

# S F DOLPHIN-SOUTH END RUNNERS

ELEVENTH ANNUAL

## DOUBLE DIPSEA

JUNE 14, 1980

STINSON BEACH TO MILL VALLEY

and RETURN

13.6 Miles

### AWARD CATEGORIES:

#### Winners Based on Handicap:

- 1) Don Chaffee
- 2) Bob Malain
- 3) Michael Duncan

#### Fastest Times (Actual Times):

- 1) J. Miguel Tibuaduiza
- 2) Mats Suderlund
- 3) Martin Jones

#### Fastest Females:

- 1) Donna Andrews
- 2) Melinda Creel
- 3) Irene Rudolf

#### Fastest Females - 30-39 Years:

- 1) Florianne Harp
- 2) Judy Milgram

#### Males - 40-49 Years:

- 1) James Nicholson
- 2) Gene White
- 3) Rocco Fazio

#### Females - 40-49 Years:

- 1) Marlys Hayden
- 2) Pat Whittingslow

#### Males - 50-57 Years:

- 1) Hans Roenau
- 2) Karl Marschall
- 3) Dave Olsen

Age	Place	Actual Time	Handicap Time
41	1	1:49:04	1:34:04
53	2	2:01:08	1:36:08
30	3	1:50:59	1:41:49
22	5	1:42:08	1:42:08
27	27	1:52:21	1:52:21
37	10	1:55:40	1:46:40
39	4	2:12:03	1:42:03
23	7	2:15:05	1:45:05
38	8	2:15:24	1:45:24
32	9	2:16:14	1:46:14
38	70	2:39:25	2:09:25
49	6	2:02:34	1:42:34
45	12	2:07:19	1:47:19
46	15	2:08:21	1:48:21
46	31	2:23:18	1:53:18
40	34	2:23:40	1:53:40
52	11	2:11:57	1:46:57
56	13	2:12:46	1:47:46
50	17	2:14:03	1:49:03

Males - 58 and Older:

1) Paul Reese

First Male Finisher Over 190 Pounds:

1) David Horning

First Female Finisher Over 140 Pounds:

1) Mandy McManus

Oldest Finisher Under 4 Hours:

1) Wally Hanson

Youngest Finisher Under 4 Hours:

1) Mike Epperson

Oldest Finisher Over All:

1) Ivor Welch

Age	Place	Actual Time	Handicap Time
63	26	2:21:57	1:51:57
31	38	2:04:21	1:55:21
37	206	3:31:17	3:01:17
75	219	3:49:08	3:19:08
12	225	3:36:46	3:27:46
85	237	4:49:54	4:19:54

place	name	age	actual time	handicap	handicap time
1	Don Chaffee	41	1:49:04	15	1:34:04
2	Bob Malain	53	2:01:08	25	1:36:08
3	Michael Duncan	30	1:50:59	9	1:41:59
4	Donna Andrews	39	2:12:03	30	1:42:03
5	J. Miguel Tibuaduiza	22	1:42:08	--	1:42:08
6	James Nicholson	49	2:02:34	20	1:42:34
7	Melinda Creel	23	2:15:05	30	1:45:05
8	Irene Rudolf	38	2:15:24	30	1:45:24
9	Florianne Harp	32	2:16:14	30	1:46:14
10	Martin Jones	37	1:55:40	9	1:46:40
11	Hans G. Roenau	52	2:11:57	25	1:46:57
12	Gene White	45	2:07:19	20	1:47:19
13	Karl Marschall	56	2:12:46	25	1:47:46
14	Peter Laskier	35	1:57:06	9	1:48:06
15	Rocco Fazio	46	2:08:21	20	1:48:21
16	Keith Whittingslow	41	2:03:54	15	1:48:54
17	Dave Olson	50	2:14:03	25	1:49:03
18	Michael Lisowski	31	1:58:42	9	1:49:42
19	M. V. MacKenzie	36	1:58:52	9	1:49:52
20	William Dickerson	52	2:15:28	25	1:50:28
21	Joe Maher	33	1:59:45	9	1:50:45
22	Mark Reese	30	2:00:04	9	1:51:04
23	Orin Dahl	44	2:06:21	15	1:51:21
24	Don Pickett	52	2:16:28	25	1:51:28
25	Keith Hastings	37	2:00:39	9	1:51:39
26	Paul Reese	63	2:21:57	30	1:51:57
27	Mats Soderlund	27	1:52:21	--	1:52:21
29	Herb Vanek	52	2:18:09	25	1:53:09
30	Skip Lees	35	2:02:09	9	1:53:09
31	Marlys Hayden	46	2:23:18	30	1:53:18
32	Valdemar Schultz	40	2:08:24	15	1:53:24
33	Valerie Doyle	38	2:23:35	30	1:53:35
34	Pat Whittingslow	40	2:23:40	30	1:53:40
35	Betsy White	42	2:23:49	30	1:53:49
36	Arnold Schulz	43	2:09:09	15	1:54:09
37	Elaine Ivaldi	33	2:24:50	30	1:54:50
38	David Horning (Big Fellow)	31	2:04:21	9	1:55:21
39	Gordon Smith	43	2:10:23	15	1:55:23
40	J. M. Miller	42	2:10:37	15	1:55:37

<u>place</u>	<u>name</u>	<u>age</u>	<u>actual time</u>	<u>handicap</u>	<u>handicap time</u>
41	Dwight Hendrix	26	1:55:43	--	1:55:43
42	Bob Ward	40	2:11:07	15	1:56:07
43	Rick Torreano	31	2:06:55	9	1:57:55
44	Robert Steinberg	30	2:07:10	9	1:58:10
45	Mark Ricaud	50	2:23:36	25	1:58:36
46	Rick Berne	31	2:07:45	9	1:58:45
47	Paul T. Hohe	42	2:14:24	15	1:59:24
48	Martin Hillyer	42	2:14:49	15	1:59:49
49	Thurman Cheatham	43	2:14:55	15	1:59:55
50	Marty Maricle	47	2:29:59	30	1:59:59
51	Dennis Egley	56	2:25:34	25	2:00:34
52	Guy Palmer	21	2:00:54	--	2:00:54
53	Charles Moran, Jr.	36	2:10:12	9	2:01:12
54	Ken Sherman	38	2:10:15	9	2:01:15
55	Robert Gaul	18	2:02:34	--	2:02:34
56	Jim Collins	53	2:37:37	25	2:02:37
57	Landon Carter	37	2:11:40	9	2:02:40
58	Peter Todd	45	2:23:24	20	2:03:24
59	Tom Vaughan	42	2:18:57	15	2:03:57
60	Jerry Bock	34	2:13:49	9	2:04:49
61	Jytte Fruchtman	41	2:34:53	30	2:04:53
62	Paul Feldstein	47	2:25:45	20	2:05:45
63	Mike McManus	14	2:14:52	9	2:05:52
64	Linda Wettstein	22	2:36:21	30	2:06:21
65	Don Geraghty	32	2:15:45	9	2:06:45
66	John Blankenship	35	2:15:55	9	2:06:55
67	Gary Whitten	42	2:22:26	15	2:07:26
68	Mark Rodamaker	31	2:16:29	9	2:07:29
69	Eileen McGowan	43	2:37:35	30	2:07:35
70	Judy Milgram	38	2:39:25	30	2:09:25
71	John C. Elsbree	31	2:18:32	9	2:09:32
72	Jerry Binnings	44	2:24:39	15	2:09:39
73	Floy Dawson	44	2:25:22	15	2:10:22
74	Richard Parker	34	2:19:39	9	2:10:39
75	Jon Callaway	31	2:19:44	9	2:10:44
76	Don Kiernan	47	2:30:44	20	2:10:44
77	Bill Green	36	2:19:49	9	2:10:49
78	Tom McManus	43	2:25:53	15	2:10:53
79	Jim Johnson	35	2:20:29	9	2:11:29
80	Rick Shea	32	2:20:36	9	2:11:36
81	Ken Salahuddin	37	2:21:06	9	2:12:06
82	Peter Eisenberg	34	2:21:12	9	2:12:12
83	Stephen Asher	35	2:21:25	9	2:12:25
84	Rosalie Pryor	29	2:42:26	30	2:12:26
85	Tom Dresser	36	2:21:35	9	2:12:35
86	Miriam Gerard	39	2:42:40	30	2:12:40
87	Richard Collins	46	2:32:43	20	2:12:43
88	Pat Hall	18	2:13:09	--	2:13:09
89	Terence Clarke	37	2:22:33	9	2:13:33
90	Bobus Smithton	37	2:22:39	9	2:13:39
91	Peter dePetra	36	2:22:51	9	2:13:51
92	Debbie Sierra	28	2:43:56	30	2:13:56
93	Willem Tuinzing	59	2:44:30	30	2:14:30
94	Don Swartz	34	2:23:59	9	2:14:59
95	W. J. Swiatacki	54	2:40:17	25	2:15:17
96	Tim Hoffman	22	2:15:21	--	2:15:21
97	John Cover	49	2:35:26	20	2:15:26
98	Alfred Hibler	30	2:24:29	9	2:15:29
99	Carol Hewitt	32	2:45:46	30	2:15:46
100					



<u>place</u>	<u>name</u>	<u>age</u>	<u>actual time</u>	<u>handicap</u>	<u>handicap time</u>
		44	2:31:00	15	2:16:00
101	James Burke	36	2:25:03	9	2:16:03
102	Mike Mahoney	37	2:25:04	9	2:16:04
103	Frank Villa	32	2:25:04	9	2:16:04
104	Fred Hafferty	24	2:16:51	--	2:16:15
105	Tom Fisher	52	2:41:18	25	2:16:18
106	Andrew Nellmer	38	2:25:20	9	2:16:20
107	Richard W. Mayers	30	2:25:20	9	2:16:20
108	Dewey Mar	37	2:25:26	9	2:16:26
109	Michael White	51	2:41:46	25	2:16:46
110	Roy Silveira	32	2:25:56	9	2:16:56
111	David Keisler, Jr.	25	2:46:56	30	2:16:56
112	Eileen Schaffer	46	2:37:21	20	2:17:21
113	Sherman Welpton	14	2:26:24	9	2:17:24
114	David Basinger	62	2:47:25	30	2:17:25
115	Edgar Carlson	66	2:47:55	30	2:17:55
117	Steve Cole	32	2:48:00	30	2:18:00
118	Mari Kolb	37	2:27:21	9	2:18:21
119	Neil Mishalov	28	2:19:20	--	2:18:21
120	Steve Jaber	37	2:29:10	9	2:19:20
121	Willy Morgan	30	2:29:19	9	2:20:10
122	Robert Chew	28	2:20:22	--	2:20:19
123	John P. Dugan	33	2:29:47	9	2:20:22
124	Dick Bennett	39	2:30:07	9	2:20:47
125	Jim Fauss	34	2:30:28	9	2:21:07
126	Terry Bruns	41	2:36:36	15	2:21:28
127	Mark Ropers	38	2:30:45	9	2:21:36
128	Chuck Welty	35	2:30:45	9	2:21:45
129	Grady Wright	41	2:37:17	15	2:21:45
130	Tony McDonagh	26	2:22:20	--	2:22:17
131	Dan Seligson	26	2:22:20	--	2:22:20
132	Mike Luby	32	2:31:29	9	2:22:29
133	Robert Sandberg	40	2:37:38	15	2:22:38
134	George Shorago	41	2:37:38	15	2:22:38
135	Karl Ludwig	51	2:53:02	30	2:23:02
136	Marita Hayhurst	49	2:43:20	20	2:23:20
137	Lawrence Marino	48	2:43:36	20	2:23:36
138	Keith Weaver	30	2:32:50	9	2:23:50
139	Robert Darling	37	2:32:54	9	2:23:54
140	Dan Zocchi	58	2:53:55	30	2:23:55
141	Els Tuinzing	41	2:38:56	15	2:23:56
142	Jack Lyons	56	2:49:02	25	2:24:02
143	Gunnar Skog	32	2:54:23	30	2:24:03
144	Julie Harcos	36	2:34:02	9	2:25:02
145	James Weil	52	2:50:17	25	2:25:17
146	Charles Meredith	44	2:42:05	15	2:27:05
147	Morley Singer	41	2:43:28	15	2:27:05
148	Manuel Colin	44	2:44:11	15	2:28:28
149	James McGowan	27	2:59:17	30	2:29:11
150	Betsy McGee	45	2:49:49	20	2:29:17
151	Frederick Flowers	29	2:30:06	--	2:29:49
152	Armon Khachadourian	46	2:50:38	20	2:30:06
153	Jurdy Hughes	32	2:39:56	9	2:30:38
154	William Howard	45	2:51:03	20	2:30:56
155	King Lau	41	2:46:50	15	2:31:03
156	Martin Weissman	34	2:41:01	9	2:31:50
157	David Harcos	27	2:32:15	--	2:32:01
158	Ken Moore	24	3:02:25	30	2:32:15
159	Laura Finn	40	2:47:34	15	2:32:25
160	Robert Upchurch				2:32:34



<u>place</u>	<u>name</u>	<u>age</u>	<u>actual time</u>	<u>handicap</u>	<u>handicap time</u>
161	Wally Close	36	2:41:44	9	2:32:44
162	Rich Slaxoff	38	2:41:57	9	2:32:57
163	Harold Heringhi	37	2:42:19	9	2:33:19
164	Gary Boucher	37	2:42:19	9	2:33:19
165	Susan Henke	32	3:03:57	30	2:33:57
166	Ken Barnes	41	2:49:18	15	2:34:18
167	D. Lavelle, Jr.	33	2:43:20	9	2:34:20
168	Will Prescott	35	2:43:31	9	2:34:31
169	James Bailey	38	2:43:36	9	2:34:36
170	R. D. Caughran	37	2:44:24	9	2:35:24
171	W. F. Amate	39	2:44:37	9	2:35:37
172	Ron Digesti	32	2:45:16	9	2:36:16
174	Jeanne Sherfey	33	3:06:37	30	2:36:37
174	Scott Kendrick	29	2:37:00	--	2:37:00
175	Tony Stratta	50	3:02:05	25	2:37:05
176	Harry Cordellos (blind)	42	3:07:06	30	2:37:06
177	Michael Restani	30	3:07:06	30	2:37:06
178	Bill Dark	43	2:53:11	15	2:38:11
179	Bruce Marcucci	38	2:49:45	9	2:40:45
180	Ken Boyd	37	2:50:15	9	2:41:15
181	Bill Zabicki	35	2:50:18	9	2:41:18
182	Bill Commins	55	3:06:26	25	2:41:26
183	Larry Wall	30	2:50:32	9	2:41:32
184	Coleman Ow	34	2:51:32	9	2:42:32
185	John McCorduck	35	2:52:13	9	2:43:13
186	Peter Butler	48	3:05:20	20	2:45:20
187	Doug Roberts	27	2:45:22	--	2:45:22
188	Ray McGrath	36	2:54:26	9	2:45:26
190	Michael Richards	32	2:54:48	9	2:45:48
191	Sean Silveira	16	2:46:37	--	2:46:37
192	Don Epperson	36	2:55:39	9	2:46:39
193	Andrew Finn	28	2:47:03	--	2:47:03
194	David Leo	35	2:56:31	9	2:47:31
195	Neil Mahoney	52	3:12:54	25	2:47:54
196	Alfred Garcia	57	3:13:43	25	2:48:43
197	Dennis Hearst	28	2:48:56	--	2:48:56
198	B. D. Woodard	34	2:59:18	9	2:50:18
199	Buck Swannack	43	3:06:21	15	2:51:21
200	Ed Sommerauer	30	3:01:51	9	2:52:51
201	Don Reid	47	3:13:52	20	2:53:52
202	James Herberson	38	3:04:25	9	2:55:25
203	Walt Stack	75	3:26:56	30	2:56:56
204	Steve Rosenberg	35	3:06:26	9	2:57:26
205	Harvey Ingham	35	3:06:54	9	2:57:54
206	Mandy McManus	37	3:31:17	30	3:01:17
207	John Long, Jr.	61	3:33:02	30	3:03:02
208	Michael Shubow	36	3:13:56	9	3:04:56
209	Howard Schechter	35	3:13:56	9	3:04:56
210	Pat Swannack	40	3:36:45	30	3:06:45
211	Len Wallach	52	3:32:19	25	3:07:19
212	Bruce Wexler	33	3:17:56	9	3:08:56
213	Bill Chew	48	3:30:58	20	3:10:58
214	Rabinder Mameshwari	45	3:31:13	20	3:11:13
215	Robert Arce	29	3:11:43	--	3:11:43
216	Bill Doo	34	3:22:05	9	3:13:05
217	David Zogbaum	55	3:40:48	25	3:15:48
218	Jose Palacio	22	3:17:50	--	3:17:50
219	Wally Hanson	75	3:49:08	30	3:19:08
220	Mike Frankfurt	28	3:20:45	--	3:20:45

<u>place</u>	<u>name</u>	<u>age</u>	<u>actual time</u>	<u>handicap</u>	<u>handicap time</u>
221	William Jin	50	3:50:01	25	3:25:01
222	Joe Campi	32	3:35:07	9	3:26:07
223	Libbie Verser	37	3:56:08	30	3:26:08
224	John Lemke	49	3:46:09	20	3:26:09
225	Mike Epperson	12	3:36:46	9	3:27:46
226	Dennis Zamzow	36	3:42:09	9	3:33:09
227	Reg Carolan	40	3:49:59	15	3:34:59
228	Robert Sibling	33	3:47:43	--	3:40:43
229	Rick Sammut	29	3:40:43	--	3:40:43
230	Stacy Gim	32	4:10:45	30	3:40:45
231	Gilbert Newcomb	43	3:56:00	15	3:41:00
232	Eugene Cooper	46	4:01:12	20	3:41:12
233	Marie Kennedy	28	4:19:07	30	3:49:07
234	Chuck Redich	46	4:15:55	20	3:55:55
235	Richard Tillinger	25	4:15:50	--	4:15:50
236	Jim Fisher	44	4:30:53	15	4:15:53
237	Ivor Welch	85	4:49:54	30	4:19:54

In spite of scheduling problems, conflicts with other races, and warmish weather, the 11th running of the madness called the Double Dipsea was a success. There were few injuries: Joe Maher had a few blisters which needed taping (being a Marine, he enjoyed it), and Frank Smith tore up an ankle trying to descend six stairs at a time. The rest of us will walk normally in a week or two.

Records fell like the pearly profanities of our leader's post-race performance. Byron Lowry's record of 1:42:22 was finally broken by Miguel Tibuaduiza, a University of Nevada student from Colombia, who covered the course in 1:42:08 in spite of getting off course several times. He had never seen the Dipsea trail before. So much for the myth of having to know the trail!!!

To show that big people can run too, David Horning broke the old heavyweight record by running a fine 2:04:21. Jim Weil was heard grumbling about not having a scale on hand for verification.

On the distaff side, Donna Andrews broke Barbara Magid's record of 2:13:40 by 1 minute and 38 seconds. (You do the arithmetic to find out the new record, or you can cheat by looking at the results.)

The final line in the records category was to be that my running relationship with Russ Kiernan is exemplified by my breaking his masters record of 1:49:07 by three seconds, a margin of historical significance. Sorry you weren't there, Russ.

I doubt that there are any 7 mile races which traverse such interesting terrain, geographically and politically. John and Vicki Blankenship should go into the political business professionally based on their performances in convincing all of those entities that our race should be allowed to pass through areas still reeling from the Dipsea race. Special thanks to the Highway Patrol (one of their sergeants was an entrant), the GGNRA rangers and the Mill Valley police. The two aid stations, so crucial to health and welfare of the runners (especially Don Pickett, the polar bear of heat runners), were ably handled. Bert Botts was the head Italian Coordinator (his title, not mine) of the Mill Vly. water stop, and he was assisted by Reina Barone, John Garber, Dick Hayden, Kay Brockway, Chris Johnson and Hamish. All that for less than \$13. Annelies Pesl was the head Dutch Coordinator (my term, not hers) of the Muir Woods watering station and plant misting facility. Her helpers were Sally Taylor, Ed Oviat, Pamela Adams, and Caroline Van Praag. Special thanks to Barbara Magid who provided an unofficial watering stop at the top of Cardiac Hill.

Three people shared the duties and responsibilities of race director: John Buenfil, Marsha Maguire and Walt Stack. To them a special thanks. Marsha and Vicki were helped with registration and results by Debby Neil, Jean Weese and Keith Weaver. The Trophies were donated, as usual, by the National Trophy Company. Thanks for the donation. Finally, assisted only by the deer in the forest, John Soubier did a splendid job of marking the course. A solo performance of great importance.

A personal note: As I consider the people who run the Double Dipsea the greatest collection of certifiable crazies and some of my best friends, winning this event has to rank as one of my biggest thrills. Thanks Walt! (P.S. I still teach Economics, but the venue has moved to Golden Gate University. Walt made me sound unemployed at the Awards Ceremony.) Don Chaffee