



S F DOLPHIN-SOUTH END RUNNERS

SEVENTH ANNUAL

DOUBLE DIPSEA

SEPTEMBER 18, 1976

STINSON BEACH TO MILL VALLEY

and RETURN - 13.6 Miles

AWARD CATEGORIES

Winners Based on Handicap:

	Age	Place	Actual Time	Handicap Time
1) James Nicholson	45	1	1:53:40	1:33:40
2) Homer Latimer	37	2	1:43:47	1:34:47
3) J. H. Langford	32	3	1:43:57	1:34:57

Fastest Times (Actual Times):

	Age	Place	Actual Time	Handicap Time
1) Paul Thompson	29	10	1:42:49	1:42:49
2) Bob Bunnell	26	11	1:42:56	1:42:56
3) Rick Trujillo	28	12	1:44:15	1:44:15

Fastest Females:

	Age	Place	Actual Time	Handicap Time
1) Mary Etta Boitano	13	35	2:23:50	1:53:50
2) Mary Tiscornia	31	47	2:28:21	1:58:21
3) Eileen McGowan	39	51	2:28:41	1:58:41

Males - 40-49 Years:

	Age	Place	Actual Time	Handicap Time
1) Robert Malain	49	8	2:01:37	1:41:37
2) Bob Holtel	44	17	2:02:20	1:47:20
3) Paul Holmes	40	19	2:03:17	1:48:17

Females - 40-49 Years:

	Age	Place	Actual Time	Handicap Time
1) Carroll O'Connor	46	54	2:29:21	1:59:21
2) Barbara Carlson	42	87	2:38:15	2:08:15
3) Marje Heinlein	42	233	3:14:27	2:44:27

Males - 50-57 Years:

	Age	Place	Actual Time	Handicap Time
1) Bob Biancalana	51	4	2:03:10	1:38:10
2) Ralph Paffenbarger	53	7	2:05:42	1:40:42

	Age	Place	Actual Time	Handicap Time
<u>Females - 50 and over:</u>				
1) Mary Boitano	53	253	3:30:23	3:00:23
<u>Males - 58 & Up:</u>				
1) Bob Lee	59	105	2:42:40	2:12:40
<u>First Male Finisher over 190 pounds:</u>				
Jim Weil	33	133	2:26:38	2:17:38
<u>First Female Finisher over 140 pounds:</u>				
Marsha Weill	31	266	4:06:30	3:36:30
<u>Oldest Finisher under 4 hours:</u>				
Wally Hanson	72	246	3:21:59	2:51:59
<u>Youngest Finisher under 4 hours:</u>				
Matt Culligan	8	145	2:50:32	2:20:32

PLACE	NAME	AGE	ACTUAL TIME	HANDICAP	HANDICAP TIME
1.	James Nicholson	45	1:53:40	20	1:33:40
2.	Homer Latimer	37	1:43:47	9	1:34:47
3.	J. H. Langford	32	1:43:57	9	1:34:57
4.	Bob Biancalana	51	2:03:10	25	1:38:10
5.	Darryl Beardall	39	1:48:20	9	1:39:20
6.	Don Chaffee	37	1:49:18	9	1:40:18
7.	Ralph Paffenbarger	53	2:05:42	25	1:40:42
8.	Robert Malain	49	2:01:37	20	1:41:37
9.	Paul Thompson	29	1:42:49	--	1:42:49
10.	Bob Bunnell	26	1:42:56	--	1:42:56
11.	Rick Trujillo	28	1:44:15	--	1:44:15
12.	Art Waggoner	50	2:09:17	25	1:44:17
13.	Denis O'Halloran	24	1:45:23	--	1:45:23
14.	David Warren	35	1:54:26	9	1:45:26
15.	James Williams	30	1:54:50	9	1:45:50
16.	Bob Holtel	44	2:02:20	15	1:47:20
17.	Edwin Jerome	33	1:56:59	9	1:47:59
18.	Paul Holmes	40	2:03:17	15	1:48:17
19.	Orin Dahl	41	2:03:32	15	1:48:32
20.	Ted Quintana	21	1:49:32	--	1:49:32
21.	Kevin Reynolds	15	1:58:59	9	1:49:59
22.	Bob Wright	53	2:15:29	25	1:50:29
23.	Bob Hoffman, Jr.	15	1:59:40	9	1:50:40
24.	David Sharp	45	2:11:12	20	1:51:12
25.	Rodney Mowbray	29	1:51:13	--	1:51:13
26.	Dennis Gustafson	33	2:00:20	9	1:51:20
27.	Edward Lee	33	2:00:47	9	1:51:47
28.	Dick Emmons	44	2:07:13	15	1:52:13
29.	Bill Kirchmier	45	2:12:31	20	1:52:31
30.	Dennis Egley	52	2:17:50	25	1:52:50
31.	Hans Roenau	48	2:13:12	20	1:53:12
32.	David Whitenzeck	14	2:02:29	9	1:53:29

PLACE	NAME	AGE	ACTUAL TIME	HANDICAP	HANDICAP TIME
33.	Ed Stromberg	33	2:02:37	9	1:53:37
34.	Tom Lunne	29	1:53:38	--	1:53:38
35.	Mary Etta Boitano	13	2:23:50	30	1:53:50
36.	Gough Reinhardt	48	2:13:51	20	1:53:51
37.	George Scott	31	2:03:43	9	1:54:43
38.	Charles Keck	39	2:03:59	9	1:54:59
39.	Brian March	16	1:55:15	--	1:55:15
40.	Jack Ball	36	2:04:28	9	1:55:28
41.	Ted Wilson	39	2:04:45	9	1:55:45
42.	Fraser Rasmussen	33	2:04:52	9	1:55:52
43.	Steve Sherwood	29	1:56:34	--	1:56:34
44.	Kees Tuinzing	29	1:56:42	--	1:56:42
45.	Reach Conger	35	2:06:36	9	1:57:36
46.	M. V. MacKenzie	33	2:06:44	9	1:57:44
47.	Mary Tiscornia	31	2:28:21	30	1:58:21
48.	Jerome Bock	30	2:07:27	9	1:58:27
49.	Donald Kerr	38	2:07:30	9	1:58:30
50.	W. J. Swiatecki.	50	2:23:34	25	1:58:34
51.	Eileen McGowan	39	2:28:41	30	1:58:41
52.	Ron Peck	34	2:07:50	9	1:58:50
53.	Richard Greenwald	29	1:59:16	--	1:59:16
54.	Carroll O'Conner	46	2:29:21	30	1:59:21
55.	Arnold Knepper	45	2:19:27	20	1:59:27
56.					
57.	Tim Hicks	33	2:09:01	9	2:00:01
58.	Joe Maher	29	2:00:11	--	2:00:11
59.	W. D. Frank	24	2:00:22	--	2:00:22
60.	Raymond Caughron	33	2:10:02	9	2:01:02
61.	Dick Willets	42	2:16:53	15	2:01:53
62.	Michael Lisowski	27	2:01:57	--	2:01:57
63.	Cliff Janoff	37	2:11:14	9	2:02:14
64.	Francis Mason	28	2:02:31	--	2:02:31
65.	Jim Miller	38	2:11:41	9	2:02:41
66.	Mike Trainor	31	2:11:55	9	2:02:55
67.	Dane Larsen	25	2:03:11	--	2:03:11
68.	Dwight Hendrix	22	2:03:15	--	2:03:15
69.	Jette Wright	35	2:33:24	30	2:03:24
70.	Greg Chavez	18	2:03:33	--	2:03:33
71.	Jim Gault	48	2:23:55	20	2:03:55
72.	Michael Moberg	42	2:19:08	15	2:04:08
73.	John Emery	44	2:19:24	15	2:04:24
74.	John Boitano	54	2:29:37	25	2:04:37
75.	Michael Stubblefield	29	2:04:38	--	2:04:38
76.	Emmet Keefe	34	2:13:49	9	2:04:49
77.	Bruce Dingwall	43	2:19:54	15	2:04:54
78.	Steve Starkweather	16	2:05:29	--	2:05:29
79.	Gregor Weiss	29	2:05:43	--	2:05:43
80.	Paul Naylor	38	2:14:52	9	2:05:52
81.	Fred Schwarzer	24	2:06:22	--	2:06:22
82.	Lee Damroy	29	2:06:59	--	2:06:59
83.	C. Bannan	24	2:07:27	--	2:07:27
84.	Jeff Houston	18	2:07:47	--	2:07:47
85.	James McGowan	40	2:22:50	15	2:07:50
86.	Mark Lauer	15	2:17:09	9	2:08:09
87.	Barbara Carlson	42	2:38:15	30	2:08:15
88.	Jim O'Keefe	53	2:33:28	25	2:08:28
89.	H. P. Castellanos	37	2:17:49	9	2:08:49
90.	Bill Catanese	38	2:18:11	9	2:09:11

<u>PLACE</u>	<u>NAME</u>	<u>AGE</u>	<u>ACTUAL TIME</u>	<u>HANDICAP</u>	<u>HANDICAP TIME</u>
91.	Doug Garibaldi	28	2:09:25	--	2:09:25
92.	Andrew Mellmer	48	2:29:32	20	2:09:32
93.	Phillip Jaeger	46	2:30:06	20	2:10:06
94.	Phil Bellan	15	2:19:07	9	2:10:07
95.	Lynn Skowronski	28	2:40:26	30	2:10:26
96.	Lise Spielman	27	2:40:39	30	2:10:39
97.	David Warner	22	2:11:02	--	2:11:02
98.	Paul Williams	38	2:20:34	9	2:11:34
99.	Ed Heinlein	44	2:26:43	15	2:11:43
100.	Bruce Brazelton	21	2:12:14	--	2:12:14
101.	Richard Waldo	51	2:37:19	25	2:12:19
102.	Pete Alexander	34	2:21:21	9	2:12:21
103.	Harry Siitonen	50	2:37:26	25	2:12:26
104.	Joe Camisa	33	2:21:27	9	2:12:27
105.	Bob Lee	59	2:42:40	30	2:12:40
106.	Fred Buhl	32	2:21:47	9	2:12:47
107.	Joseph Derwoyed	38	2:21:50	9	2:12:50
108.	Glen Brombaugh	23	2:12:57	--	2:12:57
109.	Tom Burns	36	2:22:04	9	2:13:04
110.	Howard Jacobson	33	2:22:12	9	2:13:12
111.	John Worcester	25	2:13:29	--	2:13:29
112.	Joel Walton	33	2:22:40	9	2:13:40
113.	Steve Cole	63	2:44:11	30	2:14:11
114.	James Wilkins	33	2:23:18	9	2:14:18
115.	Michael Mundt	25	2:14:32	--	2:14:32
116.	Grady Wright, Sr.	31	2:24:09	9	2:15:09
117.	Karl Ludwig	37	2:24:17	9	2:15:17
118.	Richard Morrissey	15	2:24:17	9	2:15:17
119.	John McAndrew	26	2:15:21	--	2:15:21
120.	Kevin Foisie	14	2:24:41	9	2:15:41
121.	Gregory Ryan	40	2:30:47	15	2:15:47
122.	Dave McDonald	14	2:25:06	9	2:16:06
123.	Louise Burns	36	2:46:11	30	2:16:11
124.	Tom Standing	36	2:25:15	9	2:16:15
125.	R. Zembesch	47	2:36:21	20	2:16:21
126.	Pete Schoener	35	2:25:33	9	2:16:33
127.	Jim Steere	51	2:41:37	25	2:16:37
128.	William Weleck	29	2:16:42	--	2:16:42
129.					
130.	Roy Scellato	29	2:17:17	--	2:17:17
131.	Susan Fox	24	2:47:19	30	2:17:19
132.	Frederic Miller	34	2:26:33	9	2:17:33
133.	Jim Weil	33	2:26:38	9	2:17:38
134.	Dennis Doris	31	2:27:07	9	2:18:07
135.	Marsha Weiss	22	2:48:08	30	2:18:08
136.	Ron Berg	32	2:27:28	9	2:18:28
137.	Jeanne Chollar	30	2:48:34	30	2:18:34
138.	Brock Settleswier	42	2:33:36	15	2:18:36
139.	Ray Musante	34	2:27:39	9	2:18:39
140.	C. R. Mersereau	52	2:43:50	25	2:18:50
141.	Charles Hubay	27	2:18:55	--	2:18:55
142.	Jan Ardell	36	2:49:20	30	2:19:20
143.	Peter Castellanos	13	2:28:51	9	2:19:51
144.	Robert Jones	33	2:29:11	9	2:20:11
145.	Matt Gulligan	8	2:50:32	30	2:20:32
146.	Rick Siciliano	31	2:29:40	9	2:20:40
147.	R. H. Lee	33	2:29:42	9	2:20:42

PLACE	NAME	AGE	ACTUAL TIME	HANDICAP	HANDICAP TIME
148.	Frank Evans	44	2:35:54	15	2:20:54
149.	Rob Alemany	35	2:30:01	9	2:21:01
150.	James Burke	40	2:36:46	15	2:21:46
151.	Paul Mulligan	19	2:21:48	--	2:21:48
152.	Paul Gatens, Jr.	32	2:31:05	9	2:22:05
153.	Alan Kreuzberger	57	2:47:15	25	2:22:15
154.	Byron Richardson	26	2:22:21	--	2:22:21
155.	Rick Orzino	30	2:31:29	9	2:22:29
156.	Scott Victor	15	2:31:34	9	2:22:34
157.	Erin McGowan	15	2:52:54	30	2:22:54
158.	Walt Stack	68	2:52:58	30	2:22:58
159.	Adam Castellanos	11	2:32:41	9	2:23:41
160.	James Wurm	29	2:23:56	--	2:23:56
161.	Ryan Smith	14	2:33:10	9	2:24:10
162.	Brewster Wong	18	2:24:16	--	2:24:16
163.	Irene Tolhuijs	32	2:54:20	30	2:24:20
164.	Doug Brittsan	15	2:34:05	9	2:25:05
165.	Wade Gray	15	2:34:05	9	2:25:05
166.	Robert Abbott	43	2:40:13	15	2:25:13
167.	Bob Butchart	16	2:26:02	--	2:26:02
168.	Murray Peterson	39	2:35:32	9	2:26:32
169.	John M. Gillbert	24	2:26:37	--	2:26:37
170.	Allan Stanbridge	29	2:26:40	--	2:26:40
171.	Michael Shirley	14	2:35:44	9	2:26:44
172.	David Todd Watkins	13	2:36:22	9	2:27:22
173.	Lorraine Rorke	30	2:57:29	30	2:27:29
174.	Jim Collins	49	2:47:33	20	2:27:33
175.					
176.	Arthur Mandell	45	2:47:48	20	2:27:48
177.	Wingham Liddell	45	2:48:12	20	2:28:12
178.	Lyn Stafford	37	2:48:13	9	2:28:13
179.	Lee Trampleasure	16	2:28:22	--	2:28:22
180.	Dawn Damas	24	2:58:25	30	2:28:25
181.	Bob Wallace	60	2:58:59	30	2:28:59
182.	George Wertin	65	2:59:02	30	2:29:02
183.	J. P. Wirick	54	2:54:09	25	2:29:09
184.	Rick Howson	30	2:38:17	9	2:29:17
185.	John Corda	19	2:29:26	--	2:29:26
186.	Tom Bales	23	2:29:35	--	2:29:35
187.	Dave Ellison	15	2:38:35	9	2:29:35
188.	Brad Jacobs	16	2:29:39	--	2:29:39
189.	Jack Cover	45	2:49:42	20	2:29:42
190.	Tony Stratta	46	2:49:55	20	2:29:55
191.	Joe Phaby	29	2:30:06	--	2:30:06
192.	Willard Tunney	38	2:39:12	9	2:30:12
193.					
194.	Norm E. Wilcox	33	2:39:16	9	2:30:16
195.	Dave Weill	34	2:39:20	9	2:30:20
196.	Neville Donovan	44	2:45:27	15	2:30:27
197.	Malcolm Singer	36	2:40:00	9	2:31:00
198.	Lawrence Alberty	22	2:31:08	--	2:31:08
199.	Hank Carlson	35	2:40:09	9	2:31:09
200.	Jack Slobodin	41	2:46:14	15	2:31:14
201.	Don Madronich	31	2:40:15	9	2:31:15
202.	Tom Chuey	32	2:40:36	9	2:31:36
203.	Keith Conning	35	2:41:59	9	2:32:59
204.	Susan Henke	29	3:05:02	30	2:35:02

PLACE	NAME	AGE	ACTUAL TIME	HANDICAP	HANDICAP TIME
205.	Dennis Morley	25	2:35:23	--	2:35:23
206.	John Shea, Jr.	16	2:44:25	9	2:35:25
207.					
208.	Scott Frank	28	2:36:54	--	2:36:54
209.	Ron Parsons	29	2:37:22	--	2:37:22
210.	Dale Roush	38	2:47:17	9	2:38:17
211.	Karen Lauer	13	3:09:13	30	2:39:13
212.	John Anderson	48	2:59:15	20	2:39:15
213.	Cindy Skog	17	3:09:26	30	2:39:26
214.	Roxanne Manterie	34	3:09:44	30	2:39:44
215.	Anne Culligan	10	3:09:56	30	2:39:56
216.	Tom Culligan	36	2:49:06	9	2:40:06
217.	Per Aagaard	32	2:49:07	9	2:40:07
218.	Joe Shami	42	2:55:28	15	2:40:28
219.	Robert Suter	36	2:49:45	9	2:40:45
220.	Dennis McGee	36	2:50:22	9	2:41:22
221.	Roy Swartout	28	2:41:28	--	2:41:28
222.	Jerry Nourse	38	2:50:39	9	2:41:39
223.	Will Prescott	31	2:50:43	9	2:41:43
224.	Paul Bachyrita	42	2:56:50	15	2:41:50
225.	Ross Ryder	36	2:50:51	9	2:41:51
226.					
227.					
228.	Tom Herman	35	2:52:11	9	2:43:11
229.	Michael Robak	27	2:43:15	--	2:43:15
230.	Bruce Poyer	48	3:03:25	20	2:43:25
231.	Tom Fong	48	3:04:04	20	2:44:04
232.	Dan Schell	45	3:04:09	20	2:44:09
233.	Marje Heinlein	42	3:14:27	30	2:44:27
234.	Richard Collins	43	2:59:34	15	2:44:34
235.	Jim Harberson	34	2:53:58	9	2:44:58
236.					
237.	Martin Weissman	37	2:54:37	9	2:45:37
238.	Jurdy Hughes	42	3:00:59	15	2:45:59
239.	George Shelby	36	2:55:55	9	2:46:55
240.	Sanna Pinching	31	3:19:20	30	2:49:20
241.	Johrden McDevitt	27	2:49:45	--	2:49:45
242.	Paul Sebesta	40	3:05:03	15	2:50:03
243.	Jeff Wallach	13	3:00:04	9	2:51:04
244.	Richard Potter	21	2:51:17	--	2:51:17
245.	Donald Greenfield	48	3:11:41	20	2:51:41
246.	Wally Hanson	72	3:21:59	30	2:51:59
247.	Reg Carolan	36	3:01:31	9	2:52:31
248.	Paul Hohe	38	3:02:05	9	2:54:05
249.	Len Wallach	48	3:14:37	20	2:54:37
250.	Shanna Yonenoka	33	3:25:04	30	2:55:04
251.	Thomas Steere	16	2:57:18	--	2:57:18
252.	James Platt	34	3:06:39	9	2:57:39
253.	Mary Boitano	53	3:30:23	30	3:00:23
254.	Buck Swannack	40	3:15:57	15	3:00:57
255.	Dave Cooper	40	3:15:57	15	3:00:57
256.	Sue Castellanos	36	3:31:19	30	3:01:19
257.	G. D. Osborne	54	3:26:28	25	3:01:28
258.	Robert Steere	14	3:10:28	9	3:01:28
259.	Andrew Finn	24	3:05:10	--	3:05:10
260.	Steve Rose	25	3:11:21	--	3:11:21
261.	Bill Pursley	29	3:12:51	--	3:12:51
262.	Steven Chipman	17	3:14:24	--	3:14:24

PLACE	NAME	AGE	ACTUAL TIME	HANDICAP	HANDICAP TIME
263.	Scott Kendrick	25	3:17:03	--	3:17:03
264.	Craig Payne	39	3:26:03	9	3:17:03
265.	Alfred Garcia	53	3:52:27	25	3:27:27
266.	Marsha Weill	31	4:06:30	30	3:36:30
267.	Lance Wright	28	3:38:17	--	3:38:17
268.	Jeffrey Clark	15	3:47:17	9	3:38:17
269.	Gerry O'Brien	38	3:47:45	9	3:38:45
270.	John Bascom	35	4:01:46	9	3:52:46
271.	Linda Neumann	34	4:59:53	30	4:29:53
272.	Jess Chavez	45	4:49:54	20	4:29:54
273.	Tony Gonzales	32	4:38:54	9	4:29:54
274.	Ed Holloway		4:39:59	9	4:30:59
275.	Julie Clark	17	5:19:46	30	4:49:46