richmond 23-10; HJ: 1-Knox/Reno 6-11; TJ: 6-Justice/UnionCity 47-7 3/4. /Univ. of Nebraska/

WEST VALLEY INVIT. RELAYS (Sep. 15, Berkeley): - One U.S. Masters record was smashed and another just missed, as a team of West Valley TC runners ran the following: 4-Mile Relay: 18:33.4 (Pete Richardson 4:38.2, Jack Knebel 4:39.5, Tom Cathcart 4:30.4, Bob Wellck 4:45.3)--broke old record, held by West Valley J&S, by about 13 seconds. 2-Mile Relay: 8:31.8 (Bob Wellck 2:12.9, Tom Cathcart 2:06.4, Jack Knebel 2:06.1, Pete Richardson 2:06.4)--missed record by about 3 seconds. /Jim Brustar/□

LONG DISTANCE RESULTS



Bob Gehl, over 50, ran 37:24 for 10K at Stanford. /Sheretz/

RUN FOR LIFE 10KM (May 13, Stanford): - 1-Peanut Harms/AGRC 32:03 & John Sheehan/AGRC 32:03, 3-Boynton 33:50, 4-P. Shaughnessy/WVTC 34:16, 5-Harris/WVTC 34:29, 6-Rough 34:36, 7-Kaempff/Un(40+) 34:42, 8-Mercado 35:20, 9-Mori 35:21, 10-Rostege/WVTC 35:40, 11-Moore 36:09, 12-Howe 36:19, 13-Clark/WVTC 36:42, 14-Warner 36:46, 15-Dunn 37:11, 16-Gehl (50+) 37:24, 17-Theis 37:31, 18-Rolston 37:41, 19-Gordillo 37:44, 20-Johnston 37:47...81-Tena Anex 42:05, 124-Martie Comarell 44:09...500 finish. /Heart Assn/

LINCOLN CHILD CENTER RUNS (Jun. 2, Oakland): /4.42 Km./ 1-Emboly 13:50, 2-Knebel/WVTC(40+) 14:20, 3-Hager/WVTC(40+) 14:33, 4-Hamilton 14:52, 5-Barnett 14:55, 6-Jim Smith 15:09, 7-Weggenmann(40+) 15:16, 8-Arziño 15:16, 9-Ryan 15:37... 15-Mary Rieboldt 15:54, 43-Heather Ryan 18:25. /8.84 Km./ 1-Schulz/WVTC 27:36, 2-Tymm/Hawaii(40+) 27:59, 3-Franklin/WV 28:19, 4-Weir/AGRC 28:52, 5-Holmes/WVJ (40+) 30:25, 6-Brasesco 30:38, 7-Batley 31:02, 8-Bottano 31:47, 9-Martz 31:48... 14-Phyllis Olrich/SJC 32:50, 44-Leslie McMullin 35:30, 65-Ruth Anderson/NCS (40+) 37:31...217 finishers in long run & 285 finishers in short run.

/Dorie Gallinatti/

"GOLDEN GAIT" 10 KM. (Jun. 10, San Francisco): - Run on G.G. Park standard 5K loop, starting at Polo Fields parking lot. - (Note: No indication of age or sex in results, other than by first name...hope I didn't miss anyone.) 1-Fritz Watson/WVTC 31:43, 2-Muela/ETC 32:53, 3-Cathcart/WVTC(40+) 33:13, 4-Ferguson/WVTC 33:33, 5-Perlman 33:55, 6-Gehrig 34:12, 7-Kadish 34:38, 8-James 34:40, 9-Sampson 35:02, 10-Nevraumont/WVJS(40+) 35:15, 11-Spicer 35:23, 12-Ardell(40+) 35:29, 13-McAbee(40+) 35:35, 14-Hager/WVTC(40+) 35:47, 15-Menzie(40+) 35:52...44-Pauline Vasquez/SJC 38:38, 54-Anne Hamilton/MLTC 39:46, 66-Denise Bigelow/AGRC 40:39, 71-Vicki Bigelow/AGRC(40+) 41:03... 252 Finishers. /Cerebral Palsy Ass'n./

EMBARCADERO RUN (Jul. 4, Oakland): /5.1 Mi./ 1-Dennis Fell 25:45, 2-Corona 25:56, 3-Slawson/BA 26:20, 4-Barry/WVTC 26:22, 5-Rodriguez/WVTC 26:27, 6-Winters 26:46, 7-Sallaz 27:02, 8-De-Araujo 27:03, 9-Mina/AGRC 27:13, 10-Kadish 27:26, 11-Bowles/Un (40+) 27:29, 12-Wolfe/WVTC 27:33, 13-Brascesco 27:48, 14-Reynolds 27:59, 15-Mota/LMJS(40+) 28:02...18-Nevraumont/WVJS(40+) 28:17, 23-Holmes/WVJS(40+) 28:38, 25-MacDonald/PMK(40+) 28:42, 93-Denise Bigelow/AGRC 31:50, 144-Vicki Bigelow/AGRC(40+) 32:34, 117-Sue Brusher 32:35, 118-Sue Stricklin/WVTC(40+) 32:36...667 finishers! /Ralph Bowles/

GILROY GARLIC 10,000 METER (Aug. 5, Gilroy): 1-Gil Munoz 32:14, 2-Watkins 33:22, 3-Holladay 33:32, 4-Mercado 33:32, 5-Roney 33:47, 6-James 33:51, 7-Moyles 33:57, 8-Gonzales 34:06, 9-Aurand 34:16, 10-R. Gonzales 34:30, 11-Reisig 34:45, 12-Rostege/WVTC 35:04, 13-Cano 35:09, 14-M. McConnell 35:12, 15-Parades 35:14, 16-Cook/WVTC 35:19, 17-Apperson 35:22, 18-Olemer 35:30, 19-Downing 35:36, 20-Bettencourt 35:41, 21-Spurr(40+) 35:44... 47-Stomgros(40+) 38:02, 48-Craig(40+) 38:22...57-Paula Jackson 38:59, 97-Judy Gustafsen 42:05...400+ finishers. /Wm. Flodberg/

HOT FOOT RUN (Aug. 5, Napa): /1.5 Mi./ 1-Rey Corona 6:41.0, 2-Ceja 6:42.5, 3-Balli 6:44.1, 4-Garcia 6:49.3, 5-McClaine 6:54.7 ...30-Claudia Shenefield 8:59.2, 47-Michele Montgomery 9:40.9, 49-Herlihy(40+) 9:46.4, 50-Mazzuki(40+) 9:47.3...146 finished. /4.7 Mi./ 1-Mike McGrath/AGRC 22:26, 2-Brad Brown/SUND 22:36, 3-A. Smith 23:08, 4-Howard 23:13, 5-Royal 23:19, 6-Barry/WVTC 23:22, 7-Proteau/AGRC 23:24, 8-Corona 23:24, 9-Ceja 24:21, 10-Cargill 24:32...16-Roland(40+) 25:21, 40-Basham(40+) 26:50, 91-Jane Terry 30:59, 92-Debbie Terry 31:05, 97-Nina Beatie 31:16, 98-Felicia Shinnamon...253 finished. /The Hall's/

CRATER LAKE MARATHON (Aug. 11, Crater Lake, Ore.): /70-80 degrees, clear, high altitude/ 1-Balding(40+) 2:55:29, 2-Juillera 2:56:34, 3-Warnock(40+) 2:58:40...8-Pauwels(50+) 3:18:50, 44-Jeanne Otterman 3:52:41...85-90 finished. /Neil Mishalof/

JOHN STEINBECK COUNTRY RUN (Aug. 12, Salinas): /10 Km./ 1-Glyn Harvey/England 30:34.4, 2-Sup/MPC 31:08, 3-Bowler/England 31:32, 4-Munoz 32:56, 5-Tamagni 33:29, 6-Roney 33:41, 7-Routh 33:50, 8-Doughty/WVTC 33:56, 9-Parades 33:58, 10-Torres 34:10, 11-Grubbs 34:13, 12-Immoos 34:39, 13-Moss 34:53, 14-Dawson 35:08, 15-Cook/WVTC 35:12...33-Brazinsky(40+) 37:01, 40-Bawcom (50+) 37:32, 52-Pamela Burkes/WVTC 39:01, 73-Maria Regalado 40:51, 110-Tiffany Choy 43:25...278 finished. /Lance Almond/

PLANKTON FESTIVAL RUN (Aug. 18, Avila Beach): /3 Mi./ 1-Eric Huff/SLDC 14:24, 2-Cadena/SLDC 14:29, 3-Boatright/AGRC 14:29, 4-Rueckert/SLDC 14:48, 5-Lowrie/CW 15:01, 6-Nanninga/SLDC 15:14, 7-Casper/SLDC 15:41...16-Coffey(40+)/SLDC 16:16, 19-Cline(40+)/SLDC 16:36, 32-Perkins(50+)/LVDC 17:06, 34-Evelyn Stewart/CPSLO 17:30, 37-Barb Arreola/SLDC 17:36...144 finishers. /Stan Rosenfield/

OAKDALE DISTANCE CLASSIC (Aug. 19, Oakdale): /4 Mi./ 1-Oliveira 20:26, 2-Koris 20:32, 3-Vargas 20:42, 4-Hale 21:15, 5-Edwards 21:23, 6-Vorse 22:05, 7-Lawson 22:13, 8-Larson 22:30, 9-Nona 22:38, 10-Leitner 23:07, 11-White 23:16...26-Joan Redfean 26:31, 29-Scott(40+) 27:16, 30-Maureen King 27:28, 31-Hurst (40+) 27:33, 45-Ida Nankeville(40+) 31:25...65 finishers. /Charles Pittel/

BASS LAKE RUN THRU THE PINES (Aug. 25, Pines Village): /13.3 Mi./ 1-Jim Hartig/FPTC 70:01, 2-Juan Garcia/HSTC 71:04, 3-Juan Molina/HSTC 71:15, 4-Ramirez/FPTC 74:32, 5-Gonzales/FPTC 76:01, 6-Wooliscroft/EC 76:44, 7-Pawlak/WVJS 77:20, 8-Swenson/FPTC 78:36...23-Smith/STC(40+) 1:29:43, 29-Harris/FPTC(40+) 1:31:40, 30-Hartin/Madera(40+) 1:31:55, 43-Jan Vickers/Laguna Beach 1:35:38, 51-Brenda Villanueva/FPTC 1:39:25. - Hartig had splits of 24:53 & 51:40 thru 5 & 10 miles on his way to a new course record...120 finishers. /Bill Cockerham/

PHIDIPIIDES BIATHLON (Aug. 26, Santa Rosa): /3 Mi. Run + apprx. 80m swim/ 1-Dave Sjostedt 17:18, 2-Turek 18:01, 3-Burke 18:10, 4-McGuire 18:28, 5-Lori Shanoff 19:16, 6-Eckbrecht 19:24, 7-T. Read 19:30, 8-Hotaling 19:34, 9-Paine 19:57, 10-Wilmore 20:01, 11-Bruner 20:13, 12-Chris Read 20:33...50 finishers.

BAY TO BAGELS RUN (Sep. 9, Lafayette): /2 Mi./ 1-David Lowler 11:00, 2-Hesbett 11:20, 3-Foley 11:27...7-Lisa Sandel 11:58, 8-Dana Spurrier 12:17...110 finished. /10 Km./ 1-Bernie Heinrich (39)/MR 33:14, 2-Graf 33:29, 3-Brascesco 34:51, 4-Batley 35:25, 5-Sampson 35:46, 6-Coleman 36:20, 7-Lucas 37:48...10-Forsberg (40+) 38:27, 15-Winer/WVTC(40+) 39:09, 24-Marsha White 40:52, 31-Penny DeMoss/WVTC 42:36...145 finished. /Darlene Feldstein/

NIKE/OTC MARATHON (Sep. 9, Eugene, Ore.): 1-Jeff Wells & Tony Sandoval/AW (Ete) 2:10:20, 3-Lodwick/AW 2:10:54, 4-Quax/NZ 2:11:13, 5-Atkins/CNW 2:11:52, 6-Durden/AtITC 2:13:47, 7-Segura/NMTC 2:13:59, 8-Ballenger/NPAC 2:14:08, 9-Cloeter/UCTC 2:14:23, 10-Layman/CNW 2:14:47, 11-Rose/WVTC 2:15:04, 12-Mc-Carey/AW 2:15:07, 13-Greig/NB 2:15:14, 14-Anderson/CTC 2:15:33, 15-Johnson/SAZRR 2:16:12, 16-Dimick/GMAA 2:16:30, 17-Kardong/CNW 2:16:40, 18-Manley/OTC 2:16:45, 19-Smead/Un 2:16:48, 20-Kreutz/OTC 2:16:52, 21-Britten/AGRC 2:16:54, 22-Hill/SOS 2:17:03, 23-Fidler/AtITC 2:17:29, 24-Wilson/JT 2:17:57, 25-Heffner/Un 2:18:16 (missed Foley/Summit 2:16:34, after Dimick) ...27-Schulz/WVTC 2:18:28, 28-Cassaday/WVTC 2:18:32, 30-Wayne/BA 2:18:39, 31-Yeo/AGRC 2:18:42, 32-Langford/FPTC 2:18:43, 35-Bautista/Un 2:18:52, 39-Seaver/WVTC 2:19:25, 43-Kissin/WVTC 2:20:13, 48-Sisson/WVTC 2:21:39, 57-O'Halloran/AGRC 2:23:15, 69-Foster/NZ(47) 2:24:27, 72-Gailson/Tahoe 2:24:47, 73-Collins/PMK 2:24:48, 77-Scholl/SRRR 2:25:12, 82-Szanto/Un 2:25:50, 83-Wysocki/SSS 2:25:53, 84-Chain/Un 2:26:22, 93-Mina/AGRC 2:28:00, 100-Jenkins/AGRC 2:29:09, 108-Levitsky/WVTC 2:30:12, 109-Brennand/SBAA(40+) 2:30:12, 113-Zapata/WVTC 2:30:38, 119-Rodriguez/WVTC 2:32:06, 120-Gulli/Un 2:32:08, 140-Chun/Un 2:34:09, 153-Joan Benoit/LAC 2:35:41, 157-Boatright/AGRC 2:36:23, 166-Faneli/PMK 2:37:55, 174-Ireland/SSS 2:39:39, 179-Hamer/WVTC 2:40:46, 181-Gillian Adams/GB 2:41:03F, 190-Catane/DIRT(40+) 2:43:19, 193-Cindy Dalrymple/Comets 2:43:38, 195-Laurie Binder/KCBQ 2:43:43, 196-Jane Robinson/SW 2:43:51, 201-Dana Slater/WSSAC 2:44:33F, 206-Mickle/Un(40+) 2:45:13, 222-Rosenthal/DSE 2:46:59, 239-Bennett/PMK 2:48:48, 242-D. Hamer/WVTC 2:48:58, 249-Nieman/NVRC 2:49:52...689 finished. /Tom Heinonen/

CENTRAL CALIFORNIA X-C MEET (Sep. 15, Fresno): - /College & Open & Masters - 5.0 Mi./ 1-Hartig/FTC 25:42, 2-Parks/Sac 25:44, 3-Van Horn/Sac 25:50, 4-Brown/Sac 25:56, 5-Garcia/FTC 25:59, 6-Winkley/Sac 26:00, 7-Carillo/Sac 26:01, 8-Pincombe/Sac 26:08, 9-Coulman/FS 26:16, 10-Joseph/Sac 26:17...51-Lynch/FTC(40+) 30:19, 52-DeGado/FTC(40+) 30:33. /Women - 2.0 Mi./ 1-Ramirez/CSB 12:31, 2-McPherson/WV 12:37, 3-Dunbar/CSB 13:03, 4-P. Ramirez/FTC 13:28, 5-Morgan/FTC 13:33. /Bill Cockerham/



Dan Moynihan edged Peanut Harms in the 1st Annual "Out & Back" 10K, winning a trip to Hawaii for his efforts. /John Sheretz/

OUT 'N BACK 10 KM (Sep. 23, Burlingame): /Top male and female... Dan Moynihan and Vivian Soderholm-Difatte, won trips to Hawaii/ 1-Moynihan/MR 30:35.6, 2-Harms/AGRC 30:41, 3-Yeo/AGRC 31:38, 4-Mclean/WVTC 32:40, 5-Gonzales 33:11, 6-Harris/WVTC 33:14, 7-Robertson/WVTC 34:15, 8-Brett Evert 34:37, 9-O'Brien 34:43, 10-Becerra/ETC 34:49, 11-Vivian Soderholm-Difatte/WVTC 35:13, 12-Saldino 35:29, 13-Minarik/WVTC 35:31, 14-Twesten 35:33, 15-Campos 35:38, 16-Lualhati (40+) 35:41, 17-Bugler/PMK(40+) 36:02, 18-Reyes 36:19, 19-Paul/WVTC (40+) 36:49, 20-Kolofor 36:59... 28-Kerry Brogan/SJC 38:13, 34-Skip Swannack/WDS 38:29F, 38-Tena Anex/AGRC 39:30...211 finished. /Burlingame Racquetball Club/

NATL. AAU 10,000 METERS (DIET PEPSI CHAMPIONSHIPS) (Sep. 29, Purchase, N.Y.): - LATE FLASH! Herb Lindsay's 28:34 beat Tony Staynings (28:36). Frances Sackerman of Burlingame won women's 50+ (42:32) & Jim O'Neil (Sac'to) was 2nd in 50+ men's race by 3/10ths of a second! Benton Hart 11th (29:16).

MIKE MERTENS LEADS 12-AND-UNDER SWEEP AT WOODMINSTER HANDICAP (Jun. 17, Oakland): - It was "kids' day" at the popular Woodminster Handicap 15K race in the Oakland Hills, as the top five spots went to boys aged 12-and-under. Winner Mike Mertens took advantage of his 15-minute head start to easily best the top scratch runner, Robert Page, who did 49:48 in tenth spot. Mike's winning time was an actual 58:12, adjusted to 43:12 because of the handicap. Runnerup Bob Stone's 43:40 was over a minute ahead of Mike's brother Billy, who clocked 44:50. Because no ages were listed in the results, we're not sure who was a master (over-40) and who wasn't. Since we need these statistics for our LDR "Point Totals", we're asking our readers to let us know if we've missed anyone (those we're sure of we listed with an asterisk, below, as we usually do). Following the runners' names (in parentheses) is the handicap, in minutes (add to time listed to get "actual" running time). This is the last year that the East Bay Road Runners will sponsor this run...it will be managed by the NorCal Seniors in the future...258 finished this year. /Pat Whittingslow/



Irene Rudolf was the fastest woman at the Woodminster Handicap in an actual running time of 63:19. /Lani Bader/

1-Mike Mertens(15)	43:12	24-Keith Whittingslow(4)	53:51*	47-James McManus(15)	55:53
2-Bob Stone(15)	43:40	25-Tom Standing(4)	53:52	48-Theodore Jones(4)/PMK	55:57*
3-Billy Mertens(15)	44:40	26-Art Heredia(15)	53:54	49-Pete Castellanos(4)	56:10
4-Robert Latting(15)	48:22	27-Ruth Anderson(12)/NCS	53:59*	50-Joe Schieffer	56:13
5-Van Robbins(15)	48:24	28-Marc Otto(15)	54:01	51-David Ripp	56:14
6-Bill Phillips(8)	48:42*	29-Keith Hastings(4)	54:01	52-Frank Smith(4)/PMK	56:16*
7-Bert Johnson(4)	48:44	30-Lloyd Sampson(4)	54:06	53-Terence Casey/ETC	56:17
8-Bob Malain(8)/BC	49:02*	31-William Flodberg(8)	54:07*	54-Mike Gibson(4)	56:18
9-Jim Nicholson(8)/PMK	49:31*	32-Steve Hughes(15)	54:08	55-Richard Emmons(8)	56:37*
10-Robert Page	49:48	33-David Peissner	54:22	56-David Anderson	56:38
11-Don Pickett(8)/TAM	50:12*	34-Hans Roenau(8)/TAM	54:25*	57-Paul Hohe(4)/TAM	56:43*
12-Kevin Searles	50:45	35-Cliff Wolery	54:28	58-Thurman Cheatham(4)	56:48
13-Dennis Tracy/WVTC	51:01	36-Keith Walker(8)	54:29*	59-Scott Phillips	56:49
14-Dane Larsen	51:03	37-Jack Holmes(4)	54:35	60-Glen MacDougall	56:56
15-Edward Lee(4)	51:09	38-Tom Aldana	54:37	61-Gene White(4)	57:04*
16-Ron Felzer(4)	51:14	39-Bill Smart(4)	55:08	62-John Dougherty(8)	57:06*
17-Dan Anderson/WVTC	51:35	40-Jess Chavez(8)	55:18*	63-Thomas Martz	57:13
18-Dick Houston(12)/NCS	51:53*	41-Irene Rudolf(8)/WVTC	55:19F	***WOMEN***	
19-Chris Mihm(15)	52:17	42-James Wilkins(4)	55:21	67-Betsy White(8)/WVTC	57:32*
20-Tim Smith(15)	52:18	43-Rex Roney	55:22	74-Gail Gustafson(8)/WVTC	58:06
21-Orin Dahl(4)	53:17*	44-David Kadish	55:27	94-Anne Neeley(8)/TAM	59:59*
22-Roger Daniels(4)/TAM	53:49*	45-Pat Whittingslow(8)/WV	55:36F	95-Louise Burns(8)/NCS	60:01
23-Dennis Kilian	53:50	46-Dave Robertson/WVTC	55:51	97-Sylvia Fox(8)	60:09

KEVIN JONES TOPS RECORD FIELD AT KENWOOD FOOTRACE (Jul. 4, Kenwood): - Host Valley of the Moon Running Club ran off with team honors, placing their five scoring men in the top eight places, as Kevin Jones led the parade with a fine 32:30.6, but well off Jim Nuccio's 1977 standard of 31:13. Runnerup Hersh Jenkins was a distant second with 33:29. Roger Daniels likewise had an easy time in taking the over-40 title in 35:28 over Darryl Beardall, who clocked 36:02. However, Beardall managed to salvage some pride as he kept his masters course record of 34:33, set in last year's run. The women were rather prolific in the record department, as Dana Hooper set a new open mark of 40:59.5, and Anne Neeley established a new masters mark at 43:54.5. Both were easy winners in their divisions. Weymouth Kirkland's 33:58.5 set a record in the 30-39 age-group, and Hans Roenau grabbed the only other mark with a 40:33.3 in the 50-and-over division. A record turnout of 358 finishers made this certainly one of the larger races in the Santa Rosa area, and, from comments we've heard, certainly one of the better organized ones too. /Fred Kenyon/

1-Kevin Jones/VMRC	32:31	18-Darryl Beardall/VMRC	36:02*	35-George Frazier/TAM	37:39	58-William Hackley	39:30*
2-Hersh Jenkins	33:29	19-Brian Collins/TAM	36:07	36-Ken Howe	37:44	59-Arnold Schulz	39:36*
3-Weymouth Kirkland/VMRC	33:59	20-Mike Deatherage/SS	36:23	37-Tom Aldana/ETC	37:54	67-Ronald Rammer	39:43*
4-Jim Noonan/VMRC	34:03	21-Keith Golding	36:26	38-Richard Hike	37:57	80-Joe Dana/SS	40:23*
5-Bill Marty/Texas	34:14	22-Ed Nieto/VMRC	36:36	39-David Nieman	37:58	85-Hans Roenau/TAM	40:33*
6-Fred Leoni	34:49	23-Emery Mitchell/TAM	36:38	40-Paul Hadley	38:00	88-Clairence Hall/NVRC	40:55*
7-Bob Lawrence/VMRC	34:51	24-Martin Jones/VMRC	36:45	41-Roger Klein/VMRC	38:05	***WOMEN***	
8-Dennis Bollman/VMRC	34:56	25-Phil Bellan	36:51	42-Tim Wallen/VMRC	38:05	90-Dana Hooper	41:00
9-Butch Alexander/VMRC	35:02	26-Craig Roland	36:53*	43-Pat Miller	38:10	124-Beckie Simmie/VMRC	43:04
10-Clark Rosen	35:04	27-James Rawling	36:54	44-Jeff Ceremony	38:11	131-Florianne Harp	43:24
11-Rob Biando	35:12	28-David Royal	36:56	45-Ken Cox	38:15	142-Anne Neeley/TAM	43:55*
12-Pat Stordahl	35:23	29-Dave Sjostedt/VMRC	37:04	46-Joe Barich	38:39	145-Dana Flint/VMRC	44:00
13-Roger Daniels/TAM	35:28*	30-Francis Skewis	37:07	47-Roger Price/VMRC	38:44*	152-Peggy Smith	44:25
14-Ron Souther/SS	35:37	31-Bruce Von Borstel/TAM	37:12	48-Bruce Carradine	38:47*	158-Barbara Magid	45:08
15-Mike Warr/SS	35:45	32-Peter Laskier/TAM	37:14	49-Dick Ogg	39:13	168-Lora Tilp	45:25
16-Brian Hoyt	35:46	33-Greg Johnson	37:16	***MASTERS***		173-Bonny Lawrence	45:37
17-Dan Preston/VMRC	35:51	34-Jim Barich	37:35	53-Dan Goodwin	39:20*	175-Marlys Hayden	45:42*

REDWOOD CITY FOURTH OF JULY PARADE RUN--PINCOMBE AND FOX TAKE TOP HONORS (Jul. 4, Redwood City): - Rick Pincombe bested a rather lack-luster field in this annual 5-Kilo event through the downtown section of Redwood City, clocking 15:21 to beat runnerup Bill Joseph by 13 seconds. Skip Wagstaff, in third spot with 15:42, grabbed top honors in the 14-17 division. The best performance of the day by far, however, was turned in by 38-year-old Judy Fox, who notched a great 16:53 in blitzing a good women's field by nearly a full minute. Sue Munday's 17:50 and Marilyn Taylor's 18:06 were a distant second and third. Judy's time placed her in 31st place overall! Richard Craig's 17:42 nipped M. Cowperthwaite by four seconds to take the masters title...however, Dave Stevenson's 17:17 won the 50-and-over honors and thus gave him overall 40-and-over honors. As announced in an earlier issue, we will usually not print in-depth results for races that do not list overall placings, as was the case here...divisional placings are fine, but people like to know how they place relative to others too. /Judy Fox/ ...approx. 350-400 finishers.

1-Rick Pincombe(21)	15:21	10-Dave Parish(24)/WVTC	16:06	19-Walter Haight(20)	16:30	28-Richard Piquette(32)	16:51
2-Bill Joseph(23)	15:34	11-Mike Ercolini(22)	16:08	20-Douglas Stevens(35)	16:32	29-Tom Dennett(31)	16:51
3-Skip Wagstaff(17)	15:42	12-John Barbour(25)	16:08	21-Al Stanbridge(32)	16:36	30-David Wald(24)	16:52
4-Danny Hernandez(17)	15:47	13-Terence Boynton(19)	16:10	22-Kevin Bury(25)	16:37	31-Judy Fox(38)/WVTC	16:53F
5-Gary Goodstein(20)	15:48	14-Rich Hornstra(22)/CW	16:13	23-Richard Herzog(35)	16:39	32-Keith McNab(38)	17:00
6-Dan Stefanisko(17)	15:58	15-Peter Dolan(19)	16:21	24-Keith Larsen(23)	16:41	33-Ervin Holse(17)	17:00
7-Charles Harris(39)/WV	15:59	16-Peter Jensen(23)	16:23	25-Masafumi Mori(33)	16:45	34-Curtis Beeman(27)	17:03
8-Dave Shea(16)	16:01	17-Jerome McFadden(38)/WV	16:24	26-William Dunn(31)	16:46	35-Mark Rokovich(17)	17:11
9-Dave Hansen-Fabris(21)	16:03	18-Tim Rostege(39)/WVTC	16:28	27-Paul Hopkins(17)	16:49		

(Continued on next page...)

(4th of July Parade Run, Cont'd)

MASTERS

Table with 3 columns of runner names, times, and distances. Includes names like Dave Stevenson, Richard Craig, M. Cowperthwaite, Don Carpenter, N. Shastany, Ken Paul, John Bramfitt, John Flather, Paul Spangler, Kent Mitchell, Ron Hakola, Rod McKenzie, Harold DeMoss, Judy Fox, Sue Munday, Marilyn Taylor, Linda Van Housen, Karen Himenes, Jane Sowersby, Michelle Miller, Jennifer Glockver.

MAXWELL VICTORIOUS OVER MARIN HEADLANDS NEW 7-MILE COURSE (Jul. 22, Marin County): - This year's course featured a longer starting stretch before "the hill" and as a result the new course has, obviously, all new records. Canadian Brian Maxwell's 39:04 was tops over the rugged hill-and-dale circuit, with Eric Williams a distant second in 39:40. Don Ardell's 44:16 led the over-40 division, with Orin Dahl a well-beaten runnerup in 45:40. In the closest race of the day, Dana Hooper edged Irene Rudolf for the women's title, 50:28 to 50:42. Marty Maricle, 46, clocked 56:24 to take top honors in the women's masters race. The local Marin Racers easily defeated the sponsoring Tamalpa team, stacking all their scoring five in the top eleven slots. Tamalpa did win the women's title, however, in a very tight race with WVTC. Nearly 300 finished this well-attended run (very tough but very scenic). This is a good race to mark on your calendar for next summer. /Kees Tuinaing/

Large table listing race results with columns for runner name, time, and distance. Includes names like Brian Maxwell, Eric Williams, Pete Demaris, Ray Kindle, Bryan Tracy, Dan Anderson, Bruce Degen, Vesa Penula, Mike Sweeney, Jerry Drew, Mike Warr, Dane Larsen, Wolf Gobou, Leo D'Acquisto, Kyle Kessler, Dave Anderson, Ed Russel, Mike Kuta, Bruce LaBelle, Chris Johnson, David Kadish, Don Ardell, Chuck McMillan, Randy Belzer, Bruce Von Borstel, Rudy Balli, Brett Evert, Peter Laskier, Jay Gehrig, J.P. McCarthy, Martin Jones, Kevin Kirby, John Colom, Peter O'Reilly, Orin Dahl, Mike McKenzie, Russ Kiernan, Terry O'Sullivan, Don Chaffee, George Frazier, Russ Langer, George Ridout, Gary Nathanson, Doug Doi, Mike Raventos, David Kiel, Higgins, Brian Williams, Chris Newhard, Larry Sims, Evan MacBride, Clive Clarke, Keith Hastings, Bob Trumbull, Wolfgang Green, Don Huff, Dana Hooper, Irene Rudolf, Vicki Randall, Donna Andrews, Pat Whittingslow, Gail Gustafson, Barbara Magid, Marilyn Morton, Marty Maricle, Florianne Harp.

MORENO NIPS JONES AT BELMONT STEAKS RUN (Aug. 11, Belmont): - Camino West's John Moreno successfully defended his title over the hilly 8.93 mile course in the Belmont hills, but he had all he could do to hold off surprising 19-year-old Kevin Jones, who finished a scant 8 seconds back of the winner's 46:54, which was 12 seconds of his own 1978 course record. Ulrich Kaempf came even closer to the masters course standard, missing Ralph Bowles 51:27 by a mere 4 seconds. His victory margin over Siegfried Mattern was nearly 5 minutes! Leslie McMullin's 60:55 was well off of Roxanne Bier's 57:49 standard of two years ago, but was over a minute ahead of second-placer Kristi Kucera's 62:08. Carroll O'Conner, running in her own back yard almost, took the masters women's title in 71:32, also well off the course record. A smaller-than-usual turnout saw only 235 finish the race this year. /Ken Israel/

Table listing race results for Belmont Steaks Run. Includes names like John Moreno, Kevin Jones, Craig Corey, Rick Pincombe, Al Hernandez, Kevin O'Connor, Steve O'Brien, Joe Green, Bob Love, Ulrich Kaempf, Ken McBride, Sammy Castillo, Ron Souther, John Talco, Dave Cargill, Mike Plummer, Marc Torres, Gene Gilligan, Al Stanbridge, Ed Jerome, Mike Deatherage, Anders Martinson, Dave Robertson, Henry Wald, Steve Higgins, Gary Nathanson, Siegfried Mattern, Evan MacBride, Robert Gehl, Art Saenz, Tom Gleason, J.H. Hunter, Bob Cowdrey, Mike Torre, Tomas Bravo, Ken Paul, Fred Dunn, Patrick Shartle, Mel Holland, Paul Spangler, Blake Cesarin, Mike Adams, Jon Baumgartner, Walter Williams, Bob Stubbe, Gerald Zeilenga, Joe Dana, Don Lucero, Leslie McMullin, Kristi Kucera, Debbie Roof, Colleen Fox, Terry Forcell, Marilyn McCormick, Karen Lanterman, Carroll O'Conner.



Ulrich Kaempf just missed the 51:27 course record set in 1977 by Ralph Bowles in winning the masters division at the Belmont Steaks Run. /J. Sheretz/

BLUME LEADS THREE UNDER 50 MINUTES IN S.F. 10-MILE CLASSIC; JILL SYMONS BREAKS ONE HOUR (Aug. 12, San Francisco): - Cal's Gary Blume bested his coach, Brian Maxwell, by some 34 seconds in winning the second annual affair in a swift 49:21.7 over a fairly challenging (rolling) course. In the process, he pulled Maxwell (49:55) and Pete Sweeny (49:58) under the magic 50-minute barrier with Mike Cassaday (50:07) also very close. Mark Conover's 50:30 was good enough for fifth in leading all junior (under-20) runners. Jill Symons of Chico became the first PA-AAU runner (we think) to dip under one hour for 10 miles, clocking a swift 59:55, over 4 minutes ahead of runnerup Diane Killen. Cahit Yeter's 56:57 bested Don Ardell's 57:40 for the masters title, with Bob Gehl (50+) in third at 59:34. Karen Scannell continues to improve with her 64:34 in leading another much-improved masters woman, Vicki Bigelow, who clocked a fine 65:02. A large field of 1421 finished under sunny 60-degree skies. /Don Capron/

Table listing race results for S.F. 10-Mile Classic. Includes names like Gary Blume, Brian Maxwell, Pete Sweeney, Mike Cassaday, Mark Conover, Bill Seaver, Rick Denesik, Chris Hamer, Dan Moynihan, Rich Langford, Tim Chain, Michael Emry, Dirk Feenstra, Steve Slawson, Phil Kay, Bill Joseph, Robert Laxson, Ron Nabers, Robert Page, Paul Burke, Fidel Serrano, Peter Day.

(Continued on next page...)



SECOND ANNUAL HALF MOON BAY

PUMPKIN FESTIVAL RUN

Sunday, October 21, 9 am

3 km fun-run & 10 km race

\$1.00/person, \$2.50/family
until Oct. 15. On race-day:
\$1.50/person, \$4.00/family

Pumpkins & ribbons to all finishers. 3-deep awards in 16 age/sex groups. Souvenir T-shirts. Merchandise drawing. For entry, send S.A.S.E. to: Coasters Running Club, 637 Buena Vista, Moss Beach, CA 94038. Bring the whole family and enjoy the 9th Annual Pumpkin Festival after the runs...Arts & Crafts...Food...Entertainment.

(S.F. 10-Miler, Cont'd...)

23-Greg Jewett/32/ETC	53:49	35-James Bowles/30/WVTC	54:58
24-Tony Bacelli/30	53:53	36-Bill Marty/36	55:08
25-Dave Hansen/21	54:01	37-Dennis Dillie/28	55:12
26-Jim Barker/32/WVTC	54:06	38-Rich Piquette/32	55:13
27-Stacy Geiken/23	54:12	39-Joe Green/20/WVTC	55:16
28-Chris Winters/35	54:13	40-Phil Leboit/25	55:23
29-Neil Berg/30	54:19	41-Joe Mercado/24	55:28
30-Captain Jupiter/25	54:24	42-Dan Smolich/25	55:44
31-Erik Winje/25	54:29	43-Dave Robertson/28/WVTC	55:55
32-Chuck Cathey/17	54:39	44-Craig Corey/21/WVTC	55:57
33-Mike Palamino/27	54:44	45-Mitie Gama/20	56:01
34-Rick Batha/28	54:47	46-Walt Rotkis/22	56:10
		47-Bob Miller/22	56:32

48-Jay Gehrig/28	56:36	82-Lloyd Sampson/36	58:41
49-Ron Barker/32	56:39	83-Joe Gallagher/32	58:45
50-Frank Krebs/36/BC	56:41	84-Roger Sobsey/28	58:52
51-Wolf Goubau/34	56:44	85-Craig Votter/28	58:53
52-Mark Hines/28	56:47	86-Dave Cargill/30	58:58
53-Al Stanbridge/32	56:50	87-Bob Monteverde/19	59:01
54-Pablo Stewart/27	56:55	88-Wayne Schwartz/37	59:15
55-Cahit Yeter/44	56:57	***MASTERS***	
56-Doug Doi/17	56:58	97-Robert Gehl/51	59:35*
57-Rich Locksley/30	56:59	120-Gerald McMahon/42	60:27*
58-Glen Giovannetti/16	57:01	131-Ken Widman/44	60:56*
59-Joe Peterson/24	57:07	134-Don Carpenter/51/WVTC	61:02*
60-Terry Casey/29/ETC	57:09	144-Richard Navarro/40	61:38*
61-Bruce Thomson/19	57:10	155-Paul Farrer/42	61:57*
62-Sargon Nona/28	57:12	160-H. Shastany/50	62:16*
63-Dan Will/19	57:23	169-Arnold Schulz/42	62:38*
64-Douglas Stevens/35	57:30	174-Donald Huff/43	62:47*
65-Gregory Misllick/21	57:34	179-Craig Richard/40	62:52*
66-Ed Russell/20	57:38	180-Pete Castellanos/40	62:53*
67-Ken McBride/21	57:39	182-Richard Watson/41	62:57*
68-David Horning/31	57:39	***WOMEN***	
69-Donald Ardell/41	57:40*	108-JIT Symons/19/Chico	59:56
70-David Honeychurch/16	57:44	212-Dianne Killen/19/AGRC	63:59
71-Jerome McFadden/38/WV	57:50	225-Cathy Demmelmaier/16	64:18
72-Casey Culbertson/23	57:56	234-Karen Scannell/40/PMK	64:34*
73-Leonard Gilliana/27	57:58	249-Biff Brody/18	64:55
74-Robert Sobsey/28	58:03	254-Vicki Bigelow/43/AGRC	65:02*
75-Tim Rostege/39/WVTC	58:03	256-Bonnie Storm/34	65:08
76-John Zielinski/27	58:18	261-Donna Andrews/38	65:13
77-James Harper/25	58:21	273-Pat Kirkpatrick/25	65:40
78-Graeme Bell/31	58:22	274-Sue Brusher/25/LMJS	65:43
79-Peter Neland/22	58:31	290-Ann Duveneck	66:25
80-Steve Meolna/15	58:36	292-Vicki Randall/29	66:28
81-Bill Benz/36/WVTC	58:39	313-Marilyn Harbin/41	67:09*

HILL DEFENDS "TOP-OF-THE-STATE" TITLE (Aug. 18, Weed): - An all-time record turnout of 182 runners competed in the 4th Annual Top-of-the-State Footraces, held at the foot of Mt. Shasta. Leonard Hill, the heavy pre-race favorite in the 7-mile event, had no problem fulfilling that role as he cruised to a 39:22 clocking. The Phoenix, Oregon, native was well off his course record of 38:03 (set last year), but the time was good enough to hold off runnerup John Frank and the rest of the 90 member field of entrants. Frank ran a record for boys 18 and under with a 40:02 clocking to turn back third placer Lee Ferrero, who did 40:39. Walt Schafer, newly turned masters runner from the Chico R.C., clocked 43:03 to easily turn back Glenn Reed (45:11) in that division, clobbering the 45:12 record set by Harry Daniell last year. Kim Carter's 48:58 was well off Merrill Cray's 46:29 record from last year, but it was still good enough for a 12-second victory margin over Jennifer Daniell (Harry's daughter). In the shorter 4.1-mile event, Scott Brazil of Palo Cedro barely missed the record as he conquered a field of 92 runners to post a 25:48 win. Redding's Sabrina Schreder led the distaff side in the shorter run with a 30:36 for 16th overall. Bruce Friend's 30:06 led the over-40 competition. Following are the top finishers in the long race only. /Lee Ferrero/

1-Leonard Hill/SOS	39:22	9-Kevin Curtin/HpyCamp	44:28	17-Lee Bunnell/Redding	46:32	***MASTERS***	
2-John Frank/Summit City	40:02	10-Bill Parr/Redding	44:47	18-John Ringo/Weed	46:42	37-Len Edholm/Redding	50:53*
3-Lee Ferrero/SWEAT	40:39	11-Jerry Swartzley/SOS	44:58	19-Chet Marshall/L.Mol.	47:31	39-Everett Riggle/Chico	51:24*
4-Bill Boggs/S.Monica	42:32	12-Glenn Reed/Redding	45:11*	20-Gary Lampson/K'ville	47:32	***WOMEN***	
5-Walt Schafer/CRC	43:03*	13-Jim Fisher/Redding	45:16	21-Joe Telles/Ft.Jones	48:08	26-Jennifer Daniell/Rdng	49:10
6-Mark Bunnell/Redding	44:17	14-Harry Daniell/SWEAT	45:34*	22-Rick Emerson/Anderson	48:29	32-Leann Knedler/RedBluff	50:11
7-Lee Yeung/Redding	44:22	15-Mike Gourley/Salinas	45:51	23-Jim Pentrack/Redding	48:42	55-Teresa Kludt/Chico	55:14
8-Bob Schiowitz/Etna	44:24	16-Kim Harrison/Yreka	46:18	24-Kim Carter/RTC	48:58F	63-Susie Breese/Chico	56:47

RUFFATTO, BOWERS & IRVINE SET COURSE RECORDS AT TIBURON 8.5-MILER (Aug. 19, Tiburon): - In what was billed as the "mid-summer team championships" (taking the place of the transposed Tahoe Relays), individuals stole the spotlight, as most of the strong teams in the area opted to bypass this race (Aggies, West Valley, Excelsior, etc.). West Valley's Mike Ruffatto had a stirring battle with Gary Romesser and John Moreno, nipping Gary by only 3 seconds, 41:06 to 41:09 in knocking off Hal Schulz' 1978 course mark of 41:42. Moreno was also under the old standard at 41:23. Even more impressive was 2:27 masters marathoner Jim Bowers, who clipped 0:39 from Darryl Beardall's 45:11 mark with his 44:32, good enough for 11th place overall. Kent Guthrie was a well-beaten runner-up at 46:39, with defending champ Beardall another minute back. Jane Sowersby's 54:03 bested Donna Andrews (54:17) and Bonnie Storm (54:26) in another good contest. Elaine Miller's 53:29 from last year still stands as the course record for women, however. Sister Marion Irvine's 56:39 was first masters woman, setting a new course record in that division and besting Anne Neeley's 59:12 runnerup time by a wide margin. Camino West won the team title at 3:40:09, with the sponsoring Marin Racers next in 3:46:16, just ahead of Valley of the Moon (running with 2 masters on their team), who did 3:47:25...other teams were far back. A smaller-than-expected turnout (339 finished) ran under windy, overcast skies with temperatures in the mid-50's. /Don Capron/

1-Mike Ruffatto/WVTC	41:06	16-Gilbert Munoz/CW	45:39	31-Don Humphrey/Un	47:52	***MASTERS***	
2-Gary Romesser/Un	41:09	17-John Hoch/CW	45:47	32-Al Stanbridge/PMK	47:56	58-Bob Lualhati/NCS	51:31*
3-John Moreno/CW	41:23	18-Bob Lawrence/VMRC	45:55	33-Jim O'Neil/BC	48:05*	61-Don Huff/Un	51:37*
4-Dan Moynihan/MR	42:15	19-Ted Pawlak/Un	46:04	34-Tom Bennett/PMK	48:07	72-Arnold Schulz	52:19*
5-Kevin Jones/VMRC	42:38	20-Mike Emry/CW	46:06	35-Don Ardell/MW	48:18*	***WOMEN***	
6-Tony Munoz/CW	43:05	21-Bob Miller/CW	46:13	36-Martin Jones/VMRC	48:21	85-Jane Sowersby/WVTC	54:03
7-Pete Demarais/MR	43:31	22-Bob Love/CW	46:20	37-Steve Palladino/CW	48:23	88-Donna Andrews	54:17
8-Tom Weir/AGRC	43:54	23-Jerry Drew/MR	46:27	38-Myron Nevraumont/WVJS	48:52*	89-Bonnie Storm	54:26
9-Bill Sevald/ETC	44:04	24-Peter Freeman/Un	46:36	39-Lorenz Fish/Un	48:57	95-Dana Hooper/TAM	55:24
10-Greg Mandanis/CW	44:15	25-Dan Preston/VMRC	46:37	40-George Ridout/MR	48:59	102-Margaret Livingston/WV55	55:35
11-Jim Bowers/VMRC	44:32*	26-Kent Guthrie/WVJS	46:39	41-Chris Johnson/TAM	49:05	115-Sister Marion Irvine	56:39*
12-Lester Mina/AGRC	44:56	27-Bryan Tracy/AGRC	46:41	42-Bill Catanese/MW	49:11*	146-Anne Neeley/40/TAM	59:12*
13-John Sheehan/AGRC	45:00	28-Chuck McMillian/CAC	46:51	43-Doug Ehrenberg/Un	49:34	150-Janet Wilson	59:27
14-Mike Warr/MR	45:04	29-Charles Freeman/Un	47:10	44-Russ Kiernan/TAM	49:36*	153-Kathryn Singer/TAM	59:40
15-Bob Brunkan/Un	45:31	30-Darryl Beardall/VMRC	47:43*	45-John Danner/Un	49:43	160-Grace Voss	60:14

O'HALLORAN, KAEMPF AND WILLIAMS WIN EASILY AT DAMMIT RUN (Aug. 25, Los Gatos): - Dennis O'Halloran's 31:45 won the sixth annual event by a 27-second margin over Mike Chastaine over a slightly altered course (an additional 1/4-mile hill---fun!), as a smaller than normal (slightly over 600 in the results we received, although it appears quite a few more competed who weren't listed) field completed the 5.59 mile course...it appears that the course may be slightly longer than the advertised distance. The women, masters and boys under 14 ran in a second race, and Ulrich Kaempf completely dominated the 40-and-over finishers with a fine 33:52 to outdistance Jerry Lewis' 35:04. Cheri Williams, ex-Livermore High star now attending the University of Oregon, also had little trouble in winning the women's race at 38:36, finishing fifth overall in the second heat, and beating runnerup Sharon Yaninek by nearly two minutes. Only first initials were listed in the results, and in many cases first and last names were reversed and names were badly misspelled...we caught a few, but our apologies if we spelled yours incorrectly. /Glenn Harmons/



Denis O'Halloran handily won the Dammit Run in 31:45 over a new, slightly longer, loop. /Photo by John Marconi/

(1ST RACE - OPEN)		20-Bob Parades/PW	34:20	40-L. Labrae/BC	36:35
1-Denis O'Halloran/AGRC	31:45	21-T. Dost/SA	34:21	41-K. McNab/Un	36:44
2-Mike Chastaine/Un	32:12	22-Gonzalez/CW	34:33	42-R. Smith/LOHS	36:45
3-Tim Chain/Un	32:23	23-J. Kaspari/St.Francis	34:34	43-M. Callahan/Bellarmino	36:54
4-Allen Rude/WVTC	32:35	24-D. Larson/PMK	34:41	44-R. Sellard/NOWG	37:--
5-H. Fabris/LHS	32:48	25-E. Hortano/OPD	34:48	45-F. Martin/Monterey	37:--
6-Steve Brooks/WVTC	33:02	26-Jeff Salazar/WVTC	34:59	46-W. Radlof/Un	37:22
7-Gilbert Munoz/CW	33:09	27-M. Mahos/WVJS	35:00	47-R. Hewitt/Un	37:22
8-Dan Hernandez/Un	33:22	28-Tim Rostege/WVTC	35:06	48-P. Butterfield/Un	37:25
9-Matt Sommer/PW	33:22	29-G. Gilbert/AP	35:16	49-S. Gale/St.Francis	37:26
10-Pete Dolan/CW	33:22	30-Rubio/Un	35:25	50-R. Smith/LOHS	37:27
11-Mike Green/SJCC-WVTC	33:31	31-H. Melin/Un	35:28	51-R. Palerino/PW	37:28
12-M. Immos/BC	33:39	32-J. Jordan/BC	35:36	52-R. Bates	37:33
13-C. Karbowski/PW	33:44	33-S. Larson/Gunderson	35:43	53-Tomas Bravo/WVTC	37:40
14-Joe Salazar/CW	33:56	34-P. Stefanisko/FP	36:00	54-P. Simmons/Un	37:44
15-J. Grubbs/BC	34:01	35-Ted Trovard/WVTC	36:05	55-M. McCoy/SC	37:47
16-Joe Mercado/Un	34:02	36-D. Barber/CW	36:12	56-D. Garcia/Un	37:54
17-D. James/TRAC	34:04	37-A. Fleming/Un	36:14	57-S. Twesten/VW	37:56
18-Dave Parish/WVTC	34:05	38-M. Robinson/Un	36:27	58-P. Alvarez/OGHS	37:58
19-R. Castro/Canyon	34:18	39-M. Nazel/Un	36:30	59-D. Riggler/Chico	38:04

(2ND RACE - WOMEN & MASTERS)		10-J. Varren/TRAC	39:21	20-B. Rodman/Mtn.View	41:01	37-S. Rodgers/SJC	43:29
1-Ulrich Kaempf/WVTC	33:52	11-G. Zlusicker/Milpitas	39:26	21-Toby/Veyna	41:07	44-J. Peters/Los Gatos	44:01
2-Jerry Lewis/TRAC	35:04	12-Carl Martin/WVJS	39:44	22-W. Monneyham/SJ	41:16	46-J. Benton/SF	44:10
3-Carlos Saldivar/SJ	37:33	13-B. Young/Saratoga	39:53	23-L. Lindquist/WVJS	41:17	49-Nanette Garcia/SJC	44:17
4-Walt Van Zant/WVJS	37:58	14-Phil Lenihan/SJDec	40:00	24-Michael/DSE	41:24	54-R. Lester/SJC	44:55
5-Cheri Williams/Oregon	38:36F	15-Sharon Yaninek/SJC	40:22F	25-A. Mard/SJ	41:38	55-K. Morella/SJ	45:04
6-T. Keig/WC	38:38	16-Walt Williams/WVJS	40:23	26-Prospiero/Tojada	42:01	57-K. Bonnett/SJC	45:11
7-Don Carpenter/WVTC	39:00	17-B. Bowers/TRAC	40:43	***WOMEN***		59-L. Pederson/SJ	45:19
8-Ken Napier/WVJS	39:12	18-Wrights Taylor/WVTC	40:50	32-Diane Young/Saratoga	42:27	61-J. Bridgeman/Aptos	45:30
9-C. Roskoss/WVJS	39:17	19-Sue Brusher/LMJS	40:52F	34-B. Armstrong/Los Gatos	43:17	71-T. Rade/Los Gatos	46:20

TIMES NINE RACES--STEVE WATKINS DEFENDS TITLE (Sep. 3, Belmont): - Running almost a carbon-copy of his 1978 victory, Monterey's Steve Watkins clocked 33:59, just one second short of his 1978 winning time, to win by exactly a full minute in the Times-9 10K event (actually 9.99K). Daniel Martinez was runnerup, followed by Dave Robertson, another 43 seconds back. Malcolm Stewart won the over-40 title from Walter Williams, 40:15 to 40:34, and also defended his 1978 title, although 45 seconds slower this time. Sue Grigsby's 43:49 was way off Judy Fox's winning 39:30 from last year, but still won the women's division quite handily over April Powers' 44:23. Julia Wiley took top honors in the masters women's category with a 54:35 clocking. The Times-9 races included a 3 by 3-mile relay with various divisions which was won by a team named "Smegma" in a 52:08 clocking, well off the 48:58 time set last year. There were too many races and divisions to list here, but top two finishers in each race are listed: **4/UNDER:** (99 Yds) Michelle Kenny 45.4, Willie Clark/WVTC 48.7; **5&6(99 Yds):** Matthew Kabak 37.1, Lori Pretes 40.2; **JOGGER(999 Yds):** Christopher Ong 3:00.7, Marvin Hersh 3:05.0; **FIRST TIMERS(1.9 Mi):** Gary Schare 10:16.7, Joel Williamson 10:43.3, John Carlson 10:50.5. A good-sized turnout for most all the events, considering the Labor Day weekend & Diet Pepsi race on Sunday. /Steve Goodman/

10 KILO		14-John Zielinski	38:56	28-Sten Mawson	41:21	46-Bill Bowers	43:10*
1-Steve Watkins	33:59	15-Edward Silva	39:09	29-David Dahler	41:25	52-Donald Dooley/SMHS	43:39*
2-Daniel Martinez	34:59	16-Ron Tanaka	39:18	30-John Cline	41:28	***WOMEN***	
3-Dave Robertson/WVTC	35:42	17-Steve Twesten	39:42	31-John Ringo	41:31	54-Sue Grigsby/HSU	43:49
4-Charles Harris/WVTC	35:50	18-Jose Cortez	39:50	32-Paul Spangler/TRAC	41:44*	58-April Powers	44:23
5-Steve O'Brien	36:30	19-Tomas Bravo/WVTC	40:01	33-Mitchell Kauk	41:48	77-Lori Benvenuto	46:01
6-T.R. Morse	36:33	20-Charlie Dangel/WVTC	40:09	34-Leigh Forsberg	41:50*	83-Anne Hamilton/MLTC	46:28
7-Bill Clark/WVTC	36:33	21-Malcolm Stewart	40:15*	35-John Pomeroy II	41:55	96-Nancy Pannell	47:41
8-Mike Gamma	36:56	22-Walter Williams/WVJS	40:34*	36-Allan Degen	41:58	111-Kathleen Goodwin	49:21
9-Al Stanbridge/PMK	37:27	23-Wrights Taylor/WVTC	40:53*	37-John Armstrong	42:00*	115-Cathleen Wilde	49:54
10-Les Devoe/WVTC	37:45	24-Michael Fenner	41:01	38-Tim Conway	42:07	118-Elizabeth King	50:32
11-Dan Dierken	37:57	25-Ken Paul/WVTC	41:08*	***MASTERS***		125-Stacy Trouard	51:57
12-Fernie Fernandez	37:59	26-Henry Shastany	41:15*	40-Don Lucero/WVTC	42:26*	129-Sandra Vaus	53:12
13-Walt Haight	38:21	27-Kamran Tavangar	41:16	41-John Baumgartner	42:38*	136-Susan Dierken	54:14

RELAY (3 x 3 Mile)		***MASTERS***	
1-Smegma	52:08	12-West Valley J&S	57:13
2-George Gilbert	52:19	23-Jim Kauffold	62:00
3-Canyon Track Club	52:38	***WOMEN***	
4-Crystal Springs Rats	53:08	27-Sharon Yaninek	62:39
5-Animals	53:23	28-Woodside Striders	62:58
6-Woodside Striders	53:31	36-Augie's Aces	66:37
7-Canyon Track Club	54:10	39-Woodside Striders	69:54
8-Bad Puppies	54:47	***MIXED***	
9-Spike	55:08	14-Bill Clark	57:52
10-Canyon Track Club	56:22	***FAMILY***	
11-West Valley J&S/30+	56:34	19-Dan Stefanisko	59:58

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KIERNAN VICTOR IN HOT DOUBLE DIPSEA (Sep. 8, Stinson Beach): - One word says it all for the 10th Annual Double Dipsea--HOT! By the start of the race the little fog there was had burned off and the sun was beating down on the Marin hills. Russ Kiernan was in great form today as he finally crossed the finish line first in a race on the Dipsea course. He was runnerup in last year's race and missed winning this year's Dipsea Race by the width of a creek. Russ got sweet revenge by blowing Don Chaffee off the course on the second leg after they had run the first half together. His actual time of 1:51:02 (15-minute handicap) was the fourth fastest of the day. Pete Demarais' 1:44:32 was the top time, but running from scratch it got him no better than fifth spot overall. Joe Ryan, a world class cyclo-crosser, got the runnerup spot to Kiernan and had the second fastest time of the day as well with his 1:47:46. Byron Lowry's 1:42:37 course record would quite likely have gone under cooler conditions. The women's division was won by Marilyn Moreton, a relative unknown in the running game but a strong competitor in this year's Ride and Tie. She passed two strong runners on the way back to Stinson Beach, including two-time Double Dipsea champ and course record holder, Barbara Magid (2:13:40 set last year). A good crowd of 319 masochists completed the gruelling 13.6-mile run. Listed below are actual times, with handicap (in minutes) listed after names and ages (in parentheses). /Walt Staak & Don Chaffee/

1-Russ Kiernan/41(15) 1:51:02*	16-Hans Roenau/51(25) 2:17:11*	31-David Warren/38(9) 2:09:05	46-Susan Fox/27(30) 2:34:13F
2-Joe Ryan/33(9) 1:47:46	17-Martin Jones/36(9) 2:02:05	32-Louise Burns/38(30) 2:30:07F	47-Martha Maricle(30) 2:34:21F
3-Don Chaffee/40(15) 1:55:22*	18-Rocco Fazio/45(20) 2:13:23*	33-Link Lindquist(25) 2:25:08*	48-Don Lenkeit/35(9) 2:13:44
4-Darryl Beardall(15) 1:58:44*	19-Orin Dahl/44(15) 2:08:35*	34-Mike MacKenzie(9) 2:09:27	49-B. Richardson/28(0) 2:04:45
5-Pete Demarais/21(0) 1:44:32	20-G. Fitzgerald/36(9) 2:03:03	35-Steve Rypins/15(9) 2:09:36	50-Claude Frat/29(0) 2:05:47
6-Jim Nicholson/48(20) 2:04:47*	21-Dan Dierken/30(9) 2:03:10	36-Mary Tiscornia(30) 2:30:56F	51-Rod McKenzie/45(20) 2:25:59*
7-Karl Marschall(25) 2:12:06*	22-Pete Laskier/35(9) 2:03:12	37-Mark Reese/30(9) 2:10:50	52-Tom Zavortink/40(15) 2:21:02*
8-Bert Johnson/36(9) 1:57:13	23-Don Huff/42(15) 2:09:23*	38-James Scott/30(9) 2:10:50	53-Lee Watts/35(9) 2:15:28
9-Bob Gormley/38(9) 1:57:39	24-Rich Houston/57(25) 2:19:24*	39-Arnold Schultz(15) 2:16:58*	***WOMEN***
10-Marilyn Moreton(30) 2:20:26F	25-Rick Sylvester/37(9) 2:03:35	40-Keith Kruse/27(0) 2:02:02	61-Pat Whittingslow(30) 2:36:39
11-Butch Alexander/26 1:50:29	26-Gene White/45(20) 2:16:24*	41-Pete O'Reilly/21(0) 2:02:06	62-Gail LaDage/33(30) 2:36:44
12-Joe Maher/32(9) 1:59:41	27-Steve Scarich/32(9) 2:05:55	42-G. Hemmersbach(15) 2:17:13*	73-Peggy Lyman/32(30) 2:37:52
13-K. Whittingslow(15) 2:06:06*	28-Bill Kirchmier(20) 2:17:35*	43-Bob Ward/40(15) 2:18:00*	82-Hilary Maylor/32(30) 2:41:16
14-Melinda Cree/22(30) 2:21:31F	29-Barbara Magid/36(30) 2:28:06F	44-Rick Berne/49(20) 2:23:40*	93-Julia Wiley/42(30) 2:42:36*
15-Ed Jerome/36(9) 2:00:38	30-John Hawkes/30(9) 2:08:43	45-Rich Whitewater(9) 2:12:43	97-C. Chenefield/43(30) 2:43:08*



Doug McLean's 32:09 easily captured the Olympic Fund Run 10 Km. /Dennis O'Rourke/

McLEAN & ROSTEGE WIN OLYMPIC FUND RUNS (Sep. 9, Santa Clara): - The Church of Scientology's Olympic fund-raiser was a smashing success with nearly 500 finishers in the pair of events at the new Mission College Campus near Great America. Ex-Stanford runner, Doug McLean, making a comeback after several years of semi-serious running, had the longer event pretty much to himself, as his 32:09 clocking bested 1973 AAU Marathon champ, Doug Schmenk, by 37 seconds. Doug is also on the comeback trail after several years of nagging injuries. Dave Parish's 33:04 made it a three-way sweep for WVTC. Paul Kane annexed the masters title with a 36:43 clocking, besting John McCrillis by only 11 seconds in an exciting race. Jan LeLocq of Palo Alto took the women's title in a fine 39:19, well in front of Nanette Garcia's 42:11. In the shorter 3K event, sprinter-turned-distance runner, Tim Rostege, who was a top sub-masters track man until several years ago, captured his first road win (that we know of) at the age of 39 in 9:12.6 (4:56 per mile). Gary Svihula was the top runner over 40 in 10:42.6, while Mary Cummings' 12:01 topped all women competitors. With the outstanding success of the first year, the sponsors have decided to make this an annual event in support of U.S. Olympic athletes. /Eli Primrose/



Tim Rostege won the 3 Km. Run in 9:12. /Eli Primrose/

3 KILO

1-Tim Rostege/WVTC 9:13	6-David Hadson/San Ramon 10:11
2-Les Dumont/Napa 9:21	7-Tony Familia/San Jose 10:24
3-Frank Castro/Mt.View 9:44	8-Paul Dettner/D.C. 10:28
4-Ron Tanaka/San Jose 9:51	9-Mike Longwich/WVTC 10:34
5-Stacy Hanoum/Gilroy 9:59	10-Dave Benger/S.Clara 10:36
	11-Dan Benger/S.Clara 10:37

MASTERS

12-Gary Svihula/Danville 10:43
22-Tony Chavez/Fremont 11:27
WOMEN
29-Mary Cummings/Milpitas 12:01
38-Gina Haire/San Jose 12:31

10 KILO

1-Doug McLean/WVTC 32:09
2-Doug Schmenk/WVTC 32:46
3-Dave Parish/WVTC 33:04
4-Bob Parades/Gilroy 33:15
5-Lloyd Johnson/S.F. 33:22
6-Sammy Castillo 33:27
7-David Collins/SanJose 33:33
8-Nick Winter/LVRC 33:38
9-Phil Sanfillipo/WVJS 33:22
10-Ron Alonzo/Newark 34:44
11-George Sandoval/SJ 34:52
12-Noel Garcia/Cupertino 34:59

13-Bob Brehner/L.Altos 35:02	30-Paul Kane/Cupertino 36:43*
14-Robert Smith/San Jose 35:06	31-Jack Wheeler/San Jose 36:47
15-Ty Rousseau/Snyvle 35:11	32-Bob Cummings/WVTC 36:49
16-Frank Nolan/39/WVTC 35:16	33-Gary Chan/WVTC 36:50
17-Rick Smith/San Jose 35:20	34-Daniel Solari/S'vle 36:52
18-Bill Jenkins/S.Clara 35:34	35-John Cline/Fremont 36:53
19-Jacob Escobedo/S.Jose 35:40	36-John McCrillis/TRAC 36:54*
20-Jim Doran/Los Gatos 35:48	37-Mike Green/WVTC 36:57
21-Steve Baley/S.Carlos 35:50	38-Bob Stubbe/Sunnyvale 36:58*
22-Jim Wurm/San Jose 35:53	39-Norman Gould/San Jose 37:03
23-Joe Quesada/Sunnyvale 36:01	40-Doug Sourbeer/Fremont 37:05
24-Calvin Schulz/P.Alto 36:08	41-Michael Hicks/SanJose 37:06
25-Ed Kolofer/Salinas 36:12	42-Keith McNab/Palo Alto 37:08
26-John Mittlestead/SJ 36:12	43-John Boultdt/S.Clara 37:11
27-Walter Cahill/L.Gatos 36:35	44-Steve Selbrede/SanJose 37:12
28-Rick Frye/San Jose 36:42	45-Glenn Unsicker/Milp. 37:23*
29-Doug Riggie/Campbell 36:42	46-Wayne Hooper/LosAltos 37:24

47-Tom Lowman/Cupertino 37:26
48-Ron Pereira/Oakland 37:31
MASTERS
52-Larry Worth/Mtn.View 37:58*
59-Wayne Moonyham/SanJose 38:39*
60-Don Lucero/WVTC 38:42*
63-George Wightman/Sara. 38:49*
64-Ron Niedrauer/WVJS 38:53*
81-Bill Flodberg/WVJS 39:54*
WOMEN
73-Jan LeLocq/Palo Alto 39:19
113-Nanette Garcia/SJC 42:11
116-Kathleen Bonnet/Sara. 42:21
139-Shelly Grieb/San Jose 43:58
145-Terri Boykins/WVTC 44:26
149-Kathy Rogan/San Jose 44:33
160-Lynn Carlson(wheelchr)45:30

PROTEAU AND LAXSON TIE FOR EASY WIN AT VINE VILLAGE COUNTRY RUN (Sep. 16, Napa): - Having nearly a two-minute lead on their nearest competition, and with the temperatures getting uncomfortably warm, Mark Proteau and Rob Laxson decided to come in together instead of battling it out, and both were timed in 32:44 for the 10K course. Keith Kruse's 34:29 was a distant third. Bruce Caradine had to work at it, however, as Charles Kramer finished only 16 seconds back in pushing the masters winner to a 37:42. In the women's race, Judy Leydig took the lead from Laura Roels midway through the race and won going away in 40:01 to Laura's 41:06. Yoka Zwetsloot's 44:26 led the masters women. Jay Weddick's 8:28 nipped Erwin Forbes (same time) in the companion 1.5-miler, while masters runner E.G. Blackburn finished third overall in 8:36. Paula Bell was top female finisher at 9:09, well ahead of Claudia Shenefield's 9:51. Lots of prizes (drawings) and a good time were had by all who attended. /Linda Ginsberg/ --MORE--

(Vine Village 10K, Cont'd...)	11-David Nieman/PUC	35:54	22-Richard Svendsen	38:20	37-Bob Potter	41:11*
1-Mark Proteau/AGRC	12-Kevin Daw	37:00	23-Terry Uebelhart	38:22	42-Paul Feldstein	41:49*
Rob Laxson	13-Brian Mayell	37:06	24-Stan Dittman	38:37	44-Bill Van Horn	41:58*
3-Keith Kruse	14-Brian Duarte	37:37	25-Scott Templeton	39:16	***WOMEN***	
4-Weston Press	15-Bruce Carradine/MW	37:42*	26-Rick Mollenkopf	39:33	31-Judy Leydig/WVTC	40:01
5-Bob Craigin	16-Danny Greco	37:45	27-David Wagner	39:45	36-Laura Roels	41:06
6-Chris Johnson	17-George Frazier	37:52	28-Ralph Ansell	39:51	47-Florianne Harp/TAM	42:05
7-Philip Gonzalos	18-Charles Kramer	37:58*	29-Dan Sampson	39:53	50-Barbara Magid/TAM	42:25
8-Bob Adelson	19-Keith Golding	38:11	30-Bill Thompson	39:59	58-Jenny Biddulph	43:40
9-Bob Clay	20-John Sensenbaugh	38:11	***MASTERS***		63-Nina Beatie	44:21
10-Rafael Tierrafria	21-Patrick Mahony	38:17	32-Joe Dana/SS	40:05*	64-Yoka Zwetsloot	44:26*

GALLINGAN EDGES EMRY AT WALNUT FESTIVAL (Sep. 16, Walnut Creek): - Andy MacCono's 35th Annual affair was run on a new course, a one-lap, 5.6-mile circuit that turned into a real battle for the top spots. Sacramento State's Mike Gallingan just edged Camino West's Mike Emry, 28:52 to 28:53, while surprising 39-year-old Bernt Heinrich scored a solid third at 28:57...look out you masters runners! Amazing 54-year-old Jim O'Neil led the masters division with a good 31:27, with Jim Moore, 43, a full minute and some change behind. Mary Rieboldt topped the women with her 35:32, well in front of Nora Crans' 39:45. Lola Houston's 44:21 led the women over 40 and was also fast enough to place her fourth among all women. There were 140 finishers. A series of girls' races were also held, with the following results: 14/OVER: (3 Mi.) 1-Kerry Brogan/Un 18:37, 2-Judy Graham/AGRC 18:42, 3-Tena Anex/AGRC 19:04, 4-Vicki Bigelow/AGRC 19:19, 5-Denise Bigelow/AGRC 19:33; 12/13: (1½ Mi.) 1-Kelly Brogan/Un 9:00, 2-Doniece Johnson/Berkley 9:14, 3-Lin McDonald/RG 9:20, 4-Stacey McAfee/RG 9:26, 5-Lisa Neasus/RG 9:27; 10/11: (1½ Mi.) 1-Karen Himenes/WDS 9:06, 2-Kim Himenes/WDS 9:17, 3-Laura Manning/OTC 9:21, 4-Leslie Wilson/RG 9:33, 5-Shannon Clark/ArTC 9:58; 9/UNDER: (1½ Mi.) 1-Michelle Maki/RG 10:41, 2-Ann Kuphaldt/RG 11:38, 3-Jennifer French/SVTC 12:05, 4-Alyceson Wilson/RG 12:15, 5-Erricka Watkins/BEBTC 12:17. This year's race was held in honor of Ken Hallstone for 20 years of dedicated service as meet referee. /Andy MacCono/

1-Mike Gallingan/20/SSU	28:52	17-Kevin Fisher/20	29:39	33-Jim O'Neil/54/BC	31:27*	49-Tom Torkelson/30/Un	33:29
2-Mike Emry/23/CW	28:53	18-Davy Martinez/19/WDS	29:45	34-Bill Joseph/SSU	31:29	50-Tom Lucas/20/WDS	33:50
3-Bernt Heinrich/39/MR	28:57	19-Jeff Clark/AGRC	29:50	35-Jeff Riggs/CW	31:30	51-Harry Wyeth/35/DRR	34:22
4-John Sheehan/AGRC	29:04	20-Dave Colbert/21/SSU	30:02	36-Luis Sandoval/20/WDS	31:40	52-Jeffrey Houston/21/DSE	34:35
5-Chris Turney/22/SSU	29:07	21-Gary Alderman/36/DRR	30:07	37-Leonard Gilliana/27	31:41	53-Richard Houston/57/NCS	34:52*
6-Dan Harvey/CW	29:10	22-Rick Denesick/20/SSU	30:15	38-Steve Conway/15	31:54	***MASTERS***	
7-Gary Goodstein/21/WDS	29:12	23-Bob Cooper/25/WDS	30:24	39-Steve Hyland/30	32:06	63-James Worley/48/NCS	36:04*
8-Anthony Bettencourt/27	29:15	24-Jim Coughlin/20/SSU	30:30	40-David Klein/32/DRR	32:21	64-Bill Mertens/43/DRR	36:10*
9-Tim Gruber/19/WVTC	29:15	25-Steve Lanker/CW	30:32	41-Brad Brown/22	32:32	67-Hans Bruhner/46/NCS	36:40*
10-Teddy Boynton/CW	29:17	26-Jesus Goldana/18/SSU	30:36	42-Jim Moore/43/Un	32:36*	73-Gilbert Cara/41	38:14*
11-Tom Klausner/21/SSU	29:19	27-Ray Wieand/20/WDS	30:39	43-Nick Rosa/43/Un	32:43*	***WOMEN***	
12-Brett Baffert/18/Un	29:23	28-Tom Arnez/20/SSU	30:48	44-Dave Cortez/21/WDS	32:46	60-Mary Rieboldt/22/Un	35:32
13-Kevin Ostenburg/19/DVC	29:25	29-Danny Lozano/21/SSU	30:49	45-Karl Romano/42	32:59*	80-Nora Crans/28/NCS	39:45
14-Dan Anderson/27/WVTC	29:32	30-Steve Ellis/21/SSU	30:51	46-Jim Michaelson/22/SSU	33:02	85-Kim Reynolds/29	40:31
15-Mark Sanchez/Un	29:37	31-Douglas Perez	31:13	47-John Lilligren/AGRC	33:03	100-Lola Houston/47/NCS	44:21*
16-Dennis Bennett/MLTC	29:38	32-Jerry Drew/SSU	31:16	48-Larry Arata	33:04	101-Dana Welden/23	44:27

BLUME WINS QUICK PA-AAU 25K; CATHCART SETS U.S. MASTERS RECORD (Sep. 23, San Francisco): - Cal's Gary Blume battled Dave Smith and Mike Pinocci for about 15K of the District 25K race and then decided it was time to move. Pinocci was the first to drop, and finally Smith fell back, but not by much, as Blume had to open the throttle to clock a swift 1:18:03 victory...Smith finished only 15 seconds back, and Pinocci was a well-beaten third in 1:19:09. Nuccio's 1:17:22 course record from two years ago still stands. Tom Cathcart started out quickly, coming through 10K at close to 5:20 pace before dropping Ulrich Kaempf at about the halfway mark and continuing on to clock a new U.S. masters road mark (according to the National Running Data Center) in 1:25:33, taking 13 seconds off of Mike Tymn's 1977 standard. Bob Wellick moved well over the latter stages of the run, passing Kaempf and pulling both under 1:27, as the top three broke the old course record of 1:27:01, set last year by Ralph Bowles. Roxanne Bier defended her 1978 title but appeared to be coasting the whole way, as her 1:39:06 was a full 6 minutes off her U.S. and course record. Gail Campbell was over four minutes back in 1:43:27, topping Sue Vinella-Brusher (1:44:18) for the bronze medal. Marilyn Harbin also got a course record to clear out the masters record-book with a 1:44:42, obliterating Lucy Shapiro's 1:47:01 from last year. Ruth Anderson's 1:53:57 was way back in the runnerup spot. West Valley TC grabbed both the men's titles, taking a close victory over Excelsior TC in the open race (7:01:12 to 7:03:39), with Camino West third at 7:05:00, while the masters put four men in the top five places to dominate that division, clocking 7:21:00, good enough to have placed them fourth in the open division! Masters West was a well-beaten runnerup at 7:50:07. The Pamakids women kept WVTC from taking any more gold, clocking 5:41:05 to WVTC's 5:58:09 (3 score), with Woodside Striders third in 6:04:25. The NorCal Seniors took the masters women's team race, as they were the only team to finish a complete team. There were 362 finishers (65⁰, clear). /Don Capron/



Gary Blume won a hard-earned 25K in 1:18:03. /Jim Engle/

1-Gary Blume/22/Cal	78:03	24-Mike Conroy/31/ETC	85:56	***MASTERS***	
2-Dave Smith/25/YFC	78:18	25-Jack Leydig/35/WVTC	86:15	53-Norm McAbee/47/PMK	92:02*
3-Mike Pinocci/24/WVTC	79:09	26-Rich Hornstra/22/CW	86:17	55-Ralph Bowles/43/MW	92:17*
4-Brian Maxwell/26/BA	80:52	27-Bob Wellick/42/WVTC	86:49*	59-Doug Latimer/41/WVTC	92:40*
5-Bob Darling/30/ETC	80:53	28-Ulrich Kaempf/48/WVTC	86:58*	64-Robert Gehl/51/PMK	92:58*
6-Phil Kay/26/PMK	82:01	29-David Laha/22/CW	87:39	68-Russ Kiernan/41/TAM	93:12*
7-Don Paul/29/PMK	82:05	30-Brian Bonner/32/LVRC	87:41	69-Myron Nevraumont/45/WJ93	20*
8-Bill Scholl/28/ShoreAC	82:25	31-Jim Howell/35/WVTC	87:42	76-Bill Catanese/41/MW	94:21*
9-Mitch Kingery/23/CW	82:29	32-Gordy Haskett/18/ETC	87:55	79-Bud Krogh/40/TAM	95:10*
10-Tony Munoz/24/CW	82:42	33-Rick Brown/25/AGRC	88:03	84-Siegfried Mattern/43/P96	09*
11-Bill Sevald/33/ETC	83:11	34-Walt Rotkis/32/Un	88:24	85-Leigh Forsberg/42/WVJ	96:15*
12-Bernie Heinrich/39/MR	83:15	35-Jake White/37/WVJS	88:42	90-Gerald McMahon/42/DRR	97:11*
13-Tad Woliczko/29/Un	83:27	36-Darryl Beardall/42/MW	88:58*	***WOMEN***	
14-Steve Brooks/25/WVTC	83:32	37-Steve Palladino/23/CW	89:14	107-Roxanne Bier/17/SJC	1:39:06
15-Skip Brown/30/HumanEn	83:42	38-Roger Bryan/43/WVTC	89:39	146-Gail Campbell/30/WVJ1	43:27
16-Eric Williams/29/MR	84:22	39-David Garcia/28/WVJS	89:48	153-Sue Brusher/25/Un	1:44:18
17-Mark Proteau/26/AGRC	84:31	40-Dan Donahue/28/Un	90:10	161-Marilyn Harbin/42/MW1	44:42*
18-Daryl Zapata/34/WVTC	84:44	41-David Collins/22/WVJS	90:15	180-Gail Gustafson/36/WV1	48:08
19-John Sheehan/25/AGRC	84:54	42-Weston Press/23/Un	90:16	190-V. Blankenship/34/PK1	49:05
20-Dan Martinez/19/WDS	85:23	43-Louis Sandoval/23/WDS	90:24	207-Joan Kring/26/WVTC	1:51:26
21-Tom Cathcart/41/WVTC	85:33*	44-Dan Ardell/41/TAM	90:30*	221-Cheryl Hausman/25/PK1	52:53
22-Mark Hines/29/ETC	85:44	45-Ray Menzies/44/MW	90:58*	232-Kathryn Singer/32/T	1:53:50
23-Mike Emry/23/CW	85:53	46-Andy Takaha/23/CW	91:00	234-Ruth Anderson/50/NCS1	53:57*

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